

CLIVE

JUNE 2024

# Living

MAGAZINE

2024

# Clive

# FESTIVAL

Join the celebration July 19-20 at the Greenbelt Landing

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**Shrimp, broccoli and potato skewers with lemon and thyme**

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WELCOME

# IT'S WHAT we do

Most of us who grew up in rural Iowa communities have a great deal in common, whether we spent any time on a farm or not. We swam in gravel pits. We knew the difference between dinner and supper. And we called our fizzy drinks pop, not soda.

We also know the strength that comes from connecting — and not via Facebook or Snapchat or Nextdoor. We do it the old fashioned way. We break out the lawn chairs, we share our favorite foods or beverages, and we talk.

Yes, some things have changed. Our front porches may have changed to backyard decks. Our neighbors may no longer be our cousins. And gravel roads and fishing ponds may be more difficult to find. But we still relish the spirit of community, and we live it, too.

This is apparent in our ongoing support of our community festivals. Most all of us smile when we think of the midway amusement rides, the demolition derbies and the tractor pulls we experienced in our youth. We can still taste the corn dogs, the cotton candy and the church stand cheeseburgers. And despite them being available seemingly every weekend somewhere in central Iowa, we still get giddy over fireworks.

The good news is that we don't have to reminisce about the good old days. They are alive and well right here, and we can experience many of those moments soon without leaving town. Turn the pages of this magazine, and you will find all the details you need to know about Clive Festival 2024.

So give Netflix a rest. Get off Instagram. And save the pre-packaged meal for another day. It's time to get out and see your friends and neighbors in person, listen to the festival sounds, and enjoy some local food, beverage and entertainment. Just don't forget your lawn chair.

Thanks for reading. ■

### SHANE GOODMAN

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**FREELANCE WRITER WANTED:** Clive Living magazine is looking for a freelance writer who is familiar with the community and would enjoy writing the stories of Clive in our magazine. If interested, email [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com).



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# 2024 Clive FESTIVAL

Join the celebration July 19-20 at the Greenbelt Landing

By Chantel Boyd

The 2024 Clive Festival is sure to be the best to date, and the returning title sponsor from 2023, Lincoln Savings Bank, is again supporting the celebration. The year's event will take place July 19-20 at the Greenbelt Landing, with activities centered at the parking lot of the Clive Aquatics Center. Clive Parks and Recreation Department, which maintains 15 parks, the Greenbelt Park and Trail and the Clive Aquatic Center, organizes the Clive Festival.

The Thunder Over Clive fireworks shows will be both nights of Clive Festival and will light up the night sky.

# FEATURE

Soon, the Greenbelt Landing will be transformed for Clive Festival with tents, booths, picnic tables and lots of fun for families to enjoy.

Activities will include the annual Thunder Over Clive Fireworks both evenings at 9:30 p.m., live music, the popular Clive Fire Department Slip-N-Slide, Clive Running Festival, and much more. To be more family friendly, organizers moved the nightly fireworks displays 30 minutes earlier.

The event requires many volunteers to make for a successful couple of nights in the heat of late July. Organizers want to thank the volunteers who help put on Clive's largest annual community gathering. Volunteers are still needed, and those interested are encouraged to sign up at [www.cityofclive.com/parkandrecreation/programs\\_and\\_events/clive\\_festival.php](http://www.cityofclive.com/parkandrecreation/programs_and_events/clive_festival.php).



The Fire Department's giant Slip-N-Slide is a summertime favorite.

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Organizers also thank the sponsors and vendors who help make Clive Festival possible.

“The festival values your generous support, and your commitment to our community is greatly appreciated. Thank you for helping make Clive Festival a celebration for the entire community,” Jeff Lucas, recreation manager, who leads the planning for Clive Festival, says.

The celebration is Clive’s largest annual gathering.

“The event is an opportunity for residents from all corners of Clive to come together and celebrate this great community. Clive is truly a special place to live, work and play,” Lucas says.

Planning is still underway for Lucas and the many volunteers.

“We always have a few new wrinkles to the event. There may be a few surprises in the works.”



Live music will entertain attendees of Clive Festival.

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The Clive Running Festival is one of the highlights of Clive Festival.

A particularly popular new event from last year returns.

“The Cardboard Boat Races we added last year were very successful, and we look to build upon that,” Lucas says.

Another crowd favorite returning is the Clive Running Festival.

