

SEEN IN ADEL



LIONS SUPPORT BACKPACK PROGRAM: The Adel Lions Club recently voted to support the School Kids Backpack Program. The Lions have pledge an annual contribution of \$5,000. The program provides free, easy-to-prepare meals and snacks to ADM and Van Meter kids deemed to be food insecure. The program runs not only through the school year, but also during summer months. Presently, 130 backpacks are distributed. Each child receives a regular supply to help them with their nutritional needs. The program is run in cooperation with the local Adel Good Samaritan Food Pantry. People interested in supporting the program can make a contribution to the Food Pantry with a note in the "For" area on their check that the donation is for the Kids Backpack Program. Pictured are Dawn Flora, Lions President Scott Jungman, and Carole Erickson-Schepers.

WEATHER FORECAST

FRIDAY HIGH 55 | LOW 31 Sunny

SATURDAY HIGH 38 | LOW 23 Cloudy, windy and colder

















FROM THE PUBLISHER

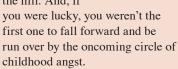
TRACTOR TIRE TUBING

Where are some of your favorite places to sled, skate or ski in the area? We don't have the mountains of Colorado or the frozen lakes of Minnesota, but with a bit of effort and a little creativity, one can find plenty of places locally to enjoy Iowa's winter weather.

As a child, my buddies and I would bundle up in our "snowmobile suits," as we called them, and head for the hills of River View Cemetery in my hometown of Algona. Yes, a cemetery. And, no, we didn't try to swerve around the tombstones like moguls. We found a steep hill on the back side of the cemetery that didn't have any occupied graves. That was our Copper Mountain.

I would call it sledding, but we didn't have sleds. We had inner tubes. And the bigger, the better. Today's fancy inflatables weren't available when I was a kid, so we simply made do with these black, rubber donuts. Most were a standard size, but when a massive tractor-sized inner tube was available, my friends and I couldn't strap on our snow boots and

mittens fast enough. The challenge was to see how many of us could stack up on that inner tube while it slid down the hill. And, if



As a child, I didn't experience ice skating or snow skiing, and it was my mother's fault. Kind of. She told me a story of her childhood friend falling backwards on her skates and having the back of the blade stabbed into the back of her, well, you can guess. This friend had to make a trip to the doctor — with the blade still intact. No thanks. I have since tried skating a handful of times as an adult, but that image continues to be stuck in my mind.

Snow skiing certainly looked like a lot of fun, but that required ski equipment and money, neither of which I had. Once out of college with a few bucks in my pocket, I did give it a shot. The first effort

wasn't so great, though. Lessons were for sissies, I mused. So I strapped on the skis and jumped on the lift with my now-wife, Jolene. I assumed she would tell me how to unmount from the chair lift while we were being transported to the top of the hill. What she gave me instead was complete silence... and I landed head-first and then did somersaults down the hill, with my skis and poles following. Once I gathered my equipment and swallowed my pride, the next stop was for ski lessons.

So, ice skating and snow skiing are OK, but tubing is still more my style. Maybe you can relate. If you can, or even if you can't, be sure to let me know where you can sled, ski, skate — and even tube. And when you go, bring a tractor tire innertube — if you dare.

Have a great week, and thanks for reading. ■

Shane Goodman

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Adel Kiwanis members Brad Baier and Paul Berkenbosch award ADM Kiwanis Student of the Month certificates to Lily Kruse and Kaylin Dains.

ADM STUDENTS OF THE MONTH FOR NOVEMBER

"We want to move into the ADM School District." That has been said many times, and now a "High Performing" rating has been received on the 2023 Iowa School Performance Profiles. This is the first time that all ADM school buildings have received this designation. A special thank you to the administration, teachers and workers who have helped to make this significant achievement possible.

The ADM Scholarship Foundation, coaches and teachers of ADM have again chosen the Students of the Month who have excelled academically and/or athletically. Local business sponsors contribute to this program and the Foundation in order that scholarships can be granted each year to qualifying graduates.

