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Pocono Mountain West High:



Home Field Advantage

by Jeanine Hofbauer Riotous cheers echoed across the Sullivan Trail campus of Pocono Mountain West High School. There's something about that home field advantage that seemed to stir spectators from seats to feet at September 24's field dedication followed by football.

Pointing out parents' pride, Assistant Principal Michael Jones smiled, "You can feel the excitement," watching Principal Mark Wade join district directors and administration on the field for ribbon cutting honors before the first official home game ever played at West.

Calling the new field "a catalyst in sports, music and many other activities," Superintendent Dr. Elizabeth Robison severed the bright blue ribbon held by a combination of athletes from various sports to be played on the field.

"We're playing football at West today!" shouted board president Rusty Johnson as the crowd sprang to their feet ready to watch West's Varsity Please turn to page 2

Community previews new St. Luke's Monroe Campus

Residents of Monroe County finally got to see for themselves what all the buzz is about as St. Luke's invited the community to an open house at the new St. Luke's Monroe Campus last weekend.

St. Luke's Monroe Campus officially opens next week. It will be the first new hospital in Monroe County in 100 years. Conveniently located just off Route 611, it is in close proximity to Routes 33 and I-80.

State of the art operating rooms, fully equipped emergency department, radiology facilities featuring advanced technologies from GE Healthcare, and private, beautifully appointed private patient rooms were all on display.

Staff and health experts were on hand, including chief of emergency medicine Peter Favini, M.D., who expressed pride in the good team he's assembled for his department,

and the beautiful facility. Some of the staff is relocating from other St. Luke's hospitals, but many of the caregivers will be working much closer to their homes. All seemed genuinely excited about the new facility and what it will offer.

There were plenty of free tests, including DXA heel scans, a baseline test for osteoporosis, cholesterol testing, blood pressure checks, balance screenings, grip strength testing, body composition analysis, physical therapy consultations, and memory and fall screenings.

Visitors could tour emergency transport vehicles, including PennSTAR flight, and meet St. Luke's aeromedical team.

They could also take an "interactive spin" and experience the dangers of texting and driving virtually. Representatives from AT&T helped community members take the "It Can Wait" Pledge, a commitment to not text while driving. St. Luke's Rodale Institute

Organic Farm offered samples of delicious foods made with the late summer harvest from the St. Luke's Rodale Farm, which is located at the Please turn to page 3



Dr. Peter Favini was interviewed multiple times over the two days of the St. Luke's Hospital Open House. Here, he talks to WFMZ-TV69 News.

PAGE 2—THE JOURNAL OF THE POCONO PLATEAU,WEEK OF SEPTEMBER 30, 2016

Home Field...

Continued from page 1

team take on Pleasant Valley. Looking across the field, Frank Intravaia stated, "I'm very appreciative of what they have here." The New York transplant shared reasons that ignited his decision for a revision in living space to Indian Mountain Lakes. His daughter, Alessia, is in West's Junior High and his son Francesco is at TEC. He went on to describe how athletics and academics go hand in hand when a district expands. "The open opportunity they have here for the kids is fantastic," he said.

Marching Band mom Linda Kane applauded all West levels of excellence from athletes and academics, to talented performers and creative coordinators. We're all part of this whole show," she beamed.





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THE JOURNAL OF THE POCONO PLATEAU, WEEK OF SPETEMBER 30, 2016—PAGE 3

St. Luke's...

Continued from page 1

St. Luke's Anderson Campus in Bethlehem Township. The fresh, healthy produce from the farm is used throughout the St. Luke's network for visitors, employees and patients to enjoy. Members of the Kinsley's ShopRite team also offered guests samples of fresh produce and salads.

St. Luke's pediatricians and staff from Monroe County and Wind Gap greeted families and checked children's height and weight. There was also an arts Yoga instructor Val Klass demonstrated chair yoga and explained how yoga can help ease stress, improve mental focus and help with relaxation.

and crafts station for the kids.

Pocono Snake and Animal Farm brought an array of resident reptiles, and representatives from Pocono Treeventures demonstrated the company's SAFE LINK Smart Safety System.

Live entertainment was provided by Stroudsburg songwriter and vocalist Regina Sayles on Saturday and by former "The Voice" contestant

Christian Porter on Sunday. About St. Luke's University Health Network

St. Luke's is comprised of six hospitals, including St. Luke's University Hospital -Bethlehem, St. Luke's Allentown Campus, St. Luke's Anderson Campus (Bethlehem Township), St. Luke's Miners Campus (Coaldale), St. Luke's Quakertown Campus, all in Pennsylvania, and St. Luke's Warren Campus in Phillipsburg, NJ. St. Luke's Hospital-Monroe Campus will be the seventh hospital in St. Luke's University Health Network. St. Luke's University Health Network is a nonprofit, regional, fully integrated, nationally recognized Network providing services at more than 200 sites in Lehigh, Northampton, Carbon, Schuylkill, Bucks, Montgomery, Berks and Monroe counties in Pennsylvania and also in Warren County, New Jersey.



The Journal of the Pocono Plateau—providing information and communication to build a better community.



Linda Corba, LPN, at the blood pressure check table.



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Area Funerals

JOHN W. SCHWAB

John W. Schwab, 85, of Long Pond, formerly of Levittown, died Sunday, September 25, 2016 at Spring Village at Pocono, East Stroudsburg. He was the husband of the late Jane Schwab.

Born in Port Carbon, he was the son of the late John and Elvera (Jennsen) Schwab.

John served with the United States Navy from 1948-1949 and later retired from the Bristol Township Police Department in 1985. While serving with the police department he became a member of the Bucks County Fraternal Order of Police #PA-53. During those years he also became an Arson Investigator and Volunteer Fire Fighter for Levittown Fire Company #2.

After moving to the Poconos, John joined American Legion Post #413 in Pocono Pines. He was an avid sports fan, formerly playing on Bristol Township Police Department's softball team and never missing a Philadelphia Eagles or Phillies game on

Gina A. Carchesio, 52, of Philadelphia, formerly of Pocono Lake, died Thursday, September 22, 2016. She was the loving companion of the late Richard Rogoshewski Jr., who died in 2009.

Born in Perth Amboy, New Jersey, she was the daughter of Elisa Carchesio of New Jersey.

Gina was a retired bus driver for Pocono Mountain School District. She was a double major at Cedar Crest College for psychology and criminal justice and was close to completing all required credits to earn her degree.

She is also survived by her daughters, Jilliane Saiya and her husband, Richard of

TV. In his younger years, he enjoyed spending time hunting for game.

He is survived by his children, John P. Schwab and his wife, Sandy of South Park, Gery Vaughan of Columbus, New Jersey, Mary Cooper and her husband, Chris of Trevose, Patricia Webster and her husband, Nick of Philadelphia, and Margaret Snare and husband, Jim of Pocono Summit; 11 grandchildren: Richard, Alycia, Jane, Katie, Cody, Kyle, Austin, Jason, Tyler, Lexie, and Avery; one great-grandchild, Tayten. He was preceded in death by his brother William (Bill) Schwab.

There will be a visitation from 10 am to 12 pm on Saturday, October 1, at the Bolock Funeral Home, 6148 Paradise Valley Road, Cresco. There will be a Blessing service at noon at the funeral home.

Private cremation has been entrusted to Bolock Funeral Home Crematory.

GINA A. CARCHESIO

Brighton, Colorado, Mandi Dobek and husband John of Tobyhanna, and Deven Rogoshewski and her husband Jamal Hill of Philadelphia; sister, Michele Carchesio of Brick, New Jersey; and six grandchildren.

Bolock Funeral Home, 6148 Paradise Valley Road, Cresco, was in charge of arrangements.

In lieu of flowers, memorial donations may be made to the Pancreatic Cancer Action Network, 1500 Rosecrans Ave. Suite 200, Manhattan Beach, California 90266.

Private cremation is entrusted to Bolock Funeral

Vincent Almodovar, 80, of Long Pond died Tuesday, September 20, 2016 in Weatherwood Nursing & Rehabilitation Center, Weatherly.

A son of the late Vincent and Rojelia Cruz Almodovar, he was born June 6, 1936

Mark Sadowski, 60, of Tobyhanna, died Monday, September 19, 2016, surrounded by his family.