“The event grows every year and is very well run,” Lucas says. “Who wouldn’t want to start their day on the beautiful Greenbelt Trail?”

This popular trail is used year-round by runners, walkers and bicyclists. Proceeds from the race are used for trail improvements, such as the drinking fountains funded by past races, and annual maintenance of the trail.

Another crowd favorite is the live music that Clive Festival features.

“Over the years, we’ve become well known for our live music lineup. We are proud to bring local favorites to the main stage,” Lucas says.

Perhaps the most memorable part of the festivities is the fireworks display.

“People love Thunder Over Clive, our fireworks shows that are held at 9:30 p.m. both Friday and Saturday night,” Lucas says.

Maybe the favorite kids’ attraction is the water feature for beating the heat.

“The Clive Fire Department’s Giant Slip

N Slide held on Saturday afternoon is a crowd pleaser,” Lucas says.

A myriad of activities for kids will be available.

“We’ll have five or six different bounce houses available for a small fee,” Lucas says.

“We’ll sprinkle in a couple other surprises like a balloon twister, bubble blower and hula hoop activities, too.”

### Making it possible

Clive Festival is not possible without the generous contributions from the local business community, Lucas says.

“Annually, we raise \$25,000-\$30,000 in private donations to help bring Clive Festival to life,” he says.

This year’s title sponsor, Lincoln Savings Bank, joined Clive Festival in 2023 and is returning.

“They’ve been such a great partner.

Local businesses like Walter Roofing, Willis Automotive and Community Choice Credit Union are also supporting the 2024 event,” Lucas says.

There are 60-80 volunteers who are an integral part of putting on the celebration.

“These organizers help us staff things like the touch a truck, bingo, beverage tent and serve drinks. It’s always fun to meet new community members and volunteers at this event,” Lucas says.

Volunteers benefit from the sense of community that is found in putting on this event.

“Those connections last a lifetime. More information on volunteering can be found at [clivefestival.com](http://clivefestival.com),” Lucas says.

For businesses, multiple sponsor levels are still available.

“These business sponsorships bring great exposure to a business or organization,” Lucas says.

Lucas says he looks forward to planning and implementing the event each year with the help of the business sponsors and the many volunteers. He enjoys welcoming community members and visitors to Clive for this annual event.

“The atmosphere is super family-friendly. We take pride in that,” Lucas says.

Additional activities were still being added at press time. A final schedule is expected to be posted no later than July 1. Visit [www.clivefestival.com](http://www.clivefestival.com) for updates. ■

# STONEGATE PARK reopens with new playground

Clive rebuilt the playground after it was destroyed by arson last year.

The City of Clive hosted a ribbon-cutting ceremony and ice cream social for the public to celebrate the reopening of Stonegate Park on Monday, June 17. City officials commemorated the public's support for the new playground project after the original one was destroyed by arson in August 2023.

“Having the support from the community was instrumental for rebuilding the playground,” said Clive Mayor John Edwards. “We held a public poll to select the next playground design and received valuable feedback. The public picked a wonderful design for Stonegate Park, and we are excited to share it with the community.”

The new playground is more accessible and is located near other park amenities like the walking trail, shelter and mini-golf course. The park is part of Clive's network of recreational spaces that support opportunities for personal wellness.

The site is also home to a shelter and gazebo. These facilities aren't for rent but can be used first-come, first-served. Enjoy a picnic lunch after walking on the trail or playing a game of basketball. ■



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Clive Mayor John Edwards cuts the ribbon for the new playground at Stonegate Park.

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# STAY educated on phone scams

With an increase in Artificial Intelligence (AI) and spoofing technology, phone scams are more sophisticated than ever. Staying educated on the different types of scams plays a crucial role in your ability to protect yourself against fraud.



Check out three of the most popular scams and how they work.

**1. Fraud department imposter phone call scam.** An individual receives a call seemingly from a phone number associated with their financial institution. The scammer works to gain credit or debit card numbers and PIN information.

- The caller/scammer will claim to be with their financial institution's fraud department.
- The scammer will ask the individual to verify a card transaction.
- When the individual confirms the transaction is unauthorized, the scammer will ask for the individual's full card number and PIN under the guise of shutting down the card to

prevent future unauthorized transactions.

- With the information, scammers create a counterfeit card to purchase gift cards or money orders using the individual's account.

**2. Customer service imposter phone call scam.** An individual receives a call from a scammer posing as a member of their financial institution's customer service team. The scammer works to gain access to the individual's online banking information to take over their account.

