

Dear Wesley,

Boy is it HOT! As we endure this heatwave, many of us are feeling the pressure in various aspects of life. Yet, in the midst of it all, God's Word offers us comfort and rest. Just as we seek relief from the heat by finding shade or a cold drink, God invites us to find our rest in him, especially when life feels hot and heavy.

"Come to me, all you who are weary and burdened, and I will give you rest."

~ Matthew 11:28

As we've been reminded during our summer "Journey with Jesus" worship series, Jesus offers us peace not by removing the heat of life but by walking through it with us. Jesus didn't promise that the storms or the heat would pass immediately, but he did promise that he would provide us with his presence and the rest we need in the midst of it.

As we navigate the extreme heat of this Florida summer, I encourage you to find moments of rest, whether that's through prayer, reflection, or connecting with loved ones. Look for small ways to cool your spirit. It might be taking a few minutes in the morning to meditate on Scripture, seeking out a quiet place in the afternoon to breathe, or calling a friend for a quick check-in. Rest isn't just about physical recovery; it's about finding peace for your soul.

Stay safe, stay hydrated, and may the peace of Christ be with you.

Blessings,

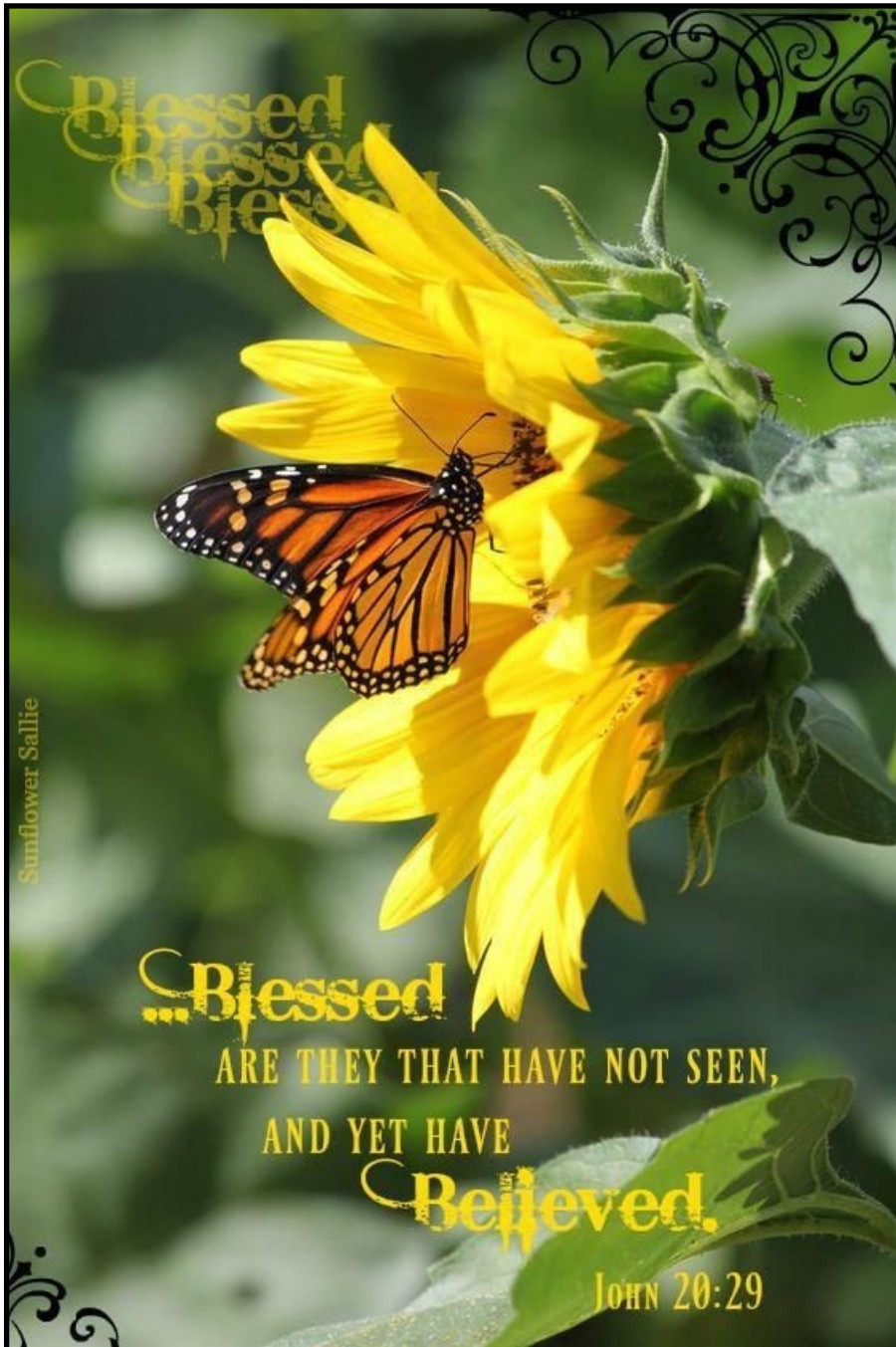
Pastor Kolby

Breaking News

Bible Study



PASTOR'S BIBLE STUDY-TIME Join us for an insightful time as we will study Magrey DeVega's *Questions Jesus Asked* during July and August. This is the book we're using as the basis for our *Journey with Jesus* worship series.



Sunflower Sallie

Wesley United Methodist Church

Mission Statement
Celebrating God!
Growing in Faith!
Changing the World!

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Deadline for articles: 15th of each month

Website:
www.WesleyUMCon23.org
www.facebook.com/WUMCGVL

