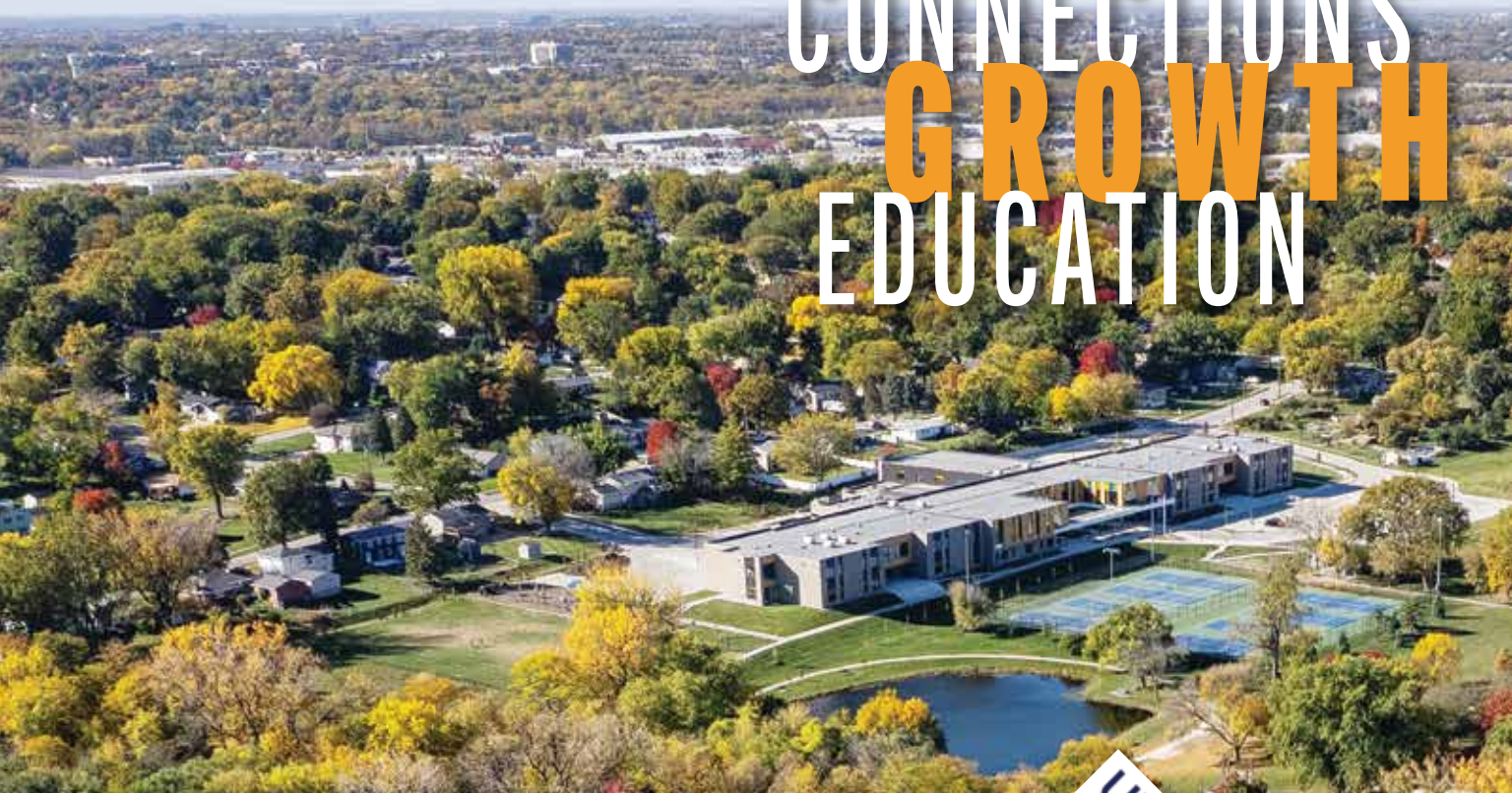


2024-2025

# THE URBANDALE CHAMBER OF COMMERCE

POWERING THE WINDSOR HEIGHTS CHAMBER OF COMMERCE  
CENTRAL IOWA'S BUSINESS CHAMBER™

VALUE  
CONNECTIONS  
GROWTH  
EDUCATION



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- ✓ Concrete Work

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# URBANDALE CHAMBER OF COMMERCE

## Central Iowa's Business Chamber

### VALUES

#### Excellence

We provide the highest quality programs and services, challenging ourselves to achieve stronger results for our members and community.

#### Service

We are strongly committed to our mission and vision to serve our members and the community.

#### Family

We respect and support each other in an environment that embraces a work-life balance.

#### Connectedness

We are connectors, strategically connecting the business community, city and schools.

#### Character

We conduct ourselves with character every day.

#### Inclusion

Everyone is equal and welcome at the Urbandale Chamber, regardless of age, gender, race, religion, ethnicity or sexual orientation.



Powering the



### WHY

- We believe businesses of all sizes have a voice.
- We believe businesses thrive when connected to the right people, and we know the right people.
- We live our vision, mission and values every day.
- Serving and elevating members and the community drives us. *It is our passion.*
- We value a diverse community and embrace inclusion because we are stronger together.

### There are six specific organizational pillars that drive the Chamber's Annual Program of work.

- Advocate for a strong Urbandale business climate for member businesses
- Create opportunities for business connectedness and member visibility
- Recruit, retain and strengthen a talented workforce needed for the future
- Deliver relevant and high-quality programming, services and information
- Live the Uniquely Urbandale brand and image
- Operate with excellence
- Foster a culture of respect interwoven throughout all we do

Affiliate of



### MISSION: Serve, Protect & Promote our Members



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SUITE #110

URBANDALE, IA 50322

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INFO@URBANDALECHAMBER.COM

## WHY URBANDALE CHAMBER?

IT'S OUR BUSINESS TO HELP YOUR BUSINESS.



We believe businesses of  
all sizes have a voice.



We believe businesses  
thrive when connected to  
the right people, and we  
know the right people.



We live our values; we  
serve, protect, and  
promote our members.



Serving and elevating  
members and the  
community drives us. It is  
our passion.



We value a diverse  
community and embrace  
inclusion because we are  
stronger together.

# 2024 URBANDALE CHAMBER OF COMMERCE INVESTORS

## CHAIRMAN'S CIRCLE INVESTOR



## COMMUNITY PARTNER



City of Urbandale

## TRUSTEE INVESTORS



## ELITE PARTNERS



## PLATINUM INVESTORS

ATW Training Solutions  
Bob Brown Chevrolet  
Buenzow Insurance Group  
City of Windsor Heights  
Compressor Controls Corporation

Grand View University  
Homemakers Furniture  
Hy-Vee Urbandale  
Iowa Bankers Association  
John Deere ISG

KRM Development  
MidAmerican Energy  
Paychex HR  
Pepsi Beverages Company  
Stivers Ford Lincoln

Two Rivers Bank & Trust  
University of Iowa Health Care  
Urbandale Community School District  
WorldWide Logistics

# NOT A MEMBER OF THE URBANDALE CHAMBER YET?

## We would love to have you!

The Urbandale Chamber of Commerce is a membership-based business organization designed to serve, protect and promote its members and the community. Membership in the Chamber is not bound by community boundaries, even though Urbandale is in our name! We know business doesn't stop at our community boundary, so membership shouldn't either. As one of the largest chambers in the metro, the Urbandale Chamber is large in size but has a strong community culture where everyone feels welcome.



## What does a chamber do?

### The Urbandale Chamber focuses on five pillars

- 1 CONNECTIONS
- 2 EDUCATION
- 3 MARKETING
- 4 ADVOCACY
- 5 WORKFORCE

A Chamber of Commerce has a strong focus on strengthening connections because people do business with those they know, like and trust. We provide a plethora of opportunities to get to know others and strengthen connections. In addition, we should be life-long learners because so much can change in the blink of an eye. If a business isn't keeping up, it can fall behind. The Chamber provides access to a number of educational opportunities for personal and professional development. Marketing is a fantastic benefit offered, and many of our benefits operate 24/7.

We have strong SEO built into our database, which helps all members climb in Google rankings. In addition, all new members receive a 30-second radio commercial custom-recorded by Cumulus Radio and aired over two consecutive weekends. This is a great way for new members to introduce themselves to the community, advertise open positions or maybe an event. Workforce is an area the Chamber focuses on to help members find quality employees. We do this through free job postings pushed out on our website and social media, free resume distribution for resumes sent to us and through our youth job and apprenticeship fair and our KEY in Des Moines program designed to Keep Educated Youth in Des Moines.

## 3 CHAMBERS FOR THE PRICE OF ONE



When you join the Urbandale Chamber of Commerce, complimentary and automatically, you've just gained membership to the Windsor Heights Chamber and Greater Des Moines Partnership as well, extending your reach across the metro.

The Windsor Heights Chamber of Commerce and the Urbandale Chamber of Commerce announced their merger of operations in 2023. The merger is designed to help the organizations combine their resources to best serve members while still maintaining unique identities. The merger unites more than 850 businesses that will operate together in an effort to provide more for their membership base by joining forces. Pooling the neighboring business organizations mobilizes the power of its

total membership reach to create an optimized business climate. The Urbandale Chamber of Commerce is the lead organization powering the Windsor Heights Chamber Committee with staff and resources.

The Greater Des Moines Partnership is the economic and community development organization that serves Greater Des Moines, Iowa. Together with 23 Affiliate Chambers of Commerce, more than 6,500 Regional Business Members and over 400 Investors, The Partnership drives economic growth with one voice, one mission and as one region.

By joining the Urbandale Chamber, you'll receive memberships to the Greater Des Moines Partnership AND Windsor Heights, a true 3-in-1 value.

If you are interested in learning more, contact the Urbandale Chamber at (515) 331-6855 or online at [www.uniquelyurbandale.com](http://www.uniquelyurbandale.com).

# CENTRAL IOWA BUSINESS CONFERENCE



PRESENTED BY  
URBANDALE  
CHAMBER OF  
COMMERCE



## KEYNOTE SPEAKERS



**ANDY BUCKLEY**

Entertainment Speaker, CFO of Dunder Mifflin on NBC's "The Office" keynote speaker, and Senior Financial Advisor (In real life)



**DR. IAN ROBERTS**

Des Moines Public Schools Superintendent & Olympian



**JOSH LINKNER**

Creative Troublemaker, Founder & CEO of 5 tech companies, and New York Times Best Selling Author

## BREAKOUT SPEAKERS



**LISA BROUWER**

Dare to Lead™



**JENNIFER SIMPSON**

Sales & Marketing



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Artificial Intelligence



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# Marketing your business with AI:

## Here's what you need to know

By Lindsey LaMair | Vice President of Strategy

In the dynamic realm of marketing, staying ahead of the curve is imperative for businesses aiming to capture the attention of target audiences with short attention spans. It's hard to go anywhere in 2024 without hearing something about artificial intelligence (AI) and how it's changing the way we live.

I must admit, even as someone who has worked in the digital industry for a decade, I was skeptical of using AI to do anything in my day-to-day responsibilities. I even went so far

as to wear my "I've never used ChatGPT" label as a badge of honor. Write me a newsletter? Draft a response to this RFP? Give me a list of marketing ideas? No thanks, ChatGPT, I can do that myself. I went to school for technical communication, and I've been working in marketing for the last 10 years, so why would I need a chat bot to help me do those things? One day, buried under a never-ending to-do list, I caved and used it to draft a simple outline for a meeting agenda, spitting one out with stunning accuracy. As it turns out, I, too,

not only can use AI, but also enjoy it.

As with any new technology, it's important to be informed and decide how to use it intelligently. While AI presents numerous benefits, it also poses its fair share of challenges. Whether or not we're ready to admit it, AI is here and making an impact on more than we realize. Rather than run away screaming, let's discuss how businesses can embrace AI when it comes to making it easier to market your business.

## The pros of using AI to market your business

### Automation and efficiency

AI automation streamlines repetitive tasks and processes, allowing marketers to focus their time and energy on high-value activities that drive growth. From automated email campaigns to chatbot-powered customer support, AI-powered tools and technologies are revolutionizing how businesses interact with their customers. I was hesitant to use it for strategically important tasks, but once I broke down and tried out some of the "virtual assistant"-type capabilities, I was able to warm up and get more comfortable with the idea of giving up control of some of these things. By automating routine tasks — even down to assistance with email communication, meeting agendas, and idea generation — AI creates the opportunity for you to focus more energy on things like creative strategy, content creation, and relationship-building.

It might seem overwhelming at first, but a good way to dive in is to start by thinking of small things you can use AI to help with, and scale up from there. There are infinite prompts you can give to free chat bots, such as ChatGPT, as well as custom, paid AI tools for specific functions. AI-driven automation is not just a time-saver, it's a great tool for businesses looking to effectively scale their internal marketing efforts while also prioritizing all of their other important day-to-day tasks.

### Expanded idea generation

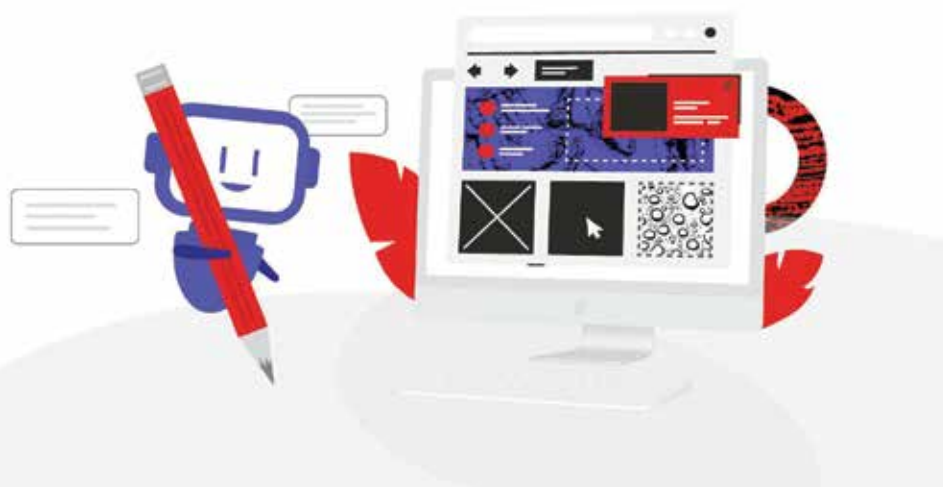
If you've ever stared at a blank page or to-do list and felt like your creative brain had nothing to offer up, AI is here to help. AI-powered tools are revolutionizing idea generation in marketing, enabling businesses to tap into vast reservoirs of creativity and innovation. Not only can you get help with things like "create a list of ten web design topics to write a blog on," you can also use AI to analyze data from different sources, including social media trends, consumer feedback, and market research to generate fresh ideas and insights that inspire compelling campaigns. And once you get started, it's unlikely you'll be able to stop. Whether it's brainstorming new product concepts, developing content strategies, or devising innovative promotional tactics, AI empowers marketers to expand their creative power in just a few seconds.

### Data-driven decision making

AI helps businesses to make data-driven decisions by leveraging advanced analytics and predictive modeling techniques. By analyzing vast amounts of data in real-time, AI algorithms can identify patterns, trends, and correlations that human analysts might overlook. This enables businesses to gain valuable insights into consumer behavior, market trends, and competitive dynamics, allowing them to optimize their marketing strategies for maximum impact. Let's be honest; we could all use more insight with less effort. With a simple upload, AI tools give you the ability to do things like predict customer churn, forecast sales trends, or optimize advertising campaigns, which could be the thing that helps you stay ahead of the curve in your industry.



# Things to be aware of when it comes to using AI



## Concerns about data privacy

If AI is everywhere right now, data privacy is right alongside it. Since AI-powered tools and techniques rely heavily on data collection and analysis, privacy concerns and data security issues follow closely behind. Now more than ever, consumers are more aware and concerned about how their personal data is both used and protected by businesses. The free AI tools use data that's entered into them to continue to get smarter and more agile for future versions of the tool. Because of this, we have to assume that nothing is private when it comes to AI, so just be mindful of what data you put into public chatbots. A best practice is to never enter data into free chatbots that includes personally identifiable information or information that you wouldn't want leaked to the public.

## It doesn't replace expert skill sets

As I've dug into AI more and tested out different prompts to make my task list more manageable, I have started to realize that AI can only get you so far. While AI has a lot to offer for ideas and analytics, it's often best used as a strong starting point. If you rely too heavily on AI to do the heavy lifting without checking your work, it can cause some discrepancies in tone or details that can be shocking for readers. Think about those AI generated images that you've seen in the news; they can be really accurate, but there's also an eerie quality to some of them that shows they're not real.

AI is as good as the person using the tool and prompting the requests; it currently cannot and should not replace the expertise and intuition of skilled marketers. AI algorithms may excel at quickly processing data, generating ideas, and identifying patterns, but they lack the contextual understanding of your business and creative problem-solving abilities that humans possess.

## You can be too reliant on automation

While AI-driven automation offers numerous benefits in terms of efficiency and scalability, there is a risk of overreliance on technology at the expense of human creativity and intuition. As businesses increasingly rely on AI to automate processes, there is a danger of losing the human touch that is essential for building authentic connections with customers. Is there a time and place for full-scale automation in your business? Absolutely. You may benefit from an automated chatbot so you can have 24/7 customer support without giving up your nights and weekends. But even with AI, personalized interactions, creative storytelling, and empathy play a crucial role in shaping memorable brand experiences that keep your customers coming back for more. As businesses embrace AI-driven tools, it's important to recognize the role of human skill sets in a successful marketing campaign and ensure that AI enhances — rather than replaces — human interactions and connections.

AI is undoubtedly reshaping today's marketing landscape, offering unprecedented opportunities for automation, data-driven decision-making, and efficiency. However, it also presents challenges such as privacy concerns and overreliance on automation that must be addressed to ensure ethical and effective marketing strategies. AI is great for giving you better ideas and more time in your day to act on those, but you also have to keep in mind the risks of becoming too reliant on these tools; whatever AI tools you choose to use should deliver efficiency for your team and value to your customers. If you're interested in incorporating AI into your organization and taking your marketing to the next level, let's talk through some ideas.

### MORE ABOUT:



Webspec is a marketing, design, and web development firm based in Urbandale. Webspec's CEO, Jeremiah Terhark, founded Webspec in 2001. Since then, he's grown the business into a team of over 60 employees who love to provide technical and creative solutions to help our clients gain confidence in their online presence. We've had the pleasure of working with some notable clients including the Iowa High School Athletic Association, Paws & Pints, 801 Grand, and Iowa State University.

# Urbandale's Young Professionals Group: genYP

# genYP

URBANDALE  
Chamber of Commerce  
YOUNG  
PROFESSIONALS

EXPAND  
YOUR NETWORK

VOLUNTEER  
OPPORTUNITIES

PROFESSIONAL  
DEVELOPMENT

INVEST IN  
YOURSELF

Invest in yourself and expand your network with one of the most highly regarded young professional groups in the Des Moines area. genYP provides unique opportunities for young business individuals to connect with other emerging leaders through structured networking events, professional development, social gatherings and community outreach activities.

"I am continually impressed by genYP! We are a group committed to cultivating relationships where others may belong, be supportive of one another, serve and lead together, and take time to invest in ourselves. The caliber of young professionals and variety of industries brings a new connection at each event. There is so much passion and heart within genYP, who wouldn't want to join the fun!"



**BRYANNE LANG**  
Resource Development  
Manager  
Mosaic in Central Iowa

## WHY genYP?

- We're a fun group of 21-40 year olds!
- Membership for the year is only \$50 (\$80 for those not employed by an Urbandale Chamber member company)
- Access to FREE or DISCOUNTED events
- Opportunities every month to connect with other young professionals in a structured setting
- Connect with a network of 850+ businesses through the Urbandale Chamber
- Cost-effective educational and professional development events
- Volunteer opportunities
- Listing in online membership directory with photo, contact information and bio
- Mentorship program

"GenYP is so much more than just another networking group. It is a place for young professionals to connect, grow, and learn with their peers. It boasts incredible opportunities for members in areas such as leadership, professional development, community engagement, and networking. Not only have I grown personally and professionally through GenYP, but I have been able to make some life-long friendships along the way."



**CHARLES NEWELL**  
Office Coordinator  
Blue Compass

**READY TO JOIN?  
DON'T WAIT!**



Call us at **(515) 331-6855** to get your membership started.

## 2023 BUSINESS OF THE YEAR **Homemakers Furniture**

Homemakers Furniture is an Iowa-founded and family-operated business in operation since 1974. Homemakers recognizes the significance of being involved in the Urbandale community. Their Hometown Giving program allows the ability to work with charitable organizations by donating time and resources to support their causes. Homemakers has worked with 36 charity partners so far in 2023. Their pillars of Women Empowerment, Animal Support, Homelessness, and Childrens' causes have given Homemakers a foundation of excellence to build ties in the community. Homemakers Volunteer Time Off program allows employees to spend part of their working hours to help those in need and creates a strong work-life balance.



## 2023 SMALL BUSINESS OF THE YEAR **Urbandale Food Pantry**

The Urbandale Food Pantry is a collaborative, community effort to reach out to neighbors and provide food assistance with dignity and compassion. For over a decade, the food pantry has been serving our neighbors in need. In August, the Urbandale Food Pantry served over 1,800 individuals, breaking their own previous records. The Urbandale Food Pantry not only serves Urbandale, but regularly teams up with surrounding communities to collaborate on how to decrease food insecurity in Iowa. The Urbandale Food Pantry also donates extra items to surrounding pantries when the opportunity arises. The Urbandale Food Pantry continues to outgrow their space and expand as they serve more and more community members.



