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SEEN IN ADEL



NATIONAL ANTHEM: Members of the Sixth Grade Choir sang the "Star Spangled Banner" before the girls varsity basketball vs. North Polk game in Adel on Dec. 12. ■

ADEL WEATHER FORECAST

FRIDAY HIGH 44 | LOW 26

Mostly sunny



SATURDAY HIGH 42 | LOW 21

Mostly sunny



SUNDAY HIGH 30 | LOW 19

Breezy and cold; low clouds



MONDAY HIGH 33 | LOW 23

Sunshine with patchy clouds



TUESDAY HIGH 41 | LOW 22

Mostly sunny



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FROM THE PUBLISHER

RABBIT EARS

You likely had some version of a dipole antenna on a television set at one point or another. These, of course, were the days before cable TV or streaming. One had to patiently position the antenna to get just the right angle to pick up a local station. Some would touch it to a metal object or add tin foil for additional strength. By today's standards, that seems ridiculous. Antennas have come a long way.

According to antenna-theory.com, the first experiments that involved the coupling of electricity and magnetism were by English scientist Michael Faraday in the 1830s. The site says he slid a magnet around the coils of a wire attached to a galvanometer, creating a time-varying magnetic field. The coil acted as a loop antenna and received the electromagnetic radiation, which was detected by the galvanometer. Makes perfect sense, right?

All I know is that we had a big antenna on top of my childhood home to get the four or five channels that were available.

Windstorms wreaked havoc on that antenna, and it eventually came down, about the time that cable TV became mainstream.

I also recall those long CB radio whip antennas that were on many vehicles in the 1970s. In a nostalgic moment and despite my wife's pleas against it, I decided to install a CB radio in my truck. I didn't want that big whip antenna, so I bought a magnetic version that mounted on top. That sounded great, until the wind blew it off and it banged against the side of my truck while driving down the interstate.

Our cell phones used to have antennas. Many of you remember flip phones with the retractable antennas. Do you ever wonder why today's phones don't have these? The short answer, according to MIT School of Engineering, is that modern electronic devices communicate at frequencies that can be detected by smaller antennas. In



1993, the Federal Communications Commission began auctioning off a range of new carrier frequencies to wireless service providers. The first were a range of frequencies close to 900 megahertz and were typically used by early cordless phones. By the end of the 1990s, major providers had acquired many more communications bands at frequencies greater than 2 gigahertz.

Meanwhile, with the popularity of streaming today, some folks who still want local channels have been searching for rabbit ears. Today's versions are fancier, though, with longer ranges, tabletop designs, extendable dipoles and power adaptors. And they pick up a lot more than four or five channels. Sometimes.

Have a great week, and thanks for reading. ■



Shane Goodman
President and Publisher
Big Green Umbrella Media
shane@dmcityview.com
515-953-4822, ext. 305

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8101 Birchwood Court, Suite, D, Johnston, IA 50131
www.iowalivingmagazines.com



News contact
Tammy Pearson
515-953-4822, ext. 302
tammy@iowalivingmagazines.com



Advertising contact
Dan Juffer
515-371-2290
dan.juffer@dmcityview.com

THIRD MONDAY BINGO

Enjoy Bingo on Monday, Jan. 15, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

HELP VETERANS AT THE DES MOINES VA HOSPITAL

Federal funds may not be used to purchase personal items for veterans at VA Hospitals. Like many other American Legion Auxiliaries, Adel ALA Unit 464 steps forward to collect clothing and other items needed by vets in the Des Moines VA Hospital or in its domicile. Currently, the following are being requested: men's sweatpants/athletic pants (size S-XXL), men's sweatshirts (size S-XXXL), men's coats (size-XXL), men's underwear (size S-L), great condition large print used books, individually wrapped snacks, and decaf ground coffee.

Donations are welcomed to be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up.