Born on June 20, 1956 in Rahway, New Jersey, he was the son of the late Walter Vincent and Irene Claire (Smigoski) Sadowski. Mark and his wife, Claudia Sadowski, recently celebrated 35 years of marriage.

VINCENT ALMODOVAR

in Puerto Rico. He retired from Ford Motor Company of Metuchen, N.J., and was a member of Most Holy Trinity Church of Long Pond.

Preceding him in death were his wife, the former Palmira Perez, on March 31,

MARK SADOWSKI

He was a control room operator at PSE&G, Jersey City, New Jersey, until he retired in 2006 after 26 years of service.

Mark was a coach in the Pocono Mountain Youth Soccer Association.

Mark is also survived by his three children, Mark Adam Sadowski of Redwood City, California; Matthew Sadowski of Tobyhanna; and Kait2016; brothers Ismael and John Almodovar; sister Lillian Jauregul.

Surviving are son Vincent Almodovar of Keansburg, N.J.; daughter and son-in-law Lorraine and Paul Miller of Weatherly; two grandsons.

lyn Sadowski of Goldsboro, North Carolina.

The Bolock Funeral Home, 6148 Paradise Valley Road, Cresco, was in charge of arrangements. The Reverend Father John Boyle conducted a blessing service September 23 at the funeral home. Private cremation is entrusted to Bolock Funeral Home Crematory.

Congregation B'nai Harim offers explanation of High Holy Days

Each year at just about the time when schools start up a new year, your Jewish neighbors celebrate a new year, too. Rosh HaShanah, the head of the year, and Yom Kippur, the Day of Atonement, begin the sacred season, always falling 10 days apart. While both holy days are celebrated in synagogues, they have very different "feels".

Rosh HaShanah has several names that give an idea of the meaning of the day. It is called the Birthday of the World (or of humankind). It is the Day of Shofar Blasts on which the sounds of a ram's horn may be heard up to 100 times, soulfully rousing even those who doze to look deep within themselves. It is the Day of Remembrance and reflection when we recall how we may have fallen short of our better natures and resolve to improve. It is the Day of Judgment when each person's deeds begin to be weighed and an accounting made. You may see your Jewish friends walking to a body of water to symbolically cast away their sins by throwing small pieces of bread or small pebbles into a lake or stream.

Symbols are important, but true repentance takes work. There is time between Rosh haShanah and Yom Kippur to right some of the wrongs we may have committed, to apologize to those we've hurt and to begin to make amends.

Although Yom Kippur is marked with fasting and prayer, it is the most uplifting of holy occasions. As the meditation and music work their way into one's heart, one begins to sense the Divine Presence offering encouragement and hope of improvement. If we have made our peace with our fellow human beings, Yom Kippur serves to bring us back into relationship with God as well.

During the holiday season, it is appropriate to greet your Jewish neighbors with "Shanah Tovah, A good year." Don't be surprised if they respond with appreciative smiles and a similar wish for you and yours.

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A Procession of the Lord of Miracles (El Senor de Los Milagros) will take place this Sunday, October 2 at the Msg. McHugh School in Cresco at 9 a.m. This will be the 15th year that brothers will be carrying in the Holy Icon on their shoulders. Around 500 people are expected to take part.

Gratitude from the Garden of Giving

A great big "thank you" to all who helped the Garden of Giving in September. The Monroe County United Way had its annual Day of Caring, which brought employees from East Stroudsburg University and Great Wolf Lodge to help with some projects around the Garden. The Fill the Truck event, hosted by the Pocono Mountain Bible Fellowship at the Mount Pocono Tractor Supply Company, was also a great success.

This month will also be busy with a self guided farm tour and yard sale on October 1 and 2 from 8 a.m. -5 p.m., and the fall garlic planting October 22 from 9 a.m. -1 p.m., for which there is still a need for volunteers.

The Garden will officially close for the season on No-

vember 30 after the Thanksgiving baskets are out. Team leaders will be contacted in February, so if you like to work with groups in the great outdoors, please call to sign up.

The Garden of Giving produces fresh, nutritious, organic produce and eggs for our less fortunate neighbors and is always in need of chicken feed, volunteers (especially good for Pleasant Valley Seniors & Graduates that need to fulfill their 50 hours of community service), to help with the chickens, in the Garden, office, at fund raising events, and to serve on the board (especially a secretary).

For more information, please contact the Garden of Giving at 570-402-1282 or e-mail GardenOfGiving@ gmail.com.

St. Maximilian Kolbe sponsoring a trip to Sight & Sound

Time is running out to make your reservation for the October 27 trip to see "Samson" at the Sight and Sound Theater in Strasburg, PA. \$110 payment includes the bus trip, the show, and lunch.

Free Concert at St. Max

Fr. Kevin McDonald will perform a free concert at St. Maximilian Kolbe Parish on October 30 at 3 p.m. The event will take place at St. Maximilian Kolbe Parish, 5112 Pocono Crest Road, Pocono Pines.

Fr. Kevin is a Catholic priest and professional musician who holds a doctorate degree in musical composition. He uses his uplifting music to spread the message of Christ into the world, each song holds a moral and liturgical The bus will leave the Parking lot of St. Maximilian Kolbe Parish at 9:15 a.m., and will return at approximately 8 p.m. The deadline for reservations and payment is October 10. Please call Joan Rinehimer at 570-646-2520.

significance which is shared with the audience; making the concert a very rich experience for the listener both musically and reflectively. Fr. Kevin writes in genres ranging from gospel, to classical, country, reggae, jazz, and more.

All are welcome. A small donation will be collected at the close of the concert to assist in travel expenses. For more information, please call 570-646-6424.

CPR and First Aid Class

The West End Park & Open Space Commission is offering a CPR and First Aid Training class on October 8 from 9 a.m. – 3 p.m. at the Chestnuthill Park Building, 221 Rt. 715-Brodheadsville.

This event will have handson training by a certified American Heart Association professional. Learn the basics of first aid and how to respond to emergencies involving choking, breathing, and cardiac issues for a \$60 fee. Training is certified and accepted by Scouting and Childcare providers.

Dedicated Employee of the Month



Pictured from left are Karen Giaquinto, HR Director; Elizabeth Wise, Chief Operating Officer/Chief Nursing Officer; Marie Winter, HUC, SPU; Lynn Lansdowne, VP, Human Resources, Chief Administrative Officer.

Marie Winter, Health Unit Coordinator, SPU, of Jackson Township has been named the Dedicated Employee of the Month at Pocono Medical Center for September. Marie was nominated by her co-worker. Below is an excerpt of the nomination:

"On July 11, a woman arrived for a bronchoscopy. She started talking to Marie about not having a ride home as she did not know she needed a driver. The patient was going to reschedule when Marie noticed they live on the same street. They did not know each other however knew the same neighbors. Marie offered to come back after her shift and drive the lady home. The patient would leave her car here which created an issue of picking it up the next day. While I was preparing the patient, Marie came to give us her phone number and informed the patient that she would return at 5:45 p.m. with her grandson so the patient's car could be brought home. This woman was so thankful, she was tearful and so was I. This was an above and beyond act of kindness. Marie shows this attitude every day I work with her."



Award-winning nurses recognized at Pocono Medical Center

Nurses at Pocono Medical Center are being honored with The DAISY Award for Extraordinary Nurses. The award is part of the DAISY Foundation's program to recognize the super-human efforts nurses perform every day. "Our Joint Replacement program provides treatment that best-suits the needs of our patients," said Patricia Frazier, RN, BSN, Manager of 3B. "It's an honor to work with nurses like Nicole, who does everything she can to improve quality of life by optimizing patient mobility and reuniting them with the activities they love." Septembers DAISY Award recipient goes to Nicole Cecire, RN of the 3B Department. Nicole was nominated by a patient who received care from her, "Throughout my short stay on 3B, Nicole Cecire consistently demonstrated nursing characteristics of the highest quality. On the few occasions I needed to ring for a nurse, Nicole was there within minutes. Although I knew I pulled her away from other tasks, she never entered my room without wearing a smile. Her demeanor was such that she made me feel that, at that particular moment, my needs were all that mattered to her. She was positive and friendly. She listened attentively to my concerns or needs. She responded in a caring and compassionate manner. When working with me, she made it clear that my comfort, my safety, my improved health were her only concern. Her expertise with the various pieces of equipment used and her medical



