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# SEEN IN ADEL




## GFWC AWARDS SCHOLARSHIP:

The GFWC/Iowa Federation of Women's Clubs has awarded Ryan Entriken of Adel a \$1,000 GFWC Scholarship for the 2024-25 school year. Ryan was sponsored by the local GFWC/Iowa Adel Women's Club. Ryan will be attending Iowa State University, studying ag business. Ryan is a student at ADM High School and has many honors and accomplishments. Among them are leadership positions in Student Council, FFA and 4-H. He lettered in baseball, track and cross country and was named a Raccoon River All-Conference Athlete. Ryan participated in Academic Decathlon and is an AP Scholar. He was named to the National Honor Society and the DMACC President's List. At graduation, Ryan will receive his Honors Diploma and wear the Humanitarian Cord, recognizing his many volunteer activities. GFWC/Iowa Federation of Women's Clubs annually award several scholarships. Information on the state scholarship program can be obtained by contacting their headquarters at 3839 Merle Hay Road, Suite 201, Des Moines, IA 50310, or any Adel Women's Club member. Pictured are Ryan Entriken with Adel Women's Club Scholarship Chair Shirley McAdon ■

## ADEL WEATHER FORECAST

**FRIDAY HIGH 64 | LOW 43**   
Windy with plenty of sun

**SATURDAY HIGH 78 | LOW 55**   
Partly sunny, breezy and warmer

**SUNDAY HIGH 87 | LOW 58**   
Warmer with plenty of sunshine

**MONDAY HIGH 86 | LOW 59**   
Partly sunny, becoming windier

**TUESDAY HIGH 72 | LOW 47**   
Strong a.m. thunderstorms

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FROM THE PUBLISHER

# DOES ANYBODY REALLY KNOW WHAT TIME IT IS?

The band Chicago recorded a song titled “Does Anybody Really Know What Time It Is?” for its 1969 debut album “Chicago Transit Authority.” The song raised a good question. Fifty-five years later, the better question may be, “Does anyone wear a watch anymore?”

The answer is yes, but the reason doesn’t have as much to do with time as it once did. People apparently now wear watches instead as a fashion statement or for nostalgic purposes.

The data on watches is all over the board, depending on where you look and what year it was compiled, but there is no question that it is changing... and quickly. In general, it seems about seven out of 10 adults wear a watch of some sort today, and about nine out of 10 own at least one. Baby boomers have the highest rate of daily watch wear, and men tend to wear watches more than women. And, the greater your income, the more likely you are to wear a watch.

Looking back a few decades, 750 million watches were sold worldwide in 1991. That number fell to 440

million in 2014, a drop of 2% per year. For teenagers, the drop was more drastic. In 2005, 52% of teenagers wore a watch. By 2010, it was down to 25%. More than a decade later, smart watches changed watch sales significantly. In 2020, nearly one in five Americans used a smart watch or fitness tracker. Three years later, that number jumped to one in three.

Some say this massive growth in tech watches is a sign of the end of time with the smart watches being the “mark of the beast.” The King James Bible, Revelation 13:16-17, states “...it causes all, both small and great, both rich and poor, both free and slave, to be marked on the right hand or the forehead, so that no one can buy or sell unless he has the mark, that is, the name of the beast or the number of its name.”

The reference to not being able to buy or sell without that mark — the smart watch — is a bit unnerving and close to home. Meanwhile, most of



us wear a watch on our left hand, so I think we are safe... for now.

I used to have a smart watch, but I was concerned about the tracking and data harvesting and quit using it. My oldest daughter said she would take it. She returned it to me with a broken face plate. I fixed it, and my youngest daughter said she would take it. She wore it in the hot tub.

Do you remember your first watch? Maybe surprisingly, I can’t. I know it wasn’t in elementary school. Probably not in junior high. It was likely one of those trendy Swatch watches from the 1980s in high school, but I am not sure. Meanwhile, through all this data and memories and watch talk, the question still remains: Does anybody really know what time it is? Or, more specifically, does anybody really care?