In this holiday season, we are thankful for the generosity of our community to recognize the service of our veterans through your donations. ■

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Uptown Vintage Market



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Oberreuter, Insight CPA



Jennifer and Kenny Devaughn,
Adel Barbershop



Jodi Kuhse and Aiden Juffer,
Luellen Chiropractic



Allison Kleis, Karlton Kleis and Andrew
Kleis, Insight CP



Lily Campbell and Cara Campbell,
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ADEL LIBRARY EVENTS

303 S 10th St, Adel • 515-993-3512 • adelpl.org

By OLIVIA OSBORN,
marketing and collection management librarian

We would like to thank everyone who participated in our Giving Tree Fundraiser. All of the donations we received will help us continue to provide free programming for our community.

Storytimes are back. We are also launching a new program to get you and your little ones out of the house in the winter to play and socialize. Find more information about Winter Playtime below.

- **Winter Playtime**, ages 2-5, Jan. 5 and Jan. 19, 9-11 a.m.
 - **Dallas County Conservation Storytime**, ages 3 and older, Jan. 8, 10 a.m.
 - **Move & Groove Storytime**, ages 5 and younger, Tuesdays at 10 a.m. beginning Jan. 9
 - **My First Storytime**, ages 0-35 months, Wednesdays at 9:30 a.m. beginning Jan. 10.
 - **Preschool Storytime**, ages 3-6 years, Thursdays, beginning Jan. 11 at 10 a.m.
 - **Elephant and Piggie Party**, preschool through second grade, Jan. 20 at 10 a.m.
- Bored after school? Not anymore. Check out all of the awesome programs we have coming up.
- **Homeschool Book Club**, first grade and up, Jan. 4, 10 a.m.
 - **Teen Advisory Board**, grades 6-12, Jan. 4, 4 p.m.
 - **Tail Wagging Readers**, all ages, Jan. 4 at 4:30 p.m.
 - ***Teen Nerf Battle**, grades 6-12, Jan. 5, 2-4 p.m.
 - ***Elementary Fun: Minute to Win it Games**, grades K-5, Jan. 9 at 4 p.m.
 - **Teens Create: Bullet Journal**, grades 6-12, Jan. 11, 4-5:30 p.m.

- ***STEAM with ISU Extension: Tricky Towers**, grades K-5, Jan. 16 at 10 a.m.
- **Teens Game: Chess**, grades 6-12, Jan. 18 at 4 p.m.
- ***Elementary Book to Art: Marshmallow Snowflakes**, grades K-5, Jan. 23 at 4 p.m.
- **Teen Hang-Out**, grades 6-12, Jan. 25, 4 p.m.
- ***Library D&D**, grades 7-12, Jan. 26, 2-4 p.m.

Did you know that we have programs for adults too? We have book clubs, Iowa History programs, exercise groups, and more.

- **Exercise Group**, Monday through Thursday at 9 a.m.
 - **50s Plus Senior Gathering**, Jan. 2 and Jan. 16, 10 a.m. to 1 p.m.
 - ***Yoga at the Library**, every Wednesday in January at 5:45 p.m.
 - **Iowa History 101: The Precinct Caucuses: Iowa's Role in Presidential Nominations**, Jan. 11 at noon.
 - **Brown Bag Book Club**, Jan. 11 at noon
 - **Cook Book Club**, Jan. 17 at 11 a.m.
 - **Homeschool Meet-Up**, Jan. 22, 9-11 a.m.
 - **Evening Book Club**, Jan. 25 at 6 p.m.
- *Programs with an asterisk require registration. You can easily register at adelpl.org.*

The Adel Public Library has received funding from Humanities Iowa, a private, nonprofit to host a presentation called Adult Speaker Series: Iowans Who Fought Against the Union by David Cannon on Jan. 16 at 10 a.m. in the library community room. A cultural resource for Iowans since 1971, Humanities Iowa offers many cultural and historical programs and grants to Iowa's communities. This program is also brought to you by the Historical Society of Iowa and is free and open to the public. ■

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EVENTS IN THE AREA

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"Stomp" Photo courtesy of Des Moines Performing Arts

THEATER AND DANCE

ACTORS, INC. - AMES COMMUNITY THEATER

120 Abraham Drive, Ames

actorsinc.org**Jan. 25-27, Feb. 2-4:** "Holmes & Watson"

