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SEEN IN ADEL



MORE PHOTOS INSIDE

A ribbon cutting was held for Adel Flowers and Gifts on May 17. ■

ADEL WEATHER FORECAST

FRIDAY HIGH 70 | LOW 60
Periods of rain and a t-storm



SATURDAY HIGH 82 | LOW 61
Cloudy with a t-storm in areas



SUNDAY HIGH 82 | LOW 69
Cloudy with a t-storm in areas



MONDAY HIGH 82 | LOW 64
A couple showers and a t-storm



TUESDAY HIGH 77 | LOW 53
Partly cloudy and humid



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FROM THE PUBLISHER

ETCHED STONES. MANICURED GRASS. EVERGREEN TREES. NARROW PATHS.

The above words describe most cemeteries in Iowa and around the country, or at least what we can see from above the ground. I frequented cemeteries as a child. I still do, but for different reasons.

My grandmother and grandfather on my father's side died before I was born. My grandmother and grandfather on my mother's side died when I was 5 years old. As such, I have limited memories of them, mostly from photographs and tombstones. The latter may sound morbid, but it was my connection with my grandparents. I would ride my bicycle to the cemetery and talk with them, or, more correctly, I would talk to their tombstones. It provided me with a sense of solace that I needed. It still does.

Today, I make a habit of visiting cemeteries in the towns I frequent. I enjoy reading the family names and the inscriptions, and I often recognize many of them. I am fascinated by the groupings and scatterings of family member graves, wondering why they were sorted as such. More than likely,

those were simply the plots that were for sale at the time. But, in some cases, a few family arguments about burial locations surely came about.

When living in Nebraska City, Nebraska, I would often visit Wyuka Cemetery where J. Sterling Morton, the founder of Arbor Day, was buried. I was the publisher of a newspaper he was the editor of more than 125 years prior. His tombstone is in the shape of a massive tree trunk, and his grave site is lined with stones carved in the shape of tree logs. I would spend time there "talking" to him and asking if he approved of the job I was doing with his newspaper.

As my years continue to tally, I have been thinking more about where I want to be buried. Jolene and I have discussed this often, but we have not come to a decision, and that's not fair to our children who will then someday be forced to make the decision for us. If I



died tomorrow, I would hope that Jolene would meet someone new to spend the rest of her life with. As such, she would likely want to be buried next to that person. In that scenario, I would prefer to be buried back in my hometown in the same cemetery as my grandparents, aunts, uncles and cousins. But if Jolene and I were fortunate enough to grow old together, I would want us to be buried next to each other. But where? We have moved frequently and have not planted roots enough in one community to make it our forever home.

So, we are continuing the discussion, exploring our options, driving the narrow paths lined with evergreen trees, walking in the manicured grass and reading the etched stones.

Have a great week, and thanks for reading. ■

Shane Goodman
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ADEL
Living Weekly

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ADEL PUBLIC LIBRARY EVENTS

303 S 10th St., Adel • 515-993-3512 • adelpl.org

On Friday, June 7, 9-11 a.m., join library staff at the Community Stage and Pavilion on the corner of 10th and Main Street for the summer reading program kick-off. The morning will include a bounce house, butterfly tents, a balloon twisting artist, temporary tattoos for kids, popsicles and a summer reading sign-up booth. Other upcoming events:

