



Tuesday, June 13, 2023

Good Tuesday Morning to You!

That person is a pro.

You have likely said those words about someone, and maybe someone has said those words about you. It is a compliment given only to those who have truly mastered their area of focus.

A professional at work. A professional at a hobby. A professional in dealing with certain types of situations or certain types of people. You get the idea.

But “professional” is not a label you give yourself; it’s a description you hope others will apply to you.

So says David Maister, a former Harvard Business School professor, writer and expert on business management practices. And he’s right.

Some people think — and even say — they are professionals, but they are usually nowhere close. In fact, those folks are often the ones to stay clear of. Instead, I have learned to trust those who never hesitate to say, “I don’t know.”

I have written in the past about the 10,000-hour rule that Malcolm Gladwell popularized in his book “Outliers.” The basic idea is that it requires 10,000 hours of concentrated practice in order to possess what is considered a world-class skill in something. I believe this, as long as continual improvement is part of it.

Why? Because, despite the popular saying being drilled in our heads, practice does NOT make perfect. If you are doing something the wrong way over and over, you won’t ever perfect it. I have long preferred the quote, “Perfect practice makes perfect,” or maybe stated even better, “Perfect practices makes a professional.”



So what is it that makes someone a professional? Precision? Accuracy? Efficiency? The way they speak? The way they act? The way they dress? A certain level of education or experience? How they treat others? Organizational skills? Accountability? Honesty? A positive attitude?

Or is it all about results?

What do you think? Shoot me a note and let me know.

Have a terrific Tuesday, and thanks for reading.

Shane Goodman
 President and Publisher
 Big Green Umbrella Media
shane@dmcityview.com
 515-953-4822, ext. 305
www.thedailyumbrella.com

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CITYVIEW's Best Of Des Moines

CITYVIEW announced its 2023 Best Of Des Moines readers' choices Jan. 31. You can find all the results from the poll in the February issue of [CITYVIEW](#) magazine!

Best Local Place to Buy Cigars/Tobacco

1. David's Fine Tobaccos
2. Iowa Cigar Company;
3. Leaf Brothers Cigars

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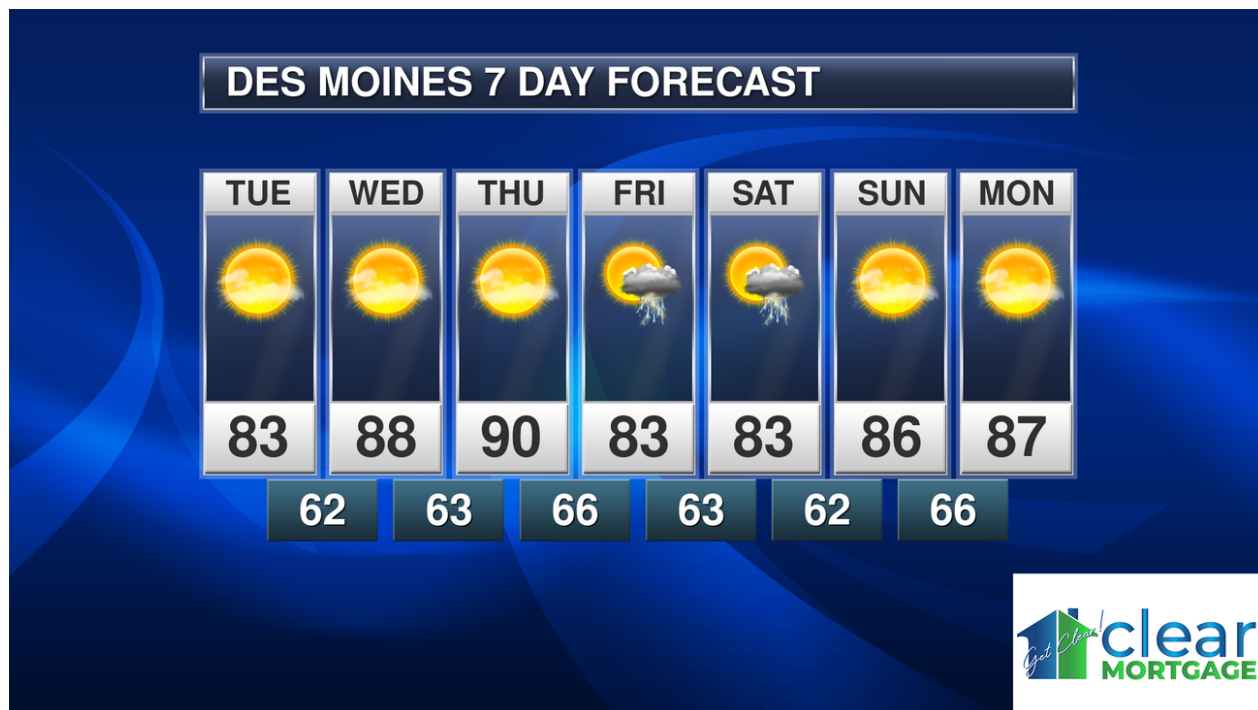
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Your Clear Mortgage forecast from Jason Parkin

Our warming continues into the lower-80s today and upper-80s to near 90 Wednesday and Thursday. Our next rain chance comes Friday into early Saturday morning, and temps cool both days as a result.

