

Statewide and National Resources

Caregiver Support

Caregiver Action Network

Website: www.nfacares.org

Phone: (202)772-5050

The Caregiver Action Network is the nation's leading family caregiver organization working to improve the quality of life for the than 65 million Americans who care for loved ones with chronic conditions, disabilities, disease, or the frailties of old age. CAN serves a broad spectrum of family caregivers and is a non-profit organization providing education, peer support, and resources to family caregivers across the country free of charge.

The Well Spouse Association

Website: <http://www.wellspouse.org>

Phone: (800) 838-0879

The Well Spouse Association advocates for and addresses the needs of individuals caring for a chronically ill and/or disabled spouse or partner. They offer peer-to-peer support and educate health care professionals and the general public about the special challenges and unique issues that "well" spouses face each day.

Educational Resources

Get Covered: A one-page guide to the Health Insurance Marketplace provided by healthcare.gov

<https://www.healthcare.gov/get-covered-a-1-page-guide-to-the-health-insurance-marketplace/>

Cancer.Net

Website: <http://www.cancer.net>

Email: contactus@cancer.net

Phone: 1-888-651-3038

Cancer.net is a patient education website from the American Society of Clinical Oncology that provides information on more than 50 types of cancer and their treatments, clinical trials, side effects, and coping. Also includes live chats, message boards, and links to support groups.

National Cancer Institute

Website: <http://www.cancer.gov>

The National Cancer Institute is the Federal Government's principal agency for cancer research and training. Through their website you can find information about cancer topics, clinical trials, cancer statistics, research and funding, and news related to cancer.

OncoLink

Website: <http://www.oncolink.org>

OncoLink is a website managed by the Abramson Cancer Center of the University of Pennsylvania that provides a wide range of cancer-related information. On the website you can also find information on clinical trials, reimbursement assistance programs, and a caregiver education course.

Emotional Support

4th Angel Mentoring Program

Phone: 866-520-3197

Website: <http://4thangel.org>

The 4th Angel Mentoring Program offers free, one-on-one, confidential outreach and support from someone who has successfully made the same journey towards recovery. The 4th Angel Mentoring Program is telephone based, so you can be connected with mentors anywhere in the world. On this site, you can request a mentor, become a mentor, or receive caregiver mentoring.

American Cancer Fund

Phone: (908) 431-9800

Website: <http://www.americancancerfund.org>

ACF is dedicated to the education, support and empowerment of those diagnosed with cancer by organizing and clarifying information. They provide information about such topics as: living with cancer, clinical trials, complementary and alternative medicines, and nutrition and exercise.

CancerCare

Phone: 1-800-813-4673

Website: <http://www.cancercares.org>

CancerCare provides services for patients and survivors, including: telephone, online, and in-person counseling, connecting individuals with support groups, providing education, publications, and providing financial and copayment assistance. All services are provided free of charge.

Cancer Support Community

Phone: (202) 659-9709

Website: <http://www.cancersupportcommunity.org/Default.aspx>

The Cancer Support Community is an international non-profit dedicated to providing support, education and hope to people affected by cancer. They offer a menu of personalized services and education for all people affected by cancer.

Caregiver Media Group

Phone: 1-800-829-2734

Website: <http://www.caregiver.com>

Email: info@caregiver.com

The Caregiver Media Group provides an online newsletter, workshops, audiotapes, and information on caregivers and the work force, caregiver tips, and other topics.

Chemo Angels

Website: <http://chemoangels.wix.com/chemo-angels-1/index.htm>

The Chemo Angels program offers support to those who find themselves in the most challenging situation of their lives – battling a cancer diagnosis and undergoing IV chemo treatment. Their volunteers support their “buddy” throughout their journey with cards, uplifting messages, supportive words and lots of positive energy. The encouragement the “Angels” provide helps give patients the comfort and confidence of knowing they are not alone in their fight. The goal of Chemo Angels is to help fuel a positive attitude and aid in the road to recovery. Volunteers find that providing emotional support is a most rewarding experience.