- The caller/scammer will claim to be with their financial institution's customer service department.
- The scammer will ask the individual to verify transactions on their account.
- When the customer confirms the transaction is unauthorized, the scammer will then ask for the customer's login information to verify additional transactions.
- Once scammers have access, they can login and set up external transfers to send money out of the account.

**3. Malicious text message scam.** An individual will receive a text from what appears to be their financial institution. The scammer works to get them to click on a link and then

enter their online banking information.

- The scammer will claim to be their financial institution verifying a transaction on the customer's account.
- Once the individual responds "No," they are sent a verification link asking them to enter their online banking login information.
- This link is malicious and sends the login credentials to another channel where it can be sold to other scammers.
- Scammers use the information to log in to the customer's online banking profile and set up external transactions.

If you've received a call like one above, hang up and call your local branch or customer service line using a number you already know or can find online. Your financial institution can then confirm if they did or did not call, review your account activity for any unauthorized transactions, and look for other suspicious activity. ■

Information provided by Justin Kitzinger, AVP, Private Banking Officer, West Des Moines Branch, 620 S. 60th St., West Des Moines, IA 50266, NMLS ID#: 1940141, office: (515) 245-2968, [jkitzinger@bankerstrust.com](mailto:jkitzinger@bankerstrust.com).



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# BENEFITS of a senior living community

Living in a senior living community offers a range of benefits that significantly enhance the quality of life for older adults. Communities are designed to cater to the specific needs of seniors, providing not just a place to live, but a supportive environment that promotes health, wellbeing and social engagement.



is particularly important for seniors and their families, knowing that help is readily available if needed.

Healthcare access is another critical advantage. Many senior living communities offer on-site healthcare services, including routine medical care, physical therapy and assistance with medication management. These services are provided by trained healthcare professionals who are experienced in geriatric care. Having immediate access to healthcare ensures that residents receive timely medical attention, which can improve their overall health outcomes and prevent hospitalizations.

Maintenance-free living is a practical benefit that enhances the quality of life for seniors. Residents do not have to worry about home maintenance, repairs or landscaping. This convenience allows them to focus on enjoying their retirement years without the burdens of homeownership. Additionally, many communities offer amenities such as housekeeping, dining services and transportation, further easing the daily living responsibilities of residents.

Moreover, senior living communities provide tailored living arrangements that accommodate

various levels of care, from independent living to assisted living and memory care. This flexibility means that, as residents' needs change over time, they can receive the appropriate level of support without having to move to a new location. This continuity of care is beneficial for maintaining stability and comfort in their lives.

Here in Iowa, the scenic beauty and peaceful environment adds to the appeal of senior living communities. The natural landscapes, rolling hills and picturesque farmlands offer a serene and tranquil setting for retirement. Many communities are in areas that provide easy access to parks and walking trails, encouraging an active and healthy lifestyle.

In summary, senior living communities offer a comprehensive array of benefits that cater to the physical, emotional and social needs of older adults. From social interaction and healthcare access to safety and maintenance-free living, communities provide a supportive and enriching environment that enhances the quality of life for seniors. ■

This article was written by Cassia for use by Chris Ruzicka, local Director of Sales for Meadowview of Clive, Chris.Ruzicka@CassiaLife.org, 515-644-8740.



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# NEW reporting requirements for business entities

If you have an LLC or other business entity, you should be aware of important new changes to your reporting requirements. Last year, the Financial Crimes Enforcement Network, or FinCEN, finalized new rules.

FinCEN is a bureau of the U.S. Department of the Treasury, and it aims to combat money laundering, financing terrorism here and abroad, and other illicit uses of our financial systems.

To aid in that goal, FinCEN finalized rules for nearly all business entities, including single-member LLCs, partnerships and subchapter-S corporations. The new rule states that, as of Jan. 1 of 2024, “reporting companies” must file a one-time report with FinCEN that provides identifying information about themselves, their “beneficial owners” and their “company applicants.”

Nearly all business entities fall under this rule, as it applies to any “corporation, LLC, or other entity created by the filing of a document with a Secretary of State or similar office or formed under the law of a foreign country and registered to do business by the filing of a document with a Secretary of State or similar office.”

If your business entity was created before Jan. 1, 2024, you have



one year — until Jan. 1, 2025 — to file this report. However, all newly created businesses must file their Beneficial Ownership Information (BOI) report within 90 calendar days of the creation of the entity.