From left are- Victoria Ramos, Maria Witkowski, Lee Jean Charles, Susan Dittmar, Abigail Johnson, Elizabeth Wise, Nicole Cecire, MaryGrace Conklin, Gina Reider, Patricia Frazier, Michael Grossman.

knowledge were beyond reproach. And Nicole did her job, always, with a smile. She never left my room without a word of encouragement or an incredibly kind remark." The not-for-profit DAISY Foundation is based in Glen Ellen, CA, and was established by family members in memory of J. Patrick Barnes. Patrick died at the age of 33 in late 1999 from complications of Idiopathic Thrombocytopenic Purpura (ITP), a little known but not uncommon auto-immune disease. The care Patrick and his family received from nurses while he was ill inspired this unique means of thanking nurses for making a profound difference in the lives of their patients and patient families. "It's important that our nurses and our community know how much we value the work that our nurses do every day in exceeding the standards for patient care," said Elizabeth Wise, RN, MSN, MBA, DrNP(c), NEA-BC,

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CENP, Chief Operating Officer and Chief Nursing Officer at Pocono Medical Center. "The DAISY Award provides a way for us to express that." Each month, a nurse will be selected by Pocono Medical Center's nursing administration to receive The DAISY Award. At a presentation given in front of the nurse's colleagues, physicians, patients, and visitors, the honoree will receive a certificate commending her or him for being an "Extraordinary Nurse." The certificate reads: "In deep appreciation

of all you do, who you are, and the incredibly meaningful difference you make in the lives of so many people." The honoree will also be given a beautiful and meaningful sculpture called A Healer's Touch, hand-carved by artists of the Shona Tribe in Africa. One day while Pat was in the hospital, he asked his family to bring him a Cinnabon® cinnamon roll plus enough for all the nurses in his unit. With the help of Cinnabon's parent company, FOCUS Brands, The DAISY Foundation carries on this tradition by serving Cinnabons to all the nurses in the Award recipient's unit in thanks for everything they do for their patients and families.

Said Bonnie Barnes, president and Co-Founder of The DAISY Foundation, "When Patrick was critically ill, our family experienced first-hand the remarkable skill and care nurses provide patients every day and night. Yet these unsung heroes are seldom recognized for the super-human work they do. The kind of work the nurses at Pocono Medical Center are called on to do every day epitomizes the purpose of The DAISY Award."

For a complete listing of healthcare organizations currently running the program, please go to http://DAISYfoundation.org. This is one initiative of The DAISY Foundation in service to the nursing profession. Additionally, DAISY offers J. Patrick Barnes Grants for Nursing Research and Evidence-Based Practice Projects, The DAISY Faculty Award to honor inspiring faculty members in schools and colleges of nursing, and The DAISY in Training Award for nursing students.

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Clymer Library announces programs for October

The Clymer Library, 115 Firehouse Road, Pocono Pines, announces its many exciting programs and events for October. For more information on any of these programs, contact the library at 570-646-0826 or stop by the circulation desk.

Adult Programs Robb Taylor Returns to the Clymer Library

Come in on October 6 at 6 p.m. for a live musical performance from Robb Taylor. Robb has been on the stage with the likes of Roberta Flack, Chubby Checker and Charlie Daniels. No matter what your background, whether you're seven or seventy, if you like Rock, Pop, Country, or Blues, his material is great listening music that you can't help wanting to dance and sing along to. Sign-up is required.

Learn About Genealogy Genealogy expert Patrick Quigley returns to the Clymer Library on October 11 at 6 p.m. to answer your questions about genealogy and assist with your family research. Sign-up is required by calling the library at 570-646-0826 or stopping by the circulation desk.



Charles Wood, Multi-Percussionist

Join the library on October 20 at 6 p.m. for an interesting experience. Chuck is a multi-percussionist who has recorded and toured throughout the country. Most of his percussion instruments are West African in nature, though some are also rooted in South American culture. He has studied these various instruments with many experienced musicians. For twelve years, Chuck has been exploring the art of accompanying yoga classes with live drumming and is now on the cutting edge of the yoga and live music scene. Sign-up is required.

Brown Bag Book Club

The library's Brown Bag Book Club will meet on October 26 at 12:30 p.m. The club will read *"Sally Ride: America's First Woman in Space"* by Lynn Sherr. For more information, contact Melissa Lopez at the Clymer Library at 570-646-0826.

Adult Coloring Continues

The Clymer Library's free stress relief coloring program for adults continues by popular demand. Patrons ages 18 and up are invited to stop by at any time all month long to color on their own. The library will supply the coloring pages and colored pencils or you can bring your own. Then, join on October 27 at 2 p.m. for a relaxing group coloring session, complete with complimentary cookies, beverages, and soothing music. When you are done, be sure to leave your finished work of

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Taxes and gratuities are not included and are payable by the customer. Not valid with any other discounts or promotions. art to be displayed at the library! Sign-up is required for the session on October 27 only, so if you are interested, call the library at 570-646-0826 or stop by the circulation desk.

Learn about the digestive system

Eating whole foods is one of the most important things we can do to build our health. However, poor digestion may be keeping you from getting the most out of your food. This can be the root cause of many imbalances within the body eventually contributing to a state of disease. On October 27 at 6 p.m., learn about stomach acid, leaky gut, SIBO, your digestive organs, and how to optimize your digestive process. Presented by Stacey Yocum. Sign-up is required.

Children's and Teens' Programs Children's Story Hour and Book Babies

Throughout the month of October, the Clymer Library will hold several children's programs and events. The library's popular Story Hour for children ages 3-5 will be held on Monday, October 3, 17, and 31 at 10:30 a.m. Book Babies for kids ages 2 & under will be held October 6, 13, 20, and 27 at 10:30 a.m.

This month's drop-in activity

On Mondays, Wednesdays, and Thursdays, come to the children's section of the library and help your child exercise his/her creativity with a simple craft or coloring sheet. Kits are available from the circulation desk. A list of the month's special day activities is posted in the children's section.

Sleepytime Story Hour Enjoy stories before bed-

time with Miss Love on October 4 at 6 p.m. This is also World Pet Day, so bring your favorite stuffed animal along (and wear your pajamas) if you like. Sign-up is not required, but adult caregiver supervision is required. Dropins welcome. Ages 6 & under.

Check out the Junior Book Club

If you are in grades 4-6, join the Clymer Library's Junior Book Club. The next meeting takes place on October 11 at 6 p.m. Book discussion is held every second Tuesday, so be sure to sign up today. This month's book is "The Magician's Nephew" by C.S. Lewis. For more information, please contact Children's Technician Miss Love at lbeatty@clymerlibrary.org or call the library at 570-646-0826. All requests must be made by September 20 so that each member has at least 2 weeks to read the book.

Get into the Halloween spirit with pumpkin painting

Join us on October 15 at 1 p.m. in painting a small pumpkin to get in the spirit of Halloween! All materials provided. Space is limited. Sign-up and parental supervision are required. All ages welcome.

This month's STEM workshop:

Phases of the Moon

Learn about the phases of the moon in a variety of hands-on activities and crafts. This month's STEM workshop will be on October 18 at 6 p.m. Sign-up and adult caregiver supervision are required. Ages 3-8.

The fire department visits the library

October is fire prevention month, and Clymer Library



has invited the Tobyhanna Fire Department on October 24 at 10:30 a.m. to come and talk with the Story Hour children and their parents about fire safety. The firemen will come in full gear, with a fire truck, so we can learn about their job and what you can do in an emergency. Make sure you and your child don't miss this essential program. Parental supervision required. Ages 6 and under.

Get into JeoparTeen

On October 25 at 6:30 p.m., show what you know in this exciting program. Fun team trivia with something for everyone. Snacks and prizes, too! Space is limited. Sign-up is required.

Come in on Halloween for a costume party!

On October 31 at 1 p.m., dress up and join us for a kid-friendly costume party. There will be stories, music, snacks, and a parade around the library to show off your costumes. Sign-up and adult caregiver supervision are required by calling the library at 570-646-0826 or by stopping by the circulation desk. Ages 6 & under.

Fundraisers

50/50 Fundraiser to Benefit Clymer Library's Kids' Programs

Get your tickets at the circulation desk for a chance to win up to \$2,000. Tickets are \$10 each and only 400 tickets in total will be sold. The library will draw one winning ticket, and the winner will receive 50% of the value of all tickets sold. The drawing will be on October 3.

