

North Shore Dance Schedule of Classes 2022-2023

Schedule subject to change due to enrollment levels.
Revised 4/27/2022

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------|---------------------------|---------------------------|--------------------------|--|-------------------|---|
| 9:30 | | | | | | Intro to Ballet 2.5-3.5 yrs. 9:30-10:15 |
| | | | | | | Creative Combo 1 3-4 yrs. |
| | | | | | | Creative Combo 2 4-5 yrs. |
| | | | | | | K-1 Ballet Tap |
| 10:30 | | Creative Combo 1 3-4 yrs. | | | | Creative Combo 2 4-5 yrs. |
| | | | | | | Ballet 6-8 yrs. |
| | | | | | | Ballet 8-10 yrs. |
| | | | | | | |
| 11:30 | | Creative Combo 2 4-5 yrs. | | | | Hip Hop 6-8 yrs. |
| | | | | | | Production |
| 12:30 | | | | | | Workshop 12:30-2:30 |
| 3:30 | | Creative Combo 2 4-5 yrs. | K-1 Ballet Tap | Creative Combo 1 3-4 yrs. (3:00 Start Time) | Ballet 7-9 yrs. | |
| | | | | | Combo 2 4-5 | |
| 4:30 | Ballet 8-10 yrs. | Jr./Teen Tap TEAM | Sr. Small Tap TEAM | Hip Hop 8-10 yrs. (4:00 Start Time) | Tap/Jazz 7-9 yrs. | |
| | Teen Small Contemp. TEAM | Ballet 7-9 yrs. | Teen Small Lyrical TEAM | Jr. Strength & Condition (4:00 Start Time) | Jr. 2 Jazz | |
| | K-1 Ballet Tap | Sr. Small Jazz TEAM | Ballet 6-8 yrs. | Teen Large Lyrical TEAM (4:00 Start Time) | Mini 1 Jazz | |
| | (New) Jr. Large Jazz TEAM | K-1 Hip Hop | Teen Small Lyrical TEAM | Jr./Mini Small Jazz TEAM (4:00 Start Time) | Mini 2 Tap | |
| 5:30 | Jazz 8-10 yrs. | Jazz 7-9 yrs. | Jr. Small Tap Team | Teen Strength & Condition (5:00 Start Time) | Mini 1 Ballet | |
| | Jazz 10-12 yrs. | Teen Small Tap TEAM | Jazz 6-8yrs. | Jr. Small Jazz TEAM (5:00 Start Time) | Jr. 2 Tap | |
| | Teen. Small Lyrical TEAM | Sr. Large Contemp. TEAM | Sr. Large Lyrical TEAM | Tap 8-10 yrs. (5:00 Start Time) | Mini 2 Jazz | |
| | Jr. 1 Jazz | Teen Small Jazz TEAM | Teen 1 Ballet | Sr. Small Open TEAM (5:00 Start Time) | Lyrical 8-10 yrs. | |
| 6:30 | Ballet 10-12 yrs. | Sr. Ballet Technique | Sr. 1 Ballet | Sr. Strength & Condition (6:00 Start Time) | Mini 2 Ballet | |
| | Sr. 2 Ballet | Jr. Small Jazz TEAM | Teen 1 Jazz | Jr. Lyrical Line TEAM (6:00 Start Time) | Jr. 2 Ballet | |
| | Jr. Small Lyrical TEAM | Teen 2 Large Lyrical TEAM | Teen Small Lyrical TEAM | Hip Hop 12 yrs. & up (6:00 Start Time) | Hip Hop 8-10 yrs. | |
| | Lyrical 8-10 yrs. | Teen 2 Jazz | Teen Small Contemp. TEAM | Lyrical 9-11yrs. (6:00 Start Time) | | |
| 7:30 | Jr. 1 Ballet | Sr. Small Jazz TEAM | Teen Small Jazz TEAM | Sr. Lyrical Line TEAM (7:00 Start Time) | | |
| | Teen Large Jazz TEAM | Teen Tap Technique | Teen Small Jazz TEAM | Lyrical 12yrs. & up | | |
| | Hip Hop 10-12 yrs. | Teen Large Jazz TEAM | Sr. 2 Ballet Technique | Jr. Large Hip Hop (New) (7:00 Start Time) | | |
| | Teen 2 Ballet Technique | Teen 2 Ballet | Sr. 1 Pointe | | | |
| 8:30 | Teen Small Lyrical TEAM | Sr. Small Contemp. TEAM | Sr. Small Lyrical TEAM | Teen Hip Hop Large TEAM (8:00 Start Time) | | |
| | | | Teen Small Jazz TEAM | Sr. Lyrical Small TEAM (8:00 Start Time) | | |

Company/Competition Requirements

Senior 1 & 2: 3 hours Ballet, 1 hour Strength & Conditioning & 2 hours workshop.

Teen 1 & 2: 2 hours Ballet, 1 hour Strength & Conditioning & 2 hours Workshop.

Junior 1 & 2: 1 hour Ballet, 1 hour Jazz, 1 hour Strength & Conditioning & 2 hours Workshop

Mini: 1 hour Ballet & 1 hour Jazz 1 hour Workshop.

Competition Requirements

Competition requirements are the same as Company with an additional Ballet Technique hour for all levels.

- ***If you are planning on being a member of the NSD Competition team you must participate in our summer program.***
- ***Must attend 80% of their total classes for the year.***
- ***Dancers must make up any missed technique classes.***
- ***Must adhere to proper student dress code in all classes.***
- ***Must be on time and prepared for all classes at all times.***
- ***Must adhere to the NSD CODE OF ETHICS.***
- ***Dancers are responsible for knowing choreography if a class was missed.***
- ***Dancers must understand that dance is a discipline and for them to improve they must be committed to their classes, which includes, all of the aforementioned items.***
- ***Attendance, attitude, and work ethic from the previous year will affect the results of competition auditions.***