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SEEN IN ADEL



RIBBON CUTTING FOR NEW ADDITION: The Adel Partners Chamber of Commerce held a ribbon cutting for New Hope Church's new addition on Nov. 9. ■

ADEL WEATHER FORECAST

FRIDAY HIGH 52 | LOW 36
Mostly cloudy and mild



SATURDAY HIGH 44 | LOW 27
Low clouds



SUNDAY HIGH 50 | LOW 26
Sunny and mild



MONDAY HIGH 45 | LOW 24
Abundant sunshine



TUESDAY HIGH 48 | LOW 29
Times of clouds and sun



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FROM THE PUBLISHER

DOES HAT ETIQUETTE STILL EXIST?

Hats off to you. Or maybe hats on. The answer primarily depends on where you are at, what sex you are, and what generation you are from. Or does it?

Many people wonder if it is wrong to wear a hat indoors. According to Southern Living, hat etiquette does still exist. The story cites the Emily Post Institute, which says removing hats “traces back to medieval times when knights would remove their helmets to identify themselves” and to show a “gesture of respect.” Hat etiquette also has roots in Christianity, the story claims, as it has long been considered customary for men to remove their hats upon entering a church. But that’s just men. For women, apparently, it is OK to wear hats in church.

I remember the church pews of my youth having metals clips on them, and I would click them up and down during the service until Mom threatened to put my nose in one. Those clips, I was clearly told, were for men’s hats. Yet, I never saw a hat in one.

The U.S. Flag Code says men

— not including those in military service uniform — are to remove their hats during the National Anthem, the pledge of allegiance and when a United States flag passes by during a parade. Once again, women are not required to do so.

Historically, men’s hat etiquette designates that all hats should be removed upon entering indoors. Historically, women’s hat etiquette designates that dress hats are allowed to be kept on indoors. And, of course, hats are always welcome at the Kentucky Derby.

Baseball caps, beanies or berets. Trucker hats, turbans or top hats. Hats are certainly not in short supply. In fact, Wikipedia lists more than 140 types of hats with photos.

Meanwhile, when to wear or not wear a hat is seemingly all over the board. Pro golfers remove their hats to shake hands. Orthodox Jewish men wear hats, even in church. In 1983,



the Catholic church removed its mandate that prohibited men from wearing hats in church. And some teachers and principals have given up asking kids to remove their hats in the classrooms.

My father, like most men from his generation, almost always wore some type of hat when outdoors. Indoors? Never. And the men of his time seemingly always removed their hats whenever the American flag was involved. I try to follow suit, but I find fewer and fewer people joining me.

Bad hair day? Supporting your favorite team? Covering up a bald spot? It doesn’t matter. Wearing — or not wearing — a hat today seems to be, for the most part, a personal decision.

Who knows? Those hat clips on church pews might even make a comeback.

Have a great week, and thanks for reading. ■

Shane Goodman
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ADEL LIBRARY EVENTS

303 S 10th St, Adel • 515-993-3512 • adelpl.org



- ***STEAM with ISU Extension: Marvelous Marshmallows** (K-fifth grade) – Dec. 19 at 10 a.m.
- **Teen Advisory Board: Holiday Party** (grades 6-12) – Dec. 19 at 4 p.m.
- **Family Bingo** (Children 8 and younger must be accompanied by an adult) – Dec. 27 at 10 a.m.
- **Makerspace Pop-up: Buttons** (Children 8 and younger must be accompanied by an adult) – Dec. 28, 10 a.m. to 1 p.m.

ADULT PROGRAMS:

- ***Yoga at the Library** – Every Wednesday in December at 5:45 p.m.
- **Exercise Group** – Monday through Thursday, 9 a.m.
- **50s + Senior Gathering** – Dec. 19, 10 a.m. to 1 p.m.
- **Cook Book Club** – Dec. 20 at 11 a.m.
- **Evening Book Club** – Dec. 28 at 6 p.m.

**Programs with an asterisk require registration. Register at adelpl.org.*

Please note that the library will be closed Dec. 25 and 26 for Christmas. ■

ADM SPORTS SCHEDULE

Friday, Dec. 15

- 4:30 p.m. **Basketball:** Girls JV @ Boone
- 4:30 p.m. **Basketball:** Boys JV @ Boone
- 5 p.m. **Wrestling:** JV Tournament @ Roland-Story
- 5:45 p.m. **Basketball:** Boys Freshman @ Boone
- 6 p.m. **Basketball:** Girls Varsity @ Boone
- 7:30 p.m. **Basketball:** Boys Varsity @ Boone

Saturday, Dec. 16

- 10 a.m. **Wrestling:** Varsity Tournament @ Glenwood

Monday, Dec. 18

- 4:30 p.m. **Basketball:** Girls JV vs. Perry
- 4:30 p.m. **Basketball:** Boys JV vs. Perry
- 5:15 p.m. **Basketball:** Boys Freshman vs. Perry
- 6 p.m. **Basketball:** Girls Varsity vs. Perry
- 7:30 p.m. **Basketball:** Boys Varsity vs. Perry