Get spooky with a Halloween book sale

Building upon the success of the summer children's book sale, the library introduces a Halloween book sale. We will have adult and children's books, spooky books, mystery books, and all Halloween books in between. All books are only \$0.25. All day October 29, fill a bag full of books for only \$3! The sale will run all week from October 24 through 29.

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PAGE 8—THE JOURNAL OF THE POCONO PLATEAU, WEEK OF SEPTEMBER 30, 2016



Artist Claudia Hill.



Artist Susan Pekala.

Art Opening: Claudia Hill and Susan Pekala

"Working with Nature's Canvas" on Saturday, October 8: The gourds on display here show how versatile this natural canvas can be. Gourds can be painted, carved, wood-burned, woven, beaded, and sculpted. Regardless of how the artist works with a gourd, its natural beauty always shines through. Opening Reception is October 8 from 11 a.m. – 1 p.m. at Kettle Creek Environmental Education Center. The exhibit will run October 1 through 31. For more information, call 570-629-3061. For information on other programs, visit www.mcconservation.org.

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their Facebook page, or from

the ad in the paper. Each

meal earns the library 15%

that is used to support their

programs and collections.

Dine to Donate for Pocono Mountain Public Library

p.m.

The fundraiser with Perkins Restaurant in Mount Pocono was so successful this past spring, that the library wants to do it all over again. Join them for the Dine to Donate event at Perkins Restaurant on Rt. 940 in Mount Pocono on October 4 from 8 a.m. – 8 ation.org.

Salvation Army hosts annual Harvest Auction

The Salvation Army East Stroudsburg, Corps is honoring Dr. Rose Mattioli, for the Joseph & Ann Farda Community Service Award at its annual Harvest Festival and Auction at Stroudsmoor Country Inn on October 6 starting at 5:30 p.m. at their Ridgecrest facility. Dinner tickets for the event are \$60 per person. Major James Gingrich, spokesperson for The Salvation Army, said "This event generates an important portion of our chapter's special event fundraising for the year. The money we collect goes towards local programs and provides comprehensive assistance with meals, food baskets and shelter to thousands of county residents."

Live and silent auction items for the event include vacations, restaurant certificates, hotel stays, collectibles, antiques, gift baskets, health club memberships, art, coins, golf foursomes, gift cards - to name just a few. Gingrich continues, "It is the mission of The Salvation Army of Monroe County to preserve human dignity while empowering people to reach their potential through honoring heritage, strengthening family values and meeting human needs. In these tough economic times, when thousands of neighbors are finding it hard to feed their families, the need for our services is under even greater pressure."

Last year The Salvation Army East Stroudsburg Corps. provided 62,948 hot meals, 28,000 food baskets, and 5,950 nights of shelter to Monroe County Residents. The Toys for Joy, Toys for Tots and Angle Tree gift donations provided 16,671 Christmas items to children and ongoing, The Salvation Army feeds approximately 250 Monroe County families monthly.

This year, the East Stroudsburg Corps is expected to provide more than 60,000 hot meals to hungry men, women and children in Monroe County and provide grants for rent, utility assistance, medicine and food for more than 10,000 families in desperate need. Reservations for the Harvest Festival fundraiser can be made by calling 570-421-3050. The silent auction will begin at 5:30 p.m. with the live auction at 7:30 p.m. A passed and seated hors d'oeuvres reception with carving station will be served from 5:30 to 7:30 p.m., followed by coffee and dessert, then the award presentation to Dr. Rose.

Gingrich concludes, "We are still accepting auction items and ads for our program and welcome the community to join us for a very good cause. We anticipate that as long as the economy is uncertain and people are out of work, our numbers will continue to be on the rise. By attending this event you will be helping us continue to service those in the most need in our community."

For more information, go to www.salvationarmyeaststroudsburg.org.



FALL OPEN HOUSE Thursday, October 6

Liberty Plaza, Route 940 • Pocono Lake

ZenErgy Day Spa

Schedule: 9:30-10:30 a.m. Free Yoga - Beginner class

11-11:30 a.m. Self-Reiki Techniques For calming our inner health, and bringing balance back to our bodies.

12-1 p.m. 7-Manifesting Steps Learn how to manifest your life.

2-6 p.m. Complimentary Chair Massages

6-7 p.m. Free Yoga Class From beginners to intermediate levels.



October 6 is National Depression Screening Day

FREE depression screenings 9 a.m. – 12 noon.

COMPREHENSIVE PSYCHOLOGICAL SERVICES

Liberty Plaza, Suite 109 Individual, couples, group therapy, evaluations, testing All age groups Most insurances accepted

570-643-0222

Learn secrets of squirrels

Monroe County Conservation District's Kettle Creek Environmental Education Center's will host "The Secrets of Squirrels" Program on October 1 at 10 a.m.

Squirrels are amazing critters whose antics can be very entertaining. Join Environmental Educator Karen N. Boyle to learn about squirrels, where they live, and their unique adaptations. Cost: \$6/non-members, \$4/ children under 12, EE Center members free.

For more information, call 570-629-3061. For information on other programs, visit www.mcconservation.org.

Learn about the Tannersville Bog on Bog Day

Many opportunities to explore not only the floating boardwalk, but also other areas of the Bog Preserve will be available for free on Bog Day, Sunday, October 16. Volunteers from the Bog Stewardship Committee of the Monroe County Conservation District Environmental Education Center will conduct programs throughout the day focusing on different areas of the 1,000 acre preserve.

Information will also be available about The Nature Conservancy, the Monroe County Open Space Program and other area conservation organizations.

All programs require advance registration and will meet at the bog parking lot on Cherry Lane Road. There is no charge for the event, but donations will be accepted. You may register for more than one program.

Exploring the Bryson Tract, 10 a.m.-noon. This walk led by long-time Preserve committee member Don Miller will focus on one of the properties owned and managed by the Nature Conservancy adjacent to the Bog property. The walk will begin in the upland habitat found on this tract and eventually lead to the edge of the bog itself.

Boardwalk Walks: 10:30 a.m.-12:30 p.m. and 1:30-3:30 p.m. Join us for a twohour walk on the floating boardwalk through the Bog for this October view of the bog in its entire autumn splendor.

Directions: Route 611, at the light at the Tannersville Inn turn onto Cherry Lane Road. The bog parking lot is 1.9 miles from 611 on the right hand side. Please call for details.

For more information, call 570-629-3061. For information on other programs, visit www.mcconservation.org.

NEED CUSTOMERS? Call 570-443-9131 xt304.

Weekend Craft Fair



Father Sean Carpenter and the Parishioners of St. Maximilian Kolbe Parish invite you to the Columbus Day Weekend Craft Fair, which will take place on October 8 from 10 a.m. - 6 p.m. and October 9 from 9 a.m. - 1 p.m. The event will be held in the downstairs Hall (use Side Door) at 5112 Pocono Crest Rd, Pocono Pines, 18350.

The Craft Committee of St. Maximilian Kolbe Parish has been planning for their oncea-year Craft Fair for many months. Stop in and look over the wide selection of items available. Stop and chat with the vendors who will be happy to describe the techniques involved in their craft. Holidays are around the cornerwhat better way to begin your shopping then by finding that special item for that special person here at the Craft Fair.

There is something for everyone. Find treasures at the White Elephant Table -you can never tell what will be donated so amongst the many items people contribute, and you may just find something you always wanted. There will be Children's Items (toys, crafts to purchase), Homemade Baked Goods, Handmade Crafts with a variety of Vendors, Varied raffles along with raffles for a Special oneof-kind Pillow Afghan and the newest style for ladies, a Hand-Knit Crop Sweater.

Stay for a lunch with homebaked desserts, pulled pork, chili and more.

Art Educators' Exhibition comes to the ARTSPACE Gallery

For the month of October, the ARTSPACE Gallery in Stroudsburg will feature an exhibition highlighting the work of art teachers and teaching artists. The show is open to all mediums. Membership in the Pocono Arts Council is preferred, but not necessary. Awards will be given – First Place (\$100), Second Place (\$50) & Third Place (\$25). Juror for the show is Dr. Pat Pinciotti.

Fall Hours:

Mon., Wed., Thurs., Fri. 10-5:30

Sat. 9-6 Sun. 9-3 Closed Tuesdays A reception is scheduled for October 1 from 5-7 p.m., with awards presented at 6 p.m. The show will run Octo-

ber 1-29. For further infor-

mation, call the PoconoArts office at 570-476-4460 or e-mail artspacegallery@poconoarts.org.



