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RESIDENTS' CHOICE CERTIFICATES WERE PRESENTED TO THE
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Makayla Putz, The Morning Grind Coffee



Jeff Whipple and Cory Johnson, Adel Fareway



Trevor Jayne, Adel Public Library



Jim Book, Alley Auto Sales



Dr. Kelly Sedars, Adel Family Dentistry

ADEL WEATHER FORECAST

FRIDAY HIGH 48 | LOW 26

Mild with clouds and sun

**SATURDAY HIGH 42 | LOW 26**

Mostly sunny and cooler

**SUNDAY HIGH 41 | LOW 26**

Sun and some clouds

**MONDAY HIGH 47 | LOW 26**

Partly sunny; windy

**TUESDAY HIGH 43 | LOW 27**

Clouds early, then sun



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FROM THE PUBLISHER

JUST VISITING

People don't talk anymore. Have you heard that? It's often true, at least compared to what some of us are used to. The difference seems to be mostly generational. If an older person has something to say, look for it to be face to face. If a younger person does, expect a text message. A middle-aged person? Flip a coin, as you could get either one — or both.

When my father was alive, he would enjoy what he called "visiting." On Sundays after church, we would walk down to the neighbors, and they would have coffee and talk. Nothing too serious. No politics or religion or gossip. Just visiting.

If a pancake breakfast was being held in town, we were there. Not so much for the food, but for the visiting.

On Sunday afternoons, we would go see his brothers or his sister or their family members, usually unannounced. Or we would stop by to see some longtime family friends. More visiting.

As a young boy, I didn't especially enjoy those times, unless the folks we were visiting had kids my age. But

I learned to respect these instances because they were important to Dad, and I could see that this "visiting" made everyone smile.

Dad was a small business owner, and his customers would sometimes invite him to their homes for supper. They were kind enough to invite me, too. Dad would eat most anything and was appreciative. I was like most kids and didn't have much interest in a wide range of foods. One night when Dad told me oyster stew was to be served, he could see my apprehension. "Just be respectful and try it and tell them it was good," he told me on the drive there. "And I will get you something to eat later." I did the best I could, but I likely wasn't very convincing.

Dad's visiting led to lots of friendships — and lots of invitations to weddings and graduations and the like. He had a strong opinion that, if someone thought enough of him to invite him, then he should attend. And



he did. Funerals, too. I often tagged along with him, and I learned a great deal from him in doing so. He wasn't a man who delivered great speeches or wrote inspiring words. He did something much more important; he showed up. Visiting.

Sometime through the years, we lost the art of this. Now we "visit" by posting photos on social media or sending text messages from our phones. Most of us would agree it certainly isn't the same. A younger generation doesn't have anything to compare it to, though. Digital communication is all they know. One has to wonder if this will come full circle, or if face-to-face communication will continue to diminish. It's a great discussion that seems to be worth a visit.

Have a great week, and thanks for reading. ■



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ADEL
Living Weekly

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IPPA HONORS PORK PRODUCERS

Iowa's Master Pork Producers for 2023 were announced at the Iowa Pork Congress banquet in Des Moines. A Master Pork Producer award denotes an individual's or family's excellence in pork production, as measured by pork production statistics, dedication to We Care® principles, and contributions to their community.

"Being recognized as a Master Pork Producer or receiving another Master Pork Award is a crowning achievement for anyone involved in Iowa's pork industry," said IPPA Producer Outreach Director Cory Van Gilst. "Formally recognizing the best our industry can offer is a rich tradition that has lasted over 80 years."

The 2023 Honorary Master Pork Producers include Ernie Barnes of Adel, who received the Master Seedstock Producer Award, which is handled by the Iowa Purebred Swine Council. Barnes has enjoyed a lengthy career working for pork associations, including the National Swine Registration, the National Pork Producers Council and National Pork Board. He retired from the Pork Board in 2023 but continues to serve as the Iowa State Fair's Swine Barn superintendent. See a video honoring Barnes at <https://www.youtube.com/watch?v=qNReuhYfnJ4>. ■

ADM SPORTS SCHEDULE

Friday, Feb. 9

- 4:30 p.m. **Basketball:** Girls JV vs. Carroll
- 4:30 p.m. **Basketball:** Boys JV vs. Carroll
- 5:45 p.m. **Basketball:** Boys Freshman vs. Carroll
- 6 p.m. **Basketball:** Girls Varsity vs. Carroll
- 7:30 p.m. **Basketball:** Boys Varsity vs. Carroll

