



## Spreads

	Bagel	½ Pound
Butter	1.89	3.49
Cream Cheese	2.39	4.49
Vegetable Cream Cheese	3.29	5.25
Olive Cream Cheese	3.29	5.25
Walnuts & Raisin Cream Cheese	3.29	5.25
Scallion Cream Cheese	3.29	5.25
Lox Spread	4.49	5.99
Peanut Butter	2.39	
Sliced Lox & Cream Cheese	8.99	

## Bagels

Plain • Poppy • Sesame • Everything  
Whole Wheat • Onion • Salt • Egg  
Pumpernickel • Cinnamon Raisin

1 Bagel	1.00
Flagel	1.25
½ Dozen	6.00
1 Dozen (3 Free)	12.00
Mini Bagel	.75



## Pastries

Danishes	2.00
Croissants	2.00
Apple Turnovers	2.00
Muffins	2.50

Corn, Blueberry Crumb, Berry Blast, Banana Walnut,  
Double Chocolate, French Vanilla Chocolate Chip



## FRESHLY SQUEEZED JUICES

12 oz 4.00 • 16 oz 5.00  
24 oz 6.00 • 32 oz 7.00

Choice of  
Carrot, Orange, Pineapple,  
Celery, Beets, Ginger  
Watermelon, Apple,

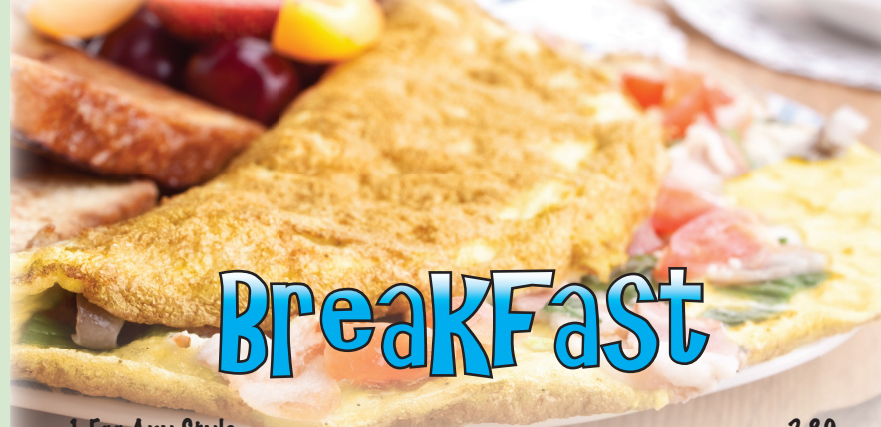
## Desserts

Cheesecake	3.00
Carrot Cake	3.00
Chocolate Cake	3.00
Red Velvet	3.00
Fruit Salad	4.50
Yogurt Parfait	4.50



## Beverages

	Small	Medium	Large	X-Large
Coffee/Tea	1.75	2.00	2.25	2.50
Flavored Coffee	2.25	2.50	2.75	3.00
Hot Chocolate	2.00	2.25	2.50	2.75
Cappuccino	2.00	2.25	2.50	2.75
Iced Coffee	2.25	3.00	3.75	
Flavored Iced Coffee	2.75	3.50	4.25	
Homemade Iced Tea	1.75	2.50	3.25	
Homemade Lemonade	1.75	2.50	3.25	



## BreakFast

1 Egg Any Style	2.89
2 Eggs Any Style	3.19
With Bacon, Sausage, Ham, Turkey or Turkey Bacon	4.19
2 Eggs Any Style with Homefries	4.19
2 Eggs Any Style with Avocado	4.69
Bacon on a Bagel	3.49
2 Eggs & Pastrami	5.99
3 Egg Whites, Mushrooms & Onions on a Bagel or Roll	5.49
3 Egg Whites, Turkey, Melted Muenster Cheese on a Wrap	6.49
Grilled Cheese Texas Toast Style	3.99
Sunny Grilled Cheese	6.49
Grilled Cheese on Texas Toast, Sunny Side Up Egg, Avocado & Tomato	
B.L.T. Bacon, Lettuce and Tomato	5.49
Gemini Two Eggs, Bacon, Ham, Homefries & Bagel	7.99
Grand Slam Two Eggs, Bacon, Ham, Pancakes & Bagel	7.99
Hungry Man 3 Eggs, Sausage, Bacon & Cheese on a Hero	7.49
Muscle Man	6.49
3 Egg Whites, Peppers, Onions & Tomatoes on a Whole Wheat Bagel	
Godfather	7.49
3 Eggs, Salami, Grilled Onions, Peppers, Melted Provolone Cheese on a Bagel	
5 Towns	7.49
3 Eggs, Roast Beef, Grilled Onions, Melted Cheddar Cheese on a Bagel	
Pancakes	4.49
French Toast	4.49
Homefries	Small 3.49 Large 5.99
Homefries with Cheese	Small 4.99 Large 7.49
French Fries	Small 3.49 Large 5.49
Cheese Fries	Small 4.99 Large 6.99

### FREE

Small OJ  
with the purchase of any  
Two egg sandwich or omelette.

