

T.E.A.C.H.

6.7b

(Tidewater Educators Association for Christian Homeschooling)

BEACH BREAKERS SPORTS PARTICIPATION RULES

(This one form can be notarized and used for the whole school year - passed on from sport to sport)

I. T.E.A.C.H Statement of Faith and Purpose

1. We believe the Bible to be the inspired, infallible, authoritative Word of God. It is the supreme source of truth for Christian beliefs and living. (*II Timothy 3:16, II Peter 1:20-21; II Corinthians 2:13; Matthew 4:4; II Peter 1:21*)
2. We believe that there is one God. He is the Creator and Ruler of the universe. He has eternally existed in three persons: Father, Son, and Holy Spirit. These 3 are co-equal and are one God. (*Deuteronomy 6:4, 32:39; Isaiah 48:16; I Kings 8:60; Matthew 28:18-20; John 15:26; Revelations 1:8*)
3. We believe Jesus Christ is the Son of God. He is co-equal with the Father. We believe in the deity and humanity of Christ, in His virgin birth, in His sinless life, in His miracles, in His vicarious and atoning death through His shed blood, in His bodily resurrection, in His ascension to the right hand of the Father, in His present rule as Head of the Church and in His personal return in power and glory as King of Kings and Lord of Lords. (*Luke 2:52; John 20:31; Philippians 2:5-11; Matthew 16: 16-17; Matthew 1:23; I Peter 2:21-22; Matthew 28: 6; I Peter 1:18-21; Matthew 16:19; Ephesians 5:23; Acts 1:9-11; I John 2:2; Revelations 1:8; Revelations 1:17-18,19:15-16*)
4. We believe that for the salvation of lost and sinful men regeneration by the Holy Spirit is absolutely essential. It is God's free gift but we must accept it. We can never make up for our sin by self-improvement or good works, it is maintained by the grace and power of God. (*Ephesians 2:8-9; Titus 3:5; Galatians 3:23-29*)
5. We believe in the present ministry of the Holy Spirit, by whose indwelling the Christian is enabled to live a godly life. As Christians, we seek to live under His control daily. (*I Corinthians 6:19; John 14:16-17; I Corinthians 12:7-11; John 16:12-15*)
6. We believe that all those who die in God's grace through faith are assured eternal salvation; those who die in a state of sin and unbelief suffer the punishment of Hell. To be eternally in union with God is eternal life. To be separated from Him is Hell. (*Daniel 12:2; John 11:25; I John 5:11-13; John 5:24; Romans 5:12-21, 6:23, 8:10-11; I Corinthians 15:56*)
7. We believe in the spiritual unity of believers in our Lord Jesus Christ, with equality across racial, and class differences. (*Galatians 3: 26-29*)
8. We believe that marriage is the joining of one man and one woman (sex as determined at birth) in a single, exclusive union, authored and sanctioned by God. (*Genesis 2:22-24; Matthew 19:4-5; Ephesians 5:25-32; I Corinthians 7:1-4; Leviticus 18:22*)

T.E.A.C.H. STATEMENT OF PURPOSE

We are Christ-Centered: We rely solely upon God's redemptive grace for our existence, our vision, and our sustenance, trusting in His sovereignty as we seek to present a Christ-centered prom, graduation ceremony and BEACH sports program.

We are Servant-Oriented: We are committed to providing the highest quality Christian prom, graduation ceremony, and BEACH sports program to all parents and students who participate in Tidewater Educators Association for Christian Homeschooling programs.

We are committed to ethical excellence, Biblical character, and moral integrity in each aspect of our programs, through the behavior of our board, our coaches, our players, and their families.

We are fiscally responsible and hold our board to the highest ethical conduct because we know that all resources are ultimately a gift from God. We strive to hold ourselves to the highest standards of accountability to Him and those parents who support our programs.

