

# May Activities

## **MONDAY**

9:00-12:00  
9:30-10:30  
11:00-12:00  
12:30-3:30  
2:00-3:00  
2:00-4:00  
5:00-8:30  
5:30-6:30

Monday Morning Bridge  
Chair Yoga (\$)  
Tai-Chi Live (\$) (returning in June)  
Monday Afternoon Bridge  
Chair Yoga (\$)  
3rd Monday Bridge  
Monday Night Bingo (\$) \*  
Zumba (\$)

## **TUESDAY**

9:45-10:45  
10:00-12:00  
12:00-3:00  
11:30-3:30  
1:00-2:30

Carolina Line Dancers  
Acrylic Painting  
Canasta  
Piedmont Rook  
Chair Volleyball

## **WEDNESDAY**

9:00-12:00  
9:00-12:00  
9:30-10:30  
9:30-12:30  
11:00-12:00  
12:30-3:30  
1:00-3:00  
2:00-3:15  
1:30-3:30

The Carolina Singers (1st & 3rd Weds.)  
The Sewing Circle  
Chair Yoga (\$)  
Mah Jong  
Zumba Gold (\$)  
The Knitpickers (social group)  
3rd Wednesday Bridge  
Chair Yoga (\$)  
Euchre

## **THURSDAY**

9:30-11:00  
10:00-11:00  
11:30-12:30  
12:00-3:00  
1:00-3:00  
1:00-3:00

Chair Volleyball  
The Friends Group (2nd & 4th Thurs.)  
Zumba (\$) (returning in June)  
Canasta  
Mexican Train Dominoes  
Thursday Afternoon Bridge

## **FRIDAY**

9:00-12:00  
9:30-10:30  
10:00-11:00  
11:00-12:00  
11:30-12:30

Mah-Jong  
Fun-Friday Bingo (1<sup>st</sup> & 3<sup>rd</sup> Fridays)  
Writing Club  
Zumba Gold (\$)  
Book Club\* (2nd Friday of the month)

### More Daily Activities: 8:00 am- 5:00 pm

Billiards-Three tables available  
Exercise Room- Treadmills, Ellipticals,  
Darts, Curves equipment, etc.  
Ping-Pong- One table available  
At Your Leisure- Cornhole, Puzzles,  
Library, Card Games, Gift Shop

Instructor Fees: Classes with a (\$) indicate a fee per class. The fees are set by and paid directly to the instructor.

"Bingo" is played on  
Monday Evenings.  
Reach out to us for  
additional information!

**The Neal Senior Center**  
100 T.R. Harris Drive  
Shelby, NC 28150  
704-482-3488

**\*The Book Club has a limited number of participants. For further information, please call 704-482-3488.**



## “THE SENIOR INFORMER” MAY 2026

Your source of current news and  
information from the  
COA-Neal Senior Center



### Did You Know?.....

**Kleenex tissues were  
meant to be used as gas  
masks.**



Kimberly-Clark developed a thin, flat crepe paper to be used as a filter in gas masks during the war. Afterward, in 1924, the company redeveloped the material to be smoother and softer, and rebranded it as Kleenex, a facial tissue to help remove cold cream. People found another use for them—to blow into when sneezing—and in the 1930s, the brand positioned the product as the handkerchief you can throw away!

### ***SOMETHING TO THINK ABOUT....***

“Too often, we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.”  
-Leo Buscaglia





## **Neal Senior Center/Council on Aging**

**100 T.R. Harris Drive  
Shelby, NC 28150**

### **Hours of Operation:**

**Monday-Thursday, 8:00 am-5:00 pm**

**Friday, 8:00 am-1:00 pm**

**Main Phone Number: 704-482-3488**

**Weather Line: 704-481-7398**

**"To maintain the Senior Center as a focal point, promoting aging as a natural process, by opening doors that improve the quality of life of older adults in Cleveland County."**