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Rosetta Stone Language Lab at Pocono Mountain Public Library

Pocono Mountain Public Library has a Rosetta Stone Language Lab that is absolutely free to the public. Library users can now learn French, German, Italian, Spanish (Latin American or European), Arabic, Chinese, and English for ESL right in the library.

Now is the time if you've ever wanted to use Rosetta Stone to give it a try. The highly effective Rosetta Stone software is installed in the library's cozy and private tutoring room on the second floor and is only available in the library. "Anyone who wants to use Rosetta Stone to improve their language skills is in for a real treat for a great individual learning experience," says Library Director Ann Shincovich. "We've wanted this for our patrons for a long time, and now it is here."



Patrons who want to use the Rosetta Stone Language Lab in the library must have a PMPL library card and no fines on their account. The library staff initially creates the

Readers—want your organization's activities featured in these pages? Send news tips, press releases and photos to the editor at journalruth@ pa.metrocast.net, or call 570-443-9131 xt304.



user account and can add or remove languages, but there-

after the patron sets their own pace for using the software. Users must make a reservation in the tutoring room, and they are good to go. "Once you are at the computer, you put on the headset for listening and speaking and you get started. It is self paced, so whether someone wants to use it once a week or a few times a week, it is a great resource," says Shincovich.

Rosetta Stone has a very unique way of teaching language by verbal and visual cues. It can also record speaking and advise on accent. It is so simple and effective, even kids can use it. PMPL's Rosetta Stone Language Lab is only for one person at a time, not group instruction.

If you want to use PMPL's Rosetta Stone software, and you don't have a library card, all you need to do is bring in your driver's license with your current address, or a bill verifying your current address and you can get a PMPL library card. Kids can come with their parent or guardian and bring their most current school or smile safe ID to get a card. For more information, visit the library or the library's website www.poconomountpl.org, or call 570-894-8860 #4.

NEED CUSTOMERS? Call 570-443-9131 xt304.



Monroe County Conservation District hosts free Interseeder Workshop

A free interseeder workshop will be held at the Monroe County Conservation District 8050 Running Valley Road, Stroudsburg, 18360 on October 5 from 9 a.m. until 3 p.m.

The Interseeder is a piece of No-Till Equipment that al-

lows farmers to plant cover crops in early summer. By planting cover crops early in the season, it allows for a fully covered field in the spring which helps prevent soil erosion. Other benefits include- enhancing soil nutrients, suppressing weeds,

increasing corn yield from rotation effect, and can essentially help reduce farming costs.

Draft agenda

- 9:00 Introduction 9:20 Cover crop Selection & Pest Management
- 10:00 No-till

10:40 Soil Health 11:20 Herbicide Use with

the Interseeder 12:00 Show & Tell Slide

Show of Multiple County Projects

- 12:30 Lunch
- 1:00 Field Visit

2:30 End Time/Seed Raf-

About Middle Smithfield Township:

Filled with rich history,

To register, please contact

Matt Giambra at the Monroe

County Conservation District at 570-629-3060 or mg-

mccd@ptd.net. Don't forget

to check out the new website

for more details at mcconser-

fle/CEC signup

vation.org.

Ghosts of the Poconos Photo Exhibit

Romancing the Ruins: a Study of Historic Pocono Resorts

Middle Smithfield Township will present a free, opening reception featuring the work of local photographer Susan Kulick, of Echo Lake Photography. The exhibit invites the viewer to take a trip to the past and visit the Ghosts of the Poconos: the historic resorts.

The opening reception for the photo exhibit will be Friday, October 7 at 7 p.m. at the Middle Smithfield Township building. Light refreshment and live music will be provided. The free exhibit will run through November 4.

The Last Resort-why travel all the way to Rome,

Greece and Turkey for the allure of history in the ruins, when you can find the romance in the Ghosts of the Poconos? The Grande Dames will seduce you with their siren stories of days gone by. Kulick captures the Poconos of the past; buzzing with the busy resorts of a different era, back when the Poconos was a destination for all-inclusive vacations and honeymoons. Times have changed since those days, and the grand resorts are now grand memories.

"There are so many places that still carry their grandeur with them," said Kulick. "The structures might be crumbling, but the beauty and the memories lie within."

The exhibit will feature photos of Penn Hills, Birchwood, Mountain Manor and Mountain Lake House.

For more information on the exhibit, refer to the township's Fall Newsletter, or visitwww.MiddleSmithfieldTownship.com

About the Artist:

Susan Kulick is a member of the Pocono Photo Club, a resident on Middle Smithfield Township and founder of Echo Lake Photography, which was born from Kulick's passion for the beauty of nature. She strived to capture the beauty of the Poconos past and present—for future generations to enjoy. You can find Kulick and Echo Lake Photography on Facebook and Etsy.

Autumn's Aromas

Monroe County Conservation District's Kettle Creek Environmental Education Center Announces "Autumn's Aromas" Program.

Every season has distinctive smells, and Darryl loves to sniff them out. On October 8, join him at 10 a.m. for this 1 ½ hour olfactory walk, as he shares some of his favorite smells around Kettle Creek. beautiful scenery, and a thriving business district, Middle Smithfield Township is on the move. The Schoonover Municipal Center is located at 147 Municipal Drive, East Stroudsburg, four miles north of Marshalls Creek near the Pocono Square Shopping Center. Hours of operation are Monday through Friday 8 a.m. to 4 p.m.

Cost: \$6/non-members, \$4/ children under 12, EE Center members free.

For more information, call 570-629-3061. For information on other programs, visit www.mcconservation.org.

NEED CUSTOMERS? Call 570-443-9131 xt304.





Upcoming programs at Pocono Mountain Library

There are a lot of programs at the Pocono Mountain Public Library during the month of October. PMPL has a lot to offer for all ages including workshops on crochet, painting, and music for adults, and story hours and craft hours for children. For questions or registration about adult programs, call 570-894-8860 x 4 or 570-894-8860 x 5 to sign up for children's programs. Registration is required unless otherwise noted.

Adult Programs

Knitting Club- October 1 at 1:30 p.m.

All those interested in knitting are welcome to join the Knitting Club on the first Saturday of every month. Bring your own supplies. No sign up necessary.

Crochet Workshop for Beginners- October 5 at 6 p.m.

Join Judy for a workshop on crochet for beginners. All supplies will be provided by the library.

Still Life Art Club- October 11 at 10 a.m.

Join our Still Life Art Club, where you can strengthen your artistic skills by painting a still life. A still life is an artistic exercise where you paint or draw an arrangement of objects. Bring your own supplies. No Oils, soft pastels, or charcoals. Basic skills to advanced skills required. Some supplies will be available for newcomers or anyone without a kit. We recommend more advanced artists bring their own. Participants will work from a live still life setup with guidance from artist Bev Abel.

Guitar Workshop- October 12 and 26 at 6 p.m.

Did you just buy a guitar, but don't know where to get started? Are you having trouble learning chords? If you're a beginning guitar player, bring your guitar and join Joe for an overview of the minor pentatonic scale and power chords, which transcend all musical genres. Ages 12 and

Watercolors Workshop-October 26 at 2 p.m.

Join artist Nancy Pitcher for a class in beginning watercolor techniques. All supplies will be provided by the library. Ages 16 and up.

Amigurumi, the Japanese Art of Crochet- October 26 at 6 p.m.

Join Judy for a workshop on Amigurumi, the Japanese art of crocheting small, cute stuffed animals. Judy will show you how to make a simple duck. All supplies provided by the library.

Meditation Workshop-October 27 at 10 a.m.

Join Ananda certified meditation instructor, Bev Abel, for meditation classes to help you de-stress and relieve tension. Learn techniques to begin feeling more centered and calm. Meditation creates space in the body and mind to make you more relaxed and at peace. Participants do not need any equipment or prior training, and we will use chairs for seated meditation. Children Programs Children's Story Hour

Mondays and Wednesdays at 1:30 and 6 p.m., Tuesdays and Thursdays at 10:30 am.

Join Miss Sue for stories, songs, games, and crafts that are both educational and entertaining. Attending story hour is a great way for children to develop listening and reading skills. Develop and nurture your child's love for books at this program. For ages one to 6 years.

Saturday Craft Hour at 1:30 p.m.

