



## GREENE COUNTY



Ava Baxendale – powerlifting champion



Bri Glave – Iron Titan winner

## Iron Titans

Iron Titan awards go to the best male and female total all-around athlete at Lake Oconee Academy. There are eight events that they must do and earn points for each. It combines strength, speed, endurance and agility. It takes the four lifts that the powerlifting award went to, the mile run, the 40-yard dash, the vertical jump and the shuttle run. These awards were the best of 2024. The powerlifting trophy is presented to the male and female student with a combined total weight of their personal best in the bench press, the power clean, the deadlift, and the squat. Coach Tom Imhof is pictured with winners.

PHOTOS CONTRIBUTED



Mason Salemi – powerlifting champion



Val Meyer – Iron Titan winner

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CONTRIBUTED

Everything from gospel to bluegrass music emanated from the stage.

## Doug Flowers Band performs at First Presbyterian

As one who had never heard bluegrass music, this concert was more than a surprise...it was magical! More than 70 people in attendance at the church listened as the renowned Doug Flowers Band performed a variety of pieces ranging from gospel songs to downright,

hand-clapping bluegrass. In case you missed it on Sunday evening, Aug. 25, the church hopes to host a repeat performance next year.

The Doug Flowers Band hails from Hephzibah, near Augusta. Led by Doug Flowers on the mandolin, the group

has had several chart-busting songs, including the 2017 No. 1 song, *All Over Me* and *Good Saddles Ain't Cheap* at No. 16 in 2023. A number of albums are also on the market, including the group's 2021 "Brothersville" release, which is still at No. 54 in the Top 100.

The First Presbyterian Church of Greensboro is located at 117 South Main Street (next to the post office) in downtown Greensboro. All are invited to attend church services at 11 a.m. on Sundays.

– Contributed by William Spencer Hinds

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