## **Neal Senior Center Staff**

**Heather Ledbetter  
Executive Director**

**Teresia Ladd  
Finance Director**

**Daniel Dedmon  
Program Director**

**Nickie Allen  
Bookkeeper**

**Dolores Ashworth  
Volunteer Coordinator**

**Priscilla Harrell  
Nutrition Coordinator**

**Jane Wright  
Administrative Secretary**

**Stephanie Baxter  
Maintenance**



# SPECIAL EVENTS

## MAY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> FUN FRIDAY BINGO 9:30 AM
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> MAY EVENT (SEE FLYER INSIDE FOR DETAILS)
<b>11</b>	<b>12</b> VETERAN'S SUPPORT GROUP 10 AM	<b>13</b> BOOKMOBILE 10:30 AM	<b>14</b> FRIENDS GROUP 10 AM- 12 PM	<b>15</b> FUN FRIDAY BINGO 9:30 AM
<b>18</b> DEMENTIA SUPPORT 10 AM	<b>19</b>	<b>20</b>	<b>21</b> MAY DANCE 6 PM	<b>22</b>
<b>25</b>  CENTER CLOSED	<b>26</b> LADIES SUPPORT 10 AM	<b>27</b> BOOKMOBILE 10:30 AM	<b>28</b> FRIENDS GROUP 10 AM- 12 PM	<b>29</b>

# Neal Senior Center *Brick* *Memorial Garden*

Located on the courtyard



Your donation of **\$200** in memory or honor of a loved one helps support the Neal Senior Center and the mission to serve older adults in Cleveland County.



Your loved ones name will be engraved into a brick and placed in the memorial garden.



Leave a lasting tribute. Honor their memory. Support our mission.



*Interested?*

Give us a call at 704-482-3488.



## BRICK MEMORIAL GARDEN ORDER FORM

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

In memory or In Honor (Circle one) of: \_\_\_\_\_



Checks made payable to **COA**.  
Please mail or drop off information to  
**Attn: Heather Ledbetter** at  
100 TR Harris Drive, Shelby, NC 28150





# Senior Information Fair

FOR OUR AGING POPULATION AND CAREGIVERS



*When:* Friday, May 8 2026

10:00 am - 12:00 pm

*Where:* Neal Senior Center

100 TR Harris Drive Shelby NC

Come learn about agencies in Cleveland County  
that serve our aging population.

*With Chances to win Door Prizes!*



Celebrate Older Americans Month

# NEAL SENIOR CENTER'S REVERSE Raffle

Join us for a full day of activities  
and our annual May Fundraiser  
in support of the Senior Center!

**FRIDAY,  
MAY 8, 2026  
EVENT HIGHLIGHTS**

- Drive - Thru Shred Event |  
8:00 AM - 2:00 PM
- Fun Bingo | 9:00 AM - 10:00 AM
- Information Fair (Resources for  
Caregivers & Families) |  
10:00 AM - 12:00 PM
- Hot Dog Supper | Beginning at  
5:00 PM
- Reverse Raffle | 6:00 PM  
Chance to win \$10,000
- Silent Auction | Open May 4  
through May 8 at 6:00 PM

**For tickets or additional information:**

Contact Neal Senior Center  
100 TR Harris Drive  
Shelby, NC 28150  
704-482-3488