You should work with your lawyer to ensure the BOI report is timely and correctly filed to avoid future corrections or potential penalties. You will need your full legal name, any trade names your business has, your principal place of business, and the Employee Identification Number (EIN) you received from the IRS upon business creation. You will also have to provide identifying documentation for each Beneficial Owner of your company, which includes their full legal name, date of birth, and a passport, driver’s license or state-issued ID.

Once you complete your BOI report, you will receive a one-time FinCEN identifier for any future needs.

Compliance is easy, but it is also mandatory. Failure to report could result in heavy civil penalties or even criminal charges. Contact your attorney to assist with this important federal regulation so your attorney can keep you, your business partners, and your business in compliance at all times. ■

Information provided by Charlotte Sucik, Abendroth Russell Barnett Law Firm, 2560 73rd St., Urbandale, 515-278-0623, [www.ARPCLaw.com](http://www.ARPCLaw.com).

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## RECIPE

# SCRUMPTIOUS ways to simplify springtime meals

*(Family Features)* From everyday weeknight dinners to picnics in the park, warmer weather and longer days mean families want to spend more time together and less time in the kitchen. This spring, look for kitchen hacks that can make fresh and healthy weeknight seasonal recipes a cinch.

Skipping complicated prep work is the first step toward simplifying springtime meals. Rather than recipes that call for a lot of prep or cooking time, consider easy dishes that require only a handful of steps and use everyday ingredients you may already have in your pantry, fridge or freezer.

For example, these shrimp, broccoli and potato skewers with lemon and thyme can let you put a little spring in your weeknight dinners. Grilled skewers keep the whole family happy and come together in less than 30 minutes, making them perfect for quick and healthy meals without the hassle. The versatility of potatoes means you can grill them, and this version calls for a 5-minute microwave steam first to cut down on grill time.

To find more ways to savor springtime meals outdoors with your family, visit [littlepotatoes.com](http://littlepotatoes.com). ■

## Shrimp, broccoli and potato skewers

Prep time: 5 minutes

Cook time: 20 minutes

Servings: 4

- 1 pound bagged Little Potatoes
- 1 bunch broccoli
- 12 large shrimp, peeled and deveined
- 1 1/2 lemons, juice only
- 3 tablespoons fresh thyme, chopped
- 2 tablespoons olive oil
- salt, to taste
- pepper, to taste

### DIRECTIONS

- In large, microwave-safe bowl, microwave potatoes on high 5 minutes.
- Chop broccoli into large pieces.
- Add broccoli and shrimp to bowl once potatoes are steamed.
- Add lemon juice, thyme and olive oil; evenly coat potatoes, shrimp and broccoli. Season with salt and pepper, to taste.
- Build skewers and grill 10-15 minutes on medium-high heat, until shrimp is cooked through.



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**INVESTMENT**

By Daniel Rundahl

# CONSIDERING college?



Young couples often discuss saving money for college for their children. This is an incredibly good idea.

I do understand that, as parents, we all wish to do everything we can to make life better for our kids. Annual costs of college rise at about 7% per year; that means that, every 10 years, the cost of a four-year degree will double. So, planning for this expensive time in life would be valuable. Let's touch on some options more popularly considered.

**Roth IRAs:** Personally, I am a fan of this. If the kids don't need the money or don't attend college, then you have not saved for years in a college fund that now has no purpose. Of course, a Roth's primary purpose is for tax-free retirement savings, but if "Junior" needs some assistance with college, funds from your Roth IRA will aid in the most tax-efficient method.

**529 plans:** These plans offer tax-deferred growth and tax-free distributions to pay for educational expenses. With a \$5,500 per year, per person state deduction for the donor, it does offer a benefit to fund it fully. Also, given law changes under the Secure Act 2.0 in 2022, your contributions to a 529 Plan can easily convert to a tax-free Roth IRA if not used for education. It does have potential to negatively affect financial aid qualification as it is an asset in the child's ownership.

**UTMA/UGMA (Uniform Transfers/Gift to Minors Account):** These are excellent custodial accounts for parents seeking a savings method because taxable gains would be reported to the child's tax bracket. Also, there are no IRS penalties or requirements that the funds need to be used for education.

**Permanent life insurance:** Many think of this for its primary purpose, to provide tax-free benefit at one's death. Cash value built up in a life insurance policy is not considered an asset for financial aid qualification. The loans/withdrawals from permanent life insurance will be tax-free, allowing you to retain the importance of end-of-life benefits and pay down the tuition burden.