The students named for the month of November are:

Student of the Month: Paige Mattes — Raccoon Valley Bank

Kiwanis: Kaylin Dains and Lily Kruse

Fine Arts, Drama: Kylie Ozbun (onstage) and Emma McDowell (backstage) — Lincoln Savings Bank

Football Players of the Week: Fuller Standard Service, Inc. Week Nine: Tyler Gelhaar and Mason Vanorny

Volleyball: Madi James — Cullen Howe Real Estate-RE/MAX Precision

Cheer: Melody Koons — Azalea Lane Boutique

Boys Cross Country: Hunter Landphair — Iowa Spring Manufacturing Girls Cross Country: Meredith Lipovac — Adel HealthMart

All the contributions given to the Foundation are invested, and the income is used to provide scholarships to graduating seniors of the ADM School District going on to post-secondary education. More than \$889,000 has been given in scholarships to 907 students since the Foundation's inception in 1985. More information can be found online at https://www.admschools.org/district-2/action-center/adm-scholarship-foundation.

ADM SPORTS SCHEDULE

Friday, Dec. 8

4:30 p.m. Basketball: Girls JV vs. Bondurant-

4:30 p.m. Basketball: Boys JV vs. Bondurant-

5:45 p.m. Basketball: Boys Freshman vs. Bondurant-Farrar

6 p.m. Basketball: Girls Varsity vs. Bondurant-Farrar

7:30 p.m. Basketball: Boys Varsity vs. Bondurant-Farrar

Saturday, Dec. 9

9 a.m. Wrestling: Varsity Invitational @ Ankeny Centennial

Monday, Dec. 11

5 p.m. Wrestling: JV Invitational @ Knoxville

Tuesday, Dec. 12

4:30 p.m. Basketball: Girls JV vs. North Polk 4:30 p.m. Basketball: Boys JV vs. North Polk 5:45 p.m. Basketball: Boys Freshman vs. North

6 p.m. Basketball: Girls Varsity vs. North Polk 7:30 p.m. Basketball: Boys Varsity vs. North Polk



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CHRISTMAS MOVIE TRIVIA

From BuzzFeed.com https://www.buzzfeed.com/ laurafrustaci/christmas-movie-trivia

- 1. In the film "The Nightmare Before Christmas," what holiday does Jack Skellington discover?
- What is the Grinch's loyal dog's name?
- 3. In the film "Elf," what is the main character Buddy's favorite type of pasta?
- In the movie "Home Alone," what is the name of the young boy left behind by his family

during Christmas vacation?

- 5. What is the name of the Grinch's love interest in "How the Grinch Stole Christmas"?
- 6. What does George promise to give to Mary at the beginning of "It's a Wonderful Life"?
- Which reindeer do Jingle and Jangle take to Southtown, USA, in "The Year Without a Santa Claus"?
- What does Susan Walker tell
 Kris Kringle is the thing she
 wants more than anything in

- the world in "A Miracle on 34th Street" (1994)?
- 9. In "The Santa Clause," on what date does Bernard say Scott is due back at the North Pole?
- 10. What is the name of the evil magician in "Frosty the Snowman"?
- 12. Complete this famous line from "Elf": "The best way to spread Christmas cheer is "
- 13. In "Elf," when Buddy runs away, what does he apologize for in the note he leaves behind? ■

ANSWERS: 1. CHRISTMAS, 2. MAX, 3. SPAGHETTI, 4. KEVIN MCCALLISTER, 5. MARTHA MAY, 6. THE MOON, 7. VIXEN, 8. A FAMILY, COMPLETE WITH A FATHER AND YOUNGER BROTHER, AND THE HOUSE FROM THE COLE'S CATALOG, 9. THANKSGIVING, 10. PROFESSOR HINKLE, 11. JACOB MARLEY, 12. "SINGING LOUD FOR ALL TO HEAR", 13. RUINING THEIR LIVES AND CRAMMING 11 COOKIES IN THE VCR.

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ADEL LIBRARY NEWS

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STORYTIMES

• Dallas County Conservation Storytime (ages 3-plus) – Dec. 11 at 10 a.m.

