



**THE HOLY EUCHARIST**  
**RITE I**

The Second Sunday in Lent  
March 1, 2026  
8:00 a.m.

*Wherever you are on your spiritual journey, Trinity welcomes you.*

## WELCOME TO TRINITY

*Welcome to Trinity Episcopal Church. We are walking the path with Jesus this season of Lent. We hope that you will join us in the life of the church and experience the spirituality in the self-reflective nature of this time of the church year. Wherever you are on your own spiritual journey, we have a place for you!*

In pursuit of our baptismal covenant to “respect the dignity of every human being,” (BCP p.305) we acknowledge that the City of Tulsa exists on lands where numerous Indigenous Peoples have lived, hunted, gathered, fished, celebrated, fought, prayed, and died. These include the Caddo, Osage, Wichita, Apache, Kiowa, Arapaho, Cheyenne, Lakota, Quapaw, Kickapoo, Cherokee, and the Muscogee Nation, on whose reservation Trinity Episcopal Church currently exists. We are endeavoring to become more knowledgeable and empathetic to the struggles, injustices, traumas, broken promises and broken treaties Native Peoples have faced. This intentional journey empowers us to learn how we can most effectively, and appropriately, act to create and build collaborations, friendships, communities of trust, and peace. Acknowledging American Indian Peoples’ previous and current heritage, and jurisdiction of the lands upon which modern institutions and buildings exist is an important first step to honor and recognize the histories and values we share, and those we do not yet share.

### For your information

**Childcare is available each Sunday** from 8:30 am until 11:45 pm on 2<sup>nd</sup> floor near the front of church in the east end of the Nichols Great Hall. Ask the ushers.

**Children's coloring sheets**, books, and quiet activity bags are in the basket behind the last pew at the back of the church. Please feel free to pick up a bag and book when you come in.

**For more information** about life at Trinity, please fill out a “Welcome card” in the pew. Also, visit our website [www.trinitytulsa.org](http://www.trinitytulsa.org)

## THE WORD OF GOD

*Please stand*

### Collect for Purity

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

*Then the Celebrant says*

BCP 324

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

### Kyrie

BCP 324

*Celebrant* Lord, have mercy upon us  
*People* **Christ, have mercy upon us.**  
*Celebrant* Lord, have mercy upon us.

### The Collect of the Day

*Celebrant* The Lord be with you.  
*People* **And with thy spirit.**  
*Celebrant* Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. **Amen.**

### First Reading

Genesis 12:1-4a

*Please be seated.*

A Reading from the book of Genesis.

The LORD said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the LORD had told him; and Lot went with him.

*Reader* The Word of the Lord.  
*People* **Thanks be to God.**

## Psalm 121

*Levavi oculos*

1 I lift up my eyes to the hills; \*  
from where is my help to come?

**2 My help comes from the LORD, \*  
the maker of heaven and earth.**

3 He will not let your foot be moved \*  
and he who watches over you will not fall asleep.

**4 Behold, he who keeps watch over Israel \*  
shall neither slumber nor sleep;**

5 The LORD himself watches over you; \*  
the LORD is your shade at your right hand,

**6 So that the sun shall not strike you by day, \*  
nor the moon by night.**

7 The LORD shall preserve you from all evil; \*  
it is he who shall keep you safe.

**8 The LORD shall watch over your going out and your coming in, \*  
from this time forth for evermore.**

## Second Reading

Romans 4:1-5, 13-17

A Reading from Paul's letter to the Romans.

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

*Reader*                    The Word of the Lord.  
*People*                    **Thanks be to God.**

*Please stand.*

## **Holy Gospel**

John 3:1-17

*Deacon*            The Holy Gospel of our Lord Jesus Christ according to John.  
*People*            **Glory be to thee, O Lord.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? "Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

*Deacon*            The Gospel of the Lord.  
*People*            **Praise be to thee, O Christ.**

*Please be seated.*

## **The Sermon**

The Reverend Canon Stephen Carlsen

## **The Nicene Creed**

*Please stand.*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## Prayers of the People

BCP 328

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. Lord, in your mercy:

**Hear our prayer.**

Give grace, O heavenly Father, to all bishops and other ministers, especially Sarah, the Archbishop of Canterbury, Sean, our presiding Bishop, and Poulson, our own Bishop, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. In the Diocesan cycle of prayer we pray for Emmanuel, Shawnee, and The Nippon Sei Ko Kai. Lord, in your mercy:

**Hear our prayer.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. Lord, in your mercy:

**Hear our prayer.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, for our military [including\_\_\_\_\_], for Donald our President, Kevin our Governor, and Monroe our Mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world. Lord, in your mercy:

**Hear our prayer.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty. Lord, in your mercy:

**Hear our prayer.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor [\_\_\_\_\_] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. Lord, in your mercy:

**Hear our prayer.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially\_\_\_\_\_,] beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of [\_\_\_\_\_] and of] all thy saints, that with them we may be partakers of thy heavenly kingdom. Lord, in your mercy:

**Hear our prayer.**

Let us pray for our needs and those of others, either silently or aloud, and those prayers known only to God.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate.  
**Amen.**

*The Deacon says*

O shepherding God, guide the hearts and minds of our Search Committee as we seek to discern the role of Rector for Trinity. By your light, draw to us those with vision and passion for Trinity's future. Guide them as they discern your call. Raise up for us a faithful pastor, a dynamic preacher of your Gospel, to shepherd us as your flock, strengthen our ministries, and work with us in building up your kingdom. **Amen.**

## **Confession of Sin**

*The Deacon says*

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*The people may stand or kneel.*

*Celebrant and People*

**Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.**

*The Priest says.*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## **Peace**

*Celebrant*            The peace of the Lord be always with you.  
*People*                **And with thy spirit.**

*Then the Ministers and the People may greet one another in the name of the Lord.*

## **Announcements**

## A Birthday Prayer

O God, our times are in your hand: Look with favor, we pray, on these your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

## An Anniversary Prayer

May God bless you as you celebrate your anniversary. May God deepen your love for each other. May God bless you in your family and friends, and may you continue to find joy as you lead your lives together. We ask in the name of the Father, Son, and Holy Spirit. Amen.