First Descents*Phone: (303) 945-2490**Website: <https://firstdescents.org>*

First Descents offers young adult cancer fighters and survivors a free outdoor adventure experience designed to empower them to climb, paddle, and surf beyond their diagnosis, defy their cancer, reclaim their lives, and connect with others doing the same. There is also a program available for cancer fighters and survivors between the ages of 40-49. Meals, accommodations, and program activities are provided free of charge, and travel scholarships are available for those unable to pay travel expenses. Please use the contact information above for more information on these programs.

Imerman Angels*Phone: 1-877-274-5529**Website: <http://www.imermanangels.org>*

Imerman Angels provides personalized connections that enable one on one support among cancer fighters, survivors, and caregivers. The mentors at Imerman Angels are the same age, gender, and have experienced the same type of cancer as the survivor they are paired with. This service is provided for free to anyone who has been touched by cancer.

LiveStrong Foundation*Phone: 1-800-220-7777**Website: <http://www.livestrong.org>*

The LiveStrong Foundation provides support for individuals affected by cancer. The foundation offers online, and phone support as well as informational resources such as articles, videos, information about insurance challenges, planning medical care, caregiver support, and information on other topics related to dealing with cancer.

Look Good Feel Better*Phone: 1-800-395-LOOK**Website: <http://lookgoodfeelbetter.org>*

Look Good Feel Better is dedicated to improving the self-esteem and quality of life of people undergoing treatment for cancer. Through this service, women in active cancer treatment learn techniques to restore their self image and cope with appearance-related side effects. Certified beauty professionals provide tips on makeup, skin care, nail care, and head coverings. Programs are available nationwide in hospitals and community centers. Please use the contact information above to find out more.

Planet Cancer*Website: <http://myplanet.planetcancer.org>*

Planet Cancer is an online community of young adults with cancer in their 20s and 30s. They provide support, information, and humor for young adults with cancer.

Women Survivors Alliance*Phone: (615) 719-0741**Website: <http://www.womensurvivorsalliance.org>*

The mission of the Women Survivors Alliance is to establish a network where women affected by cancer can find their voice, improve their quality of life, and embrace telling their stories.

Financial Assistance

Benefits Check Up

Phone: (212) 479-1200

Website: <https://www.benefitscheckup.org>

Benefits Check Up is a free service provided by the National Council on Aging (NCOA), a nonprofit service and advocacy organization in Washington, D.C. Benefits Check Up asks a series of questions to adults over 55 to help identify what benefits are available to help save money and help cover the costs of everyday expenses. There are over 2,000 federal, state, and private benefits programs available to help with expenses such as food, utilities, legal costs, health care, housing, in-home services, taxes, and transportation.

Brenda Mehling Cancer Fund

24152 Lyons Avenue, #157

Santa Clarita, CA 91321

Website: <http://www.bmcf.net>

The Brenda Mehling Cancer Fund (BMCF) supports patients ages 18 to 40 as they undergo cancer treatment by providing services to meet daily needs that are not covered by insurance. Typical grants cover \$500 worth of medical co-payments, rent, mortgage, transportation, car insurance, repairs, and groceries.

HealthWell Foundation

Phone: 1-800-675-8416

Website: <http://healthwellfoundation.org>

Email: info@healthwellfoundation.org

The HealthWell Foundation reduces financial barriers to care for underinsured patients with chronic or life-threatening diseases. HealthWell provides financial assistance to eligible individuals to cover coinsurance, copayments, health care premiums, and deductibles for certain medications and therapies. Please use the contact information above for more information on eligibility and aid available.

Missouri's Guide to Housing Assistance Programs

Link to PDF: <http://dmh.mo.gov/docs/ada/housingbook.pdf>

This document provides explanations of programs, eligibility requirements, and contact information for a variety of programs related to housing assistance.

The SAMFund

Phone: (617) 938-3484

Website: <http://www.thesamfund.org>

Email: info@thesamfund.org

The SAMFund supports young adult cancer survivors in the United States as they recover from the financial impact of cancer treatment. Through direct financial assistance and free online support and education, The SAMFund helps young adults move forward towards their personal, professional, and academic goals. The SAMFund offers grants and resources for daily living expenses such as rent or mortgage, medical expenses, mental health, student loans, car and health insurance payments, gym memberships, transportation costs and utility bills.