**REVERSE RAFFLE TICKETS:**

**\$100 EACH**

**BUY 4, RECEIVE THE 5<sup>TH</sup>  
FREE**

**TICKET SALES END MAY 8  
AT 12:00 PM**

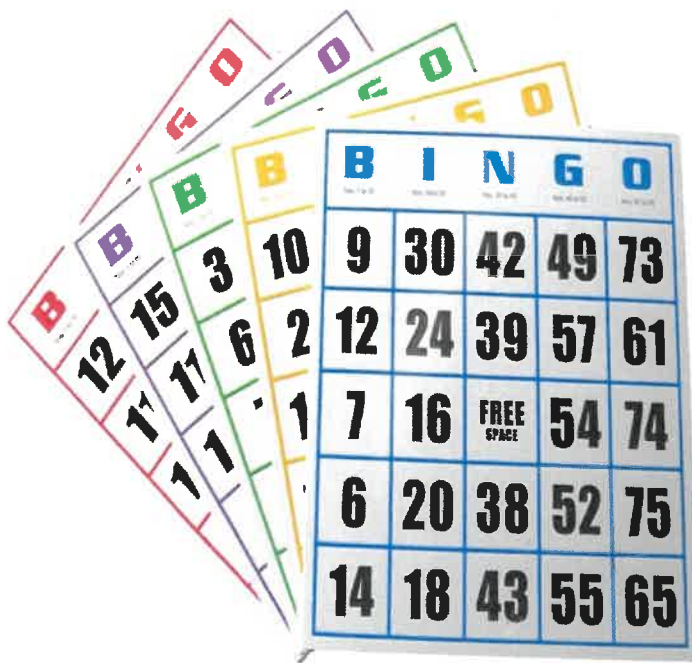
**CHANCE TO WIN**

**\$10,000**

# FUN-FRIDAY BINGO PRIZES NEEDED!!!

GIFTS FROM \$1 TO \$5 ...

- HOME DÉCOR
- HOUSECLEANING PRODUCTS
- FUN ITEMS
- SNACKS
- SEASONAL ITEMS



Please bring your  
prize donations to the

Neal Senior Center  
100 T.R. Harris Drive,  
Shelby

For further  
information, please  
call 704-482-3488.

# Memorial Day

## Word Search

**DIRECTIONS:**  
Find and circle the  
vocabulary words  
in the grid. Look  
for them in all  
directions including  
backwards and  
diagonally.

AMERICAN  
ANTHEM  
CEMETERY  
CEREMONY  
COMMEMORATE  
DECORATION  
FALLEN  
FLAGS  
FLOWERS  
FREEDOM  
GRAVE

E	I	E	O	D	K	S	O	S	R	Z	S	Y	C	Y	Z	R	E	V	A
F	Q	W	B	F	T	M	O	P	T	Z	Y	Q	B	A	A	O	P	C	I
Q	A	I	S	C	S	E	U	O	N	W	A	G	N	E	M	D	L	I	J
R	S	B	E	C	A	H	R	A	A	P	I	I	L	A	C	E	I	U	R
M	A	X	R	V	M	T	M	E	P	N	W	Y	S	C	C	E	V	L	V
G	C	H	V	P	F	N	W	A	M	V	A	L	D	M	H	I	M	A	O
L	R	P	A	A	L	A	Y	L	S	E	M	F	Y	Z	E	Y	R	U	R
P	I	K	N	T	A	S	F	T	V	R	M	R	F	R	R	U	O	E	J
U	F	X	C	R	H	C	V	P	Z	P	E	B	V	O	O	H	R	J	M
J	I	J	E	I	T	R	A	V	B	T	A	W	R	M	E	A	S	Y	G
D	C	I	Y	O	Y	M	U	R	E	E	Y	K	O	A	S	K	N	N	K
E	E	L	Q	T	V	M	Q	M	T	M	S	D	B	L	N	E	A	O	H
C	Y	Y	U	I	G	V	E	P	Z	P	E	P	V	F	F	C	R	M	W
O	A	A	O	C	T	C	F	Y	F	E	S	E	R	V	I	C	E	E	T
R	S	K	O	I	N	E	W	L	R	U	N	H	Z	A	B	T	T	R	L
A	T	S	I	O	R	E	H	F	L	N	E	L	L	A	F	A	E	E	H
T	M	S	O	L	D	I	E	R	S	F	R	L	Z	E	T	P	V	C	O
I	U	E	T	D	S	L	J	K	L	E	T	U	L	A	S	S	B	P	N
O	G	U	M	F	L	W	V	A	K	E	T	A	R	O	M	E	M	M	O
N	R	G	N	R	K	S	G	R	V	E	W	H	M	Q	U	Z	L	V	R
Z	N	G	E	U	N	S	K	O	T	K	L	A	I	R	O	M	E	M	B



HALF MAST

HEROES

HOLIDAY

HONOR

MAY

MEMORIAL

OBSERVANCE

PATRIOTIC

REMEMBRANCE

SACRIFICE

SALUTE

SERVICE

SOLDIERS

TAPS

VETERANS

WAR



*ATTENTION ALL VETERANS!*



Come to the Neal Senior Center  
for "Veteran's Coffee and Chat".

