

STUDIO HANDBOOK



Welcome to Dance 2 Xtreme - Carlisle! We are so glad you are here. ☑
This handbook contains everything you need to know for the entire year,
including class schedules, dates, and rates!

About Us

I'm Kendra Palmer, the proud owner and director of Dance 2 Xtreme - Carlisle. We are passionate about nurturing each dancer's artistic spirit and technical prowess. Our mission is to help every dancer explore their creativity, passion, and authentic voice through the art of dance. We are thrilled to have you join our dance family, it's the best! We cannot wait for this season to start and for your dancer/tumbler to embark on their artistic journey!

Founded in 2012, Dance 2 Xtreme - Carlisle has grown from a small group of passionate dancers to a renowned dance school with over 100 dancer and tumblers. Our philosophy is to provide a comprehensive dance education that emphasizes creativity, discipline, and a lifelong love for dance. We believe that each student has the potential to shine and grow as both a dancer, tumbler and an individual, supported by our dedicated and experienced instructors.

Our mission is to deliver elite dance education in a supportive and innovative environment that focuses on artistic expression, technical excellence, and personal growth. We are committed to:

- **Artistry:** Guiding dancers to find their voice.
- **Technique:** Offering the highest standards in dance training.
- **Community:** Building a supportive and nurturing dance family.
- **Growth:** Promoting continuous personal and artistic development.

TABLE OF CONTENTS

- Page 2 - 6...** Styles offered & Classes
- Page 7 - 8...** Schedule and Enrollment
- Page 9...** Dress Code
- Page 10...** Master Calendar
- Page 11...** Fee Structure
- Page 12...** Studio Policies
- Page 13...** Parent Resources
- Page 14...** Studio Communication



STYLES OFFERED

Ballet

Ballet is the foundation of all dance, achieved through barre and center floor work, with a focused attention to proper alignment, technique, and artistry. Students are classically trained with an emphasis on challenging each dancer to the highest degree of technical and artistic excellence—appropriate for their ability level.

Jazz

Jazz dance combines high-energy movement with classical dance technique, focusing on leaps, turns, and stylized choreography. This style emphasizes sharp, rhythmic movements and expressive performance qualities.

Contemporary

Contemporary dance blends elements of ballet, jazz, and modern dance, focusing on fluid movements, emotional expression, and innovative choreography. It encourages versatility and improvisation, allowing dancers to connect deeply with the music and their own artistic voice.

Hip-Hop

Hip-Hop dance is a dynamic and energetic style rooted in street dance and urban culture, featuring movements such as popping, locking, and breaking. This style emphasizes rhythm, freestyle improvisation, and a powerful, expressive performance.

Tap

Tap dance is a percussive style where dancers create rhythmic patterns and sounds with their feet, using metal taps on the heels and toes of their shoes. It combines intricate footwork with musicality and timing.

Lyrical (enroll in contemporary)

Lyrical dance combines the technique of ballet with the expressiveness of contemporary dance, focusing on fluid movements and emotional storytelling. This style encourages dancers to convey the lyrics and mood of the music through their performance.

Acro

Acro dance is a fusion of dance and acrobatics, emphasizing strength, flexibility, balance, and coordination. Dancers perform gymnastic elements seamlessly integrated with dance choreography.

Musical Theatre (interested email us!)

Musical Theatre dance incorporates elements of jazz, ballet, and tap to create dynamic routines that tell a story or express a character. This style is typically performed to music from Broadway shows and emphasizes theatricality and performance skills.

Pom

Pom dance is an energetic and dynamic style of dance that places emphasis on precise and synchronised arm movements, formations, jumps, and skills.

Pointe

Pointe is an advanced form of ballet performed on the tips of the toes using specialized shoes. It requires significant strength, technique, and proper alignment, building on a solid foundation of ballet training. All dancers who wish to be in pointe will take pre-pointe first & then must pass a physical test & written test by January 15th before attending their first pointe shoe fitting. Dancers who are not ready by January 15th will remain as a pre-pointe dancer for the recital choreography.

Tumbling

Dancers/Tumblers will work towards increasing flexibility, balance, strength, muscle control, discipline, body awareness, coordination and concentration while safely mastering various levels of Acro elements. The class will focus on fundamental acrobatic technique, teaching skills & tricks. Dancers will be appropriately placed based on their skill level at the start of the year. Miss Kendra is Acrobatic Arts certified!





