



THE HOLY EUCHARIST

RITE II

The Second Sunday in Lent

March 1, 2026

10:30 a.m.

Wherever you are on your spiritual journey, Trinity welcomes you.

WELCOME TO TRINITY

Welcome to Trinity Episcopal Church. We are walking the path with Jesus this season of Lent. We hope that you will join us in the life of the church and experience the spirituality in the self-reflective nature of this time of the church year. Wherever you are on your own spiritual journey, we have a place for you!

In pursuit of our baptismal covenant to “respect the dignity of every human being,” (BCP p.305) we acknowledge that the City of Tulsa exists on lands where numerous Indigenous Peoples have lived, hunted, gathered, fished, celebrated, fought, prayed, and died. These include the Caddo, Osage, Wichita, Apache, Kiowa, Arapaho, Cheyenne, Lakota, Quapaw, Kickapoo, Cherokee, and the Muscogee Nation, on whose reservation Trinity Episcopal Church currently exists. We are endeavoring to become more knowledgeable and empathetic to the struggles, injustices, traumas, broken promises and broken treaties Native Peoples have faced. This intentional journey empowers us to learn how we can most effectively, and appropriately, act to create and build collaborations, friendships, communities of trust, and peace. Acknowledging American Indian Peoples’ previous and current heritage, and jurisdiction of the lands upon which modern institutions and buildings exist is an important first step to honor and recognize the histories and values we share, and those we do not yet share.

For your information

If you are a visitor with us today, welcome! All are invited to receive communion.

Childcare is available each Sunday from 8:30 am until 12:15 pm on 2nd floor near the front of church in the east end of the Nichols Great Hall. Ask the ushers.

Children's coloring sheets, books, and quiet activity bags are in the basket behind the last pew at the back of the church. Please feel free to pick up a bag and book when you come in.

For more information about life at Trinity, please fill out a “Welcome card” or pew register in church. Also, visit our website www.trinitytulsa.org

THE WORD OF GOD

Organ Voluntary: Ich ruf zu dir

Johann Sebastian Bach (1685-1750)

Please stand for the entrance of the Clergy.

Introit (*sung by the choir*)

Reminiscere miserationum tuarum, Domine, et misericordiae tuae, quae a saeculo sunt: ne unquam dominantur nobis inimici nostri: libera nos Deus Israel ex omnibus angustiis nostris. Ad te Domine levavi animam meam: Deus meus in te confide non erubescam. Gloria Patri, et Filio, et Spiritui Sancto. Sicut erat in principio, et nunc, et semper, et in saecula saeculorum. Amen.

Call to remembrance thy tender compassion and mercy, O Lord, and thy loving-kindness towards us, which have been ever of old: neither suffer our enemies to triumph against us; deliver us, O God of Israel, out of all our misery and trouble. Unto thee, O Lord, do I lift up my soul: my God, in thee have I trusted, let me not be confounded. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Celebrant Bless the Lord who forgives all our sins.

People **His mercy endures for ever. Amen.**

Collect for Purity

BCP 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Trisagion (*sung by the choir*)

Casey Cantwell (b. 1960)

Holy God,
Holy and Mighty,
Holy and Immortal One,
Have mercy upon us.

Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

First Reading

Genesis 12:1-4a

Please be seated.

A Reading from the book of Genesis.

The LORD said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the LORD had told him; and Lot went with him.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 121

Levavi oculos

1 I lift up my eyes to the hills; *
from where is my help to come?

**2 My help comes from the LORD, *
the maker of heaven and earth.**

3 He will not let your foot be moved *
and he who watches over you will not fall asleep.

**4 Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;**

5 The LORD himself watches over you; *
the LORD is your shade at your right hand,

**6 So that the sun shall not strike you by day, *
nor the moon by night.**

7 The LORD shall preserve you from all evil; *
it is he who shall keep you safe.

**8 The LORD shall watch over your going out and your coming in, *
from this time forth for evermore.**

Second Reading

Romans 4:1-5, 13-17

A Reading from Paul's letter to the Romans.

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader The Word of the Lord.
People **Thanks be to God.**

Sequence

Please stand.

Hymn 634 I call on thee, Lord Jesus Christ

Ich ruf zu dir

Unison or harmony



I call on thee, Lord Je - sus Christ, I have none o - ther
help but thee. My heart is nev - er set at rest till
thy sweet word have com - fort - ed me. And stead - fast faith grant
me there - fore, to hold by thy word ev - er - more, a - bove all thing,
nev - er re - sist - ing but to in - crease in faith more and more.

Words: Miles Coverdale (1487-1568)

Music: melody from *Geistliche Lieder*, 1533; harm. *Thuringer Evangelisches Gesangbuch*, 1928

Holy Gospel

John 3:1-17

Deacon The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? "Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Please be seated.