Tuesday, May 12  
at the Neal Senior Center  
beginning at 10 AM  
100 T.R. Harris Drive, Shelby



— NEAL SENIOR CENTER —

# THE FRIENDS Group

Friendship  
Connections  
Support  
Community

Join us for fellowship,  
conversation, and  
community support.



**THURSDAY,**  
**MAY 14 & 28,**  
**2026**



**10:00 AM –**  
**12:00 PM**



**Neal Senior Center**  
100 T.R. Harris Drive,  
Shelby



*Everyone welcome!*



For more information,  
call  
**704-482-3488**

*Come be a part of  
something special!*



COME JOIN OUR  
**BOOK CLUB**

2nd Friday of each month

11:30 AM TO 12:30 PM

2 openings available

Neal Senior Center, 100 T.R. Harris Drive, Shelby  
For further info, please call 704-481-7386

*Oil Painting  
Class*

Interested in oil painting?

The Neal Senior Center would like to offer a class for artists of all levels of experience.

For more information or to pre-register, call  
704-482-3488



**DEMENTIA  
SUPPORT GROUP**

Group offers education, emotional support, and practical tips for caregivers and families. Join others who understand the challenges and joys of caring for someone with dementia.

Neal Senior Center

Held the 3<sup>rd</sup> Monday of every Month  
Next Meeting:  
May 18<sup>th</sup> at 10:00 AM

SPONSORED  
BY  
VIA HEALTH  
PARTNERS

Join our  
supportive  
community

Neal Senior Center - 100 TR Harris Drive, Shelby, NC  
704-482-3488

**COME TO OUR  
BOOKMOBILE**



**THE NEAL SENIOR CENTER  
100 T.R. HARRIS DRIVE  
SHELBY**

**WEDNESDAY, MAY 13 AND  
MAY 27, 2026 FROM  
10:30-11:30 AM .**

*Neal Senior Center*

# GIFT SHOP

NOW ACCEPTING  
NEW VENDORS

— for —  
SPRING & SUMMER!

- Unique Items

- Handcrafted & Homemade

- Bird Houses & Wreaths

- Small Yard Ornaments

SHOWCASE YOUR CREATIVITY!

APPLY TODAY!

For More Info, Call: 704-482-3488

NEAL SENIOR CENTER

# MAY Dance

Join us  
for a Night  
of Music  
and Fun!



