

WINTERSET

JANUARY 2024

# Living

MAGAZINE

## Class ACT

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why they continue  
to expand their  
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learning**

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# WELCOME

## WE NEVER stop learning

My father was one of the smartest people I have ever known. He seemed to know a little bit about everything, and if he didn't know about it, he wanted to learn. All of this came from a man who only had a formal education through eighth grade.

As a teenager, Dad started working full time to help care for his family, and then he was off to serve his country in Korea. When out of the military, he married and started his own family. Life moved along quickly, but he never stopped learning.

Meanwhile, Dad continually encouraged me to focus on my education. He supported me to go to college, and he inspired me to continue to learn throughout my life. "Once you have an education," he told me, "nobody can take that away from you." How true.

Most all of us recognize that life's lessons are taught both inside and outside of classrooms, but there is something satisfying about taking a formal class, earning a certificate or completing a degree. It's about having an end goal, finishing something you started, accomplishing a dream. And it doesn't always have to be about getting some initials behind your name.

Mary wanted to learn how to play the guitar, so she signed up for classes at the local community college.

Bob sold his newspaper while in his 50s and decided to go to law school. He continues to be a practicing attorney today.

Lyle retired as the president of a successful company and signed up for culinary classes.

Denny decided to pursue his dream of teaching and took night classes to earn his education degree while continuing in his current job.

And Gladys, well into her retirement years, continued to attend industry conferences and earned her formal sales training certification.

All of these friends of mine saw the value in continuing their education. In this month's cover story, you will discover how others have sought to continue their learning opportunities. I hope their stories will inspire you to expand your knowledge as well.

Have a great month, and thanks for reading. ■

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# Class ACT

**Residents share  
why they continue  
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learning**

**By Chantel Boyd**

You learn something new every day. Sometimes it's by accident, but sometimes it's intentional. Some continue their education out of necessity — to maintain a license, for example — while others enroll to further their career or launch a new one. Still others simply want to learn a new hobby or expand their horizons. Whatever the case, the thirst for knowledge knows no age limit or bounds. And plenty of opportunities — in person and online — are out there to quench it.

Carly Marie Parker, a nurse practitioner, has advanced her career over the years by furthering her education. She first earned her nursing degree.



## Advanced degrees and professionalism

Hollie Fairholm is working on earning her master's of education degree with a minor in early childhood online from Northwestern College in Orange City and plans to complete it in the next few months.

"I started back to graduate school when I needed continuing education credits for my teaching license," she says. "I decided, because I was that far in graduate school, I might as well finish it."

When Hollie does finish her college programming, she can continue to operate her in-home early learning and care program and could also lead the development of programs.

Hollie runs the Creative Play Space Early Learning Program in Winterset. She has already earned her bachelor's degree in early childhood education and uses that training to operate her center. She wanted to continue her education to pursue her dream of leading the development of in-home programming as well.

"The state of Iowa calls us child development homes. I want to be like the greats: Piaget, Vygotsky, Garner and Froyble — all great theorists in early childhood."

Hollie's goal is to help support other early childhood educators, even those who don't necessarily want to obtain a college degree.

"They can still be supported," she says. "If we support the people providing care to children, there will be better quality overall. That's just part of my dreams as an educator."

The state of Iowa requires Hollie and others to attend 16 hours per year of classes for their childcare registration.

The state of Iowa's training is for people employed by Childcare Resource and Referral and H.H.S. (U. S. Department of Health and Human Services). The classes at the Iowa A.E.Y.C. Conferences are taught by other professionals in the field, graduate students and college professors.

The state-level classes are attended by other childcare professionals, in-home and center-based. They include business management, early childhood mental health, financial management, positive behavior supports, family engagement, curriculum, health and safety, and playground safety.

"We are regulated by the state and are encouraged to participate in not only the state registration but the IQ4K quality rating," Hollie says.

The state registration and IQ4K ensure



Hollie Fairholm and Angela Mason at a continuing education program for in-home early learning and care providers.

that families are provided a quality program with persons who are up to date in background safety checks, CPR and first aid.

"We are required to have a mandatory reporter certificate, and we have people such as the childcare nurse consultant, state, and Child and Adult Food Program specialists come and regulate our environments."

Hollie says her graduate degree will further her as an early childhood professional.

"Early childhood is birth through age 8. As a business owner of an early childhood program, it is my job to be the master of my profession and understand how to educate and support children in their learning," she says. "I also feel like obtaining a graduate degree allows me to help support my peers."

There are now eight registered child development homes in Winterset, which, according to Hollie, is a low number compared to 15 years ago.

"That makes looking for a 'right fit' for your child and family very difficult. Though we have two centers, some families prefer the intimacy of a home-based program. Just because a person works from home does not mean they are any less qualified," she says.

## Becoming an EMT

Krystin Sadler took Emergency Medical Technician (EMT) classes at DMACC. The program required completing six credits.

"I had two instructors, Brad and Amanda. They both work in the EMS field, so they taught us all the basics of an EMT," says Krystin.

Students like Krystin in the program travel



Krystin Sadler, a mom of two, decided to take Emergency Medical Technician (EMT) classes at DMACC to open new career options.

from Ankeny, Ames, Des Moines and the surrounding area, But Krystin might have been the furthest away.

"I was the only one from here in Winterset," she says.

Krystin took the class because she has family members in the medical field.

"I love to help people, too," she says, adding she hopes to serve her local community as soon as she can take her exam and be certified.

Krystin says she has enjoyed the coursework, meeting new people, getting hands-on training in different scenarios, and doing "ride alongs" with her instructors.

Because of the "ride-along," Krystin says she learned practically instead of just reading about theories in a textbook.

"The course made me understand more about thinking on my feet and how not everyone who needs the E.M.S. will need the same things," she says.

Once Krystin saves the money, she will schedule the NREMT test. Until then, she is still attending college for an associate's degree in general studies. She says she is proud of herself for furthering her education for her children.

"I'm a mom of two kids, so I was around them all the time before college. I want to show them that, if you put your mind to something, you can do it," she says.

## Expanding expertise

Carly Marie Parker, a nurse practitioner, has continued to expand her knowledge of the medical field by taking additional courses.

"I have taken classes to further my



Isabel Pugh, dance instructor at Spotlight Dance Legacy, says adults can enjoy dance classes, too.

knowledge as a nurse practitioner. This year, I took functional medicine, men's testosterone, women's health and bioidentical hormone replacement and thyroid optimization," she says.

Carly has been a nurse practitioner for three years. She started her career after completing her family medicine degree as a family nurse practitioner. Then, she received her Obesity Medicine Certificate in 2021. She has since opened a wellness and weight loss clinic called Revival with Elisabeth Hensley, A.R.N.P.

