

Seeking Research Participants

Are you a female over the age of 18? Do you have a history of high blood pressure and/or are on a prescription medication for a chronic disease? Then you may be eligible to participate!

Our pharmacy is working with a team from the University of Alberta to find out if pharmacists that use home blood pressure machines can help women participants control their blood pressure.

Title of Study: The Effect of Pharmacist-Initiated Home Blood Pressure Monitoring on Blood Pressure Control in Women (RxHomeBP Study)

By participating, you will:

- Contribute to the advance of knowledge in managing high blood pressure.
- Gain insight into your own blood pressure levels and how best to manage them.

You may qualify if you:

- Are Female.
- Are 18 years of age or older.
- Have been diagnosed with high blood pressure and/or a chronic medical condition.
- Are taking a medication for blood pressure and/or another chronic medical condition.

Participation involves:

- Having your blood pressure taken by a pharmacy team member.
- Measuring your blood pressure at home with a home blood pressure machine every 4 weeks or following up with your pharmacist every 12-weeks in the pharmacy.
- Participation will last for 12-months and will take ~30 minutes for in-person follow ups and ~15 minutes for phone follow-ups.

If interested, please ask to be screened by a member of the pharmacy team.

For more information, please contact:

Dr. Dan Burton (Study Coordinator) at dburton@ualberta.ca or Dr. Ross Tsuyuki at rtsuyuki@ualberta.ca