

JOHNSTON Living Weekly

FREE!

WWW.IOWALIVINGMAGAZINES.COM



A BIG GREEN UMBRELLA MEDIA PUBLICATION

WE'VE GOT YOU COVERED!

SEEN IN JOHNSTON



JOHNSTON TREE JINGLE: The Johnston Chamber Tree decorating contest saw several chamber businesses participate in this first annual event. Patrons scanned a QR code and voted for their favorite decorated tree. Jenni Buchanan and Karina Gomez with Bank Iowa - Johnston are pictured. ■

JOHNSTON WEATHER FORECAST

TUES. HIGH 41 | LOW 31
Cloudy with a few showers



WED. HIGH 44 | LOW 31
Cloudy with a p.m. shower



THURS. HIGH 41 | LOW 31
Considerable cloudiness



FRI. HIGH 45 | LOW 27
Low clouds



SAT. HIGH 40 | LOW 23
Partly sunny



CHARTER BANK



Chart Your Success With Us 24/7!

5526 N.W. 86th St., Johnston • 331-2265

Member
FDIC

CharterBanker.com



TO SUBSCRIBE TO THE FREE
DIGITAL VERSION OF THIS
WEEKLY NEWSLETTER,
SCAN THIS QR CODE.

FROM THE PUBLISHER

RABBIT EARS

You likely had some version of a dipole antenna on a television set at one point or another. These, of course, were the days before cable TV or streaming. One had to patiently position the antenna to get just the right angle to pick up a local station. Some would touch it to a metal object or add tinfoil for additional strength. By today's standards, that seems ridiculous. Antennas have come a long way.

According to antenna-theory.com, the first experiments that involved the coupling of electricity and magnetism were by English scientist Michael Faraday in the 1830s. The site says he slid a magnet around the coils of a wire attached to a galvanometer, creating a time-varying magnetic field. The coil acted as a loop antenna and received the electromagnetic radiation, which was detected by the galvanometer. Makes perfect sense, right?

All I know is that we had a big antenna on top of my childhood home to get the four or five channels that were available.

Windstorms wreaked havoc on that antenna, and it eventually came down, about the time that cable TV became mainstream.

I also recall those long CB radio whip antennas that were on many vehicles in the 1970s. In a nostalgic moment and despite my wife's pleas against it, I decided to install a CB radio in my truck. I didn't want that big whip antenna, so I bought a magnetic version that mounted on top. That sounded great, until the wind blew it off and it banged against the side of my truck while driving down the interstate.

Our cell phones used to have antennas. Many of you remember flip phones with the retractable antennas. Do you ever wonder why today's phones don't have these? The short answer, according to MIT School of Engineering, is that modern electronic devices communicate at frequencies that can be detected by smaller antennas. In



1993, the Federal Communications Commission began auctioning off a range of new carrier frequencies to wireless service providers. The first were a range of frequencies close to 900 megahertz and were typically used by early cordless phones. By the end of the 1990s, major providers had acquired many more communications bands at frequencies greater than 2 gigahertz.

Meanwhile, with the popularity of streaming today, some folks who still want local channels have been searching for rabbit ears. Today's versions are fancier, though, with longer ranges, tabletop designs, extendable dipoles and power adaptors. And they pick up a lot more than four or five channels. Sometimes.

Have a great week, and thanks for reading. ■



Shane Goodman

President and Publisher
Big Green Umbrella Media
shane@dmcityview.com
515-953-4822, ext. 305

JOHNSTON
Living Weekly

A publication of Big Green Umbrella Media, Inc.
8101 Birchwood Court, Suite, D, Johnston, IA 50131
www.iowalivingmagazines.com



News contact

Tammy Pearson
515-953-4822, ext. 302
tammy@iowalivingmagazines.com



Advertising contact

Andrea Hodapp
515-953-4822, ext. 322
andrea@iowalivingmagazines.com

JOHNSTON PARTNERSHIP UPDATE

ONE BIG TABLE 2024 GALA AND AUCTION

Johnston Partnership for a Healthy Community will hold its One Big Table Gala and Auction annual fundraiser Feb. 22 at Hilton Garden Inn in Johnston. Tickets are now on sale and available online at <https://givebutter.com/cZQIKC>. Help fight hunger and give a gift that makes a difference in the community.