**Student loans/grants:** Whether they are subsidized or unsubsidized, student loans are not a foreign language to many. Though it may be nice to limit this as a primary source to pay for your education, it is still an option. Upon application though a FAFSA form, students will be rewarded assistance for tuition/room and board, with consideration to household income and net worth, of course.

**Scholarships:** Whether it be for athletics, arts or academics, a scholarship to help with college is ideal. Only about 2% of high school students earn athletic scholarships, and often even the valedictorian must pay for room and board.

There are many ways to plan for this future event. Of course, I advise starting a savings plan as soon as you can. This planning process will help to ensure your loved ones the excitement of that collegiate acceptance letter. ■

Information provided by Daniel Rundahl, Financial Advisor, Rundahl Financial Consultants, 6165 N.W. 86th St., Johnston, drundahl@rundahlfinancial.com, 515-727-1701, www.rundahlfinancialconsultants.com.

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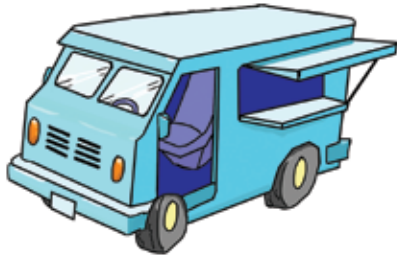
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\*Sales ranking based on 2023 car and truck sales report of the Kansas City Region of Lincoln Motor Company.

Be sure to check for cancellations.



## Food Truck Fridays

Fridays, 5:30-8 p.m.

Campbell Park, 12385

Woodlands Parkway, Clive

Live entertainment and food are presented by Clive Parks and Recreation and the Clive Chamber of Commerce. Jump on the Greenbelt Trail and make your way to Campbell Park to enjoy music, food and fun. Bring the whole family. The park has three playgrounds and a green space. Bring a blanket or a lawn chair. Note: Campbell Park is now a cashless facility. No cash is accepted. Payment methods are Visa, Mastercard, Discover, American Express, Apple Pay and Google Pay.

Upcoming entertainment: Sept. 6: Dick Danger Band; Sept. 13: Brother Trucker.



## Clive Aquatic Center open

The Clive Aquatic Center is now open for the season through Aug. 17. Open swim is daily from 11:30 a.m. to 6 p.m. Go to [cityofclive.com/cac](http://cityofclive.com/cac) for more information on swim lessons, pricing and programming. All hours are weather permitting.

## Summer Friendly Fridays

Various dates and parks

Join us for mid-morning playdates at various Clive park playgrounds. Meet new friends and families on the playground. Adult supervision is required. This program is simply free play on the playgrounds to connect families with others in our community. Clive staff will serve free treats (ice cream or popsicles) at 11 a.m. Come and go as you please. Events are:

- June 28 – Stonegate Park
- July 12 – Greenbelt Park/Porter Shelter
- July 26 – Campbell Park
- Aug. 9 – Stonegate Park

## Outdoor Yoga

Wednesdays, through Aug. 7, 6-6:45 p.m.

Campbell Park, 12385 Woodlands Parkway, Clive

Join free community yoga classes at beautiful Campbell Park. Instruction is provided by various local, certified instructors. Please bring your own yoga mat.



## 80/35 Music Festival

July 12-13

Water Works Park, 2201 George Flagg Parkway, Des Moines

80/35 is moving out of downtown and into Water Works Park. The new location allows the festival to include camping for the first time. Headliners: Killer Mike and OK go.

## Hinterland

Aug. 2-4

Avenue of the Saints Amphitheatre, 3357 St. Charles Road, St. Charles  
[www.hinterlandiowa.com](http://www.hinterlandiowa.com)

Just a half hour outside of Des Moines is the state's largest music festival that continues to draw nationally renowned names to the small city of St. Charles. More than 20 musical acts will take the main stage and entertain travelers, campers and music lovers alike. Headliners: Aug. 2: Hozier; Aug. 3: Vampire Weekend; Aug. 4: Noah Kahan.