- **Tail Wagging Readers (all ages)**, June 6, 4:30 p.m.
- **50s Plus Senior Gathering**, June 6 and 18, 10 a.m. to 1 p.m.
- **Adult Speaker: Iowa Author Hank Kohler**, June 6, 10 a.m.
- ***Hands Only CPR and AED Training**, June 8, 9 a.m.
- ***Welcome to an Oneida Powwow (grades 2-5)**, June 11, 2 p.m.
- **Crafty Teens: Dream Catchers (grades 6-12)**, June 13, 1-3 p.m.
- **Brown Bag Book Club**, June 13, noon
- ***Storybook Experience with ISU Extension (grades K-5)**, June 14, 9-11 a.m.
- ***Reader's Theater Camp (grades 2-5)**, June 17-21, 10 a.m. to noon every day
- **Reader's Theater Performance**, June 21 at noon
- ***Family Program: Exploring the Land Down Under (ages 5 and older)**, June 17, 2 p.m.
- **Teen Book Club: "Mortal Engines" (grades 6-12)**, June 20, 1-3:30 p.m.
- ***Library D&D (grades 7-12)**, June 21, 11 a.m. to 2 p.m.
- **Reading is G.R.A.N.D. with Juggler Dan Kirk (family event)**, June 24, 1 p.m.
- ***Pokémon Training Camp (grades 2-5)**, June 25, 2 p.m.
- **Teen: Boba Tea and Manga (grades 6-12)**, June 27, 1-3 p.m.
- **Family Bluey Party (3-8 years and family)**, June 29, 9:30-11:30 a.m. ■

**Programs with an asterisk require registration. You can easily register at adelpl.org.*

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HAIL? DENTS? DINGS?**



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ADM SPORTS SCHEDULE

Friday, May 31

- 4 p.m. **Softball:** Freshman @ Van Meter
5:30 p.m. **Baseball:** JV @ Ogden
5:30 p.m. **Softball:** JV @ Van Meter
7 p.m. **Baseball:** Varsity @ Ogden
7 p.m. **Softball:** Varsity @ Van Meter

Saturday, June 1

- TBD **Soccer:** Boys Varsity State Tournament
10 a.m. **Baseball:** Varsity Invitational @ DMACC-Boone Campus
5:30 p.m. **Soccer:** Girls Varsity State Tournament @ Cornie Soccer Park

Monday, June 3

- 4:30 p.m. **Softball:** Freshman vs. Bondurant-Farrar
Baseball: JV vs. Bondurant-Farrar
5:30 p.m. **Softball:** JV vs. Bondurant-Farrar
7 p.m. **Baseball:** Varsity vs. Bondurant-Farrar
7:15 p.m. **Softball:** Varsity vs. Bondurant-Farrar

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RURAL & IN-TOWN - COMPETITIVE SPEEDS & PRICING

EVENTS AT THE BRENTON ARBORETUM

A variety of programs are planned at The Brenton Arboretum, 25141 260th St., Dallas Center. For more information or to register, visit www.TheBrentonArboretum.org/events.

- **Nature Club**, varying times, register by age group: June 6 and 20, July 4 and 18, Aug. 1 and 15, Sept. 5 and 19, Oct. 3 and 17, Nov. 7 and 21, Dec. 5 and 19.
- **Animal Odyssey camp**, June 3-4, 9-11:30 a.m. ■

THIRD MONDAY BINGO

Enjoy Bingo on Monday, June 17, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

BIRTHDAY CELEBRATION

A birthday party will be held in honor of Mike Flinn's 80th birthday on June 16, 2-4 p.m. at Faith Lutheran Church in Adel. ■

WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

NEEDS LIST FOR VETERANS AT THE DES MOINES VA HOSPITAL

Since federal funds may not be used to purchase personal items for veterans at VA Hospitals, American Legion Auxiliary Units like Adel ALA Unit 464 step forward to collect clothing and other items needed by veterans in the Des Moines VA Hospital or in their domicile. Currently, the following are being requested: men's sweatpants/athletic pants (size S-XXL), men's sweatshirts (size S-XXXL), men's athletic shorts (size S-XXL), men's underwear (size S-L), shampoo, large-print books, individually wrapped snacks, and decaf ground coffee.

Donations can be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■

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DALLAS COUNTY CONSERVATION EVENTS

To register for events, visit www.dallascountyiowa.gov/conservation or call the DCCB office at 515-465-3577.

SUMMER YOUTH VOLUNTEER PROGRAM

Tuesdays, June 4 - July 9, 8 a.m. to noon
Voas Nature Area, 19286 Lexington Road, Minburn

Are you interested in a meaningful summer of service in the outdoors? This program is for students ages 10-14. The group will work on a savanna restoration project that began seven years ago. There will be an educational component and plenty of time to enjoy nature play. Registration required. Space is limited. Register if you know you can attend the majority of dates. For more information, email mike.havlik@dallascountyiowa.gov or call the DCCB office at 515-465-3577.