"I have taken these classes to further my education and support patients and their wellness journey," says Carly.

She earned C.M.E. credits with the courses and says she will implement what she's learned in her practice.

Continuing her education in order to advance her career is nothing new to Carly, who started her medical career as a nurse.

"I started in the nursing home, then worked in surgery scrub, as a clinic nurse, did some medical surgical, then worked in the emergency room, and even did chemotherapy nursing. I wouldn't change those 10 years as a nurse for anything," she says.

Carly says you are never too far on your path to take a different route.

"You are never too old, too tired, too much of anything to not reach for the stars. All it takes is some hard work and determination to get there," she says.

## Professional development

Jessica Gibbons is an English educator at Winterset High School and an adjunct



Mandy Hiscocks Walters, left, teaches classes at The Kountry Farmhouse & Salvage This. At right, Jodi Mann, is the Salvage This part of the business.

English instructor at DMACC. Professional development is a part of every teacher's school year, and many also pursue additional education on their own.

The Iowa State Education Association (I.S.E.A.) Academy and partner organizations offer various professional development opportunities, from in-person and online classes to professional conferences and workshops, to help educators take charge of their professional lives at every stage of their educational careers.

"The courses the I.S.E.A. offers are great, affordable classes that are cheaper for members and satisfy teacher education requirements," Jessica says.

I.S.E.A. courses online cover topics as varied as workflow, ethics, creativity and innovation.

## Adults can be artistic

Those wanting an outlet for their creativity can find a variety of art classes from different sources. One of those is The Kountry Farmhouse & Salvage. Mandy Hiscocks Walters is a community art instructor there.

She has been teaching D.I.Y. classes since 2017.

"I teach anything and everything. If someone comes in with an idea for something they want to do, nine times out of 10, I can make a class out of it for them," she says.

Mandy teaches both public and private classes in large and small groups. She started the classes as a fundraiser for the Girl Scouts group of her friends in Adel. Now, she teaches for adults and children in Scouts and 4H.

"It's just grown from there," she says. "I still do them as fundraisers. It just will vary on what



Jessica Gibbons, pictured with Blair Ganem, is an educator, and, like many other teachers, furthers her education with additional courses.

## Winterset Art Center

224 S. John Wayne Drive  
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The Winterset Art Center is a non-profit facility offering a wide variety of arts programs for all ages and skill levels. Try your hand at ceramics, fiber arts, drawing, painting, creative writing, and more — all designed to be inclusive, accessible and fun.

### UPCOMING CLASSES

- **Dry Point Felt Animals**  
Tuesday, Jan. 9, 6:30 p.m.
- **Dry Point Felting Landscapes**  
Tuesday, Jan. 16, 6:30 p.m.
- **Wet Felting Bowls**  
Tuesday, Jan. 23, 6:30 p.m.

project is available for a fundraiser."

Mandy teaches the classes at her store and travels to people if they want to do a class.

"I regularly do them in northern Iowa and my hometown," she says.

When it comes to the arts, adults, too, can partake — even when it comes to dance.

Isabel Pugh, dance instructor at Spotlight Dance Legacy, will teach an adult barre class in January beginning on Jan. 8, Mondays at 8:15 p.m., for 30 minutes.

"This is for adults of all skill levels. It is great for exercise, flexibility, and movement, too." ■

# LET LITTLE become big in 2024

If you could change one thing about your life in 2024, what would it be? Maybe you want to lose weight, pay down debt, or watch less TV. Perhaps it's mending relationships or starting a new business.

Many times, we desire a "silver bullet" that will knock out our problems in life. We wish there would be one dramatic moment that changes everything. Sometimes God does that, but in my experience, most people don't have overnight change. For most people, change happens a little bit at a time. The real path to change most often means committing to seeking growth one day at a time.



me." Whatever it is that you want to be different in your life, begin by committing to laying down your baggage and seeking God, one day at a time. Commit to honor God and be faithful in how you live in that specific area, and the next day make that commitment again. One day can turn into a week, a week can turn into a month, and a month can turn into six months or a year. Committing for one day may seem like a little thing, but little things can become big.

## Find accountability

Research and experience tell us that we will let ourselves down repeatedly. While we may beat ourselves up, if no one else knows about our commitment, we have an "exit door." That same research tells us, when we are accountable to someone else, we aren't as likely to let them down. One of the best places to find accountability is in the church.

## Seek the Savior

Maybe you are discouraged by your lack of

change. Maybe you have seen your willpower run out too many times before. There is something greater than willpower, and that is Holy Spirit power. If you know Jesus as your Savior, you have the Holy Spirit's power to help you change. If you don't know Jesus as your Savior, then you can get Holy Spirit power if you will confess your sins and put your faith in Jesus to save you. Knowing Jesus would be the greatest change that could ever happen in your life.

In Matthew 6:34, Jesus says, "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble." Jesus gives you permission to focus on just today. This year commit to change, by the Holy Spirit's power, one day at a time. You will be surprised at how "little can become big" in 2024. ■

Ben is the executive director of The Refuge and serves on staff at Redeemer Church in Winterset. Ben is an ACBC-certified counselor and a commissioned addictions biblical counselor through The Addiction Connection.

## Experience true change in 2024

### Daily commitment

In Luke 9:23 Jesus (who is God) says, "If anyone would come after me, let him deny himself and take up his cross daily and follow

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## REAL ESTATE

By Jennifer Stover

### 2024 design trends

Happy New Year! At the beginning of every year, I discuss the new housing trends. While there is no need to redecorate every year, new trends can give you inspiration to spruce up your space.

- **Color:** The last few years, the trending colors were black and green. We will see a gradual replacement with burgundy and plum and French country blues. The deep tones of burgundy/plum make a space feel rich. Paired with gold accents, it will really elevate a room. The blues bring a soft and fresh environment.

- **Cabinetry:** Taupe and beige cabinet colors are trending for 2024. Opt for a shaker style door, with minimal and clean lines.

- **Flooring:** Opt for a mid-tone wood flooring. Avoid gray undertones, as well as orange or brassy tones. Oak and white-washed wood floors are going to be popular.

- **Tile:** Zellige tiles come in square and rectangle shapes. They are beige tiles with slight color variation. These tiles bring an organic element to a space because they are not perfectly machine cut. The edges are soft.

- **Recurring theme:** Natural materials have been trending for a while but will be very hot in 2024. Use light, raw looking wood. Also look for furniture featuring bamboo and rattan. ■

Information provided by Jennifer Stover, Madison County Realty, 65 W. Jefferson St., Winterset. Licensed in Iowa. 515-480-3389, [jenniferstover@madisoncountyrealty.com](mailto:jenniferstover@madisoncountyrealty.com).



