

# The Holiday Special

## SIVET EMPOWERMENT TRUTHS & TIPS

### MESSAGE FROM TEVIS

Greetings Everyone,  
I hope that you all have had a wonderful year filled with peace, love, happiness, and joy. As we celebrate this season let us not forget the reason for the season. Remember the gift of love. The gift of peace. The gift of happiness. May all these be yours every day.

Best wishes for a joyous Christmas filled with love, happiness, and prosperity walking into this new year!

Always,

Ms. Tevis & Avah

### QUESTIONS FOR THE NEW YEAR!

Questions for the Reflective:

- What have you learned recently from a child?
- What do you need/want to know more about to become a more skilled and knowledgeable educator?
- What are your strengths as an early childhood professional?
- What challenges you? What would you like to do better?
- What have you learned recently from a teaching peer?
- What have you learned recently from your family in your program?

What are some challenges that you are ready to face?



- Dec. 15: National Cupcake Day
- Dec. 16: National Chocolate Covered Anything Day
- Dec. 17: National Maple Syrup Day
- Dec. 18: Answer The Telephone Like Buddy The Elf Day
- Dec. 19: National Hard Candy Day
- National Wreaths Across America Day
- Dec. 20: National Ugly Sweater Day
- Dec. 21: National Crossword Puzzle Day
- Dec. 22: National Cookie Exchange Day
- Dec. 23: Festivus
- Dec. 24: Christmas Eve
- Dec. 25: Christmas Day
- Dec. 26: Boxing Day
- National Candy Caned Day
- National Thank YOu Note Day
- Dec. 27: National Fruit Cake Day
- Dec. 28: National Call a Friend Day
- National Chocolate Candy Day
- Dec. 29: Still need to do day
- Dec. 30: National Bacon Day
- Dec. 31: New Year's Eve



## TIPS IN TN RULES

People tend to associate “unlicensed” with “bad” or even “illegal,” but TN Dep of Human Services states that you need to be licensed by the state if you are caring for more than four unrelated children for three or more hours a day.

An adult must be in direct sight and sound of children ages six weeks through five years, not in kindergarten, while the child eats. Also, direct supervision of children by the educator is required anytime the children are eating; the educator shall not be engaged in other activities while children are eating.

If the child care agency provides food, it shall be in accordance with the USDA’s child and adult care food program CACFP nutritional guidelines. A note from a parent, guardian, or physician directing an individual child should guide what is provided to that child.

Records to keep up with for auditing those documents may include: “complete and accurate record of payments received; children’s attendance; a record of food served for each program in which the child care agency participates; and any other records required by the department or any other child care agency for reimbursement for the child care and/or feeding.”

## Holiday traditions

Kwanzaa is an African-American Christmas tradition that began in the USA in the 1960s. It was started by the Civil rights leader Maulana Karenga in 1966. The idea was for black people to unify by coming together and celebrating their history.

The food that is made for New Year’s. Black-eyed peas represent good luck, collard greens, which represent money; and cornbread, which is another symbol of wealth. Combining fried fish or a fish entree with greens means money and progress. Eating pork is also a source of good luck.

Mystery gift swap – draw a name

Holiday Movie Marathon

Give back to those in Need

Holiday photos

Holiday Cards

Holiday Pj’s