The Sermon

The Reverend Canon Stephen Carlsen

The Nicene Creed

Please stand.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For Sarah, the Archbishop of Canterbury, Sean, our Presiding Bishop; for Poulson, our own Bishop; and for all the clergy and people. In the diocesan cycle of prayer we remember Emmanuel, Shawnee, and The Nippon Sei Ko Kai, let us pray to the Lord.

Lord, have mercy.

For our military [including _____], for Donald our President, for Kevin our Governor, for Monroe our Mayor, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering (including _____), let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, (including _____) and for all the departed, let us pray to the Lord.

Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

In the communion of saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To you, O Lord our God.

Let us pray for our needs and those of others, either silently or aloud.

Silence

The People may add their own petitions.

We give thanks for all who are worshipping with us today, especially for those worshipping with us for the first time.

The Celebrant says

Everliving God, whose will it is that all should come to you through your Son Jesus Christ: Inspire our witness to him, that all may know the power of his forgiveness and the hope of his resurrection; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Deacon says

O shepherding God, guide the hearts and minds of our Search Committee as we seek to discern the role of Rector for Trinity. By your light, draw to us those with vision and passion for Trinity's future. Guide them as they discern your call. Raise up for us a faithful pastor, a dynamic preacher of your Gospel, to shepherd us as your flock, strengthen our ministries, and work with us in building up your kingdom. **Amen.**

Confession of Sin

BCP 360

The Deacon says

Let us confess our sins against God and our neighbor.

Silence may be kept.

The people may stand or kneel.

Celebrant and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Absolution

The Priest says.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant The peace of the Lord be always with you.
People **And with thy spirit.**

Then the Ministers and the People may greet one another in the name of the Lord.

Announcements

A Birthday Prayer

O God, our times are in your hand: Look with favor, we pray, on these your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

An Anniversary Prayer

May God bless you as you celebrate your anniversary. May God deepen your love for each other. May God bless you in your family and friends, and may you continue to find joy as you lead your lives together. We ask in the name of the Father, Son, and Holy Spirit. Amen.

THE HOLY EUCHARIST

The Celebrant may say

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Ephesians 5:2

Today any loose or undesignated offering will be put in the clergy discretionary fund. This fund allows the clergy to offer financial support to parishioners facing economic hardship or other emergency situations.

Offertory Anthem

Bob Chilcott (b. 1955)

God so loved the world, that He gave His only begotten Son, that who so believeth in Him should not perish, but have everlasting life. For God sent not His Son into the world to condemn the world, but that the world through Him might be saved.

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the deacon or celebrant. The people stand while the offerings are presented and placed on the Altar.

Celebrant: All things come of thee, O Lord.
People: **And of thine own have we given thee.**

The Great Thanksgiving


The people remain standing.

Celebrant *People*




The Lord be with you. And al - so with you.

Celebrant *People*




Lift up your hearts. We lift them to the Lord.

Celebrant



Let us give thanks to the Lord our God.

People



It is right to give him thanks and praise.

...you are worthy of glory and praise.



Glo - ry to you for ev - er and ev - er.

... this fragile earth, our island home.



By your will they were cre - a - ted and have their be - ing.

...we turned against one another.



Have mer - cy, Lord, for we are sin - ners in your sight.

...the way of freedom and peace.




By his blood, he re - con - ciled us. By his wounds, we are healed.


...in their unending hymn:

Sanctus


S125




Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,




heaven and earth are full of your glo - ry. Ho -



san - na in the high - est. Ho - san - na in the high - est.




Blessed is he who comes in the name of the Lord. Ho -




san - na in the high - est. Ho - san - na in the high - est.

...this sacrifice of thanksgiving



We ce - le - brate his death and re - sur - rec - tion, as we a -



wait the day of his com - ing.

...serve the world in his name.



Ri - sen Lord, be known to us in the break - ing of the Bread.

...from generation to generation.



The Celebrant then continues

And now, as our Savior Christ hath taught us, we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Christ our Passover is sacrificed for us.

People **Therefore let us keep the feast.**

Agnus Dei

S163

Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God, you
take a - way the sins of the world: have mer - cy on us.
Lamb of God, you take a - way the sins of the world: grant us peace.

Celebrant The Gifts of God for the People of God.

Please notify the Priest at the High Altar if you wish to receive a gluten free wafer.

Let the Chalice Bearer know if you wish to receive wine that is free of gluten.

All are welcome to receive Holy Communion in the Episcopal Church. For Communion, hold your palms upward and the bread will be placed there. It is helpful if you guide the cup to your mouth. If you wish to receive the bread dipped in the wine, leave the bread in the palm of your hand and the chalice bearer will dip it for you.