Have a great week, and thanks for reading. ■

Shane Goodman  
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## HELP VETERANS AT THE DES MOINES VA HOSPITAL

Since federal funds may not be used to purchase personal items for veterans at VA Hospitals, American Legion Auxiliary Units like Adel ALA Unit 464 step forward to collect clothing and other items needed by veterans in the Des Moines VA Hospital or in their domicile. Currently, the following are being requested: men's sweatpants/athletic pants (size S-XXL), men's sweatshirts (size S-XXXL), men's athletic shorts (size S-XXL), men's underwear (size S-L), shampoo, large-print books, individually wrapped snacks, and decaf ground coffee.

Donations can be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■

## WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

## EVENTS AT THE BRENTON ARBORETUM

The Brenton Arboretum, 25141 260th St., Dallas Center, will be holding a variety of events. For more information or to register, visit [www.TheBrentonArboretum.org/events](http://www.TheBrentonArboretum.org/events).

- **April 18**, Nature Club, varying times. Register by age group.
- **April 21**, noon to 3 p.m., Earth Day Celebration; 1-3 p.m., Exploratory Beekeeping.
- **April 27**, 7 a.m., Birds & Bagels. ■

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## ADM SPORTS SCHEDULE

### Friday, April 12

- 12 p.m. **Golf:** Boys Varsity Invitational @ Bos Landen Golf Course
- 4:45 p.m. **Soccer:** Boys JV2 @ Dallas Center-Grimes
- 6 p.m. **Soccer:** Boys JV @ Dallas Center-Grimes
- 7:30 p.m. **Soccer:** Boys Varsity @ Dallas Center-Grimes

### Saturday, April 13

- 8:30 a.m. **Golf:** Boys Varsity Invitational @ Pella Country Club
- 8:30 a.m. **Track:** Girls JV/Varsity @ Drake Stadium
- 8:30 a.m. **Track:** Boys JV/Varsity Invitational @ Drake Stadium
- 9 a.m. **Soccer:** Girls Varsity Tournament vs. Multiple Schools

### Monday, April 15

- 1 p.m. **Golf:** Girls Varsity vs. Gilbert @ Ames Golf and Country Club
- 1 p.m. **Golf:** Boys Varsity vs. Gilbert @ Ames Golf and Country Club
- 4:30 p.m. **Track:** Girls JV/Varsity @ Bondurant-Farrar High School
- 4:30 p.m. **Track:** Boys JV/Varsity Invitational @ Norwalk

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## FUNERAL NOTICES

*Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)*

### JUDY KAY FORSMAN

Judy K. Forsman, 84, of Adel, died April 5, 2024, at Spurgeon Manor from complications of dementia. A visitation was held Thursday, April 11, at Caldwell Parrish Funeral Home - Adel Chapel. The funeral service is at 10:30 a.m. Friday, April 12, at the Adel United Methodist Church. Burial follows at Oakdale Cemetery in Adel.

Judy was born May 9, 1939, in New Hampton and graduated from Fredericksburg High School in 1957. She then attended AIB in Des Moines, lived at the Des Moines YMCA and played basketball for "LOOK" magazine. Judy married Donald Forsman on May 31, 1959. Judy was a stay-at-home mother until the children were in school full days. She worked at the Dallas County extension office followed by secretarial duties at an Adel law firm. She worked at McCalley Funeral Home and enjoyed interacting with people, providing them support, and driving the hearse.

Judy was a long-time member of the Adel United Methodist Church and was greatly involved with the UMW. She became "the nut lady" every fall when the UMW had their annual nut sale fundraiser. She enjoyed the adventure of traveling. She and Don camped at the Iowa State Fair for nearly 30 years. Judy volunteered for the Blue Ribbon Foundation manning an exhibit and selling water or the famous Fair Squares. Judy also enjoyed time in her yard and gardens, feeding the birds and collecting nativities.

Judy was preceded in death by her parents, an infant brother, and spouse. She is survived by a brother, Jerry (Marsha) Whitnabe; son, Scott (Hollie) Forsman; daughter, Joni (Kenny) Williams; six grandchildren; eight great grandchildren and several extended family members.