## Youth Tennis Lessons

July sessions

Campbell Park Tennis Courts, 12385 Woodlands Parkway, Clive

Summer is a perfect time for your child to learn more about tennis. This partnership with Lifetime Tennis brings you two class options with multiple session offerings for each. This program is intended for both the beginner and intermediate player. Participants will need to bring clean tennis shoes, water bottle and racket if they have one. We do have extra rackets if you need to borrow one. Please indicate so at time of registration. For options and registration, visit [https://cityofclive.activityreg.com/selectactivity\\_t2.wcs?leaguesid=2249](https://cityofclive.activityreg.com/selectactivity_t2.wcs?leaguesid=2249).

## Harbach Center hours expand

Harbach Center hours are expanding to six days a week. Starting July 1, the Harbach Center will be open Monday through Friday, 3-7 p.m., and Saturday, 10 a.m. to 2 p.m. (closed Sundays). Membership is now required for all users, and you can enroll online. This will help staff better track attendance and gather important emergency contact information. Visit <https://ow.ly/UrGw50RslXt> for more information.

## Vibrant Music Hall

2938 Grand Prairie Parkway, Waukee

[www.vibrantmusichall.com](http://www.vibrantmusichall.com)

July 7: The Kid Laroi First Time Tour at 7:30 p.m.

Aug. 2: Counting Crows at 7:30 p.m.

Aug. 20: The Smashing Pumpkins: The World Is A Vampire Tour at 7:30 p.m.

Sept. 15: An Evening With Goose at 7:30 p.m.

Sept. 29: Marcus King: Mood Swings The World Tour at 8 p.m.



# EVENTS IN THE AREA

To submit calendar items for consideration, send to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)

Be sure to check for cancelations.

## ART SHOWS

### Des Moines Art Center

Des Moines Art Center, 4700 Grand Ave., Des Moines

[www.desmoinesartcenter.org](http://www.desmoinesartcenter.org)

Through Sept. 22: "Hurricane Season" by Deborah Jack

### Ankeny Art Center

1520 S.W. Ordinance Road, Ankeny

[www.ankenyardcenter.org](http://www.ankenyardcenter.org)

Through July 24: Tracy Ingham displays primarily oils and oil pastel paintings.

Through July 24: Troy Cannon shows 20 original works of wild animals.

July 31 - Sept. 24: Seso Marentes "explores the intersections of identity, culture and home through art."

July 31 - Sept. 24: Jonah Haug specializes in mixed media art and graphic design.

### Olson-Larsen Galleries

542 Fifth St., West Des Moines

[olsonlarsen.com](http://olsonlarsen.com)

Through July 20: Annual Landscape Show 2024

### Mainframe Studios

900 Keosauqua Way, Des Moines

[www.mainframestudios.org](http://www.mainframestudios.org)

First Fridays of the month: See the creators behind the masterpieces while enjoying live music, food and, of course, art.

July: Vivé! Latino Art

August: Photography

September: Fashion

### Anderson Gallery

Harmon Fine Arts Center, 1310 25th St., Des Moines

[andersongallery.wp.drake.edu](http://andersongallery.wp.drake.edu)

Sept. 5 - Oct. 20: Ken Buhler and Kim Uchiyama

### Polk County Heritage Gallery

Polk County Administration Building, 111 Court Ave., Des Moines

[polkcountyheritagegallery.org](http://polkcountyheritagegallery.org)

Through Aug. 15: Iowa Exhibited 2024 - Annual Juried Show



## CITYVIEW's Summer Stir - East Village

Friday, July 26, 5-9 p.m.

East Village, E. Locust St., Des Moines

CITYVIEW's traveling cocktail party is back in East Village. Sample many of summer's finest drinks at some of the area's best bars and restaurants. Try 10 different drinks for only \$25 with your online order (\$30 at the door). For more information and for tickets, visit [summerstirs.dmcityview.com](http://summerstirs.dmcityview.com). ■



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# IOWA Pork Producers invest in next generation

Scholarships support students studying agriculture.



Under the umbrella of the Iowa Pork Producers Association (IPPA), the Iowa Pork Foundation was established in 1984 and has been awarding scholarships ever since then to students planning to continue their education in an agricultural field. The exact amount varies from year to year, but usually it's about \$50,000 in scholarships annually.

Iowa Pork Producers Association CEO Pat McGonegle provided some information on the scholarships and internships given through the organization.

"The Iowa Pork Foundation and the Iowa Pork Producers Association invest about \$50,000 a year in scholarships. We're trying



Daniel Timmons of Edward Jones presents the Neighbor Spotlight certificate to Hannah Spurr.

to incentivize young people to study agriculture and to keep them on that pathway as they move through the educational process," McGonegle says. "It's very important because there is a lot of science in pork production, and we need a lot of talent in our industry for the whole production cycle, for veterinary medicine, and all the scientific processes involved. This is one way for us to invest in talent for the future."