Weekly Sunday Activities

Worship @ 10:45AM
(Sanctuary)



Chuck Adams & family
Marilyn Browning
Betty Holder
Beth Loehr-Moody
Chris Robinson
Scott, Judy, Anne & Aden
Carla, Robert, Steve, Molly

Linda Baldwin
Helen Goddard
Rosie Leggett
Frank Nosko
Beth Senn
Bill Wood's family
& especially Buddy

Diane Blucher
John Hodges
Barb Loehr
Joe Reichert and family
Dale Smith

With God
ALL THINGS ARE POSSIBLE



GARDEN WORKDAYS

1st and 3rd WEDNESDAY 9:00 – 10:00

NEXT GARDEN DAYS AUGUST 6th AND 20th

**Pull dead stuff.
Prune things that
stick out.
Spruce up.**



**Questions?
Call Jan:
321-427-5760**

***We have tools, or bring your own. Water provided.
Hat, gloves, seat, or kneeling pad recommended.***



MISSION OF THE MONTH

BACK-TO-SCHOOL SUPPLIES FOR METCALFE ELEMENTARY SCHOOL

Each fall for the last several years, Wesley has collected and distributed school supplies to Metcalfe Elementary School. Although we are not as active there as we have been in the past, their need for supplies to start the academic year is as great as ever. Maybe greater! This year (2025) school starts on August 11th, so we want to deliver our collected supplies to the teachers by August 5th. There's a box in the Narthex for our Metcalfe collections. We are looking for the following:



Pencils & red rubber erasers

Glue sticks

Bottles of school glue

Hand sanitizer

Dry erase markers & erasers

Notebook paper

Boxes of facial tissue

Spiral bound notebooks

3-ring binders

Disinfectant wipes



Thank you in advance for your kindnesses as we prepare our youngsters to learn and our teachers to educate!

DON'T THROW AWAY THOSE PLASTIC BAGS OR PLASTIC FILM!

We've been enjoying our bench out in the Memorial Garden, but it still looks kind of plain. It needs flowers, or some gnomes, or mushrooms, or SOMETHING around it. And I'm betting the Garden Committee is thinking the same thing. Wonder what they will come up with?