OUR CLASSES

For Children Potty Trained to 4 years old

D2X BABIES

45 minutes

THE FUNDAMENTALS OF BEGINNER BALLET & TAP

In this class we will skip, gallop and leap, stretch, crawl, wiggle & giggle. The dancers will learn basic tap dance fundamentals, which is a wonderful activity to nurture a sense of rhythm and timing. We introduce and teach basic ballet positions and movements. A portion of this preschool class also allows the dancers to be able to freely experience their own moving body and find joy in dancing. This combo dance class is a wonderful introduction for the young student to a basic classroom structure in a fun and nurturing environment.

TUMBLE TOTS

30 minutes

INTRODUCTION TO TUMBLING, STRENGTH & BALANCE

Our progressive tumble tot class is designed to develop your child's physical skills. We focus on agility, balance, climbing and coordination, which enhances brain development and builds confidence in not only the dance studio but outside of the studio. We suggest this class to our youngest beginner dancers as it helps our youngest students begin a slow paced learning of classroom structure.

Tumbling classes available for children ages 5+

TUMBLING (AGES 5+)

45 minutes - 1 hour

CLASSES AVAILABLE FOR ALL LEVELS STRENGTH & CONDITIONING FOR TUMBLING SKILLS & FLEXIBILITY.

Dancers will work towards increasing flexibility, balance, strength, muscle control, discipline, body awareness, coordination and concentration while safely mastering various levels of Acro elements. The class will focus on fundamental acrobatic technique, teaching skills such as front and back walkovers, chin stands, hand balancing, and other contortion tricks. Dancers will be appropriately placed based on their skill level at the start of the year.



**CHECK OUT OUR WEBSITE
FOR MORE INFO!**





OUR CLASSES

Dance classes available for children ages 5-8

MINI HIP HOP (AGES 5-6)

30 minutes

AGE APPROPRIATE HIP HOP, FOCUSING ON WEIGHT TRANSFORMING, TIMING, CONTRACTING & SKILLS.

This class is a fun high-energy class that allows your dancer to find their own style. Dancers develop musicality, creativity, listening skills and coordination. In this class we will explore all things hip hop, basic break dancing, and dance games that will have your kid dancin' to the best beats! All music and moves are age appropriate.

PETITE HIP HOP (AGES 7-8)

30 minutes

AGE APPROPRIATE HIP HOP, FOCUSING ON WEIGHT TRANSFORMING, TIMING, CONTRACTING & SKILLS.

This class is a fun high-energy class that allows your dancer to find their own style. Dancers develop musicality, creativity, listening skills and coordination. In this class we will explore all things hip hop, basic break dancing, and dance games that will have your kid dancin' to the best beats! All music and moves are age appropriate.

PETITE COMBO (AGES 7-8)

45 minutes

AGE APPROPRIATE FUNDAMENTALS OF BALLET & TAP.

Dancers will focus on ballet technique at the barre, on the floor and in the center of the room for half of the class and tap technique during the other half of class. During ballet we will continue to grow our terminology of classical ballet while having fun and being creative! During tap we will continue to grow our knowledge of new tap sounds and continue to work on developing our rhythm and timing. No need to have prior ballet or tap skill!

MINI & PETITE POM (AGES 5-8)

30 minutes

INTRODUCTION TO TIMING, ARM MOTIONS, CHEER JUMPS, CORE STRENGTHENING & BEGINNER JAZZ.

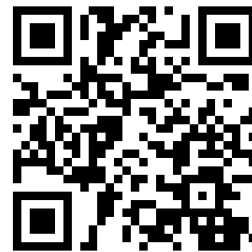
In this class dancers will learn pom movements and terminology and begin exploring elevated levels of turns and jumps, as well as kick line technique. Each class incorporates a formal warm-up, focusing on strength and stretching, training of proper Pom technique and combinations using Pom movements and technique. This class is ideal for dancers wanting to pursue a dance team or cheerleading career in middle school, high school or college or even a professional sport sideline dancer.

MINI COMBO (AGES 5-6)

45 minutes

AGE APPROPRIATE FUNDAMENTALS OF BALLET & TAP.

Dancers will focus on ballet technique at the barre, on the floor and in the center of the room for half of the class and tap technique during the other half of class. During ballet we will continue to grow our terminology of classical ballet while having fun and being creative! During tap we will continue to grow our knowledge of new tap sounds and continue to work on developing our rhythm and timing. No need to have prior ballet or tap skill!