McGonegle shared the concept behind the internships, as well.

"We have three internships every year. They do a lot of work for us, and they gain a lot of experience as well," McGonegle said. "It's kind of an exploration opportunity for young people to figure out what aspect of the pork industry they might want to go into, whether it's science and technology or research or communications."

McGonegle says the IPPA prides itself on community involvement.

"We understand our relationships with our urban friends," he says. "We've been in Clive since 1983, and we understand the importance of being a good community partner, and we look forward to being one for a long time." ■

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## PLAN AHEAD

By Buffy Peters

### GRIEF 101 with Buffy: Get physical

Grief is the natural and normal reaction we have after someone has died. One fact that some people are not aware of is that we experience grief within our bodies, so finding ways to physically release it is a great way to express some of our most intense emotions.

What physical activities do you enjoy?

Do you prefer being in nature? Go for a walk or run on a trail. Gardening is also a great way to be active outside.

Do you enjoy dancing? Take a class (online or in-person), or put on some tunes and dance in your home.

Do you want to take it easy on your joints? Try swimming, water aerobics, chair yoga, or stretch classes.

Do you feel limited with time or other resources? Cleaning, cooking, and other household chores keep us moving.

Do you feel worried about where to start? No worries. Many fitness organizations have variety of classes dedicated to specific age groups and levels.

There are so many different ways we can move in the world. Think about what you enjoy or pick a new activity to try. Movement helps us burn energy, release feelings, and increase our sense of control in the world. Make a list of some activities you would like to try and then start getting physical. ■

Information provided by Buffy Peters, Director of Hamilton's Academy of Grief & Loss, 3601 Westown Parkway, West Des Moines, IA 50266, 515-697-3666.



## Plan Ahead for PEACE OF MIND

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## HEALTH

By Dr. Amy Petersen

### POOL safety

With the hot, humid summer days, families are looking to their own backyards for water entertainment. Although fun, having a wading pool, above or underground pool, or hot tub comes with big responsibility. Drowning is the leading cause of injury-related death in children ages 1-4. It can happen in seconds to minutes and is often silent without waving, splashing or yelling. Following these safety tips can ensure a more safe and enjoyable summer in the water.

- Install fencing with a self-closing gate at least 4-5 feet high on all sides of the pool.
- Put all pool toys away when finished playing in the pool. If you have an above-ground pool, always lock or remove the ladder when finished.
- Learn CPR.
- Designate an adult "water watcher" in group-swim situations and take turns with this responsibility. Put away cell phones and avoid distractions when it is your turn.
- Enroll your kids in swim lessons.
- Never rely on water wings, floaties, noodles or inner tubes — these are toys, not safety devices.
- Keep safety equipment, such as emergency flotation devices, nearby when swimming. ■

Information provided by Dr. Amy Petersen, Cornerstone Pediatrics & Family Allergy, 6800 Lake Drive, Suite 260, West Des Moines, www.cornerstonepfa.com.



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**POLK COUNTY**  
Board of Supervisors



# Polk County North/West Highlights

**The Polk County Board of Supervisors are responsible for approving funding for numerous projects throughout the county. Funding of projects comes from gaming revenues generated by our partnership with Prairie Meadows Racetrack and Casino. The funds support Polk County Community Betterment Grants and Community Development Grants to enhance the quality of life throughout Polk County**



## Polk County Assists with Funding for GrimesPlex

Polk County provided a community development grant for the construction of GrimesPlex. The new 50-acre synthetic turf complex will be one of the largest facilities of this kind in the Midwest. This multi-sports facility will include baseball, softball, soccer and football fields located within the 200-acre Hope District. The one million square feet of field area is flexible to hold numerous sporting events and recreational activities. The new facility is projected to have an economic impact of \$16 million per year for the Greater Des Moines Area.



## Cultivation Complex at Living History Farms Brought to you, in part, by Polk County

As Living History Farms in Clive transforms from a seasonal cultural attraction to a year-round destination, Polk County stepped in to help fund the new Cultivation Complex. The Cultivation Complex will provide year-round programming and address much needed space demands to meet Living History Farms programming needs. With a year-round facility, Living History Farms will bring enhanced value to the tri-membership program offered in conjunction with the Science Center of Iowa and Blank Park Zoo.