Memorials may be directed to the Adel United Methodist Church or Spurgeon Manor. Online condolences may be left at [caldwellparrish.com](http://caldwellparrish.com). Arrangements are being handled by Caldwell Parrish Funeral Home - Adel Chapel. ■



### MARY CAROL BEECH

Mary Carol Beech, 94, of Adel, died on April 5, 2024, at Spurgeon Manor Nursing Home in Dallas Center. A visitation will be held from 10-11 a.m. on Saturday, April 20, at Faith Lutheran Church in Adel with a service beginning at 11 a.m. Burial will follow at Oakdale Cemetery.

Mary was born in Perry Hospital on March 4, 1930. She attended Adel grade school and high school, graduating in 1948. Mary attended AIB in Des Moines; worked for Solar Aircraft in Des Moines; and, in 1958, she went to Denver, Colorado. She worked for Exxon Corporation (Carter Oil, Humble) for 32 years and was a legal assistant when she retired in 1990.

In 1967, Mary married Charlie in Denver where they worked and lived for 35 years. After retirement, they enjoyed golf and cruising, spending time with family and friends in several states, spending several years in The Villages in Florida, and spending winters in Arizona with Debbie, Kaylee and Rodney. In 2004, Mary and Charlie moved to Adel, where Mary grew up. Mary enjoyed her flower garden, the computer, reading, bridge, and family and friends.

Mary is survived by her step-daughter, Debbie; her grandchildren, Kaylee and Rodney, Jr.; great grandson, Rodney III; brother-in-law, Mike (Mary Ann) Beech; many nieces and nephews; and wonderful friends throughout several states. Mary was preceded in death by her special person and husband, Charlie Beech, her parents, and her siblings, Floyd, Margie and Paul (Helen).

Memorial contributions are suggested to WesleyLife Meals on Wheels and Spurgeon Manor Nursing Home. Online condolences can be made to the family at [caldwellparrish.com](http://caldwellparrish.com). ■



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### MICHAEL TREVOR RIGGEN

Michael "Mike" Trevor Riggen, 55, of Adel died April 6, 2024, at his home surrounded by his loved ones. Mike was born on Oct. 10, 1968, in Brookings, South Dakota.

Mike enjoyed watching NASCAR and was rarely seen without one of his many Iowa Hawkeye hats or Green Bay Packer jerseys on game day. He enjoyed listening to 1980s big hair bands and knew his music trivia well. He enjoyed his family gatherings and talking with friends, but most of all loved being a dad and a grandfather.

He was a machinist most of his adult career and worked at Frigidaire, Osmundson Manufacturing, Progressive Foundry, Wiese Industries and Louis Dreyfus Company.

Mike was preceded in death by his father, Brett Riggen, and stepmother, Margie Riggen. He is survived by his mother, Reva Owens of Adel; siblings, Tina (Joe) Gough, Jeffery Riggen, Lana (Mark Cadwell) Riggen and Christopher (Gwynne) Riggen; daughters, Cayanne (Kaleb Wessel) Keller and Marina (Jeremy Lund) Riggen; seven grandchildren, Zoe Lund, Ethan Lund, Makinzie Forkner, Garrison Forkner, Zayne Lund, Emerie Lund and Everleigh Wessel; nieces and nephews, Heather Gough, Jeremy (Ashley) Riggen, Zachary Wessels, Chaz Wessels, Joshua (Natalie) Gough, Samantha Riggen and Austen Riggen; and seven great nieces and nephews.

A celebration of life will be held at the Raccoon Valley Community House, 1016 Main St., Adel, on April 19 from 5-8 p.m.

Online condolences can be expressed to the family at [caldwellparrish.com](http://caldwellparrish.com) or mailed to Lana Riggen at 1510 Greene St., Adel, Iowa 50003. ■



### GARY WAYNE JENKINS

Gary Wayne Jenkins, 66, of Adel, died Sunday April 7, 2024, at MeryOne Medical Center in Des Moines. Gary was born in Des Moines on May 3, 1957. He was raised in Adel and was a lifelong resident of the area. He attended school at ADM.