**CHECK OUT OUR WEBSITE
FOR MORE INFO!**





OUR CLASSES

Dance classes available for children ages 9-11

JUNIOR BALLET (AGES 9-11)

45 minutes

Ballet is the foundation of all dance forms. Classes begin at the barre where students perform movement sequences to develop strength, coordination, balance and proper alignment. These skills are reinforced through center and across the floor combinations. Classical technique and vocabulary are taught.

JUNIOR CONTEMPORARY (AGES 9-11)

45 minutes

Contemporary dance is a dance genre which encourages the freedom of expression, improvisation, innovation and creative exploration of movement. We will also use improvisation games to inspire the student's own creative movement. Contemporary is offered to students who have previous dance training in ballet and jazz.

JUNIOR HIP HOP (AGES 9-11)

45 minutes

This exciting and fast paced dance class will leave your kid feeling fresh! This is a fun class for anyone who wants to be challenged, learn various styles of hip hop, push creativity, and boost confidence. All music and moves are age appropriate.

JUNIOR JAZZ (AGES 9-11)

45 minutes

This class is an excellent experience for the dancer who is interested in further strengthening their dance technique. Including elements of ballet, jazz and modern technique, we will work to develop a solid technical base in the dancers.

The students will learn a variety of jumps and turns as well as innovative choreography in this class. This class will feature a variety of jazz styles- from Broadway jazz to lyrical jazz. The class consists of warm up and conditioning exercises to increase flexibility and strength. Class time will be devoted to learning jazz technique as well as funky jazz dance combinations.

Dance classes available for children ages 9 & up

JUNIOR & TEEN POM (AGES 9+)

45 minutes

In this class dancers will learn pom movements and terminology and begin exploring elevated levels of turns and jumps, as well as kick line technique. Each class incorporates a formal warm-up, focusing on strength and stretching, training of proper Pom technique and combinations using Pom movements and technique. This class is ideal for dancers wanting to pursue a dance team or cheerleading career in middle school, high school or college or even a professional sport sideline dancer.

JUNIOR & TEEN TAP (AGES 9+)

30 minutes

This intermediate tap class will expand tap skills & sounds!



**CHECK OUT OUR WEBSITE
FOR MORE INFO!**





OUR CLASSES

Dance classes available for children ages 12+

BALLET TECH 3*

45 minutes

Ballet is the foundation of all dance forms. Classes begin at the barre where students perform movement sequences to develop strength, coordination, balance and proper alignment. These skills are reinforced through center and across the floor combinations. Classical technique and vocabulary are taught. Dancers may also be tested for Pointe & Pre-Pointe class in this Ballet class.

TEEN CONTEMPORARY (AGES 12+)

45 minutes

Contemporary dance is a dance genre which encourages the freedom of expression, improvisation, innovation and creative exploration of movement. We will also use improvisation games to inspire the student's own creative movement. Contemporary is offered to students who have previous dance training in ballet and jazz.

TEEN HIP HOP (AGES 12+)

45 minutes

This exciting and fast paced dance class will leave your kid feeling fresh! This is a fun class for anyone who wants to be challenged, learn various styles of hip hop, push creativity, and boost confidence. All music and moves are age appropriate.

TEEN JAZZ (AGES 12+)

45 minutes

This class is an excellent experience for the dancer who is interested in further strengthening their dance technique. Including elements of ballet, jazz and modern technique, we will work to develop a solid technical base in the dancers.

The students will learn a variety of jumps and turns as well as innovative choreography in this class. This class will feature a variety of jazz styles- from Broadway jazz to lyrical jazz. The class consists of warm up and conditioning exercises to increase flexibility and strength. Class time will be devoted to learning jazz technique as well as funky jazz dance combinations.

POINTE/ PRE-POINTE*

30 minutes

TEACHER APPROVAL ONLY.



CHECK OUT OUR WEBSITE
FOR MORE INFO!

COMPETITION TEAM* (ALL AGES)

*The Xtreme Team (competition team) is designed for dedicated and passionate dancers who seek a more rigorous training and performance schedule. This program offers intensive training, advanced technique classes, and participation in regional and national dance competitions. Dancers will work with top choreographers and instructors to refine their skills, learn challenging choreography, and develop their artistry. The Xtreme team emphasizes discipline, teamwork, and excellence, preparing dancers for a potential career in dance or further advanced training. It provides a competitive edge while fostering a strong work ethic and resilience. **EMAIL IF INTERESTED!***





CLASS SCHEDULE

Class Schedule

Our classes run from Monday to Thursday.

