



Fall Schedule 2024

Kicking4life.com

Effective October 7th, 2024

720-504-7084

Fall 2024

	Mon	Tues	Wed	Thurs	Fri	Sat	
Lil Ninjas Ages 3 & 4		4:30- 5:00pm Master Kellye	Closed			10:00am-10:30am Master Kellye	
Lil Dragons Ages 5 & 6		4:30- 5:00pm Master Kellye				10:00am-10:30am Sensei Noe	
Beginners No belt-Orange		5:00-5:45pm Master Kellye		5:00-5:45pm Sensei Tia		10:00am-10:45am Master Kellye	
Intermediate Green-Blue Belt		5:45-6:30pm Sensei Noe		5:45-6:30pm Sensei Tia		10:45am-11:30am Master Kellye	
Sparring All Ranks		6:30-7:15pm Master Jarmond & Shijo		6:30-7:15pm Master Jarmond & Shijo			
Leadership	4:45-5:15pm Master Kellye						
Demo Team/ Kicknastics				7:15-8:00pm Master Kellye & Master Jarmond	5:15-6:00 Master Kellye & Master Jarmond		
Adults Only (All rank levels)		5:45-6:30pm Master Kellye		5:45-6:30pm Master Kellye			
Red-Black Belts		7:15-8:00pm Master Kellye					
Specialty Classes	5:15-6:15pm (Advanced Kicks) Master Ramsey						11:30am-12:15pm (Black Belt Club) Shijo
Prep Cycle	6:15-7:15pm Master Kellye & Shijo					6:00-7:00pm Master Kellye & Shijo	1:00-5:00pm Master Kellye & Shijo

Upcoming Graduations: Saturday October 12th & Saturday December 14th

Upcoming SKW & CKA Tournaments (Demo Team & BBC Only): Saturday October 19th & 26th