Lodging Assistance

Healthcare Hospitality Network

Phone: 1-800-542-9730

Website: <http://www.hhnetwork.org>

The Healthcare Hospitality Network, Inc. (HHN) is a nationwide professional association of nearly 200 unique, nonprofit organizations that provide lodging and support services to patients, families, and their loved ones who are receiving medical treatment far from their home communities. Hospital hospitality houses (HHH) provide free or significantly reduced cost lodging to patients and their families while receiving medical care away from home. Unlike a hotel, HHS provide opportunities for those going through similar stressful situations to come together as a community where they can support one another. HHs have shared kitchens, common living areas and private bedrooms just like a home, creating a warm and comfortable place to stay.

Joe's House

Phone: 1-877-563-7468

Website: <http://joeshouse.org>

Joe's House is a non-profit organization that aims to provide cancer patients, families, and caregivers with information on affordable accommodations while traveling for treatment. Information about lodging near hospitals and treatment centers that offer a discount can be found by calling the number or visiting the website above.

National Patient Travel Center

Phone: 1-800-296-1217

Website: <http://www.patienttravel.org>

Email: info@nationalpatienttravelcenter.org

The National Patient Travel Center provides information about all forms of charitable, long-distance medical transportation and provides referrals to all appropriate sources of help available in the national charitable medical transportation network. The purpose of the National Patient Travel Center is to ensure that no financially-needy patient is denied access to distant specialized medical evaluation, diagnosis or treatment for lack of a means of long-distance medical transportation.

Medical Resources

Medicare

Website: <http://www.medicare.gov>

Medicare is a health insurance program for people age 65 or older, qualified disabled persons under 65, and people of all ages with end-stage renal disease. Please use the website provided for forms and information regarding Medicare.

National Association of Community Health Centers

Phone: (301) 347-0400

Website: www.nachc.com

The National Association of Community Health Centers offers a listing of local, nonprofit, community-owned healthcare programs serving low income and medically underserved urban and rural communities.

Multi-Service Resources

American Cancer Society (ACS)

Phone: 1-800-227-235

Website: <http://www.cancer.org>

More information about the programs listed below may be found at the ACS website and toll free number provided above.

Lodging Programs

Website: <http://www.cancer.org>

The American Cancer Society is attempting to ease the burden of finding lodging through two lodging programs: The Hope Lodge and the Hotel Lodging/Guest Room Program.

Each Hope Lodge offers cancer patients and their caregivers a free place to stay when their best hope for effective treatment may be in another city. Currently, there are 31 Hope Lodge locations throughout the United States. Accommodations and eligibility requirements may vary by location.

The Hotel Lodging/Guest Room Program functions as a cooperative effort with hotels across the country, providing overnight accommodations to cancer patients who must travel for outpatient treatment and need assistance with lodging. All accommodations are provided based on eligibility requirements and are subject to availability and to restrictions imposed by the participating hotels. Requests for lodging are met on a first-come, first-served basis.

Patient Advocate Foundation's Co-Pay Relief

Phone: 1-866-512-3861

Website: www.copays.org

The Patient Advocate Foundation (PAF) Co-Pay Relief Program (CPR) currently provides direct financial support to insured patients, including Medicare Part D beneficiaries, who are financially and medically qualified for pharmaceutical treatments and/or prescription medication co-payments, co-insurance and deductibles relative to the patient's diagnosis. Eligibility requirements and applications can be found at their website.

No Wooden Nickels

Phone: 1-888-842-2654

Website: <http://www.nowoodennickels.org/index.html>

Email: info@nowoodennickels.org

No Wooden Nickels aims to provide valuable indirect expense assistance to low-income cancer patients in active treatment to help them continue treatment.

United Way 2-1-1

Phone: Dial 2-1-1 or 1-800-427-4626

Website: www.211helps.org

Provided United Way 2-1-1 connects people with important community services and community service opportunities. Phones are manned 24 hours a day, seven days a week, are free to call, and all information is kept confidential. Resources that United Way 2-1-1 may help with include: basic needs like shelter, rent, utility, and mortgage assistance; physical and mental health resources; support for seniors and those with disabilities and support for children, youth and families.

