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Living Weekly

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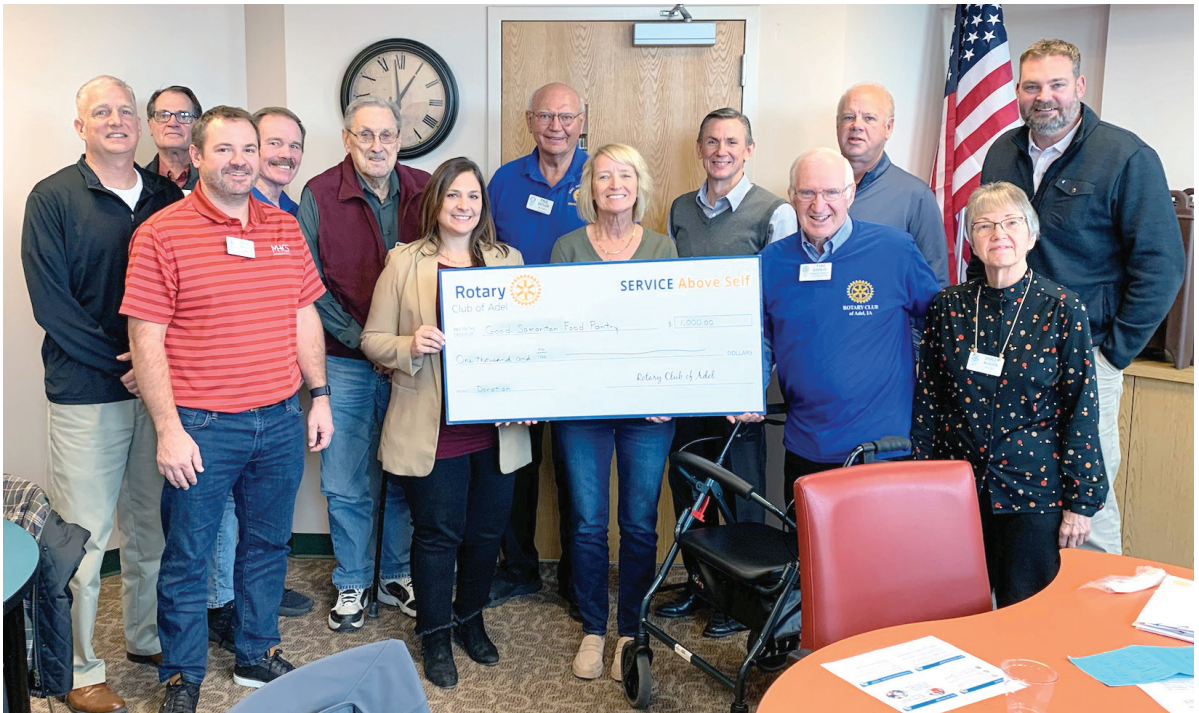
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A BIG GREEN UMBRELLA MEDIA PUBLICATION

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SEEN IN ADEL



ROTARY DONATES TO FOOD PANTRY: The Adel Rotary Club donated \$1,000 to the Good Samaritan Food Pantry at the club meeting on Nov. 8 at the Adel Public Library. Photo courtesy of Shirley McAdon ■

ADEL WEATHER FORECAST

FRIDAY HIGH 49 | LOW 29

Plenty of sunshine

**SATURDAY HIGH 59 | LOW 33**

Plenty of sunshine

**SUNDAY HIGH 59 | LOW 37**

Intervals of clouds and sun

**MONDAY HIGH 51 | LOW 34**

Cloudy with a bit of rain

**TUESDAY HIGH 45 | LOW 21**

Morning showers, then sun



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FROM THE PUBLISHER

COUNTING CHANGE AND TELLING TIME

We often hear our parents or grandparents tell us how things were done in their day, and we marvel at the changes that have taken place in such a relatively short time.

Imagine walking through a foot of snow to use the outhouse when nature calls. Or riding a horse into town as your only form of transportation. Or sitting around a wood stove in the middle of a home to warm up. I recall my mother telling these stories and more. In the big picture, it wasn't that long ago when they took place.