Monday				Tuesday			
Time		Age	Class	Time		Age	Class
4:30 PM	5:15 PM	5-6	Mini Combo	4:45 PM	5:30 PM	9-11	Junior Ballet Technique
4:45 PM	5:15 PM	7-8	Petite Hip Hop	5:00 PM	5:30 PM	potty trained - 4	Tumble Tots
5:15 PM	5:45 PM	5-6	Mini Hip Hop	5:30 PM	6:15 PM	9-11	Junior Contemporary
5:15 PM	6:00 PM	7-8	Petite Combo	5:30 PM	6:15 PM	potty trained - 4	D2X Babies
6:00 PM	6:45 PM	5+	Beginner Tumbling	6:15 PM	7:00 PM	9+	Junior & Teen Pom
6:00 PM	6:30 PM	5-8	Mini & Petite Pom	7:00 PM	7:45 PM	9-11	Junior Jazz
6:30 PM	7:15 PM	5+	Beginner Tumbling	7:00 PM	7:45 PM	12+	Teen Contemporary
6:45 PM	7:30 PM	5-9*	Intermediate Tumbling	7:45 PM	8:30 PM	9-11	Junior Hip Hop
7:30 PM	8:15 PM	10+*	Intermediate Tumbling	7:45 PM	8:30 PM	12+	Teen Ballet Tech
8:15 PM	9:15 PM	10+	Advanced Tumbling	8:30 PM	9:00 PM	9+	Junior & Teen Tap
				9:05 PM	9:35 PM	INVITE ONLY	Pointe

Wednesday				Thursday			
Time		Age	Class	Time		Age	Class
				4:30 PM	5:30 PM	competition	Mini Company
				5:30 PM	6:15 PM	competition	Junior Company
				6:15 PM	7:15 PM	competition	Production
				7:15 PM	8:00 PM	competition	Teen Company
				8:00 PM	8:45 PM	12+	Teen Jazz
				8:45 PM	9:30 PM	12+	Teen Hip Hop

Class & Level Placement

At D2X, we believe in placing students in classes that best match their skill level and experience to promote optimal growth and development. Level placement is determined through a combination of age, skill level, and instructor assessment. For this reason, in some cases we may feel your dancer needs to switch classes to better suit them. If needed we will contact you to let you know.

Classes that are invite only or placement classes must be approved by Miss Kendra.





CLASS

REGISTRATION

1

NEW STUDENTS: Fill out the form provided on <https://dancestudio-pro.com/online/d2xcarlisle>

CURRENT STUDENTS: Log into your Parent Portal by visiting <https://dancestudio-pro.com/online/d2xcarlisle>

2

CURRENT STUDENTS: We can't wait for another great year! Please use your email & account password from previous registrations. Do NOT create a new account. If you cannot log in, please email the studio so that we can help. To log in to your account please visit <https://dancestudio-pro.com/online/d2xcarlisle>

NEW STUDENTS: Welcome! We are so glad you are here! Please go <https://dancestudio-pro.com/online/d2xcarlisle> & select create an account. From there you will be prompted to fill out your account information. Please make sure all information is spelled correctly. Do not forget to include your full address.

1. "Add A Student" please fill in all areas with correct student information.
2. "Create Account" You must be over 18 to register for an account and the legal parent or guardian of the dancer or tumbler.
3. 'Accept Waivers' PARTICIPANT LIABILITY AGREEMENT & ACKNOWLEDGEMENT OF D2X HANDBOOK POLICIES, RULES, CALENDAR & DRESSCODE.
4. "Save Account and Login"
5. Once you are logged in all eligible classes for your dancer will be listed below. Please make sure you are in the 2023-2024 Season.
6. Select your class(es) & hit 'submit.' Once you are done selecting classes you will then be prompted to 'Finish Registration Now.'
7. The next screen will show you the Participant Liability Agreement as well as the broken down amounts to be paid. If all looks good, select 'Make A Payment.'
8. Enter in your card info and select 'Pay Now.'

Notes for current & new students:

Class Choices & Wait List:

- When registering online a list of classes eligible for your dancer by age will appear. If you do not see a class you wish to register for you will need approval by Miss Kendra. Please email the studio to receive information on whether or not you are eligible for a class not listed. If you are placed on the wait list for a class, you will not be charged for this class. If you are added to the class following registration you will have an amount due. This amount should be paid promptly.
- We always recommend staying on the Wait List for a class - you never know if a spot will open or we may add a class based on the level of interest!



