



Items to pack for the *Inspire!* Weekend event....

To make your overnight stay more comfortable, participants are encouraged to bring the following items:

- Sleeping bag and/or sheets and blanket
- Pillow
- Earplugs (in case your neighbor snores)
- Soap and shampoo
- Towel and wash cloths
- Personal hygiene items
- Menstrual products
- Tooth brush, toiletry kit, etc.
- Hair brush/comb, etc.
- Cosmetics
- Personal snacks (not necessary, but allowed)
- Earbuds (if you use music to sleep)
- Weather appropriate clothing (hot/cold weather)
- Weather appropriate footwear
- Notebook, journal, paper, etc.
- Pen/pencil
- Travel alarm clock (mobile phone)
- Flashlight (mobile phone)
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