Hymn 337 And now, O Father, mindful of the love

Unde et memores

1 And now, O Fa - ther, mind - ful of the love that
2 Look Fa - ther, look on his a - noint - ed face, and
*3 And then for those, our dear - est and our best, by
*4 And so we come; O draw us to thy feet, most

bought us, once for all, on Cal - vary's tree, and hav - ing with us
on - ly look on us as found in him; look not on our mis -
this pre - vail - ing pres - ence we ap - peal; O fold them clos - er
pa - tient Sa - vior, who canst love us still! And by this food, so

him that pleads a - bove, we here pre - sent, we here spread
us - ings of thy grace, our prayer so lan - guid, and our
to thy mer - cy's breast! O do thine ut - most for their
awe - some and so sweet, de - liv - er us from ev - ery

forth to thee, that on - ly of - fering per - fect in thine
 faith so dim: for lo! be - tween our sins and their re -
 soul's true weal! From taint - ing mis - chief keep them pure and
 touch of ill: in thine own ser - vice make us glad and

 eyes, the one true, pure, im - mor - tal sac - ri - fice.
 ward, we set the pas - sion of thy Son our Lord.
 clear, and crown thy gifts with strength to per - se - vere.
 free, and grant us nev - er - more to part from thee.

Commissioning of Eucharistic Visitor (if applicable)

People

In the name of this congregation, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood. We who are many are one body, because we all share one bread, one cup.

After Communion, the Celebrant says

Let us pray.

Please stand.

**Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.**

Blessing

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

Hymn 473 Lift High the cross

Crucifer

Descant
Lift high the cross, the love of Christ pro - claim

Refrain
Lift high the cross, the love of Christ pro - claim

till all the world a - dore his sa - cred Name.

till all the world a - dore his sa - cred Name.

Led on their way by this tri - um - phant sign,
Each new - born ser - vant of the Cru - ci - fied
O Lord, once lift - ed on the glo - rious tree,
So shall our song of tri - umph ev - er be:

Repeat Refrain
the hosts of God in con - quering ranks com - bine.
bears on the brow the seal of him who died.
as thou hast prom - ised, draw the world to thee.
praise to the Cru - ci - fied for vic - to - ry.

Words: George William Kitchin (1827-1912); alt. Michael Robert Newbolt (1874-1956)
Music: Sydney Hugo Nicholson (1875-1947)

Dismissal

Deacon Let us go forth in the name of Christ.
People **Thanks be to God.**

You are cordially invited to the Nichols Great Hall for refreshments following the service.

We hope you will join us so that we may get to know you.

Members of the Daughters of the King will be in Bishop Brooke Chapel for prayers and anointing.

There is a prayer list in Bishop Brooke Chapel. Please add the names of any for whom you wish prayer.

Clergy: The Reverend Canon Stephen Carlsen, *Interim Priest*; The Reverend Deborah Underwood, *Deacon*; The Venerable Robert L. Bibens, *Deacon*

Staff: Casey Cantwell, *Organist and Director of Music*; Karen Rich, *Associate Director of Music and Organist*; Carteena Robohm, *Handbell Choir Director*; Marcelino Arce, *Facilities/Maintenance*, Shelley Nachtigall, *Operations Manager*

Technical Team: Philippe Beaudette, *Lead*, Frank Leech

Vestry: Sara Arnold, *Senior Warden*; Justin Strong, *Junior Warden*; Harry Dandelles, *Treasurer*; Joe Woltz, *Clerk*; Shawna Gehres, *Chancellor*; Harry Cook; Donna Farrior; Jack Gordon; Eric Landin; Jim Langdon; Linda Martin; Lizzie Radford; Jessica Smith; Julie Yeabower.

Trinity Episcopal Church: 501 S. Cincinnati Ave.; Tulsa, OK 74103; 918-582-4128; www.trinitytulsa.org

Sunday, March 1, 2026

Acolytes

8:00 am Joshua Miller-Le

10:30 am Aubrey Stirling, Maggie Strong,
Charlotte Hannaford

5:00 pm Joshua Miller-Le

Altar Guild

Group 4: Shawna Gehres, Susan
Steinmeyer, Valerie Walls, Carolyn Carle,
Shawna Merritt, Marilyn Cook

Eucharistic Visitors

Ed Roling, Sharon Kelso, Rick Barr

Chalice Bearers

8:00 am David White

10:30 am Jeff Howard, Melissa Stirling,
Harry Cook

Lectors

8:00 am Bud Davis

10:30 am Will Hanner, Martha Mattes, Vicki
Ecret

5:00 pm John Sharp, Heather Nance

Oblationers

8:00 am Jim Langdon, Helen Douglass

10:30 am Jordan Bracht, Kieth Gogan

Ushers

George Miller, Dale Wissen, Beverly
Wissen, Harry Dandelles, Graham Chadd,
Heather Nance, Roary Snider, Joe Gilbert,
Teresa Dreiling, Joy Hadwiger, Matthew
Limekiller, Rick Barr, Phil Finnegan, Dirk
Peterson, David VanSandt, Keith Gogan,
Clint Barker, Georgie Brooks-Myrtle, Tim
Morgan, Eric Landin, Tim Gilpin, Joe Woltz,
Alan Golden, George Walls

Vergers

Mark Shackelford, Linda Martin, Bud Davis,
Jann Scott

Newcomer Bags

Carteena Robohm