## 2023 CITIZEN OF THE YEAR **Doug Gulling**

Doug Gulling has been heavily involved in the Urbandale community for decades. He was named Chief Financial Officer of West Bank in 2001. The West Bank Corporation Foundation was established in 2003 as a result of Doug's advocacy and has granted in excess of \$5 million to community nonprofits to date, including many located in, and benefiting the citizens of, Urbandale. Doug has served as president on the Urbandale School Board, as well as president of the Greater Des Moines Botanical Garden. His leadership, community service, and significant contributions to the financial community culminated in his recognition as the 2013 Deloitte CFO of the Year. Following his retirement as CFO in 2021, Doug continues to serve on the Board of Directors of West Bank and its parent company. Doug and his wife, Judy, raised their two daughters in Urbandale.



## 2023 CONNECTOR OF THE YEAR **Randy Pelham**

The Connectors are the chamber's welcoming arm. These volunteers assist in connecting members to one another and help new members learn about all of the benefits of being an Urbandale Chamber member. Randy Pelham is the 2023 recipient. Randy has been a Connector for 19 years and is a devoted chamber volunteer. Randy is also consistently a top performer for the Total Resource Campaign. Randy is a staple, key member in the chamber community.



## 2023 YOUNG PROFESSIONAL OF THE YEAR **Bryanne Hensley**

This year's recipient, Bryanne Hensley, is a dedicated and influential member of the Chamber's young professional program, genYP, and serves on the genYP leadership team. Bryanne joined genYP in 2019 through her employer, Mosaic in Central Iowa. Bryanne later joined the leadership team in 2022, where she currently sits as vice chair. In addition, she is chair of the Professional Development committee and is a frequent face at many chamber and genYP events.



## HALL OF FAME **Audrey DeCarlo**

Audrey was born in Des Moines and raised in Urbandale. Audrey and her husband of over 50 years, Eddie, raised their four children in Urbandale. Through the years, Audrey was always in the front row of whatever stadium, court or field her beloved J-Hawks were playing. She was known for cheering the loudest, with her big, bright smile. Even after becoming wheelchair bound and moving to Dallas Center, she never missed a chance to support Urbandale activities including United Church of Christ, Urbandale Historical Society, the Urbandale Alumni Association, and most certainly the Fourth of July celebration, where, on parade day, she sat at the same corner year after year. Those who knew Audrey know the influential and supportive role she played for the community. She remained a part of the community until her passing on Jan. 30, 2023.



## HALL OF FAME **Jerry Holt**

Jerry came to Urbandale in 1998 as the first full-time fire chief for the city. Jerry worked tirelessly to build the department to where it is today, taking it from the largest volunteer-staff fire department in Iowa, to three fully staffed departments. A few accomplishments include three fully operational fire stations, one department dedicated to fire and EMS professionals, and a closest-unit-response agreement with the City of Clive that provides enhanced protection to the residents of both our communities, while providing savings to each community. During his time as Fire Chief, Jerry has instilled strong values within the fire department, including an oath that promises pride, respect, duty, unity, integrity, and compassion. Jerry exemplifies each of these values every single day.



# Building a strong IT foundation

## Your business fortress in the digital age

**Technology is the backbone of most businesses today.** But as your business grows, managing a complex IT infrastructure can become overwhelming. This robust network of hardware, software, and security safeguards your data, facilitates communication, and drives productivity. LaunchIT wanted to briefly outline what you can do to set up your own infrastructure, what may be a risk in this, and why an MSP may be your better option.

### Building a strong foundation requires:

- **Research Products:** Envision your technology needs, understand the various products, talk to other business owners and/or those in the same industry. Discuss best practices.
- **Reliable hardware:** This includes servers, computers, routers, firewalls, and storage devices.
- **Essential software:** Consider productivity suites, accounting software, customer relationship management tools, and industry-specific software. Ask other business owners for recommendations.
- **Unbreakable security:** Firewalls, encryption, access controls, and network segmentation are crucial to defend against cyberattacks. Implement advanced solutions like email security and Endpoint Detection and Response (EDR).
- **Backup and disaster recovery:** Regular backups and well-defined recovery procedures ensure business continuity in emergencies.
- **Scalability:** Choose solutions that adapt to your growing needs, like increased user demands and data volumes.
- **Network monitoring:** Proactive monitoring helps identify and address potential issues before they escalate. You cannot simply set it and forget it. If you want things to run smoothly and reduce your security risk, you must monitor and manage all your devices and infrastructure.

### Risks of DIY IT

- **Buying Mistakes:** Some hardware/software will not live up to expectations or may not be compatible with other products.
- **Security vulnerabilities:** Managing complex security measures like firewalls, encryption, and EDR can be challenging for non-experts, potentially exposing your business to data breaches and cyberattacks.
- **Time commitment:** Maintaining and monitoring your IT infrastructure takes significant time and resources, which could be better spent focusing on core business activities. You cannot set it and forget it.
- **Lack of expertise:** Troubleshooting complex IT issues can be overwhelming without the necessary knowledge and experience, leading to costly downtime and inefficiency.

**While building a strong IT foundation is essential, managing it effectively can be challenging.** This is where **Managed Service Providers (MSPs)** come in. NOT all MSP companies are the same; services and pricing tend to fluctuate.

### Partnering with an MSP offers several benefits:

- **Tailored solutions:** LaunchIT MSP listens to your specific needs and budget to design a customized IT infrastructure that aligns with your vision.
- **Cost-effectiveness:** Partnering with LaunchIT MSP is cost-effective compared to hiring and training in-house IT staff, allowing you to focus your resources on core business activities.
- **Expertise and resources:** Access a team of experts in network security, cloud computing, and data management.
- **Proactive management and monitoring:** LaunchIT goes beyond the “set it and forget it” by providing 24/7 monitoring and problem-solving, freeing up your internal staff.
- **Scalability and flexibility:** Scale services up or down as your business grows.
- **Enhanced security:** Benefit from the MSP’s knowledge and advanced security solutions.

### Choosing the right MSP is crucial

- **Look for experience and expertise:** Partner with an MSP with a proven track record in your industry and size.
- **Ensure they offer the services you need:** Network management, security solutions, backup and disaster recovery, and ongoing support.
- **Feel free to compare MSPs:** By understanding and evaluating the various models/services/prices out there, you are more likely to pick a company you are happy with.
- **Ensure they have a strong security platform and resources available should you require them.**
- **Ask for references.**
- **Get clear pricing structures and service level agreements (SLAs).**
- **Does their culture match up with you and your employees? Ask to meet with the employees you will be working with.**

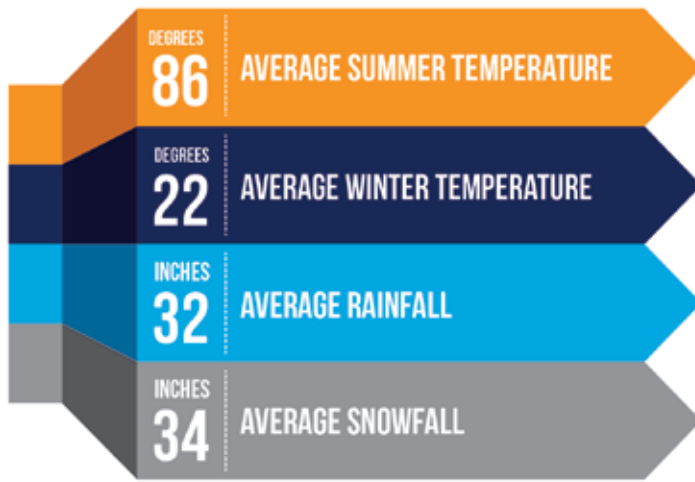
Investing in a strong IT infrastructure and partnering with a qualified MSP empowers you to focus on growing your business, leaving your digital fortress secure in the digital age. Please reach out to Ben Jensen at [bjensen@launchitmsp.com](mailto:bjensen@launchitmsp.com) or 952-564-5627 to learn more.

#### MORE ABOUT:



LaunchIT MSP was started in 2019 but became an S-Corp in January 2021. We have two companies in Iowa: LaunchIT Corp and LaunchIT MSP, which is a managed services company that focuses on small to midsize businesses in the midwest region currently. Our services are in the management, maintenance, security, and software development needs of our clients. Our clients range in size, complexity, industry, and needs, from non-profits to for-profits and for managed services, co-managed services, to software development. Size of clients range from 5 employees to over 100 employees, with a single location to multiple locations.

# URBANDALE, IOWA AT A GLANCE



## SALES TAX

Iowa's sales tax applies to all goods and services (except food and medicine), which are taxed at 7 percent.



## INCOME TAX

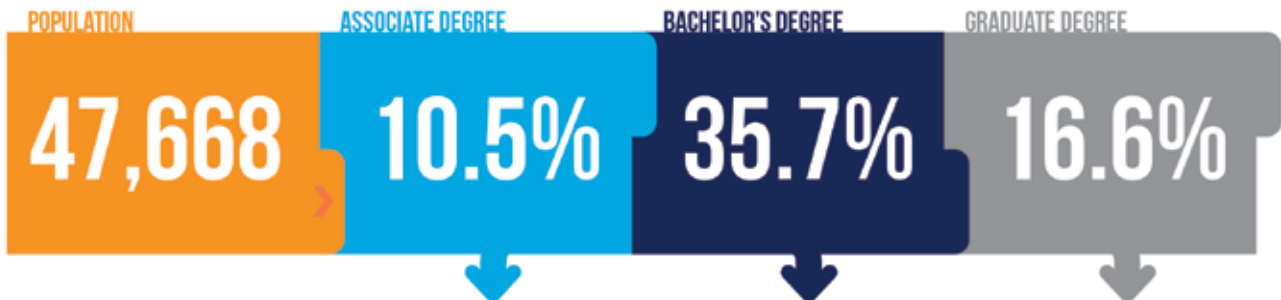
State of Iowa taxes, wages and compensation are subject to federal withholding. For more information regarding income tax rates, contact the Iowa Department of Revenue and Finance at 800-367-3388



## PROPERTY TAX

The City of Urbandale has 32 different tax rates based on the schools, county and sanitary sewer districts. The consolidated tax rate ranges from \$33.28 to \$39.95 per \$1,000 valuation. Urbandale continues to maintain one of the lowest city tax rates in Iowa with a population of 15,000 or more.

ZIP CODES: **50323** **50322** **50131** **50111**



## WORKFORCE STATISTICS: URBANDALE INDUSTRIES AT A GLANCE

Finance & Insurance



20.4%

Health Care & Social Assistance



13%

Retail



12.4%

Professional, Scientific & Tech Services



8.7%

Manufacturing



7.3%



19,166 HOUSING UNITS



75.5% OWNER-OCCUPIED HOUSING UNITS



\$97,093 MEDIAN HOUSEHOLD INCOME

# Welcome to Windsor Heights



## *Neighbor,*

Welcome to Windsor Heights, the most unique community in the Des Moines Metro. For the early half of the 20th Century, the area was known for its coal mining, and it wasn't until 1941 that the city was formally incorporated, making it one of the youngest cities in the Metro. Home to more than 5,000 residents, Windsor Heights has the distinction of being the only Des Moines suburb that is landlocked. Here you will find sturdy mid-century brick homes, excellent schools, beautiful parks,

acclaimed restaurants, and every shopping amenity imaginable. You'll also find excellent city staff, police, fire, and public works services, and kind, passionate neighbors, a passion that dates to the city's incorporation, as residents wanted their public services but didn't want to be annexed by Des Moines.

Thanks to our centralized location, you are a convenient 10-minute drive from anywhere in the Metro, thus our community motto. Welcome to the "Heart of It All."

*Mayor Mike Jones*

## CITY OF WINDSOR HEIGHTS ELECTED OFFICIALS



**Mayor** Mike Jones



Lauren Campbell



Threase Harms



Joseph Jones



Michael Libbie



Susan Skeries

**ADVOCACY EVENTS: Windsor Heights State of the City, June 18, 2024 • Westside Legislative Breakfast, Jan. 10, 2025**

## IMPORTANT CONTACTS

### PUBLIC SAFETY

Emergencies ..... 911  
 Non-Emergencies..... 515-222-3321  
 City Hall ..... 515-279-3662

### TRASH/RECYCLING/YARD WASTE

Metro Waste Authority ..... 515-244-0021

### WATER

Des Moines Water Works ..... 515-283-8700

### ELECTRIC

MidAmerican Energy ..... 888-427-5632

### SEWER

Weekdays..... 515-645-6825  
 Evenings and weekends..... 515-222-3321

## CITY SERVICES INFORMATION

### City Website

The City's website is windsorheights.org and is home to everything you need to know in regards to living in Windsor Heights. You'll find the latest news on the homepage as well as links to City Council meeting agendas, city code of ordinances, and a place to report concerns.

### Elected Officials

The City of Windsor Heights has a mayor and five city councilors who serve four-year terms. Meet the council and learn how to contact them using the QR code.



### City Council & Meetings

City Council meetings are held the first and third Monday of the month at 6 pm in the Council Chamber located at 1133 66th St. and can be viewed through Zoom using Meeting ID: 783 285 6334. A written Council Recap and video recording of the meeting will be available on the City's website and social media later in the week after the City Council meeting.

### Library Services

All Windsor Heights residents have the opportunity to be full-access patrons of the Des Moines Public Library. Here are just some of the great benefits you can enjoy:

Access to the catalog and the 500,000+ books, CDs, DVDs, and audiobooks offered for checkout. A dedicated team of librarians works daily to make purchases specifically for DMPL patrons based on wait times, requests, and industry trends.

Free access to tens of thousands of downloadable eBooks and eAudiobooks on multiple platforms and apps, selected specifically by the team of collection librarians.

Free access to Kanopy, the streaming video service with thousands of classic and modern films for adults and children.

Dozens of digital resources, educational tools, digital programming, community resources, and much more at [dmpl.org](http://dmpl.org).

### City Special Events

Throughout the year, the City's Special Events committee puts on free, family-fun events for all ages. These include Movies in the Park, Fall Festival, Windsor Wonderland, and more! Learn about all the upcoming events by scanning the QR code.



## 2023 Business of the Year Eileen's Cookies



## 2023 Citizen of the Year Susan Skeries



## ELECTED OFFICIALS



Claire Celsi  
**State  
 Senator**



Jennifer Konfrst  
**State  
 Representative**



Matt McCoy  
**District 1  
 Supervisor**

# ALPHABETICAL LISTING OF CHAMBER MEMBERS



## **3E (Electrical Engineering & Equipment Co.)**

Distributors/Electrical  
Matthew Chatman  
953 73rd St.  
Windsor Heights, IA 50324  
(515) 273-0100  
[www.3e-co.com](http://www.3e-co.com)

## **A New Look Exteriors**

Contractors/Siding  
Justin Williams  
1980 NW 94th St., Ste. H  
Clive, IA 50325  
(515) 276-1989  
[www.anewlookexteriors.com](http://www.anewlookexteriors.com)

## **Achieve Health Naturally**

Health Care/Consultants  
Reba Eagles  
6601 University Ave. Ste. 103-E  
Windsor Heights, IA 50324  
(515) 650-3122  
<https://achievehealthnaturally.com>

## **Bankers Trust - Windsor Heights**

Finance/Banks  
Brook Wade  
7000 University Ave.  
Windsor Heights, IA 50324  
(515) 271-1000  
[www.bankerstrust.com](http://www.bankerstrust.com)

## **Barry Hesse, REMAX Concepts - BROKER Associate B11216000**

Real Estate/Agents  
Barry Hesse, Realtor - RE/MAX Concepts  
6600 University Ave.  
Windsor Heights, IA 50324  
(515) 249-0084  
[www.iowahomesales.com](http://www.iowahomesales.com)

## **Becker Fine Instruments**

Music/Instruments  
Michael Becker  
6567 University Ave.  
Windsor Heights, IA 50324  
(515) 274-9420  
[www.beckerfineinstruments.com](http://www.beckerfineinstruments.com)

## **Bolton & Menk, Inc**

Professional-Design Services/Engineers  
Madison Burke  
430 E Grand Ave., Ste. 101  
Des Moines, IA 50309  
(515) 259-9190  
[www.bolton-menk.com](http://www.bolton-menk.com)

## **Bowermaster Group, LLC dba Lucky Snack Vending**

Food-Beverage/Vending Machines  
Bowermaster Group  
6301 Colby Ave.  
Windsor Heights, IA 50324  
(515) 770-5299  
[www.luckysnackvending.com](http://www.luckysnackvending.com)

## **Bud & Mary's**

Health Care/Pharmacies  
Stephen Wilson  
7239 Apple Valley Dr.  
Windsor Heights, IA 50324  
(515) 348-8400  
[www.budmary.com/ia](http://www.budmary.com/ia)

## **CFO Accounting Services LLC**

Finance/Accountants  
Carla Ruble  
(515) 770-5163  
[www.cfoaccountingsvcs.com](http://www.cfoaccountingsvcs.com)

## **City of Windsor Heights**

Government/City  
Adam Plagge  
1145 66th St. Ste. 1  
Windsor Heights, IA 50324  
(515) 279-3662  
[www.windsorheights.org](http://www.windsorheights.org)

## **Clair Family Dental**

Dental/Dentists  
Kenzie Lawrance  
1145 66th St., Ste. 2  
Windsor Heights, IA 50324  
(515) 279-0856  
[www.clairfamilydental.com](http://www.clairfamilydental.com)

## **Colby Interests**

Real Estate/Commercial  
Brian Sheriff  
6581 University Ave.  
Windsor Heights, IA 50324  
(515) 274-3411  
[www.colbyinterests.com](http://www.colbyinterests.com)

## **Des Moines Area Regional Transit Authority (DART)**

Transportation/Public  
Dakota Hall  
620 Cherry St.  
Des Moines, IA 50309  
(515) 283-8100  
[www.ridedart.com](http://www.ridedart.com)

## **Dinner At Your Door DSM, LLC**

Food-Beverage/Catering  
Jessica Merrill  
1139 24th St.  
Des Moines, IA 50311  
(515) 508-9595  
[www.dinneratyourdoor.com](http://www.dinneratyourdoor.com)

## **Dinner Dispatch**

Retail-Shops-Stores/Meal Preparation  
LeAnn Thongvanh  
7246 University Ave.  
Windsor Heights, IA 50324  
(515) 218-2522  
<http://dinner-dispatch.com>

## **Edward Jones - Matt Kneifl**

Finance/Investments  
Matt Kneifl  
1100 73rd St.  
Windsor Heights, IA 50324  
(515) 279-2219  
[www.edwardjones.com/us-en/financial-advisor/matt-kneifl](http://www.edwardjones.com/us-en/financial-advisor/matt-kneifl)

## **Fierce Nutrition**

Restaurants - Coffee house/Juice  
Kendle McChurch  
7220 University Ave.  
Windsor Heights, IA 50324  
(515) 423-6344  
[www.fiercenutritiondsm.com](http://www.fiercenutritiondsm.com)

## **Franklin Avenue Library**

Libraries-Museums  
Nikki Hayter  
5000 Franklin Ave.  
Des Moines, IA 50310  
(515) 248-6275  
[www.dmpl.org](http://www.dmpl.org)

## **Gilroy's Kitchen + Pub + Patio**

Restaurants  
Carl Wertzberger  
1238 8th St.  
West Des Moines, IA 50265  
(515) 809-1727  
[www.gilroyskitchen.com](http://www.gilroyskitchen.com)

## **Gravitate Coworking Midtown**

Business Services/Offices  
Geoff Wood  
6500 University Ave., Ste. 100  
Windsor Heights, IA 50324  
(515) 207-8105  
[www.gravitatecoworking.com](http://www.gravitatecoworking.com)

## **Harmony**

Health & Beauty/Salons-Spas  
Megan Zadow  
974 73rd St., Ste. 35  
West Des Moines, IA 50265  
(515) 988-9110  
[www.theharmonysalon.com](http://www.theharmonysalon.com)

## **Hope Wood JD, P.L.L.C.**

Legal Services/Attorneys  
Hope Wood  
505 5th Ave., Ste. 535  
Des Moines, IA 50309  
(515) 650-1532  
<https://hopewoodjd.com>

## **Hy-Vee - Windsor Heights**

Food-Beverage/Grocers  
Aaron Tacker  
7101 University Ave.  
Windsor Heights, IA 50324  
(515) 279-4225  
[www.hy-vee.com](http://www.hy-vee.com)

## **Immanuel Pathways - PACE**

Seniors/Services  
Tasha Tucker  
7700 Hickman Rd.  
Windsor Heights, IA 50324  
(515) 270-5000  
[www.immanuelpathways.com](http://www.immanuelpathways.com)

## **Infinity Home Care**

Health Care/Home  
Rachel Reavis  
7524 Hickman Rd.  
Windsor Heights, IA 50324  
(515) 414-8787  
[www.infinityhomecareia.com](http://www.infinityhomecareia.com)

## **Insight Advertising, Marketing & Communications**

Advertising/Agencies  
Michael P. Libbie  
2009 80th St.  
Windsor Heights, IA 50324  
(515) 331-3206  
[www.insightcubed.com](http://www.insightcubed.com)