Join PMPL for a fun-filled craft. Craft reinforces hand and eye coordination, and strengthens problem solving skills. Plus, Craft Hour is an enjoyable time when kids can chat with each other, share techniques, and learn from making. Younger children will require the presence of a par-

Full Moon Paddle at Brady's Lake

Join Kettle Creek Environmental Education Center staff on October 16 for a unique and leisurely paddle around Brady's Lake under the calming light of the full moon. We'll listen and watch for animals that become active when the light begins to fade.

Participants must provide their own kayak or canoe with valid launch permit (can be and flashlight or headlamp. Meet at Brady's Lake park-

purchased online), life jacket,

ing lot at 6 p.m. Suggested donation: \$8/non-members, \$6/EE Center members. Advance registration is required.

For more information, call 570-629-3061. For information on other programs, visit www.mcconservation.org. ent or guardian to help. For ages 7 and up.

Rosetta Stone Languages

Pocono Mountain Public Library has a Rosetta Stone Language Lab that is absolutely free to the public. Library patrons can now learn French, German, Italian, Spanish (Latin American or European), Arabic, Chinese, and English for ESL right in the library with this amazing software program.

Patrons who want to use the Rosetta Stone Language Lab in the library must have a PMPL library card. The library staff initially creates the user account and can add or remove languages, but thereafter the patron sets their own pace for using the software. Users must make a reservation in the tutoring room, and they are good to go. PMPL's Rosetta Stone Language Lab is only for one person at a time, not group instruction.

For more information on library programs or to use our e-books for kids and adults, visit their website www. poconomountpl.org. You can also read about the library and share our stories via Facebook.

Working with Nature's Canvas art opening

Monroe County Conservation District's Environmental Education Center will host an Art Opening, Claudia Hill and Susan Pekala "Working with Nature's Canvas," on October 8.

The gourds on display here show how versatile this natural canvas can be. Gourds can be painted, carved, woodburned, woven, beaded, and sculpted. Regardless of how the artist works with a gourd, its natural beauty always shines through.

Opening reception is October 8 from 11 a.m. -1 p.m. The exhibit will run October 1 through 31.

For more information, call 570-629-3061. For information on other programs, visit www.mcconservation.org.

Got Grass? SNOW MANAGEMENT 570-646-2226





Rt. 72, 14 Miles North of Lancaster, PA Turnpike Exit 266 THE JOURNAL OF THE POCONO PLATEAU, WEEK OF SPETEMBER 30, 2016—PAGE 13

Bus trip to visit Longwood Gardens

Monroe County Conservation District's Environmental Education Center is sponsoring a bus trip to Longwood Gardens to see "Nightscape: A Light and Sound Experience," on October 21.

Don't miss this opportunity to see Longwood Gardens first in all its daytime glory, then watch the Gardens "transform into a living canvas where light dances with shadow, music fills the air, and your imagination soars. Experience a new kind of beauty as you immerse yourself in the sights, sounds, and spectacle of Longwood after dark."

Bring a lunch and ride in style on a 14-passenger bus.

Dinner can be purchased from Longwood Gardens café, restaurant, or the popular Beer Garden for pub-type fare.

The day will start with a 1-hour guided tour, then participants can roam the Gardens at their leisure. Be sure to wear walking shoes and dress for the weather. Meet at the EE Center at 11 a.m., and return at approximately 11p.m.

Cost: \$50/EE Center member, \$60/non-member which includes admission, guided tour, and bus transportation. The bus and Longwood Gardens are accessible to those with disabilities.

Advance registration and

payment are required and limited. Refunds will be given only if notification is made at least one week prior to the trip. Payment must be received by October 14.

For more information, call 570-629-3061. For information on other programs, visit www.mcconservation.org.

Also offered will be a wide

variety of high quality Droll

Yankee and other feeders,

some of which are squirrel

proof, in the gift shop. All pro-

ceeds from the sale of bird

seed and feeders go to sup-

port our environmental edu-

Truckload Wild Bird Seed sale scheduled at Kettle Creek

Monroe County Conservation District's Environmental Education Center has scheduled its Truckload Wild Bird Seed Sale for November 19. The Kettle Creek Environmental Education Center is gearing up for its fall bird seed sale. This sale offers members and the public the opportunity to purchase high quality bird seed at the lowest prices of the year, and just in time for the winter bird feeding season.

They are pleased to announce that this year's sale will once again feature Aspen Song Bird Seed Blends. The Aspen Song formulas are the result of careful testing and a thorough knowledge of the target birds. Aspen Song Wild Bird Food will attract a greater number and variety of seed-eating bird species and contains no cereal grains or fillers, and come in a variety of blends and sizes. Also available will be black oil sunflower seed, thistle, suet and several other specialty mixes.



HATT's annual dinner features The Women of Monroe County

Our area women have had significant influence on home life, business, social causes, and politics. Through the presentation of "Her Story: The Women Who Helped Shape Monroe County, Pa," the important role they played will be revealed.

Although little has been written about their impact on society, Amy Leiser will tell their story at the Annual Dinner of the Historical Association of Tobyhanna Township (HATT) on October 19. Before they could vote, these citizens were leaders in several ways that ultimately helped make Monroe County evolve through the years. And they



Monroe County's women shaped our future.

paved the way for our community leaders of today. Amy Leiser received her undergraduate degrees from ESU and Bloomsburg University, and her Masters Degree from ESU in History. She currently serves as Executive Director of the Monroe County Historical Association. Amy is a contributor to several local publications, and is involved in a number of community organizations.

HATT's Annual Dinner is one of the organization's highlights of the season, this dinner being its 6th year. It will be held at the Lake Naomi Club on 135 Miller Drive in Pocono Pines. A cash bar is available at 6 p.m. with the dinner beginning at 6:30 p.m. Attendees can select from three different entrees, and the cost is \$30 per person.

Registration forms are available on HATT's website at TobyhannaTwpHistory.org, or can be requested by emailing hatthistory@msn.com or call 570-580-5353.

The meeting is open to the public. Advance reservation is required and must be received by HATT by October 14. Further information about HATT can be viewed on its award-winning website.

Autumn Timber Festival at Shawnee Mountain

the picturesque With mountain as a backdrop, the Autumn Timber Festival offers a weekend full of family friendly entertainment, music, food and festivities during the prime fall foliage time in the Pocono Mountains October 8 and 9. Featured entertainment is the 2016 Timber Team Ironjack Shows, World Class Lumberjacks straight out of the Alaskan wilderness will thrill spectators with both demonstrations and competitions in pole climb, log roll, chop, saw and chainsaw. A colorful announcer combines folk lore, comedy and history into each 30 minute show to encourage a rowdy frontier spirit. Three shows will be performed daily.

New for 2016, come see Classic K-9 Performance Team, the ultimate source for dog sports and one of the premier canine shows in the country. This athletic team of canines will astound all ages with their tricks, stunts and interactive show choreographed to music and mixed comedy and special effects.

On stage, live musical entertainment will be provided both days by local favorite The Liz Nordstrom Band, with their southern rock/ Americana sounds. The Lost Ramblers will stroll the festival grounds both Saturday and Sunday playing high energy Appalachian music that runs the gamut from bluegrass to gospel, swing and old time music in three part harmonies.

Festival Americana and novelty entertainers include David Feimster's "Sue Wee" Pig Racing, Magician Stephen Christopher's Traveling Medicine Show, Paul Bunyan Stilt Walker, "Pie Man" the Living Statue, pony rides, balloon art by Aardvark Entertainment, local blacksmith Jim Doherty and saw mill demonstrations. Chainsaw Carvers will demonstrate and display throughout the weekend.

Along with dozens of specialty food vendors, beverages will be available outdoors as well as indoors in the EZ Bumps Saloon. The indoor Hope Lodge Café will also be open during the festival.

For a spectacular view of the Pocono fall foliage, Scenic Chairlift Rides on Shawnee Mountain's Tomahawk Express Quad Lift will be available from noon to 4 p.m. each day at an addi-

PECIAL REBATES AVAILABLE!

tional cost of \$8 Adult and \$6 for children (minimum height 48 inches).

The festival will be held 11 a.m. to 5 p.m. rain or shine both days. Advanced Festival Admission Tickets, Adults \$12 and Children ages 5 – 12 \$10, age 4 and under- free, are now on sale. Plenty of free onsite parking is provided. For more Autumn Timber Festival information, vendor applications, and online ticket sales visit www.shawneemt.com.