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## AUTOMOTIVE

By Dawn Lauer

### GOOD car maintenance maximizes fuel economy

Poorly maintained vehicles are less efficient and use more fuel. With the price of most things rising, now is the time to be more mindful of ways to maximize your fuel economy. Here are some car care tips to help you get better fuel economy:

- Perform regular car maintenance at the intervals recommended by the vehicle manufacturer in the owner's manual or as indicated by the in-car maintenance reminder system.

- Check the tires for proper inflation at least once a month. Underinflated tires have increased rolling resistance that reduces fuel economy.

- Head to an auto repair shop for service as soon as possible if the "check engine" light comes on. This light indicates a fault that can decrease fuel economy.

- Try to avoid the use of rooftop luggage carriers. Items transported on top of the car significantly increase aerodynamic drag, which reduces fuel economy.

- Regularly track your car's fuel economy. A sudden drop in mileage may indicate a need for car service. ■

Information provided by Dawn Lauer, marketing specialist, Quality Car Care, 1012 N. 10th St., Winterset, 515-462-1035. Source: <https://www.aaa.com/autorepair/articles/how-to-maximize-fueleconomy>.





# NO RED TAPE, just helping those in need

Furniture ministry provides for needs.

Saint Paul Lutheran Church in Winterset has found a number of ways to help needy persons in the community, without requiring a lot of paperwork and red tape. One such way is the “furniture ministry.” Although this term may sound unfamiliar, it’s a simple concept. The definition of “ministry” is “the spiritual work or service of any Christian or group of Christians.” So, simply put, the furniture ministry at Saint Paul’s Lutheran is a group of Christians who are finding ways to provide furniture to those who need it.

Congregation member Jim Nelson explains that he and his late wife started the project on their own.

“We started back about 2013, buying things now and then and giving them away, and one thing led to another. There was definitely a need, and it got to the point we couldn’t handle it anymore, and that’s when the church took it over. It’s been great ever since.”

Nowadays, Lisa Vossekuil serves as the financial secretary for the church, and she heads up the Furniture Ministry, with help from Nelson and others in the congregation.

To qualify for help, an individual or family simply needs to be vetted through one of the charitable organizations in town, such as Matura, says Vossekuil. She noted that, in the third quarter of 2023, the ministry accepted furniture donations from around 14 families and gave furniture to a similar number of recipients. Vossekuil and Nelson pointed out that not all donations are accepted, since some items are quite worn out, and the ministry aims to be sure all items are safe and in good condition. Vossekuil said able-bodied volunteers are welcome to help pick up and/or deliver furniture items.

Vossekuil stressed that the church doesn’t judge anyone’s situation or need. The ministry is simply a way to help meet those needs. Besides furniture, the church also operates Pool of Siloam, a local benevolence program that provides monetary support for those in need of such things as gas money or car repair, rent or mortgage assistance, and help with utility bills. In partnership with local agencies (CRISP, Matura and Crisis Intervention), the Pool of Siloam annually serves more than 100 individuals, including children.

Vossekuil explains that the generosity of the community has been overwhelming.

“Since I took over, I made a flyer. And the flyer’s purpose was to put it in all of the churches, grocery stores, businesses... so that if people wanted to donate, they could call us. I think that was in 2018 or 2019, and I have never had to put those flyers up, because we have had so many families donating.”

She adds that the furniture ministry already uses some storage units for furniture and other household items that haven’t yet been given to a family. Sometimes, a needy family will be taken to the storage unit to browse around for what they need. Then, the requested items are promptly delivered by volunteers.

Over time, the ministry has expanded.



Jim Nelson and Lisa Vossekuil

“The Greater Des Moines Community Foundation was accepting applications for grants. The greatest need that we have for items that we don’t usually have is washers and dryers,” she says.

The ministry received a grant of \$1,830 for this purpose, and the church is still using those funds when such needs arise.

According to Vossekuil, it’s particularly heart-warming when the ministry can provide basic needs for a family that otherwise could not afford the missing items. She enjoys seeing the children’s faces light up when items are delivered.

“Yesterday, we donated four beds to a family that only had one bed, and there were four kids,” she said. ■

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# DO YOUR kids know the value of a silver spoon?

You taught them how to read and how to ride a bike, but have you taught your children how to manage money?

The average debt for student borrowers is \$40,499. And nearly 11% of new graduates will default within the first 12 months of repayment.<sup>1,2</sup>

For current college kids, it may be too late to avoid learning about debt the hard way. But, if you still have children at home, save them (and yourself) some heartache by teaching them the basics of smart money management.



**Have the conversation.** Many everyday transactions can lead to discussions about money. At the grocery store, talk with your kids about comparing prices and staying within a budget. At the bank, teach them that the automated teller machine doesn't just give you money for the asking. Show your kids a credit card statement to help them understand how "swiping the card" actually takes money out of your pocket.

**Let them live it.** An allowance program, where payments are tied to chores or household responsibilities, can help teach children the relationship between work and money. Your program might even include incentives or bonuses for exceptional work. Aside from allowances, you could create a budget for clothing or other items you provide. Let your kids decide how and when to spend the allotted money. This may help them learn to balance their wants and needs at a young age when the stakes are not too high.

**Teach kids about saving, investing, and even retirement planning.** To encourage teenagers to save, you might offer a match program, say 25 cents for every dollar they put in a savings account. Once they have saved \$1,000, consider helping them open a custodial investment account, then teach them how to research performance and ratings online. You might even think about opening an individual retirement account (IRA). Some parents offer to fund an IRA for their children as long as their children are earning a paycheck.<sup>3</sup>

As you teach your children about money, don't get discouraged if they don't take your advice. Mistakes made at this stage in life can leave a lasting impression. Also, resist the temptation to bail them out. We all learn better when we reap the natural consequences of our actions. Your children probably won't be stellar money managers at first, but what they learn now could pay them back later in life — when it really matters. ■

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1. EducationData.org, August 20, 2023. 2. EducationData.org, August 27, 2023. 3. Once you reach age 73 you must begin taking required minimum distributions from a Traditional Individual Retirement Account in most circumstances. Withdrawals from Traditional IRAs are taxed as ordinary income and, if taken before age 59½, may be subject to a 10% federal income tax penalty. Contributions to a Traditional IRA may be fully or partially deductible, depending on your adjusted gross income. The content is developed from sources believed to be providing accurate information. The information in this material is not intended as tax or legal advice. It may not be used for the purpose of avoiding any federal tax penalties. Please consult legal or tax professionals for specific information regarding your individual situation. This material was developed and produced by FMG Suite to provide information on a topic that may be of interest. FMG Suite is not affiliated with the named broker-dealer, state- or SEC-registered investment advisory firm. The opinions expressed and material provided are for general information, and should not be considered a solicitation for the purchase or sale of any security. Copyright FMG Suite.