## **Interstate All Battery Center - Des Moines**

Retail-Shops-Stores/Batteries  
Brian Weber  
1090 73rd St.  
Windsor Heights, IA 50324  
(515) 255-9572  
[www.interstatebatteries.com](http://www.interstatebatteries.com)

## **Iowa Orthodontic Solutions**

Dental/Orthodontists  
Leah Nelson  
7180 Hickman Rd.  
Windsor Heights, IA 50324  
(515) 278-1110  
[www.iowasmile.com](http://www.iowasmile.com)

## **Jones, Mike**

Individual Membership  
(515) 238-5105

## **Joseph Jones**

Individual Membership  
(515) 277-7450  
[www.josephjonesiowa.com](http://www.josephjonesiowa.com)

## **Kathmandu Restaurant**

Restaurants  
Tilak Gurung  
7229 Apple Valley Dr.  
Windsor Heights, IA 50324  
(515) 255-1270  
[www.ktmrestaurant.com](http://www.ktmrestaurant.com)

## **Knapp Properties, L.C.**

Real Estate/Commercial  
Katie Theulen  
5000 Westown Pkwy., Ste. 400  
West Des Moines, IA 50266  
(515) 223-4000  
<http://knappproperties.com>

## **Koester Development Group**

Real Estate/Commercial  
Jonathan Koester  
6500 University Ave., #308  
Windsor Heights, IA 50324  
(515) 782-3525  
[www.koesterdevelopment.com](http://www.koesterdevelopment.com)

## **KREATE Business Brokers**

Real Estate/Commercial  
Ray Main  
6600 University Ave., Ste. 141  
Des Moines, IA 50324  
(515) 224-0101  
<http://krbb.com>

## **Lauren Campbell Photography**

Photography/Photographers  
Lauren Campbell  
6571 University Ave.  
Windsor Heights, IA 50324  
(515) 996-0326  
[www.laurencampbellphotography.com](http://www.laurencampbellphotography.com)

## **Little Brother**

Restaurants  
Joe Tripp  
6587 University Ave.  
Windsor Heights, IA 50324  
(515) 277-7907  
<http://littlebrotherdsm.com>



**Midwest Heritage Bank - Windsor Heights**

Finance/Banks  
 Drazen Valentic  
 7101 University Ave.  
 Windsor Heights, IA 50324  
 (515) 343-5804  
 www.mhbank.com

**MidWestOne Bank - Windsor Heights**

Finance/Banks  
 Randi Willard  
 7204 University Ave.  
 Windsor Heights, IA 50324  
 (515) 274-0075  
 www.midwestone.com

**Mosaic Shores Travel Co., LLC**

Travel/Agencies  
 Kim Maurer  
 (515) 210-2807  
 https://mosaicshores.com/

**Norwex Independent Consultant - Louisa Dykstra**

Retail-Shops-Stores/In Home Parties  
 Louisa Dykstra  
 (515) 988-0565  
 www.LouisaDykstra.com

**Peterson Painting**

Contractors/Painters  
 Cary Peterson  
 2110 63rd St.  
 Windsor Heights, IA 50324  
 (515) 274-1883  
 www.petersonpainting.net

**Premium Solutions**

Advertising/Specialties  
 Kris Gregersen  
 6735 University Ave.  
 Windsor Heights, IA 50324  
 (515) 279-3618  
 www.ps-promotions.com

**Quester**

Business Services/Consultants  
 Mia Walker  
 6500 University Ave., Ste. 205  
 Windsor Heights, IA 50324  
 (515) 724-7045  
 www.quester.com

**R & B Interior Painting LLC**

Contractors/Painters  
 Brandy Loder  
 (515) 971-8164  
 www.rbinteriorpaintingllc.com

**RE/MAX Concepts - Marva McCarty**

Real Estate/Agents  
 Marva McCarty  
 6600 University Ave.  
 Des Moines, IA 50324  
 (515) 491-0107  
 https://marva-mccarty.remax-central.com

**RE/MAX Concepts - Shannon Salmon**

Real Estate/Agents  
 Shannon Salmon  
 6205 Merle Hay Rd., Ste. 120  
 Johnston, IA 50131  
 (612) 327-6536  
 www.ShannonSalmon.com

**SBDC - Mid Iowa Small Business Development Center**

Organizations/Associations  
 Jenica Johnson  
 6500 University Ave., Ste. 100  
 Windsor Heights, IA 50324  
 (515) 331-8954  
 www.iowasbdc.org

**Shadow Fist Kung Fu and Tai Chi, LLC**

Entertainment-Recreation/Martial Arts  
 Aaron Giddings  
 7676 Hickman Rd.  
 Windsor Heights, IA 50324  
 (515) 380-5590  
 www.shadowfistkungfu.com

**Sherwood Forest Event Center**

Facilities/Conference Centers & Banquet Facilities  
 Dory Stevens  
 7400 Hickman Rd.  
 Windsor Heights, IA 50324  
 (515) 249-6497  
 http://sherwoodforeseventcenter.com

**Society of St. Vincent de Paul**

Human Services/Social Services  
 Steve Havemann  
 801 73rd St.  
 Windsor Heights, IA 50324  
 (515) 282-8327  
 www.svdpsm.org

**Soper Automotive Repair**

Automotive/Service  
 Amy Soper  
 6800 Hickman Rd.  
 Windsor Heights, IA 50324  
 (515) 635-0011  
 www.soperautorepair.com

**State Farm Insurance - Matt Cale**

Insurance-Finance/Agents  
 Matt Cale  
 6733 University Ave.  
 Windsor Heights, IA 50324  
 (515) 280-9000  
 www.mattcale.com

**The Bake Shoppe**

Food-Beverage/Bakeries  
 Lisa Kannapel  
 6611 University Ave. #102  
 Windsor Heights, IA 50324  
 (515) 255-2253  
 www.thebakeshoppe.org

**Walnut Creek Church**

Religious Affiliations  
 Emily Rector  
 900 64th St.  
 Windsor Heights, IA 50324  
 (515) 279-8312  
 https://walnutcreekchurch.org

**Walnut Creek YMCA**

Wellness/Fitness  
 Jen Damge  
 948 73rd St.  
 West Des Moines, IA 50265  
 (515) 224-1888  
 www.dmyymca.org

**Windsor Heights Chamber of Commerce**

Organizations/Chambers of Commerce  
 Tiffany Menke  
 2830 100th St., Ste. 110  
 Windsor Heights, IA 50324  
 (515) 331-6855  
 www.windsorheightschamber.com

**Windsor Heights Foundation**

Organizations/Foundations  
 Mark Arends  
 1145 66th St., Ste. 1  
 Windsor Heights, IA 50324  
 (515) 779-6003  
 https://windsorheightsfoundation.org

**Windsor Heights Lutheran Church**

Religious Affiliations  
 Chris Olkiewicz  
 1240 66th St.  
 Windsor Heights, IA 50324  
 (515) 277-6277  
 www.whlc.org

**Windsor Mower**

Contractors/Lawn Maintenance  
 Darren Skeries  
 1441 64th St.  
 Windsor Heights, IA 50324  
 (515) 250-2206

**CATEGORICAL LISTING OF CHAMBER MEMBERS**

**Advertising/Agencies**

Insight Advertising, Marketing & Comm.

**Advertising/Specialties**

Premium Solutions

**Automotive/Service**

Soper Automotive Repair

**Business Services/Consultants**

Quester

**Business Services/Offices**

Gravitate Coworking Midtown

**Contractors/Lawn Maintenance**

Windsor Mower

**Contractors/Painters**

Peterson Painting  
 R & B Interior Painting LLC

**Contractors/Siding**

A New Look Exteriors

**Dental/Dentists**

Clair Family Dental

**Dental/Orthodontists**

Iowa Orthodontic Solutions

**Distributors/Electrical**

3E (Electrical Engineering & Equipment Co.)

**Entertainment-Recreation/Martial Arts**

Shadow Fist Kung Fu and Tai Chi, LLC

**Facilities/Conference Centers &**

**Banquet Facilities**

Sherwood Forest Event Center

**Finance/Accountants**

CFO Accounting Services LLC

**Finance/Banks**

Bankers Trust - Windsor Heights  
 Midwest Heritage Bank - Windsor Heights

MidWestOne Bank - Windsor Heights

**Finance/Investments**

Edward Jones - Matt Kneifl

**Food-Beverage/Bakeries**

The Bake Shoppe

**Food-Beverage/Catering**

Dinner At Your Door DSM, LLC

**Food-Beverage/Grocers**

Hy-Vee - Windsor Heights

**Food-Beverage/Vending Machines**

Bowmaster Group, LLC dba Lucky Snack  
 Vending

**Government/City**

City of Windsor Heights

**Health & Beauty/Salons-Spas**

Harmony

**Health Care/Consultants**

Achieve Health Naturally

**Health Care/Home**

Infinity Home Care

**Health Care/Pharmacies**

Bud & Mary's

**Human Services/Social Services**

Society of St. Vincent de Paul

**Individual Membership**

Jones, Mike

Joseph Jones

**Insurance-Finance/Agents**

State Farm Insurance - Matt Cale

**Legal Services/Attorneys**

Hope Wood JD, P.L.L.C.

**Libraries-Museums**

Franklin Avenue Library

**Music/Instruments**

Becker Fine Instruments

**Organizations/Associations**

SBDC - Mid Iowa Small Business  
 Development Center

**Organizations/Chambers of Commerce**

Windsor Heights Chamber of Commerce

**Organizations/Foundations**

Windsor Heights Foundation

**Photography/Photographers**

Lauren Campbell Photography

**Professional-Design Services/Engineers**

Bolton & Menk, Inc

**Real Estate/Agents**

Barry Hesse, REMAX Concepts  
 RE/MAX Concepts - Marva McCarty  
 RE/MAX Concepts - Shannon Salmon

**Real Estate/Commercial**

Colby Interests

Knapp Properties, L.C.

Koester Development Group

KREATE Business Brokers

**Religious Affiliations**

Walnut Creek Church  
 Windsor Heights Lutheran Church

**Restaurants**

Gilroy's Kitchen + Pub + Patio

Kathmandu Restaurant

Little Brother

**Restaurants - Coffee house/Juice**

Fierce Nutrition

**Retail-Shops-Stores/Batteries**

Interstate All Battery Center - Des Moines

**Retail-Shops-Stores/In Home Parties**

Norwex Independent Consultant - Louisa

Dykstra

**Retail-Shops-Stores/Meal Preparation**

Dinner Dispatch

**Seniors/Services**

Immanuel Pathways - PACE

**Transportation/Public**

Des Moines Area Regional Transit

Authority (DART)

**Travel/Agencies**

Mosaic Shores Travel Co., LLC

**Wellness/Fitness**

Walnut Creek YMCA

# 2024-2025 URBANDALE CHAMBER OF COMMERCE BUSINESS EVENTS

## APRIL

- 2 Maximize Your Membership,**  
Presented by Matt Shaw Commercial Real Estate
- 3 MOXIE Business Owner Roundtable,**  
Presented by Deksia
- 4 genYPM,** Hosted by Midland Credit Union
- 9 B.A.S.H. Business And Social Hour,** Presented by Real Connections Counseling, Hosted by Zirous
- 10 genYP CEO Panel**
- 10 Contacts & Contracts Wednesday AM Group,**  
Presented by MetroNet
- 11 Central Iowa Business Academy - DiSC Training,**  
Presented by Creative DSM
- 17 Women Empowerment Breakfast,**  
Presented by Buttercream Cookie Dreams
- 18 Urbandale Youth Job & Apprenticeship Fair**
- 24 Contacts & Contracts Wednesday PM Group,**  
Presented by Mark Courter – State Farm Insurance
- 25 Contacts & Contracts Thursday Group,**  
Presented by Buenzow Insurance Group
- 26 New Member Coffee Club,**  
Presented by Barry Hesse – RE/MAX Concepts
- 27 April Talk with Officials Windsor Heights,**  
Presented by Barry Hesse – RE/MAX Concepts
- 27 April Talk with Officials Urbandale,**  
Presented by Jon Smith with Iowa Realty
- 29 Contacts & Contracts Monday Group,**  
Presented by Lucas Nerhus – Edward Jones
- 30 AM Exchange,** Presented by Allegra Marketing Print Mail, Hosted by Triplett Office Essentials

## MAY

- 1 MOXIE Business Owner Roundtable,**  
Presented by Deksia
- 2 genYPM**
- 7 Maximize Your Membership,**  
Presented by Matt Shaw Commercial Real Estate
- 7 genYP Mentorship Program Kick-Off**
- 8 Contacts & Contracts Wednesday AM Group,**  
Presented by MetroNet
- 9 Central Iowa Business Academy - First Time Managers,** Presented by Creative DSM
- 14 B.A.S.H. Business And Social Hour,**  
Presented by Real Connections Counseling, Hosted by Midwest Family Lending
- 20 Contacts & Contracts Monday Group,**  
Presented by Lucas Nerhus – Edward Jones
- 23 Central Iowa Business Conference**
- 28 AM Exchange,** Presented by Allegra Marketing Print Mail, Hosted by Farrell's Martial Arts
- 29 Contacts & Contracts Wednesday PM Group,**  
Presented by Mark Courter – State Farm Insurance
- 30 Contacts & Contracts Thursday Group,**  
Presented by Buenzow Insurance Group
- 31 New Member Coffee Club,**  
Presented by Barry Hesse – RE/MAX Concepts

## JUNE

- 4 Maximize Your Membership,**  
Presented by Matt Shaw Commercial Real Estate
- 5 MOXIE Business Owner Roundtable,**  
Presented by Deksia
- 6 genYPM,** Hosted by Financial Architects
- 11 B.A.S.H. Business And Social Hour,**  
Presented by Real Connections Counseling, Hosted by Raccoon Valley Bank
- 12 Contacts & Contracts Wednesday AM Group,**  
Presented by MetroNet
- 13 Central Iowa Business Academy, Humility – It's The New Smart!** Presented by Creative DSM
- 18 Windsor Heights State of the City Breakfast**
- 24 Contacts & Contracts Monday Group,**  
Presented by Lucas Nerhus – Edward Jones
- 25 AM Exchange,** Presented by Allegra Marketing Print Mail, Hosted by Merle Hay Funeral Home
- 26 Contacts & Contracts Wednesday PM Group,**  
Presented by Mark Courter – State Farm Insurance
- 27 Contacts & Contracts Thursday Group,**  
Presented by Buenzow Insurance Group
- 28 New Member Coffee Club,**  
Presented by Barry Hesse – RE/MAX Concepts

## JULY

- 2 Maximize Your Membership,**  
Presented by Matt Shaw Commercial Real Estate
- 9 B.A.S.H. Business And Social Hour,**  
Presented by Real Connections Counseling, Hosted by Glen Meadows Retirement Community
- 10 Contacts & Contracts Wednesday AM Group,**  
Presented by MetroNet
- 11 Central Iowa Business Academy, Building High Trust Teams,** Presented by Creative DSM
- 11 genYPM,** Hosted by Showplace Cabinetry
- 17 Membership Luncheon – Urbandale State of the City,** Presented by Matt Shaw Commercial Real Estate
- 23 New Member Social,** Hosted by Hungry Boyz
- 25 Contacts & Contracts Thursday Group,**  
Presented by Buenzow Insurance Group
- 26 New Member Coffee Club,**  
Presented by Barry Hesse – RE/MAX Concepts
- 29 Contacts & Contracts Monday Group,**  
Presented by Lucas Nerhus – Edward Jones
- 30 AM Exchange,** Presented by Allegra Marketing Print Mail, Hosted by Ann Hartz CPA
- 31 Contacts & Contracts Wednesday PM Group,**  
Presented by Mark Courter – State Farm Insurance

## AUGUST

- 1 genYPM,** Hosted by Strauss Security Solutions
- 6 Maximize Your Membership,**  
Presented by Matt Shaw Commercial Real Estate
- 7 MOXIE Business Owner Roundtable,**  
Presented by Deksia
- 8 Central Iowa Business Academy, Leading Through Change,** Presented by Creative DSM
- 13 B.A.S.H. Business And Social Hour,**  
Presented by Real Connections Counseling, Hosted by Horizon Events Center
- 14 Contacts & Contracts Wednesday AM Group,**  
Presented by MetroNet
- 22 West Metro Golf Tournament,** Presented by Iowa Credit Union League, Midland Credit Union, Premier Credit Union and Serve Credit Union
- 26 Contacts & Contracts Monday Group,**  
Presented by Lucas Nerhus – Edward Jones
- 27 AM Exchange,** Presented by Allegra Marketing Print Mail, Hosted by LaunchIT
- 28 Contacts & Contracts Wednesday PM Group,**  
Presented by Mark Courter – State Farm Insurance
- 29 Contacts & Contracts Thursday Group,**  
Presented by Buenzow Insurance Group
- 30 New Member Coffee Club,**  
Presented by Barry Hesse – RE/MAX Concepts

## SEPTEMBER

- 3 Maximize Your Membership,**  
Presented by Matt Shaw Commercial Real Estate
- 4 MOXIE Business Owner Roundtable,**  
Presented by Deksia
- 5 genYPM,** Hosted by Homemakers Furniture
- 11 Contacts & Contracts Wednesday AM Group,**  
Presented by MetroNet
- 12 Sample Urbandale, A Celebration of Business**
- 19 Urbandale Leadership Academy**
- 24 AM Exchange,** Presented by Allegra Marketing Print Mail, Hosted by Vision Park Family Eye Care
- 25 Contacts & Contracts Wednesday PM Group,**  
Presented by Mark Courter – State Farm Insurance
- 26 Contacts & Contracts Thursday Group,**  
Presented by Buenzow Insurance Group
- 27 New Member Coffee Club,**  
Presented by Barry Hesse – RE/MAX Concepts
- 30 Contacts & Contracts Monday Group,**  
Presented by Lucas Nerhus – Edward Jones

## OCTOBER

- 1 Maximize Your Membership,**  
Presented by Matt Shaw Commercial Real Estate
- 2 MOXIE Business Owner Roundtable,**  
Presented by Deksia
- 8 B.A.S.H. Business And Social Hour,**  
Presented by Real Connections Counseling, Hosted by Financial Architects

- 9 **Contacts & Contracts Wednesday AM Group**,  
Presented by MetroNet
- 10 **Regional Breakfast** hosted by Iowa Wild
- 10 **genYPM**, Hosted by Urbandale Eye Care
- 16 **Candidate Forum**,

- Presented by Matt Shaw Commercial Real Estate
- 17 **Urbandale Leadership Academy**
- 24 **UPLIFT Urbandale**
- 25 **New Member Coffee Club**,  
Presented by Barry Hesse – RE/MAX Concepts
- 28 **Contacts & Contracts Monday Group**,  
Presented by Lucas Nerhus – Edward Jones
- 29 **AM Exchange**, Presented by Allegra Marketing  
Print Mail, Hosted by Lashier Graphics & Signs
- 30 **Contacts & Contracts Wednesday PM Group**,  
Presented by Mark Courter – State Farm Insurance
- 31 **Contacts & Contracts Thursday Group**,  
Presented by Buenzow Insurance Group

## NOVEMBER

- 5 **Maximize Your Membership**,  
Presented by Matt Shaw Commercial Real Estate
- 6 **MOXIE Business Owner Roundtable**,  
Presented by Deksia
- 7 **genYPM**, Hosted by A King's Throne
- 12 **B.A.S.H. Business And Social Hour**,  
Presented by Real Connections Counseling,  
Hosted by Core Physical Therapy
- 13 **Contacts & Contracts Wednesday AM Group**,  
Presented by MetroNet
- 14 **Urbandale Leadership Academy**
- 20 **Regional Legislative Luncheon**,  
Presented by Matt Shaw Commercial Real Estate
- 21 **Contacts & Contracts Thursday Group**,  
Presented by Buenzow Insurance Group
- 22 **New Member Coffee Club**,  
Presented by Barry Hesse – RE/MAX Concepts
- 25 **Contacts & Contracts Monday Group**,  
Presented by Lucas Nerhus – Edward Jones
- 26 **AM Exchange**, Presented by Allegra Marketing  
Print Mail, Hosted by Bank Iowa - WDM
- 27 **Contacts & Contracts Wednesday PM Group**,  
Presented by Mark Courter – State Farm Insurance

## DECEMBER

- 3 **Maximize Your Membership**,  
Presented by Matt Shaw Commercial Real Estate
- 4 **MOXIE Business Owner Roundtable**,  
Presented by Deksia
- 5 **genYPM**, Hosted by Core Physical Therapy
- 10 **B.A.S.H. Business And Social Hour**,  
Presented by Real Connections Counseling,  
Hosted by McDivot's Indoor Sports Pub
- 11 **Community for a Cause Luncheon**,  
Presented by Matt Shaw Commercial Real Estate

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JULY 9-18, 2025

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- Visit Vigeland Sculpture Park in Oslo
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- Cruise the scenic Sognefjord and Naerøye Fjord
- Overnight at the Stalheim Hotel with panoramic views of the Norwegian valley
- Tour historic Bryggen and see the unique Fantoft Stave Church in Bergen
- See *The Little Mermaid* statue in Copenhagen



**\$6523 per person, double occupancy**

Pricing includes Roundtrip DSM Airfare, Transfers, Inter-Country Airfare, Hotel Baggage Handling, Travelers Protection Plan, and Professional Tour Manager.