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FOLLOW US ON:

Monroe County Conservation District's EE Center Offers Hawk Mountain Field Trip

Hawk Mountain Sanctuary is home to the oldest hawk migration monitoring site in the world. On October 5, join Environmental Educator Brian Hardiman on this trip where you will learn about the history of this storied hawk watch while also having the opportunity to witness firsthand the autumn raptor migration.

Meet at the EE Center at 8:30 a.m. and return at 5:30 p.m. Cost: \$29/non-members, \$23/EE Center members, and includes bus transportation and entrance fees to HMS. Binoculars, food and drink, and hiking footwear are suggested. Dress for the weather and be prepared for a moderately strenuous onemile hike to the lookout. Advance registration and payment is required. Refunds will be given only if notification is made at least one week in advance.

For more information, call 570-629-3061. For information on other programs, visit www.mcconservation.org.

Readers—want your organization's activities featured in these pages? Send news tips, press releases and photos to the editor at journalruth@pa.metrocast.net, or call 570-443-9131 xt304.



Seth's Sightings by Seth Isenberg

Here we are at the beginning of autumn, and the weekend here in the Poconos was beautiful, for autumn. The skies were clear or partly cloudy, depending on the hour or day, but the nights brrrrrrr!

When driving home both Saturday and Sunday nights, I had set the heater in our pickup truck to a low comfortable level, only to find that a half an hour later, it was cold. The temperatures dropped rapidly on the star-lit nights.

Friday night we celebrated the dedication of the newest public room at the White Haven Area Community Library, just as a thunderstorm blew through. That thunderstorm was part of the cold front that made us shiver on the weekend nights. The new community room in the library is quite nice, and should be well used.

Saturday was a bit of a workday, and that work led us to spend the afternoon manning a *Journal* table at the Mount Pocono Harvest-Fest. I'd dressed for temperatures in the 60s and sunny.





After we changed into

warmer gear, we rewarded

ourselves with a dinner out

that evening with my Uncle

Slater in Blairstown, New Jer-

After some work around the

house on Sunday, and then a

little newspaper errand, the

two of us drove south to Beth-

lehem to catch the tail end of

the Celtic Fest there. There

was a herding dog demon-

Got Grass?

FALL

CLEAN-UP

570-646-2226

sey.

The HarvestFest was held at the carnival grounds, which has a fine view of the Mount Pocono Airport. While there, we met some readers and talked among the vendors, having a good time until the wind picked up and we both were cold.



MOUNT POCONO BOROUGH BOARD OF APPEALS

Mount Pocono Borough Council is accepting letters of interest for members to serve on the "Board of Appeals". Any registered (elector) voter, who resides full time in the Borough of Mount Pocono, wanting to be considered, should send a letter of interest by Friday, October 7, 2016. Letters can be mailed to the attention of the Borough Secretary/Treasurer, Mount Pocono Borough, 1361 Pocono Boulevard, Suite 100, Mount Pocono, PA 18344 or via email: lori@mountpocono-pa.gov

> By Order of Mount Pocono Borough Council

stration, and we saw most of the performance of the *Rogue Diplomats,* a semi-local band, and then closed things out with a show by the *Glengarry Bhoys* that was just terrific.

As we walked between the tents at the main Fest grounds, we crossed a major city street that had been closed for the event. There were a bunch of pedestrians enjoying walking in the street, and we looked up the road to determine why there was a dog barking fiercely. There was a person in a T-Rex suit bouncing along the road, and the dog had taken offense. The T-Rex person later appeared in the area behind the show tent, entertaining many children and more than a few adults. Toward the end of the set, the person/dinosaur made it up to the edge of the stage while the Glengarry Bhoys played, giving the band and all of us a laugh.

Other sightings this week include a rather quick fox dashing across Route 940 on its way into the Golden Oaks community in Kidder Township, and a large bird, possibly an osprey, winging its way along the Delaware, within the Delaware Water Gap. This courtesy of my uncle, he had parked his car behind some horses tied up to the back of the town tavern in Blairstown where we were to eat. We asked the daughter of the proprietor about it and she shared that the group on horseback made the rounds to a couple of the town bars, regularly.

I'm quite excited about both the Patriots and the Eagles victories this week. This could be a truly fun NFL season for me. Penn State looked surprisingly weak against a Top 10 team, Michigan. Temple's football team beat a weak opponent, so we've yet to get their measure. The Phillies have helped the Mets with their chase of a wild card spot - losing the last of their games to the Mets 17-0 in front of the Mets fans in NYC. The Phillies season cannot come to an end too soon, and sadly, there's little to feel good about going into next year. As for the pennant and the World Series – go Red Sox.

On our schedule for this week is the Bloomsburg Fair on Friday night, where we hope to get there early and catch that night's entertainment, a rodeo. Saturday will be Tobyhanna Township's Fall Festival, at the Price Park in Pocono Pines. Our Sunday is open so far.

The following week we plan to go to the Covered Bridge Craft and fun Festival at Knoebels, probably on Friday. During the day Saturday and Sunday, we will both be at the White Haven Festival (*The Journal* will have a booth so come visit). Coming up one of these weekends will be a visit to the PA Renaissance Faire.

PMSB refinancing bonds, savings more than \$22 million

The financial outlook for Pocono Mountain School District continues to strengthen as the School Board moves to capitalize once more on low interest rates.

The school board approved a general obligation bond debt refinancing plan at its September 21 meeting that

could potentially save the District as much as \$22 million in debt service payments over the life of the bonds. The estimated savings is based on the current lower interest rate environment and the district's healthy credit rating.

In March 2016, Moody's upgraded the district's under-

lying ratings from Baa2 to A1 for general obligation unlimited tax bonds, and from Baa3 to A2 for general obligation limited tax bonds. In August Moody's also determined that Pocono Mountain SD has a stable financial outlook.

To maximize the savings potential of this bond refinanc-

ing, the board agreed that the district should provide a \$5 million cash contribution for the refinancing. This \$5 million contribution increased the estimated debt service savings from \$14 million to \$22 million on District's total payments. The projected savings estimates will not be locked in for

several weeks.

The bond refinancing will also reduce the term of the debt by an estimated two years and will reduce the district's annual payment over the term of the bond. The finalized bond refinancing details will be announced at a future School Board meeting.



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Join Blakeslee Rotary to hear about new PMC medical office

The Blakesleee Rotary Club will host a representative of Pocono Medical Center at its meeting on Wednesday, October 5, to talk about the new medical practice opening in the former Christ the King center on Route 115. The public is invited to attend.

The meeting is at 6:30 p.m. at the Blakeslee Community Center at the corner of Routes 940 and 115 just south of the new office. The presentation is scheduled at 7 p.m.

For more information call Rotary president Barbara Ehlmann at 570-977-0668.

Home Food Preservation: Canning Basics

Home Food Preservation: Canning Basics is an introductory workshop providing USDA's current recommendations on how to safely can seasonal garden produce and specialty items. There will be a hands-on demonstration of how to make apple sauce using boiling water bath canning. The program, conducted by Penn State Extension, is being held at the Penn State Extension office in Stroudsburg on October 22 from 9 a.m.-noon.

The program is geared to volunteers preparing food for events. It covers information related to preventing cross contamination, temperature control, good personal hygiene, cleaning and sanitization, and planning a successful event. Register online by October 14 at http://extension. psu.edu/food/preservation. Contact Nicole McGeehan at 570-421-6430 or nmd5140@ psu.edu with any questions.

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PAGE 18—THE JOURNAL OF THE POCONO PLATEAU, WEEK OF SEPTEMBER 30, 2016

Police Beat by Seth Isenberg

The Pocono Plateau is not HIGH enough for some

A home invasion where a resident was shot in the legs at a 1200 block of Glade Drive in Emerald Lakes became a bigger investigation for PMRPD Detectives, resulting in the arrest of the 23 y/o man who was the gunshot victim - who turned out to be a drug dealer – and his supplier, a 24 y/o Pocono Pines man. On 9-20 at about 12:19 p.m., police were called to the Emerald Lakes home about the shooting. The victim and his housemate related that two black men entered the home and ordered the man onto the floor. When he did not comply, he was shot in the legs. The men then rummaged through the home and fled towards Interstate 80. PMRPD brought out its K-9 units and began a search with the help of PSP's aviation unit. The victim was flown out by Med-Evac to get trauma care.

