

# ADEL *Living Weekly*



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## 60 ADM STUDENTS RECEIVE SCHOLARSHIPS

The Adel DeSoto Minburn Scholarship Foundation announced that 57 graduating seniors from ADM High School going on to post-secondary education received scholarships at the ADM Commencement on Sunday, May 26. The Foundation was established in 1985 by then principal, Stan Norenberg. His dream was that every student graduating from ADM going on to post-secondary education would receive a scholarship. Since its inception, 967 students have received scholarships totaling \$950,000. The student must apply in January of their senior year to be considered for the scholarship.

The Scholarship Foundation also established three awards to honor three students who have excelled in the specific area of the award. The first award established was the Nile Kinnick Award. Nile Kinnick attended Adel Schools, was



Makayla Crannell receives the Nile Kinnick Award from the ADM Scholarship Foundation.

a Heisman Trophy winner, and lost his life serving our country in the military during World War II. The recipient must have participated in athletics, shown leadership qualities and qualified for a scholarship. The recipient of this year's Nile Kinnick Award is Makayla Crannell.

Eric Cutler was an honor student

while attending ADM High School and has gone on to be an international opera singer. The recipient of this award must have participated in fine arts while attending high school and qualified for a scholarship. The 2024 Eric Cutler Award winner is Owen Embree.

The Stan Norenberg Award honors the founder who had the vision to establish a scholarship foundation, with the first donation of only \$150, to help ADM graduates going on to higher education. The Stan Norenberg Award recipient must hold leadership positions, be active volunteering in the community and also be eligible for a scholarship. This year's Stan Norenberg Award recipient is Ryan Entriken.

More information regarding the ADM Scholarship Foundation may be found on the ADM Scholarship Foundation website or contact anyone on the board of directors listed on the site. ■

### ADEL WEATHER FORECAST

**FRIDAY HIGH 80 | LOW 63**  
Partly cloudy and windy 

**SATURDAY HIGH 78 | LOW 58**  
Breezy; a.m. showers in spots 

**SUNDAY HIGH 79 | LOW 55**  
Partly sunny and pleasant 

**MONDAY HIGH 77 | LOW 58**  
Periods of clouds and sun 

**TUESDAY HIGH 81 | LOW 58**  
Mostly cloudy with a little rain 



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FROM THE PUBLISHER

# TOASTED MARSHMALLOW. CHUNK OF CHOCOLATE. GRAHAM CRACKERS.

The ingredients listed above are a not-so-secret recipe for something many of you may have indulged in over the weekend. I had two.

Of course, I am referencing one of the easiest North American snacks to make — and one of the more difficult ones to spell. Is it a s'more? Or a smore? Or some other variation? I am not sure, but I know one thing; it is delicious.

We spent a portion of two evenings this past weekend with friends and family around two separate campfires. After shaking the bit of residual rust off the campfire skewers, we settled in to the snaps, crackles and pops of the firewood and got sticky.

Those of you who have done the same, whether in recent years or not, know there is a science to making a s'more, and it really depends on who the s'more chef is. Some purists like their marshmallows mostly raw. Others prefer them charred to a crispy crunch. I want mine somewhere

in the middle — golden brown and gooey.

The name s'more is said to be a contraction of the phrase “some more.” The initial recipe apparently was in a Campfire Marshmallows cookbook in the early 1920s. Back then, it was called a “Graham Cracker Sandwich,” and why not? The article I read said this was already a popular treat with both the Boy Scouts and the Girl Scouts. Not too many years later, a recipe for “Some More” was published in the now awkwardly named “Tramping and Trailing with the Girl Scouts.” A variation of names followed, including “marshmallow toasts” and “s'mores hikes.”

My oldest daughter, Sara, makes s'mores in the microwave “Hamilton-style,” fondly named after one of her favorite elementary school teachers who made these in her classroom. It's



not quite the same, but it works in a pinch. Some people even make s'mores in the oven, over a stove's flame, in an air fryer, or in a panini press. Seriously.

My middle daughter, Samantha, swaps the Hershey chocolate bar for a mini-Reese's Peanut Butter Cup, and it is truly mouth-watering. I have been told that Nutella or Peeps are delicious, too, but I am eagerly awaiting Easter time to try a s'more with a Cadbury Crème Egg.

My youngest daughter, Abby, simply makes sure we have all the necessary materials to make s'mores, and she is kind enough to make one for me each time. And if I want a second? I just have to ask for s'more.