For more information, please contact:  
Tiffany Menke at (515) 331-6855 or  
tmenke@urbandalechamber.com

Join us for a Free  
Travel Presentation;  
April 15, 2024 at  
5:30pm

2830 100<sup>th</sup> St #110, Urbandale  
And Bring a Friend!

- 11 **Contacts & Contracts Wednesday AM Group**,  
Presented by MetroNet
- 12 **genYP Wrapping Party Event**
- 16 **Contacts & Contracts Monday Group**,  
Presented by Lucas Nerhus – Edward Jones
- 17 **AM Exchange**, Presented by Allegra Marketing  
Print Mail, Hosted by Signarama – Ankeny and Matt Shaw Commercial Real Estate
- 18 **Contacts & Contracts Wednesday PM Group**,  
Presented by Mark Courter – State Farm Insurance
- 19 **Contacts & Contracts Thursday Group**,  
Presented by Buenzow Insurance Group
- 20 **New Member Coffee Club**,  
Presented by Barry Hesse – RE/MAX Concepts

## JANUARY

- 7 **Maximize Your Membership**,  
Presented by Matt Shaw Commercial Real Estate
- 8 **MOXIE Business Owner Roundtable**,  
Presented by Deksia
- 8 **Contracts Wednesday AM Group**,  
Presented by MetroNet
- 14 **B.A.S.H. Business And Social Hour**,  
Presented by Real Connections Counseling,  
Hosted by Renewal by Anderson
- 16 **Urbandale Leadership Academy**
- 27 **Contacts & Contracts Monday Group**,  
Presented by Lucas Nerhus – Edward Jones
- 25 **January Talk with Officials Windsor Heights**
- 25 **January Talk with Officials Urbandale**
- 28 **AM Exchange**, Presented by Allegra Marketing  
Print Mail, Hosted by HartSmart Products

- 29 **Contacts & Contracts Wednesday PM Group**,  
Presented by Mark Courter – State Farm Insurance
- 30 **Contacts & Contracts Thursday Group**,  
Presented by Buenzow Insurance Group
- 31 **New Member Coffee Club**,  
Presented by Barry Hesse – RE/MAX Concepts

## FEBRUARY

- 4 **Maximize Your Membership**,  
Presented by Matt Shaw Commercial Real Estate
- 5 **MOXIE Business Owner Roundtable**,  
Presented by Deksia
- 6 **genYPM**, Hosted by Webspec Design
- 11 **B.A.S.H. Business And Social Hour**,  
Presented by Real Connections Counseling,  
Hosted by Exit Realty Capital City
- 12 **Contracts Wednesday AM Group**,  
Presented by MetroNet
- 20 **Urbandale Leadership Academy**
- 22 **February Talk with Officials Windsor Heights**
- 22 **February Talk with Officials Urbandale**
- 24 **Contacts & Contracts Monday Group**,  
Presented by Lucas Nerhus – Edward Jones
- 25 **AM Exchange**,  
Presented by Allegra Marketing Print Mail,  
Hosted by Homemakers Furniture
- 26 **Contacts & Contracts Wednesday PM Group**,  
Presented by Mark Courter – State Farm Insurance
- 27 **Contacts & Contracts Thursday Group**,  
Presented by Buenzow Insurance Group
- 28 **New Member Coffee Club**,  
Presented by Barry Hesse – RE/MAX Concepts



# ADVOCATE FOR BUSINESS

The Urbandale Chamber of Commerce engages in advocacy at the local, state and federal level. Our role is to educate and advocate on issues impacting the business community. We are affiliates of the Greater Des Moines Partnership and participate in policy discussions. The Partnership's Government Policy Council develops priorities every year and works to gain support for those priorities from our state legislators and governor. Throughout the session, the GPC hosts monthly briefings at the Statehouse to keep members up to date on the progress of our legislative priorities.

At the local level, the Chamber's Board of Directors attend City Council meetings to keep abreast on City issues impacting the business community. The Chamber works with the City to ensure Urbandale remains a great place to do business.



## Urbandale Advocacy Events

**Annual Trip to Washington, D.C.**  
May 8-10, 2024

**State of the City**  
July 17, 2024

**Candidate Forum**  
Oct. 16, 2024

**Joint Legislative Luncheon**  
Nov. 20, 2024

**Opening Night Legislative Reception**  
January 2025

**Talk with Officials - Open to the Public**  
Jan. 25, 2025  
Feb. 22, 2025  
March 29, 2025  
April 26, 2025

## ELECTED OFFICIALS

### Urbandale City Council Members



**Mayor**  
Robert Andreweweg



Patricia Boddy



Bridget Carberry  
Montgomery



Amy Croll



Blake Rozendaal



Larry McBurney

**City of Urbandale** | (515) 278-3900 | [www.urbandale.org](http://www.urbandale.org) | 3600 86th St., Urbandale, IA 50322

### Urbandale State and County Representatives



**Senator**  
Brad Zaun  
[brad.zaun@legis.iowa.gov](mailto:brad.zaun@legis.iowa.gov)



**Representative**  
John Forbes  
[john.forbes@legis.iowa.gov](mailto:john.forbes@legis.iowa.gov)



**Supervisor**  
Robert Brownell  
[robert.brownell@polkcountyiowa.gov](mailto:robert.brownell@polkcountyiowa.gov)



**Representative**  
Eddie Andrews  
[eddie.andrews@legis.iowa.gov](mailto:eddie.andrews@legis.iowa.gov)



**Senator**  
Jack Whitver  
[jack.whitver@legis.iowa.gov](mailto:jack.whitver@legis.iowa.gov)



**Representative**  
Dan Gehlbach  
[dan.gehlbach@legis.iowa.gov](mailto:dan.gehlbach@legis.iowa.gov)

# ALPHABETICAL LIST OF CHAMBER MEMBERS

• **Business Member** • **Gold Level** • **Platinum Level** • **Elite Level** • **Trustee Level** • **Community Partner** • **Chairman's Circle Investor**

## 100th Street Corner Cafe

Restaurants  
Jacki Cotter  
3017 100th St.  
Urbandale, IA 50322  
(515) 331-2343  
www.100thstreetcornercafe.com

## 2 Harts Boutique

Retail-Shops-Stores/Clothing  
Joan Warren  
250 W 1st St., Ste. A  
Grimes, IA 50111  
(515) 630-6800  
https://2hartsboutique.com

## 3E (Electrical Engineering & Equipment Co.)

Distributors/Electrical  
Matthew Chatman  
953 73rd St.  
Windsor Heights, IA 50324  
(515) 273-0100  
www.3e-co.com

## 5 Borough Bagels

Restaurants  
Sarah Chem  
11101 Plum Dr.  
Urbandale, IA 50322  
(515) 809-1807  
https://5boroughbagels.com

## 515 Metro Studio

Retail-Shops-Stores/Clothing  
Sarah LeClair  
(515) 720-9099  
www.515metrostudio.com

## 72 Degrees Comfort Company

Contractors/Heating-Cooling  
Stacy Daniels  
811 SW Ordnance Rd.  
Ankeny, IA 50023  
(515) 965-7272  
www.72degrees.com

## 900 Views LLC

Business Services/Consultants  
Patricia Boddy  
(515) 669-1099

## A King's Throne, LLC.

Environmental/Mobile Toilets  
Rich Stricklett  
450 NE 44th Ave.  
Des Moines, IA 50313  
(515) 288-5464  
www.akingsthronel.com

## A New Look Exteriors

Contractors/Siding  
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1980 NW 94th St., Ste. H  
Clive, IA 50325  
(515) 276-1989  
www.anewlookexteriors.com

## A Tech Inc. / Easy Living Store

Security-Safety/Systems  
Mark Bishop  
10401 Hickman Rd.  
Urbandale, IA 50322-3727  
(515) 276-5040  
www.atechels.com

## Abendroth Russell Barnett Law Firm

Legal Services/Attorneys  
Kathy Hoegh  
2560 73rd St.  
Urbandale, IA 50322  
(515) 278-0623  
www.abendrothandrussell.com

## Ability Leads

Human Services/Social Services  
Darci Hagen  
(515) 525-8259  
www.abilityleads.org

## Absolute Auto Repair

Automotive/Service  
Travis White  
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Urbandale, IA 50322  
(515) 276-0137  
www.autorepairurbandale.com

## Abundant Health Massage & Bodywork

Wellness/Therapeutic Massage  
Sharon Yin  
12871 University Ave., Ste. 180  
Clive, IA 50325  
(515) 499-0099  
www.abundanthealthspa.com

## Academy Trophies & Awards

Awards/Trophies & Plaques  
Amber Dalton  
3101 104th St., Ste. 6  
Urbandale, IA 50322-3884  
(515) 270-2704

## Accelerate ActionCOACH Business Coaching

Business Services/Coaching  
Mike Torrez  
2965 100th St.  
Urbandale, IA 50322  
(515) 259-3002  
www.actioncoachaccelerate.com

## Accurate Commercial

Contractors/Commercial  
Jeff Rogers  
9500 University Ave., Ste. 2112  
West Des Moines, IA 50266  
(515) 333-5160  
www.accurate-commercial.com

## Ace Handyman Services

Contractors/Handyman  
David Howell  
2175 NW 86th St., #6A  
Clive, IA 50325  
(641) 521-5434  
www.acehandymanservices.com/  
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services

## Achieve Health Naturally

Health Care/Consultants  
Reba Eagles  
6601 University Ave., Ste. 103-E  
Windsor Heights, IA 50324  
(515) 650-3122  
https://achievehealthnaturally.com

## Active Edge Massage & Wellness

Wellness/Therapeutic Massage  
Ann Riesberg  
2655 86th St.  
Urbandale, IA 50322  
(515) 412-0073  
www.activeedgemassage.com

## Adamantine Spine Moving

Moving/Services  
Emily Wallace  
4701 NW Urbandale Dr., Ste. 230  
Des Moines, IA 50322  
(515) 207-2727  
www.spinemoving.com

## ADELMAN DISCOVERIES

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Milwaukee, WI 53217  
(559) 244-6600  
www.chamberdiscoveries.com

## ADi Group

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4049 120th St.  
Urbandale, IA 50323  
(515) 254-0080  
www.theadigroup.net

## AE Outdoor Power

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(515) 214-2130  
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www.airfreeductcleaning.com

**All American Auction Company of Iowa LLC**  
Business Services/Auctioneers  
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Urbandale, IA 50322  
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Des Moines, IA 50313  
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www.myalldry.com/des-moines-iowa

**Allegra Marketing, Print, Mail, Signs**  
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Kevin McGuire  
4400 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 645-6060  
www.allegradsm.com

**Allender Butzke Engineers Inc.**  
Professional-Design Services/Engineers  
Matt Drummond  
3660 109th St.  
Urbandale, IA 50322  
(515) 238-3970  
www.abengineers.com

**Alzheimer's Association - Iowa Chapter**  
Organizations/Non-Profit  
Abby Miesner  
1415 28th St., #430  
West Des Moines, IA 50266  
(515) 440-2722  
www.alz.org/iowa

**American Legion Post 663 & VFW Post 9668**  
Organizations/Non-Profit  
Michael Knight  
6805 Douglas Ave.  
Urbandale, IA 50322  
(515) 278-8940  
http://legion.org

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West Des Moines, IA 50265  
(515) 223-5447  
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**Amish Haus Furniture**  
Retail-Shops-Stores/Furniture  
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3201 100th St.  
Urbandale, IA 50322-3882  
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www.amishhausfurniture.com

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www.anytimefitness.com

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www.amba.info

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Retail-Shops-Stores/Golf  
Ken Landgrebe  
1580 22nd St.  
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(515) 664-8015  
www.austads.com

**Avenue Scholars Des Moines**

Organizations/Non-Profit  
Mary Mendenhall Core  
1800 Grand Ave.  
Des Moines, IA 50309  
(515) 210-7148  
www.avescholarsdesmoines.org

**AVI Systems**

Audio-Visual/Equipment  
Ariel Minervini  
3001 104th St.  
Urbandale, IA 50322-3830  
(515) 323-7301  
www.avisystems.com

**B&L Electric LLC**

Contractors/Electrical  
Jordan Borts  
10861 Douglas Ave., Ste. B.  
Urbandale, IA 50322  
(515) 212-3277  
http://bandleelectriciowa.com

**Baker Electric, Inc.**

Contractors/Electrical  
Cory Sloss  
111 Jackson Ave.  
Des Moines, IA 50315-1200  
(515) 288-6774  
www.bakerelectric.com

**Ball Team, LLC**

Contractors/General  
Rick Ball  
10550 New York Ave., Ste. 100  
Urbandale, IA 50322  
(515) 440-4544  
www.buildwithball.com

**Bank Iowa - Johnston**

Finance/Banks  
Jenni Buchanan  
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Johnston, IA 50131  
(515) 727-4484  
www.bankiowa.bank

**Bank Iowa - West Des Moines**

Finance/Banks  
Bill Fry  
1150 Jordan Creek Pkwy.  
West Des Moines, IA 50266  
(515) 225-0710  
www.bankiowa.bank

**Bankers Trust - Windsor Heights**

Finance/Banks  
Brook Wade  
7000 University Ave.  
Windsor Heights, IA 50324  
(515) 271-1000  
www.bankerstrust.com

**Bankers Trust Company - North Office**

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www.fiercenutritiondsm.com

**Financial Architects**

Finance/Investments and Retirement Planning  
Jack Fries  
12345 University Ave., Ste. 200  
Clive, IA 50325  
(515) 457-1276  
www.financialarchitectsiowa.com

**Firefly Wellness**

Wellness/Life Coach  
Kimberley Jackman  
(515) 210-9858  
www.fireflywellness.us

**First American Home Warranty**

Real Estate/Services  
Dee Mable  
(515) 330-5719  
www.firstamrealestate.com

**First Medical Inc.**

Distributors/Medical Supplies  
Jim Horton  
3777 86th St.  
Urbandale, IA 50322  
(515) 278-4930  
www.firstmedicalinc.com

**First National Bank - West Glen Branch**

Finance/Banks  
Dean Whitaker  
5625 Mills Civic Pkwy.  
West Des Moines, IA 50266-5301  
(515) 225-2641  
www.FNB247.com

**First Onsite**

Cleaning-Maintenance/Disaster  
Suzette Clark  
2130 Delaware Ave.  
Des Moines, IA 50317  
(319) 471-3772  
www.firstonsite.com

**Fish Window Cleaning**

Cleaning-Maintenance/Services  
Eric Gardner  
2041 Grand Ave., Ste. E  
West Des Moines, IA 50265  
(515) 223-6480  
www.fishwindowcleaning.com/3061

**Fitness Sports - Clive**

Retail-Shops-Stores/Shoes  
Logan Egeland  
8810 Swanson Blvd.  
Clive, IA 50325  
(515) 277-4785  
www.fitnesssports.com

**Fitness Sports - Johnston**

Retail-Shops-Stores/Sporting Goods  
Lindsey Andrews  
5525 Merle Hay Rd., Ste. 130  
Johnston, IA 50131  
(515) 331-9014  
www.fitnesssports.com/locations/  
fitness-sports-johnston

**Fittings Unlimited, Inc.**

Health Care/Supplies  
Debra Bream  
3257 100th St.  
Urbandale, IA 50322  
(515) 727-1406  
www.iowafittingsunlimited.com

**Five Rings Financial - Ryan Nady**

Insurance-Finance/Agents  
Ryan Nady  
611 NE Coventry Ln.  
Waukee, IA 50263  
(515) 971-3120  
www.rnady.mylivingbenefits.com

**Flame Group**

Restaurants  
Arturo Mora  
5765 Merle Hay Rd., Ste. 9  
Johnston, IA 50131  
(515) 205-6912  
www.flamedsm.com

**Flix Brewhouse**

Entertainment-Recreation/Theaters  
Christopher Rejba  
3800 Merle Hay Rd., Ste. 1300  
Des Moines, IA 50310  
(515) 612-9200  
www.flixbrewhouse.com/des-moines

**Flooring America**

Retail-Shops-Stores/Flooring  
Sara Trent  
10200 Hickman Ct.  
Clive, IA 50325  
(515) 657-6629  
www.flooringamericaclive.com

**Flourishing Roots Wellness LLC**

Wellness/Life Coach  
Sheena Green  
4685 Merle Hay Rd., Ste. 109  
Des Moines, IA 50322  
(515) 661-7657  
www.flourishingrootswellness.com

**Forbes, John**

Individual Membership  
(515) 778-7699

**Force Fitters**

Business Services/Uniforms  
Justin Schoen  
11277 Aurora Ave.  
Urbandale, IA 50322  
(515) 992-0363  
www.forcefitters.com

**Forge Financial & Management Consulting**

Finance/Accountants  
Caitlin Tiemeyer  
1245 Jordan Creek Pkwy., Ste. 100  
West Des Moines, IA 50266  
(515) 620-3050  
www.ForgeAhead.com

**Fortress Insurance Services - Tony Griffin**

Insurance-Finance/Agents  
Tony Griffin  
7701 Douglas Ave.  
Urbandale, IA 50322  
(515) 782-1637  
http://thefortress.net

**Foundations 619**

Insurance-Finance/Administrative  
Nancy Brace  
12827 Ford Trail N.  
Indianola, IA 50125  
(515) 808-3044  
www.foundations-619.com

**Foundry Distilling Company**

Distributors/Alcohol  
Ashley Baker  
111 S. 11th St., Ste. 100  
West Des Moines, IA 50265  
(515) 822-7545  
www.foundrydistillingcompany.com

**Fox Growth Strategies**

Business Services/Consultants  
Leisa Fox  
135 SE Mason Ln.  
Waukee, IA 50263  
(515) 979-8766

**Franklin Avenue Library**

Libraries-Museums  
Nikki Hayter  
5000 Franklin Ave.  
Des Moines, IA 50310  
(515) 248-6275  
www.dmpl.org

**Freedom Tire**

Automotive/Service  
John Signs  
10065 Hickman Rd.  
Urbandale, IA 50322  
(515) 252-1900  
www.freedomtire.com

**Fresh Fit Meals**

Restaurants  
Aaron Anderson  
11881 Hickman Rd., Ste. 300  
Urbandale, IA 50323  
(515) 822-9559  
http://freshfitmeals.com

**Friedrichs Coffee**

Coffee Houses  
Gary Meyer  
2781 NW 99th St.  
Urbandale, IA 50322-3889  
(515) 278-5050  
www.friedrichscoffee.com/home

**Fully Promoted Urbandale**

Advertising/Specialties  
Doug Jakobitz  
2960 99th St., Ste. 4  
Urbandale, IA 50322  
(515) 532-7507  
https://fullypromoted.com/locations/urbandale-ia

**Fusion Auto Sound**

Automotive/Security-Sound  
Jamie Tom  
7038 Douglas Ave.  
Urbandale, IA 50322  
(515) 334-8767  
www.fusionautosound.com

**GAMEDAY Kitchen, Cocktails, Sports, Fun**

Restaurants  
Eric La Clair  
3800 Merle Hay Rd., Ste. 1205  
Des Moines, IA 50310  
(515) 635-0705  
www.gamedaykcsf.com

**Gardiner + Company CPAs**

Finance/Accountants  
Dennis Gardiner  
10555 New York Ave., Ste. 200  
Urbandale, IA 50322-3748  
(515) 270-1446  
www.gardinercpa.com

**Gardner Law Firm, P.C.**

Legal Services/Attorneys  
Matthew Gardner  
2900 100th St., Ste. 101  
Urbandale, IA 50322  
(515) 421-4411  
www.gardnerlawpc.com

**Gilroy's Kitchen + Pub + Patio**

Restaurants  
Carl Wertzberger  
1238 8th St.  
West Des Moines, IA 50265  
(515) 809-1727  
www.gilroyskitchen.com

**Giovannetti, E.J.**

Individual Membership  
2700 Grand Ave., Ste. 111  
Des Moines, IA 50312  
(515) 244-0111

**Girl Scouts of Greater Iowa**

Organizations/Youth  
Beth Shelton  
10715 Hickman Rd.  
Urbandale, IA 50322  
(515) 278-2881  
www.girlscoutsiowa.org

**Glen Meadows Retirement Community**

Real Estate/Apartments  
Jason Moore  
850 S. 60th St., Bldg. 1000  
West Des Moines, IA 50266  
(515) 422-5998  
www.glenmeadowsretirement.com

**Glen Oaks Alzheimer's Special Care Center**

Health Care/Assisted Living  
Lisa Eastman  
8525 Urbandale Ave.  
Urbandale, IA 50322  
(515) 331-0970  
www.glenoaksmemorycare.com

**Global Direct Mail & Marketing**

Advertising/Direct Mail  
Jill Ryan  
4020 121st St.  
Urbandale, IA 50322  
(515) 282-3000  
http://cgdelivers.com

**Globe Life Family Heritage - Scott Benter**

Insurance-Finance/Agents  
Scott Benter  
(515) 689-5024  
www.globelifefamilyheritage.com

**Globe Life Liberty National**

Insurance-Finance/Agents  
Kaylee Dreeszen  
1001 Grand Ave.  
West Des Moines, IA 50265  
(712) 730-0975  
https://home.globelifeinsurance.com/libertynational/home

**Golden Openings, Inc.**

Events/Decoration  
Kimberly Baeth  
8191 Birchwood Ct., Ste. D  
Johnston, IA 50131  
(515) 986-2154  
www.goldenopenings.com