DCVQMP TRAINING

Tuesday, June 4, 6:30-8 p.m.
Forest Park Museum, 14581 K Ave., Perry

In late 2023, the Dallas County Volunteer Water Quality Monitoring Program began collecting monthly water quality data from our rivers and creeks with a team of 14 dedicated volunteers. If you are ready to learn about monitoring procedures and adopt a site (or sites) for monthly monitoring, then this training is for you. Email zach.moss@dallascountyiowa.gov to see if this program is a good fit for you.

ADULTS IN NATURE

Thursday, June 6, 7-8 p.m.
Kuehn Conservation Area, 32828 Houston Trail, Earlham

Spark the curiosity of your inner child by exploring Kuehn Conservation Area in this adults-only evening hike. Learn about local ecology, go over the significance of the park and get answers to any burning questions you may not have the chance to ask when kids have the spotlight. Registration required.

JUNE BIRD HIKE

Saturday, June 15, 8-10:30 a.m.
Kuehn Conservation Area, 32828 Houston Trail, Earlham

The Kuehn Conservation Area is a birding hot spot. It has a fantastic diversity of habitats and is located along the Raccoon River corridor. Spring migration will be wrapping up, so the birds you see and hear will likely be nesting. This will be a moderate hike on even ground. Beginning birders, including children, are welcome and encouraged. Some binoculars and books will be provided. Registration required.

SUMMER SOLSTICE SUNSET CELEBRATION

Thursday, June 20, 8-9 p.m.
Hanging Rock, Redfield

Join DCCB naturalists at the astronomical clock atop the ridge at Hanging Rock to observe and celebrate the sunset of Summer Solstice. The meaning of the word "solstice" is "sol," sun, and "stice," to stand still. Perhaps the frenetic pace of your life could use a little stand-still time. Explore metering time in a different scale, a clock made of rocks, and enjoy the magic of a sunset. No registration required. ■

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EVENTS IN THE AREA

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Iowa Craft Brew Festival

- MAY 31 - JUNE 2: Greek Food Festival.** A weekend celebration of delicious food, music and dancing. 1110 35th St., Des Moines. www.facebook.com/StGeorgeDSM
- MAY 31: DSM Nights Live Street Party.** Two nights of live music and local vendors. Free. Indianola Town Square, Indianola. www.indianolachamber.com
- JUNE 1: Iowa Craft Brew Festival.** Unlimited samples of the best brews and ciders Iowa has to offer. Not to mention plenty of food vendors, games and non-alcoholic options as well. Water Works Park, 2201 George Flagg Parkway, Des Moines. www.iowacraftbrewfestival.com
- JUNE 1: Family Fest.** Dance performances, acrobatic aerial displays and plenty of fun for the whole family (it is in the name after all). Starting at 11 a.m. City of Johnston, 6245 Merle Hay Road, Johnston. www.johnstontowncenter.com
- JUNE 1-2: Iowa State Fair Flea Market.** All types of goods to purchase from antiques to collectibles, home décor and so much more. 4-H building, Iowa State Fairgrounds, 3000 E. Grand Ave., Des Moines. www.iowastatefairgrounds.org
- JUNE 2: 14th annual Whirlythings Garden Art Show.** An exciting evening for local art enthusiasts. Several mediums will be on display starting at noon at 4320 Franklin Ave., Des Moines. www.whirlythings.com
- JUNE 6, 13, 20, 27: Ankeny Beats and Eats.** Recurring Thursdays featuring drinks, food and entertainment for all ages. Ankeny Market and Pavilion, 715 W. First St. www.ankenyiowa.gov
- JUNE 6-8: Governors Days.** A three-day festival in Grimes with food trucks, live entertainment and parade. Grimes South Sports Complex, 750 S James St., Grimes. www.governorsdays.com
- JUNE 7: Wine and Craft Beer Fest.** Plenty of samples of the best wine and craft beer Iowa has to offer, from 5-8 p.m. at the Enabling Garden 1050 First Ave., S. Altoona. www.altoonachamber.org
- JUNE 7-9: Pride Fest.** There were more than 40,000 attendees at last year's celebration. Live performances, food, drinks, all in the name of Pride. Historic East Village, Des Moines. www.capitalcitypride.org/pride-fest
- JUNE 13-15: Johnston Green Days 2024.** Johnston's annual community celebration complete with parade, carnival, games and more. Terra Park, 6400 Pioneer Parkway, Johnston. www.johnstongreendays.org
- JUNE 15: Macksburg Skillet Toss.** Think you can toss it with the best of them? If not, there's still a parade. Macksburg City Park, Macksburg. www.macksburgskilletthrow.com
- JUNE 15: Barn Town Get Down.** Featuring at least 50 breweries, meaderies and cideries from across the country. Barn Town Brewing, 9500 S.E. University Ave., Waukee. www.barntownbrewing.com
- JUNE 15: Neighbor's Day Celebration.** Hosted by the Iowa Juneteenth Organization. From noon to 7 p.m. at Western Gateway Park, 1000 Grand Ave., Des Moines. www.iowajuneteenth.org
- JUNE 22: Cajun Fest.** Get ready to put some south in your mouth. An all-day celebration of Cajun culture, from food to music and back to food again. Cowles Commons, 221 Walnut St., Des Moines. www.cajunfestiowa.com
- JUNE 22: Ankeny Pride Parade.** This will be the third installment of this parade with food, fun and festivities throughout the evening. From 4-9 p.m. at Ankeny Market and Pavilion, 715 W. First St. www.ankenypride.org ■

