

# ADEL Living Weekly

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## SEEN IN ADEL

THE ADEL PARTNERS CHAMBER LUNCH (C.H.O.W.) WAS HELD JUNE 20 AT FAITH LUTHERAN CHURCH.



Natalie Peters and Carman Johns



Susie Latusek and Deb Bengtson



Tom Harmsen and Derek Garrett



Casey Paxson and Sam Grob



Mayor Jim and Pam Peters



Jodi Kuhse and Julianna Cullen

### ADEL WEATHER FORECAST

**FRIDAY HIGH 78 | LOW 59**

Mostly cloudy; a.m. showers



**SATURDAY HIGH 82 | LOW 63**

Mostly sunny and pleasant



**SUNDAY HIGH 83 | LOW 61**

Clouds and sun; possible t-storm



**MONDAY HIGH 81 | LOW 62**

Mostly sunny; possible t-storm



**TUESDAY HIGH 84 | LOW 61**

Clouds and sun; some t-storms



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FROM THE PUBLISHER

# UP YOUR NOSE WITH A RUBBER HOSE

Every generation has its own slang. Some of it carried to future generations. Some of it rightfully fizzled out in a year or two. But one thing is for sure. Slang changes as quickly as fads like poodle skirts, bell-bottom jeans and shutter shades.

In the 1950s, words and phrases like “hipster,” “Daddy-o” and “hi-fi” were commonly used at the sock hops, soda fountains and drive-in theaters. This generation also defined “burning rubber,” “cooking with gas” and “the royal shaft.” And I love it.

The 1960s brought slang like “far out,” “bread” and “the man.” Barbies, Batman and the Beatles were all the rage, as were go-go boots, Easy Bake Ovens and Chatty Cathy. The youngsters were watching “the boob tube,” pulling “the five finger discount” and avoiding “the fuzz.” Right on.

In the 1970s, when I learned to listen and talk, we heard phrases like “dig it,” “mind-blowing” and “give me some skin” and, of course, Vinnie Barbarino’s “up

your nose with a rubber hose.”

This was the era of disco, mopeds, pet rocks and Gee, Your Hair Smells Terrific. You didn’t want to be a jive turkey, a dork, a putz or a space cadet.

The 1980s introduced new slang with “gag me with a spoon,” “gnarly,” “wicked” and “yuppie.” Ferris Bueller summed up this decade best with, “The question isn’t ‘What are we going to do?’ The question is, ‘What aren’t we going to do?’ ” We talked our slang while listening to Walkmans, watching MTV, playing Space Invaders and trying to solve the Rubik’s Cube, all while keeping time on our Swatch Watch. And we repeated phrases like “take a chill pill.”

In the 1990s, we were “getting jiggy” while saying “diss,” “phat,” “homeboy” and “word.” Tamagotchis and Giga Pets were hot, as were rainbow socks, Polly Pockets and body glitter. These were all experienced while telling



metrosexuals “boda bing” or to “talk to the hand.”

Slang of the 2000s brought “peeps,” “BFF” and “rents.” Baggy jeans, MySpace, cargo pants, Bratz dolls, DVD players, the iPod and Razor scooters were in. You might have asked “wassup?” to act like a dawg without being sketchy.

The 2010s introduced “chillax,” “lit,” “fleeek” and “YOLO.” Crop tops, man buns, Crocks with socks, “Jersey Shore,” the Harlem Shake, selfie sticks and jeggings were hot. More slang or newly invented words included “bromance,” “photobomb,” “deets,” “memes” and “emojis.”

Clearly I missed some slang from your generation. Send me a note and let me know what ones. Word.

Have a great week, and thanks for reading. ■



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# SEEN IN ADEL

**THE ADEL PARTNERS CHAMBER LUNCH (C.H.O.W.) WAS HELD JUNE 20 AT FAITH LUTHERAN CHURCH.**



Katie Lind and Abigail Chihak



Robert Cramer and Kristi Fuller



Heidiann Campbell and Elizabeth Holland



Amy Lucht, Betsi Ausdemore and Amanda Taborga

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## ADM SPORTS SCHEDULE

### Friday, July 5

- 5 p.m. **Softball:** JV vs. Ankeny Centennial
- 7 p.m. **Softball:** Varsity vs. Ankeny Centennial

### Monday, July 8

- 4:30 p.m. **Softball:** Freshman vs. Clarinda
- 5:30 p.m. **Baseball:** JV @ Creston
- 5:45 p.m. **Softball:** JV vs. Clarinda
- 7:15 p.m. **Softball:** Varsity vs. Clarinda
- 7:30 p.m. **Baseball:** Varsity @ Creston

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## FUNERAL NOTICE

Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)

### LOIS M. MILLS

Lois M. Mills, 95, died June 27, 2024, at the Adel Acres Care Center. Funeral services were Wednesday, July 3 at the Dallas Center United Methodist Church, where she was a longtime member. Burial was in the Brethren Cemetery, Dallas Center.