**GoMobile Tires Des Moines**

Automotive/Service  
Tara Knight-Ortiz  
(515) 606-4255  
www.gomotires.com

**Gonzales Realty Group**

Real Estate/Agents  
Gilbert Gonzales  
(641) 691-2642  
https://gilbertgonzales.realestate

**Goodhue, Coleman & Owens, P.C.**

Legal Services/Attorneys  
John Goodhue  
7300 Westown Pkwy., Box 13  
West Des Moines, IA 50266  
(515) 218-7888  
www.goodhue.com

**Goodwill of Central Iowa**

Organizations/Non-Profit  
Mary Hunter  
5355 NW 86th St.  
Johnston, IA 50131  
(515) 265-5323  
www.dmgoodwill.org

**Grace Estates**

Health Care/Assisted Living  
Grace Kelly  
801 NE Venture Dr.  
Waukee, IA 50263  
(515) 412-0885  
www.graceestatesadc.com

**Graham Collision**

Automotive/Repair  
Matt Keller  
4730 Merle Hay Rd.  
Urbandale, IA 50322  
(515) 278-1243  
www.grahamcollision.com

**Grand View University**

Education/Colleges-Universities  
Rick Eftink  
1200 Grandview Ave.  
Des Moines, IA 50316  
(515) 263-2830  
www.grandview.edu

**Gravitate Coworking Midtown**

Business Services/Offices  
Geoff Wood  
6500 University Ave., Ste. 100  
Windsor Heights, IA 50324  
(515) 207-8105  
www.gravitatecoworking.com

**Great Southern Bank - Clive**

Finance/Banks  
Patti George  
12257 University Ave., Ste. 100  
Clive, IA 50325  
(515) 453-2265  
www.greatsouthernbank.com

**Greater Des Moines Habitat for Humanity, ReStore**

Organizations/Non-Profit  
Dana Folkerts  
4033 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 309-0224  
www.gdmhabitat.org

**Greater Des Moines Partnership**

Organizations/Chambers of Commerce  
Tiffany Tauscheck  
700 Locust St., Ste. 100  
Des Moines, IA 50309-3717  
(515) 286-4950  
www.dsmpartnership.com

**Greater Iowa Credit Union**

Finance/Credit Unions  
Julie Willse  
1630 22nd St.  
West Des Moines, IA 50266  
(515) 225-1809  
www.greateriowacu.org

**GreenState Credit Union**

Finance/Credit Unions  
Ryan Williams  
7031 Douglas Ave.  
Urbandale, IA 50322-3200  
(515) 608-5963  
www.greenstate.org

**Groucho's Lounge**

Entertainment-Recreation/Bars-Clubs  
Shawn Stringham  
2761 86th St.  
Urbandale, IA 50322  
(515) 331-2967  
www.facebook.com/profile.php?id=100063546131701

**Group Benefits, Ltd.**

Insurance-Finance/Brokerages  
Megan Wood  
12006 Ridgemont Dr.  
Urbandale, IA 50323-2317  
(515) 453-8207  
www.thegblstory.com

**Guardian Real Estate Group**

Real Estate/Agents  
Lyndsey Lamb  
5003 70th St.  
Urbandale, IA 50322  
(712) 789-1007  
www.guardianrealestategroupllc.com

**GYMGUYZ Des Moines**

Wellness/Fitness  
Kyle Davis  
(515) 305-2557  
www.gymguyz.com/des-moines

**Haggerty Windows and Siding**

Contractors/General  
Mike Haggerty  
10202 Douglas Ave.  
Urbandale, IA 50322  
(515) 953-6999  
www.haggertywindowsandsiding.com

**Hale's Housekeeping LLC**

Cleaning-Maintenance/Services  
Taylor Hale  
(515) 556-7848

**Halo Capital**

Finance/Mortgage  
David Baker  
3839 Merle Hay Rd., Ste. 274  
Des Moines, IA 50310  
(515) 974-6908  
www.closedin30.com

**Hampton Inn & Suites**

Lodging/Hotels-Motels  
Jennifer Headington  
8811 Plum Dr.  
Urbandale, IA 50322  
(515) 421-0416  
www.hilton.com/en/hotels/dsmubhx-hampton-suites-des-moines-urbandale

**Happe Homes**

Contractors/Home Builders  
Jake Happe  
2575 N. Ankeny Blvd., Ste. 211  
Ankeny, IA 50023  
(515) 963-0842  
www.happehomes.com

**Harmony**

Health & Beauty/Salons-Spas  
Megan Zadow  
974 73rd St., Ste. 35  
West Des Moines, IA 50265  
(515) 988-9110  
www.theharmonysalon.com

**HartSmart Products**

Printing/Printers  
Brandon Hart  
9850 Douglas Ave., Ste. 200  
Urbandale, IA 50322  
(515) 305-3353  
www.hartsmartproducts.com

**Health Insurance Advisor, LLC**

Insurance-Finance/Agents  
Betheny Wilson  
5870 Merle Hay Rd., Ste. A  
P.O. Box 1070  
Johnston, IA 50131  
(515) 225-9994  
http://health-insadvisor.com

**Hidalgo Mexican Bar and Grill**

Restaurants  
Jose Hernandez  
2675 100th St.  
Urbandale, IA 50322  
(515) 276-4159  
hidalgomexicanbarandgrilliowa.com

**Higgins Plaza Service Inc.**

Automotive/Service  
Nick Neese  
7425 Douglas Ave.  
Urbandale, IA 50322  
(515) 276-0886  
www.higginsplazaservice.com

**Hillyard**

Cleaning-Maintenance/Services  
Edward III  
4267 109th St.  
Urbandale, IA 50322  
(515) 727-2133  
www.hillyard.com

**Holiday Inn Express & Suites Plum Dr.**

Lodging/Hotels-Motels  
Jodi Thompson  
8789 Plum Dr.  
Urbandale, IA 50322  
(515) 278-9000  
www.ihg.com/holidayinnexpress/hotels/us/en/urbandale/dsmdx/hoteldetail

**Holiday Inn Hotel & Suites DM Northwest**

Lodging/Hotels-Motels  
Troy Thompson  
4800 Merle Hay Rd.  
Urbandale, IA 50322-1900  
(515) 278-4755  
www.holidayinn.com/desmoinesia

**Home Builders Assoc. of Greater DM**

Organizations/Associations  
Dan Knoup  
6751 Corporate Dr.  
Johnston, IA 50131-1659  
(515) 270-8500  
www.dsmhba.com

**Home Depot #2115 - Urbandale**

Retail-Shops-Stores/Hardware  
Tricia Tedesco  
10850 Plum Dr.  
Urbandale, IA 50322-6336  
(515) 251-5819  
www.homedepot.com

**Homemakers Furniture**

Retail-Shops-Stores/Furniture  
Dave Merschman  
10215 Douglas Ave.  
Urbandale, IA 50322-5406  
(515) 276-2772  
www.homemakers.com

### **Hometown Hero Appliance Repair (Formerly Nebraska Home Appliance)**

Appliance Repair  
Enrique Espinoza  
3940 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 393-4400  
<https://hometownheroappliance.com>

### **Hope Wood JD, P.L.L.C.**

Legal Services/Attorneys  
Hope Wood  
505 5th Ave., Ste. 535  
Des Moines, IA 50309  
(515) 650-1532  
<https://hopewoodjd.com>

### **Horizon Events Center**

Facilities/Conference Centers & Banquet Facilities  
Gary DeWaard  
2100 NW 100th St.  
Clive, IA 50325  
(641) 590-3640  
<http://horizoneventscenter.com>

### **Hotel Renovo**

Lodging/Hotels-Motels  
Luke Keller  
11167 Hickman Rd.  
Urbandale, IA 50322-3741  
(515) 276-1126  
<http://hotelrenovo.com>

### **Howard Insurance Agency**

Insurance-Finance/Agents  
Aaron Howard  
3912 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 203-2015  
<http://howardia.com>

### **HR Green, Inc**

Professional-Design Services/Engineers  
Heidi Whitver  
5525 Merle Hay Rd., Ste. 200  
Johnston, IA 50131-1448  
(515) 278-2913  
[www.hrgreen.com](http://www.hrgreen.com)

### **Hubbell Homes**

Real Estate/Developers  
Laura Meinert  
6900 Westown Pkwy.  
West Des Moines, IA 50266  
(515) 468-2549  
[www.hubbellhomes.com](http://www.hubbellhomes.com)



### **Hummingbirds**

Marketing/Services  
Kelly Valentine  
2721 Linden St.  
Des Moines, IA 50312  
(515) 333-9786  
[www.hummingbirds.com](http://www.hummingbirds.com)  
Hummingbirds is an online marketing platform that connects place-based businesses with local social media influencers to build awareness, increase traffic, and drive revenue.

### **Hungry Boyz**

Restaurants  
Lisa Stav  
3070 100th St.  
Urbandale, IA 50322-3865  
(515) 254-9474  
[www.thehungryboyz.com](http://www.thehungryboyz.com)

### **Hyper Energy Bar**

Restaurants - Coffeehouse/Juice  
Christopher Whalen  
3767 86th St.  
Urbandale, IA 50322  
(309) 797-9300  
[www.hyperenergybar.com](http://www.hyperenergybar.com)

### **Hy-Vee Fast & Fresh Express**

Retail-Shops-Stores/Convenience  
Rylee Keith  
9915 Douglas Ave.  
Urbandale, IA 50322  
(515) 270-2572  
[www.hy-vee.com](http://www.hy-vee.com)

### **Hy-Vee Health Exemplar Care**

Health Care/Physicians  
Jon Van Der Veer  
7300 Westown Pkwy., Ste. 330  
West Des Moines, IA 50266  
(515) 650-4370  
[www.exemplar.care](http://www.exemplar.care)

### **Hy-Vee, Inc. - Urbandale**

Food-Beverage/Grocers  
Jake Heston  
8701 Douglas Ave.  
Urbandale, IA 50322-2299  
(515) 270-2572  
[www.hy-vee.com](http://www.hy-vee.com)

### **Hy-Vee - Windsor Heights**

Food-Beverage/Grocers  
Aaron Tacker  
7101 University Ave.  
Windsor Heights, IA 50324  
(515) 279-4225  
[www.hy-vee.com](http://www.hy-vee.com)

### **IHMVCU Credit Union - Merle Hay**

Finance/Credit Unions  
Pam Lowe  
3990 Merle Hay Rd.  
Des Moines, IA 50310  
(515) 650-6238  
[www.ihmvcu.org](http://www.ihmvcu.org)

### **IHOP**

Restaurants  
Edie Linnett  
6301 Douglas Ave.  
Urbandale, IA 50322-3311  
(515) 331-0556  
[www.ihop.com](http://www.ihop.com)

### **ILC Resources**

Agribusiness/Feed Ingredients  
Frank Goode  
3301 106th Cir.  
Urbandale, IA 50322  
(515) 243-8106  
[www.ilcresources.com](http://www.ilcresources.com)

### **Illahee Hills**

Seniors/Real Estate  
Jessica Johnson  
8308 Colby Pkwy.  
Urbandale, IA 50322-7006  
(515) 251-4604  
[www.holidayseNIorliving.com/](http://www.holidayseNIorliving.com/)  
retirement-communities/holiday-illahee-hills-urbandale-ia/

### **Image360**

Signage  
Melissa Monroe  
8445 Hickman Rd.  
Urbandale, IA 50322  
(515) 222-4880  
[www.image360.com/urbandaleia](http://www.image360.com/urbandaleia)

### **IMEG Corp**

Professional-Design Services/Engineers  
Kari Boyens  
2882 106th St.  
Urbandale, IA 50322  
(515) 334-9906  
[www.imegcorp.com](http://www.imegcorp.com)

### **Immanuel Pathways - PACE**

Seniors/Services  
Tasha Tucker  
7700 Hickman Rd.  
Windsor Heights, IA 50324  
(515) 270-5000  
[www.immanuelpathways.com](http://www.immanuelpathways.com)

### **Impact Payments**

Finance/Credit Card Processing  
Matthew Rider  
413 Summer St.  
Polk City, IA 50226  
(641) 218-0711  
[www.impactpayments.com](http://www.impactpayments.com)

### **Imperfect Pathways**

Health Care/Mental Health  
Jane Nady  
3737 Woodland Ave., Ste. 640  
West Des Moines, IA 50266  
(515) 414-2306  
<https://imperfectpathways.com>

### **In the BAG Corporate Cuisine**

Food-Beverage/Catering  
Luke Essing  
79 University Ave., Ste. B  
Des Moines, IA 50314-3119  
(515) 222-9338  
[www.inthebag-lunches.com](http://www.inthebag-lunches.com)



### **Infinite Resources**

Employment/Agencies and Staffing  
Amner Martinez  
500 SW 7th St., Unit 202  
Des Moines, IA 50309  
(515) 343-4102  
<https://infiniteresourcesdsm.com>  
Locally-owned staffing and recruiting company with 20 years experience in Des Moines. Specializing in industrial staffing and direct hire.

### **Infinity Home Care**

Health Care/Home  
Rachel Reavis  
7524 Hickman Rd.  
Windsor Heights, IA 50324  
(515) 414-8787  
[www.infinityhomecareia.com](http://www.infinityhomecareia.com)

### **Infomax Office Systems, Inc.**

Business Products/Copiers  
Greg Jacobs  
1010 Illinois St.  
Des Moines, IA 50314  
(515) 244-5203  
[www.infomaxoffice.com](http://www.infomaxoffice.com)

### **Inmobiliaria Inc**

Business Services/Consultants  
Fernando Aveiga  
1509 E 13th St.  
Des Moines, IA 50316  
(515) 490-3300  
[www.inmobiliariainc.us](http://www.inmobiliariainc.us)

### **Innovation Refunds**

Small Business Assistance  
Allison Riesberg  
4350 Westown Pkwy., Ste. 300  
West Des Moines, IA 50266  
(949) 416-3527  
[www.innovationrefunds.com](http://www.innovationrefunds.com)

**Insight Advertising, Marketing & Communications**

Advertising/Agencies  
Michael P. Libbie  
2009 80th St.  
Windsor Heights, IA 50324  
(515) 331-3206  
[www.insightcubed.com](http://www.insightcubed.com)

**International Veterinary Supplies Inc.**

Agribusiness/Products  
Alicia Jaime  
11281 Aurora Ave.  
Urbandale, IA 50322  
(515) 331-8903  
[www.myvetssupplies.com](http://www.myvetssupplies.com)

**Interstate All Battery Center - Des Moines**

Retail-Shops-Stores/Batteries  
Brian Weber  
1090 73rd St.  
Windsor Heights, IA 50324  
(515) 255-9572  
[www.interstatebatteries.com](http://www.interstatebatteries.com)

**Iowa - Des Moines Supply, Inc.**

Business Products/Supplies  
Keri Weidmaier  
1680 Guthrie Ave.  
Des Moines, IA 50316  
(515) 263-1200  
[www.iowadesmoinessupply.com](http://www.iowadesmoinessupply.com)

**Iowa Allergy, Asthma and Immunology P.C.**

Health Care/Clinics  
Sara Titus  
5901 Westown Pkwy., Ste. 250  
West Des Moines, IA 50211  
(515) 410-9400  
[www.iowaallergyclinic.com](http://www.iowaallergyclinic.com)

**Iowa Association of Business and Industry (ABI)**

Organizations/Associations  
Mike Ralston  
400 E. Court Ave., Ste. 100  
Des Moines, IA 50309  
(515) 280-8000  
[www.iowaabi.org](http://www.iowaabi.org)

**Iowa Ballet Academy**

Entertainment-Recreation/Performing Arts  
Ami Yaro  
3890 NW Urbandale Dr.  
Urbandale, IA 50322  
(515) 334-5510  
[www.iowaballetacademy.com](http://www.iowaballetacademy.com)

**Iowa Bankers Association**

Organizations/Associations  
John Sorensen  
8901 Northpark Dr.  
Johnston, IA 50131  
(515) 286-4300  
[www.iowabankers.com](http://www.iowabankers.com)

**Iowa Communities Assurance Pool (ICAP)**

Insurance-Finance/Services  
Kasi Koehler  
12951 University Ave., Ste. 120  
Clive, IA 50325-8270  
(515) 727-1585  
[www.icapiowa.com](http://www.icapiowa.com)

**Iowa Demon Hawks**

Entertainment-Recreation/Sports Teams  
Darwin Salas  
(515) 867-9429  
[www.iowademonhawks.com](http://www.iowademonhawks.com)

**Iowa Events Center**

Facilities/Convention Centers  
Adam Stevens  
730 3rd St.  
Des Moines, IA 50309  
(515) 564-8000  
[www.iowaeventscenter.com](http://www.iowaeventscenter.com)

**Iowa International Center**

Organizations/Non-Profit  
Pat Grote  
3839 Merle Hay Rd., Ste. 259  
Des Moines, IA 50322  
(515) 282-8269  
<http://iowainternationalcenter.org>

**Iowa LGBTQ Chamber of Commerce**

Organizations/Chambers of Commerce  
Dan Jansen  
(515) 306-5700  
[www.iowalgbtqchamber.org](http://www.iowalgbtqchamber.org)

**Iowa Living Magazines**

Communications/Publishing  
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[www.iowalivingmagazines.com](http://www.iowalivingmagazines.com)

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(515) 247-8400  
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Windsor Heights, IA 50324  
(515) 278-1110  
[www.iowasmile.com](http://www.iowasmile.com)

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Des Moines, IA 50312  
(515) 725-1700  
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(515) 240-2692

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(515) 306-7125

**Mind & Spirit Counseling Center**

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8553 Urbandale Ave.  
Urbandale, IA 50322  
(515) 274-4006  
www.mindspiritcenter.org

**Mindset Innovations Consulting**

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(605) 695-7372  
www.mindsetinnovationsconsulting.com

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http://mingalabarkitchen.com

**Mission Cancer + Blood**

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www.missioncancer.com

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Urbandale, IA 50322  
(515) 283-0607  
www.mmitiowa.com

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Clive, IA 50325  
(515) 223-7719  
www.mymobilespot.com

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 675 NE 45th Pl.  
 Des Moines, IA 50313  
 (515) 635-5525  
[www.modernhvacservices.com](http://www.modernhvacservices.com)

**Mokosak Advisory Group, LLC**

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 Urbandale, IA 50322  
 (515) 223-5404  
[www.MokosakAdvisoryGroup.com](http://www.MokosakAdvisoryGroup.com)

**Moriarity, Angela**

Individual Membership  
 (515) 971-8854

**Mosaic in Central Iowa**

Human Services/Social Services  
 Bryanne Hensley  
 11141 Aurora Ave., Bldg. 3  
 Urbandale, IA 50322  
 (515) 246-1840  
[www.mosaicinfo.org/centraliowa](http://www.mosaicinfo.org/centraliowa)

**Mosaic Shores Travel Co., LLC**

Travel/Agencies  
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 (515) 210-2807  
<https://mosaicshores.com>

**Movement Wealth Partners**

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 2457 106th St.  
 Urbandale, IA 50322  
 (515) 644-7541  
[www.movementwealth.com](http://www.movementwealth.com)

**Mr. Appliance of Urbandale**

Appliance Repair  
 Dennis Archer  
 Unpublished Address  
 (515) 505-3355  
[www.mrappliance.com/urbandale](http://www.mrappliance.com/urbandale)

**MS Moments**

Organizations/Non-Profit  
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 7118 Horton Ave.  
 Urbandale, IA 50322  
 (515) 954-8090  
<http://msmomentsiowa.org>

**Mullins Renovation & Construction**

Contractors/Remodeling  
 Derek Mullins  
 3100 Hillsdale Dr.  
 Urbandale, IA 50322  
 (515) 346-7466  
<http://mullinsrenovation.com>

“Raccoon Valley Bank has been a chamber member for almost one year. The chamber has been so beneficial for our business by getting the word out to the community about what we do and how we help the community. The chamber also has so many great networking events and, by attending, I have met so many great people that I can lean on when a customer or I personally need a service or product. The chamber always says that they exist to help the member, and they are spot on. The chamber staff look to helping the members first and above all else, and when someone joins the chamber that is the first thing you notice.”