## HEALTH

By Paul Guerdet

# THE JOYS of novelty

We're hitting that time of year when the temperature drops and we all start to settle in for winter. It's easy this time of year to fall into routines and go on autopilot from day to day. This isn't necessarily a bad thing, but, after a while, we do have to be careful with how routine can affect our mood. After a while, having the same daily routine can dull our mood and leave us more susceptible to the winter blues. If you find yourself feeling this way, it may be time to add a bit of novelty to your life.



When I talk about ways to add novelty into your life, it's important not to overthink it, something many of us are guilty of. Adding novelty to your day-to-day life just means to try something new, something different. Novelty could be something as simple as taking a different way to or from work or going to a new restaurant or coffee shop that you've been wanting to check out. Small changes to our daily pattern can allow us to have new experiences, which our brains tend to crave and help us to stave off those winter blues. ■

Information provided by Paul Guerdet, LISW, SS Therapy and Consulting, Ltd, 4725 Merle Hay Road, Suite 205, Des Moines, 515-528-8135, [www.sstherapyandconsulting.com](http://www.sstherapyandconsulting.com), [guerdet@sstherapyandconsulting.com](mailto:guerdet@sstherapyandconsulting.com).

## HEALTH

By Dr. Amanda Queck

# A FRESH start to the new year

As we head into another new year, many of us are setting new goals or looking at ways we can improve ourselves. More money is put into savings for the first few weeks then forgotten about. The gyms are crowded until early March. The pantry is stocked with fruits and veggies until the next grocery run — and then it all starts over again, followed by a mound of frustration from not losing weight or accomplishing those goals. What if, instead of setting a bunch of resolutions this year, we set intentions to form regular, consistent healthy habits — one day at a time? Instead of setting a resolution to lose 10 pounds, set an intention to eat more wholesome and fewer processed foods every day. Instead of setting a resolution to hit the gym every day of the year, set an intention to form better movement patterns throughout the day. Forming smaller, more achievable habits on a regular basis will help you become more likely to achieve your health goals for the long-term. We have 366 days ahead of us this coming year. Each day is a fresh opportunity to reset and build a healthier version of yourself — one day at a time. ■



Information provided by Dr. Amanda Queck, D.C. Flourish Chiropractic & Wellness, 108 W. Court Ave., Winterset, 515-384-0360, [www.flourishchiro.life](http://www.flourishchiro.life).

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As the new year has come, I reflect on the jewelry symbols that have been created in my shop over the past year. As jewelry is not a necessary purchase, and one that seems deemed for the fortunate of us, I remind people that it is not always the case that a piece of jewelry has to cost more than you can afford.

I have many people that have discovered I can rework an existing piece or pieces of jewelry from a family heirloom or a piece that needs some refreshing by resetting a client's gemstone into a new mounting.

Investing in a brand new piece of jewelry, you are also creating a memory that can last and be passed down for generations to come. I have many customers that tell me how they intend to

hand down their jewelry, and we even end up designing around the idea that the piece will be divided among family members later on.

So look through your existing treasures to redesign them or come create a brand new item that will possibly be handed down. The finished product is only a part of the process that gives someone the opportunity to attach feelings and memories to a material item, that just happens to have sparkle and shine.







# HOMEFRONT REAL ESTATE

*Locally owned*  
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**OWNER:** Sarah Cowman  
**ADDRESS:** 57 E. Jefferson St, Winterset  
**PHONE:** 515-468-0409  
**WEBSITE:** [www.homefront-realestate.com](http://www.homefront-realestate.com)



Originally from Massena, IA our family moved to Winterset in 2015. I immediately feel in love with Madison County and feel grateful to be able to raise our family here. I've been working in Real Estate since 2008 and am a member of Des Moines Area Association of Realtors, the Iowa Association of Realtors and the National Association of Realtors. I specialize in residential, land and commercial buying and selling. I am the owner of Homefront Real Estate which was established in 2012.

Early on in my career, I recognized quickly that I gained great satisfaction in knowing I helped people with one of the biggest decisions of their lives. Whether it's a couple buying their first home, a family purchasing a vacation home, or the empty nesters looking to downsize, I get the opportunity to help people through each stage in their lives and truly be a part of a community. I recognize and value the trust my clients place in me, and I strive every day to demonstrate the highest level of integrity and commitment to exceeding their expectations and to bring a little fun into every real estate transaction. I am committed to listening to my

client's needs and utilizing my negotiating skills to ensure a successful transaction. I never get bored in my profession as change is a crucial part of it, especially in this fast paced market.

I take pride in giving back to my community and have served on the Madison County Chamber Board, Winterset Zoning Commission, Education Foundation Board, and St Joseph Church Finance Council. I volunteer for St Joseph Church, have assisted with the Veteran's Ball for the American Legion Post 184 and coached Little League Baseball.

In 2020, 2021 and 2022 I was awarded Favorite Madison County Realtor chosen by the people of this community themselves. My real estate team is amazing and consists of Wendy Frost, Ian Sparks, Emily Dudzinski, Tyler Helm, and Kelly Lorenzen. All are very professional and caring Realtors! We invariably pitch in for each other, share a team spirit, and our primary focus is customer education and satisfaction. Let one of our team members assist you with your next property purchase or sale!



# GRAHAM'S GAME CAFÉ

*Locally owned*  
WINTERSET

**OWNERS:** Jon, Megan and Graham Barrett  
and Ioan Ittu  
**WEBSITE:** [GrahamsGameCafe.com](http://GrahamsGameCafe.com)



When Madison County Music Co. purchased the former Grip Tite building on West Jefferson in October of 2022, owners Megan Barrett and Elizabeth Hoenig knew they wanted to use the extra space in the building to provide fun and enriching opportunities for the community of Winterset.

Fast forward to May of 2023 and the Barretts, in partnership with their friend Ioan Ittu, opened Graham's Game Café, operating on Friday nights and Saturday evenings and offering a wide selection of arcade and board games.

From classic childhood board games to those more involved and strategic, patrons can explore a curated collection of games catering

to various tastes. In addition, the café boasts a nostalgic touch with a selection of arcade machines, transporting visitors to the golden age of gaming.

Designed with inclusivity in mind, Graham's Game Café provides a space for young people to gather and play while fostering a sense of community. Families are also welcomed, creating an environment where generations can connect over a shared love of games.