Available Monday thru Friday  
5 am- 11 am. Pick-up only.

## OMElettes

All omelettes come with a buttered bagel

Cheese Omelette	5.49	Avocado Delight Omelette	8.49
3 Eggs and American Cheese		3 Eggs, Avocado, Mushrooms and Swiss Cheese	
Ham & Cheese Omelette	6.49	Meat Lover's Omelette	8.99
3 Eggs, Ham and American Cheese		4 Eggs, Bacon, Ham and Sausage	
Western Omelette	6.49	Hawaiian Omelette	6.99
3 Eggs, Ham, Peppers and Onions		3 Eggs, Ham, Pineapple and Pepper Jack Cheese	
Spanish Omelette	6.49	Italian Omelette	7.49
3 Eggs, Tomatoes, Peppers and Onions		3 Eggs, Salami, Mozzarella, Tomatoes & Peppers	
Farmer's Omelette	6.49	LEO Omelette 3 Eggs, Lox and Onions	7.99
3 Eggs, Spinach, Tomatoes and Peppers		Extra Egg	0.50
Greek Omelette	6.99	Extra Cheese	0.75
3 Eggs, Olives, Onions and Feta Cheese		Extra Meat	1.50

Store Hours:  
Monday-Friday 5 am - 5 pm  
Saturday-Sunday 5 am - 4 pm  
We accept all major credit cards.

PSRST STD  
ECRWSS  
U.S. Postage  
PAID  
EDDM Retail

ECRWSS

Local  
Postal Customer



284 Burnside Ave. • Lawrence, NY 11559

# 516 - 371 - 3357

Fax: 516 - 371 - 2394

## FREE DELIVERY

within 2 Miles • minimum \$20

[www.islandbagelbar.com](http://www.islandbagelbar.com)

### Let Us Cater Your Next Special Occasion

Breakfast Platters, Lunch Sandwiches, Fruit Platters,  
Cheese Platters, Hot Food, Cold Cuts, Coffees, Teas, Desserts,  
Pastries and more.





American	8.49
Ham, Turkey, American Cheese, Lettuce, Tomatoes and Mayo on a Roll	
Barcelona	7.99
Hot Pastrami, Melted Swiss Cheese, Coleslaw and Honey Mustard	
Boston	7.99
Hot Roast Beef, Melted Cheddar Cheese, Tomatoes and Mayo	
Brooklyn Bridge	7.99
Cracked Pepper Turkey, Swiss Cheese, Lettuce, Tomatoes and Russian Dressing	
Canadian	8.99
Cracked Pepper Turkey, Bacon, Pepper Jack Cheese and Lettuce	
Chicken Parmesan	7.99
Chicken Cutlet, Melted Mozzarella Cheese with Delicious Tomato Sauce	
Chicken Reuben	9.49
Grilled Chicken, Melted Swiss Cheese, Bacon, Coleslaw, Lettuce, Tomatoes and Russian Dressing	
Chicken Supreme	7.99
Chicken Cutlet, Melted Mozzarella Cheese, Lettuce, Tomatoes, Russian Dressing	
El Diablo	7.99
Boar's Head Chicken Breast, Pepper Jack Cheese, Jalapeño, Hot Sauce	
Grand Canyon	8.49
Chicken Cutlet, Melted Muenster Cheese, Bacon, Lettuce, Tomatoes, Honey Mustard	
Healthy Chicken	8.49
Grilled Chicken, Avocado, Spinach and Tomato with Honey Mustard	
High Times	8.49
Grilled Chicken, Ham, Melted Muenster Cheese and Mayo	
Italian Combo	9.49
Ham, Salami, Pepperoni, Provolone Cheese, Roasted Peppers, Lettuce, Tomatoes, Oil & Vinegar	
Little Italy	7.99
Grilled Chicken, Melted Mozzarella Cheese, Roasted Peppers, Oil & Vinegar	
New Yorker	7.99
Hot Roast Beef, Melted Cheddar Cheese, Topped with Grilled Onions	
Philly Cheesesteak	7.99
Hot Roast Beef, American Cheese, Grilled Onions & Peppers	
Roller Coaster	8.49
Oven Gold Turkey, Cracked Pepper Turkey, American Cheese, Lettuce, Tomatoes and Onion	
Russian Roast Beef	7.99
Hot Roast Beef, Melted Swiss Cheese, Lettuce, Tomatoes, Russian Dressing	
South Beach	7.99
Grilled Chicken, Melted Mozzarella Cheese, Sun Dried Tomato and Mayo	
The Bird	8.49
Chicken Cutlet, Bacon, Melted Provolone Cheese and Russian Dressing	
The Lifer	8.49
Hot Boar's Head Chicken Breast, Melted Pepper Jack Cheese, Bacon, Onions, Lettuce and Tomatoes	
Terminator	7.99
Cracked Pepper Turkey, Pepper Jack Cheese, Jalapeños, Lettuce and Tomatoes	
Tuna Melt on Texas Toast	7.49
Choose Between Regular Tuna or Vegetable Tuna with Melted American Cheese	
Turkey Club	7.99
Oven Gold Turkey, Bacon, Lettuce and Tomatoes	