HOLIDAY HOURS

The Johnston Partnership will be closed through Jan. 1 for the holidays.

A NOTE FROM DIRECTOR ANDREA COOK

As we wrap up 2023, I want to pass along a note of thanks to all of our supporters from myself, the staff, board and volunteers of the Johnston Partnership. This has been a tough year for many, and you have helped us make a difference for those in our community. Without your support, we could not have continued to serve the basic needs of so many — a 53% increase in pantry services over this time last year. As we look to 2024, I am optimistic that this work will continue with all of you alongside us.

I wish you all a gentle, joyful holiday season.

DONATIONS RECEIVED

Johnston Rotary donated \$3,000 from their golf outing. The American Legion Riders from Johnston Post 728 donated \$300 to the Johnston Partnership in honor of Richard Lewier, who was killed in action and for whom Post 728 is named. Other donations included birthday cake kits from the Johnston volleyball team, 2,900 pounds of produce this season from St. Timothy's Garden, 113 pounds of personal items from the Northglenn Birthday Club, and 1,000 pounds of food from Midwest Miss United States Agriculture Pageant contestants. Wells Fargo volunteers helped out, Herrmann Chiropractic donated 212 pounds of personal care items. Friday Friends notes were made possible by Community State Bank, Kenny donated Brooks shoes and Thrivent donated socks. Cadence Apartment also donated food.

Donation drives held at the schools resulted in 2,233 pounds of food collected through November by Timber

Ridge students, staff and PTO; 672 pounds of food and \$231 by Johnston Middle School; and 332 pounds of food, 232 pounds of personal items and 130 pounds of clothing from Summit Middle School. The Johnston High School Student Council's Give All You Can Drive, in which students went door to door to collect food, was also held. The Johnston Show Choir donated new socks and members volunteered at the pantry. The JHS National Honor Society donated \$800 from their pancake breakfast.

VOLUNTEERS NEEDED

Johnston Partnership needs volunteers for the food pantry and clothes closet and for unloading the truck and stocking shelves. Sign up for a shift online at johnstonpartnership.org/volunteer.

CURRENT NEEDS

The Johnston Partnership provides food and personal hygiene products to those in need. The biggest current need is winter coats. They have given away more than 600 and are in need of 600 more to make it through the winter months. The goal is to ensure each of their clients gets a warm winter coat. People can donate used coats of all sizes or shop their Amazon wishlist. Also needed are baby wipes, lotion, toothpaste, toothbrushes and toilet paper. Donations can be dropped off at 5870 Merle Hay Road, Suite C, Tuesdays from 9 a.m. to 1 p.m. and 4-6 p.m., and on Thursdays and Saturdays, 9 a.m. to 1 p.m.

Every third week of the month, they collect for the Friday food bag program that serves food insecure students at all nine Johnston schools. They are currently providing about 200 bags per week. Their needs are: Ramen noodles, macaroni and cheese, granola bars, individual shelf stable milk, individual peanut butter and fruit cups.

STATS FOR NOVEMBER

- Families served: 554
- Individuals served: 2,118
- Food Pantry items distributed: 21,033
- Clothing distributed: 4,673
- Volunteer hours: 598
- Friday Friends bags: 846 ■

JOHNSTON LIBRARY

6700 Merle Hay Road • 515-278-5233 • www.johnstonlibrary.com

By LIBRARY STAFF

We're feeling festive here at JPL and ready to celebrate the holiday season with great events for all ages. The JPL Book Tree is up, holiday displays with books, movies and music are curated, and librarians are wearing flashing lightbulb necklaces and reindeer sweaters. As your own festivities gear up this season, make sure to save the date for these library happenings in December.