Beach Breakers Purpose

The purpose of Beach Breakers shall be to glorify God in all that is promoted and accomplished, in accordance with His truth. This sports program is an opportunity to develop and encourage Godly character and positive interpersonal relationships through athletic training and scholastic level competition. In order to provide our sons and daughters with Varsity/JV/Middle School-level experience and competition in team sports, along with growth in physical ability and moral character, TEACH has determined to establish a sports program to provide leadership by example. We have determined to select a coaching staff made up of Christian men and women of good report.

II. Eligibility

All players must be homeschooled students (either a notice of intent has been filed or the family has filed under religious exemption), or they are enrolled in a small Christian school with NO sports program during the current academic year. Failure to maintain academic performance satisfactory to the parents' expectations could result in temporary suspension until parental expectations are once again met. The student must play exclusively for Beach (recreation, church and travel teams excluded.) The student can play only one Beach sport per season. All players must be 18 years old or younger as of 8/1. Middle school/JJV eligibility is 5th to 8th grades and age 10 up to 14 but not turning 15 prior to 6/1/24. JV/Varsity ages 14 – 18 and entering grades 9th to 12th for the 2023/2024 school/sports year. To be eligible for JV a student must be age 17 or younger as of 6/1/24. Players age 18 and/or entering 12th grade as of 8/1 are only eligible for varsity level play. The Beach Breakers sports program adheres to the age requirements of the VHSAA Bylaws.

III. Team Placement/Playing Time

The coach is responsible for the conditioning, training, assignment, safety, and discipline of all the players. Beach does not run its sports programs with a recreation-level approach, where if player pays, he is guaranteed to play. Instead, Beach takes a more competitive approach to sports. Players try out, are evaluated, and offered team placement. Coaches assign players to appropriate level teams and team rosters are established. No changes to team rosters after the 1st game of the season is played without T.E.A.C.H Board of Directors' approval. The coach will always strive to develop a player who has potential but will also put the most competitive team on the field.

In every sport, T.E.A.C.H.'s policy is to give highest priority to fielding a Varsity team so that seniors will have an opportunity to finish high school playing for their sports team and so that Beach can have continuity in scheduling Varsity games with other schools. Additionally, players that are age appropriate for the J.V. and Middle School teams are occasionally invited to play up on the Varsity or J.V. teams because their skill level matches that of the higher team. In some cases, players will be asked to play on both the lower and the higher team. In those cases, it is up to the parent to decide whether the player will play for both teams. The coach cannot coerce or force players to play for two teams.

The Coach will determine which players will play and how long they will play. A coach will base his decision on many aspects of the player's performance during practices and games. No amount of play is guaranteed. Playing time is up to the discretion of the coach.

IV. Commitment to the Team

T.E.A.C.H. understands parents are the ultimate authority of their own children. Working under that assumption, T.E.A.C.H. asks that parents do not use Beach sports as a reward or punishment for academic, attitude, or performance problems. Parents are respectfully asked to consider the scope of the commitment before joining a team and plan to participate in scheduled games to the utmost due to the seriousness of the commitment to the entire team and the community of schools. Coaches will happily partner with parents in mentoring and encouraging players toward excellence in all areas of their lives.

V. Conduct

Participants must display moral integrity, Christian character and ethical conduct in keeping with Biblical and T.E.A.C.H. Board approved guidelines.

1. **moral integrity** - the moral correct response to any situation that will reflect the character/behavior of our Lord and Savior Jesus Christ as according to the Word of God (the Bible).
2. **Christian character**= strength of moral fiber, one's behavior, the will to do the right thing, regardless of the consequences; the character traits of excellence that results in consistency, reliability, and trustworthiness.
3. **ethical conduct**= principles, standards, rules of behavior that reflect living your life as Christ would live His, according to the Word of God (the Bible).

All perceived offenses should be reported to the head coach. Individual offenses will be dealt with by the appropriate coach, the Athletic Director or members of the T.E.A.C.H. board, as necessary, and/or referred to the appropriate parent/guardian/designated-covering adult. Serious offenses will be discussed with the parent before action is taken. Participants and their parents may appeal any action taken to the T.E.A.C.H. Board. Participation in the T.E.A.C.H. sports program is a privilege, not a right.

