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# SEEN IN ADEL

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**CHOW FEATURES BLUE KINDNESS AND POLICE CHIEF:** The Adel Partners Chamber of Commerce Chamber Happenings, Opportunities & Wisdom (CHOW) event was held Feb. 15 at the Adel Public Library with speakers Adel Police Chief Wade Book (left) and Dennis Leininger, founder of Blue Kindness. ■

## ADEL WEATHER FORECAST

**FRIDAY HIGH 50 | LOW 22**

Rather cloudy; breezy in the p.m.



**SATURDAY HIGH 54 | LOW 34**

Mild with plenty of sun



**SUNDAY HIGH 62 | LOW 38**

Mostly sunny and mild



**MONDAY HIGH 67 | LOW 43**

Times of clouds and sun; windy



**TUESDAY HIGH 63 | LOW 18**

Breezy; times of clouds and sun



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FROM THE PUBLISHER

# THE PINK PANTHER 5-IN-1 SPY KIT

Admittedly, I don't do much grocery shopping. I will stop by a store and pick up the basics from time to time, but buying food is not on my top-100 list. It wasn't always that way, though. When it came time to buy breakfast cereal, this kid was leading his mom to the supermarket.

Lucky Charms. Frosted Flakes. Fruity Pebbles. I never met a breakfast cereal I didn't like — other than Shredded Wheat. That was awful. But, for the other cereals, what was not to like? Oats, corn, corn starch, corn syrup, dextrose and lots and lots of sugar. Well, of course, there were also ingredients like trisodium phosphate, red 40, yellow 5 and blue 1, but I was a fan mostly because of the sugar.

There was one other attraction, though, and, if I am being honest, it was often the determining factor on which box of cereal I would pick out. It was, of course, the cereal box prizes. Self-adhering tattoos, iron-on patches and stickers of any sort were popular items, but a few others stood out in my childhood years.

Anyone remember Sugar Bear Bike Reflectors that were inside packages of Post Super Sugar Crisp?

They were two-sided reflectors in the shape of the Sugar Bear gripping the spokes of my bike. Seemingly, every kid in my neighborhood had these.

How about the Cinnamon Crunch Mini-Binoculars? Cinnamon Crunch was a spin-off cereal of Cap'n Crunch. My teeth hurt just thinking about it, but the mini-binoculars were cool. They didn't magnify much, but they were fun — for a day or two.

The Honey-Comb Around-A-Corner Viewers were quite clever. These handy toys would allow users to spy around the corner. They were small, plastic periscopes that came in orange, blue or yellow. Spy toys were all the rage in 1973, and these made us kids feel like James Bond.

The Alpha-Bits Terrariums were a hit for little ones with green thumbs, and they actually worked. Depending on the terrarium that was inside your box, you could grow sweet basil, fine curled cress or violet queen alyssum. I didn't have any idea what those things were then, and I still don't, but



I did enjoy watching them grow.

My all-time favorite, though, was the Pink Panther 5-In-1 Spy Kit. The Post Pink Panther Flakes cereal didn't last long, and I don't even remember what it tasted like, but I sure liked the toy, which had a secret signal whistle, a secret magnifying glass, a secret telescope, a secret message slot and a secret shirt pocket orientation to show if you were on a secret assignment — all in the shape of the always cool Pink Panther.

You could dig in past your elbow in a box of Cocoa Puffs today, and you would be hard-pressed to find toys. Some say they were choking hazards. Others say kids today are more interested in electronics than cheap toys. I say they don't know what they are missing. Speaking of missing, which of your favorite cereal box prizes did I leave out? Send me a note and let me know.

Have a great week, and thanks for reading. ■



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## ADEL PUBLIC LIBRARY EVENTS

303 S 10th St, Adel • 515-993-3512 • [adelpl.org](http://adelpl.org)

We are accepting donations for our garage sale until April 8. We will accept donations of antiques, CDs, décor, DVDs, holiday decorations, homeware, kitchenware, puzzles and games, toys and vinyl records. For more information about donating, you can reach us at 515-993-3512.

### STORYTIMES AND WINTER PLAYTIME

Storytimes and Winter Playtime are great opportunities to get out of the house with your little ones in the winter.

- **Move & Groove Storytime (0-5 years old)** – Every Tuesday in February at 10 a.m.
- **My First Storytime (0-36 months)** – Every Wednesday in February at 9:30 a.m.
- **Preschool Storytime (3-6 years old)** – Every Thursday in February at 10 a.m.
- **Preschool Heart Explorers** – Feb. 22 at 10 a.m.

### AFTER SCHOOL PROGRAMS

Bored after school? Not anymore. Check out all of the awesome programs we have coming up.

- **\*Library D&D (grades 7-12)** – Feb. 23, 2-4 p.m.

### ADULT PROGRAMS

Did you know that we have programs for adults too? We have book clubs, Iowa History programs, exercise groups and more.

- **Exercise Group** – Monday through Thursday at 9 a.m.
- **\*Yoga at the Library** – Every Wednesday in February at 5:45 p.m.
- **Evening Book Club** – Feb. 29 at 6 p.m.