**THURSDAY,  
MAY 21, 2026**



**6:00 PM**

*Doors open at 5:30 PM*



**Neal Senior Center**  
100 T.R. Harris Drive, Shelby



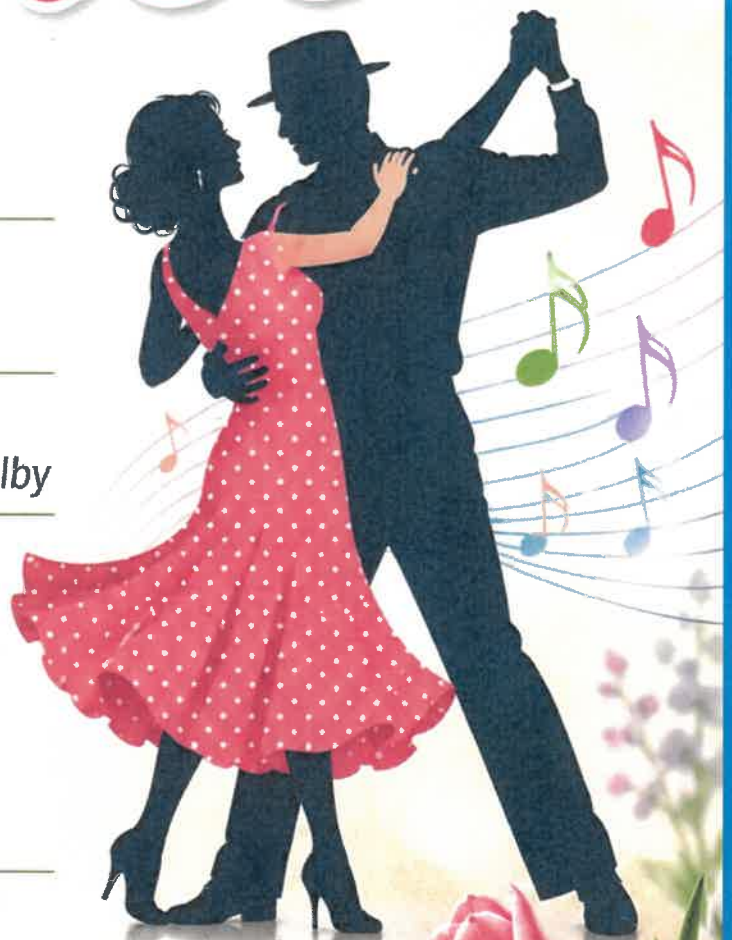
*Music by*  
**UNION EXPRESS**



Advanced Tickets:  
**\$6** through May 19  
**\$8** at the door



**704-482-3488**



*Come dance, laugh  
and enjoy the evening  
with friends!*



## Around the House

## Conserving Water at Home

If you've been keeping up with the weather forecasts the last few weeks, you already know that the Carolinas are in a major drought. Since we're not sure when our next good, solid rain will be, some cities across the Carolinas are calling for voluntary water conservation at home. We all know the basics of water conservation: don't water your outdoor plants but at certain hours during the day, turn off the water in your bathroom when brushing your teeth, etc. But here are some that you may not have thought about yet:



1. ***Displace some of the water in your toilet:*** Fill a water bottle or airtight bag with pebbles and put it in your toilet's tank. This will displace some of the water and minimize the amount of H<sub>2</sub>O needed to fill the tank. It may not seem like a lot, but a pebble-filled 12 oz.(0.35 L) water bottle will save 12 fluid ounces (0.35 L) with each flush! If you flush four times a day, that'll save you almost 20 gallons (76 L) of water a year! You may stumble across a website or two that suggests using sand instead of pebbles. But if your bag or bottle isn't airtight and the sand gets into the water, it may mess with your toilet's flush valve, so using sand is not advised.
2. ***Replace dishwashers, washing machines, or water heaters.*** Not only will this cut back on your water consumption, but you'll save money over time when it comes to utility costs. If you live in the United States or you purchase American appliances, look for the EPA's WaterSense stamp of approval when you're shopping for appliances. Any machine with this sticker on it uses at least 20% less water than the average appliance. As a rule of thumb, front-loading washers use less water than top-loading machines. If you can, buy appliances that are also energy-efficient. In the United States, look for appliances with the Energy Star sticker.
3. ***Use household appliances more effectively to save water.*** There's nothing wrong with trying to keep your kitchen clean, but you're going through a lot of water if you're in the habit of running your dishwasher every day. By waiting until the dishwasher is full, you're getting the most bang for your buck when it comes to the water you're using. If you're thinking about throwing that dishwasher out altogether to conserve water, keep in mind that running your dishwasher will almost always use less water than hand-washing your dishes. If you can't access a dishwasher, use the two-basin method. Scrub dirty dishes in a basin or plastic tub with hot, soapy water and rinse them in another basin with cold clean water.

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4. ***Avoid wasting water when waiting for it to get cold from the tap.***

When you turn the sink on, you typically have to wait 30 seconds for the water to get really cold. Every time you want to drink an ice-cold glass of water, you're pouring a lot of perfectly good water down the drain. By filling up a pitcher and placing it in your fridge, you'll always have some cold water ready to go without waiting on your tap. This doesn't seem like a lot now, but over time, you'll save water. You can buy a pitcher with a filter on it if you want to improve the quality and the taste of the water you keep in your fridge!

5. ***Put the hose down and let the rain clean your car.*** If you need to wash your vehicle, fill a few buckets instead of using your garden hose to clean your vehicle off and rinse it. If you use a hose to wash your vehicle, you'll use roughly 50 gallons (190 L) of water. A few buckets will only require 5–10 gallons (19–38 L), though. There are waterless cleaning products that you can use to clean your vehicle to cut out the need for water entirely!