Do you ever wonder what stories we will tell future generations about the things we used to do?

How about telling time on a standard wall clock? You know, the big hand, the little hand, etc. I saw an online post the other day of a student's drawing from a teacher's request to draw a picture of a clock showing 10 minutes after 11 o'clock. The student drew a digital clock reading "11:10." Sigh. Will standard wall clocks become a

thing of the past? Have they already?

I was paying cash for a sandwich at a convenience store the other day and, as typical today, my change was automated into an attached metal bowl for me to scoop up. I asked the clerk what percent of their customers pay in cash now, and he told me about 20%. That seems to be about right. According to fortunly.com, cash accounted for 18% of all payments in the U.S. during 2022.

I vividly remember learning how to count change in school. One has to wonder if this is — or even should be — taught today. I do recall taking my then-4-year-old daughter Samantha to a store when she wanted to buy something with her own money. She didn't know the difference between a dime and a dollar yet, so she just kept taking more coins out of her little purse and putting them on the counter until the clerk told her she had enough.



We all smiled, but Samantha did the most as she was so proud of being able to buy something and pay for it herself.

Many of us are resisting the transition from vehicles with gasoline engines to those running on electric batteries. Despite our hesitations, the trend is undeniable, and we will see more and more electric cars on our roads and highways in years to come. Will the gasoline engine as we know it today go by the wayside in another decade or two? Doesn't seem likely, but my grandpa couldn't envision the automobile replacing his horse either.

How about you? What do you do today that will be viewed as archaic in another generation? Send me a note and let me know.

Have a great week, and thanks for reading. ■

Shane Goodman

President and
Publisher

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Living Weekly

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ADEL MANOR TRANSFERS OWNERSHIP TO NONPROFIT

The Adel Manor, Inc. Board of Directors announced the transfer of ownership to local Iowa nonprofit Community Housing Initiatives (CHI).

“This positive change will enhance our community by carrying on the tradition of quality living conditions that our residents deserve, while also honoring the original vision and aspirations set forth by our founding members for a thriving and fulfilling community,” says a statement issued from the board.

Throughout the upcoming year, Community Housing Initiatives plans to renovate and update the property’s handicapped accessibility features, modernize amenities, enhance energy efficiency, upgrade HVAC systems, and install in-unit washers and dryers for improved resident comfort and convenience. In addition to these updates, CHI’s Resident Services team is fully committed to offering a range of supportive services tailored to the needs of seniors. They work diligently to assist residents and their families in accessing the necessary services required to maintain an independent and self-reliant lifestyle.

“We are deeply grateful to the Adel Manor Board of Directors — Charles Kreager, Dan Hawkins, Mary Hughes, Darrell Bauman, Craig Poldberg, Linda Fuller, Jim Peters and Bill Sandquist — for their commitment to our organization,” the statement read. “Their dedication has played a significant role in driving the vision of Adel Manor, providing housing for low-income seniors in Adel. We extend our heartfelt appreciation to each member for their ongoing efforts to make a positive impact on the lives of our residents and community.” ■

ADEL AMERICAN LEGION AUXILIARY COLLECTS FOR VA HOSPITAL

The Adel American Legion Auxiliary is collecting donations for the VA Hospital and the VA CRRC to assist veterans with needs for clothing and other items. Currently, the following are being requested: great condition large print used books, individually wrapped snacks, +2.25 reading glasses, men’s deodorant, men’s shampoo and conditioner (no body wash), hair brushes, men’s sweatpants/athletic pants (size M, L and XL), men’s athletic shorts (size L, XL, XXL), and decaf ground coffee.

Donations are welcome at the Adel American Legion Auxiliary drop-off box at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up.