Have a great week, and thanks for reading. ■



Shane Goodman  
President and Publisher  
Big Green Umbrella Media  
shane@dmcityview.com  
515-953-4822, ext. 305

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www.iowalivingmagazines.com



**News contact**  
Tammy Pearson  
515-953-4822, ext. 302  
tammy@iowalivingmagazines.com



**Advertising contact**  
Dan Juffer  
515-371-2290  
dan.juffer@dmcityview.com

# SUMMER FOOD TRUCK AND LIVE MUSIC

Country Lane Lodge, 29300 Prospect Circle, Adel, is hosting its Summer Food Truck and Live Music events Wednesdays from 5-8 p.m. Admission is free. Yard games and full bar are available. The lineup includes:

**June 12:** Reese's Roadside Eats and Treats with music by Dustin Baird

**June 19:** Sticky Fingers and Whip Delight with music by Corey Jamison

**June 26:** General Lee's Smoke Stack and Outside Scoop with music by Josh Sinclair

**July 3:** Harrington's Dining Car and Totally Rolled Ice Cream with music by Brian Congdon

**July 10:** Hungry Boys Mexican and Whip Delight with music by Luke Fox

**July 17:** Chick-Fil-A and Street Sweets with music by Brian Herrin

**July 24:** Nina's Tacos with music by Brian Allen

**July 31:** What the Fries and Totally Rolled Ice Cream with music by Jake Schrod

**Aug. 7:** Off the Griddle and Outside Scoop with music by Neva Alden

**Aug. 14:** Brick & Ember Pizza Co. and Street Sweets with music by Lucas Beebe

**Aug. 21:** Magoo's Pizza and Kona Ice with music by Brian Allen

**Aug. 28:** Zipp's Pizza and Kona Ice with music by Corey Jamison ■

# SAND VOLLEYBALL TOURNAMENT

A sand volleyball tournament for ages 18 and older will be held Saturday, Aug. 10, starting at 1 p.m. at Evan's Park. Cost is \$100 per team. The tournament is sponsored by the ADM Volleyball program. For information, email [trevor.irwin@admschools.org](mailto:trevor.irwin@admschools.org). ■

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## ADM SPORTS SCHEDULE

### Friday, June 7

10 a.m. **Baseball:** 9th Double Header @ Creston

3:30 p.m. **Softball:** Varsity Invitational @ North Scott

### Saturday, June 8

9 a.m. **Softball:** Varsity Invitational @ North Scott

### Monday, June 10

4:30 p.m. **Softball:** Freshman @ Gilbert

5 p.m. **Baseball:** JV @ Gilbert

5:30 p.m. **Softball:** JV @ Gilbert

7 p.m. **Baseball:** Varsity @ Gilbert

7:15 p.m. **Softball:** Varsity @ Gilbert

### Tuesday, June 11

10 a.m. **Baseball:** 9th @ Bondurant-Farrar



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RURAL & IN-TOWN - COMPETITIVE SPEEDS & PRICING

# EVENTS AT THE BRENTON ARBORETUM

A variety of programs are planned at The Brenton Arboretum, 25141 260th St., Dallas Center. For more information or to register, visit [www.TheBrentonArboretum.org/events](http://www.TheBrentonArboretum.org/events).

- **Nature Club**, varying times, register by age group: June 20, July 4 and 18, Aug. 1 and 15, Sept. 5 and 19, Oct. 3 and 17, Nov. 7 and 21, Dec. 5 and 19.
- **Wine on the Prairie**, June 8, 7-9 p.m. ■

## THIRD MONDAY BINGO

Enjoy Bingo on Monday, June 17, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

## BIRTHDAY CELEBRATION

A birthday party will be held in honor of Mike Flinn's 80th birthday on June 16, 2-4 p.m. at Faith Lutheran Church, 602 S. 14th St., in Adel. ■

## WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

## NEEDS LIST FOR VETERANS AT THE DES MOINES VA HOSPITAL

Since federal funds may not be used to purchase personal items for veterans at VA Hospitals, American Legion Auxiliary Units like Adel ALA Unit 464 step forward to collect clothing and other items needed by veterans in the Des Moines VA Hospital or in their domicile. Currently, the following are being requested: men's sweatpants/athletic pants (size S-XXL), men's sweatshirts (size S-XXXL), men's athletic shorts (size S-XXL), men's underwear (size S-L), shampoo, large-print books, individually wrapped snacks, and decaf ground coffee.