Lois was born on Nov. 1, 1928, to Ernest and Mellie (Rhoads) Moser. She was a school teacher for the Dallas Center school district for many years, retiring in 1976. Lois also worked for Brenton Banks for several more years.

She is survived by her sons, Brian and Kent Mills; grandchildren, Chris and Sarah; and three great-grandchildren. Lois was preceded in death by her husband, Billy; son, Ernest; and grandson, Thomas. Memorial contributions may be directed to Dallas Center United Methodist Church. ■



## SAND VOLLEYBALL TOURNAMENT

A sand volleyball tournament for ages 18 and older will be held Saturday, Aug. 10, starting at 1 p.m. at Evans Park. Cost is \$100 per team. The tournament is sponsored by the ADM Volleyball program. For information, email [trevor.irwin@admschools.org](mailto:trevor.irwin@admschools.org). ■

## ADEL SWEET CORN FESTIVAL CAR SHOW

Bring your ride out to Adel for a Gen X-themed car show. Expect a totally awesome time Aug. 10, 10 a.m. to 3 p.m. Parking is on the north side of the square. ■

## NEEDS LIST FOR VETERANS AT THE DES MOINES VA HOSPITAL

Since federal funds may not be used to purchase personal items for veterans at VA Hospitals, American Legion Auxiliary Units like Adel ALA Unit 464 step forward to collect clothing and other items needed by veterans in the Des Moines VA Hospital or in their domicile. Currently, the following are being requested: men's sweatpants/athletic pants (size S-XXL), men's sweatshirts (size S-XXXL), men's athletic shorts (size S-XXL), men's underwear (size S-L), shampoo, large-print books, individually wrapped snacks, and decaf ground coffee.

Donations can be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■

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## THIRD MONDAY BINGO

Enjoy Bingo on Monday, July 15, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

## WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

## ADM BOOSTER CLUB GALA

The second annual Adel-DeSoto-Minburn Booster Club Gala will be Saturday, Aug. 24, 5:30-11:30 p.m. at The Rewind hotel in West Des Moines, 6075 Mills Civic Parkway. The evening includes a sit-down dinner, two cash bars, games, silent auction, live auction and live music by Tony Bohnenkamp. All proceeds going back to the ADM Booster Club. A ticket link is available online at <https://e.givesmart.com/events/D5y/>. ■

## SUMMER FOOD TRUCK AND LIVE MUSIC

Country Lane Lodge, 29300 Prospect Circle, Adel, is hosting its Summer Food Truck and Live Music events Wednesdays from 5-8 p.m. Admission is free. Yard games and full bar are available. The lineup includes:

- **July 10:** Hungry Boys Mexican and Whip Delight with music by Luke Fox
- **July 17:** Chick-Fil-A and Street Sweets with music by Brian Herrin
- **July 24:** Nina's Tacos with music by Brian Allen
- **July 31:** What the Fries and Totally Rolled Ice Cream with music by Jake Schrodt
- **Aug. 7:** Off the Griddle and Outside Scoop with music by Neva Alden
- **Aug. 14:** Brick & Ember Pizza Co. and Street Sweets with music by Lucas Beebe
- **Aug. 21:** Magoo's Pizza and Kona Ice with music by Brian Allen
- **Aug. 28:** Zipp's Pizza and Kona Ice with music by Corey Jamison ■

## SWEET CORN 5K RUN/WALK

Registration is open for the Sweet Corn 5K Run/Walk to be held Aug. 10. The race will take place along the scenic brick streets of Adel. Register at <https://runsignup.com/Race/IA/Adel/AdelSweetCornFestival5K>. ■

## ADEL FARMERS MARKET

The Adel Farmers Market is held at the Dallas County Fairgrounds on Tuesdays from 4-7 p.m. ■

## ADM FREE MEALS FOR KIDS

ADM Community Schools is offering free meals to those 18 and younger now through July 26, Monday through Friday from 11 a.m. to noon at Adel Elementary cafeteria, 1608 Grove St. This is dine-in only. Enter through the preschool doors. A grab-and-go breakfast for the following day will be available Monday through Thursday and grab-and-go meal packs will be available on Fridays. The meal program will not be held July 4 and July 5. ■