Now that we have met our goal, we are working to help other churches in the group meet theirs. Temple Shir Shalom met their goal and their bench is on the way. Now we are helping First United Methodist Church get their bench, and Celebration UMC has hit their goal and ordered their bench. Help this interfaith endeavor keep going! Don't stop bringing in that plastic! Do you realize that all together we have rescued over 4,000 pounds of plastic from the landfill! I wonder—can we keep this going and place more benches? Hmmmmm?

Plastic films must be clean, dry and free of food and organic residue. Please note that we still **cannot** take water bottles, cracker trays, plastic utensils, or berry-box type plastics. If it crackles when you squeeze it, it's not the Right Stuff... You've been doing a great job bringing in your plastic film waste. Thanks!

The planet thanks you, too!



Sharren hauled 48 pounds of plastic film to the collection point. Well done, Wesley!



PROTECTION FOR GRACE MARKETPLACE

Grace put out the word that their clients needed some sun protection during this awfully hot summer and Wesley came through! Thanks, Donna, for taking this down to the Marketplace. And don't YOU forget to wear your sunscreen. Better yet, get outside in the early morning or evening hours and avoid the harsh rays and blistering heat.

11 Lessons from Noah's Ark

1. Don't miss the boat.
2. Better listen to God, rather than men!
3. Plan ahead. It wasn't raining when Noah built the Ark.
4. Stay fit. When you're 600 years old, someone may ask you to do something really big.
5. Don't listen to critics; just get on with the job that needs to be done.
6. Build your future on high ground.
7. For safety's sake, travel in pairs.
8. Speed isn't always an advantage. The snails were on board with the cheetahs.
9. When you're stressed, float a while.
10. Remember, the Ark was built by amateurs; the Titanic by professionals.
11. No matter the storm, when you are with God, there's always a rainbow waiting.



Pssst—the countdown is on! Baby Riley will be here any day now. Prayers up!



Get your Flat Jesus, color him in, cut him out and paste to the provided handle (having the stick in a position to support as much as possible) and then ... Go somewhere! Do something! And be sure to take Jesus with you wherever you are! Why, you might even get the chance to share him with someone!

Here are a few of the photos submitted so far. Won't you send us yours, too?

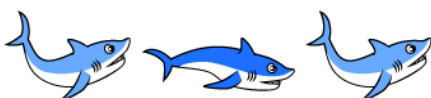


Your Leadership Board:
Jan, Roy, Sharren, Terri,
Sherry, Joyce, and
Pastor Kolby

Paula gets a little work
done on her hand



Sharren and Sherry try to
insert a QR code into our
website



Card Sharks!





COMMITTEE MEETINGS

8/10	Noon	UWF Exec Com
8/13	6:00PM	SPRC
8.20	6:00PM	Nominations Com
8/24	Noon	Churchwide Nominations
8/31	Noon	Leadership Board



Monday August 12: Alachua County Public Schools

Thursday August 21: University of Florida

Monday August 25: Santa Fe College



August Birthdays

- 1st Austin Holder
Bradley Omdahl
- 2nd Edgar Voyles
- 9th Nancy Slaydon
- 10th Debbie Taylor
- 16th Becky Knight
Linda Smith
- 20th Robbyn Phillips
- 24th Betty Brand
Jane Nelson
- 29 Kathy Robinson
- 30th Dale Smith

August Anniversaries

- 6th Jim & Mary Harris
- 31st Nancy & Ron Case



FUN AND GAMES

Join the Canasta card club at Wesley United Methodist Church! Have fun and meet great people! Invite family and friends, the more the merrier!

When: Thursdays, 11:30 AM (except holidays)

Where: Wesley United Methodist Church
826 Northwest 23rd Avenue
Fellowship Hall

We have wonderful members waiting to teach you Hand and Foot Canasta!



Card Club Guidelines

- Bring a sack lunch and beverage if you wish.
- Please arrive on time if possible.
- Please help clean up after the games end.
- Please give us your email address and phone number in case of scheduling changes.