KIDS:

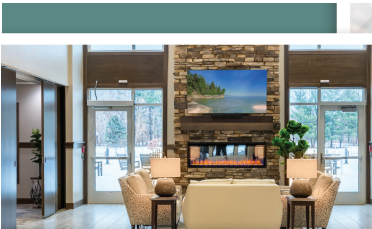
Ring in 2024 with **Escape the New Year Escape Room** on Wednesday, Dec. 27. Can you follow the clues to escape the room before time runs out? Kids will work together to solve the puzzles and find hidden

objects. For kids in kindergarten through fifth grade. Register online for one of the three sessions.

ADULTS:

Know someone in your life who is learning English? JPL offers two free classes per week for English speakers of other languages. **Let's Talk** meets every Monday from 6:30-7:45 p.m. and is a casual program designed for non-native English speakers to practice their English conversation skills with a native English speaker. Discussions focus on current news, events and American culture.

Information about all library programs is available at www.johnstonlibrary.com or by calling the Johnston Public Library at 515-278-5233. ■



MEADOWVIEW
OF JOHNSTON

One month's rent FREE*

*Applies to Independent and Assisted Living (Memory Care receives \$3,000 off one month's rent).
Must take financial possession by 2/1/2024. Contact us for details.



Call to Schedule Your Tour!

Dennis.Vogel@CassiaLife.org

(515) 534-0300 | MeadowviewJohnston.com

5555 Pioneer Parkway, Johnston, Iowa 50131

[Learn more](#)



managed by  **CASSIA**



CITYVIEW'S WINTER PUB CRAWL IS BACK!

FIRE & ICE

SATURDAY, JAN. 20 • 1-4 P.M.

FOR \$25 TICKET PRICE*, YOU GET 10 TICKETS
TO SAMPLE WINTER SPECIALTY DRINKS!

*\$35 AT THE DOOR

TICKETS AT FIRE-AND-ICE.DMCITYVIEW.COM

ATTENTION SALES PROFESSIONALS!

Are you frustrated in your
current sales position?

Tired of not getting paid what you are worth?

Depressed by the lack of growth in your company?

THEN YOU SHOULD CONSIDER A CAREER CHANGE.**CITYVIEW IS HIRING AN ADVERTISING ACCOUNT EXECUTIVE**

CITYVIEW reaches more people than any single magazine in the Des Moines metro with more than 100,000 print and digital readers, and we need a motivated advertising sales professional to help take us to the next level. Do you consider yourself a "Hunter?" If you are a sales representative who loves to build relationships with attention to detail and has a solid work ethic, then I want to talk with you. Nonpressure. This is a confidential coffee date to explore opportunities. I look forward to hearing from you.

Learn more about CITYVIEW at www.dmcityview.com, and learn about who we are at www.biggreenumbrellamedia.com.

CITYVIEW



Call me, Jolene Goodman, on my cell at 515-326-0082.

LET'S GET TOGETHER FOR A CUP OF COFFEE. MY TREAT.

EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM

"Stomp" Photo courtesy of Des Moines Performing Arts

THEATER & DANCE

ACTORS, INC. - AMES COMMUNITY THEATER
120 Abraham Drive, Ames
actorsinc.org

Jan. 25-27, Feb. 2-4: "Holmes & Watson"

DES MOINES PERFORMING ARTS

Des Moines Civic Center, Cowles Commons, Stoner Theater, Temple Theatre, 221 Walnut St., Des Moines
dmpa.org

Jan. 11: Capital City Pride Presents: Tiq Milan

Jan. 12-14: "STOMP"

Jan. 23-28: "Mamma Mia!"

Jan. 27: Havana Hop

STEPHENS AUDITORIUM

1900 Center Drive, Ames
center.iastate.edu/events

Jan. 30: "Jesus Christ Superstar"

MUSIC

HOYT SHERMAN PLACE
1501 Woodland Ave., Des Moines
hoytsherman.org

Jan. 6: Ruben & Clay: Twenty Years - One Night at 7:30 p.m.