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## EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO  
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## STAGE PRODUCTIONS

- **CAROUSEL THEATRE OF INDIANOLA**  
Indianola High School Auditorium,  
1304 E. First Ave., Indianola  
[www.carouseltheatre.org](http://www.carouseltheatre.org)  
Weekends July 19-28: "Urinetown"
- **DES MOINES METRO OPERA**  
Pote Theatre, 513 N. D St., Indianola  
[www.desmoinesmetroopera.org](http://www.desmoinesmetroopera.org)  
July 6, 12, 17, 21: "Pelléas & Mélisande"  
July 13, 18, 19: "American Apollo"
- **DES MOINES PLAYHOUSE**  
831 42nd St., Des Moines  
[www.dmpplayhouse.com](http://www.dmpplayhouse.com)  
July 12-28, Wednesdays through Saturdays:  
"School Of Rock - The Musical"
- **DES MOINES YOUNG ARTISTS' THEATRE**  
Stoner Theater  
[www.dmyat.org](http://www.dmyat.org)  
July 19-28: "The Prom," 221 Walnut St., Des Moines
- **DMACC ANKENY THEATRE**  
Black Box Theatre, Building 5,  
2006 S. Ankeny Blvd., Ankeny  
[www.dmaccc.edu/theatre/ankeny](http://www.dmaccc.edu/theatre/ankeny)  
July 19-20, 25-27: Summer Short Shakespeare '24  
– "As You Like It"
- **URBANDALE COMMUNITY THEATRE**  
Urbandale High School Performing Arts Center,  
7111 N.W. Aurora Ave., Urbandale  
[www.urbandaletheatre.com](http://www.urbandaletheatre.com)  
July 26-28, Aug. 2-4: "The Wizard Of Oz"

## ART SHOWS

- **DES MOINES ART CENTER**  
Des Moines Art Center,  
4700 Grand Ave., Des Moines  
[www.desmoinesartcenter.org](http://www.desmoinesartcenter.org)  
Through Sept. 22: "Hurricane Season" by  
Deborah Jack
- **ANKENY ART CENTER**  
1520 S.W. Ordinance Road, Ankeny  
[www.ankenyartcenter.org](http://www.ankenyartcenter.org)  
Through July 24: Tracy Ingham displays  
primarily oils and oil pastel paintings.  
Through July 24: Troy Cannon shows 20 original  
works of wild animals.  
July 31 - Sept. 24: Seso Marentes "explores the  
intersections of identity, culture and home through  
art."  
July 31 - Sept. 24: Jonah Haug specializes in  
mixed media art and graphic design.
- **MAINFRAME STUDIOS**  
900 Keosauqua Way, Des Moines  
[www.mainframestudios.org](http://www.mainframestudios.org)  
First Fridays of the month: See the creators behind  
the masterpieces while enjoying live music, food  
and, of course, art.  
July: Vivé! Latino Art  
August: Photography  
September: Fashion
- **OLSON-LARSEN GALLERIES**  
542 Fifth St., West Des Moines  
[olsonlarsen.com](http://olsonlarsen.com)  
Through July 20: Annual Landscape Show 2024
- **POLK COUNTY HERITAGE GALLERY**  
Polk County Administration Building,  
111 Court Ave., Des Moines  
[polkcountyheritagegallery.org](http://polkcountyheritagegallery.org)  
Through Aug. 15: Iowa Exhibited 2024 - Annual  
Juried Show ■

## RECIPE

**CELEBRATE SALAD SEASON OUTSIDE THE BOWL**

*(Family Features)* From putting a family meal on the table after activities to hosting a large crowd at your next get-together, a seasonal favorite like Caesar salad can serve as the perfect canvas for creating quick, easy-to-prepare meals.

Even when time is limited, flavor doesn't need to be compromised. Inspired by high-end dining experiences, the Fresh Express Twisted Creamy Truffle Caesar Chopped Salad Kit provides a gourmet twist to turn these Creamy Truffle Caesar Pork Sandwiches into a culinary delight. Ready in just 20 minutes and featuring tender pork strips; a Caesar salad mix of garden-fresh crispy romaine lettuce, delicate sprinkles of truffle Parmesan cheese, crunchy garlic brioche croutons and creamy dressing; and sauteed onions on a toasted bun, every bite is a sensation to be savored. ■

**CREAMY TRUFFLE CAESAR PORK SANDWICHES**

Prep time: 5 minutes

Cook time: 15 minutes

Servings: 4

**Ingredients:**

- 2 pounds boneless skinless pork chops
- 4 tablespoons Italian seasoning
- 2 tablespoons canola oil
- 1 red onion
- 1 bag (9.3 ounces) Fresh Express Twisted Caesar Creamy Truffle Caesar Chopped Salad Kit
- 4 long sandwich rolls

**Directions:**

Preheat pan on stove over medium-high heat. Season pork chops with Italian seasoning.