(Source: WikiHow.com)

**The Neal Senior Center will be closed for Memorial Day on  
Monday, May 25.**

**The center will reopen on Tuesday, May 26 at 8 AM.**

**Have a wonderful Memorial Day as we remember those who  
served our country.**



## Turning on the Vintage TV

## "The Lucy Show"

**The Show:** "The Lucy Show"

**The network:** CBS

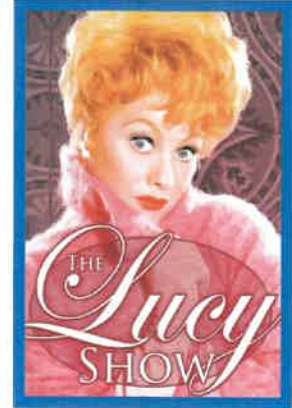
**Broadcast history:** October 1, 1962-  
March 11, 1968

**Format:** Black & White, Color/30  
min.

**Number of Episodes:** 156

**Produced by:** Desilu Productions  
(Seasons 1-5), Paramount Television  
(Season 6)

**Where to watch:** DVD Boxed Sets, Streaming Channels



From 1951 to 1957, television history was made! Starring Lucille Ball and Desi Arnaz, "I Love Lucy" set the TV entertainment field on fire. Each week for those six years, we visited with "The Ricardos", played by Lucy and Desi, and "The Mertzes", played by Vivian Vance and William Frawley, anxiously awaiting to see what mess Lucy would create. Produced by Desilu Studios, the show has become one of the most honored TV shows in American entertainment history. Even today, somewhere in the world, someone is watching repeats of this time-honored classic.

Even though Lucy and Desi had ended their marriage in 1960, and Lucy married entertainer Gary Morton, Desi ran Desilu Studios. Besides "I Love Lucy", Desilu produced "December Bride", "The Ann Southern Show", "Angel" and "Guestward Ho!". However, by 1961, Desilu had only one show on television: "The Untouchables". Because the Desilu studios were struggling, Desi, as president of Desilu, offered Lucy an opportunity to return to television in a weekly sitcom. At that time, CBS executives were somewhat uncertain as to whether Lucy could carry a show without Desi and whether she could duplicate the success of "I Love Lucy". The show was only intended to run one season, just enough to get Desilu Productions out of their financial slump. Lucy agreed to do the show under certain conditions: it would be shown on Monday nights, the night that "I Love Lucy" aired, and that Vivian Vance and the writers from "I Love Lucy" would do the show with her. In order to get Vance to commit to the series, Desi agreed to her demands for an increase in salary, co-star billing, a more attractive wardrobe, and that her character's name be "Vivian". After doing "I Love Lucy," she was still being referred to as "Ethel Mertz" by people on the street, much to her annoyance. Once the details were worked out, CBS ordered a full season of the show without a test pilot being shot. Sponsored by General Foods and Lever Brothers, it premiered on Monday, October 1, 1962, at 8:30 pm.

The original premise of the series was that widow Lucy Carmichael, lives in the fictional town of Danfield, New York with her teenage daughter, Chris and younger son, Jerry. Also in the home was her divorced friend Vivian "Viv" Bagley and Bagley's young son, Sherman, as tenants. Early episodes included their next-door neighbor, Harry Connors. Lucy's late husband left her a substantial trust fund, managed by a local banker. Lucy would frequently try to persuade the bank to let her raid the fund for various purchases or harebrained projects. Lucy, Viv, and Chris all dated regularly, yielding additional fodder for plots; in early episodes, Viv had a regular boyfriend, Eddie Collins.

The early seasons focused on Lucy and Viv trying to live together in the same house. Often, there were blow-ups at each other, typically resolved by the end of the show. Like "I Love Lucy", Lucy would come up with a zany idea and would drag Vivian into it! Some episodes focused on their

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attempts to make extra money. Some examples: Lucy and Viv started a company that gave birthday parties to children. Another was where they made and sold Viv's fabulous candied popcorn snack. In still another, they took jobs in a soda shop. As predicted, Lucy often got into situations that usually created trouble, not just for herself, but for her family, too! On the strength of its high ratings, the series was renewed for the 1963-64 season.

In early 1964, Lucy hinted that she was going to retire from CBS to spend her time as president of Desilu Productions. But, she changed her mind and signed a new three-year agreement with CBS. Beginning with the 1963-64 season, "The Lucy Show" was filmed in color, but broadcast on CBS in black and white. In the fall of 1964, though CBS began to broadcast a limited number of shows in color, "The Lucy Show" continued to be broadcast in black and white.

