

**NEAL SENIOR CENTER ACTIVITY SCHEDULE
SEPTEMBER 2024**

MONDAY	TIME	CONTACT	LOCATION	COST	DATES MEETING
Monday Morning Bridge	9:00 am- Noon	(Rotating Hosts)	Card Game Room	\$2.00 per person weekly	Sept. 9, 16, 23, 30
One-Day Oil Painting	9:00 am-3:00 pm	Suzette Proffitt	Creative Arts	Class is \$30; must provide own materials	Sept. 16
Chair Yoga	9:30-10:30 am	Caroline Dedmon	Fitness Room	First class is free; then \$10 for each class	Sept. 9, 16, 23, 30
Canasta for Beginners	Noon - 3:00 pm	Suzette Proffitt	Rec. Room	\$2.00 per person weekly	Sept. 9, 16, 23, 30
Monday Afternoon Bridge	12:30-3:30 pm	(Rotating Hosts)	Card Game Room	\$2.00 per person weekly	Sept. 9, 16, 23, 30
Chair Yoga	2:00-3:00 pm	Caroline Dedmon	Fitness Room	First class is free; then \$10 for each class	Sept. 9, 16, 23, 30
Monday Night Bingo	5:00-8:30 pm	Neal Senior Center Staff	Dover Wing	According to the number of cards or packets purchased	Sept. 9, 16, 23, 30
Zumba	5:30-6:30 pm	Toni Heberlig	Fitness Room	\$2.00 per class	Sept. 9, 16, 23, 30

TUESDAY	TIME	CONTACT	LOCATION	COST	DATES MEETING
Acrylic Painting	9:00-11:00 am	Suzette Proffitt	Creative Arts	Free; must provide own materials	Sept. 3, 10, 17, 24
Video Tai-Chi	11:00 am-Noon	Paul & Joyce Couey	Fitness Room	\$2.00 per person weekly	Sept. 10, 17, 24
Painting the Bob Ross Way	2 nd Tuesday; Noon-3:00 pm	Suzette Proffitt	Creative Arts	Free; must provide own materials	Sept. 10
Canasta For Beginners	Noon-3:00 pm	Suzette Proffitt	Creative Arts	\$2.00 per person weekly	Sept. 3, 10, 17, 24
Carolina Line Dancers	9:45-10:45 am	Evelyn Kiser	Fitness Room	Free	Sept. 3, 10, 17, 24
Chair Volleyball	1:00-2:30 pm	Caroline Dedmon	Fitness Room	Free	Sept. 3, 10, 17, 24

WEDNESDAY	TIME	CONTACT	LOCATION	COST	DATES MEETING
The Sewing Circle	9:00 am-Noon	Carolyn Hazen	Creative Arts	\$2.00 per person weekly	Sept. 4, 11, 18, 25

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WEDNESDAY (CON'T)	TIME	CONTACT	LOCATION	COST	DATES MEETING
Chair Yoga	9:30-10:30 am	Caroline Dedmon	Fitness Room	First class is free; then \$10 for each class	Sept. 4, 11, 18, 25
"The Carolina Singers"	10:00-11:00 am	Connie Allen	Socialization	Free	Sept. 7, 21
Basic Spanish	10:00-11:00 am	Daniel Dedmon	Rec. Room	Free	Sept. 4, 11, 18, 25
Zumba Gold	11:00 am-12 Noon	Toni Heberlig	Fitness Room	\$2.00 per class	Sept. 4, 11, 18, 25
Piedmont Rook	Noon-3:30 pm	Shirley Cooke	Rec. Room	\$2.00 per person weekly	Sept. 4, 11, 18, 25
Knit Pickers (Social Group)	12:30-3:30 pm	Toni Heberlig	Creative Arts	Free; must provide own materials	Sept. 4, 11, 18, 25
Chair Yoga	2:00-3:15 pm	Caroline Dedmon	Fitness Room	The first class is free; then \$10 for each class	Sept. 4, 11, 18, 25
Euchre	2:00-3:30 pm	Daniel Keggan	Card Game Room	\$2.00 per person weekly	Sept. 4, 11, 18, 25

THURSDAY	TIME	CONTACT	LOCATION	COST	DATES MEETING
Chair Volleyball	9:30-11:00 am	Caroline Dedmon	Fitness Room	Free	Sept. 5, 12, 19, 26
Daytime Friends	2 nd & 4 th Thurs., 10:00-11:00 am	Judy Henley	Creative Arts	Free	Sept. 12, 26
Canasta for Beginners	9:00 am-12:00 pm	Suzette Proffitt	Rec. Room	\$2.00 per person weekly	Sept. 5, 12, 19, 26
Mexican Train Dominoes	1:00-3:00 pm	Jan Dumas	VIP	\$2.00 per person weekly	Sept. 5, 12, 19, 26
Thursday Afternoon Bridge	1:00-3:00 pm	(Rotating Hosts)	Card Game Room	\$2.00 per person weekly	Sept. 5, 12, 19, 26
Dine-Around	3 rd or 4 th Thurs., 4:00 pm	Daniel Dedmon	Rotating Restaurants-TBA	Everyone pays their way	Sept. 19
"Coffee With a Cop"	10:00	Paulette Putnam	VIP	Free	Sept. 26
Monthly Dance	6:00-9:00 pm	Paulette Putnam & Heather Ledbetter	Dover Wing	Advanced Tickets: \$6 At the Door Tickets: \$8	Sept. 26

FRIDAY	TIME	CONTACT	LOCATION	COST	DATES MEETING
Zumba Gold	11:00 am-Noon	Toni Heberlig	Fitness Room	\$2.00 per class	Sept. 6, 13, 20, 27
Fun Friday Bingo	9:30-10:30 am	Heather Ledbetter	VIP	\$1.00	Sept. 6, 20