Jan. 12: Big Head Todd and the Monsters at 7:30 p.m.

WELLS FARGO ARENA

Wells Fargo Arena, 223 Center St., Des Moines
iowaeventscenter.com

Jan. 25: Disturbed - Take Back Your Life tour with Falling In Reverse and Plush

MORE JANUARY EVENTS

Jan. 5: Dome after dark. Greater Des Moines Botanical Garden, 909 Robert D. Ray Drive, Des Moines;
dmbotanicalgarden.com

Jan. 6: The Winter Wonderpalace. 2500 Grand Ave., West Des Moines; facebook.com/events/3606197412989952

Jan. 6: Live Jazz at The Continental in the Historic East Village. From 8-11 p.m. at 407 E. Fifth St., Des Moines;
ongrand0.wixsite.com/the-continental

Jan. 6-7: 12th annual Iowa Diecast Toy Show. Located at the Iowa State Fairgrounds, 3000 E. Grand Ave., Des Moines; www.agfarmtoys.com

Jan. 7: Winter Sip N' Thrift. Captain Roys, 1900 Saylor Road, Des Moines; captainroys.com

Jan. 7: Harlem Globetrotters. Wells Fargo Arena, 223 Center St., Des Moines; iowaeventscenter.com

Jan. 11: Sip and Stroll. Greater Des Moines Botanical Garden, 909 Robert D. Ray Drive, Des Moines;
dmbotanicalgarden.com

Jan. 12-13: Cinch World's Toughest Rodeo. Wells Fargo Arena, 223 Center St., Des Moines; iowaeventscenter.com

Jan. 13: Joe Gatto's Night of Comedy. Hoyt Sherman Place, 1501 Woodland Ave., Des Moines; hoytsherman.org/events

Jan. 14: Local Music Showcase at Teehee's Comedy Club. 1433 Walnut St., Des Moines; teeheescomedy.com

Jan. 18: Candlelight: A Tribute to Taylor Swift. World Food Prize Hall of Laureates, 100 Locust St., Des Moines; feverup.com/m/138464

Jan. 20: Waukee FamilyFest. Lutheran Church of Hope, 305 N.E. Dartmoor Drove, Waukee; waukeee.org/472/FamilyFest

Jan. 20: Candlelight: A Tribute to Queen and more. World Food Prize Hall of Laureates, 100 Locust St., Des Moines; feverup.com/m/138464

Jan. 20: CITYVIEW's winter pub crawl, Fire and Ice. Historic Valley Junction, 137 Fifth St., West Des Moines;
fire-and-ice.dmcityview.com ■

RECIPE

FAMILY-FRIENDLY FUN TO BEAT WINTER BLAHS

(Family Features) Cool winter days may have you tempted to burrow under a blanket and wait out the weather, but there are plenty of entertaining and affordable ways to enjoy quality family time together despite chilly temperatures.

Kids who are cooped up indoors during the winter often get restless, but you can make the most of that boredom by gathering everyone and discovering new ways to create memories together. ■

COCOA SMILEY FACE WAFFLE

- 2 Cocoa PEBBLES waffles
- 1 cup Cocoa PEBBLES cereal
- 1 container whipped cream
- chocolate chips (optional)
- chocolate sprinkles (optional)
- strawberries (optional)
- chocolate syrup (optional)

Directions:

Heat waffles until golden brown and place on plate. Use whipped cream to make smiley face eyes, nose and mouth.

Place cereal on top of whipped cream to make eyes, nose and mouth colorful. Add chocolate chips, chocolate sprinkles, strawberries and chocolate syrup, if desired.



maple syrup (optional)

Directions:

Heat waffles until golden brown and place on plate. Use whipped cream to make smiley face eyes, nose and mouth.

Place cereal on top of whipped cream to make eyes, nose and mouth colorful. Add blueberries, rainbow sprinkles and syrup, if desired.