By the third season, 1964-65, Vivian Vance decided to cut back on the number of episodes in which she appeared in to spend more time on the East Coast with her husband, literary editor John Dodds. Actress Ann Sothern, a personal friend of Lucy's, made a number of appearances during this season as the "Countess Framboise" (aka Rosie Harrigan) to fill Vivian's absence. Ann reportedly wanted to share top billing with Lucy, but Lucy flatly refused to consider the notion.

Though the show was still very popular, after six seasons, Lucy decided to end the series. Lucy agreed to continue on television under the provision that her two children, Lucie Arnaz and Desi Arnaz Jr., agreed to appear alongside her. Thus, in the fall of 1968, an entirely new series, "Here's Lucy", began. Co-starring with her was Gale Gordon as Lucy's brother-in-law "Uncle Harry" and Mary Jane Croft as "Mary Jane", Lucy's good friend. Vivian Vance made several guest appearances. Gordon, as well as both actresses, played new characters which were similar to their characters on the former series. Like "I Love Lucy" and "The Lucy Show," "Here's Lucy" also ran on CBS for six seasons, proving Lucille Ball's continued popularity.

#### **Whatever became of the cast of "The Lucy Show"?**

**Lucille Ball (Lucy Carmichael):** Lucy continued to be active in television, with "Here's Lucy", and occasional guest appearances on variety and talk shows. She tried one more series, "Life with Lucy" on ABC in the fall of 1986, but the show was a ratings disaster. Lucy's health began to fail, with her eventually having open-heart surgery. Lucy died of a ruptured aortic aneurysm in 1989 at the age of 77.

**Vivian Vance (Vivian Bagley):** After her departure from "The Lucy Show," Vivian appeared occasionally alongside Lucy on reunion shows and made several guest appearances on "Here's Lucy". In 1973, she was diagnosed with breast cancer, but it eventually went into remission. During this period, Vivian became the spokeswoman for "Maxwell House" coffee, appearing in TV commercials for the product.. Vivian died of metastatic breast cancer in 1979 at the age of 70.

**Candy Moore (Chris Carmichael):** After "The Lucy Show", Candy did some limited work in television and in the movies. Now at age 78, a journalist and author, Candy is divorced from actor Paul Gleason and has one son.

**Jimmy Garrett (Jerry Carmichael):** Jimmy did little work in show business once his character was dropped from "The Lucy Show" around season four. As an adult, Garrett moved into the business side of television, serving as an accountant for a number of different series. Divorced with two children, Jimmy died from complications of diabetes in 2021 at the age of 66.

**Ralph Hart (Sherman Bagley):** After his role on "The Lucy Show," his only other TV work was two episodes of "My Three Sons" in 1966 and 1967. He then vanished from the entertainment scene apparently to live a 'normal' life. He seems not to be interested in his past or his connection to Lucille Ball. Married with a family, Ralph lives in California and is currently a hydro-geologist.

**(Sources: [everything.explained.today.com](http://everything.explained.today.com), [fandom.com](http://fandom.com))**

## Laff-A-Little!

## "Home & Away" by Steve Sicula

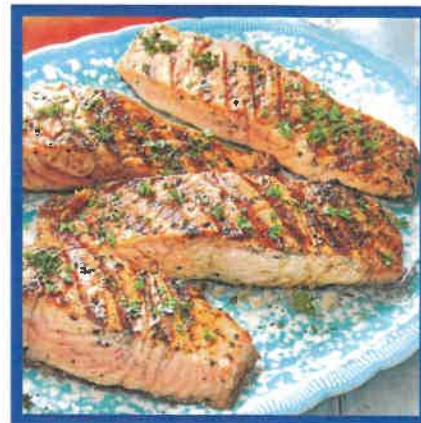


## Let's Eat!

## Grilled Salmon

Here's an easy, tasty, and healthy way to enjoy salmon from the grill!