When pan is hot, add oil and pork chops. Cook pork chops, turning halfway through, until they reach minimum internal temperature of 145 F, 6-8 minutes per side (depending on thickness).

Once pork chops are cooked through, remove from



pan and let rest a few minutes.

Peel and slice onion. After resting, slice pork into strips; set aside.

In same pan, saute onion until translucent, about 5 minutes. Set aside.

In large bowl, combine lettuce, dressing, croutons and cheese from salad kit.

In separate pan, toast buns until golden brown; set aside.

To build sandwiches, place sliced pork on bottom halves of toasted buns. Top with prepared salad mixture and sauteed onions. Finish with top halves of buns.

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## ADEL LIBRARY NEWS

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BY OLIVIA OSBORN

### SUMMER READING POOL PARTY

This party is the prize for all children (infant through 12th grade) for completing this year's Summer Reading Program. If you completed your passport, then you earned a ticket to the pool party. Bring your ticket to the pool for entry. Popcorn and drinks will be available during the party, while supplies last. We understand most children will need a guardian to supervise them; guardian(s) can attend without a ticket. Special thanks to Adel Parks and Recreation and the Waukee Palms for their partnership. This event is on Friday, July 26 from 6-8 p.m.

### STORYTIMES

- **Crafty Mondays** (children ages 8 and younger must be accompanied by a parent or caregiver to attend this program) – Every Monday in July, except July 29, at 10 a.m.
- **Move & Groove Storytime** (0-5 years old) – Every Tuesday in July at 9:30 a.m.
- **My First Storytime** (0-36 months) – Every Wednesday in July at 9:30 a.m.
- **Preschool Storytime** (3-6 years old) – Every Thursday in July, except July 4, at 9:30 a.m.

### KID AND TEEN PROGRAMS

- **Family Movie: "March of the Penguins"** – Friday July 5 at 10 a.m.
- **Fonziba Drums: African Drumming and Culture** (family program) – July 8 at 2 p.m.
- **Magic Tree House Adventures** (grades 1-5) – July 9 at 2 p.m. Registration required.
- **Teen Advisory Board** (grades 6-12) – July 11 at 1 p.m.
- **Instrument Petting Zoo with Des Moines Symphony** (Preschool-first grade) – July 12 at 10 a.m. Registration required.
- **How to Make Trinket/Travel Boxes** (grades 2-5) – July 16 at 2 p.m. Registration required.
- **Interactive Movie & Sing-along: "Encanto"** (family program) – July 19 at 10 a.m.

### ADULT PROGRAMS

- **Exercise Group** – Monday through Thursday, at 9 a.m.
- **Yoga at the Library** – Every Wednesday in July at 5:45 p.m. Registration required.
- **50s Plus Senior Gathering** – July 16 and 30 from 10 a.m. to 1 p.m.
- **Brown Bag Book Club** – July 11 at noon. ■

## CLASSIFIED ADS

**HELP WANTED:** Moss Brothers in Dallas Center is seeking a Parts Sales Person. Retail experience is preferred but will train. Some computer experience is helpful. Full time hours available. Hourly pay dependent on experience. Apply in person at 2476 240th Street Dallas Center.

**STYLISTS WANTED:** Hairs 2 You in Adel. Full or part time. Set your own hours. Stop in and see our salon. Located at 211 S. 7th St., Ste B, Adel. Contact Linda Bever at 515-250-7632 or Michelle Schumacher at 515-494-5873.

**FOR SALE:** Craftsman 42cc 18" gasoline chain-broke chainsaw. 18" bar with E-2 adjust chain tension. Never been used, in original box. original price: \$200. Asking \$100. Call 515-993-3100.

**FOR SALE:** Dust Devil portable electric powerwasher for small projects. Never been used. Asking \$50. Call 515-993-3100.

**FOR SALE:** Troy-Bilt Riding Lawn Mower, 42" Cut, 18HP Briggs and Stratton Twin. Mulching and regular blades. \$400. Can send photos. Call or text 515-260-0931.

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