RECIPE

SERVE UP A SUMMERTIME SPREAD

(Family Features) Bright colors and fresh flavor bring out the best in summer meals, starting with seasonal salads that look as though the ingredients were just picked from a garden.

Orange, grapefruit and avocado are perfect accompaniments in this citrus spring mix salad when paired with Fresh Express Spring Mix. This garden-fresh blend combines carefully selected tender baby butter and red and green leaf lettuces with baby greens including spinach, arugula and kale that are picked when the tiny leaves are perfect and whole.

With more than 100 varieties of fresh, healthy and convenient ready-to-eat salads, as well as an assortment of salad greens you can use to create your ideal summer dishes, the kits and lettuce blends are available in the refrigerated product department of your favorite grocery store. ■

CITRUS SPRING MIX SALAD

Prep time: 5 minutes

Total time: 10 minutes

Servings: 2

Dressing:

- 1/4 cup orange juice
- 1 teaspoon grated orange zest
- 1 teaspoon white wine vinegar
- 1/4 teaspoon Dijon mustard
- 1/2 teaspoon sugar
- 1/8 teaspoon salt

Salad:

- 1 package (5 ounces) Fresh Express Spring Mix
- 1 navel orange, peeled and sectioned
- 1 red grapefruit, peeled and sectioned
- 1 avocado, peeled, pitted and



- sliced
- 1/4 cup red onion, thinly sliced

To make dressing:

In small bowl, whisk orange juice, orange zest, white wine vinegar, Dijon mustard, sugar and salt. Set

aside.

To make salad:

In large bowl, toss spring mix with salad dressing. Divide salad evenly among two plates. Top with oranges, grapefruit, avocado and onion.

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SEEN IN ADEL

A RIBBON CUTTING WAS HELD FOR ADEL FLOWERS AND GIFTS ON MAY 17.



Marie Hansen, Ted Hansen, Mike Sutton, Valerie Sutton, Brek Sutton, Paisley Sutton, Hoyt Sutton and Krue Sutton



Adel Mayor Jim Peters and Jon McAvoy



Lauren Mikkelsen and Tim Gootee



Patrick Weber and Tami Schaafsma



Mary Kimber and Kay Struble ■

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ADEL *Living* MAY 2024

COMPETING for TIME

Residents share how relationships are the "win" in sporting together

and asparagus tortellini