**Aaron Colyer**  
 Business Banking  
 Specialist  
 Raccoon Valley Bank

**Myriad Advisor Solutions**

Small Business Assistance  
 Danielle White  
 2520 SE Encompass Dr., Ste. 200  
 Waukee, IA 50263  
 (515) 850-1212  
<https://myriadas.com>

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 West Des Moines, IA 50266  
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[www.iowacommercial.com](http://www.iowacommercial.com)

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 3942 NW Urbandale Dr.  
 Urbandale, IA 50322  
 (515) 745-8471  
<http://facebook.com/nakatadojo>

**National Kidney Foundation**

Organizations/Non-Profit  
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 4225 Fleur Dr., Ste. 137  
 Des Moines, IA 50315  
 (563) 357-6927  
[www.kidney.org/offices/nkf-serving-iowa-and-nebraska](http://www.kidney.org/offices/nkf-serving-iowa-and-nebraska)

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**New Heights Counseling Resources, Inc.**

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 2335 70th St.  
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 (515) 274-9690  
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**New Horizons Computer Learning Center**

Computer/Training  
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 (515) 226-3265  
[www.newhorizonsdm.com](http://www.newhorizonsdm.com)

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<https://515newleafmusic.com>

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 Urbandale, IA 50322  
 (515) 630-0274  
[www.newviewautism.com](http://www.newviewautism.com)

**Northwest Bank**

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 (515) 327-5102  
[www.nw.bank](http://www.nw.bank)

**Norwex Independent Consultant - Louisa Dykstra**

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 (515) 988-0565  
[www.LouisaDykstra.com](http://www.LouisaDykstra.com)

**Nucara Home Medical**

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**Olson, Jason**

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[www.opxint.com](http://www.opxint.com)

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(515) 207-0222  
[www.owlaccountingservices.com](http://www.owlaccountingservices.com)

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**Pelham, Randy**

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(515) 967-3544  
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(515) 244-5660  
<https://permarsecurity.com/location/des-moines-iowa>

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Urbandale, IA 50322  
(515) 707-6635

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**Phillips Stafford Insurance Group**

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1 Prairie Meadows Dr.  
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**Premier Credit Union**

Finance/Credit Unions  
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Urbandale, IA 50322  
(515) 282-1611  
[www.premiercu.org](http://www.premiercu.org)

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Des Moines, IA 50310  
(515) 460-4962  
[www.premierpersonaltraining.net](http://www.premierpersonaltraining.net)

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6735 University Ave.  
Windsor Heights, IA 50324  
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www.ps-promotions.com

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**PRIMERICA**

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1000 73rd St., Ste. 11A  
West Des Moines, IA 50265  
(515) 770-9039  
www.primerica.com/karenseidl

**Primrose School of Urbandale**

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Rhea Parekh  
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Urbandale, IA 50323  
(515) 201-5636  
www.primroseschools.com/schools/  
urbandale

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https://pronetworksolutions.com

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Yoshiteru Koide  
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(515) 270-5250  
http://probioferm.com

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Urbandale, IA 50322  
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**Puppy Jake Foundation**

Organizations/Non-Profit  
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3101 104th St., Ste. 2  
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(515) 777-2837  
www.puppyjakfoundation.org

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Urbandale, IA 50322-3858  
(515) 331-7565  
www.purcellprinting.com

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West Des Moines, IA 50266  
(515) 867-2406  
www.401k-qpc.com

**QPS Employment Group**

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3629 Beaver Ave.  
Des Moines, IA 50310  
(515) 490-7032  
www.qpsemployment.com

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4709 121st St.  
Urbandale, IA 50323  
(515) 460-3009  
www.quality-resource.com

**Qvester**

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6500 University Ave., Ste. 205  
Windsor Heights, IA 50324  
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www.qvester.com

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1051 NE Gateway Dr.  
Grimes, IA 50111  
(515) 465-3521  
<http://raccoonvalleybank.com>

**Raecker, Scott**

Individual Membership  
(515) 276-5987

**RainyDayPal**

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<https://marva-mccarty.remax-central.com>

**RE/MAX Concepts - Shannon Salmon**

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[www.ShannonSalmon.com](http://www.ShannonSalmon.com)

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[www.precisiondsm.com](http://www.precisiondsm.com)

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[www.adamsfamrealty.com](http://www.adamsfamrealty.com)

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4820 100th St., #101  
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(515) 729-2879  
<https://seanasada.rmxiowa.com>

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Human Services/Counseling  
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2540 106th St., Ste. 202  
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(515) 635-1805  
[www.realconnections-counseling.com](http://www.realconnections-counseling.com)

**Realty One Group - Wayne Burkhart**

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Urbandale, IA 50322  
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**Robinson, Greg**

Individual Membership  
(515) 276-9200

**Robison Roofing**

Contractors/Roofing-Gutters  
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[www.robison-construction.com](http://www.robison-construction.com)

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Tricia Rivas  
4118 University Ave.  
Des Moines, IA 50311  
(515) 287-4220  
[www.trixiessalon.com](http://www.trixiessalon.com)

**Tuel Shed Training**

Wellness/Fitness  
Javier Tuel  
12931 University Ave. Ste. 101  
Clive, IA 50325  
(515) 829-0068  
[www.tuelshedtraining.com](http://www.tuelshedtraining.com)

**Tullpa Restaurant**

Restaurants  
Gloria Henriquez  
3708 Merle Hay Rd.  
Des Moines, IA 50310  
(515) 444-1495  
[www.tullparestaurant.com](http://www.tullparestaurant.com)

**Twisted Bean Coffee Company**

Coffee Houses  
Lori Salsby  
4504 Merle Hay Rd.  
Des Moines, IA 50310  
(515) 276-6080  
[www.twistedbean.com](http://www.twistedbean.com)

**TWO MEN AND A TRUCK - Des Moines**

Moving/Services  
Kara Berhow  
2601 104th St., Ste. 400  
Urbandale, IA 50322  
(515) 276-7170  
[www.twomenandatruckdesmoines.com](http://www.twomenandatruckdesmoines.com)

**Two Rivers Bank & Trust - Hickman**

Finance/Banks  
Katie Wheeler  
11881 Hickman Rd.  
Urbandale, IA 50323  
(515) 221-3026  
[www.tworivers.bank](http://www.tworivers.bank)

**Two Rivers Bank & Trust - Ingersoll**

Finance/Banks  
Katie Wheeler  
3025 Ingersoll Ave.  
Des Moines, IA 50312  
(515) 222-4300  
[www.tworivers.bank](http://www.tworivers.bank)

**U.S. Bank**

Finance/Banks  
Jeff Holladay  
3501 NW 86th St.  
Urbandale, IA 50322-7990  
(515) 979-9447  
[www.usbank.com](http://www.usbank.com)

**U.S. Small Business Administration**

Government/Federal  
Jayne Armstrong  
210 Walnut St., Ste. 749  
Des Moines, IA 50309-2186  
(515) 284-4026  
[www.sba.gov](http://www.sba.gov)

**UNITS of Central Iowa**

Moving/Services  
Jim Becker  
200 SE 37th St., Ste. 280  
Grimes, IA 50111  
(515) 452-0220  
[www.unitsofcentraliowa.com](http://www.unitsofcentraliowa.com)

**UnityPoint Clinic in Urbandale**

Health Care/Clinics  
Angie Fagervik-Chia  
5200 NW 100th St.  
Urbandale, IA 50322  
(515) 251-3880  
[www.unitypoint.org](http://www.unitypoint.org)

**University of Iowa Health Care**

Health Care/Clinics  
Jacqueline Kleppe  
8605 Chambery Blvd.  
Johnston, IA 50131  
(515) 457-2960  
<https://uihc.org/locations/johnston-chambery-boulevard>

**University of Iowa Health Care Infertility Clinic**

Health Care/Clinics  
Jackie Kleppe  
1225 Jordan Creek Pkwy.  
West Des Moines, IA 50266  
(515) 336-6562  
<https://uihc.org/locations/west-des-moines-jordan-creek-parkway>

**Upper Iowa University**

Education/Colleges-Universities  
Theresa Rademacker  
5000 Westown Pkwy., Ste. 200  
West Des Moines, IA 50266  
(515) 225-1800  
[www.uui.edu/desmoines](http://www.uui.edu/desmoines)

**Urban Nails & Spa**

Health & Beauty/Salons-Spas  
Lena Hoang  
2751 86th St.  
Urbandale, IA 50322  
(515) 276-3333  
[www.facebook.com/urbannails3333](http://www.facebook.com/urbannails3333)

**Urban Paws**

Animal/Grooming & Boarding  
Stephanie Stokes  
3031 Merle Hay Rd.  
Des Moines, IA 50310  
(641) 230-1463

**Urban Pet Hospital**

Animal/Veterinarians  
Anil Regmi  
3601 NW 104th St.  
Urbandale, IA 50322-3827  
(515) 727-0607  
[www.urbanpethospital.com](http://www.urbanpethospital.com)

**Urbandale Auto Body Service, Inc.**

Automotive/Repair  
Ryan Lamberts  
3833 70th St.  
Urbandale, IA 50322-3283  
(515) 276-1501  
[www.urbandaleautobody.com](http://www.urbandaleautobody.com)

**Urbandale Chamber of Commerce**

Powering the Windsor Heights Chamber  
Organizations/Chambers of Commerce  
Tiffany Menke  
2830 100th St., Ste. 110  
Urbandale, IA 50322  
(515) 331-6855  
[www.uniquelyurbandale.com](http://www.uniquelyurbandale.com)  
The Urbandale Chamber serves, protects and promotes its members. Our business is helping your business.

### **Urbandale Community School District**

Education/Public  
Dena Claire  
11152 Aurora Ave.  
Urbandale, IA 50322-7903  
(515) 457-5000  
[www.urbandaleschools.com](http://www.urbandaleschools.com)

### **Urbandale Eye Care**

Health Care/Optometrists  
Melissa Kyler, OD  
7030 Douglas Ave.  
Urbandale, IA 50322  
(515) 278-0123  
[www.urbandaleeyecare.com](http://www.urbandaleeyecare.com)

### **Urbandale Family Dentistry**

Dental/Dentists  
Alex Phan  
3124 104th St.  
Urbandale, IA 50322  
(515) 276-7925  
[www.urbandalefamilydentistry.com](http://www.urbandalefamilydentistry.com)

### **Urbandale Food Pantry**

Organizations/Non-Profit  
Patty Sneddon-Kisting  
7611 Douglas Ave., Ste. 34 & 35  
Urbandale, IA 50322  
(515) 251-6688  
[www.urbandalefoodpantry.org](http://www.urbandalefoodpantry.org)

### **Urbandale Fourth of July Committee**

Events/Special Events  
Tim Mueller  
PO Box 3656  
Urbandale, IA 50323  
[www.urbandale4thofjuly.org](http://www.urbandale4thofjuly.org)

### **Urbandale Golf & Country Club**

Private Clubs  
Bev Atkins  
4000 NW 86th St.  
Urbandale, IA 50322-2358  
(515) 276-5496  
[www.urbandalegolf.com](http://www.urbandalegolf.com)

### **Urbandale Historical Society**

Organizations/Non-Profit  
Susan Bonnicksen  
4010 70th St.  
Urbandale, IA 50322  
(515) 270-2917  
<http://urbandalehistoricalsociety.org>

### **Urbandale Lawn Solutions, Inc.**

Contractors/Lawn Maintenance  
Ryan Jacobs  
PO Box 42511  
Urbandale, IA 50323  
(515) 771-7674  
[www.urbandalelawnsolutions.com](http://www.urbandalelawnsolutions.com)

### **Urbandale Public Library**

Libraries-Museums  
Nicholas Janning  
3520 86th St.  
Urbandale, IA 50322  
(515) 278-3945  
[www.urbandalelibrary.org](http://www.urbandalelibrary.org)

### **Urbandale Republicans**

Organizations/Non-Profit  
Brad Boustead  
(515) 331-2700  
[www.facebook.com/urbandalerepublicans](http://www.facebook.com/urbandalerepublicans)

### **Urbandale Schools and Alumni Foundation**

Organizations/Foundations  
Meribeth Haynes  
(515) 412-4284  
<https://urbsaf.org>

### **Urbandale Water Utility**

Utilities/Water  
Neil Weiss  
3720 NW 86th St.  
Urbandale, IA 50322-4099  
(515) 278-3940  
[www.urbandalewater.org](http://www.urbandalewater.org)

### **Urology Center of Iowa**

Health Care/Physicians  
Sarah Jackson  
12129 University Ave.  
Clive, IA 50325  
(515) 400-3550  
<http://iowauro.com>

### **Valpak of Central Iowa**

Advertising/Direct Mail  
Matthew Goodman  
1000 73rd St., Ste. 8  
West Des Moines, IA 50265  
(515) 254-1388  
[www.valpak.com/centraliowa](http://www.valpak.com/centraliowa)

### **Van Meter, Inc.**

Distributors/Electrical  
Rob Olney  
4040 121st St.  
Urbandale, IA 50323  
(800) 247-1410  
[www.vanmeterinc.com](http://www.vanmeterinc.com)

### **Van Wall Equipment**

Retail-Shops-Stores/Lawn & Garden  
Mike Schechinger  
10100 Dennis Dr.  
Urbandale, IA 50322-3893  
(515) 253-9005  
[www.vanwall.com](http://www.vanwall.com)

### **VernCo Roofing**

Contractors/Roofing-Gutters  
RJ Vernon  
6165 NW 86th St., Ste. 107  
Johnston, IA 50131  
(515) 805-8371  
[www.verncoroofing.com](http://www.verncoroofing.com)

### **Vernon, Rick**

Individual Membership  
1 Promotion Pl., PO Box 600  
Newton, IA 50208-0600  
(515) 238-6500

### **Vero Health Center**

Health Care/Chiropractors  
Josiah Fitzsimmons  
630 S. 50th St.  
West Des Moines, IA 50265  
(515) 422-9552  
[www.verohealthcenter.com](http://www.verohealthcenter.com)

### **Vibrant Insurance Group**

Insurance-Finance/Agents  
Joey Hinke  
2540 SE Encompass Dr.  
Waukee, IA 50263  
(515) 223-6757  
[www.vibrantins.com](http://www.vibrantins.com)

### **Vision Park Family Eye Care**

Health Care/Optometrists  
Melissa Billings  
2699 NW 86th St.  
Urbandale, IA 50322-4309  
(515) 270-2490  
[www.vision-park.com](http://www.vision-park.com)

### **VisionBank - Grimes**

Finance/Banks  
Danielle BrownWolf  
925 SE Gateway Dr.  
Grimes, IA 50111  
(515) 986-5746  
[www.visionbank.com](http://www.visionbank.com)

### **VisionBank - Waukee**

Finance/Banks  
Danielle BrownWolf  
45 N. Warrior Ln.  
Waukee, IA 50263  
(800) 574-8123  
<http://visionbank.com>

### **Wagoner Roofing and Construction**

Contractors/Roofing-Gutters  
Justin Wagoner  
3161 99th St.  
Urbandale, IA 50322  
(515) 225-8147  
[www.wrciowa.com](http://www.wrciowa.com)

### **Walnut Creek Church**

Religious Affiliations  
Emily Rector  
900 64th St.  
Windsor Heights, IA 50324  
(515) 279-8312  
<https://walnutcreekchurch.org>

### **Walnut Creek YMCA**

Wellness/Fitness  
Jen Dange  
948 73rd St.  
West Des Moines, IA 50265  
(515) 224-1888  
[www.dymymca.org](http://www.dymymca.org)

### **Walnut Lake Apartments**

Real Estate/Apartments  
Jordan Martinez  
4454 NW 142nd St.  
Urbandale, IA 50323  
(515) 253-8853  
<http://makewalnutlakehome.com>

### **Walnut Ridge Senior Community**

Seniors/Real Estate  
Ann-Marie Habhab  
1701 Campus Dr.  
Clive, IA 50325-6621  
(515) 457-1111  
[www.preshomes.org/our-communities/walnut-ridge](http://www.preshomes.org/our-communities/walnut-ridge)

### **Walter Roofing**

Contractors/Roofing-Gutters  
Noel Medina  
8450 Hickman Rd., Ste. 27  
Clive, IA 50325  
(515) 707-6252  
[www.walterbuilds.com](http://www.walterbuilds.com)

### **Wasabi Urbandale**

Restaurants  
Jay Wang  
2301 Rocklyn Dr.  
Urbandale, IA 50322  
(515) 381-0064  
<http://Wasabidsm.com>

### **Waste Connections of Iowa Inc.**

Environmental/Waste Management  
Nick Noah  
4705 NE 22nd St.  
Des Moines, IA 50313-2513  
(515) 265-7374  
[www.wcdesmoines.com](http://www.wcdesmoines.com)

### **Waukee Area Christian Services**

Human Services/Social Services  
Melissa Stimple  
1155 SE Boone Dr.  
Waukee, IA 50263  
(515) 987-5523  
[www.waukeechristianservices.org](http://www.waukeechristianservices.org)

### **Waukee Chiropractic Center**

Health Care/Chiropractors  
Trent Fugere  
9500 University Ave., Ste. 2106  
West Des Moines, IA 50266  
(515) 987-0299  
<http://waukeechiropracticcenter.com>



### Webspec

Internet/Web Site Design

Jeremiah Terhark  
5907 Meredith Dr.  
Urbandale, IA 50322-1903  
(515) 334-9544

[www.webspec.com](http://www.webspec.com)

Webspec Design is a web, software, and marketing team based in Urbandale. We hire the best and brightest to elevate your brand's digital presence.

### Welgaard CPAs & Advisors

Finance/Accountants

Darlene Danielson  
10550 New York Ave., Ste. 100  
Urbandale, IA 50322  
(515) 253-0099  
[www.welgaardcpa.com](http://www.welgaardcpa.com)

### Wells Fargo Advisors- Johnston

Insurance-Finance/Agents

Mo Sane  
5880 Merle Hay Rd.  
Johnston, IA 50131  
(515) 237-5389  
<https://home.wellsfargoadvisors.com>

### WesleyLife at Home

Health Care/Hospice

Regina Hoeksma  
4328 114th St.  
Urbandale, IA 50131  
(515) 978-2777  
[www.wesleylife.org](http://www.wesleylife.org)

### West Bank

Finance/Banks

Sara Larson  
1601 22nd St.  
West Des Moines, IA 50266  
(515) 222-2300  
[www.westbankstrong.com](http://www.westbankstrong.com)

### West Des Moines Elks Lodge 2752

Organizations/Service Clubs

Tim Pettit  
2060 NW 94th St.  
Clive, IA 50325  
(515) 252-1717  
[www.elks.org](http://www.elks.org)

### Westpointe Apartments & Townhomes

Real Estate/Apartments

Karla Jennings  
2510 Canterbury Rd.  
Urbandale, IA 50322  
(515) 276-4993  
[www.bhmanagement.com](http://www.bhmanagement.com)

### Westside Appliance Repair

Appliance Repair

Misty Trogdon  
2877 99th St.  
Urbandale, IA 50322-3858  
(515) 276-8899  
[www.westsideappliancerepair.com](http://www.westsideappliancerepair.com)

### Westside Auto Pros

Automotive/Service

Joe Jerkins  
1901 NW 92nd Ct.  
Clive, IA 50325  
(515) 225-9090  
[www.westsideautopros.com](http://www.westsideautopros.com)

### Westside Strength & Conditioning

Wellness/Fitness

Calvin Ridlen  
5705 Brookview Dr.  
West Des Moines, IA 50266-7266  
(515) 664-0401  
[www.westsidestrength.com](http://www.westsidestrength.com)

### WHO 13 Des Moines

Communications/Television

Robert Tosch  
1801 Grand Ave.  
Des Moines, IA 50309  
(515) 242-3500  
[who13.com](http://who13.com)

### Wild Birds Unlimited

Retail-Shops-Stores/Gift Items

Scott Knox  
801 73rd St., Ste. H  
Windsor Heights, IA 50324  
(515) 222-1234  
<https://desmoines.wbu.com>

### Wilson Wealth Management

Finance/Investments

Matthew Onstot  
2400 NW 86th St., Ste. 32  
Urbandale, IA 50322  
(515) 225-9500  
[www.wilsonwm.com](http://www.wilsonwm.com)

### Windsor Heights Chamber of Commerce

Organizations/Chambers of Commerce

Tiffany Menke  
2830 100th St., Ste. 110  
Urbandale, IA 50322  
(515) 331-6855  
[www.windsorheightschamber.com](http://www.windsorheightschamber.com)

### Windsor Heights Foundation

Organizations/Foundation

Mark Arends  
1145 66th St., Ste. 1  
Windsor Heights, IA 50324  
(515) 779-6003  
<https://windsorheightsfoundation.org>

### Windsor Heights Lutheran Church

Religious Affiliations

Chris Olkiewicz  
1240 66th St.  
Windsor Heights, IA 50324  
(515) 277-6277  
[www.whlc.org](http://www.whlc.org)

### Windsor Mower

Contractors/Lawn Maintenance

Darren Skeries  
1441 64th St.  
Windsor Heights, IA 50324  
(515) 250-2206

### WineStyles

Retail-Shops-Stores/Alcohol

Allan Graham  
8460 Birchwood Ct., Ste. 500  
Johnston, IA 50131  
(515) 334-9463  
[www.winestyles.net/johnston](http://www.winestyles.net/johnston)

### Women Lead Change

Organizations/Non-Profit

Bobbi Segura  
3106 Ingersoll Ave.  
Des Moines, IA 50312  
(319) 423-7175  
[www.wlcglobal.org](http://www.wlcglobal.org)

### Woodharbor Kitchen, Bath & Home Remodeling

Contractors/Kitchen & Bath

Cheryl Arganbright  
10627 Aurora Ave.  
Urbandale, IA 50322-3808  
(515) 278-1531  
[www.woodharbordm.com](http://www.woodharbordm.com)

### Workflow Coworking

Business Services/Offices

Nick Sideris  
7177 Hickman Rd., Ste. 9  
Urbandale, IA 50322  
(515) 707-6593  
<https://workflowdsm.com>

### WorldWide Logistics

Transportation/Services

Marsha Smothers  
12400 Meredith Dr.  
Urbandale, IA 50323  
(515) 223-2339  
[www.worldwide-logistics.com](http://www.worldwide-logistics.com)

### Xtreme Roofing & Siding

Contractors/Roofing-Gutters

Jo Nauman  
2913 99th St.  
Urbandale, IA 50322  
(515) 276-9794  
[www.xtremeroofingandsiding.com](http://www.xtremeroofingandsiding.com)

### Yost Family Chiropractic

Health Care/Chiropractors

Heather Yost  
3993 100th St.  
Urbandale, IA 50322  
(515) 278-9678  
[www.yostfamilychiropractic.com](http://www.yostfamilychiropractic.com)

### You First Moving

Moving/Services

Joel Allison  
2894 106th St., Ste. 110  
Urbandale, IA 50322  
(515) 218-2324  
[www.youfirstmoving.com](http://www.youfirstmoving.com)

### Your CBD Store

Wellness/Nutrition-Foods-Vitamins

Chelle TenHaken  
4644 86th St.  
Urbandale, IA 50322  
(515) 276-4303  
<https://getsunmed.com/pages/lab-reports>

### Your Private Bar

Events/Rental Services

Amber Cooper  
1701 25th St.  
West Des Moines, IA 50266  
(515) 461-8289  
<http://yourprivatebar.com>

### Your Sasstastic Life

Business Services/Coaching

Wendi Fredregill  
3060 99th St.  
Urbandale, IA 50322  
(515) 710-3456  
<http://yoursasstasticlife.com>

### Zaun, Brad

Individual Membership

(515) 777-2939

### Zirous

Computer/Systems

Lindsey Besson  
1503 42nd St., Ste. 210  
West Des Moines, IA 50266  
(515) 212-4214  
[www.zirous.com](http://www.zirous.com)



# Resource guide

## MyEntre.net

Center for Business Growth and Innovation  
University of Northern Iowa  
8120 Jennings Dr., Ste. 13, Cedar Falls, IA 50614  
(319) 273-4344 | [www.myentre.net](http://www.myentre.net)  
Part of the University of Northern Iowa's Business and Community Services (BCS) division, MyEntre.net is an entrepreneurship development system consisting of an online social network and free web-based entrepreneurial resources, coupled with collaborative services and capital for entrepreneurs in Iowa. The MyEntre.net team provides customized technical assistance, quality referrals and rapid access to capital for pre-venture and existing small firms statewide. The site has archived its webinars and blogs for access at any time by registered users.