For help with preapprovals or refinancing, get in touch with Carrie at carrie.mortgage.



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— From the —
— FOOD DUDE —

Maggi Moss is back in town mainly because Churchill Downs is closed. Moss is the most successful Iowan and most successful independent female owner in American horse racing history. She is also the horse owner most devoted to animal welfare. In fact, she has transitioned her crack criminal law practice to the point that she now only represents animal welfare cases. Because The Des Moines Register, whose Iowa Sports Hall of Fame has conspicuously ignored Moss, wrote a front-page sports story about horse racing and animal welfare without even talking to Moss, we asked her about Churchill's closing. "It's nuts. Churchill has the best protocols and the most humane standards of all tracks in the world. They got closed because media people, who don't know anything, made that their cause."

Labor shortages continue to change the dining scene. Alba has halted lunch service like Django and South Union before them. In New York City, 150 hotels have been taken over by immigrant housing, and it is estimated that 150 restaurants near the hotels have closed because of that.

Tuesday is apps, wraps and wings day at G Migg's (128 Fifth St., West Des Moines). All are going for \$10 after 4:30 p.m.

— Jim Duncan



Almost stepped on this little dude. Too young to be frightened. Did not hear the parents

around showing displeasure. — John Frank, Ankeny

Headlines

FROM KCCI: Iowa man who rammed camper with pickup truck charged with attempted murder

ADEL, Iowa — An Iowa man frustrated about access to his garden allegedly rammed a camper with his pickup truck while the victim was inside, according to police. Kelly Gene Broyles, 65, of Adel, is charged with two counts of attempted murder. [..READ MORE FROM KCCI](#)

FROM WHO-TV: Teddy bears test drive new rides at Adventureland

ALTOONA, IOWA — Adventureland Resort is moving closer to opening two new, intertwining rides – and the first test-riders were all smiles after finishing the run. Adventureland employees strapped in a couple dozen oversized teddy bears for the ride of their lifetime on the Flying Viking rollercoaster. [..READ MORE FROM WHO-TV](#)

FROM WOI-DT Local 5: A new warning: How social media is impacting kid and teen mental health

Mentors with the Chrysalis Foundation know firsthand the perils of social media, and how apps can grab the attention of American teenagers. [...READ MORE FROM WOI-DT Local 5](#)

On June 13 in history ...

1966. The Miranda rights are established. On June 13, 1966, the U.S. Supreme Court hands down its decision in *Miranda v. Arizona*, establishing the principle that all criminal suspects must be advised of their rights before interrogation. Now considered standard police procedure, “You have the right to remain silent. Anything you say can, and will, be used against you in court of law. You have the right to an attorney. If you cannot afford one, one will be appointed to you,” has been heard so many times in television and film dramas that it has become almost cliché.

1983. Pioneer 10 departs solar system. After more than a decade in space, Pioneer 10, the world’s first outer-planetary probe, leaves the solar system. The

next day, it radioed back its first scientific data on interstellar space.

1805: Meriwether Lewis reaches the Great Falls. Having hurried ahead of the main body of the expedition, Meriwether Lewis and four men arrive at the Great Falls of the Missouri River, confirming that the explorers are headed in the right direction.

Read more at [History.com](https://www.history.com).

Personalities

Ride for a Reason

WPC Rotary event benefits Dorothy's House

By Jackie Wilson

As biking season ramps up, bikers often look for ways to get miles in on a fun summer ride. What if you could ride your bike, listen to live music and support a charity as well?

You can with the Ride for a Reason bike ride on June 24, organized by the Rotary Club of West Polk County (WPC). The ride benefits Dorothy's House, a safe haven and support home, where young girls and women involved with human trafficking can go for assistance.

The Rotary of WPC consists of approximately 20 members. The mission of the club was originally to help with providing polio vaccines to eradicate polio in undeveloped countries.

The Rotary of WPC also helps with other community-based events, including providing meals for the Freedom for Youth. They've raised funds for a veterans memorial sculpture in Grimes. Once a month, speakers and representatives from nonprofits talk to the club on a variety of topics.

... [Read more in the May issue of Waukee Living magazine.](#)





Birthdays and Notables!

Happy Birthday Eric Goodman!

These celebrities were born on this date: Chris Evans, Richard Thomas, Kat Dennings, Tim Allen, Malcolm McDowell, Stellan Skarsgård, Ally Sheedy, Steve-O, Rivers Cuomo, Taylor Swift, Kate Mara

SUBMIT: Send your birthday greetings and congratulatory notes to: tammy@iowalivingmagazines.com

Morning Chuckle



The answer to yesterday's riddle:

What do you call a chicken that crosses the road, rolls in mud, and crosses back over the road? A DIRTY DOUBLE CROSSER! - Rex Post

Today's Riddle

Why did the vulture cross the road?

Have a guess? Email tammy@iowalivingmagazines.com



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