Police had seen some marijuana in the home and evidence of dealing during the call, so while he was in the hospital, Detectives obtained a search warrant and seized marijuana, waxes and edibles, LSD, psychedelic mushrooms and other possible illegal drugs, plus packaging materials and other dealer items. When he was released from the hospital, he was arrested.

Police obtained information

on his supplier and on 9-23, executed a search warrant on a home in the 3200 block of Pine Rd. in Pocono Pines where they found a "significant" batch of drug dealing items, Baggies of marijuana in street-level weights plus bulk marijuana, and cocaine in street level and bulk quantities (street value of about \$26,000). There were also marijuana oils, butter, waxes, and edibles, plus packaging supplies, and currency "consistent" with drug dealing. There was an AR15 rifle and loaded handguns on site.

PMRPD have arrested Michael Saunders, 23, and Ryan Tolley, 24, with additional arrests expected. PMRPD ask residents in Emerald Lakes to be vigilant and to notify PM-RPD of any suspicious activity – call 911 or to PMRPD for non-emergencies at 570 895-2400.

DUI arrests these past couple of weeks include a 66 y/o Scotrun man who made an illegal turn on a red light at the 5-Points intersection in Mt. Pocono at 3:30 a.m. on 9-6 – seen by PMRPD. He failed field sobriety tests and faces DUI charges.

On 9-7 at 2:59 a.m., PMRPD came upon a person passed out in her car, with it running and her foot on the brake, on the property of Joe's Quik Mart in Pocono Summit. Police woke her up — she told them

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she thought she was in Cres-

co. She smelled of alcoholic

beverage, and failed field so-

briety tests. The 25 y/o Pocono

and some cocaine. Constantinos Venizelos was arrested for DUI, and drug-dealing charges were added, 9-17.

PSP-Lehighton responded to the site of a Meth lab on the second floor of a home at 116 Lower Middle Creek Rd. in Polk Twp. The occupant of that floor was arrested and is in the Monroe County jail, 3:14 p.m. 9-24. PSP-L reports eight arrests for DUI in the past two weeks, including a 37 y/o motorcyclist who tried to flee when a traffic stop was started – but stopped eventually.

PMRPD responded to a rollover crash of a car off Route 423 in Coolbaugh Twp. at 12:05 a.m. on 8-12. A 65 y/o Moscow area woman was found in the drivers seat – trapped. Police got her out, and then arranged PMR EMS transport to Pocono Medical Center for her injuries. She smelled of alcohol, and

Please turn to page 19





THE JOURNAL OF THE POCONO PLATEAU, WEEK OF SPETEMBER 30, 2016—PAGE 19

Police Beat...

Continued from page 18

a chemical test was requested from the hospital, with DUI charges pending the results. **Stealin'**

PA State Police - Fern Ridge is looking for a man with brown hair and a short, ginger colored beard who told the clerk at the Turkey Hill store in Gilbert that he had a gun, and demanded money at 3:43 a.m. on 9-21. He got money, and then fled on foot. He is described as between 6' and 6'2", 175 to 190 lbs. and wore a baseball cap, a red t-shirt with a blue long sleeve shirt under it, and blue jeans, with gray sneakers. If you have any information, contact PSP-F at 570 646-2271.

Overnight 9-12 to 13, someone entered an unlocked car on Laurel Lane in Polk Twp. and stole sunglasses, some change, and tools, PSP-L.

Overnight 9-13 to 14, someone stole two concrete lion statues from the driveway of a Roman Road, Eldred Twp. home.

Between 9-16 and 8, someone stole a mailbox from a home in the 300 block of Blue C L A S P U S E S L O B P U P I L N A M S T O V E A M E B A T WO H I K E R P S Y C H O T H E R I N G L E A L E E K J A B S I L O R E D U C E A L U M R I T E L O G O N S A R I Y E T I S F L U S O M E N S S E R A F I N K N O T I C E R E I N S T Y R O S Y T E A T A N G E N T T H E F L Y S C A L A E G O D R O O P A N N U M A U K L O W R Y R E S T L Y E E S S E X Ridge Rd. in Ross Twp.

Overnight 9-17 to 18, a thief entered a shed at a Blue Mountain View Dr., Kunkle-town home and stole an orange Titan Gecko motorcycle (PA plate D0506).

Burglaries include a home off Coyote Drive in Penn Forest Twp. where a thief got inside through an unlocked door and stole about \$4000 worth of De-Walt and other tools at about 9:12 a.m. on 9-20. On 9-22, out-of-state homeowners on Winter Way in Ross Twp. discovered their house was being lived in while they were away, and that the 43 y/o suspect had taken a variety of tools, a generator, a Yamaha ATV, and other things and stored them at there. PSP-L seized these items and is investigating.

Other burglaries include a Guest Circle, Towamensing Trails, Penn Forest Twp. home where a thief crawled into the basement and stole a cross bow and duffel with hunting gear — discovered 8-29.

via the back door, the thief saw there was a trail camera pointed at the door, mounted on a tree in the yard. The thief then climbed the tree, smashed the camera and stole the memory card. PSP-L seeks any information on this, or other incidents listed, at 610 681-1850.

Identity thefts being investigated include a 23 y/o Saylorsburg man's personal information being used to open a student loan, a Jackson Twp. woman's I.D. used to open a Direct TV account, and a 50 y/o Kresgeville man's name and address used to open a Capital One credit card account, running up a \$1,649 balance and never making a payment. **All in a day's work...**

Just before 11 a.m. on 9-17, PSP-L was called to a Vista Drive, Ross Twp., Saylorsburg home on the report of a couple inside a car, unresponsive. Police found both deceased. Within the hour, the Monroe County Coroner and members of his office arrived and pronounced Robert D. Givey, Jr. and Cyrstal D. Neiley dead from carbon monoxide poisoning, likely suicides. Further toxicology tests will be conducted during an investigation.

PSP-L is also investigating a suicide attempt on 9-19 of a 62 y/o Palmerton-area woman who stuffed rags into the tailpipe of her car. She was found alive at 10:46 a.m. and transported to Palmerton Hospital for medical care and a mental health evaluation. On 9-24, PSP-L Troopers also investigated the death of an 89 y/o East Penn Twp. woman, presumed to be from natural causes.

A 39 y/o Penn Forest Twp. man faces charges after violating a Protection from Abuse order at a Behrens Road, Penn Forest Twp. home at 8:08 p.m. on 9-15. The 33 y/o female victim also lives in Penn Forest Twp., PSP-L.

Police also responded a couple of fights, a report of harassment by communication, dogs running loose complaints, and several vandalisms (including someone who overturned a vegetable stand on Stone Hill Rd. in Saylorsburg overnight 9-12 to 13). PSP-L investigated an incident where someone set off a firework or small explosive in front of a Lower Greenhill Rd., Kunkletown home at 12:30 a.m. on 9-21 and identified the likely culprit. Keeping the

Rubber Side Down ...

Nancy Campbell-Pierro, 78, of Effort, died after a car crash in Penn Forest Township at 12:57 p.m. on 9-20. Police report that her car was hit in the driver's side as she drove out of a parking lot on the west side of Route 903, near Old Stage Road. She pulled out in front of a southbound vehicle driven by a Jim Thorpe-area local. The crash killed Campbell-Pierro, and injured a 35 y/o passenger — a Blakeslee man. He was taken to St. Luke's for trauma care. The driver of the other car and her two passengers were treated for minor injuries, PSP-F. The 38 y/o driver of an H2

The 38 y/o driver of an H2 Hummer pulled out from Mill Pond Rd. in Polk Twp. onto Route 209 without checking for oncoming traffic at 8:37 a.m. on 9-3. The H2 was hit by an '07 GMC Envoy driven by a Kunkletown man. No one was hurt. The 38 y/o was ticketed for the crash, PSP-L.

At 4:32 p.m. on 9-21, an 18 y/o Kunkletown-area driver was speeding along Molasses Valley Road – going too fast for the curves. He lost control, then over-steered and shot across both lanes and up into the woods. His '03 Honda came to a stop atop some small trees / shrubs. Neither he nor his passenger was hurt. PSP-L gave the man a ticket for unsafe driving.

PSP-F responded to a parking lot fender-bender at 3:49 p.m. on 9-14 – a couple of scratches on each car. One driver backed into the other.





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