## Elevate by Principal

[Elevatebyprincipal.com](http://Elevatebyprincipal.com)  
Introducing Elevate by Principal, a new platform to help you solve problems, save time, and move your business forward. You can talk to consultants who have owned their own business. Take advantage of our network of trusted partners who have expertise in hiring, digital marketing, cash flow, and more. Use tools that are tailored for your business. And a personal concierge helps you navigate all the resources available to you. Real people coming together who can help you feel confident about your next move. Visit [elevatebyprincipal.com](http://elevatebyprincipal.com) today to sign up for your free account.

## Des Moines SCORE

6600 University Ave., Room 157  
Des Moines, IA 50324  
(515) 274-8593 | [www.desmoines.score.org](http://www.desmoines.score.org)  
SCORE is a nonprofit organization that provides free business mentoring services to entrepreneurs. The organization also presents business workshops and seminars for a fee. Business mentoring services are provided by both active and retired business executives and entrepreneurs who donate their time and expertise as mentors to assist new and established small businesses. SCORE is a resource partner with the U.S. Small Business Administration.

## IASourceLink

200 E. Grand Ave., Des Moines, IA 50309  
(866) 537-6052 | [www.iasourcelink.com](http://www.iasourcelink.com)  
University of Northern Iowa Business & Community Services  
8120 Jennings Dr., Ste. 13, Cedar Falls, IA 50614  
(319) 273-4344  
IASourceLink is an online resource connecting entrepreneurs and small businesses to more

than 360 resource providers across the state. It is hosted by the Iowa Economic Development Authority (IEDA) in collaboration with the Center for Business Growth and Innovation (CBGI) at the University of Northern Iowa. Services include its business concierge service, in which an information specialist assists small business owners in finding solutions to their most pressing questions, and the Iowa Business License Information Center. The State of Iowa does not have a general business license, but rather regulates the activity of particular businesses or professions. For business licensing assistance, contact Christine Cavil at [blic@iowaeda.com](mailto:blic@iowaeda.com) or toll free at (800) 532-1216.

## Iowa Center for Economic Success

8345 University Blvd., Ste. F, Clive, IA 50325  
(515) 283-0940 | [theiowacenter.org](http://theiowacenter.org)  
Originally founded in 1987, a group of leaders committed to addressing the social and economic issues of Iowans in creative ways formed the Institute of Social & Economic Development. The group runs the only SBA-funded Women's Business Center in Iowa and partners with the Iowa Department of Human Services and the IRS to offer free tax prep and planning programs. In 2014, the group joined forces with Iowa Economic Development Authority to manage its microloan portfolio. Today, the Iowa Center for Economic Success offers education, resources, credit, lending, advocacy and networking programs.

## Iowa Economic Development Authority (IEDA)

200 E. Grand Ave., Des Moines, IA 50309  
(515) 725-3000  
[www.iowaeconomicdevelopment.com](http://www.iowaeconomicdevelopment.com)  
The IEDA works to engender and promote economic development policies and practices which stimulate and sustain Iowa's economic growth, climate and integrate efforts across public and private sectors. Programs for entrepreneurs and business owners include financial assistance, tax incentives, regulatory assistance, export trade advising, consultation and marketing assistance.

## Iowa Small Business Development Centers

400 Locust St., Ste. 160, Des Moines, IA 50309  
(515) 331-8954  
The Small Business Development Centers (SBDC) provide business counseling and training on specific business needs including, but not limited to: new business guidance, loan assistance,

market research services, cash flow projections, human resource management, strategic planning, business continuity planning, accounting and QuickBooks, writing a business plan, business planning and modeling, financing opportunities, export assistance, business succession strategies, business growth strategies, disaster recovery, market planning and strategy and pricing. On the second Wednesday of every month, SBDC has office hours at the Urbandale Chamber. Call the Chamber to set up an appointment.

## Iowa Foundation for Microenterprise and Community Vitality

915 8th St., Ste. 205, Boone, IA 50036  
(515) 212-0182 | [iowamicroloan.org](http://iowamicroloan.org)  
Iowa Foundation for Microenterprise and Community Vitality (IFMCV) is a nonprofit foundation created for the purpose of initiating and operating model programs that assist Iowa's community foundations, other tax-exempt organizations and agencies of government. The foundation created IowaMicroLoan, a program for small businesses that are considered on the fringe of riskbearing capacity for most traditional financial institutions.

## John Pappajohn Entrepreneurial Centers (JPEC)

[www.iowajpec.org](http://www.iowajpec.org)  
In 1996, John Pappajohn, president of Equity Dynamics, Inc. in Des Moines, established five entrepreneurial centers throughout Iowa. Although each center defines its own mission and serves the state in a manner consistent with its particular strengths, each center has the same ultimate purpose — to enhance the effectiveness of Iowa's entrepreneurs. The centers offer many educational opportunities, including Venture School, an intense six-week training program for entrepreneurs. The City of Urbandale and Urbandale Chamber sponsor a team annually to attend Venture School.

## Lift Investments for Tomorrow

LIFT Administration, State Capitol Building, Room 114, Des Moines, IA 50319  
(515) 281-6878 | [lift@iowa.gov](mailto:lift@iowa.gov)  
[www.iowalift.gov](http://www.iowalift.gov)  
Lift Investments for Tomorrow provides capital for small businesses owned and operated by Iowans. Half of its funds are available for businesses that are 51% or more owned, operated and actively managed by one or more women, minority persons or persons with disabilities.

# CATEGORICAL LISTING OF CHAMBER MEMBERS

## Advertising/Agencies

Bing Bang  
Blue Compass  
Insight Advertising, Marketing & Communications

## Advertising/Consultants

Ashleynash, LLC  
CMO To-Go

## Advertising/Digital

Amplified  
K&G Digital 360

## Advertising/Direct Mail

Global Direct Mail & Marketing  
Valpak of Central Iowa

## Advertising/Outdoor

Lamar Advertising

## Advertising/Specialties

Bluefish Promotional Marketing  
Fully Promoted Urbandale  
Premium Solutions  
Quality Resource Group, Inc.  
Superior Printing & Promotions  
The Vernon Company - Digital Sales Team

## Agribusiness/Farming

Iowa Orchard

## Agribusiness/Feed Ingredients

ILC Resources

## Agribusiness/Products

International Veterinary Supplies Inc.  
John Deere Intelligent Solutions Group  
Spraytec Fertilizers, LLC

## Animal/Grooming & Boarding

Canine Clean  
Urban Paws

## Animal/Training

Dog Training Elite Des Moines  
Sit Means Sit Dog Training

## Animal/Veterinarians

Pet Medical Center of Urbandale  
Urban Pet Hospital

## Appliance Repair

Hometown Hero Appliance Repair  
(Formerly Nebraska Home Appliance)  
Metro Appliance Repair  
Mr. Appliance of Urbandale  
Westside Appliance Repair

## Archival Products

Archive Iowa

## Audio-Visual/Equipment

AVI Systems  
CTI

## Audio-Visual/Video-Production

Silverwings

## Automotive/Car Wash

Laserwash of Urbandale

## Automotive/Dealers

Acura of Johnston  
Audi Des Moines  
BMW of Des Moines  
Bob Brown Chevrolet  
CarMax  
DriveTime Automotive Group, Inc  
Lithia Volkswagen of Des Moines  
Ramsey Subaru Mazda of Des Moines  
Stew Hansen Chrysler Dodge Jeep Ram  
FIAT  
Stivers Ford Lincoln - E. Hickman

## Automotive/Glass

R&B Auto Glass

## Automotive/Parts

Arnold Motor Supply

## Automotive/Rental

Enterprise Truck Rental  
Graham Collision  
Manchester Leasing Services

## Automotive/Repair

Ted's Body Shop - Altoona  
Ted's Body Shop - Des Moines  
Urbandale Auto Body Service, Inc.

## Automotive/Security-Sound

Fusion Auto Sound  
S&C Automotive, Inc.  
Tint World

## Automotive/Service

Absolute Auto Repair  
Freedom Tire  
GoMobile Tires Des Moines  
Higgins Plaza Service Inc.  
Majestic Mobile Detailing  
Premier Automotive Service  
Shade Tree Auto - Ankeny  
Shade Tree Auto - Grimes  
Shade Tree Auto - Urbandale  
Soper Automotive Repair  
Tire Heroes  
Truman's Automotive & ADAS  
Calibrations  
Westside Auto Pros

## Awards/Trophies & Plaques

Academy Trophies & Awards

## Business Products/Copiers

Copy Systems Inc.  
Infomax Office Systems, Inc.  
Konica Minolta Business Solutions  
MMIT Business Solutions Group

## Business Products/Supplies

Iowa - Des Moines Supply, Inc.  
Triplett Office Solutions

## Business Services/Auctioneers

All American Auction Company of Iowa LLC

## Business Services/Coaching

Accelerate ActionCOACH Business Coaching  
Bunker Labs Des Moines  
Clarity Business Coaching  
Clegg Consulting Group  
Mindset Innovations Consulting  
Simpson Sales Solutions  
SpeakFluence  
Your Sasstastic Life

## Business Services/Consultants

900 Views LLC  
Bâton Global  
berniestone.com  
C2 Consultants Inc  
Compensation Designs, LLC  
Eide Bailly LLP  
EOS Worldwide Implementer - Rob Taylor  
EOS Worldwide Professional Implementer - Jon Leonetti  
Fox Growth Strategies  
Immobiliaria Inc  
J Galt Financial  
Life Made Simple, LLC  
MFS Consulting  
Perspective Consulting Partners, LLC  
Quester  
Schabel Solutions Inc.

## Business Services/Marketing

Deksia  
RevOpp.AI

## Business Services/Offices

Gravitate Coworking Midtown  
Workflow Coworking

## Business Services/Training

ATW Training Solutions  
OPX International, LLC.

## Business Services/Translation Services

Caracas Language Solutions, LLC

## Business Services/Uniforms

Force Fitters

## Children/Day Care

Cadence Academy Preschool  
Kidz Corner  
New Horizon Academy  
Primrose School of Urbandale

## Cleaning-Maintenance/Disaster

All Dry Services of Des Moines  
First Onsite

## Cleaning-Maintenance/Ductwork

Air Free Duct Cleaning  
Dryer Vent Wizard of West Des Moines

## Cleaning-Maintenance/Janitorial

Cleaning Connection Inc.  
RODAN Office Cleaning

## Cleaning-Maintenance/Services

Blooming Lotus Cleaning Services  
Fish Window Cleaning  
Hale's Housekeeping LLC  
Hillyard  
Jeffries Cleaning

## Coffee Houses

Friedrichs Coffee  
Twisted Bean Coffee Company

## Communications/Cable TV

OnMedia

## Communications/Consultants

Dale Carnegie Norman and Associates

## Communications/Public Relations

David Allen Tracy - Personal Brand Coach

## Communications/Publishing

Business Publications Corporation  
Dream To Author  
Iowa Living Magazines  
Iowa Urban Media

## Communications/Radio

Apexx Creative  
Cumulus Media  
Iowa Public Radio, Inc.  
La Q Buena

## Communications/Telecommunications

Marco Technologies



**Communications/Television**

WHO 13 Des Moines

**Computer/Consulting**

Closed Door Security US

**Computer/Recycling**

Electronic Asset Security

**Computer/Services**

LaunchIT MSP  
Platinum Information Services  
Pro Network Solutions  
Salas Enterprises  
Secure Point Solutions  
TeamLogic IT of Des Moines

**Computer/Software Development**

Berkley Technology Services  
LaunchIT Corp.

**Computer/Systems**

Zirous

**Computer/Training**

New Horizons Computer Learning  
Center

**Construction/Management**

Archstone Construction LLC  
Breiholz Construction Company  
DCI Group  
Downing Construction

**Construction/Materials**

Logan Contractors Supply Inc.  
Martin Marietta

**Contractors/Commercial**

Accurate Commercial  
Boyd Jones  
DSM Property Services LLC  
Edge Commercial  
L. A. Fulton & Sons Inc.  
McGough Construction  
Premier Ceiling Systems LLC

**Contractors/Concrete**

Midwest Polyfoam

**Contractors/Electrical**

B&L Electric LLC  
Baker Electric, Inc.  
Commercial Automation Systems  
Custom Electrical Services  
Tri-City Electric Co.

**Contractors/Flooring**

Barnum Floors

**Contractors/General**

Archadeck  
Ball Team, LLC  
Big Roofing  
Energy Panel Structures, Inc.  
Haggerty Windows and Siding

**Contractors/Glass**

Kinman Glass Inc.

**Contractors/Handyman**

Ace Handyman Services

**Contractors/Heating-Cooling**

72 Degrees Comfort Company  
Dayton Heating & Air Conditioning, LLC  
Kohles & Bach Heating & Cooling -  
Fireplaces  
Lenz Heating and Cooling  
Modern Heating & Air

**Contractors/Home Builders**

D.R. Horton Iowa  
Happe Homes  
J. Thompson Builders  
K and V Homes, Inc.  
KRM Development LLC

**Contractors/Insulation**

Spray Foam Genie

**Contractors/Kitchen & Bath**

Cabinet RX, LLC  
Kitchen Refresh by KnoPros  
Showplace Cabinetry Design Center  
Woodharbor Kitchen, Bath & Home  
Remodeling

**Contractors/Lawn Maintenance**

The Tree Service  
Urbandale Lawn Solutions, Inc.  
Windsor Mower

**Contractors/Mechanical**

DPT Group, Inc.

**Contractors/Painters**

CertaPro Painters of Des Moines  
Peterson Painting  
R & B Interior Painting LLC

**Contractors/Plumbing**

Schlievert Plumbing Inc.

**Contractors/Remodeling**

Midwest Construction  
Mullins Renovation & Construction  
Remodeling Contractors

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Urbandale, IA 50322  
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[unitypoint.org](http://unitypoint.org)



**UnityPoint Clinic**

# CATEGORICAL LISTING OF CHAMBER MEMBERS

## **Contractors/Roofing-Gutters**

E4 Construction  
Legacy Restoration LLC  
R3 Roofing & Exteriors  
Right Roofing & Siding, Inc.  
Robison Roofing  
Shamrock Roofing and Construction  
Superstorm Restoration  
VernCo Roofing  
Wagoner Roofing and Construction  
Walter Roofing  
Xtreme Roofing & Siding

## **Contractors/Siding**

A New Look Exteriors  
Superior Exteriors

## **Contractors/Water Removal**

ServiceMaster by Rice

## **Dance-Gymnastics**

The Change Dance, LLC

## **Dental/Dentists**

Cedar Ridge Esthetic and Family  
Dentistry  
Clair Family Dental  
Davidson Family Dentistry  
McDonald Family Dentistry  
Solace Dental  
Urbandale Family Dentistry

## **Dental/Insurance**

Delta Dental of Iowa

## **Dental/Orthodontists**

Iowa Orthodontic Solutions

## **Distributors/Alcohol**

Blue Ox Spirits  
Foundry Distilling Company

## **Distributors/Electrical**

3E (Electrical Engineering & Equipment  
Co.)  
Crescent Electric Supply  
Power/mation Division, Inc  
Van Meter, Inc.

## **Distributors/Food & Beverage**

Pepsi Beverages Company

## **Distributors/Medical Supplies**

First Medical Inc.

## **Distributors/Paper**

Sink Paper and Packaging

## **Education/Colleges-Universities**

DMACC Business Resources  
Drake University Zimpleman College of  
Business  
Grand View University  
Upper Iowa University

## **Education/Driving**

Drive With Cops

## **Education/Public**

Urbandale Community School District

## **Employment/Agencies and Staffing**

Aston Carter  
Career Search Associates  
Decoding HR  
Infinite Resources  
Kelly Services  
ManpowerGroup  
One Staffing  
Palmer Group  
QPS Employment Group  
Remedy Intelligent Staffing

## **Employment/Benefits**

Employee & Family Resources (EFR)

## **Employment/Human Resources**

Connectify HR  
Paychex HR

## **Entertainment-Recreation/Art**

Creative Spirit Art Studio

## **Entertainment-Recreation/Attractions**

Des Moines Children's Museum  
Escape Room Parties  
JP Party Rentals  
Living History Farms  
Prairie Meadows Racetrack & Casino

## **Entertainment-Recreation/Bars-Clubs**

Groucho's Lounge  
Stormy's  
The Ducktail Lounge

## **Entertainment-Recreation/Gaming**

Old School Pinball & Arcade  
Royale Flush Gaming

## **Entertainment-Recreation/Golf Courses**

Beaver Creek Golf Course

## **Entertainment-Recreation/Indoor Playground**

Pump It Up

## **Entertainment-Recreation/Martial Arts**

Bishop's Elite Martial Arts Academy  
Farrell's Martial Arts  
Nakata Dojo  
Shadow Fist Kung Fu and Tai Chi, LLC

## **Entertainment-Recreation/ Performing Arts**

Iowa Ballet Academy

## **Entertainment-Recreation/Sports Facilities**

CrossRoads Shooting Sports  
Dinks Pickleball

## **Entertainment-Recreation/Sports Teams**

Des Moines Buccaneers  
Iowa Demon Hawks  
Iowa Wild  
Iowa Wolves

## **Entertainment-Recreation/Theaters**

Flix Brewhouse

## **Entertainment-Recreation/Visitor Information**

Catch Des Moines! Greater Des Moines  
Convention & Visitors Bureau

## **Environmental/Mobile Toilets**

A King's Throne, LLC.  
Royal Rental Co.

## **Environmental/Pest Control**

Miller Pest & Termite

## **Environmental/Waste Management**

Ankeny Sanitation  
Bob's Septic & Premium Privies  
Metro Waste Authority  
Waste Connections of Iowa Inc.

## **Events/Decoration**

Golden Openings, Inc.