Donations can be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■

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## ADEL PUBLIC LIBRARY EVENTS

303 S 10th St., Adel • 515-993-3512 • [adelpl.org](http://adelpl.org)

On Friday, June 7, 9-11 a.m., join library staff at the Community Stage & Pavilion on the corner of 10th and Main Street for the summer reading program kick-off. The morning will include a bounce house, butterfly tents, a balloon twisting artist, temporary tattoos for kids, popsicles and a summer reading sign-up booth. Other upcoming events:

- **50s Plus Senior Gathering**, June 18, 10 a.m. to 1 p.m.
  - **\*Hands Only CPR & AED Training**, June 8, 9 a.m.
  - **\*Welcome to an Oneida Powwow (grades 2-5)**, June 11, 2 p.m.
  - **Crafty Teens: Dream Catchers (grades 6-12)**, June 13, 1-3 p.m.
  - **Brown Bag Book Club**, June 13, noon
  - **\*Storybook Experience with ISU Extension (grades K-5)**, June 14, 9-11 a.m.
  - **\*Reader's Theater Camp (grades 2-5)**, June 17-21, 10 a.m. to noon every day
  - **Reader's Theater Performance**, June 21 at noon
  - **\*Family Program: Exploring the Land Down Under (ages 5 and older)**, June 17, 2 p.m.
  - **Teen Book Club: "Mortal Engines" (grades 6-12)**, June 20, 1-3:30 p.m.
  - **\*Library D&D (grades 7-12)**, June 21, 11 a.m. to 2 p.m.
  - **Reading is G.R.A.N.D. with Juggler Dan Kirk (family event)**, June 24, 1 p.m.
  - **\*Pokémon Training Camp (grades 2-5)**, June 25, 2 p.m.
  - **Teen: Boba Tea & Manga (grades 6-12)**, June 27, 1-3 p.m.
  - **Family Bluey Party (3-8 years and family)**, June 29, 9:30-11:30 a.m. ■
- \*Programs with an asterisk require registration. You can easily register at [adelpl.org](http://adelpl.org).*

## CRAIG MORGAN FEATURED AT DALLAS COUNTY FAIR

Craig Morgan with opening act Ashley Barron will perform at the Dallas County Fair Saturday, July 13, at the South Arena at the Dallas County Fairgrounds, Adel. Opening act starts at 7 p.m. with Morgan at 8:30 p.m. Admission is \$25 until July 1 when tickets will be \$35. ■

## SWEET CORN 5K RUN/WALK

Registration is open for the Sweet Corn 5K Run/Walk to be held Aug. 10. The race will take place along the scenic brick streets of Adel. Register at <https://runsignup.com/Race/IA/Adel/AdelSweetCornFestival5K>. ■

## ADEL FARMER'S MARKET

The Adel Farmer's Market is held at the Dallas County Fairgrounds on Tuesdays from 4-7 p.m. ■

## ADM FREE MEALS FOR KIDS

ADM Community Schools is offering free meals to those 18 and younger June 10-July 26, Monday through Friday from 11 a.m. to noon at Adel Elementary cafeteria, 1608 Grove St. This is dine-in only. Enter through the preschool doors. A grab-and-go breakfast for the following day will be available Monday through Thursday and grab-and-go meal packs will be available on Fridays. The meal program will not be held July 4 and July 5. ■

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## EVENTS IN THE AREA

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Cajun Fest (Photo courtesy of Cajun Fest)

### CAJUN FEST

**June 22**

Cowles Commons, 221 Walnut St., Des Moines

[www.cajunfestiowa.com](http://www.cajunfestiowa.com)

The self-proclaimed Mardi Gras of the Midwest is an all-day celebration of Cajun culture, from food to music and back to food again.

### GOVERNORS DAYS

**June 7-8**

Grimes South Sports Complex, 750 S. James St., Grimes

[www.governorsdays.com](http://www.governorsdays.com)

Enjoy this festival in Grimes with food trucks, live entertainment and a parade. The community celebration has most everything friends and families need for a memorable weekend of fun.

### PRIDE FEST

Historic East Village

**June 7-9**

[www.capitalcitypride.org/pride-fest](http://www.capitalcitypride.org/pride-fest)

More than 40,000 attendees were at last year's celebration. Experience live performances from artists such as Rebecca Black and the Des Moines Gay Men's Chorus, food vendors, drinks and other entertainment for all ages, all in the name of Pride.

### RACCOON RIVER PALOOZA

**June 8**

Raccoon River Park, 2500 Grand Ave., West Des Moines

[www.wdmchamber.org](http://www.wdmchamber.org)

This is the fourth annual Raccoon River Palooza, a summer festival with 12 hours of family-friendly fun, food, music and games.

### THE RUCKUS

**June 7-8**

Adventureland Park, 305 34th Ave. N.W., Altoona

[www.ruckusiowa.com](http://www.ruckusiowa.com)

Formerly known as River Ruckus, The Ruckus is moving from its longtime venue in Guthrie Center to Adventureland Park in Altoona. It's a new location but the same great country music performances. Chris Young, Brian Kelley, Maddie & Tae, Redferrin, Jake Owen, Russell Dickerson, Lauren Alaina and Drew Green are set to perform.