REGISTRATION PORTAL

Scan the QR code to
register for classes!



OUR DRESS CODE



At Dance 2 Xtreme, we have a dress code & shoe requirement to ensure that all dancers are dressed appropriately for optimal movement and safety during classes. This uniformity helps instructors provide effective corrections and fosters a sense of discipline and professionalism among our students. It's always best to have an extra pair of dancewear in your dance bag for those just in case days!

Ballet Technique & Pointe	<i>Attire</i>	Black leotard & Capezio Transitional Tights in Ballet Pink. Slick ballet bun with gel. Recommended styles: low buns, high buns, front twists into a bun, or a cinnamon roll ballet bun.
	<i>Shoes</i>	Split Sole Canvas in ballet pink
D2X Babies Mini Combo Petite Combo	<i>Attire</i>	Any leotard, biketard, ballet leotard, ballet skirt, crop tops, spandex shorts or leggings. Hair pulled back out of face.
	<i>Shoes</i>	Ballet single sole ballet pink leather shoes & Tap MaryJane Style taps in tan
Junior & Teen Jazz Mini & Petite Pom Junior & Teen Pom	<i>Attire</i>	Form-fitting dance top (sports bra, crop top, or tank top) & form fitting shorts or leggings. Bun, ponytail or braid. Bun recommended for turns and leaps.
	<i>Shoes</i>	Bloch Pulse Leather Jazz Shoes in Tan or Bloch Super Jazz in Tan
Junior & Teen Tap	<i>Attire</i>	Form-fitting dance top (sports bra, crop top, or tank top) & form fitting shorts or leggings. Bun, ponytail or braid. Bun recommended to keep hair out of the face.
	<i>Shoes</i>	Black JazzTaps (slip on only)
Junior Contemporary Teen Contemporary	<i>Attire</i>	Form-fitting dance top (sports bra, crop top, or tank top) & leggings or dance shorts. Bun, ponytail or braid.
	<i>Shoes</i>	Bare feet, foot undeez or dance socks.
Mini Hip Hop Petite Hip Hop Junior Hip Hop Teen Hip Hop	<i>Attire</i>	Comfortable, loose-fitting dancewear. Bun, ponytail or braid.
	<i>Shoes</i>	Clean - inside only, non-marking sneakers. Recital shoes TBD by February 1st.
Tumble Tots / Tumbling	<i>Attire</i>	Form-fitting dance top (sports bra, crop top, or tank top) & form fitting shorts or leggings. Bun, ponytail or braid. Please keep in mind that hair should not be distraction or in the way while tumbling.
	<i>Shoes</i>	CLEAN bare feet.

Need Dancewear?



09.08.24

1-3PM

**OPEN
HOUSE**

Join us from 1-3pm on
Sunday, September 8th to grab
D2X exclusive dance apparel, see
the studio, register for prizes & so
much more!



STUDIO POLICIES



Attendance and Tardiness: Regular attendance is crucial for progress in dance. Students are expected to attend all scheduled classes. If a student will be absent, parents must notify the studio in advance by contacting us via email at d2xdance@gmail.com. Excessive absences may result in reassessment of class placement. Students should arrive on time for all classes. Repeated tardiness may result in a meeting with the instructor and parents.

Code of Conduct: Students are expected to show respect to instructors and peers at all times. This includes listening attentively, following instructions, and maintaining a positive attitude. Disruptive behavior will not be tolerated and may result in disciplinary action. Parents should support a positive environment by encouraging their children and respecting the studio policies. Any concerns or issues should be addressed privately with the studio staff.

Health and Safety Guidelines: Students should stay home if they are feeling unwell, especially if they have symptoms of contagious illnesses. Please inform the studio if your child will be absent due to illness. All injuries must be reported to the instructor immediately. An incident report will be completed, and parents will be notified. In case of a serious injury, emergency medical services will be contacted.

Dress Code Enforcement: Students must adhere to the dress code at all times. Non-compliance may result in being asked to sit out of class until proper attire is worn.

Inclement Weather Policy: We make every attempt to hold every scheduled class; however, weather may make it unsafe to open the studio. Please check the website and Facebook page for all postings. All cancellations will be posted on the website, emailed and posted on our Facebook page. We will mostly stick with the school on cancellations unless the weather and roads have drastically improved. All decisions will be made by 3:30pm and a mass email will be sent out at that time. There will be no make-up classes for cancellations due to weather related closures unless more than 2 closures for the same classes have happened.