FRUITY SMILEY FACE WAFFLE

- 2 Fruity PEBBLES Waffles
- 1 container whipped cream
- 1 cup Fruity PEBBLES cereal
- blueberries (optional)
- rainbow sprinkles (optional)

AMEGA
GARAGE DOORS
& OPENERS, INC. CALL US
515-633-2119
AmegaGarageDoors.com

**YOUR EXPERT SOURCE FOR
GARAGE DOORS**

REPAIRS • NEW DOORS • OPENERS

**FARM BUREAU
FINANCIAL SERVICES**

Timothy Osborne
515.381.7229

**JTOWN
AUTO**

COMPLETE AUTO REPAIR & TOWING 515-251-5839

HOLIDAY BINGO

The Dragon Scholarship Fund is hosting a Holiday Bingo night on Wednesday, Dec. 27 at 6:30 p.m. in the Johnston High School cafeteria, Door 2. Doors open at 5:45 p.m. Concessions will be available and cash prizes awarded. ■

SEEN IN JOHNSTON



Johnston Chamber President Allan Graham and Styled by JJ owner Julia Bradshaw at the Chamber ribbon cutting Nov. 29. ■

RING IN THE NEW YEAR

Ring in the New Year with an evening of music and fun Dec. 31 at Backpocket Pin and Pixel, 6205 Merle Hay Road, Johnston. The public is invited to the taproom for a night filled with fun, live music with DJ Jaide Knight, a champagne toast at midnight, and a special signature cocktail. Music starts at 9 p.m. No registration is required. This is a 21 and older event. ■

IOWA GOLD STAR MILITARY MUSEUM

515-252-4531

HOURS:

SUNDAY: CLOSED
MONDAY: CLOSED
TUES. - FRI.: 9AM - 3PM
SATURDAY: 10AM - 2PM

AT CAMP DODGE ★ 7105 NW 70th STREET, JOHNSTON





Edencrest™
AT GREEN MEADOWS™

Call Susan Babcock for a tour.
515-250-3052

ASSISTED LIVING • MEMORY CARE



CLASSIFIED ADS

FOR SALE: Sew Steady sewing extension portable table made in USA Dreamworld Bonners Ferry Idaho Has ruler marking on one side. Call 321-0301.

FOR SALE: Stainless steel fingerprint-resistant General electric electric glass top double oven range. Has air-fry, conv bake, warming burner, self & steam clean, used 7 1/2 months \$700.00 text or phone # 515-321-0301.

PARK MODEL FOR SALE: Time to move to the Reo Grand valley for the winter. 399 sq. ft. park model. Facing the lake. Newly updated winter home in a quiet RV resort. Contact Steve at 269-806-5611 or swrightjp743@aol.com.

LOOKING TO BUY VINYL RECORDS: Paying cash for 60's-90's rock and jazz and blues. Please call Brian at 515-326-5033.

**SEND IN YOUR FREE CLASSIFIED AD
BY MONDAY AT 10 A.M. TO
BECKHAM@DMCITYVIEW.COM**

LIST 50 WORDS OR LESS FOR FREE.

FLOORING SPECIALISTS

Family-owned, local business
operating since 1999.

THE FLOORING GUYS

WE'VE MOVED!
CHECK OUT OUR
NEW SHOWROOM
IN JOHNSTON!

VISIT OUR SHOWROOM AT 4925 NW JOHNSTON DR., JOHNSTON

515-508-0024 ★ www.theflooringguysdsm.com



SIGN UP TO RECEIVE THE DIGITAL EDITION OF JOHNSTON LIVING MAGAZINE FREE!

Scan the code below, or visit
www.iowalivingmagazines.com.



Special DELIVERY

Residents share their thoughts
tradition of sending Christmas

Meet Stephanie Toot
EDUCATION

Merry literary events from JPL
LIBRARY

Popovers with cranberry butter
BICCE

