## Vision

No one experiencing family violence shall be turned away from a shelter to be forced to return to a dangerous or abusive lifestyle.

### Mission

The Camrose Women's Shelter is a non-profit organization which exists to assist individuals and families experiencing the effects of family violence to work towards a lifestyle free of abuse.

#### For All Other Inquiries

Phone: 780-679-4975

Email:

admin@camrosewomenshelter.org

Website: camrosewomenshelter.org



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#### **Donations**

The Camrose Women's Shelter Society is a registered charitable organization.

We accept Cash, Cheque, VISA or Master Card

Or donate online:

www.camrosewomenshelter.org







Walk A Mile In Her Shoes® Annual Fundraiser



# Camrose Women's **Shelter Society**

**OUR SERVICES ARE FREE AND CONFIDENTIAL** 

### Residential Services

The Camrose Women's Shelter Society is a 22-bed facility and provides emergency safe shelter for women and children fleeing family violence, or who are homeless due to crisis situations.

#### SERVICES INCLUDE:

- 24/7 Crisis Line available for referrals, assessments, and supported counseling
- Basic needs and donations
- Referrals to community agencies
- Advocacy
- Life skills groups
- Information on family violence and its effect on each family member
- Safety planning and Danger Assessments
- Outreach Program referrals
- Wheelchair accessible

# 24-Hour Crisis Line

Crisis Intervention Workers are available to provide support, safety planning, advocacy and referrals 24 HOURS A DAY

Phone: 780-672-1035

Toll Free: 1-877-672-1010

Email: crisiswork@ camrosewomenshelter.org

# Family Support Program

Family Support Program staff liaise with community agencies to meet the specific needs of each child, mother, or family unit and assist in transition planning.

# GROUP AND INDIVIDUAL EDUCATION PROGRAMS INCLUDE:

- Parenting
- Effects of family violence on children
- Positive role model for mother-child relationship
- Self-care needs
- Grades 1 to 12 School (funded by Battle River School Division)
- Children's Therapist for children settling in the Camrose community

#### **ACTIVITIES FOR CHILDREN INCLUDE:**

- Preschool learning
- · Crafts and literacy
- Haircuts
- Yoga
- Field trips
- Visits from a local therapeutic service dog

In-house daycare is provided for residents by certified child care staff.

Email: family@camrosewomenshelter.org

You do not have to stay in our Shelter to receive help from us.

### Outreach Program

The Outreach Program provides support for women and families in Camrose and surrounding communities, including:

- Confidential one-on-one support
- Personal safety planning and referrals
- Transition from shelter to community
- Advocacy
- Weekly support groups on family violence
- Needs-based transportation
- Community and school presentations on the impact and understanding of family violence
- In-home support for children who have experienced or witnessed family violence
- Community support group for women who do not wish to stay in the shelter.

Email: orc@camrosewomenshelter.org

# Volunteer Program

A wide range of volunteer opportunities are available, including:

- Child care
- School program
- Special events and fundraising
- Cooking and baking
- Yard care or facility maintenance
- Co-facilitation of groups
- Special projects based on skills such as: art, music, yoga, self care, budgeting, legal assistance, etc.

Email: nadiar@camrosewomenshelter.org

If you know someone who is being abused, encourage them to contact the Camrose Women's Shelter for support and assistance.