

Ten Rules for Happier Living in 2018



Everyone wants to be happy, but many fail in their quest to find that elusive prize because they are looking in the wrong places.

Proverbs 16:20 says, “Whoever trust in the Lord, happy is he.” And Psalm 146:5 indicates that happiness comes to those who find their help and hope in God.

The foundation for happiness is a proper relationship with the Lord. But to fully experience that happiness, we must build on that foundation in practical ways. I found this list of

“Ten Rules for Happier Living“:

1. Give something away.
2. Do a kindness.
3. Give thanks always.
4. Work with vim and vigor.
5. Visit the elderly and learn from their experience.
6. Look intently into the face of a baby and marvel.
7. Laugh often...it's life's lubricant.
8. Pray to know God's way.
9. Plan as though you will live forever...you will.
10. Live as though today is your last day on earth.

These are excellent ideas for living a happy life. Under gird these rules and praises, and your happiness will be complete. “Praise the Lord, O my soul! While I live I will Praise the Lord”. Psalm 1`46:1-2. By Richard De Haan
Trusting and obeying the Lord brings true happiness.

Reprinted from the “Daily Bread” published on Thursday, January 11, 2009.