\*Programs with an asterisk require registration. You can easily register at [adelpl.org](http://adelpl.org). ■

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# CHOW FEATURES BLUE KINDNESS AND POLICE CHIEF

The Adel Partners Chamber of Commerce Chamber Happenings, Opportunities & Wisdom (CHOW) event was held Feb. 15 at the Adel Public Library with speakers Dennis Leininger with Blue Kindness and Adel Police Chief Wade Book.



Kevin Howe and Juliana Cullen



Sara Heeley and Jamie Loggins-Evans



Tallie Kerr and Jodi Kuhse



Audi Sorber, Tim Gootee and Bob Grove



Nathan Clark and Courtney Puls



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## HELP VETERANS AT THE DES MOINES VA HOSPITAL

Federal funds may not be used to purchase personal items for veterans at VA Hospitals. Like many other American Legion Auxiliaries, Adel ALA Unit 464 steps forward to collect clothing and other items needed by vets in the Des Moines VA Hospital or in its domicile. Currently, the following are being requested: men's sweatpants/athletic pants (size S-XXL), men's sweatshirts (size S-XXXL), men's coats (size-XXL), men's underwear (size S-L), great condition large print used books, individually wrapped snacks, and decaf ground coffee.

Donations are welcomed to be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■

## BIRDS OF DALLAS COUNTY

The public is invited to Adel First Christian Church on March 8 for a presentation by Dallas County DNR Naturalist Mike Havlik on Birds of Dallas County. A light meal will be served at 5:30 p.m. or come for the 6 p.m. presentation. With spring approaching, we are all looking forward to more time outdoors, and this will be a great introduction to local wildlife. The church is located at the corner of Highway 169 and Rapids Street. People of all ages are welcome. ■

## HUMANS AND HONEYBEES

The public is invited to Adel First Christian Church for a presentation by the Central Iowa Beekeepers Association titled "Humans and Honeybees" on Wednesday, Feb. 28. A light meal will be served at 5:30 p.m., and, at 6 p.m., learn about honey, honeybees and the importance of these pollinators to all of us. The church is located at the corner of Highway 169 and Rapids Street. You'll leave with a better understanding of how people and bees can help each other. ■

## EVENTS AT THE BRENTON ARBORETUM

The Brenton Arboretum, 25141 260th St., Dallas Center, will be holding a variety of events. For more information or to register, visit [www.TheBrentonArboretum.org/events](http://www.TheBrentonArboretum.org/events).

- Wednesdays, March 6, 13, 20, 27, 10-11 a.m., Nature's Healing.
- March 7 and 21 and April 4 and 18, Nature Club, varying times. Register by age group.
- April 21, noon to 3 p.m., Earth Day Celebrations; 1-3 p.m., Exploratory Beekeeping.
- April 27, 7 a.m., Birds & Bagels. ■

## FAITH'S FLOCK PRESCHOOL RUMMAGE AND BAKE SALE

Faith's Flock Preschool's annual Rummage and Bake Sale will be March 16, 8 a.m. to noon, at Faith Lutheran Church and Preschool. Donations of kids' items will be accepted on March 14 and 15 from 3-6 p.m. at the fellowship/gym entrance. Email Kylee at [preschool@faithadel.com](mailto:preschool@faithadel.com) with any questions. ■

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## EVENTS IN THE AREA

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MUSIC MAN  
JR.**

**'THE MUSIC MAN JR.'**

Through March 3, Fridays 7 p.m., Saturdays and Sundays at 2 p.m.

CAP Theatre, 201 First Ave. S., Altoona

The next MainStage performance by Class Act Productions is "The Music Man JR." Performances at CAP are live theatre for families of all ages, with familiar stories condensed into 90-minute performances that appeal to audiences with shorter attention spans. Tickets are \$10 for students, \$16 for adults and \$13 for seniors. Visit [www.captheatre.org](http://www.captheatre.org) for more information.

"The Music Man JR." follows fast-talking traveling salesman Harold Hill as he cons the people of River City, Iowa, into buying instruments and uniforms for a boys band that he vows to organize. His plans to skip town with the cash are foiled when he falls for Marian, the librarian, who transforms him into a respectable citizen by curtain's fall.

**CITYVIEW CHOCOLATE WALK**

Friday, Feb. 23, 5-9 p.m.

West Glen Town Center, 5465 Mills Civic Parkway,  
West Des Moines

Like chocolate? Like chocolate drinks? Then you'll love this event. For a ticket price of \$25 (\$35 at the door), attendees will receive 10 drink tickets that can be redeemed for sample cocktails at participating venues. Attendees will also be provided tickets for chocolate dessert samples at participating retail stores. A shuttle bus from Majestic Limousine will be providing transportation to each location, although most are only a short walk away. For a link to purchase tickets, visit <https://chocolatewalk.dmcityview.com>.