Parents/participants agree to report/make known to the T.E.A.C.H Board, any incident that is believed to be, or could be, denigrating to T.E.A.C.H's reputation/testimony or cause actual legal consequences for the organization whether by perception or actual misconduct. They will have a 48-hour time frame during the Monday-Friday week and a 72-hour time frame for over the week-end in which to report the said incident.

The following issues are cause for implementation of this time frame:

- A. any lapse of "moral integrity" by either a coach or a player as it is stated in their contract and as it relates to T.E.A.C.H/Beach participation.
- B. failure for either a player or a coach to adhere to the "Christian Character" aspect as stated in the contract for both players and coaches as it relates to T.E.A.C.H/Beach participation.
- C. any "ethical misconduct" as stated in the coach and player contract by any coach or player

VI. Attendance.

Participants must be prompt, attending all practices and games. Absences and tardiness may be excused by the coach with sufficient advance notification.

VII. Uniforms

T.E.A.C.H. will provide team uniforms for MS/JJV, JV and Varsity teams as financially feasible. Participants will have to purchase appropriate personal items as needed. Uniforms shall only be worn at official events, and every effort should be made to keep them in excellent condition (clean) and good repair. **In order to preserve the numbers and the logo, please do not dry jerseys in the dryer.** Uniforms belong to T.E.A.C.H. and must be returned to the Coach, Department Head, or a designated representative at the end of the season. Participants will be expected to pay for any replacement costs for lost or damaged uniforms. Failure to pay may result in your player and his/her siblings not being allowed to participate in any future athletic programs until losses have been recovered.

VIII. Parental Responsibilities

Families are required to read all the rules and guidelines sent to them and sign to show they have received them. Parents are required to have an adult covering form on file with the coach on the first day of practice. In order to ensure the success of the season, parents are asked to volunteer for a job. Parents are also asked to support Beach coaches in enforcement of team discipline.

IX. Medical Release

The participants and their parents or guardians will complete the T.E.A.C.H. medical release form which states that the participant is in acceptable condition to take part in the proposed athletic activity and which releases T.E.A.C.H. from liability in excess of team medical insurance coverage if coverage is provided by T.E.A.C.H.

X. Registration

Registration fees are to be paid prior to the first official game of the season. If parents are unable to pay the full amount, they can establish a payment plan with the T.E.A.C.H. Treasurer. If a payment plan is established, the first payment must be made prior to the first official game. If participants fail to pay registration fees or service fees for returned or bounced checks, T.E.A.C.H. will not allow participants or their siblings to participate in any future T.E.A.C.H.-sponsored function until payment is received. Refunds for players will be awarded at the discretion of the Athletic Director. Refunds are not given when players are asked to leave for disciplinary reasons. Registration fees are as follows:

Middle School: \$225

JV: \$300

Varsity: \$350

XI. Fundraisers

Teams may implement their own fundraisers to assist with additional costs to the season such as expenses related to travel tournaments. All team fundraisers must be approved by Beach Breakers Athletic Director. In order to maintain eligibility for future sports seasons and participation in other T.E.A.C.H.- sponsored functions, participants must take part in all fundraisers. Fundraising may be required before or after the regular season. If a participant does not participate in the event or raise the required funds, he is financially responsible for his share of the fundraising effort. Funds that are raised for a sport that is canceled before the first game can be transferred to another sport or to a sibling's sport only if they were raised solely by the individual player. Parents are ultimately responsible for knowing what the fundraising requirements are and making sure their children participate in them.

XII. What do your fees pay for?

Fees cover the expenses Beach incurs including medical insurance, printing, field rental, gym rental, referees, equipment, uniforms, coach screening, storage rental, some tournament registration fees, senior recognition, and sports awards. Some sports and activities cost more than others, and some teams are larger than others. Some sports may have many players one year and fewer players the next year. The T.E.A.C.H. Board sets the fees for Beach Breakers sports at a certain rate to cover all of these sports and activities. The T.E.A.C.H./Beach Breakers is a volunteer-run organization. Its bookkeeping system records all transactions and keeps track of income and expenses. Income varies according to the number of players in the program in a given year, and expenses vary each year according to how many teams there are, how many home games there are, whether new uniforms are needed, and the turnover of coaches. Beach sports strives to provide an affordable, competitive homeschool sports program.