Gary was an avid collector and admirer of Mopar muscle cars and enjoyed going to drag racing events with his family. In his free time, he enjoyed spending time outdoors. He especially enjoyed hunting, fishing and camping. When he wasn't outdoors, he liked to watch old western movies on TV. Gary was also a huge animal lover and was known to never turn away a cat or a dog that needed a loving companion. He will be remembered as a loving and caring son, brother and friend to many.

Gary was preceded in death by his parents and his sister, Sandra Jenkins. He is survived by his brothers, Michael Jenkins and Shawn Jenkins, as well as many cousins.

A graveside service will be held at 1 p.m. on Friday April 12, at Oakdale Cemetery in Adel. Online condolences can be made to the family at [caldwellparrish.com](http://caldwellparrish.com). ■



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# EARTH DAY CELEBRATIONS

## CELEBRATE THE EARTH AT ANY OF THESE EVENTS

### EARTH DAY FAMILY 5K RUN/WALK AND PICKLEBALL TOURNAMENT

Fenders Brewing, 212 W. Van Dorn St., Polk City

April 20, 8 a.m. to 2 p.m.

Funds raised at the Polk City Friends of the Parks' annual Earth Day Family 5K Run/Walk and the Pickleball Tournament being held in conjunction with it will go toward costs of resurfacing the tennis and pickleball courts at Miller Park. The event is Saturday, April 20. To register, visit <https://www.polkcityfriendsoftheparks.com/earth-day-5k>.

### EARTH DAY TRASH BASH

April 20-27

[Earthday.dsm.city](http://earthday.dsm.city)

Earth Day Trash Bash is a collaboration between the cities and citizens of Clive, Des Moines, Johnston, Norwalk, Pleasant Hill, West Des Moines, Boone County Conservation, Polk County Conservation, Iowa Natural Heritage Foundation, Trees Forever, and Des Moines Water Works. Register at the above website.

### EARTH DAY AT THE BRENTON ARBORETUM

25141 260th St., Dallas Center

April 21 from noon to 3 p.m.

[thebrentonarboretum.org](http://thebrentonarboretum.org)

Even more fun family activities have been added to this year's popular event. Come and enjoy the arboretum grounds and make an afternoon of exploring and visiting the vendors. A variety of stations will be offered throughout the event including a Kids Planting Station, Selfie Station, OMG Bees

with Bee Expert Julia McGuire, Found Object Bug Craft with Artist Jill Woodward, Experience Nature's Healing with Dennis Kelly, Hot Off The Presses Food Truck, and Erin Huiatt with Des Moines Parent talking about her new book, "100 Things To Do in Des Moines Before You Die." At 1:30 p.m., a special presentation will be made on how to plant a tree with Director Of Horticulture Andy Schmitz.

### EARTH DAY ACTIVITIES - DES MOINES

- Begin with a hike on the nature trail to find wildflowers in bloom, learn about the insects that visit these flowers and build a "Pollinator House" to take home. The event is at Grandview Park Mahaffey Enclosed Shelter on Saturday, April 20, 10 a.m. Cost is \$5. Register at <https://bit.ly/EDTB2024-EarthDayPrograms>
- Building a Bee House: Look into the world of solitary bees and other pollinators that live around us, then build a simple bee house to take home and place in your yard. Helping to provide habitat for insects is a creative way to support nature and conservation. The event will be held at the East Side Library on Thursday, April 25, 5:30 p.m. The event is free. Register at <https://bit.ly/EDTB2024-EarthDayPrograms>.
- Seed Swap & Spring Gardening Workshop: Growing organic food locally is great for the Earth. Kickstart your growing season learning tips and tricks from local gardeners. Discover how to create an efficient and productive garden space, prep your soil for success, and more. The Valley High Greenhouse Club will be giving away free pollinator-friendly plants. Don't forget to bring seeds for the seed swap — a fantastic opportunity to exchange seed and enrich the gardening community. This free event will be held at Franklin Avenue Library, 5000 Franklin Ave., on Saturday, April 27, 1-3:30 p.m. ■



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## RECIPE

# MAKE MOM'S DAY EXTRA SPECIAL

*(Family Features)* Don't let Mother's Day pass by as just another day on the calendar. Make this year's celebration a true ode to the moms in your life with some extra special touches at breakfast and beyond.