The café has swiftly become the go-to spot for celebrations. Whether it's a birthday bash or another special event, Graham's Game Café offers a unique and entertaining venue. With a variety of activities for quality time together, it's an ideal place to celebrate milestones.

Graham's Game Café, with its blend of board games, arcade machines, and a welcoming atmosphere, has established itself as more than just a café – it's a destination where gaming, family, and celebration converge, creating a playful and lighthearted gathering space in the heart of Winterset.

Regular operating hours are Fridays 6-9 p.m. and Saturdays 3-7 p.m. Daily admission is \$7 for unlimited play (no coins, tokens or cards required). A family pass (up to five admissions) is \$20 for the day. To inquire about private rentals, contact Megan Barrett at [vivente.events@gmail.com](mailto:vivente.events@gmail.com) or 515-249-1204. You can learn more at their website: [GrahamsGameCafe.com](http://GrahamsGameCafe.com)



# REVIVAL WELLNESS + WEIGHT LOSS

**OWNERS:** Carly Parker and Liz Hensley

**ADDRESS:** 116 N. Second St., Winterset

**PHONE:** 515-864-8616

**EMAIL:** revivalwinterset@gmail.com



Revival Wellness and Weight Loss opened in April 2023 by local nurse practitioners Carly Parker and Liz Hensley. The mission of Revival is to help clients create and maintain a healthy lifestyle and improve quality of life through wellness and weight loss. Revival offers medical weight loss, women's hormone replacement therapy, men's testosterone replacement, thyroid optimizations, and IV vitamin infusions for vitamin boost and immune support. Telemedicine appointments are also available.

Carly works full time at Revival providing weight loss and other services. She has over 15 years of healthcare experience and has been a nurse practitioner for 3 years after graduating from Morningside University in 2020. She specializes in weight management and obtained her Obesity Medicine Certification in 2021. She is passionate about serving the community by giving patients the tools about weight loss and tools to a healthier life.

Carly states, "I love encouraging, supporting and caring for patients. It is especially rewarding to provide these services to clients within the community I love and grew up in."

Liz has been a nurse practitioner for over 10 years in primary care, ER, and Urgent Care after graduating from Creighton University in 2013. Liz is excited to bring a new approach to wellness to Winterset. Liz states "It is important to bring new options and services to the area in addition to traditional medical care."

Revival is located at 116 N. Second St., on the northeast side of the square. While Revival Wellness and Weight Loss will occupy part of the building, Carly and Liz are working with others to fill the remaining areas at Revival Property. One of the offices is being used by Rena Cheers Aesthetics, offering botox and filler, along with other aesthetic services.

Rick and Monique Elgersma, owners of Real Connections Counseling, occupy another office. Rick and Monique bring their unique Co-Counseling approach to our community specializing in marriage prep, couples and family counseling. Maggie Weltha, massage therapist, owns Holistica Massage. Serenity Skincare, owned by Heather Peltzer, offers facials along with lash lifts and tints on a part time basis. Taylor Phillips offers lash extensions, brow lamination and full body waxing. Lori Nordstrom will offer permanent jewelry services and a skin care line.

Revival Wellness and Weight Loss invites businesses or individuals that are of interest to the community to offer services at Revival so local residents can access these services without having to drive to another city. Carly and Liz envision uses for the Revival Property to provide a gathering point for wellness services. Office space is still available for rent on a part time or full time basis.





Jennifer Shilhanek, Joy Harrison and Holden Veldboom

# THE CHILDREN'S JUNGLE

Locally owned  
WINTERSET

**OWNER:** Jennifer Shilhanek  
**ADDRESS:** 828 W. Summit St., Winterset  
**PHONE:** 515-462-5290  
**WEBSITE:** thechildrensjungle.com



Here at The Children's Jungle Center, we believe in the value and uniqueness of each child we serve. Our childcare approach aspires to promote each child's own individual social, emotional, physical, and cognitive development.

As caregivers and educators, our mission is to provide a safe and developmentally appropriate learning environment, which fosters a child's natural desire to explore, discover, create, and become a lifelong learner.

We aim to provide quality childcare that

cultivates intellectual, emotional, and social skills for success in school and in life.

This May marks five years of serving our community. It has not been a smooth five years by any means. I have often said, "It was a good thing I was ignorant to what I was getting into when expanding my childcare business from an in-home facility to a Center." Although the transition was not without challenges, I would not change it for the world.

Providing care for the children of our community for the past 18 years has been

the most rewarding experience. This business has allowed me to stay at home with my own children, and I have come to know many amazing parents and children in our community. I have also been privileged enough to say that some of my original kiddos have later worked for me at the center, and we have begun caring for the children of those "children."

My staff and I look forward to the new year and continuing to provide a home away from home for the future leaders of our community.



# OUTBACK EMBROIDERY

Locally owned  
WINTERSET

**OWNERS:** Tasha Schwingendorf and Mary Ann Orr  
**ADDRESS:** 915 E. Green St., Winterset  
**PHONE:** 515-462-9041  
**WEBSITE:** www.outbackemb.com



Our story began in 2004. We bought the business from another local family who worked out of their home. We started the business out of Tasha's house in Winterset.

Tasha has an art degree from Iowa State University, and experience from working as a graphic designer at Principal and in IT at Nationwide over the years.

Mary Ann brings her own business expertise from various positions she has worked. At the beginning, we only worked nights and weekends. We did this while we both worked other full-time jobs.

Tasha got married, and as her family grew, so did our business. In July of 2007, we moved into our new shop so that we could have

more space with a retail front. Throughout the next few years, as our business grew and our full-time jobs changed, we adjusted to working days and stopped working nights and weekends.

Our focus has always been to help other small businesses, quilters, sports teams and individuals with any embroidery, screen printing and other promotional items they might need. That is why we try to keep our minimums low if possible.

We also have items that you can purchase from us without having to have any type of printing or embroidery added to them. This year we are celebrating 20 years in business. Stop in to see if there is anything we can help you with.



# MEMORIES ON 1ST AVENUE

**OWNERS:** Kayla Hawkins

**ADDRESS:** 111 S. First Ave., Winterset

**PHONE:** 515-462-5141

**WEBSITE:** Visit us on Facebook

Memories on 1st Avenue — Tearoom and Timeless Treasures was kind of an after thought for me. My husband Mark, a friend of ours, and myself went to see a building for rent just off the square where the old Cellar was located. More out of curiosity than anything else. Later that evening, we discussed how cute that little building was and — believe it or not — Mark said that it would make a great little tearoom. Not being one to shy away from another little adventure, it didn't take long for me to jump into action and secure the building.