XIII. Coach/Parent Meeting

All parents are expected to attend a meeting with the Beach Breakers Athletic Director and/or head coach to explain what is expected from the players and the parents during the season, and parents will be given an opportunity for Q and A afterwards. This parent meeting will be announced to all parents and will usually occur during the first or second week of practice.

XIV. Sportsmanship

TEACH is a Christian organization, and those Christians who choose to participate in Beach Breakers Sports are expected to manifest the love of our Lord and Savior, Jesus Christ, as well as the rules of sportsmanship. TEACH does not exclude non-Christians from participation, but all are expected to abide by the rules outlined here, regardless of their faith.

TEACH believes that team and individual competition contribute significantly to the development of character and graciousness. Sportsmanship and fair play are important parts of this experience. We expect our coaches, players, parents and students to represent Homeschoolers in a manner that is respectful of others on and off the field. It is our desire and goal that we develop and practice the highest standards of courtesy, discipline, good sportsmanship, and the ability to act as good hosts and guests.

We encourage enthusiastic support at all games within the boundaries of good sportsmanship. We expect adult and student spectators to uphold the same high standards that we demand of our coaches and players and to help foster and promote good sportsmanship.

The Athletes and Coaches shall:

1. Be courteous to opposing teams and all game officials. Respect the facilities of host schools.
2. Never give up, cheat, use inappropriate language or "grandstand."
3. Retain composure at all times and never leave the bench or enter the field or court to engage in confrontations.
4. Be modest in victory and gracious in defeat. A true sportsman does not offer excuses for failures.
5. Play for the enjoyment of the game.
6. Understand and observe the rules of the game and the standards of eligibility.
7. Set high standards of personal conduct.
8. Respect the integrity and judgment of officials and accept their decisions. Clarification may be respectfully requested when necessary. Any complaints are not to be addressed during the game. An email or call to the AD is appropriate.

The Spectators shall:

1. Realize that they represent Homeschooling just as the players and coaches do; and, therefore, have an obligation to demonstrate through their behavior the practice of good sportsmanship.
2. Recognize that good sportsmanship is more than a victory by approving and applauding good team play, individual skill, and outstanding examples of sportsmanship and fair play exhibited by either team. *Booing is never appropriate.*
3. Recognize that since the primary purpose of interscholastic athletics is to promote the physical, mental, moral, social and emotional well being of the players through the medium of a contest, victory or defeat is of secondary importance.
4. Treat visiting teams and officials as guests, extending to them every courtesy. Treat them as you would like to be treated.
5. Be modest in victory and gracious in defeat.
6. Respect the judgment and integrity of officials, realizing that their decisions are based upon game conditions as they observe them. Complaints to the officials during a game is inappropriate and not the job of spectators. It is up to the coach to file complaints to the AD after the game.
8. Wait 24 hours after a game before approaching the coach to discuss an issue.
7. Be subject to disciplinary action up to and including removal of the family and players from the sports season without refund at the sole/final discretion of the Athletic Director and T.E.A.C.H Board. Any spectator removed will need approval from the T.E.A.C.H Board for future participation in Beach functions.

XV. T.E.A.C.H. DRESS CODE

FOR TEACH FUNCTIONS AND BEACH GAME ATTENDANCE

All staff and players must adhere to the dress code while attending any TEACH or BEACH-sponsored function, including games. Prom and Graduation have their own dress code.

HAIR: It is not our desire to usurp parental authority as to student appearance, but we may apply certain standards which may be stricter in order to allow the privilege of participating in BEACH Homeschool Sports.

Hair must be neat, clean and well-kept. It must not hang down to obscure vision in any manner, in the interests of safety. If a sweatband or headband is desired by the player, it will be provided as a part of the uniform. No personal headbands may be worn with uniforms unless they are identical in color and design to the approved team headband.