- 4 8-oz. Skin-On Salmon Fillets
- 3 Tbsp. Olive Oil, divided
- 1 1/2 tsp. Kosher Salt, plus more to finish
- 1/2 tsp. Ground Black pepper
- 2 Tbsp. Apple Cider Vinegar
- 1 tsp. Dijon Mustard
- 1/2 tsp. Smoked Paprika
- Chopped Fresh Parsley, for garnish



1. Preheat grill to 400 to 450°.
2. Brush the salmon evenly with 2 tablespoon olive oil; sprinkle with salt and pepper. Stir together the vinegar, remaining 1 tablespoon olive oil, mustard, and paprika. Set aside.
3. When the grill is hot enough, oil the grates. Place salmon on the grill grates skin side down; brush with the vinegar mixture. Cover, and grill until the salmon releases from the grill with a gentle nudge, about 5 minutes. Flip the salmon, and grill until the salmon is cooked through to desired doneness, 2 to 3 minutes more. Garnish with parsley and season with more salt, if desired. Serves 4.

## Laughs From the Past

## Actual Excuses For Missing School

With high school and college graduations coming up, it's common to get nostalgic and think of the school days gone by. Many students had to bring a note from our parents whenever we were out of school. Most of the reasons were good, solid and legitimate. Others, not hardly! Here are some examples of actual notes brought to teachers from a student's parents:

1. "My dad forgot to do my homework for me."
2. "I left my homework in the back of a pickup truck. Went through a carwash."
3. "Please excuse Johnnie for being. It was his father's fault."
4. "My youngest daughter couldn't turn in her homework because her younger step-brother had stolen it, filled it in and turned it in to his teacher to prove how smart he was."
5. "Please excuse Eric from school on May 5th through May 19th. He was waiting in line for the new Star Wars film. You will be happy to know, he got tickets for next September, when he will be missing another week of school while he waits in line for the perfect seat."
6. "Please excuse my daughter from school yesterday and P.E. forever. She had a very bad asthma attack running in P.E. because the coach made her run too much. Please excuse her from P.E. even though the doctor says she needs it."
7. "Diane was late on Wednesday. She fell asleep on the bus and was taken back to the bus yard."
8. "Please excuse Tommy for being absent yesterday. He had diarrhea and his boots leak."
9. "Please excuse John from being absent Jan. 28, 29, 30, 31, 32 and also 33."
10. "Please excuse Gloria from Jim today. She is administrating."
11. "Tommy wasn't in school yesterday because he thought it was Saturday."
12. "Please excuse my son. He will be out next week slaughtering goats for his manhood ritual. Thank you!"
12. "Please excuse Jennifer for missing school yesterday. We forgot to get the Sunday paper off the porch and when we found it Monday we thought it was Sunday."
13. "Please excuse little Jimmy for not being in school yesterday. His father is gone and I could not get him ready because I was in bed with the doctor."

(Source: [tudordoctor.com](http://tudordoctor.com))



*Attention All Ladies  
Aged 50+...*

*Come join us for  
"Ladies Support"  
Tuesday, May 26, 2026  
10 AM-12 Noon  
100 T.R. Harris Drive  
Shelby*

*Questions?  
Please call 704-482-3488*

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NEAL SENIOR CENTER

A Senior Center of Excellence

# Volunteers Needed

Join us as a volunteer and be part of our Senior Center! Your time and skills can create a positive change.

## Why Join Us?

- Participate in Impactful Causes
- Community Engagement
- Skill Development
- Diverse Opportunities

NEAL SENIOR CENTER  
100 T.R. HARRIS DRIVE  
SHELBY

For more information  
about volunteer  
opportunities, please  
call 704-482-3488.



PLEASE HELP WITH THE NEAL SENIOR CENTER'S

# Food Pantry

Your small contribution can bring hope and nourishment to those in need.

**PLEASE BRING YOUR DONATION TO THE NEAL SENIOR CENTER**

**100 T.R. HARRIS DR. SHELBY**

**QUESTIONS?  
704-482-3488**

## **NEEDED FOOD DONATIONS**

- Rice & Pasta
- Toiletries
- Canned food
- Dry foods
- Paper Products
- Peanut Butter
- Oatmeal Packets
- Canned Meats