Thank you to our community for your generosity in supporting our veterans. ■

ADM SPORTS SCHEDULE

Friday, Nov. 17

4:30 p.m. **Basketball:** Girls JV2 @ Des Moines Christian

5:45 p.m. **Basketball:** Girls JV @ Des Moines Christian

Monday, Nov. 20

5:15 p.m. **Basketball:** Girls JV @ Norwalk

7 p.m. **Basketball:** Girls Varsity @ Norwalk

Tuesday, Nov. 21

6 p.m. **Basketball:** Girls JV vs. Van Meter

7:15 p.m. **Basketball:** Girls Varsity vs. Van Meter


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RURAL & IN-TOWN - COMPETITIVE SPEEDS & PRICING

DALLAS COUNTY CONSERVATION EVENTS

FOREST BATHING

Sunday, Nov. 19, 1-3 p.m.

Kuehn Conservation Area,
32828 Houston Trail, Earham

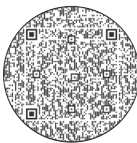
Join Brandy Case Haub, certified guide through the Association of Nature and Forest Therapy, for an experience of relaxing mindfulness at Kuehn. Appropriate for adults of all ages.

WINTER SOLSTICE CELEBRATION

Thursday, Dec. 21, 7-8 a.m.

Hanging Rock Conservation Area, Redfield

DCCB invites you to join them at the astronomical clock at Hanging Rock to observe and celebrate the winter solstice sunrise. Join them to mark this date not with a wall calendar, but with a fire and a sunrise to celebrate the changes. ■



Scan the QR code to register for events.

FREE COMMUNITY THANKSGIVING DINNER

All are welcome to the annual free Community Thanksgiving. Meals will be served from 11 a.m. to 1 p.m. on Thanksgiving Day at Meadowview Elementary, 1300 S.15th St. in Adel. To set up a meal delivery or for more information, call Lincoln Savings Bank at 515-993-5663. ■



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JOKE OF THE WEEK

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FUNERAL NOTICE

Funeral notices can be emailed to tammy@iowalivingmagazines.com

CORY DAUGHERTY

Cory Daugherty, 39, was born July 24, 1984. He died Nov. 4, 2023. He was born in Adel to Kelly Daugherty and Kristi (Morrison) Hamilton. Cory had a heart of gold and could always make others smile. He had a bear tight hug and cared deeply about his family. He was a free spirit, a wanderer, someone who sought to squeeze every drop of adventure out of life. He lived on his own terms. However, it's no secret that Cory faced an internal struggle, one that he battled courageously.



Cory is survived by his sons, Blayne (Angela Bowe-Shaw) and Nakota (Nadia Clark-Sharp); father, Kelly (Leilani); mother, Kristi (Skip); brother, Chad (Crystal) Daugherty; nephew, Dausen; niece, Kinsey; and many other friends and loved ones.

A memorial gathering was held in Cory's honor Nov. 15 at Caldwell Parrish Funeral Home - Adel Chapel. Memorial contributions are suggested to Joppa Outreach, www.joppa.org/?form=give. Online condolences may be expressed to the family at www.caldwellparrish.com. ■

50s PLUS SENIORS MEETING

50s Plus Seniors will meet on Tuesday, Nov. 21, from 10 a.m. to 1 p.m. The group will then be on their normal schedule of meeting the first and third Tuesdays of the month from 10 a.m. to 1 p.m. Seniors are invited to join for coffee, conversation and connecting with new and old friends. The program at the Dec. 5 meeting will be about Straight Engineering, a company that was located in Adel for many years. ■

ADM PRESCHOOL REGISTRATION OPEN

Online registration to attend 4-year-old preschool during the 2024-25 school year is now open and will close on Dec. 1. Children must be 4 years old on or before Sept. 15, 2024 in order to register. Families who would like to send a student to 4-year-old preschool at ADM next school year must complete the online registration process by Dec. 1 to be considered as part of the initial selection process. Late registrations will be placed on a waiting list. Completing registration does not guarantee a spot.