"SAGS, DRAGS AND DO-RAGS": Sags, or drags, where the pants/shorts are worn pulled partly down, are not allowed. Do-rags, or full head coverage by a cloth or bandana, are not allowed (with the exception of a solid-colored skull cap worn with football uniform). Both of these behaviors communicate identification with concepts which are not compatible with the character and goals of the sports program.

DRESSING AND UNDESSING: Before, during and after games, players must remain fully dressed in the team uniform until in the dressing room or away from the field as facilities dictate. This obviously does not include, for example, circumstances of injury, or uniform change, as required during the game.

Players are allowed to wear their warm-ups (not their uniforms) as spectators before a game. Players are **not** allowed to wear their uniforms after their game unless there is no dressing room in which to change.

HOME-AWAY: Other than specific standards set by the Coaches, e.g., ties, players must dress cleanly, neatly and in a manner reflecting the higher goals and desired reputation of T.E.A.C.H. and BEACH Homeschool Sports. For example: Clean and neat casual to dress wear. No dirty, ragged or holey jeans, no short-shorts, flip-flops, undershirts or visible underwear, camisoles or provocative wear permitted at games or TEACH functions, home or away. Belly buttons and cleavage are to be covered at all times at all TEACH/BEACH functions.

PRACTICES: At practices, the boys must keep their shirts on. The girls are not allowed to wear cotton gym shorts (sophies) unless they wear bike shorts underneath or tight-fitting tank tops with straps any narrower than two inches. Shorts legs cannot be rolled up and shorts or skirt waists cannot be rolled down. Belly buttons and cleavage are to be covered at all times. *The head coach may add his/her own restrictions at any time.*

JEWELRY: No jewelry of any sort can be worn during practice or at games unless it is a medic alert tag.

XVI. CONCUSSION PROTOCOL

T.E.A.C.H has implemented a concussion protocol for the safety of our players. All players are required to complete baseline testing prior to the first game of the season. Baseline testing must be updated every other year. If a player sustains a head injury, once symptoms have resolved they may take a post injury test to confirm they can return to play. If a player sustains a confirmed concussion, they must take the following steps:

1. If under a physician's care, player must be cleared by physician before returning to play.
2. Once symptoms have resolved, player must take a post injury test. If player does not pass the post injury test, they must wait a minimum of 1 week before taking the test again or they must be cleared by a physician before returning to play.
3. If a player does not pass the 2nd post injury test, player must be seen and cleared by a physician before returning to play.

XVII. PHOTOGRAPHY

T.E.A.C.H will provide each player with an individual and/or team picture image. Scheduled picture date and times will be posted for players and families on the Beach Breakers Current Sports Calendar on the T.E.A.C.H website (www.teachhomeschool.com). If a player is unable to attend a scheduled date and time a make-up date and time is not guaranteed.

BEACH BREAKERS Registration/Medical Release/Contract

(This document has legal ramifications: PLEASE READ CAREFULLY! --- THIS FORM MUST BE NOTARIZED. This form can be used the whole school year - passed on from sport to sport.) This contract must be completed and returned to the coach on or before the first game of the season in order to verify age/academic eligibility/physical fitness for the Beach Breakers sports program.

Please return pages 7-10 NOTARIZED to the Coach, Department Head or Athletic Director.

Date _____

Sport participant's name: _____

Address _____

City _____ Zip _____

Home phone number _____ Emergency cell _____

*** Email address _____*****

I. Parental Permission and Medical Release

I, _____, the parent/guardian of

_____ (please print student-athlete's name)

grant permission for my child to participate in BEACH Breakers Sports and certify that he/she is physically fit to participate at the middle/high school level in:

boys volleyball girls volleyball boys soccer girls soccer boys basketball girls basketball
 cheerleading baseball softball tennis football cross country

I hereby grant permission for any T.E.A.C.H. Board member and/or BEACH coach or designated official to seek emergency medical treatment in the case of injury or accident incurred by my child while traveling to, or from and/or attending or participating in a sporting event as a member of a BEACH Breakers Sports team. I am aware that my child's participation in athletic events poses a potentially serious risk of injury. I understand that my child's participation in BEACH Athletics may result in injury as a result of my child's negligence, the negligence of others, or through no fault of my child or anyone else, because of the nature of sports activity.