OTHER PROGRAMS

- Family Drop-in: Gingerbread Challenge Dec. 11, 4-6 p.m.
- *STEAM with ISU Extension: Marvelous

 Marshmallows (K-fifth grade) Dec. 19 at 10 a.m.
- Teen Advisory Board: Holiday Party (grades 6-12)
 Dec. 19 at 4 p.m.
- Family Bingo (Children 8 and younger must be accompanied by an adult) – Dec. 27 at 10 a.m.
- Makerspace Pop-up: Buttons (Children 8 and younger must be accompanied by an adult) Dec. 28, 10 a.m. to 1 p.m.

ADULT PROGRAMS

• *Yoga at the Library - Every Wednesday in

December at 5:45 p.m.

- Exercise Group
 - Monday throughThursday, 9 a.m.
- 50s + Senior Gathering – Dec. 19, 10 a.m. to 1 p.m.



- Iowa History: Hollywood & Iowa "It's a Wonderful Life" – Dec. 14 at noon.
- Brown Bag Book Club Dec. 14 at noon.
- Cook Book Club Dec. 20 at 11 a.m.
- Evening Book Club Dec. 28 at 6 p.m. *Programs with an asterisk require registration.

You can easily register at adelpl.org.

Please note that the library will be closed Dec. 25

and 26 for Christmas.







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EVENTS IN THE AREA EMAIL YOUR EVENT INFORMATION TO TAMMY@IOWALIVINGMAGAZINES.COM



Santa's Rock N Lights

LIVING WELL CLASSES: OVERCOMING ANXIETY OR DEPRESSION

Orientation: Thursday, Jan. 18, 7 p.m. Ankeny First United Methodist Church Christian Life Center, 710 NE 36th St., Ankeny

Two separate Living Well Classes: Overcoming Anxiety or Depression will be held for eight weeks, Thursdays, Jan. 25 through March 14 from 7-8:30 p.m. Classes are confidential and supportive. For information, call Jim White at 515-313-3701 or email jcjlwhite@live.com.

BREAKFAST WITH SANTA AND MRS. CLAUS

Sunday, Dec. 10, 8 a.m. to noon West Des Moines Elks Lodge, 2060 NW 94th St., Clive

Special guests, Santa Claus and Mrs. Claus, will be giving out goody bags, talking with the children and providing photo opportunities at the monthly Elks breakfast. The breakfast buffet includes biscuits and gravy, French toast, scrambled eggs, bacon, sausage patties, cheesy potatoes and all-you-can-eat pancakes (including blueberry and chocolate chip), orange juice, milk and coffee. There will also be a Christmas bake sale. Enjoy a bloody Mary or mimosa for \$3.50. Cost is \$10 for adults and \$5 for children 10 and younger.

Breakfasts are held the second Sunday of the month. Proceeds support the Elks' Hoop Shoot Program, other youth activities and community charities.

Through DEC. 31: Santa's Rock N Lights. Holidaythemed light show occurring daily from 5-9 p.m. at Living History Farms, 11121 Hickman Road, Urbandale; lhf.org/event/santas-rock-n-lights.

Through DEC. 31: Holiday Hullabaloo. Now in its second year, experience a family-friendly holiday event with festivities and entertainment every weekend through the dates posted. Horizon Events Center, 10320 Hickman Road, Clive; horizoneventscenter.com.

DEC. 1-17: "All Is Calm: The Christmas Truce of 1914." Des Moines Community Playhouse, 831 42nd St., Des Moines. dmplayhouse.com.

DEC. 2-17: "A Charlie Brown Christmas." Des Moines Community Playhouse's Kate Goldman Children's Theatre. dmplayhouse.com.

DEC. 7-10: BDM Presents "The Nutcracker." Hoyt Sherman Place, 1501 Woodland Ave., Des Moines; balletdesmoines.org

DEC. 7-9: "The Nutcracker." Iowa Dance Theatre presents at Des Moines Civic Center, 221 Walnut St., Des Moines; dmpa.org

DEC. 8-17: "A Christmas Carol." Stoner Theatre, 221 Walnut St., Des Moines. iowastage.org.

