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SEEN IN JOHNSTON

MORE PHOTOS INSIDE



RIBBON CUTTING HELD AT NEW LIFESERVE FACILITY: The Johnston Chamber of Commerce held a ribbon cutting for the new LifeServe Blood Center Johnston Donor Center, 5625 N.W. Johnston Drive, on June 26. The new location serves as the organization's headquarters, a community donation center and a Gift of Life Garden. The 56,569-square-foot building features state-of-the-art design and architecture. Appointments to donate can be made at www.lifeservebloodcenter.org. Hours are Monday and Thursday, 10 a.m. to 6 p.m., Tuesday, 7 a.m. to 3 p.m., Wednesday, 9 a.m. to 5 p.m., Friday, 6:30 a.m. to 3 p.m. and Saturday, 7 a.m. to noon. ■

JOHNSTON WEATHER FORECAST

WED. HIGH 87 | LOW 66
Times of clouds and sunshine



THURS. HIGH 81 | LOW 62
A couple showers and a t-storm



FRI. HIGH 77 | LOW 61
Intervals of clouds and sun



SAT. HIGH 81 | LOW 65
Mostly sunny



SUN. HIGH 82 | LOW 62
Strong p.m. thunderstorms



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FROM THE PUBLISHER

UP YOUR NOSE WITH A RUBBER HOSE

Every generation has its own slang. Some of it carried to future generations. Some of it rightfully fizzled out in a year or two. But one thing is for sure. Slang changes as quickly as fads like poodle skirts, bell-bottom jeans and shutter shades.

In the 1950s, words and phrases like “hipster,” “Daddy-o” and “hi-fi” were commonly used at the sock hops, soda fountains and drive-in theaters. This generation also defined “burning rubber,” “cooking with gas” and “the royal shaft.” And I love it.

The 1960s brought slang like “far out,” “bread” and “the man.” Barbies, Batman and the Beatles were all the rage, as were go-go boots, Easy Bake Ovens and Chatty Cathy. The youngsters were watching “the boob tube,” pulling “the five finger discount” and avoiding “the fuzz.” Right on.

In the 1970s, when I learned to listen and talk, we heard phrases like “dig it,” “mind-blowing” and “give me some skin” and, of course, Vinnie Barbarino’s “up

your nose with a rubber hose.”

This was the era of disco, mopeds, pet rocks and Gee, Your Hair Smells Terrific. You didn’t want to be a jive turkey, a dork, a putz or a space cadet.

The 1980s introduced new slang with “gag me with a spoon,” “gnarly,” “wicked” and “yuppie.” Ferris Bueller summed up this decade best with, “The question isn’t ‘What are we going to do?’ The question is, ‘What aren’t we going to do?’ ” We talked our slang while listening to Walkmans, watching MTV, playing Space Invaders and trying to solve the Rubik’s Cube, all while keeping time on our Swatch Watch. And we repeated phrases like “take a chill pill.”

In the 1990s, we were “getting jiggy” while saying “diss,” “phat,” “homeboy” and “word.” Tamagotchis and Giga Pets were hot, as were rainbow socks, Polly Pockets and body glitter. These were all experienced while telling



metrosexuals “boda bing” or to “talk to the hand.”

Slang of the 2000s brought “peeps,” “BFF” and “rents.” Baggy jeans, MySpace, cargo pants, Bratz dolls, DVD players, the iPod and Razor scooters were in. You might have asked “wassup?” to act like a dawg without being sketchy.

The 2010s introduced “chillax,” “lit,” “fleeek” and “YOLO.” Crop tops, man buns, Crocks with socks, “Jersey Shore,” the Harlem Shake, selfie sticks and jeggings were hot. More slang or newly invented words included “bromance,” “photobomb,” “deets,” “memes” and “emojis.”

Clearly I missed some slang from your generation. Send me a note and let me know what ones. Word.

Have a great week, and thanks for reading. ■



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SEEN IN JOHNSTON



RIBBON CUTTING HELD AT NEW LIFESERVE FACILITY: Johnston Chamber members Ryan Rohlf, Paul Bierle, Annie Mielke and Sharon Vickery get a tour of the new LifeServe corporate headquarters in Johnston.



Sharon Vickery, Johnston Chamber president, spoke at the ribbon cutting for the new LifeServe Blood Center headquarters.



Stacy Sime, president and chief executive officer of LifeServe Blood Center, spoke at the event.