**Make it a Hero or Wrap**  
**\$1.50 extra**

<b>The Slim Chick Wrap</b>	<b>9.99</b>
<b>Grilled Chicken, Avocado, Grilled Broccoli, Sautéed Onions and Spinach</b>	
<b>Santa Fe Wrap</b>	<b>9.99</b>
<b>Grilled Chicken, Cucumbers, Avocado, Lettuce, Tomatoes and Ranch Dressing</b>	
<b>Chicken Caesar Wrap</b>	<b>9.49</b>
<b>Grilled Chicken, Romaine Lettuce, Croutons, Parmesan Cheese and Caesar Dressing</b>	
<b>Grilled Chicken Wrap</b>	<b>9.49</b>
<b>Grilled Chicken, Grilled Onions, Grilled Peppers and Grilled Tomatoes</b>	
<b>American Wrap</b>	<b>9.99</b>
<b>Ham, Turkey, American Cheese, Lettuce, Tomatoes and Mayo</b>	
<b>New York Wrap</b>	<b>9.99</b>
<b>Oven Gold Turkey, Bacon, Lettuce, Tomatoes and Mayo</b>	
<b>Veggie Wrap</b>	<b>9.49</b>
<b>Choose any Five Vegetables Grilled and Topped with Melted Mozzarella Cheese</b>	
<b>Chicken Run Wrap</b>	<b>9.49</b>
<b>Grilled Chicken, Grilled Tomatoes, Grilled Onions, Grilled Peppers, Lettuce and BBQ Sauce</b>	
<b>Spicy Chicken Wrap</b>	<b>9.49</b>
<b>Grilled Chicken, Grilled Onions, Grilled Peppers, Grilled Tomatoes, Jalapeños and BBQ Sauce</b>	
<b>Kiev Wrap</b>	<b>9.99</b>
<b>Chicken Cutlet, Bacon, Melted Muenster Cheese, Lettuce, Tomatoes and Mayo</b>	
<b>The Alamo</b>	<b>10.49</b>
<b>Chicken Cutlet, Bacon, Mozzarella Cheese, Avocado, Lettuce, Tomatoes and Ranch Dressing</b>	
<b>Lawrence Club</b>	<b>10.49</b>
<b>Oven Gold Turkey, Cheddar, Bacon, Avocado, Lettuce, Tomatoes and Ranch Dressing</b>	

**Prices subject to change without notice.**

<b>Buffalo Wings</b>	<b>6 pc. 5.49</b>	<b>12 pc 9.49</b>	<b>18 pc. 13.49</b>
<b>Comes with Crunchy Celery &amp; Carrot Sticks with Blue Cheese</b>			
<b>Mozzarella Sticks</b>	<b>6 pc 4.99</b>	<b>12 pc 8.99</b>	<b>18 pc 12.99</b>
<b>French Fries</b>		<b>Small 3.49</b>	<b>Large 5.49</b>
<b>Cheese Fries</b>		<b>Small 4.99</b>	<b>Large 6.99</b>
<b>Curly Fries</b>		<b>Small 4.49</b>	<b>Large 6.49</b>
<b>Onion Rings</b>		<b>Small 4.49</b>	<b>Large 6.49</b>
<b>Sweet Potato Fries</b>		<b>Small 4.49</b>	<b>Large 6.49</b>
<b>Appetizer Sampler</b>			<b>8.99</b>
<b>3 Mozzarella Sticks, 3 Buffalo Wings with French Fries</b>			