Refund Policy: Tuition is non-refundable many times our classes have a waitlist, if your dancer would like to drop, please give us a 30 day notice. Costume fees are non-refundable, if you drop prior to costumes being ordered it will be applied to your account as a credit to be used in the future. Recital fees are also nonrefundable.

Photo/Video Release: Photos and videos of students may be used for marketing and promotional purposes. By enrolling your child, you consent to the use of their images. If you wish to opt-out, please contact d2xdance@gmail.com.

Liability Release: Participation in dance classes involves some risk. By enrolling, you agree to release Dance 2 Xtreme from any liability for injuries or accidents that may occur during classes or events. Please review the liability release form on your parent portal, it's also posted on the bulletin board at the studio.

Events & Information

- A newsletter will be EMAILED monthly. All parties, performances, deadlines and other important info will always be on there. Please keep us current with any email changes and be sure dance emails are not being sent to your spam folder. All newsletters will also be posted on the website and on the bulletin board in the lobby.
- The studio is open for all holidays except Halloween (& Beggar's Night), Thanksgiving Break, Winter Break, Spring Break & Memorial Day.

Tuition & Fees

- There is an annual registration/administration fee due for each student. This registration fee goes to the cost of ASCAP Music fees, recital music purchase fees, supplies for the year, studio insurance, etc. First child or for families with two or more children total of \$100. The registration fee also holds the dancers spot in class as we try to keep class numbers low.
- Tuition installments and all fees are due the 1st of each month. Any account that does not get paid by the 10th of the month will be subject for suspension and a \$15 late fee will be assessed to ANY & ALL fees that are not paid by the given due date. We will NOT be making any exceptions this year for delayed payments. Classes will be suspended for students whose account is not current. Tuition can be paid annually but there are no discounts for doing so. Cash or check is always the preferred method of payment, checkst can be made out to "D2X."
- There is a \$35 fee for all returned checks as well as the bank fees.
- Costume deposits are posted October 1st & due November 1st. Remaining costume balances will be posted February 1st and due by March 1st.
- Recital fees are due by April 1st. Recital fees are \$130 per dancer. The recital fee includes a 2024-2025 Recital T-Shirt, required tights & helps go towards the cost of the facility, lights, staging & props.

- No credit will be given to any student for missed classes or absences. It will also not be given for time off due to Holidays or closures for weather related cancellations or pandemic cancellations. We will have virtual classes in place if the studio has to close due to a pandemic. These classes will take place of in person classes and tuition will still be due as usual.
- We divide the class payments into 9 monthly installments to keep costs down instead of paying by semester which would incur in two large fees.
- If your dancer or tumbler decides to drop a class after January 1st, you must pay a drop fee of \$25 per class your dancer or tumbler is dropping.
- ALL dancers are required to participate in our annual recital.
- Please email the studio at d2xdance@gmail.com if your child is sick or unable to attend class for any reason.

Credit Card on File: A credit card must be on file for every account, if you do not pay by the 10th of the month a late fee will be added to the account & the card will be charged. If the card is declined there will be an additional decline fee of \$10, we will run the card again in 24 hours. If the card is declined again the account will be suspended until payment is made.

Withdrawal Policy: To withdraw from a class, please notify the studio via email 30 days in advance. Tuition & all other fees already posted are due regardless if your child is no longer attending class. We often have full classes with waitlists. If you fail to give us a 30 day notice you will need to pay a \$25 drop fee per class.

Communication Policy: We prefer communication via email. We aim to respond within 24 hours during the week.

Studio Etiquette: Students should show respect to instructors and peers at all times. This includes listening attentively, following instructions, and maintaining a positive attitude. Students are expected to clean up after themselves and maintain a tidy environment. No food or drinks are allowed in the studio, except for water bottles. Students should use the dressing rooms for changing and the waiting areas for resting. Parents and siblings should wait in designated waiting areas.

Lost and Found Policy: Lost items should be reported to the office. Unclaimed items will be kept in the lost and found for 30 days before being donated. Please check the lost and found regularly for any missing items.

Arrival & Pick-Up: Arrive 5 minutes before your scheduled class and ensure timely pick-up. Parents can observe through the observation window when it is open.