Whether she's the culinary expert of the home or cooking is usually a team effort, make sure her morning is one of rest and relaxation while you handle kitchen duties from prep to cleanup. These cinnamon muffins offer a one-ingredient solution that take just 15 minutes to prepare.

**Add flowers:** Flowers are a timeless Mother's Day gift for a reason. They provide pops of color on dining room tables, kitchen counters, end tables or even nightstands. Consider mom's favorite spot in the house and place them within eyeshot for a frequent reminder of how much she's appreciated.

**Create a personalized card:** Add a special final touch to an already memorable morning with a thoughtful card and handwritten message. Get the kiddos involved and create a card from scratch with construction paper, colored pencils, markers and more for a homemade gift she'll cherish. If you didn't fall from the artistic tree, don't fret — a storebought card means all the same when paired with a heartfelt message that conveys your love. ■

## CINNAMON MUFFINS

*Recipe courtesy of "Cookin' Savvy"*

### Ingredients:

- 2 tubes (8-count each) cinnamon rolls

### Directions

Preheat oven to 400 F.

Grease muffin tin or line with liners. Using kitchen shears, cut each cinnamon roll into pieces and place in muffin holes.

Bake about 15 minutes, or until golden. Let cool then add provided icing.



**Tip:** To make icing extra special, add 2 tablespoons creamer and mix well before icing muffins.

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## DALLAS COUNTY CONSERVATION

To register for events, visit [www.dallascountyiowa.gov/conservation](http://www.dallascountyiowa.gov/conservation), click on "Public Programs" and scroll down to see program descriptions and to register. If you don't have computer access or need assistance, call the DCCB office at 515-465-3577.

### WEIRD ARTIFACTS

Forest Park Museum, 14581 K Ave., Perry

Sunday, April 14, 1:30-2:30 p.m.

Join the museum curator for a look at some odd artifacts in the Forest Park collection. This is a great chance to view and discuss some of the strangest items in the museum. Registration is not required.

### SPRING HIKE

Kuehn Conservation Area, 32828 Houston Trail, Earlham

Saturday, April 20, 10-11 a.m.

Come enjoy spring time with a hike around Kuehn Conservation Area to see what nature is up to with the shift in seasons. Trek down the forest trails to the lower prairie. Dress for the weather. Registration required.

### VOAS VOLUNTEER DAY: GARLIC MUSTARD REMOVAL

Voas Nature Area, 19286 Lexington Road, Minburn

Saturday, April 27, 9-11:30 a.m.

With the successful removal of the shrubby understory at the Voas oak savanna, we have created a disturbance that is ideal for the growth of invasive garlic mustard. The good news is that we have been able to control it wherever we pull it. If you have considered other outdoor volunteer days, but thought the work might be too difficult, garlic mustard is an easy pull. Children welcome and encouraged. Registration not required. ■

## CLASSIFIED ADS

**GARAGE SALE:** Friday & Saturday 9AM to 4PM each day. 26152 Burr Oak Lane, Golf Course Area, Adel. 100's of 1970's and 1980's VINYL LPs, 45rpm, cassette tapes & CDs all Pop, Rock and R & B. Household Misc: Books, Artisan Decor, DVDs, Games, Clothing, Perennials, Men & Ladies Bicycles.

**FOR SALE:** Pelonis AC/dehumidifier/fan. This is a free-standing unit which drains through a hose or floor drain. Remote and all booklets included. Only used one season. Cost was \$300 new. Asking \$250. It can be seen during Adel Citywide Garage Sale weekend at 600 S. 12th St. #3C or call 515-339-8647.

**FOR SALE:** Used Toro 48" ZX time cutter riding lawn mower. Works fine. \$500. 515-314-9803 - leave a message.

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