Saturday, Feb. 10

- 10 a.m. **Wrestling:** Varsity Districts @ Norwalk

Tuesday, Feb. 13

- 4:30 p.m. **Basketball:** Boys Freshman vs. Norwalk
- 6 p.m. **Basketball:** Boys JV vs. Norwalk
- 7:15 p.m. **Basketball:** Boys Varsity vs. Norwalk



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SOUP SUPPER AND BAKE SALE

A freewill offering soup supper is being held Feb. 10, 4-6 p.m., at Peace Lutheran Church, 34128 L Ave., Adel, located just north of the KOA Campground on P58. Baked goods will be available for sale. ■

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FUNERAL NOTICES

Funeral notices can be emailed to tammy@iowalivingmagazines.com

WILLIAM 'BILL' DAVID WRIGHT

William "Bill" David Wright, 88, died at home. He was born on Aug. 11, 1935, in Des Moines and grew up in Adel where his dad was a dentist for more than 50 years. Bill helped start what is now SonRise Baptist Church in Adel, which started in his parents' home. He attended Iowa State University, graduated from Coyne Electrical School (Chicago), and attended Moody Bible Institute (Chicago). He married Joan Orr May 29, 1959.

He worked for Rockwell Collins and Iowa Power and Light before starting his own business, Wright Appliance Service. In 2017, Bill and Joan moved to Des Moines. He enjoyed spending time with his grandchildren and great-grandchildren, working on his inventions, and sharing Jesus with others until his death.

Bill is survived by Joan, his wife of almost 65 years; his children, James (Debbie) Wright, John (Donna) Wright and Jane (Kevin) Subra; 21 grandchildren, Ethan, Kathryn, David, Shari, Benjamin, Dawn, Esther, Hannah, Nathan, Deborah, Elisabeth, Carissa, Susanna, Joshua, Stephen, Abigail, Mary, Makari, Daniel, Joseph and Samuel; 33 great-grandchildren; brother, Tom (Susan) Wright; and nieces and nephews. Bill was preceded in death by his parents, his older brother, Jon, and Jon's wife, Barbara.

Funeral service will be held at 11 a.m., Saturday, Feb. 10, at Maranatha Baptist Church in Grimes with family greeting friends one hour prior beginning at 10 a.m. Burial will take place in the Oakdale Cemetery in Adel. Online condolences may be expressed to the family at www.caldwellparrish.com. Memorials may be given to SonRise Baptist Church, Adel, or Maranatha Baptist Church, Grimes. ■



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WILLIAM FRED BALDON

William Fred Baldon, 91, of Adel, died Sunday, Feb. 4, 2024, at Methodist Medical Center in Des Moines. Fred was born on Jan. 4, 1933, in Adel, to William “Dutch” and Helen (Morey) Baldon. Fred graduated from Adel High School in 1951 and was the class president. After high school, he proudly served in the Coast Guard from 1951 to 1955. At the time he held the record for the most parachute jumps in one day.

On Dec. 14, 1954, he married Josephine Byrnes. In 1959, Fred graduated from Drake University with a degree in education. He owned and operated Baldon & Son Plumbing and Heating. In 1980, Fred and Jo bought the hardware store in Adel, Baldon Hardware.

Fred and Jo enjoyed traveling, especially to Yellowstone National Park and Nashville, Tennessee, to the Grand Ole Opry, as well as camping in Roaring River State Park at the Ozarks in Missouri. They enjoyed many years wintering in Mission, Texas, and going to Drake basketball games.

Fred was preceded in death by his parents; his grandson, Chris Baldon; and daughter-in-law, Julie Baldon. Also preceding him in death were his sisters, Anna Walker, Creta Ward, Barbara Widmer Nuzum, Betty Winget Lallinger, Dorothy York and JoAnn Brooker.

He is survived by his wife of 69 years, Josephine Baldon; his sons, Bill (Cindy) and Tim (Karen) Baldon; granddaughters, Katie (Matt) Bootier and Jenny (Rick) Baldon; six great-grandchildren, Connor Baldon, Will and Evelyn Bootier, Westen, Sawyer and Charlotte Baldon; as well as numerous nieces and nephews.