I understand that BEACH, each member of the T.E.A.C.H. Board of Directors, coaches, and representatives, as well as any sports facility utilized for BEACH sporting events shall not be liable for any mistake of judgment, negligence, or otherwise except in the event of their own individual willful misconduct. I hereby agree, for myself, my child, our heirs, executors, administrators, and assigns, to indemnify and hold harmless, T.E.A.C.H. and/or BEACH Homeschool Sports, each member of the T.E.A.C.H. Board of Directors, coaches, and representatives, as well as any sports facility utilized for BEACH sporting events, against all claims, loss, damage, injury, and liability however caused, resulting from, arising out of, or in any way connected with my child's participation in BEACH athletic events, whether or not caused or contributed to by negligence, alleged negligence or otherwise, on the part of BEACH, each member of the T.E.A.C.H. Board of Directors, coaches, and representatives, as well as any sports facility utilized for BEACH sporting events.

I further understand that T.E.A.C.H. insurance coverage for my child's participation in athletic events is supplemental to my current insurance, and that primary insurance coverage for any loss or physical injury incurred as a result of my child's participation in T.E.A.C.H. events is my sole responsibility. I will not hold the T.E.A.C.H. Board of Directors, coaches, or their specifically designated representatives, nor the respective sports facility nor its authorities, liable for any injury or damages resulting from participation in these activities. (Please insure your student through your personal/family insurance plan. If you have no insurance, your child will be covered by the T.E.A.C.H. policy up to the amount specified by the policy.

Please provide medical and insurance information to aid in expediting treatment if Parent/Guardian is not present:

Physician's name and phone number

Insurance company and policy number

Does your child have any problems that we need to know about, (e.g., medication or dietary needs, sleep? walking, serious anxiety, learning disability, or a chronic disorder) which might affect medical treatment or their ability to participate in athletics? (note in space below, or on separate sheet)

Important: each athlete must have a parent/guardian attending each event in which they participate, OR parent has signed an ADULT COVERING FORM, giving another adult authority in the parents' absence. The adult covering form is kept by the coach, along with this contract. Students playing in BEACH sports who attend without required adult covering will not be allowed participation. Coaches/BEACH officials will not assume responsibility for the general behavior, attitude and discipline of participant children or their siblings or friends. Siblings/friends of players are not allowed to be dropped off at BREAKER practices and left without parental supervision. Disciplinary problems will be referred to parents/guardians and could result in the student not being allowed to participate in specific BEACH events.

T.E.A.C.H. asks that the sports physical exam form at the end of this contract be filled out by your child's doctor or a clinic who will take an independent history before filling out the form. On page 10 of this contract, parents are given the option to get the physical form filled out and signed or take the "opt out" option.

II. Participant Eligibility

Please print player's full name, age/birthdate, grade and parent to initial by the correct corresponding statement below

I do hereby certify that _____

Please Print Player's Full Name

Age/Date of Birth _____ Current academic grade level _____

_____ is being home schooled (either a notice of intent has been filed or the family has filed under religious exemption)

OR

_____ My child will be enrolled in a small Christian school without a sports program during the current academic year, while participating as a member of a Breakers sports team.

School Name: _____

The policy of T.E.A.C.H. regarding students past and/or current participation in Inter-scholastic Sports with non-T.E.A.C.H. Sports programs

- 4. Any student who has competed for a public, private or umbrella school’s inter-scholastic sports program may compete in a T.E.A.C.H. sponsored inter-scholastic program during the same school year **ONLY** if the following conditions are met:
 - D. The student has formally and voluntarily withdrawn from the school for which he or she previously competed.
 - E. The student was academically eligible to compete for the program he or she left, at the time of his or her departure from that program.
 - F. Students who leave a school program after the start of a semester may not compete for a T.E.A.C.H. sponsored inter-scholastic sports program until the end of the semester in which he or she left the previous program.