## Youth Justice Initiative of West Des Moines Receives Upgrades from Polk County

The Youth Justice Initiative (YJI) is an organization dedicated to provide a restorative process for youth in the community to promote healing, increase accountability and support for repeat juvenile offenders. Polk County is providing a community betterment grant to help offset the costs for food, technology, and supplies for YJI's bi-weekly study table. The funds will also help expand fitness activities so youth can socialize, exercise, and be more focused to learn.



## Polk County Central Iowa Source Water Research Study Underway

Our two rivers, the Raccoon and Des Moines, are one of our communities greatest assets with more than 240 miles of shoreline. These rivers play a significant role in central Iowa's local economy, culture, recreation community and overall identity. The rivers are the primary source of drinking water for over one-half million people. Right now, a two year study called the Central Iowa Source Water Research Assessment (C.I.S.W.R.A.) is underway to give us a better picture of what is in our water. A team of nationally renowned scientists are working to give us a comprehensive look at the cleanliness of our rivers and streams. Once complete in 2025, CISWRA will provide a road map for community leaders to create policies and best practices to cleaning our waterways and protecting this vital resource for future generations.

# MEET Leah Taylor

Reading resource educator at Clive Learning Academy

After attending Luther College, Leah Taylor relocated to Minneapolis and Phoenix to teach. She wanted to experience life elsewhere before settling down in Des Moines with her husband and three children. Now, Taylor has been teaching at the Clive Learning Academy since the family moved back to the Midwest in 2007. She has taught ESOL and first grade and is currently a reading resource teacher.

“Witnessing the growth and progression of students I’ve taught in the past is truly one of the highlights of my experience at Clive Learning Academy,” Taylor says. “Another aspect of teaching at Clive Learning Academy that I cherish is the privilege of collaborating with exceptional educators. We are truly fortunate to have some of the most dedicated teachers.”

As a reading resource educator, Taylor’s main focus is teaching small groups of children literacy skills and strategies. Typically, she works with two to five students at a time, spending half an hour with each group. Her students currently range from kindergarten to second grade. Additionally, Taylor collaborates with a second-grade teacher to co-teach literacy in her classroom.

“One of the most rewarding aspects of being a reading resource teacher is seeing the joy on students’ faces when they realize they are able to read. I have had many first graders who were once frustrated with reading, look up after reading a book and exclaim, ‘I can do it now! I can read!’ ” Taylor says.

One fun activity Taylor has created for her students involves pairing first graders with sixth graders to read twice a week during literacy stations. Taylor says that the first graders enjoy creating relationships with the older students while the sixth graders like the leadership opportunity.

The reading team also sends reading bags home with students. Each Monday, students receive new books or passages to read to their parents. The students then bring back the reading bags on Friday when they receive a prize as well as new books for the next week.

“This is a great way for our students to ‘show off’ their reading skills and practice their reading fluency with their parents,” Taylor says.

This summer, Taylor is looking forward to spending more time with her husband and children, being outside, going for walks, playing tennis



As a reading resource educator, Leah Taylor’s main focus is teaching small groups of children literacy skills and strategies.

or pickleball, and boating at the lake. Taylor is also looking forward to slowing down and reading more books. ■

“It’s been through the addition of MAPLE that we have been able to get the kids to talk.”



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# FOOD TRUCK Friday

Food Truck Friday is held at Campbell Park.



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Amy Eilander and Michelle Kurtz



Mike and Mary Rowley



Kelly and Miguel Hernandez



Gary and Mary Merrick



Mandy Sipes and Sheila Rich



Chris Rich and Jamie Sipes



# DRIVE Out Hunger

Employees at Stew Hansen & Dewey Auto packed food bags to Drive Out Hunger for more than 600 Iowa kids in need. The employees bought, prepared and donated the meals, which were delivered to five metro schools as part of the “We’re ‘Hear’ for You” campaign, now in its third year.



Jan Kinney, Connie Broich and Jolle Wihlm at Food Truck Friday at Campbell Park.



Ryan and Kristen Taft and Eli Grabinski at Food Truck Friday at Campbell Park.



Craig and Susan Walter at Food Truck Friday at Campbell Park.



Tracy Steinberg and Nia Vassilonikolidakis at Food Truck Friday at Campbell Park.



Barb Perez and Trina Paine at Food Truck Friday at Campbell Park.

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