



Spring Schedule 2026

Kicking4life.com

Effective April 6, 2026

720-504-7084

*Red Indicates New Class Times

Spring 2026

	Mon	Tues	Wed	Thurs	Fri	Sat	
Lil Ninjas & Dragons Ages 3-6		5:00-5:30pm Master Kellye	CLOSED	5:00-5:30pm Master Kellye			
Beginners No belt-Orange		5:15-6:00pm Master Kellye		5:15-6:00pm Master Kellye		10:00-10:45am Master Kellye	
Intermediate Green-Blue Belt		5:15-6:00pm Master Kellye		5:15-6:00pm Master Kellye		10:00-10:45am Master Kellye	
Prep Cycle All Prep Cycle Candidates	6:30-8:00pm Master Kellye & Shijo	7:00-8:00pm Make up class			7:15-8:15pm Make up class	12:00pm-4:00pm Master Kellye & Shijo	
Sparring All Ranks		6:00-6:45pm Master Jarmond & Shijo		6:00-6:45pm Master Jarmond & Shijo			
Leadership	5:00-5:30pm Master Kellye				5:00-5:30pm Master Kellye		
Demo Team/ Kicknastics					7:00-7:45pm Master K & Master J	5:30-6:15 Master Jarmond	
Weapons Class Black Belt club & Leadership							10:45am-11:30pm Shijo
Specialty Classes	5:30-6:30pm (Advanced Kicks) Master Ramsey					6:15-7:15pm (Bootcamp) Master Kellye	
Adult Class Ages 14+ All Rank Levels		6:15-7:00pm Master Kellye			6:15-7:00pm Master Kellye		

Upcoming Graduations: May 2nd & June 27th

Upcoming Closed Dates: May 16th (Wyoming Tournament) & May 23rd- 25th (Memorial Day Weekend)