A little back story on why this was even a thought: My mom and I had opened a tearoom together in the mid 1990s. It was a small place that two people could handle. Mom did most of the cooking and baking, and I helped cook and waitress. We also sold antiques and collectibles in the little space. The Tearoom closed in 1999, and, not long after, mom was diagnosed with cancer. Mom passed away in 2012, but I am fortunate that I have all those handwritten recipes of hers from our tearoom. I have always known I would open another tearoom.

When Mark and I moved to Winterset in 2011, we really thought we would slow down a little. We both have a bit of entrepreneurship in our blood. We had previously owned a couple of restaurants, bed and breakfast, and catering businesses prior to moving to Winterset.

It wasn't long before we decided to get back into the hospitality scene and we opened White Lions Bed & Breakfast in 2013. In 2017, we sold that and purchased another property — opening The Historic Judge Lewis House B&B in 2018.

In 2020 we also joined forces with three other couples to open The Drift. And now — fast forward to 2023 — we opened the Tearoom in “Memory” of my mom, using most of the recipes I've saved of hers over the years.

Memories on 1st Avenues lunch menu includes soups, salads, panini and croissant sandwiches, quiche and desserts — always fresh and homemade — as well as a fun selection of antiques, timeless treasures and a bit of local art.

Memories on 1st Avenue is a seasonal tearoom (open March through December) and is currently closed for the winter. See you in March!





# MEET Nate Huston

A return of fifth- and sixth-grade choirs



The sixth-grade choir rehearses.

This school year, Winterset music and vocal teacher Nate Huston has helped add a new vocal music opportunity for both fifth- and sixth-grade students. The timing of the new choirs was dependent on what the students' schedules would allow. Huston says there was a middle school choir about 10 years ago, but it didn't fit into the schedule again until this year.

"It is a lot of fun to be in a room with so many kids singing with so much energy. I'm also excited to start building a choral tradition at a younger age," Huston says.

Both choirs are currently open to every student with no auditions or experience necessary. Each has around 60 students — or approximately 120 students total — participating. The choirs include students with a wide variety of interests and hobbies who come together for 30 minutes a day and enjoy making music together.

"Singing is a skill that can be taught, but sometimes kids will believe they are bad at singing and shouldn't do it. I tell them that, if they think they can't sing, then they should join choir," Huston says. "We can teach people how to control the voice and the ear so that everyone improves. Nobody should avoid singing because they think they aren't good at it."

The choirs' first performances were at a high school varsity football game at the beginning of September. During their performance, the students sang the National Anthem with the high school band. They also sang for the Veterans Day Assembly at the high school and were scheduled to perform in December with the middle school band.

"I knew that choir would be fun for kids, but I didn't realize how much they were going to love it. I am blown away by how much the kids are getting into it. The rehearsals are electric, and these students are a blast to work with," Huston says. ■

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## RECIPE

# SET the menu for a successful year

*(Family Features)* If your goals for 2024 include a healthier lifestyle and added nutrition, your mission is likely to start with a refreshed menu. Add a few newfound favorites to this year's rotation like wraps, salads and smoothies to power each day and propel yourself toward wellness success.

Planning and executing a more nutritious menu can often be thwarted by lunchtime cravings or busy weeknights that leave little time to cook at home. Rather than giving in to those takeout temptations, turn to easy recipes you can create yourself with just a few simple, on-hand ingredients.

Grab tortillas out of the pantry and a few favorites from the refrigerator to make these BLT wraps with avocado spread, which are perfect for meal-prepping weekday lunches or whipping up at a moment's notice for a family dinner. Bacon, a nearly unanimous favorite, teams up with a homemade avocado spread, lettuce and tomatoes for fresh taste without the hassle.

For a satisfying meal without leaving behind health goals, serve with a hearty salad or Spanish rice and banana peppers on the side. ■

## BLT wraps with avocado spread

*Servings: 4*

- 8 slices bacon
- 1 avocado, peeled and pitted
- 1/4 cup sour cream
- 1 lime, juice only
- 1/2 teaspoon hot sauce
- 1/2 teaspoon Worcestershire sauce
- 1/4 teaspoon salt
- 4 flour tortillas
- 4 large red leaf lettuce leaves
- 2 large tomatoes, cut into 1/4-inch slices
- Spanish rice (optional)
- banana peppers (optional)

### Directions

- In large skillet, cook bacon until crispy. Drain on plate lined with paper towels. Set aside.
- In medium bowl, mash avocado, sour cream, lime juice, hot sauce, Worcestershire sauce and salt with fork until combined and smooth.
- Spread thin layer of avocado mixture over tortillas. Layer with lettuce leaves, tomatoes and bacon. Fold sides up and roll.
- Serve with Spanish rice and banana peppers, if desired.



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## LAWN CARE

By Kevin Johnson

### WHAT'S the difference?

As I interact with our customers and potential customers, many will ask me, "Why should I pay more for your services? I can get the same thing from X, Y or Z at a lower price."

The founder of our company would normally state: "The most expensive lawn care is achieved when you pay any amount of money and get no results!" What truly matters should be, "Did you receive the best results for the amount of money spent?"

Most lawn care clients are normally paying \$300-500 per year depending on the size of the lawn. Doesn't it make sense to meet with your provider and have some of your most basic questions answered? Here are a few important questions you should ask:

- Has the company measured your lawn correctly?
- How long has the company been in business?
- Is the company licensed, insured and its applicators certified?
- Will the company utilize products designated by the EPA as reduced risk for the environment?
- Do they offer a guarantee of satisfaction?
- Do they make applications in an environmentally safe manner?

Any provider should be able to answer these basic questions to your satisfaction. Price alone does not guarantee good results. ■

Information provided by Kevin Johnson, All American Turf Beauty, 311 DeSoto Road, Van Meter, 515-996-2261.



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## BEAUTY

By Annie Wiseman

### HAPPY New Year

It's that time of year to wrap things up and sum up the previous year. In our industry, we have contact with so many people. It makes me realize and appreciate what we mean to our clients and what they mean to us. We experience so much with each client. Joy, sorrow, growth and tragedy — just to name a few. I'm also aware of what our clients go through with us as well. Weddings, graduations, death and illness to name a few. It's a rare support system and has an unspoken privacy rule that is sacred.

This last year was full of growth in our industry. We saw old trends come to life again (hello mullet) and new trends howl at us (the wolf cut was all the rage). Hairdressers of all ages embrace these looks and welcome trend changes with enthusiasm. We get bored doing the same thing, too.