Tuesday, Dec. 19

- 5:30 p.m. **Wrestling:** JV @ Abraham Lincoln
- 5:30 p.m. **Wrestling:** Varsity @ Abraham Lincoln

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FUNERAL NOTICES

Funeral notices can be emailed to tammy@iowalivingmagazines.com

JEAN MARIE BARRETT

Jean Marie Barrett, 65, died with family by her side on Dec. 3, 2023, at UCSD hospital in La Jolla, California. She was born Aug. 29, 1958, to John Melvin and Jean Moorman (Liggit) Dunleavy in Ames. Jean graduated from Ames High School and married her high school sweetheart, Michael Barrett, in 1978. Five years and four children later, they moved to Adel, which they called home for the last 38 years. Mike and Jean most recently celebrated their 45th wedding anniversary.

Jean dedicated her life to her husband, kids, grandkids and countless friends she's made over the last 65 years. She was a lover of nature, gardening and healthy living. She loved cheering her kids and grandkids on with all of their activities. Close to her heart was her rescue dog, Maggie.

She is survived by her husband, Mike; children, Joel (Erica) Barrett, Nick (Rae Ann) Barrett, Lindsay (Ryan) Knight and Suzanne (Nick) Talley; grandchildren, Alison, Donovan, Ashley, Hailey, Carter, Barrett, Graham and Nora; siblings, John (Linda) Dunleavy, Linda (Ron) Christianson and Mary Dunleavy; and many nieces and nephews.

She was preceded in death by her parents and her parents-in-law, Bonnie Laura and John Marvin Barrett.

Visitation will be Wednesday, Dec. 20, from 4-7 p.m. at Caldwell Parrish Funeral Home, 735 S. 14th St., Adel. In lieu of flowers, memorial contributions will be directed to AHeinz57 Pet Rescue and The La Jolla Family House. ■



BRUCE ALGREEN

Bruce Algreen, 60, of Adel, died unexpectedly on Friday, Dec. 8, 2023, at his home. He was born on Sept. 1, 1963, to Ronald and Sharilynn (Carter) Algreen in Dexter. He was a 1982 graduate of Dexfield High School.

Bruce is survived by his daughter, Amie Algreen; father, Ron Algreen; sisters, Deb (Steve) Goodner and Pam Finnell; grandchildren, Kailey (Spencer), Amber and Carter; and one great grandchild, Hudson. He was preceded in death by his mother, Sharilynn; and his son, Ben Algreen.

A private burial will take place in the Dexter Cemetery at a later date. Memorial contributions may be directed to the family to be donated in memory of Bruce. Online condolences may be left to the family at www.caldwellparrish.com. ■



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FUNERAL NOTICES

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JOYCE ANN KAMM

Joyce Ann Kamm, 71, of Van Meter, died at her home after a long, courageous battle with cancer on Sunday, Dec. 10, 2023. She was born May 27, 1952, to Harold and Shirley Libich in Liberal, Kansas, and grew up in Hooker, Oklahoma, until her parents moved to Des Moines. They lived in Des Moines for about two years prior to moving to Booneville.

Mark and Joyce were married on May 24, 1968. They made their home in Booneville and then Van Meter for more than 50 years.

Joyce is survived by her husband, Mark; three sons, Douglas (Karla), Dennis and Daniel (Dani); three grandchildren, Kendre, Kolby and Payton; and a sister, Pamela (Ben) Adams. She was preceded in death by her parents, Harold and Shirley; brother, Michael; and sisters, Kathy and Brenda.

Visitation will be held from 5-7 p.m., Tuesday, Dec. 19, at the Van Meter American Legion Hall. Funeral service will begin at 11 a.m., Wednesday, Dec. 20, also at the Van Meter American Legion Hall. Burial will follow at the Iowa Veterans Cemetery. Lunch will be served at 1 p.m., after the burial, at the Van Meter American Legion Hall. Memorial contributions may be directed to UnityPoint Hospice, the John Stoddard Cancer Center, and the Ladies Auxiliary Post 403. Online condolences may be expressed to the family at www.caldwellparrish.com. ■



CAROL FOX

Carol Fox of Minburn died Dec. 8, 2023. She was born Jan. 28, 1942, in Perry. A memorial gathering will be held at the Ray R. Estle Memorial Library, 1308 Walnut St., Dallas Center, on Sunday, Dec. 17, from noon to 2 p.m. Arrangements are by Iles Brandt Chapel.

She is survived by her husband of 61 years, Ben; daughter, Jennifer Fox Ellerman; son, Jon (Jodi Kimrey Jensen); grandchildren Tyler (Erin) Ellerman and their son, Orson, Suzanne (Ben) Neff and their son, Oliver, Cassidy (Wes) Hammer and their daughter, Macey, Ben Fox and Jill Fox; and siblings: Linda (Tom) Nevitt, Keith (Margie) Kenyon, Susan Kenyon Smith, Jeff (Cheryl) Kenyon, Kim (Larry) Goodman, and Laurie (Bill) Morgan; sister-in-law, Mary Potter Kenyon (Nick Portzen), and her brother- and sister-in-law, Bob and Barb Fox. ■



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RECIPE

A FESTIVE PEPPERMINT SNACK WITH A FLAVORFUL POP

(Family Features) Among the many enchanting elements of the holiday season, the family traditions and familiar flavors of favorite foods enjoyed year after year bring loved ones together better than perhaps any other occasion. From decorating wreaths and trees to crafting ornaments and preparing classic recipes, it's a season of cherishing memories and creating new ones.