A graveside service for Fred will be at 1:30 p.m. on Friday, Feb. 9, at Oakdale Cemetery in Adel with full military honors. Memorial contributions are encouraged to First Christian Church in Adel or the American Legion Pennoach Post No. 464. Online condolences can be made to the family at caldwellparrish.com. ■



KURT DAVID KARNSTEDT

Kurt David Karnstedt, 58, of Adel, passed away at his home on Wednesday, Jan. 31, 2024. He was born in Elmhurst, Illinois, on March 18, 1965. He spent his childhood in Illinois until he attended the University of Iowa. He married Kim Roberts on May 21, 1988.

After college, Kurt served in the Army from 1988 to 1993. Upon his return from combat, Kurt worked as a mechanical engineer and spent almost 22 years at Shive-Hattery. When he wasn't at work, Kurt always made physical fitness a priority. He was a talented gymnast during his time at Iowa, and he continued to remain active throughout his life. Kurt and Kim were active members of the American Legion, he was a coach for his son, Kevin's, Little League team and leader for his Boy Scout troop, and, in Davenport, was a member of Coram Deo Church.

Kurt was preceded in death by his mother, Barbara; his grandfather, “Pops” Bertotti; his brother-in-law, Brendan Luby; his sister-in-law, Peg Petersen; and his beloved dog, Lilly.

He is survived by his wife, Kim; his son, Kevin (Sophie) Karnstedt; his father, Keith; his sisters, Kay Dorjath and Kelley (Howie) Schwartz; and his grandson, Gus Karnstedt.

Kurt's celebration of life will be held on Saturday, March 9, at the American Legion in Walcott at 1 p.m. Memorials are suggested to K9's for Warriors or Wounded Warriors Project. Online condolences can be made to the family at www.caldwellparrish.com. ■



EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM

The Peking Acrobats

DES MOINES PERFORMING ARTS PRODUCTIONS

Des Moines Civic Center, Cowles Commons, Stoner Theater, Temple Theatre, 221 Walnut St., Des Moines
dmpa.org

Feb. 15: Capital City Pride Presents: Brea Baker

Feb. 17: The Peking Acrobats

Feb. 20: Les Ballets Trockadero de Monte Carlo

Feb. 27 through March 3: “Les Misérables”

Feb. 27 through March 17: “Dixie’s Never Wear a Tube Top While Riding a Mechanical Bull”

IOWA WILD HOME GAMES

Wells Fargo Arena, 233 Center St., Des Moines
iowawild.com

Feb. 10 at 6 p.m. vs. Tucson

Feb. 19 at 5 p.m. vs. Rockford

Feb. 21 at 7 p.m. vs. Rockford

IOWA BEEF EXPO

Feb. 10-18

3000 E. Grand Ave., Des Moines

iowastatefairgrounds.org

An entire week of beef packed into the Iowa State Fairgrounds. Parades, shows, sales and banquets, all in the name of Iowa beef.

CHINESE NEW YEAR

Feb. 11

Jester Park Nature Center, 12130 N.W. 128th St., Granger

jesterparknaturecenter.com

Celebrate Chinese New Year at Jester Park Nature Center. Registration is required. Those who attend will learn about the history of the Chinese New Year and similarities between Chinese zodiac and western astrology. Shadow Fist Kung Fu will perform a live lion dance and kung fu demonstration.

WINTER BLUES FEST

Feb. 9-10

Downtown Des Moines Marriott, 700 Grand Ave., Des Moines

Cibs.org

Get out of the cold and into the rhythm of the 2024 Winter Blues Fest. Between the two nights of blues music, there will be 20 acts for your listening pleasure.

YMCA RED FLANNEL RUN

Feb. 17

501 Grand Ave., Des Moines

Dmymca.org

The Red Flannel Run is great for a fun freezing run. After starting 35 years ago when two single guys didn’t have Valentine’s Day dates, it is credited with being the longest consecutively produced race in the Des Moines area.

CITYVIEW CHOCOLATE WALK

Friday, Feb. 23, 5-9 p.m.