## THE HOLY EUCHARIST

*The Celebrant says*

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

*Ephesians 5:2*

## Offertory

*Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the deacon or Celebrant. The people stand while the offerings are presented and placed on the Altar.*

*Today any loose or undesignated offering will be put in the clergy discretionary fund. This fund allows the clergy to offer financial support to parishioners facing economic hardship or other emergency situations.*

*Celebrant:* All things come of thee, O Lord.  
*People:* **And of thine own have we given thee.**

## Great Thanksgiving

*The people remain standing.*

*Celebrant* The Lord be with you.  
*People* **And with thy spirit.**  
*Celebrant* Lift up your hearts.  
*People* **We lift them up unto the Lord.**  
*Celebrant* Let us give thanks unto our Lord God.  
*People* **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.**

*The people may kneel or stand.*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

*The Celebrant then continues*

And now, as our Savior Christ hath taught us, we are bold to say,

*People and Celebrant*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power,  
and the glory,  
for ever and ever. Amen.**

### **Breaking of the Bread**

*A period of silence is kept.*

*Celebrant* Christ our Passover is sacrificed for us.

*People* **Therefore let us keep the feast.**

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

*Celebrant* The Gifts of God for the People of God.

*Please notify the Priest at the High Altar if you wish to receive a gluten-free wafer.*

*Let the Chalice Bearer know if you wish to receive wine that is free of gluten*

*For Communion, hold your palms upward and the bread will be placed there. It is helpful if you guide the cup to your mouth. If you wish to receive the bread dipped in the wine, leave the bread in the palm of your hand and the chalice bearer will dip it for you.*

## **Commissioning of Lay Eucharistic Visitors (if applicable)**

*People*

**In the name of this congregation, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood. We who are many are one body, because we all share one bread, one cup.**

*After Communion, the Celebrant says*

Let us pray.

*Please stand.*

*Celebrant and People*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## **Blessing**

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

## **Dismissal**

*Deacon* Let us go forth in the name of Christ.

*People* **Thanks be to God.**

**You are cordially invited to the Nichols Great Hall for refreshments following the service.**

**We hope you will join us so that we may get to know you.**

*There is a prayer list in Bishop Brooke Chapel. Please add the names of any for whom you wish prayer.*

**Clergy:** The Reverend Canon Stephen Carlsen, *Interim Priest*; The Reverend Deborah Underwood, *Deacon*; The Venerable Robert L. Bibens, *Deacon*

**Staff:** Casey Cantwell, *Organist and Director of Music*; Karen Rich, *Associate Director of Music and Organist*; Carteena Robohm, *Handbell Choir Director*; Marcelino Arce, *Facilities/Maintenance*, Shelley Nachtigall, *Operations Manager*

**Technical Team:** Philippe Beaudette, *Lead*, Frank Leech

**Vestry:** Sara Arnold, *Senior Warden*; Justin Strong, *Junior Warden*; Harry Dandelles, *Treasurer*; Joe Woltz, *Clerk*; Shawna Gehres, *Chancellor*; Harry Cook; Donna Farrior; Jack Gordon; Eric Landin; Jim Langdon; Linda Martin; Lizze Radford; Jessica Smith; Julie Yeabower.

**Trinity Episcopal Church: 501 S. Cincinnati Ave.; Tulsa, OK 74103; 918-582-4128; [www.trinitytulsa.org](http://www.trinitytulsa.org)**

## **Sunday, March 1, 2026**

### **Acolytes**

8:00 am Joshua Miller-Le

10:30 am Aubrey Stirling, Maggie Strong, Charlotte Hannaford

5:00 pm Joshua Miller-Le

### **Altar Guild**

*Group 4:* Shawna Gehres, Susan Steinmeyer, Valerie Walls, Carolyn Carle, Shawna Merritt, Marilyn Cook

### **Eucharistic Visitors**

Ed Roling, Sharon Kelso, Rick Barr

### **Chalice Bearers**

8:00 am David White

10:30 am Jeff Howard, Melissa Stirling, Harry Cook

### **Lectors**

8:00 am Bud Davis

10:30 am Will Hanner, Martha Mattes, Vicki Ecret

5:00 pm John Sharp, Heather Nance

### **Oblationers**

8:00 am Jim Langdon, Helen Douglass

10:30 am Jordan Bracht, Kieth Gogan

### **Ushers**

George Miller, Dale Wissen, Beverly Wissen, Harry Dandelles, Graham Chadd, Heather Nance, Roary Snider, Joe Gilbert, Teresa Dreiling, Joy Hadwiger, Matthew Limekiller, Rick Barr, Phil Finnegan, Dirk Peterson, David VanSandt, Keith Gogan, Clint Barker, Georgie Brooks-Myrtle, Tim Morgan, Eric Landin, Tim Gilpin, Joe Woltz, Alan Golden, George Walls

### **Vergers**

Mark Shackelford, Linda Martin, Bud Davis, Jann Scott

### **Newcomer Bags**

Carteena Robohm