DES MOINES PERFORMING ARTS

Des Moines Civic Center, Cowles Commons, Stoner
Theater, Temple Theatre, 221 Walnut St., Des Moinesdmpa.org**Jan. 11:** Capital City Pride Presents: Tiq Milan**Jan. 12-14:** "STOMP"**Jan. 23-28:** "Mamma Mia!"**Jan. 27:** Havana Hop

STEPHENS AUDITORIUM

1900 Center Drive, Ames

center.iastate.edu/events**Jan. 30:** "Jesus Christ Superstar"

MUSIC

HOYT SHERMAN PLACE

1501 Woodland Ave., Des Moines

hoytsherman.org**Jan. 6:** Ruben & Clay: Twenty Years - One Night at 7:30 p.m.**Jan. 12:** Big Head Todd and the Monsters at 7:30 p.m.

WELLS FARGO ARENA

Wells Fargo Arena, 223 Center St., Des Moines

iowaeventscenter.com**Jan. 25:** Disturbed - Take Back Your Life tour with
Falling In Reverse and Plush

MORE JANUARY EVENTS

Jan. 5: Dome after dark. Greater Des Moines Botanical
Garden, 909 Robert D. Ray Drive, Des Moines;dmbotanicalgarden.com**Jan. 6:** The Winter Wonderpalace. 2500Grand Ave., West Des Moines; [facebook.com/](https://facebook.com/events/3606197412989952)[events/3606197412989952](https://facebook.com/events/3606197412989952)**Jan. 6:** Live Jazz at The Continental in the Historic East
Village. From 8-11 p.m. at 407 E. Fifth St., Des Moines;ongrand0.wixsite.com/the-continental**Jan. 6-7:** 12th annual Iowa Diecast Toy Show. Located
at the Iowa State Fairgrounds, 3000 E. Grand Ave., Des
Moines; www.agfarmtoys.com**Jan. 7:** Winter Sip N' Thrift. Captain Roys, 1900 Saylor
Road, Des Moines; captainroys.com**Jan. 7:** Harlem Globetrotters. Wells Fargo Arena, 223
Center St., Des Moines; iowaeventscenter.com**Jan. 11:** Sip and Stroll. Greater Des Moines Botanical
Garden, 909 Robert D. Ray Drive, Des Moines;dmbotanicalgarden.com**Jan. 12-13:** Cinch World's Toughest Rodeo. Wells Fargo
Arena, 223 Center St., Des Moines; iowaeventscenter.com**Jan. 13:** Joe Gatto's Night of Comedy. Hoyt Sherman
Place, 1501 Woodland Ave., Des Moines; hoytsherman.org/events**Jan. 14:** Local Music Showcase at Teehee's Comedy
Club. 1433 Walnut St., Des Moines; teeheescomedy.com**Jan. 18:** Candlelight: A Tribute to Taylor Swift. World
Food Prize Hall of Laureates, 100 Locust St., Des
Moines; feverup.com/m/138464**Jan. 20:** Waukee FamilyFest. Lutheran Church of Hope,
305 N.E. Dartmoor Drove, Waukee; [waukee.org/472/](http://waukee.org/472/FamilyFest)
[FamilyFest](http://waukee.org/472/FamilyFest)**Jan. 20:** Candlelight: A Tribute to Queen and more.
World Food Prize Hall of Laureates, 100 Locust St., Des
Moines; feverup.com/m/138464**Jan. 20:** CITYVIEW's winter pub crawl, Fire and Ice.
Historic Valley Junction, 137 Fifth St., West Des Moines;
fire-and-ice.dmcityview.com ■

RECIPE

FAMILY-FRIENDLY FUN TO BEAT WINTER BLAHS

(Family Features) Cool winter days may have you tempted to burrow under a blanket and wait out the weather, but there are plenty of entertaining and affordable ways to enjoy quality family time together despite chilly temperatures.