West Glen Town Center, 5465 Mills Civic Parkway, West Des Moines

Like chocolate? Like chocolate drinks? Then you’ll love this event. For a ticket price of \$25 (\$35 at the door), attendees will receive 10 drink tickets that can be redeemed for sample cocktails at participating venues. Attendees will also be provided tickets for chocolate dessert samples at participating retail stores. A shuttle bus from Majestic Limousine will be providing transportation to each location, although most are only a short walk away. For a link to purchase tickets, visit <https://chocolatewalk.dmcityview.com>. ■

RECIPE

A VALENTINE'S RECIPE YOU'LL LOVE TO SHARE

(Family Features) If the way to your loved one's heart is through the stomach, there's no better way to start off this Valentine's Day than with a homemade breakfast prepared with love.

Show your affection with a plate of these colorful Cocoa-Kissed Red Velvet Pancakes featuring rich 100 percent cocoa, buttermilk and fresh berries. Heart-shaped cookie cutters lend a special touch to these fluffy, flavorful pancakes. Add sweet garnishes like powdered sugar and berries for a sensational way to say, "I love you." ■

COCOA-KISSED RED VELVET PANCAKES

Recipe courtesy of Nestlé

Servings: 10 pancakes

- 1 cup all-purpose flour
- 1/4 cup granulated sugar
- 3 tablespoons Nestlé Toll House Baking Cocoa
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1 large egg
- 1 cup reduced-fat buttermilk or low-fat milk
- 2 tablespoons unsalted butter, melted
- 1 1/2 teaspoons vanilla extract
- 1 teaspoon red food coloring
- heart-shaped pancake cutters or cookie cutters (optional)
- butter, for garnish (optional)

- powdered sugar, for garnish (optional)
- maple syrup, for garnish (optional)
- fresh berries, for garnish (optional)

Directions:

In large bowl, combine flour, sugar, baking cocoa, baking powder, baking soda and salt; stir well.

In separate large bowl, whisk together egg, buttermilk, unsalted butter, vanilla extract and food coloring. Add to flour mixture; stir to combine. Allow mixture to sit 5 minutes.

Heat nonstick skillet or griddle over medium heat. Brush with oil or butter. Add about 1/4 cup batter to skillet. Cook about 2 minutes, or until bubbles start to form on top. Flip and cook 1-2 minutes, or until



bottom is lightly browned. Serve immediately with butter, powdered sugar, syrup and berries, if desired.

Tip: If using pancake or cookie cutters, be sure to coat with oil so pancakes don't stick. Place cutters in skillet and pour batter into cutters. Remove cutters before flipping.

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LEGISLATIVE UPDATE

A legislative update will be held Saturday, Feb. 24, at 10 a.m. at the Adel Public Library Community Room, 303 S. 10th St., Adel. Sen. Sarah Trone Garriott and Rep. David Young will be present. ■

THIRD MONDAY BINGO

Enjoy Bingo on Monday, Feb. 19, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

HELP VETERANS AT THE DES MOINES VA HOSPITAL

Federal funds may not be used to purchase personal items for veterans at VA Hospitals. Like many other American Legion Auxiliaries, Adel ALA Unit 464 steps forward to collect clothing and other items needed by vets in the Des Moines VA Hospital or in its domicile. Currently, the following are being requested: men's sweatpants/athletic pants (size S-XXL), men's sweatshirts (size S-XXXL), men's coats (size-XXL), men's underwear (size S-L), great condition large print used books, individually wrapped snacks, and decaf ground coffee.

Donations are welcomed to be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up. ■

WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

CLASSIFIED ADS

WANTED: Stereo & electronic radio stuff receivers speakers guitar amp etc. Any age or condition is OK. Call 515-238-3343.

HELP WANTED: Oil Change Technician. M-F, 8-4. Experience preferred but willing to train. Competitive wages. Alley Auto in Adel. Call Jim at 515.490.5403.

FOR SALE: 2014 Toyota Corolla. This car is great on gas mileage and it's great for a school car for a teenager or anyone who wants good gas mileage. Color-silver with Black interior. All new tires and a new radiator. Must see. Call me if you have any questions or want to see it. Call 515-490-6921. Ask for Janet.

FOR SALE: Vertical cloth blind. 40" x 36". It is a very light gray color. \$75. Text or phone 515-321-0301.

LOOKING TO BUY VINYL RECORDS: Paying cash for 60's-90's rock, blues, country and jazz. Call Brian at 515-326-5033.

BICYCLES WANTED: Any condition is ok. For parts or repair. Will pick them up. Phone 515-238-3343.

WANTED: Electronics, stereo receivers, guitar or amps, speakers, radios, etc. Any age or condition for parts or repair. Call 515-445-6023.

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