Johnston Mayor Paula Dierenfeld addressed the crowd. ■

KIWANIS OF JOHNSTON JULY LUNCH

The Kiwanis of Johnston July lunch meeting will be Tuesday, July 9 at noon at Cozy Cafe. Note the time of the meetings has been changed to noon, and the date of the lunch is different due to the July 4 holiday. The speaker will be Kathy Coady, the chief development officer for Hope Ministries. She will discuss the history and mission of Hope Ministries and its approach to helping people who've experienced homelessness, hunger, abuse and addiction, as well as plans for expanding services for women and children with the opening of a new, expanded Hope Ministries Center for Women and Children this fall. RSVP to Barb Allen, bjallen713@gmail.com or 515-577-2194, if you plan to attend. Non-members are always welcome. ■

FARMERS MARKET

Johnston Farmers Market will be held on Tuesdays from 4-7 p.m. through Sept. 24 at the Johnston Town Center just north of City Hall, 6245 Merle Hay Road. Shop for fresh produce and homemade products while being entertained by live music. www.cityofjohnston.com/farmersmarket. ■

COMMUNITY GREETINGS

Johnston Community Greetings would like to welcome anyone new to Johnston with a welcome bag including discounts at local businesses and city information. Contact Missy Shepherd by phone, text or email at 515-991-5014 or mshepherdgreetings@gmail.com. ■

SIGN UP FOR THE MAYOR'S RUN FOR THE TRAILS

The Mayor's Annual Run for the Trails 5K + Kids Fun Run will take place on Saturday, Aug. 10. The registration fee includes a short-sleeve dri-fit T-shirt. However, if you register after July 7, your shirt size cannot be guaranteed. The Kids Fun Runs and 5K walk will start at 8 a.m., followed by the 5K Run at 8:15 a.m. Register at <https://runsignup.com/Race/Info/IA/Johnston/MayorsRunfortheTrails2022KidsFunRun>. ■

FUNERAL NOTICES

Funeral notices can be emailed to tammy@iowalivingmagazines.com

MYRNA WEILAND

Myrna Weiland, 86, died June 19, 2024. She was born on May 21, 1937, at home in Atwater, Minnesota. She graduated from high school in Hutchinson, Minnesota, and received her associate's degree at Concordia College in St. Paul, Minnesota. She taught in Michigan, Illinois and Missouri. She married Lloyd Weiland on July 31, 1960, in Minneapolis. The couple served in various Lutheran congregations over the years. Myrna filled many roles at church including choir director, bible class and circle leader. An accomplished musician, she often was called upon to accompany choirs, as well as sing at weddings, funerals and more. Loyd and Myrna retired in Johnston to be closer to their kids.



Myrna enjoyed pinocle card parties, family lake time in Minnesota, and attending her children's, grandchildren's and great grandchild's sporting, music and other important life events. After husband Lloyd passed, Myrna experienced a "second wind" at McAuley Terrace in Johnston. She enjoyed filling her days by lunching with neighbors, playing bingo, listening to performers and attending chapel service.

Myrna is survived by her daughter, Beth (Doug) Quam; sons, Todd (Elizabeth Stieneke) Weiland and Troy (Jeffrey Niemann) Weiland; grandchildren, Devan (Sydney) and Landon (Alyssa) Quam and Jacob Weiland; and great-grandchild, Hallie Quam. She was preceded in death by husband, Lloyd; son, Brent; infant son, Jonathon; and many other beloved family members.

A memorial service will be held at Saint James Lutheran Church, 5665 Merle Hay Road, Johnston, on Saturday, July 27 at 11 a.m. with visitation at 10 a.m and luncheon following the service. Memorial contributions may be made to Saint James Lutheran Church, 5665 Merle Hay Road, P.O. Box 62, Johnston, IA 50131, or Hope Ministries, P.O. Box 862, Des Moines, IA 50304. Online condolences are welcome at www.IlesCares.com. Arrangements are by Iles Westover Chapel. ■

JEANINE MARY LYNCH

Jeanine Lynch, 70, of Johnston died Tuesday, June 25, 2024. Visitation was June 28 at Caldwell Parrish Funeral Home in Urbandale. Funeral services were June 29 at Capitol Hill Lutheran Church in Des Moines.

Jeanine was a graduate of East High School in 1971, The University of Northern Iowa in 1975, and Drake University in 1988. She married Stan Lynch on May 31, 1975. She taught in the Johnston School District for 41 years. When not teaching, she enjoyed entertaining family and friends at her lake house in Clear Lake.

She was predeceased by her parents, Eva and Henry Thorsheim; sister, Julie (Thorsheim) Westlund; and husband, Stan (2017). She is survived by her sons, Nathan (Rebecca) Lynch and Jeff (Dani Kohut) Lynch; and grandchildren, Henry, Annabelle, Nora and Stella.