Attendance, Absences, and Makeups: Regular attendance is crucial for community and technique development. Inform the studio of absences via the Parent Portal or email.

Studio Rules & Conduct

- Be on time to class! Everyone should be on time to allow for proper stretching and conditioning. If for some reason you are late and miss the warm-up, please stretch out quickly and thoroughly on your own time before joining with the class.
- Be prompt on pick-up! Parents - the studio is not a daycare. Teachers should only be responsible for students during their class time. Dancers are not permitted to go outside without a parent present.
- Parents, please allow your student to enter the dance room alone. Young dancers may want to bring in mom/dad, but once this happens. It tends to become habitual and causes a great distraction to the class & the teacher. Dance class is a terrific way to instill confidence & independence in little ones, so please allow teachers & assistants to handle these situations. The education of a child must be a cooperative venture between parents and their instructors.
- PARENTS: DO NOT OPEN THE STUDIO DOOR WHILE CLASS IS IN SESSION.
- No chewing gum. Please dispose of it BEFORE class time.
- Please bring dance bags only into studio during combo classes for shoe changes.
- NO PHONES, WATER OR FOOD IN STUDIO AT ANY TIME!
- SMARTWATCHES MAY BE WORN. However, if it becomes a distraction in class it will be asked to be removed. Parents please talk with your children on the importance of not texting during class.
- No food or drink allowed past the studio door. This means no water in the studio! Please keep it in the lobby.
- ONLY DRINKS WITH LIDS ALLOWED IN LOBBY.
- No touching the mirrors.
- No hanging on barres.
- No sitting or jumping on props/mats.
- No jewelry
- No running or rowdy play.
- No sitting while in class (unless instructed to do so).
- Raise your hand to talk.
- Please use the restroom BEFORE coming to class! Due to the location of the bathroom, dancers should only go between classes. Please do not disrupt class to use the restroom.
- Clean up after yourself. Please correctly dispose of any trash and put all chairs back to where you found them. This is YOUR dance studio, so please do your part of taking care of it in order to keep it looking nice. We ask that if you have a drink and do not finish it that you empty the liquid out in the bathroom before throwing it in our trash cans. Same goes for food, if you have stinky food please dispose of it at your home and not the studio.



FEE STRUCTURE

Class Tuition

Class tuition is paid in 9 monthly installments; Installment 1 (September/June), Installment 2 (October), Installment 3 (November), Installment 4 (December), Installment 5 (January), Installment 6 (February), Installment 7 (March), Installment 8 (April) & Installment 9 (May). If you register after September you MUST pay Installment 1.

Tuition

Monthly Installments (September - May)		Full Season Tuition Total	
Classes per Week	Cost per Month	Classes per Week	Full Season Rate
1 - 30 minute class	\$53.50	1 - 30 minute class	\$481.50
1 - 45 minute class	\$64.20	1 - 45 minute class	\$557.80
1 - 60 minute class	\$74.90	1 - 60 minute class	\$674.10

Each additional class is \$20.00 per installment.

For example,

Dancer 1: is enrolled in two 30 minute classes per week, the monthly installment for dancer 1 would be \$74.90 per month.

Dancer 2: is enrolled in three 45 minute classes per week, the monthly installment for dancer 2 would be \$107.00.

Dancer 3: is enrolled in one 60 minute class & two 45 minute classes per week, the monthly installment for dancer 3 would be \$117.70.

2nd & 3rd Siblings receive a 10% discount
4th+ sibling(s) 50% OFF!

Recital Fees

Costume Fees ages 8 & under: \$65-\$75 per costume

Costume Fees ages 9-11 classes: \$75-\$85 per Costume

Costume Fees 12&up classes: \$85-\$95 per Costume

Recital Fees: \$130 per Dancer (includes one pair of tights & memory recital shirt) **due April 1st**

Pom Fee: \$25 per pom class dancer - keep your poms after recital! (Mini & Petite Pom & Junior & Teen Pom) **due December 1st**

Registration Fee

Registration Fee	
First Student	Family (2+ Dancers)
\$65	\$100

Costume Fees

Costume Fees	
Fall Deposit Fee due by Nov 1st	Remaining costume balance due by March 1st
8 & under single classes \$60	8 & under single classes \$5-\$15
8 & under combo class \$120	8 & under combo class \$10-\$30
Ages 9-11 single classes \$65	Ages 9-11 single classes \$10-\$20
Ages 12+ classes \$70	Ages 12+ classes \$10-\$20

OPTIONAL:

Recital Ready Kits: Saves you time & hassle, let us grab your recital make-up & necessities. Will include a make up bag, required lipstick & much more stay tuned!