While there are countless ingredients that harken to the taste of holidays past, there's one sweet favorite that truly symbolizes the season: peppermint. Whether enjoyed in the familiar shape of a candy cane — the original kid-favorite — or added to recipes from beverages to desserts and everything in between, it's a delicious way to connect generations.

For example, these Jingle Balls provide a perfect kid-friendly project to keep them busy rolling popcorn balls in sparkling colored sugar for bite-size bits of holiday magic. They're equal parts holiday spirit and sweet appetizer, snack or dessert. Just be sure to have an adult melt together the butter, marshmallows and peppermint extract before letting little ones show off their creativity.

This favorite is made possible by the versatility of popcorn, one of America's most beloved snack foods. Celebrated for its seed-to-snack simplicity, popcorn's smell, taste and versatility mean it can enhance any occasion as a budget-friendly solution for family gatherings. ■

JINGLE BALLS

Recipe courtesy of the American Pecan Promotion Board

Cook time: 24 minutes

Servings: 8

- Nonstick cooking spray
- 12 cups popped popcorn
- 6 tablespoons butter or margarine
- 3 cups mini marshmallows
- 1/2 teaspoon peppermint extract
- assorted colored sugars

Directions:

Lightly spray large mixing bowl with nonstick cooking spray. Add popcorn.

Spread plastic wrap on cookie sheet; set aside.

In medium saucepan, melt butter and marshmallows; stir until mixture is smooth. Stir in peppermint extract. Pour over popcorn, mixing until well coated. Let cool 2 minutes.

Spray hands with cooking spray and form popcorn



mixture into 3-inch balls. Gently press colored sugar onto balls. Let sit on prepared cookie sheet until cool and set.

EVENTS IN THE AREA

Email your event information to tammy@iowalivingmagazines.com

HOLIDAY LIGHTS

Jolly Holiday Lights

Adventureland Park, 3300 Adventureland Drive, Altoona
www.jollyholidaylights.org

Gingerbread Lane

S.E. Richland Court, Ankeny
 Facebook: Gingerbread Lane Ankeny, IA

Prairie Ridge Church

825 N.W. 36th St., Ankeny
www.ridgelife.org

Winter Wonderlights

Uptown Ankeny, 715 W. First St., Ankeny
www.uptownankeny.org

Winter Wonderscape

Reiman Gardens, 1407 University Blvd., Ames
www.reimangardens.com

Beaverdale

Ashby and Wallace Avenues near Beaver Avenue, Des Moines
www.beaverdale.org

First Church of the Open Bible

2200 Beaver Ave., Des Moines
www.firstchurch.org

Miracle on 86th Street

3600 86th St., Urbandale
www.urbandale.org

Santa's Rock N Lights

Living History Farms, 11121 Hickman Road, Urbandale
www.santasrocknlights.com

Historic Valley Junction

Fifth St., West Des Moines
www.valleyjunction.com

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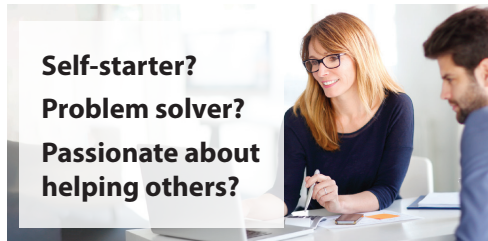
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THIRD MONDAY BINGO

Enjoy Bingo on Monday, Dec. 18, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

HELP VETERANS AT THE DES MOINES VA HOSPITAL

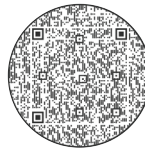
Federal funds may not be used to purchase personal items for veterans at VA Hospitals. Like many other American Legion Auxiliaries, Adel ALA Unit 464 steps forward to collect clothing and other items needed by vets in the Des Moines VA Hospital or in its domicile. Currently, the following are being requested: men's sweatpants/athletic pants (size S-XXXL), men's sweatshirts (size S-XXXL), men's coats (size-XXL), men's underwear (size S-L), great condition large print used books, individually wrapped snacks, and decaf ground coffee.

Donations are welcomed to be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up.

In this holiday season, we are thankful for the generosity of our community to recognize the service of our veterans through your donations. ■

WINTER SOLSTICE CELEBRATION

The Dallas County Conservation Board invites you to join them Thursday, Dec. 21, 7-8 a.m. at Hanging Rock Conservation Area in Redfield at the astronomical clock to observe and celebrate the winter solstice sunrise. Join them to mark this date not with a wall calendar, but with a fire and a sunrise to celebrate the changes. *Scan the QR code to register.* ■



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