

# TRUTHS & TIPS



## WHY IS SIGN LANGUAGE IMPORTANT?

1. It helps with visual stimulation for speech and language development.
2. Reduces negative social interaction and increases social interaction.
3. Develops cognitive structures.
4. Provides emotional, social, and academic support for language development.
5. Helps them to speak earlier and teaches them language skills.
6. It helps with problem solving, creativity, builds vocabulary and longer sentences.
7. Emotional creates a bond, practical less fuss and more fun and cognitive boost brain development.

## WHAT DOES COMMUNITY MEAN TO YOU?

Hey Everyone!

Happy summer to each of you! While we are trying to enjoy the summer and stay cool, my hope is that each of you realize how vital you all are to the community that you serve. Often times we work so hard we begin to think and feel that this work is just a job. It is because, it does help you provide for yourself and your family. But look deeper. Think about what the families would do if they didn't have you. Think about what the children would be doing if they didn't have you or even where they would be. Understand that you have built a community and you are continuing to do so. I give back to my community by supporting each of you in anyway possible. I also help by working with women and families and educating them on their health prior to pregnancy, during, and after. Many of you have heard me say that I am hear to be a vessel. To be a servant. My goal is to make sure that my words an actions minister grace and love to al all I come in contact with!

Many Blessings  
TNH



## ENJOY HEALTHY SUMMER ACTIVITIES



- Go to the farmer's market.
- Make smoothies.
- Take a day trip.
- Go to the gym.
- Plant a garden.
- Cook together.
- Go to the playground.
- Do a penny hike.