DEC. 9: Santa 5K run. 521 E. Locust St., Des Moines; fleetfeet.com/s/desmoines.

DEC. 14: Christmas with Lorie Line. 7 p.m. at Hoyt Sherman Place, 1501 Woodland Ave., Des Moines. hoytsherman.org. ■



RECIPE

SWEET AND SAVORY WAY TO SHAKE UP HOLIDAY CELEBRATIONS

(*Family Features*) 'Tis the season for sweet and savory favorites – from the mouthwatering desserts you crave each year to starters and snacks that hold over hungry guests. Elevate your holiday entertaining with the right combination of appetizers, main courses, sides, sweets and beyond that start with the same seasonal staple: pecans.

To help celebrate the holiday season, the American Pecan Promotion Board introduced a digital Pe-Calendar to highlight the many ways pecans can be enjoyed in and beyond a traditional pie. From Dec. 7-18, the interactive calendar will unveil tasty recipes for pecan fans to enjoy, along with fun games that can enter you in to win exciting prizes each day. From delicious Baked Brie with Pecans and Cranberry Orange Chutney to nutritious Pecan Snack Mix with Cranberries and Chocolate, along with prizes, the calendar provides an ultimate way to shell-ebrate with the must-have holiday nut.

BAKED BRIE WITH PECANS AND CRANBERRY ORANGE CHUTNEY

Recipe courtesy of the American Pecan Promotion Board

Cook time: 24 minutes Servings: 8

- 1 bag (12 ounces) fresh cranberries
- 1/2 cup maple syrup, plus 1 teaspoon for garnish, divided
- 1/2 cup water
- 1 orange, zest and juice only
- 1 teaspoon freshly chopped thyme, plus additional for garnish, divided
- 1 teaspoon freshly chopped rosemary
- 1 tablespoon bourbon (optional)
- 1 round brie (13.4 ounces)
- 1/2 cup roasted pecan pieces
- crackers
- toasted bread
- apple slices

Directions:

Preheat oven to 350 F. Line baking sheet with parchment paper or silicone baking mat.

In medium saucepan over medium-high heat, bring cranberries (reserving some for garnish), 1/2 cup maple



syrup and water to boil. Reduce heat to medium-low and cook, stirring occasionally, until cranberries pop and mixture thickens, 8-10 minutes.

Remove cranberry mixture from heat and stir in orange zest, orange juice, 1 teaspoon thyme, rosemary and bourbon, if desired.

Place brie on parchment-lined baking sheet. Bake 5-7 minutes, or until inside of cheese softens while outside remains intact.

Transfer brie to serving platter and top with chutney and toasted pecans. Drizzle remaining maple syrup over brie and garnish with remaining fresh thyme and reserved cranberries. Serve with crackers, toasted bread and apple slices.



THIRD MONDAY BINGO

Enjoy Bingo on Monday, Dec. 18, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale.

WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

WINTER SOLSTICE CELEBRATION

The Dallas County Conservation Board invites you to join them Thursday, Dec. 21, 7-8 a.m. at Hanging Rock Conservation Area in Redfield at the astronomical clock to observe and celebrate the winter solstice sunrise. Join them to mark this date not with a wall calendar, but with a fire and a sunrise to celebrate the changes. Scan the QR code to register.

ADEL AMERICAN LEGION AUXILIARY COLLECTS FOR VA HOSPITAL

Federal funds may not be used to purchase personal items for veterans at VA Hospitals. Like many other American Legion Auxiliaries, Adel ALA Unit 464 steps forward to collect clothing and other items needed by vets in the Des Moines VA Hospital or in its domicile. Currently, the following are being requested: men's sweatpants/athletic pants (size S-XXL), men's sweatshirts (size S-XXXL), men's coats (size-XXL), men's underwear (size S-L), great condition large print used books, individually wrapped snacks, and decaf ground coffee.

Donations are welcomed to be dropped off at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up.

In this holiday season, we are thankful for the generosity of our community to recognize the service of our veterans through your donations.





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