### WATERWORKS PARK CONCERTS

Lauridsen Amphitheater, Des Moines Water

Works Park, 2251 George Flagg Parkway

[dsmwaterworkspark.com](http://dsmwaterworkspark.com)

**June 11:** Robert Plant and Alison Krauss with JD McPherson at 7 p.m.

**June 13:** Jon Pardi with Carter Faith at 6:30 p.m.

**June 21:** REO Speedwagon with Night Ranger at 6:30 p.m.

### JASPER WINERY CONCERT SERIES

2400 George Flagg Parkway, Des Moines

[www.jasperwinery.com](http://www.jasperwinery.com)

When the warm weather rolls in, Jasper Winery welcomes all for its Summer Concert Series, occurring Thursdays from 6-9 p.m., May through August. Bring your lawn chair, listening ears, appetites and thirst.

**June 13:** Decoy

**June 20:** The Nadas

**June 27:** Damon Dotson Band ■

## RECIPE

# A SIMPLE, SKEWERED SIDE

*(Family Features)* Keep your summer meals simple by leaning into versatile ingredients that can help you whip up a variety of side dishes.

These grilled red potato skewers display the delicious, nutritious, versatile qualities of Wisconsin potatoes. With a multitude of varieties, they're a favorite among world-class chefs, home cooks, large and small supermarkets and even the pickiest of eaters.

It can be love at first bite with these 100% gluten-free potatoes that can add a touch of nutrition to summer cookouts. They're a good source of vitamin B6, high in vitamin C, rich in potassium and an excellent source of fiber. ■

## GRILLED RED POTATO SKEWERS

*Recipe courtesy of the Wisconsin Potato & Vegetable Growers Association*

**Prep time: 10 minutes**

**Cook time: 20 minutes**

**Servings: 4**

### Ingredients:

- 2 medium russet or Yukon gold Wisconsin potatoes or 6 red Wisconsin potatoes
- 2 medium zucchini
- 1/2 smoked sausage rope
- 4 skewers (12 inches each)
- 1/2 cup Italian dressing

### Directions:

Preheat grill to medium heat. Cut potatoes in half. Cut zucchini and sausage same width as potatoes. Skewer potatoes, zucchini and



sausage. Repeat for each skewer.

Place skewers in dish and cover with Italian dressing. Marinate 5 minutes.

Place skewers on grill and cook 5 minutes on each side, or until potatoes are done. Remove from grill and serve.

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# MAY STUDENTS OF THE MONTH

Another year is “in the books.” And what a year it has been for the accomplishments of the students and teachers of the Adel DeSoto Minburn School District. The senior high school serves 587 students in grades 9-12 and ranks in the top 5% of all schools in Iowa for overall test scores. A thank you to the teachers and their teaching skills and to the students willing to work hard. Also, the high school ranked as seventh best high school in Iowa and second best in the Des Moines metro area.

The students not only scored high academically but were recognized in many extra-curricular areas ranging from fine arts — drama, band and choir — to achievements in sports. Congratulations to all the state winners and qualifiers in soccer, golf and track. The teachers and coaches have chosen the following students to receive the Student of the Month for May in their specific areas.

- Student of the Month:** Brevin Doll — *Raccoon Valley Bank*
- Kiwanis:** Helen Kirk and Anthony Pawlosky
- Fine Arts:** Art, Octavia Fuller — *Lincoln Savings Bank*
- Boys Golf:** Grant Hickey — *River Valley Insurance*
- Girls Golf:** Aubrey Winter — *Iowa Spring Manufacturing*
- Boys Soccer:** Brady Gustafson — *Adel Lions Club*
- Girls Soccer:** Kennedy Sorber — *Cullen Howe Real Estate - REMAX*

*Precision*

- Boys Track:** Aiden Flora — *Fareway Stores*
- Girls Track:** Madi James — *Adel Rotary Club*
- eSports:** Miller Banse — *Adel HealthMart*

This year we added recognition for students in the eSports area. Now we are pleased to announce that, next year, we will be acknowledging a student of the month for the bowling teams. A big thank you to our sponsors who contribute to the foundation. All contributions from sponsors, corporations and general public are invested, and the income earned is given out as scholarships to well-deserving students. All ADM graduates continuing their education after high school are eligible to apply to receive a scholarship.

More information regarding the ADM Scholarship Foundation may be found on the ADM Scholarship Foundation website or you may contact a board member listed on the site. ■

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