MASTER CALENDAR

2024-2025



2024

- **September 1st:** Installment 1 due.
- **September 23rd:** First week of recreational classes.
- **October 1st:** Installment 2 due & costume fee deposits posted to accounts.
- **October 23rd - 29th:** Halloween Costume week! (Wear your halloween costume to dance!)
- **October 30th:** Closed for Carlisle Trick-or-Treat night
- **October 31st:** Closed for Pleasantville Trick-or-Treat night
- **November 1st:** Installment 3 due & costume fee deposits due.
- **November 18th - 21st:** D2X Spirit Week! (dress in your best D2X apparel!)
- **November 25th - November 29th:** Closed for Thanksgiving Break
- **December 1st:** Installment 4 due.
- **December 2nd - 5th:** Merry & Bright dress up week! (dress in your most cheerful & bright dance wear!)
- **December 9th -12th:** Wear your ugliest (or cutest!) Holiday sweater to class!
- **December 16th - 19th:** Wear your Holiday PJ's to dance!
- **December 23rd - January 3rd:** Closed for Christmas Break

2025

- **January 1st:** Installment 5 due.
- **January 4th:** Classes resume!
- **February 1st:** Installment 6 due.
- **March 1st:** Installment 7 due &
- **March 17th - March 21st:** Closed for Spring Break
- **April 1st:** Installment 8 due.
- **May 1st:** Installment 9 due.
- **May 1st:** Summer Registration opens!
- **May 4th - 8th:** Tentative Picture week!
- **May 26th:** Closed for Memorial Day
- **June 6th-8th:** Recital weekend! (no absences allowed this week!)
- **July 1st:** Summer classes begin!
- **July 15th:** Fall Registration opens!
- **August 4th - 7th:** Iowa State Fair Camp & performance date TBD





PARENT --- RESOURCES

Parent Portal

Our parent and student portal provides access to important information and resources. To access the portal, visit our website and log in with your credentials. Through the portal, you can:

- View class schedules and attendance records.
 - Access billing and payment information.
 - Receive updates and announcements.
 - Access recital music in the spring.
-

Volunteer Opportunities

We welcome parent involvement and offer various volunteer opportunities throughout the year. To volunteer, please sign up at the office or contact info@artistrydanceloft.com. Opportunities include:

- Assisting with recitals and events
 - Helping with costume fittings
 - Supporting studio fundraisers
-

Frequently Asked Questions (FAQ)

Q: What should my child wear to class?

A: Please refer to our dress code section for specific attire requirements for each dance style.

Q: How do I register for classes?

A: Registration can be completed online through our website or in person at the dance studio during in person registration. If you cannot register online please send an email to us at D2Xdance@gmail.com.

Q: Are there any discounts available?

A: Yes, we offer additional class tuition discounts! Each additional class per dancer after their first class is \$20. We also offer a sibling discounts of 10% off for the second child & beyond.

Q: Can parents observe classes?

A: We keep our window curtains open during the fall and early winter unless it has been deemed a distraction to the specific class. When we return from winter break the curtains are closed as we prepare for our annual recital!

Q: Is my dancer required to participate in recital?

A: Our annual recital is a huge celebration of all the hardwork, time & achievements these dancers & tumblers have put in the season so we absolutely believe every dancer/tumbler should participate! It's one of the best highlights of the year!



STUDIO

COMMUNICATION

Get in Touch

The best way to contact us is via email. You can email us at d2xdance@gmail.com.

Emails will generally be answered during the following business hours Monday thru Friday from 9am-10pm. For reminders and announcements, we send out a monthly newsletter via Facebook, our D2X parent Facebook group, email and will also have it posted on our website.

We're excited to provide you with a clear, organized, and positive experience! If you have any questions, let us know!

- **Address:** 85 School St Carlisle, Iowa 50047
 - Studio Hours: Monday, Tuesday & Thursdays 4:30-9:30pm.
- **Email:** d2xdance@gmail.com
- **Facebook:** @d2xCarlisle
- **Facebook Parent Group:** "D2X Family" find it on our Facebook page!
- **Instagram:** @dance2xtreme-carlisle

JOIN OUR EXCLUSIVE
FACEBOOK GROUP

Join our D2X Family
Facebook group!
Scan the QR Code to join!