Other Resources

Cancer Fund of America

Phone: 1-800-578-5284

Website: <http://www.cfoa.org>

Cancer Fund of America's mission is to support cancer patients by providing available products free of charge to individuals, hospices, and other non-profit healthcare providers. Some of the available items include: nutritional supplements and vitamins, exam gloves, ointments, clothing, hygiene items, and food items.

CaringBridge

Phone: (651) 452-7940

Website: www.caringbridge.org

CaringBridge offers free, personalized websites that connect family and friends during a serious health event.

MyLifeLine

Phone: (720) 883-8715

Website: www.mylifeline.org

MyLifeLine.org offers free, customizable websites to empower cancer patients and caregivers to build an online community of friends and family.

Patient Advocacy

National Coalition for Cancer Survivorship (NCCS)

Phone: 1-877-NCCS-YES

Website: <http://www.canceradvocacy.org>

Email: info@canceradvocacy.org

The mission of the NCCS is to advocate for quality care for all people touched by cancer. NCCS has worked with legislators and policy makers to represent cancer patients and survivors in an effort to improve their quality of care and life after diagnosis. Through the NCCS's website you can find multiple guides and resources related to cancer survivorship and care providers that they provide.

Patient Access Network Foundation

Website: <https://www.panfoundation.org>

The Patient Access Network Foundation (PAN) facilitates access to medical treatment for patients with chronic or life-threatening illness. PAN is dedicated to overcoming financial and other barriers to treatment so that patients can receive prescribed treatments and the care that best meets their needs.

Patient Advocacy Network

Phone: 1-800-532-5274

Website: www.patientadvocate.org

Email: help@patientadvocate.org

Patient Advocate Foundation (PAF) is a national non-profit organization that provides professional case management services to Americans with chronic, life threatening and debilitating illnesses. PAF case managers serve as active liaisons between the patient and their insurer, employer and/or creditors to resolve insurance, job retention and/or debt crisis matters as they relate to their diagnosis also assisted by doctors and healthcare attorneys. Patient Advocate Foundation seeks to safeguard patients through effective mediation assuring access to care, maintenance of employment and preservation of their financial stability.

Senior Resources

Youth Resources

The Cassie Hines Shoes Cancer Foundation

Phone: (586) 322-0991

P.O Box 345

Washington, MI 48094

Website: <http://www.cassiehinesshoescancer.org>

Email: info@cassiehinesshoescancer.org

The mission of the Cassie Hines Shoes Cancer foundation is to help young adults battling cancer by providing them resources, social support programs and more in order to enable them to live life beyond cancer. Some of the resources available through this foundation include financial assistance for those who qualify, legal help, caregiver resources, and general information related to fighting cancer.

Group Loop

Website: <http://www.grouploop.org>

Group Loop is a free and safe online community where teens affected by cancer can meet and connect with one another to build social and emotional support, and to regain a sense of control over their lives. Group Loop also provides educational information about cancer, and tools to cope with the anticipated changes in relationships and day-to-day activities due to a cancer diagnosis.

Hope for Young Adults with Cancer

PO Box 16091

St. Louis, Missouri 63105

Website: <http://www.hope4yawc.org>

Email: info@hope4yawc.org

The mission of Hope for Young Adults with Cancer is to connect with their peers in the fight to provide direct financial support along with a social network and outlet for young adults between the ages of 18 and 40 who are battling, surviving, and living with cancer.

Missouri Virtual Instruction Program

Phone: 573-751-2453

Website: www.movip.org

Email: movipinfo@dese.mo.gov

The Missouri Virtual Instruction Program (MoVIP) offers online courses to Missouri students in grades K-12. MoVIP is a tuition program offering courses to public, private, and home school students. The program is state funded and can accommodate a limited number of students who, for medical reasons or special activities, may not be able to attend their local school in person.

The Ulman Cancer Fund for Young Adults

Phone: (410) 964-0202

Website: <http://ulmanfund.org>

The Ulman Cancer Fund for Young Adults works to support, educate, connect, and empower young adult cancer survivors.