As a new year begins, we look forward to enhancing our skills and valuing the relationships we've made along the way — some as old as 40 years and as new as one appointment.

Thanks again for another wonderful year. We look forward to keeping you all beautiful in the New Year. ■

Information provided by Annie Wiseman, owner of Salon 107 and a licensed cosmetologist with 25 years of experience. 107 John Wayne Drive, Winterset, 515-462-4247, [salon107style@gmail.com](mailto:salon107style@gmail.com).



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## INSURANCE

By Eric Johnson

## AVOID winter perils

Snow-covered and slippery sidewalks and driveways aren't the only headaches we face each winter. Unfortunately, many homeowners learn too late about the damage ice dams and bursting pipes can cause to ceilings, walls, floors and furniture. Fortunately, you can avoid the aggravation and expense by taking several basic steps right now to prevent this kind of damage.



### Ice dams

An ice dam is an accumulation of ice at the lower edge of a sloped roof, usually at the gutter. When interior heat melts the snow on the roof, the water will run down and refreeze at the roof's edge where temperatures are much cooler.

Eventually the ice builds up and blocks water from draining off the roof. This, in turn, forces the water under the roof covering and into your attic or down the inside walls of your home.

Once an ice dam forms, the potential damage can be serious. Take these steps now to avoid trouble later:

- Keep the attic well ventilated. The colder the attic, the less melting and refreezing on the roof.
- Keep the attic floor well insulated to minimize the amount of heat rising through the attic from within the house.

This two-step approach decreases the likelihood that ice dams will form or, at least, reduces their size.

If you re-roof your house, installing a water-repellent membrane under the roof covering is an extra precaution you can take to prevent roof leaks caused by ice dams. Talk to your local building official about minimum code requirements for ice dam protection.

### Freezing pipes

Frozen water in pipes can cause water pressure buildup between the ice blockage and the closed faucet at the end of a pipe. This leads to a pipe bursting at its weakest point. Pipes in attics, crawl spaces and outside walls are particularly vulnerable to freezing in extremely cold weather. Holes for television, cable, or telephone lines in your home's outside walls allow cold air to reach them.

To keep water in pipes from freezing:

- Fit exposed pipes with insulation sleeves or wrapping to slow the heat transfer. The more insulation the better.
- Use caulking to seal cracks and holes in outside walls and foundations near water pipes.
- Keep cabinet doors open during cold spells to allow warm air to circulate around pipes (particularly in the kitchen and bathroom).
- Keep a slow trickle of water flowing through faucets connected to pipes that run through an unheated or unprotected space. Or drain the water system, especially if your house will be unattended during cold periods. ■

Information provided by Eric Johnson, Johnson Insurance, 224 E. Highway 92, Suite B, Winterset, 515-462-4553.

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# NEW year, new plans

## Financial planning for senior care

As we step into a new year, it's an opportune time for families to reevaluate and enhance their financial plans, especially when it comes to senior care. Navigating the complexities of healthcare, housing and daily living expenses for aging loved ones requires careful consideration and strategic planning. Senior citizens and their families should prioritize financial planning for elderly healthcare costs as the cost of quality care has been on an upward trajectory due to inflation and various other factors. By proactively addressing rising healthcare expenses, seniors can maintain their financial independence while getting the proper care they need. In this article, we'll explore key aspects of financial planning for senior care in the new year to ensure that this year is financially secure and free from expense



surprises.

- **Assess your current financial**

**situation:** Review your income and expenses. Understanding your financial baseline is crucial for effective planning.

- **Create or update a comprehensive**

**budget:** Ensure that the budget accounts for senior-specific expenses, such as home modifications, assisted living costs, and any additional healthcare expenses. Consider consulting with a financial advisor to accurately estimate future expenses that you may not be aware of.

- **Explore insurance options:** Research and consider long-term care insurance options. These policies can provide coverage for services such as assisted living, nursing home care, or in-home care. Additionally, explore supplemental insurance plans to cover gaps in Medicare. These plans can help manage healthcare costs more effectively.

- **Maximize government benefits:** Ensure

that your loved one is receiving all eligible Social Security benefits. Explore options for optimizing these benefits based on their unique circumstances. Be sure to understand the coverage provided by Medicare and Medicaid.

- **Explore alternative housing options:**

Research the costs and benefits of assisted living or continuing care retirement communities. Planning can help secure a spot in a preferred facility that may have a long waiting list.

Financial planning for senior care in the new year is a proactive and compassionate step toward ensuring that aging loved ones receive the support and resources they need. By taking the time to assess current finances, explore insurance options, and plan for future needs, families can navigate the complexities of senior care with confidence and provide their loved ones with the comfort and security they deserve. ■

Information provided by Autumn Davis, administrator, Azria Health, Winterset, 515-462-1711.

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WINTERSET



# EVENTS IN THE AREA

Be sure to check for cancellations

To submit calendar items for consideration, send to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)

## Madison County Chamber Banquet & Annual Meeting

Thursday, Jan. 18

Join the Madison County Chamber of Commerce membership as they celebrate the achievements of 2023 and look ahead to an exciting year in 2024. Nominations are being accepted for Business Person of the Year, Business Improvement of the Year, Volunteer of the Year, Citizen of the Year, Nonprofit of the Year, New Member Award, Customer Service Award, and the Jim and Pat Nelson Legacy Award. For information, nominations and registration, visit <https://www.madisoncounty.com/special-events/>.

## Iowa State Fair Flea Market

Jan. 6-7

3000 E. Grand Ave., Des Moines  
[www.iowastatefairgrounds.org/event-calendar](http://www.iowastatefairgrounds.org/event-calendar)

Find all sorts of goods from antiques, home decor, jewelry and everything in between. This flea market is held each month from January to June and September to December at the Varied Industries Building.



## Square Dance Lessons

Sunday nights starting Jan. 14, 6:30 p.m.

Douglas Avenue Presbyterian Church, 4601 Douglas Ave., Des Moines

[www.ankenysquares.com](http://www.ankenysquares.com)

Ankeny Square Dance Club is sponsoring Square Dance Lessons. Cost is \$20 per person for the entire session, accepted at the third lesson. Attend with or without a dance partner. You'll learn the calls, one call at a time, taught by a caller (instructor) and volunteers. For more information, call Sandy Townsend, 515-291-2624.

## The Winter Wonderpalace

Jan. 6

Raccoon River Nature Lodge, 2202 Park Drive, West Des Moines

The ninth installment of The Winter Wonderpalace allows you to take your little one on a magic winter adventure, where they get the chance to meet four storybook characters inside the Raccoon River Nature Lodge.