Memorials are suggested to the Johnston Partnership. Online condolences can be made to the family at caldwellparrish.com. ■



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MERLE HAY ROAD CANOE/ KAYAK LAUNCH OPEN HOUSE

An open house will be held Thursday, July 11, 5-6:30 p.m. at Johnston City Hall, 6221 Merle Hay Road, to unveil the preliminary design plan for the new Merle Hay Road Canoe/Kayak Launch. This is an excellent opportunity for community members to review the design and provide valuable input. Your feedback is crucial to the development process, and city officials encourage everyone to participate. The project is expected to be under construction by fall and continue into the winter. ■

JOHNSTON BASKETBALL CLUB 2024 TRYOUTS

The Johnston Basketball Club (JBC) girls and boys tryouts are scheduled on Sunday, Aug. 11, at Johnston High School Gym, 6500 N.W. 100th St. Grades eligible for tryouts are first through eighth (grade they will be attending in the fall of 2024). Check the JBC website (johnstonbasketballclub.com) to register for tryouts in July. Specific times for tryouts per grade will be on the website in August. ■

TUNES OF TWILIGHT SERIES AT THE YARD

Enjoy live music in The Yard, 6245 Merle Hay Road.

- **Thursday, July 18**, featuring the duo Snacks
- **Thursday, Aug. 8**, featuring the all-female quartet June Bugs
- **Thursday, Sept. 12**, featuring The Sons of Gladys Kravitz.

The concerts will be from 7:30-9:30 p.m. More information is available by visiting www.cityofjohnston.com/1439/Tunes-at-Twilight-Series. ■



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STAGE PRODUCTIONS

- CAROUSEL THEATRE OF INDIANOLA**
Indianola High School Auditorium,
1304 E. First Ave., Indianola
www.carouseltheatre.org
Weekends July 19-28: "Urinetown"
- DES MOINES METRO OPERA**
Pote Theatre, 513 N. D St., Indianola
www.desmoinesmetroopera.org
July 6, 12, 17, 21: "Pelléas & Mélisande"
July 13, 18, 19: "American Apollo"
- DES MOINES PLAYHOUSE**
831 42nd St., Des Moines
www.dmpplayhouse.com
July 12-28, Wednesdays through Saturdays:
"School Of Rock - The Musical"
- DES MOINES YOUNG ARTISTS' THEATRE**
Stoner Theater
www.dmyat.org
July 19-28: "The Prom," 221 Walnut St., Des Moines
- DMACC ANKENY THEATRE**
Black Box Theatre, Building 5,
2006 S. Ankeny Blvd., Ankeny
www.dmacc.edu/theatre/ankeny
July 19-20, 25-27: Summer Short Shakespeare '24
– "As You Like It"
- URBANDALE COMMUNITY THEATRE**
Urbandale High School Performing Arts Center,
7111 N.W. Aurora Ave., Urbandale
www.urbandaletheatre.com
July 26-28, Aug. 2-4: "The Wizard Of Oz"

ART SHOWS

- DES MOINES ART CENTER**
Des Moines Art Center,
4700 Grand Ave., Des Moines
www.desmoinesartcenter.org
Through Sept. 22: "Hurricane Season" by
Deborah Jack
- ANKENY ART CENTER**
1520 S.W. Ordinance Road, Ankeny
www.ankenyartcenter.org
Through July 24: Tracy Ingham displays
primarily oils and oil pastel paintings.
Through July 24: Troy Cannon shows 20 original
works of wild animals.
July 31 - Sept. 24: Seso Marentes "explores the
intersections of identity, culture and home through
art."
July 31 - Sept. 24: Jonah Haug specializes in
mixed media art and graphic design.
- MAINFRAME STUDIOS**
900 Keosauqua Way, Des Moines
www.mainframestudios.org
First Fridays of the month: See the creators behind
the masterpieces while enjoying live music, food
and, of course, art.
July: Vivé! Latino Art
August: Photography
September: Fashion
- OLSON-LARSEN GALLERIES**
542 Fifth St., West Des Moines
olsonlarsen.com
Through July 20: Annual Landscape Show 2024
- POLK COUNTY HERITAGE GALLERY**
Polk County Administration Building,
111 Court Ave., Des Moines
polkcountyheritagegallery.org
Through Aug. 15: Iowa Exhibited 2024 - Annual
Juried Show ■

RECIPE

CELEBRATE SALAD SEASON OUTSIDE THE BOWL

(Family Features) From putting a family meal on the table after activities to hosting a large crowd at your next get-together, a seasonal favorite like Caesar salad can serve as the perfect canvas for creating quick, easy-to-prepare meals.

Even when time is limited, flavor doesn't need to be compromised. Inspired by high-end dining experiences, the Fresh Express Twisted Creamy Truffle Caesar Chopped Salad Kit provides a gourmet twist to turn these Creamy Truffle Caesar Pork Sandwiches into a culinary delight. Ready in just 20 minutes and featuring tender pork strips; a Caesar salad mix of garden-fresh crispy romaine lettuce, delicate sprinkles of truffle Parmesan cheese, crunchy garlic brioche croutons and creamy dressing; and sauteed onions on a toasted bun, every bite is a sensation to be savored. ■

CREAMY TRUFFLE CAESAR PORK SANDWICHES

Prep time: 5 minutes

Cook time: 15 minutes

Servings: 4

Ingredients:

- 2 pounds boneless skinless pork chops
- 4 tablespoons Italian seasoning
- 2 tablespoons canola oil
- 1 red onion
- 1 bag (9.3 ounces) Fresh Express Twisted Caesar Creamy Truffle Caesar Chopped Salad Kit
- 4 long sandwich rolls

Directions:

Preheat pan on stove over medium-high heat. Season pork chops with Italian seasoning.

