



Truth & Tips

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HEY EVERYONE!

Happy September!
I hope you all are doing well! I celebrated my daughter's Serene Sweet 16 on 9/2 and this momma was exhausted! I also started my new job which is truly exciting to be stepping into a new beginning after seven months. God's grace & mercy is more than sufficient for sure! Please stay abreast on all trainings and document them accordingly. That seems to be a thing right now! If you want to be a part of the conversation to gain more clarity on that send me an email letting me know so you can receive the invites and information. I pray you all have a wonderful September!

Many Blessing,
Ms. Tevis

HOW TO CLOSE THE GAP BETWEEN PARENTS AND EDUCATORS

With more family involvement children will likely develop better emotional navigation skills and better behavioral skills.

It improves classroom culture and conditions, parent involvement also benefits teachers. Knowing more about a student helps teachers prepare better.

Being available to parents, understand the best ways to communicate with them. Being aware of language barriers and cultural differences.

3 STEPS TO SUPPORT CHILDREN'S MENTAL HEALTH

Engage in conversation with your children. No matter their age.

Make sure your classroom is an enriched environment.

Foster a constant and consistent routines and systems. (it's never to late)

3 STEPS TO TO SUPPORT TEACHERS MENTAL HEALTH

Engage teachers in one on one meetings. Mental Health can affect staff and interactions with each other and children. Need to meet their needs. If they have anything on their mind personal or professional.

Conduct observations at least 2. times a year. There could be a disconnect on what we think is happening in the class vs what really is. This helps with feed back and support. The goal is to eliminate stress.

A space to relax and compress; away to reflect. A space to disconnect with staff.