## Miracle on 86th Street

Through Jan. 8

Charles Gabus Memorial Tree Park, 3600 86th St., Urbandale

Bundle up this winter and stroll through the Charles Gabus Memorial Tree Park. The park features a large, custom-built train and larger-than-life ornamental displays. The park is lit with more than 50,000 holiday lights.

## Living Well Classes: Overcoming Anxiety or Depression

Orientation: Thursday, Jan. 18, 7 p.m.

Ankeny First United Methodist Church  
Christian Life Center, 710 NE 36th St., Ankeny

Two separate Living Well Classes: Overcoming Anxiety or Depression will be held for eight weeks, Thursdays, Jan. 25 through March 14 from 7-8:30 p.m. Classes are confidential and supportive. For information, call Jim White at 515-313-3701 or email [jcjlwhite@live.com](mailto:jcjlwhite@live.com).

## Museum open

Urbandale Historical Society, 4010 70th St.

The Olmsted-Urban House will be open for viewing the first Sunday of each month 2-4 p.m. for viewing. Members of the society will be there for guiding tours and showing the collection of things that might have been in Grandma's house. The Rolling Green school quilt made by the students and the painting given in memory of Pamela Powers are now at the Olmsted Urban House. These items can be viewed during the museum's monthly open house.

## CITYVIEW's Fire and Ice

Jan. 20

Historic Valley Junction, 137 Fifth St., West Des Moines  
[fire-and-ice.dmcityview.com](http://fire-and-ice.dmcityview.com)

Fire and Ice is a hockey-themed liquor sampling event that will be sure to warm up your winter blues. With your event ticket, you will receive 10 individual drink tickets to sample some of the best winter cocktails from establishments in the Valley Junction area.



## Waukee Family Fest

Saturday, Jan. 20, 9 a.m. to noon

Lutheran Church of Hope - Waukee

This free, family-friendly event will help kids burn off some cabin fever energy. Check out Waukee area businesses, enjoy games and prizes and jump on inflatables. To become a vendor, visit [waukee.org/familyfest](http://waukee.org/familyfest).





## EVENTS IN THE AREA

Be sure to check for cancellations

To submit calendar items for consideration, send to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)

### MORE JANUARY EVENTS

- **Jan. 6: Live Jazz** at The Continental in the Historic East Village. From 8-11 p.m. at 407 E. Fifth St., Des Moines; [ongrand0.wixsite.com/the-continental](http://ongrand0.wixsite.com/the-continental)
- **Jan. 6-7: 12th annual Iowa Diecast Toy Show** at the Iowa State Fairgrounds, 3000 E. Grand Ave., Des Moines; [www.agfarmtoys.com](http://www.agfarmtoys.com)
- **Jan. 7: Winter Sip N' Thrift** at Captain Roys, 1900 Saylor Road, Des Moines; [captainroys.com](http://captainroys.com)
- **Jan. 7: Harlem Globetrotters** at Wells Fargo Arena, 223 Center St., Des Moines; [iowaeventscenter.com](http://iowaeventscenter.com)
- **Jan. 11: Sip and Stroll** at Greater Des Moines Botanical Garden, 909 Robert D. Ray Drive, Des Moines; [dmbotanicalgarden.com](http://dmbotanicalgarden.com)
- **Jan. 12-13: Cinch World's Toughest Rodeo** at Wells Fargo Arena, 223 Center St., Des Moines; [iowaeventscenter.com](http://iowaeventscenter.com)
- **Jan. 13: Joe Gatto's Night of Comedy** at Hoyt Sherman Place, 1501 Woodland Ave., Des Moines; [hoyshtsherman.org/events](http://hoyshtsherman.org/events)
- **Jan. 14: Local Music Showcase** at Teehee's Comedy Club, 1433 Walnut St., Des Moines; [teeheescomedy.com](http://teeheescomedy.com)
- **Jan. 18: Candlelight: A Tribute to Taylor Swift** at World Food Prize Hall of Laureates, 100 Locust St., Des Moines; [feverup.com/m/138464](http://feverup.com/m/138464)
- **Jan. 20: Candlelight: A Tribute to Queen** and more at World Food Prize Hall of Laureates, 100 Locust St., Des Moines; [feverup.com/m/138464](http://feverup.com/m/138464)
- **Jan. 27: Demetri Martin: The Joke Machine Tour** at Hoyt Sherman Place, 1501 Woodland Ave., Des Moines; [hoyshtsherman.org/events](http://hoyshtsherman.org/events)
- **Jan. 30 through Feb. 1: Iowa Ag Expo** at Iowa Events Center, 730 Third St., Des Moines; [iowaeventscenter.com/wells-fargo-arena](http://iowaeventscenter.com/wells-fargo-arena) ■



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# OPEN House

An open house was held at  
Urban Taproom Bar and Grill  
Friday, Nov. 24.



Matt Dole and Jeff Thompson



Bill Moody and Larry Guth



Heather Riley and Pat Riley



Jean Thompson, Sarah Cowman and Terry Cowman



John McDonald, Kobie Alcorn and Jeff Alcorn



Jessica Anderson and Easton Anderson



Jill Myers and Roger Myers



Vicky Brenner and Mike Brenner



Brooke Sutphin and Todd Sutphin



Terry Thompson, Matt Glenn and Dave Thompson



Renee Kain, Alysia Frees and Rita Carr



# AROUND Town

Photos by Teddi Yaeger.



Anthon and Jeff Hilsabeck at Winter Solstice on Dec. 9 at The Livery.



Mark Hawkins in The Drift's live window display at Festival of Lights on Nov. 24.



David Michael Negley performing in "It's a Wonderful Life" on Saturday, Dec. 2, at the Iowa Theater.



Hayden Moody performing in "It's a Wonderful Life" on Saturday, Dec. 2, at the Iowa Theater.



David Negley performing in "It's a Wonderful Life" on Saturday, Dec. 2, at the Iowa Theater



Hannah Davis performing in "It's a Wonderful Life" on Saturday, Dec. 2, at the Iowa Theater.



Cheryl Berry at Winter Solstice on Dec. 9 at The Livery.



Melissa Callstrom performing in "It's a Wonderful Life" on Saturday, Dec. 2, at the Iowa Theater.



Scott Smith and Katy Schmidt performing in "It's a Wonderful Life" on Saturday, Dec. 2, at the Iowa Theater.



Jason Stolte performing in "It's a Wonderful Life" on Saturday, Dec. 2, at the Iowa Theater.



Katy Schmidt performing in "It's a Wonderful Life" on Saturday, Dec. 2, at the Iowa Theater.



Kris Miler, Sherita Snyder and Leslie Allen at Winter Solstice on Dec. 9 at The Livery.

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