**ELKS PANCAKE BREAKFAST BUFFET, BAKE SALE AND THE EASTER BUNNY**

Sunday, March 10, 8 a.m. to noon

West Des Moines Elks Lodge, 2060 N.W. 94th St.,  
Clive

The Easter Bunny will be at the Elks breakfast to greet the children and have treats to share. The breakfast buffet includes: biscuits and gravy, french toast, scrambled eggs, bacon, sausage patties, cheesy potatoes, and all you can eat pancakes (including blueberry and chocolate chip pancakes), orange juice, milk, and coffee. Enjoy a bloody mary or mimosa for \$3.50. Cost is \$10 for adults and \$5 for children 10 and younger. Proceeds support our Hoop Shoot Program, other youth activities and veteran support activities.

**THE BUSINESS EXPO**

Tuesday, March 26, 4:30-6:30 p.m.

Meadows Gymnasium, 2555 W. First St., Grimes

The public is invited to the 14th year of the Business Expo. Check out some local businesses and what they have to offer. Look for plenty of free goodies from Grimes Chamber member businesses, face painter, and a balloon artist. Free admission and kids are welcome.

**JUDY NIEMACK JAZZ CONCERT**

Sunday, March 17, 2 p.m.

Caspe Terrace, 33158 Ute Ave., Waukee

Jazz critic Dan Morgenstern said it best — "If you want to know what real jazz singing can be (but rarely is), listen to Judy Niemack." Niemack has perfected her beautiful voice, fearless improvisational skills, impressive musicianship and exceptional versatility for more than 40 years and on many critically-acclaimed recordings. She also enjoys a worldwide reputation as a jazz vocal teacher and author of several "must-have" vocal jazz improvisation books. Niemack will be accompanied by pianist John DiMartino, who appeared at Caspe Terrace several years ago with vocalist Jay Clayton. For more information and tickets, visit <https://jazzatcaspe.weebly.com/tickets.html> ■

## RECIPE

# COMFORT CLASSICS WITH AN AUTHENTIC MEXICAN TWIST

*(Family Features)* Soup is a wintertime staple thanks to its simplicity, and you can put a delicious spin on your next winter warmup with Mexican-inspired ingredients. Giving soup night a twist starts with Cacique Foods, one of the country's top authentic Mexican food brands, that invites friends and family to share real moments while savoring authentic flavors.

This Smoky Chorizo and Chicken Pozole relies on the bold, hearty, spicy taste of Cacique's Pork Chorizo combined with handcrafted Homestyle Salsa. Queso Fresco's crumbly, creamy texture and milky, fresh flavor adds the perfect finishing touch, making this soup a perfect way to warm up weeknights with just the right amount of heat. ■

## SMOKY CHORIZO AND CHICKEN POZOLE

**Prep time: 5 minutes**

**Cook time: 30 minutes**

**Servings: 6-8**

- 2 tablespoons olive oil
- 1 large white or yellow onion, finely chopped
- 1 teaspoon kosher salt, plus additional, to taste (optional)
- 1 package (9 ounces) Cacique Pork Chorizo
- 2 teaspoons smoked paprika
- 1 teaspoon dried Mexican oregano
- 1 container (16 ounces) Cacique Medium Homestyle Salsa
- 1 quart chicken stock
- 2 pounds boneless, skinless chicken thighs or breasts, trimmed of excess fat and diced
- 1 can (25 ounces) white hominy, drained and rinsed
- 1 lime, cut into wedges
- 3/4 cup crumbled Cacique Ranchero Queso Fresco
- 1/2 cup chopped cilantro

### Directions:

In large, heavy pot over medium heat, heat oil. Reserve 1/4 cup onion for garnish; add remaining onion to pot and season with salt. Saute until translucent, about 5 minutes.



Increase heat to medium-high; add pork chorizo and break it apart with spoon. Cook chorizo undisturbed until deeply browned and cooked through, 3-5 minutes. Add smoked paprika and oregano; cook 30 seconds, or until fragrant.

Pour in salsa and scrape up browned bits from bottom of pan. Bring to simmer 1-2 minutes, allowing it to thicken slightly then add stock and bring to simmer.

Stir in diced chicken and hominy. Decrease heat to medium and cook 8-10 minutes until chicken is cooked through. Taste and season with more salt, if necessary. Remove from heat.

Serve bowls of pozole with reserved onion, lime wedges, crumbled queso fresco and chopped cilantro.



# LEGISLATIVE UPDATE

A legislative update will be held Saturday, Feb. 24, at 10 a.m. at the Adel Public Library Community Room, 303 S. 10th St., Adel. Sen. Sarah Trone Garriott and Rep. David Young will be present. ■

# THIRD MONDAY BINGO

Enjoy Bingo on Monday, March 18, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

# WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

# RED & BLACK BASH FUNDRAISER

The ADM Alumni Association presents the fifth annual Red & Black Bash Fundraiser Saturday, Feb. 24, at Country Lane Lodge, 29300 Prospect Circle, Adel. Doors open at 6 p.m. Raffle prizes, silent auction, DJ, food and drink are featured. All ADM supporters are welcome. Tickets are \$20 in advance and \$25 at the door. ■

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