## **Events/Planning**

New Leaf Entertainment, LLC

## **Events/Rental Services**

Exhibits/Displays, Inc.  
The Good Co. DSM  
Your Private Bar

## **Events/Special Events**

Urbandale Fourth of July Committee

## **Facilities/Conference Centers & Banquet Facilities**

Bella Love Event Venue  
Horizon Events Center  
Sherwood Forest Event Center

## **Facilities/Convention Centers**

Iowa Events Center

## **Finance/Accountants**

Ann M. Hartz, CPA & Associates  
CFO Accounting Services LLC  
Creative Planning, formerly  
BerganKDV  
De Hamer Accounting Services LLP  
Forge Financial & Management  
Consulting  
Gardiner + Company CPAs  
Kaduce & Company, PC  
Owl Accounting Services  
Pittman & Company, LLP  
Reliable Bookkeeping & Accounting  
Service LLC  
Shaul & Associates PLC  
SPW Bookkeeping, LLC  
Welgaard CPAs & Advisors

## **Finance/Banks**

Bank Iowa - Johnston  
Bank Iowa - West Des Moines  
Bankers Trust - Windsor Heights  
Bankers Trust Company - North Office  
Central Bank - 100th St. Branch  
Central Bank - 86th St. Branch  
City State Bank - Grimes  
Community State Bank  
DB&T  
Farmers State Bank  
Fidelity Bank  
First National Bank - West Glen Branch  
Great Southern Bank - Clive  
Iowa State Bank - Banking & Trust  
Services  
Iowa Trust Savings Bank  
Liberty National Bank  
Midwest Heritage Bank  
Midwest Heritage Bank - Windsor  
Heights  
MidWestOne Bank - Windsor Heights  
Northwest Bank  
Raccoon Valley Bank  
Two Rivers Bank & Trust - Hickman  
Two Rivers Bank & Trust - Ingersoll  
U.S. Bank  
VisionBank - Grimes  
VisionBank - Waukee  
West Bank

## **Finance/Consumer Services**

Triangle Financial Services

### Finance/Credit Card Processing

Impact Payments  
Payteva

### Finance/Credit Unions

Collins Community Credit Union  
Greater Iowa Credit Union  
GreenState Credit Union  
IHMCU Credit Union - Merle Hay  
Midland Credit Union - Bondurant  
Midland Credit Union - Pleasant Hill  
Midland Credit Union - Urbandale  
Premier Credit Union  
Serve Credit Union

### Finance/Equipment

Banleaco

### Finance/Investments and Retirement Planning

AO Wealth Advisory  
Edward Jones - Daniel Timmons  
Edward Jones - Lucas Nerhus  
Edward Jones - Matt Kneifl  
Edward Jones - Todd P. Johnson  
Envision Wealth  
Financial Architects  
Merkle Retirement Planning  
Mokosak Advisory Group, LLC  
Movement Wealth Partners

### Finance/Investments and Retirement Planning

RockWay Wealth Partners  
Simply Sophisticated Wealth Planning, LLC  
Teacher Wealth  
The Des Moines Group at Morgan Stanley  
Wilson Wealth Management

### Finance/Leasing Services

Lease Consultants Corporation

### Finance/Mortgage

Clear Mortgage  
Halo Capital  
Key Mortgage - Brian Houk  
Midwest Family Lending Corp.  
New American Funding

### Finance/Services

QPC (Qualified Plan Consultants, LLC)  
T&H Financial Coaching, LLC

### Finance/Venture Capitalists

Bison Equity Group

### Fire/Alarm Systems

Protex Central

### Food-Beverage/Bakeries

Buttercream Cookie Dreams  
Cha Cha's Hiland Bakery  
Donutland  
The Bake Shoppe

### Food-Beverage/Catering

Cyd's Catering  
Dinner At Your Door DSM, LLC  
IN the BAG Corporate Cuisine  
Sunflower Chef Catering

### Food-Beverage/Grocers

Fareway Stores, Inc.  
Hy-Vee - Windsor Heights  
Hy-Vee, Inc.

### Food-Beverage/Vending Machines

Bowermaster Group, LLC dba Lucky  
Snack Vending

### Funerals/Services

Caldwell Parrish Funeral Home & Crematory  
Merle Hay Funeral Home & Chapel Hill Gardens

### Government/City

City of Urbandale  
City of Windsor Heights

### Government/County

Dallas County Health Department  
Iowa State University Extension and Outreach Polk County

### Government/Federal

U.S. Small Business Administration

### Health & Beauty/Consultants

Lifestyle with Angie  
MainBrows LLC

### Health & Beauty/Salons-Spas

Art of Life Salon and Spa  
Beauty Decree  
BodyRenewal Clinic and Medspa Harmony  
LIVE Hydration Spa - Grimes  
Megan's Manes  
Salon 86  
Salon Seven-O  
Shear Madness Haircuts for Kids  
Trixies Salon & Spa  
Urban Nails & Spa  
Health & Beauty/Supplies  
The DRIPBaR

### Health & Beauty/Tanning

Sun Tan City - Merle Hay

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- Debtor-Creditor Law
- Family Law
- Criminal Law



PLEASE CONTACT  
**JOHN BOUSLOG**  
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# CATEGORICAL LISTING OF CHAMBER MEMBERS

## Health Care/Assisted Living

Edencrest at Beaverdale  
Edencrest at Green Meadows  
Edencrest at The Legacy  
Edencrest at Timberline  
Glen Oaks Alzheimer's Special Care Center  
Grace Estates  
Meadowview of Clive  
Senior Suites of Urbandale

## Health Care/Chiropractors

Capital Chiropractic & Rehabilitation Center, PLLC  
Optimum Chiropractic P.C.  
Thrive Family Chiropractic  
Vero Health Center  
Waukee Chiropractic Center  
Yost Family Chiropractic

## Health Care/Clinics

Iowa Allergy, Asthma and Immunology P.C.  
New View Autism LLC  
The Iowa Clinic, P.C. - Urbandale  
UnityPoint Clinic in Urbandale  
University of Iowa Health Care  
University of Iowa Health Care Infertility Clinic

## Health Care/Consultants

Achieve Health Naturally  
Brighton Consulting Group

## Health Care/Home

Infinity Home Care  
Senior Helpers  
Transitional Life Consulting, LLC

## Health Care/Hospice

WesleyLife at Home

## Health Care/Mental Health

Imperfect Pathways  
Rooted Insights, PLC

## Health Care/Nursing Homes

Arbor Springs

## Health Care/Oncology

Mission Cancer + Blood

## Health Care/Optometrists

Urbandale Eye Care  
Vision Park Family Eye Care

## Health Care/Orthotic-Prosthetic

Iowa Ortho

## Health Care/Pharmacies

Bud & Mary's  
Medicap Pharmacies, Inc. - Urbandale

## Health Care/Physical Therapists

Athletico Physical Therapy  
ATI Physical Therapy  
Champions Recovery Room and Physical Therapy  
Core Physical Therapy  
Kaizen Health and Wellness  
Kinetic Edge Physical Therapy  
Revive Physical Therapy and Wellness

## Health Care/Physicians

Hy-Vee Health Exemplar Care  
Urology Center of Iowa

## Health Care/Services

Caravel Autism Health  
DMOS Orthopaedic Centers  
NXT LVL Med Spa, Recovery & Wellness

## Health Care/Supplies

Fittings Unlimited, Inc.  
Nucara Home Medical

## Human Services/Counseling

Bloom Women's Wellness  
Counseling and Consulting LLC  
Mind & Spirit Counseling Center  
New Heights Counseling Resources, Inc.  
Real Connections Counseling

## Human Services/Social Services

Ability Leads  
Link Associates  
Mosaic in Central Iowa  
Society of St. Vincent de Paul  
Waukee Area Christian Services

## Individual Membership

Andeweg, Robert  
Bonnicksen, Monte  
Brownell, Robert  
Calahan, Alexson  
Dolezal, Monica  
Forbes, John  
Giovannetti, E.J.  
Jones, Mike  
Joseph Jones  
Knueven, Pat  
McGonegle, Pat  
Miller, Alex  
Moriarity, Angela  
Olson, Jason  
Pelham, Randy  
Pogge, Ron  
Raecker, Scott  
Robinson, Greg  
Saf, Ron  
Trentmann, Norm  
Vernon, Rick  
Zaun, Brad

## Insurance-Finance/Administrative

Foundations 619

## Insurance-Finance/Agents

Aetna  
American Republic Insurance Services  
Buenzow Insurance Group  
Colonial Life  
Comparion Insurance Agency, a Liberty Mutual Company  
Country Financial - Danny Mielneczek  
Country Financial - Sara Verlander  
Farm Bureau Financial - Elliott Milakovich  
Farm Bureau Financial Services - Dan Siegfried  
Farmers Insurance - Peter Schoneberg  
Five Rings Financial - Ryan Nady  
Fortress Insurance Services - Tony Griffin  
Globe Life Family Heritage - Scott Benter  
Globe Life Liberty National  
Health Insurance Advisor, LLC  
Howard Insurance Agency  
McDonald Agency, LLC- Farmers Insurance  
Phillips Stafford Insurance Group  
PRIMERICA  
R&A Risk Professionals  
Sarah Hambrick Representing American National  
Sears Insurance  
Shelter Insurance - Monica Hoover  
State Farm Insurance - James Walford  
State Farm Insurance - Mark Courter  
State Farm Insurance - Matt Cale  
Vibrant Insurance Group  
Wells Fargo Advisors- Johnston

## Insurance-Finance/Brokerages

Association Member Benefits Advisors  
Capitol Benefits Group  
Group Benefits, Ltd.

## Insurance-Finance/Services

Brokers International  
Iowa Communities Assurance Pool (ICAP)  
NCMIC/Professional Solutions  
RainyDayPal  
The Dana Company

## Internet/Services

Consolidated Communications  
Mediacom Business  
MetroNet

## Internet/Web Site Design

Applied Art & Technology  
Webspec

## Legal Services/Attorneys

Abendroth Russell Barnett Law Firm  
Cunningham & Kelso, P.L.L.C.  
Gardner Law Firm, P.C.  
Goodhue, Coleman & Owens, P.C.  
Hope Wood JD, P.L.L.C.  
Simpson, Jensen, Abels, Fischer & Bouslog P.C.

## Libraries-Museums

Franklin Avenue Library  
Urbandale Public Library

## Lodging/Hotels-Motels

Des Moines Urbandale Hilton Garden Inn  
Fairfield Inn & Suites  
Hampton Inn & Suites  
Holiday Inn Express & Suites Plum Dr.  
Holiday Inn Hotel & Suites DM Northwest  
Hotel Renovo  
Ramada Tropics Resort & Conference Center  
Revel Hotel - Tapestry Collection by Hilton  
Sheraton West Des Moines Hotel  
Stoney Creek Hotel & Conference Center  
TownePlace Suites by Marriott Des Moines-Urbandale

## Mailing-Shipping/Services

Mail Services, LLC

## Manufacturing/Contract

ProbioFerm

## Manufacturing/Equipment

Denso Manufacturing

## Manufacturing/Packaging

Assembled Products, Inc

## Manufacturing/Retail

CMF Manufacturing

## Manufacturing/Turbo Machinery

Process Controls  
Compressor Controls Corporation

## Marketing/Communications

Des Moines Creative

## Marketing/Services

ADI Group  
Allegra Marketing, Print, Mail, Signs  
Creative DSM | Digital Strategic Marketing  
Farmboy  
Hummingbirds

### Moving/Services

Adamantine Spine Moving  
TWO MEN AND A TRUCK - Des Moines  
UNITS of Central Iowa  
You First Moving

### Music/Instruments

Becker Fine Instruments

### Organizations/Associations

Associated Builders and Contractors of Iowa  
Home Builders Assoc. of Greater DM  
Iowa Association of Business and Industry (ABI)  
Iowa Bankers Association  
Iowa Restaurant Association

### Organizations/Chambers of Commerce

Greater Des Moines Partnership  
Iowa LGBTQ Chamber of Commerce  
Urbandale Chamber of Commerce  
Windsor Heights Chamber of Commerce

### Organizations/Foundations

Endow Urbandale  
Urbandale Schools and Alumni Foundation  
Windsor Heights Foundation

### Organizations/Non-Profit

Alzheimer's Association - Iowa Chapter  
American Legion Post 663 & VFW Post 9668  
Avenue Scholars Des Moines  
Better Business Bureau Serving Greater Iowa  
Blessman International  
Camp Fire Heart of Iowa  
Children's Cancer Connection  
Community Hand Up  
Dress for Success Des Moines  
EveryStep  
EWI of Des Moines  
Goodwill of Central Iowa  
Greater Des Moines Habitat for Humanity, ReStore  
Iowa International Center  
Japan America Society of Iowa (JASI)  
Junior Achievement of Central Iowa  
LifeServe Blood Center  
Many Hands Thrift Market  
Mentor Iowa  
MS Moments  
National Kidney Foundation  
Puppy Jake Foundation  
Urbandale Food Pantry  
Urbandale Historical Society  
Urbandale Republicans  
Women Lead Change

### Organizations/Service Clubs

Rotary Club of Northwest Des Moines  
West Des Moines Elks Lodge 2752

### Organizations/Youth

Beyond Ball  
Big Brothers Big Sisters of Central Iowa  
Girl Scouts of Greater Iowa  
J-Hawk Soccer Club  
Johnston Urbandale Soccer Club

### Photography/Photographers

Brent Isenberger Photography  
Lauren Campbell Photography  
Mable Media  
Matthew Putney Media  
Midwest Pano, LLC  
Pat Ward Photography

### Printing/Printers

Beeline and Blue  
Copy Cat Prints and Legal Eagles  
HartSmart Products  
Lashier Graphics & Signs  
PC Print Center  
Plaza Printers  
Purcell Printing & Signs

### Private Clubs

Des Moines Embassy Club West  
EO Iowa  
Urbandale Golf & Country Club

### Professional-Design Services/Architects

DLR Group Inc.  
SVPA Architects

### Professional-Design Services/Engineers

Allender Butzke Engineers Inc.  
Bishop Engineering Company, Inc.  
Bluestone Engineering  
Bolton & Menk, Inc  
Braun Intertec Corporation  
Civil Design Advantage, LLC  
Civil Engineering Consultants, Inc.  
HR Green, Inc  
IMEG Corp  
Lee Chamberlin Consultant Engineers  
Short Elliott Hendrickson Inc.  
Tometch Engineering, Inc.

### Professional-Design Services/Interior Design

Eastbridge Interiors  
The Perfect Shade

### Real Estate/Agents

Agic Real Estate Group - RE/MAX Concepts  
Barry Hesse, REMAX Concepts - BROKER Associate B11216000

"I jumped in 100%, from the moment I joined the Urbandale Chamber. The staff and the members are so down to earth and welcoming, you can't help but want to be a part of everything. There are so many opportunities to grow professionally, as well as personally. Every time I think I'm doing too much here, maybe I need to step away, they offer something else, and they suck me right back in: I LOVE IT. I wish I would have joined years ago."



**Aisha R. Syed**  
REALTOR - Broker Associate  
Iowa Realty - Aisha R. Syed Real Estate, LLC

### Real Estate/Agents

Century 21 Signature Real Estate  
Coldwell Banker Mid-America  
EXIT Realty Capital City  
EXIT Realty Capital City - Shauna Smith  
Gonzales Realty Group  
Guardian Real Estate Group  
Iowa Realty - Aisha R. Syed Real Estate, LLC  
Iowa Realty - Jon Smith  
Jacobs Real Estate Partners - EXP Realty  
LPT Realty - Rob Mordini  
Pennie Carroll & Associates  
RE/MAX Concepts - Marva McCarty  
RE/MAX Concepts - Shannon Salmon  
RE/MAX Precision  
RE/MAX Precision - Adams Family Realty  
RE/MAX Precision - Woodley Real Estate  
RE/MAX Real Estate Center - Urbandale  
Realty One Group - Wayne Burkhardt  
Tina Q. Luong, Realtor - eXp Realty

### Real Estate/Apartments

Glen Meadows Retirement Community  
Walnut Lake Apartments  
Westpointe Apartments & Townhomes

### Real Estate/Commercial

Anderson Properties  
AP Brokerage, LLC  
Colby Interests  
Cushman & Wakefield  
Ferguson Commercial Real Estate Services  
JLL

### Real Estate/Commercial

Knapp Properties, L.C.  
Koester Development Group  
KREATE Business Brokers  
Matt Shaw Commercial Real Estate  
NAI Iowa Realty Commercial  
Performance Realty, LLC  
Signature Real Estate Services, Inc

### Real Estate/Developers

Hubbell Homes  
Landmark Companies, Inc.  
R&R Realty Group

### Real Estate/Inspections

Keystone Home Inspections

### Real Estate/Property Management

Kading Properties  
Premier Companies & Paramount Homes  
Renters Warehouse

### Real Estate/Services

First American Home Warranty

### Religious Affiliations

Walnut Creek Church  
Windsor Heights Lutheran Church

### Restaurants

100th Street Corner Cafe  
5 Borough Bagels  
Bennigan's Grill & Tavern  
Big Al's BBQ & Catering  
Blue Shark Ale House  
Cajun Belle  
Cancun Grill and Cantina  
Chick-fil-A Merle Hay  
Coaches Kolaches

# CATEGORICAL LISTING OF CHAMBER MEMBERS

## Restaurants

Felix & Oscars  
Flame Group  
Fresh Fit Meals  
GAMEDAY Kitchen, Cocktails, Sports, Fun  
Gilroy's Kitchen + Pub + Patio  
Hidalgo Mexican Bar and Grill  
Hungry Boyz  
IHOP  
Kathmandu Restaurant  
Little Brother  
Marco's Pizza  
McAlister's Deli  
McDivot's Indoor Sports Pub  
McDonald's/Raccoon Valley Partnership  
MinGaLaBar Burmese Kitchen  
Pagliai's Pizza  
Ruby Tuesday  
Sprockets Patio and Pub  
Texas Roadhouse  
The U Bar & Grill  
The U Nutrition  
The Urban Grill  
Tito's Lounge  
Tullpa Restaurant  
Wasabi Urbandale

## Restaurants - Coffeehouse/Juice

Fierce Nutrition  
Hyper Energy Bar

## Retail-Shops-Stores/Alcohol

WineStyles

## Retail-Shops-Stores/Batteries

Interstate All Battery Center - Des Moines

## Retail-Shops-Stores/Bridal

Marks Corporation DBA Stacey's Bridal and Formalwear  
Perry Bridal

## Retail-Shops-Stores/Clothing

2 Harts Boutique  
515 Metro Studio  
Enchantasy's Lingerie  
Simply Stella Rose  
Staceys Inc.

## Retail-Shops-Stores/Consignment

Changing Places Consignment Shop  
Design Consign  
Do Overz, LLC

## Retail-Shops-Stores/Convenience

Hy-Vee Fast & Fresh Express  
Kwik Star  
QuikTrip Corporation

## Retail-Shops-Stores/Educational Supplies

The Learning Post

## Retail-Shops-Stores/Electronic Cigarettes

Central Iowa Vapors

## Retail-Shops-Stores/ Electronics

Mobile Spot

## Retail-Shops-Stores/Embroidery

KSH Design Studio LLC

## Retail-Shops-Stores/Flooring

Carpet One Floor & Home  
Flooring America

## Retail-Shops-Stores/Florists

Boesen the Florist  
The Trendy Gardener Design and Landscapes

## Retail-Shops-Stores/Furniture

Amish Haus Furniture  
Homemakers Furniture

## Retail-Shops-Stores/Gift Items

Wild Birds Unlimited

## Retail-Shops-Stores/Golf

Austad's Golf  
Broheim's Indoor Golf and Pub

## Retail-Shops-Stores/Hardware

Home Depot #2115 - Urbandale

## Retail-Shops-Stores/Home Furnishings

Elevated Cabinetry

## Retail-Shops-Stores/In Home Parties

Norwex Independent Consultant - Louisa Dykstra

## Retail-Shops-Stores/Jewelers

Christopher's Fine Jewelry & Rare Coin

## Retail-Shops-Stores/Lawn & Garden

Van Wall Equipment

## Retail-Shops-Stores/Mattresses

Midwest Mattress

## Retail-Shops-Stores/Meal Preparation

Dinner Dispatch

## Retail-Shops-Stores/Organic

Campbell's Nutrition West

## Retail-Shops-Stores/Outdoor Equipment

AE Outdoor Power

## Retail-Shops-Stores/Photo Equipment

Christian Photo

## Retail-Shops-Stores/Shoes

Fitness Sports - Clive

## Retail-Shops-Stores/Shopping Centers

Merle Hay Mall

## Retail-Shops-Stores/Sporting Goods

Fitness Sports - Johnston

## Retail-Shops-Stores/Toys

Bricks & Minifigs

## Retail-Shops-Stores/Window Treatments

Des Moines Blinds and Shutters

## Retail-Shops-Stores/Windows & Doors

Renewal by Andersen

## Security-Safety/Personal Protection Equipment

JLM Shooters Supply

## Security-Safety/Systems

A Tech Inc. / Easy Living Store  
Electronic Engineering  
Per Mar Security Services  
Strauss Security Solutions

## Seniors/Real Estate

Deerfield Retirement Community - Immanuel  
Illahee Hills  
The Arbordale  
Walnut Ridge Senior Community

## Seniors/Services

Cornerstone Caregiving  
Immanuel Pathways - PACE

## Signage

Image360  
Iowa Sign Company  
Signarama Urbandale  
Signarama-Ankeny / YESCO Sign & Lighting Service

## Small Business Assistance

Elevate by Principal  
Innovation Refunds  
Myriad Advisor Solutions  
SBDC - Mid Iowa Small Business Development Center

## Storage/Warehouses

Life Storage Urbandale

## Transportation/Public

Des Moines Area Regional Transit Authority (DART)

## Transportation/Services

Royal Rides LLC  
WorldWide Logistics

## Travel/Agencies

ADELMAN DISCOVERIES  
JLW Travel Group  
Mosaic Shores Travel Co., LLC

## Trucking/Motor Freight

Express Logistics Inc.

## Utilities/Utility Companies

MidAmerican Energy Company

## Utilities/Water

Urbandale Water Utility

## Wellness/Fitness

Anytime Fitness  
Crunch Fitness Fitness Ventures LLC  
Farrell's eXtreme Bodyshaping - Urbandale  
Farrell's eXtreme Bodyshaping - Waukee  
GYMGUYZ Des Moines  
Planet Fitness Urbandale  
Premier Personal Training  
Pride Fitness DSM  
Tactical Fitness LLC  
The Shed  
Walnut Creek YMCA  
Westside Strength & Conditioning

## Wellness/Life Coach

Beth Montpas Life Coach  
Firefly Wellness  
Flourishing Roots Wellness LLC

## Wellness/Nutrition-Foods-Vitamins

Your CBD Store

## Wellness/Therapeutic Massage

Abundant Health Massage & Bodywork  
Active Edge Massage & Wellness  
Agape Wellness Center  
Personal Best Massage  
Serenity Massage  
Tranquil Touch

## Wellness/Weight Loss

Optimal Health & Wellbeing



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\*Sales ranking based on car and truck sales report of the Kansas City Region of Ford Motor Company and Lincoln Motor Company for 2023



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