NOTE 1: To prevent a student from abusing the transfer system, a student will only be allowed to transfer to the Breakers inter-scholastic sports program mid-year, once. If that student leaves the Breakers program after a mid-year transfer, that student will not be allowed back into the Breakers program.

- 5. If a student competes in another Homeschool inter-scholastic program, (similar to the one sponsored by T.E.A.C.H.), that student shall be deemed ineligible to play for the Breakers program for the entirety of the school year during which he or she competed for the other program.

BREAKERS SPORTS EXCLUSIVE PARTICIPATION AGREEMENT

The following agreement must be signed by the parents and player:

We , the undersigned parents and student do hereby declare our intention to participate in Varsity \ Jr. Varsity /Middle School sports exclusively with the T.E.A.C.H./BEACH Breakers for the entirety of the _____ school year.

We understand that failure to abide by the terms of this agreement is cause for exclusion of the student and any other students from this household from all future BEACH Breakers interscholastic programs.

Parent signature _____ Date _____

Student’s signature _____ Date _____

III. FAILURE TO COMPLY

I understand that failure to comply with any of the above articles could cause a forfeiture of any games won by the Breakers while the above player is participating and will result in the student and his/her siblings not being allowed to participate in any future BEACH athletic programs.

IV. DATE OF BIRTH AFFIDAVIT

This is to certify that the full name of the player in this contract is _____ and his/her date of birth is _____.

I understand that if T.E.A.C.H. or another school coach or athletic director questions my player's date of birth, I will present a birth certificate for verification of age.

V. SPORTS PHYSICAL EXAM OPTIONS: (Parent to initial choice below)

_____ I choose to get the sports physical form filled out by my doctor or a clinic that will take an independent history of my child.

_____ I choose to "opt out" of the physical exam and take full responsibility for the health of my child.

The information I have given to T.E.A.C.H. in this contract is correct to the best of my knowledge.

I have reviewed and agree with T.E.A.C.H.'s Statement of Faith and Purpose, Beach Breakers Sports Participation Rules, Beach Breakers Registration/Medical Release/Contract.

Printed Name of Parent/Guardian

Parent/Guardian signature

Date

Printed Name of Student

NOTARIZE HERE:

State of Virginia
City/County of _____, Virginia to wit:
Subscribed and Acknowledged before me, the undersigned **NOTARY PUBLIC**.

This _____ day of _____, 20__

NOTARY PUBLIC

My commission expires _____

(SEAL)

SPORTS PHYSICAL EXAM FORM

Tidewater Educators Assoc. for Christian Homeschooling, Inc.
 209 St. Brides Road E, Chesapeake, VA 23322
 www.teachhomeschool.com

Name _____ Date of Birth _____

Height: _____ Weight: _____ Pulse: _____ BP: _____ / _____ / _____

Vision: R 20/ _____ L 20/ _____ Corrected: Yes _____ No _____ Pupils: Equal _____ Unequal _____

EMERGENCY INFORMATION

Drug Allergies: _____

Other Information: _____

	Normal	Skipped	Abnormal Findings	Initials
Medical				
Appearance				
Eyes/Ears/Nose/Throat				
Lymph Nodes				
Heart				
Pulses				
Lungs				
Abdomen				
Skin				
Genitalia (males only) 3 rd party present				
Musculoskeletal				
Neck				
Back				
Shoulder/arm				
Elbow/forearm				
Wrist/hand				
Hip/thigh				
Knee				
Leg/ankle				
Foot				

The Physician filling out this form has a history on file for the above patient. Yes _____ No _____

Cleared without restriction: _____

Cleared with recommendations: _____

Not cleared for _____ all sports _____ certain sports Reason: _____

Recommendations: _____

Physician's **Printed** Name/Title: _____ Date _____

Address: _____ Phone _____

Physician's Signature/Title: _____