

North Shore Dance Schedule of Classes 2022-2023

Schedule subject to change due to enrollment levels.
Revised 4/27/2022

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30						Intro to Ballet 2.5-3.5 yrs. 9:30-10:15
						Creative Combo 1 3-4 yrs.
						Creative Combo 2 4-5 yrs.
						K-1 Ballet Tap
10:30		Creative Combo 2 4-5 yrs.				Creative Combo 2 4-5 yrs.
						Ballet 6-8 yrs.
						Ballet 8-10 yrs.
						Hip Hop 6-8 yrs.
11:30						Production
12:30						Workshop 12:30-2:30
3:30		Creative Combo 2 4-5 yrs.	K-1 Ballet Tap	Creative Combo 1 3-4 yrs. (3:00 Start Time)	Ballet 7-9 yrs.	
4:30	K-1 Hip Hop	Jr./Teen Tap TEAM	Sr. Small Tap TEAM	Hip Hop 8-10 yrs. (4:00 Start Time)	Tap/Jazz 7-9 yrs.	
	Teen Small Contemp. TEAM	Ballet 7-9 yrs.	Teen Small Lyrical TEAM	Jr. Strength & Condition (4:00 Start Time)	Jr. 2 Jazz	
	K-1 Ballet Tap	Sr. Small Jazz TEAM	Ballet 6-8 yrs.	Teen Large Lyrical TEAM (4:00 Start Time)	Mini 1 Jazz	
	(New) Jr. Large Jazz TEAM	K-1 Hip Hop	Teen Small Lyrical TEAM	Jr./Mini Small Jazz TEAM (4:00 Start Time)	Mini 2 Ballet	
5:30	Jazz 8-10 yrs.	Jazz 7-9 yrs.	Jr. Small Tap Team	Teen Strength & Condition (5:00 Start Time)	Mini 1 Ballet	
	Jazz 10-12 yrs.	Teen Small Tap TEAM	Jazz 6-8yrs.	Jr. Small Jazz TEAM (5:00 Start Time)	Jr. 2 Tap	
	Teen. Small Lyrical TEAM	Sr. Large Contemp. TEAM	Sr. Large Lyrical TEAM	Tap 8-10 yrs. (5:00 Start Time)	Mini 2 Jazz	
	Jr. 1 Jazz	Teen Small Jazz TEAM	Teen 1 Ballet	Sr. Small Open TEAM (5:00 Start Time)	Lyrical 8-10 yrs.	
6:30	Ballet 10-12 yrs.	Sr. Ballet Technique	Sr. 1 Ballet	Sr. Strength & Condition (6:00 Start Time)	Mini Tap	
	Sr. 2 Ballet	Jr. Small Jazz TEAM	Teen 1 Jazz	Jr. Lyrical Line TEAM (6:00 Start Time)	Jr. 2 Ballet	
	Jr. Small Lyrical TEAM	Teen 2 Large Lyrical TEAM	Teen Small Lyrical TEAM	Hip Hop 12 yrs. & up (6:00 Start Time)	Hip Hop 8-10 yrs.	
	Lyrical 8-10 yrs.	Teen 2 Jazz	Teen Small Contemp. TEAM	Lyrical 9-11yrs. (6:00 Start Time)		
7:30	Jr. 1 Ballet	Sr. Small Jazz TEAM	Teen Small Jazz TEAM	Sr. Lyrical Line TEAM (7:00 Start Time)		
	Teen Large Jazz TEAM	Teen Tap Technique	Teen Small Jazz TEAM	Lyrical 12yrs. & up		
	Hip Hop 10-12 yrs.	Teen Large Jazz TEAM	Sr. 2 Ballet Technique	Jr. Large Hip Hop (New) (7:00 Start Time)		
	Teen 2 Ballet Technique	Teen 2 Ballet	Sr. 1 Pointe			
8:30	Teen Small Lyrical TEAM	Sr. Small Contemp. TEAM	Sr. Small Lyrical TEAM	Teen Hip Hop Large TEAM (8:00 Start Time)		
			Teen Small Jazz TEAM	Sr. Lyrical Small TEAM (8:00 Start Time)		

Company/Competition Requirements

Senior 1 & 2: 3 hours Ballet, 1 hour Strength & Conditioning & 2 hours workshop.

Teen 1 & 2: 2 hours Ballet, 1 hour Strength & Conditioning & 2 hours Workshop.

Junior 1 & 2: 1 hour Ballet, 1 hour Jazz, 1 hour Strength & Conditioning & 2 hours Workshop

Mini: 1& 2 1 hour Ballet & 1 hour Jazz 1 hour Workshop.

Competition Requirements

Competition requirements are the same as Company with an additional Ballet Technique hour for all levels.

- ***If you are planning on being a member of the NSD Competition team you must participate in our summer program.***
- ***Must attend 80% of their total classes for the year.***
- ***Dancers must make up any missed technique classes.***
- ***Must adhere to proper student dress code in all classes.***
- ***Must be on time and prepared for all classes at all times.***
- ***Must adhere to the NSD CODE OF ETHICS.***
- ***Dancers are responsible for knowing choreography if a class was missed.***
- ***Dancers must understand that dance is a discipline and for them to improve they must be committed to their classes, which includes, all of the aforementioned items.***
- ***Attendance, attitude, and work ethic from the previous year will affect the results of competition auditions.***