When pan is hot, add oil and pork chops. Cook pork chops, turning halfway through, until they reach minimum internal temperature of 145 F, 6-8 minutes per side (depending on thickness).

Once pork chops are cooked through, remove from



pan and let rest a few minutes.

Peel and slice onion. After resting, slice pork into strips; set aside.

In same pan, saute onion until translucent, about 5 minutes. Set aside.

In large bowl, combine lettuce, dressing, croutons and cheese from salad kit.

In separate pan, toast buns until golden brown; set aside.

To build sandwiches, place sliced pork on bottom halves of toasted buns. Top with prepared salad mixture and sauteed onions. Finish with top halves of buns.

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TUES. - FRI.: 9AM - 3PM
SATURDAY: 10AM - 2PM

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SINNETT HOSTS FOOTBALL CAMP

NFL quarterback and former Johnston High School player, Reid Sinnett, will be hosting a one-day football camp July 13 at Johnston High School. Boys and girls going into grades 8-12 are invited to register. All positions and skill levels are welcome.

Campers will receive top-tier coaching led by Reid Sinnett. Position groups will be led by coaches with NFL experience, highlighting players from the Des Moines metro area. Data analysis offered by a team from ZALA will provide each camper customized insight into areas of growth. The \$150 registration fee also includes, a camp T-shirt, lunch, personalized data and more. Registration deadline is July 5.

Sinnett spent time with the Tampa Bay Buccaneers, Miami Dolphins, Philadelphia Eagles and Cincinnati Bengals. He played his college football at the University of San Diego. In his only season as a starter, Sinnett completed 66.9 percent of his passes for 3,528 yards, 32 touchdowns and 10 interceptions while rushing for 174 yards and six touchdowns and was named first-team All-PFL and a finalist for the Walter Payton Award.

Camp registration is available at <https://johnston.ce.eleyo.com/course/3376/summer-2024/reid-sinnett-s-rising-tide-football-academy>.

Dinner opportunity: Sinnett will also be hosting an exclusive dinner for anyone interested in talking football or learning more about the NFL on July 12 at 5:30 p.m. at Hyperion Field Club in Johnston. Limited seating. Cost is \$150/plate with a portion of the proceeds going to Autism Society of Iowa. ■

FOURTH OF JULY FIREWORKS REMINDERS

Residents are reminded that fireworks within the city limits of Johnston are prohibited. Fireworks can be safely watched and enjoyed at the Hyperion Field Club. They are viewable from Johnston Commons Park.

Disregarding the fireworks ordinance is a violation and is punishable by a fine of up to \$500 per violation.

Fireworks can be sold in the city. In 2017, the Iowa legislature took action to allow sales of consumer fireworks in Iowa from June 1 through July 8. The City's code limits the sale of fireworks to C-2 and C-3 retail and commercial zoning districts. However, though fireworks can be purchased, they cannot be used in town.

To report illegal fireworks, call the Johnston Police Department at 515-278-2345. It is helpful if the caller provides a house address where the fireworks are being discharged. ■

CLASSIFIED ADS

WANTED: 2011-2018 Toyota RAV4. Under 130K, over 20 mpg, Clean title. No accidents or hail damage. Dependable car with maintenance records. Must allow test drive, Carfax, and allow mechanic inspection to identify repairs needed. Needed by senior citizen with limited budget. Serious sellers only. Please call 515-770-2307. Thanks!

BABYSITTING: I am a Johnston Middle School associate teacher and planning to do babysitting during summer months starting June. I love being with kids and possess the caring and kind personality. I guarantee you will be satisfied with my service. Call/text me at 925-246-3816.

FOR SALE: Troy-Bilt Riding Lawn Mower, 42" Cut, 18HP Briggs and Stratton Twin. Mulching and regular blades. \$400. Can send photos, call or text 515-260-0931.

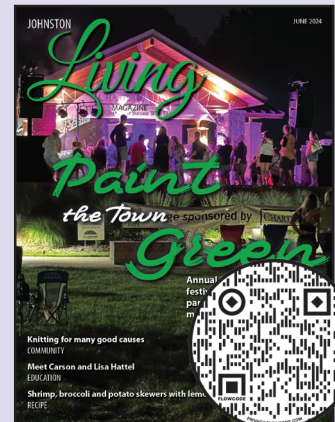
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