



Winter Schedule 2025

Kicking4life.com

Effective January 6th, 2025

720-504-7084

Winter 2025

	Mon	Tues	Wed	Thurs	Fri	Sat	
Lil Ninjas Ages 3 & 4			C L O S E D	5:00- 5:30pm Master Kellye		10:00am-10:30am Master Kellye	
Lil Dragons Ages 5 & 6		5:00- 5:30pm Master Kellye				10:00am- 10:30am Sensei Tia	
Beginners No belt-Orange	4:45-5:15pm New student Intro (LT)	5:00-5:45pm Master Kellye & LT			5:00-5:45pm Sensei Tia & LT	4:45-5:15pm New student Intro (LT)	10:00am- 10:45am Sensei Noe
Intermediate Green-Blue Belt		5:45-6:30pm Sensei Noe & LT			5:45-6:30pm Master Kellye & LT		10:45am- 11:30am Master Kellye
Sparring All Ranks		6:30-7:15pm Master Jarmond & Shijo			6:30-7:15pm Master Jarmond & Shijo		
Leadership	7:15-7:45pm Master Kellye						
Demo Team/ Kicknastics					7:15-8:00pm Master K & Master J	5:15-6:15 Master K & Master J	
Adults Only (All rank levels)		5:45-6:30pm Master Kellye			6:30-7:15pm Master Kellye		
Red-Black Belts		7:15-8:00pm Master Kellye				6:15 -7:00pm Shijo	11:30am-12:15pm Master Kellye
Specialty Classes	5:15-6:15pm (Advanced Kicks) Master Ramsey						11:30am-12:15pm (Black Belt Club) Shijo
Bootcamp Age 16+	6:15-7:15pm Master Kellye						12:15-1:15pm Master Kellye

Upcoming Graduations: Saturday March 1st, May 3rd & June 28th

Upcoming SKW Tournaments (Demo Team & BBC Only): Saturday February 15th, March 15th & April 19th