Kids who are cooped up indoors during the winter often get restless, but you can make the most of that boredom by gathering everyone and discovering new ways to create memories together. ■

COCOA SMILEY FACE WAFFLE

- 2 Cocoa PEBBLES waffles
- 1 cup Cocoa PEBBLES cereal
- 1 container whipped cream
- chocolate chips (optional)
- chocolate sprinkles (optional)
- strawberries (optional)
- chocolate syrup (optional)

Directions:

Heat waffles until golden brown and place on plate. Use whipped cream to make smiley face eyes, nose and mouth.

Place cereal on top of whipped cream to make eyes, nose and mouth colorful. Add chocolate chips, chocolate sprinkles, strawberries and chocolate syrup, if desired.



maple syrup (optional)

Directions:

Heat waffles until golden brown and place on plate. Use whipped cream to make smiley face eyes, nose and mouth.

Place cereal on top of whipped cream to make eyes, nose and mouth colorful. Add blueberries, rainbow sprinkles and syrup, if desired.

FRUITY SMILEY FACE WAFFLE

- 2 Fruity PEBBLES Waffles
- 1 container whipped cream
- 1 cup Fruity PEBBLES cereal
- blueberries (optional)
- rainbow sprinkles (optional)

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DALLAS COUNTY CONSERVATION

To register for for events, visit www.dallascountyiowa.gov/conservation, click on "Public Programs" and scroll down to see program descriptions and to register. If you don't have computer access or need assistance, call the DCCB office at 515-465-3577.

VOAS OWL PROWL

Monday, Jan. 15, 9-11 a.m.

Voas Nature Area, 19286 Lexington Road, Minburn

The common owls of Iowa can be located at night by mimicking their calls. The uncommon owls are found during the day roosting in cedar trees. Join the group to venture off trail looking for pellets, whitewash and feathers. The hope is to experience an "eye-to-eye epiphany." Registration required.

STARGAZING AND WINTER CONSTELLATION STORIES

Thursday, Jan. 11, 6:30-8 p.m.

Kuehn Conservation Area, 32828 Houston Trail, Earlham

Learn to build and read a star chart, measure distances in the sky to locate and identify common constellations and share a few of the sky's stories. Registration required.

IOWA'S MAMMALS

Monday, Jan. 15, 1-2 p.m.

Forest Park Museum, 14581 K Ave., Perry

Ever wonder what beaver fur feels like? How big a black bear's ears are? Come find out as we explore the pelts of our native Iowa wildlife and learn what these animals are up to in the winter. This is an indoor program. Registration required.

LIFE IN THE DEAD OF WINTER

Monday, Jan. 15, 1-2 p.m.

Voas Nature Area, 19286 Lexington Road, Minburn

Winter appears to turn Dallas County into a cold, desolate snowscape, yet life persists. Get your body moving on a hike to look for signs of life and discuss how some of our native plants and animals survive Iowa's winters. Registration required. ■

CLASSIFIED ADS

FOR SALE: Vintage items, lamps, horse collars, Hanes, iron wheels, miscellaneous times. Call 515-770-5071.

FOR SALE: Stainless steel fingerprint-resistant General Electric electric glass top double oven range. Has air-fry, conv. bake, warming burner, self & steam clean, used 7 1/2 months \$700. text or call 515-321-0301.

FOR SALE: DVD Player. \$20. Call 515-321-3231.

FOR SALE: Sew Steady sewing extension portable table made in USA by Dreamworld Bonners Ferry, Idaho. Has ruler marking on one side. phone 515-321-0301.

PUPPIES: Gorgeous English Bulldogs pups for free adoption ready for a new home previous owner just died contact via email kellycoux33@gmail.com. They are vet 12 weeks old checked and come with amazing health guarantee. They love to play with kids and other animals. They have very great personalities and are full of love. These babies will make the best gifts for this special Christmas season.

LOOKING TO BUY VINYL RECORDS: Paying cash for 60's-90's rock, blues, country and jazz. Call Brian at 515-326-5033.

SEND IN YOUR FREE CLASSIFIED AD BY WEDNESDAY AT 10 A.M. TO BECKHAM@DMCITYVIEW.COM

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