For more information and registration, visit <https://www.admschools.org/schools/adel-elementary/preschool-2/>. If you have questions, contact Rikki Kuhns at rikki.kuhns@admschools.org or 515-993-4283 ext. 1041. ■

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EVENTS IN THE AREA

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GREATER DES MOINES EXHIBITED. Photo courtesy of Polk County Heritage Gallery

LIVE MUSIC WEDNESDAYS

Historic East Village, AC Hotel, 401 E. Grand Ave., Des Moines

<https://therepublicongrand.com>

Nov. 22, 29

Catch live music performances every Wednesday through December for free from 6-8 p.m. Performers listed in order of date are Tony Bohnenkamp and Brian Herrin.

GREATER DES MOINES EXHIBITED

Polk County Heritage Gallery, 111 Court Ave., Des Moines

<http://www.polkcountyheritagegallery.org>

Nov. 16 through Jan. 3

Des Moines' best artists return to display the highest quality artwork the city has to offer. The annual show features artists' work that was blindly juried by Edgard Camacho.

DES MOINES TURKEY TROT

Starting on Court Avenue, Des Moines

<https://desmoines turkeytrot.com>

Nov. 23

Voted "Top Trot" in Iowa years in a row by Runner's World Magazine, the 5K plus 5-mile race



CHRISTKINDLMARKET. Photo courtesy of Leaps + Bounds Photography

takes over Des Moines on Thanksgiving. Starting at 9 a.m.

FESTIVAL OF TREES & LIGHTS

Iowa Events Center, 833 Fifth Ave., Des Moines

<https://unitypoint.org/giving/blank-childrens-hospital-foundation/ways-to-give/events/festival-of-trees-and-lights>

Nov. 24-26

Experience expertly decorated trees, local music, dance groups and a visit from Santa himself, all in the name of supporting Blank Children's Hospital. From 11 a.m. to 7 p.m. Friday and Saturday, 11 a.m. to 5 p.m. on Sunday.

CHRISTKINDLMARKET

Principal Park, 1 Line Drive, Des Moines

www.christkindlmarketdsm.com

Nov 30 through Dec. 3

You will find regional vendors with old-world, hand-crafted products at wooden vendor stalls, as well as lively performances of polka music, traditional dance and choirs in Yuletide Hall. Participate in children's activities or sip Glühwein (warm, mulled wine) and savor European Beer. ■

RECIPE

DAIRY-FREE SALTED CARAMEL CUPCAKES

Prep time: 25 minutes**Total time: 1 hour, 15 minutes****Servings: 12****Salted Caramel:**

- 2 cups granulated sugar
- 6 tablespoons Country Crock Plant Butter Sticks with Avocado Oil, at room temperature
- 1/2 cup Country Crock Plant Cream, at room temperature
- 2 tablespoons coconut oil
- 1/2 teaspoon salt

Cupcakes:

- 1 cup all-purpose flour
- 1 1/2 teaspoons baking soda
- 1 teaspoon baking powder
- 2 teaspoons cinnamon
- 1/2 teaspoon salt
- 1 cup (2 sticks) Country Crock Plant Butter Sticks with Avocado Oil, at room temperature
- 1 cup powdered sugar
- 1/2 cup brown sugar
- 2 teaspoons vanilla extract
- 1 cup Country Crock Plant Cream

Vegan Caramel Frosting:

- 1/2 cup (1 stick) Country Crock Plant Butter Sticks with Avocado Oil, at room temperature
- 1 1/2 cups powdered sugar, plus additional, if necessary
- 2 teaspoons caramel sauce, at room temperature
- Country Crock Plant Cream, as

needed

- 1/2 teaspoon vanilla
- 2 teaspoons caramel
- salt flakes (optional)
- caramel cubes (optional)

To make caramel:

In medium, light-colored saucepan over medium heat, stir sugar constantly until evenly melted.

Remove pan from heat and add Plant Butter, Plant Cream, coconut oil and salt.

Return mixture to medium heat, stirring constantly, 1 minute. Turn heat to low, stir and cook until mixture is thick and smooth. If caramel separates, whisk vigorously until it's back together.

Pour caramel into heat-proof bowl, passing through fine mesh strainer to remove crystallized sugar. Cover and cool completely in fridge.

To make cupcakes:

Preheat oven to 350 F. Line cupcake pan with liners; set aside.

In medium bowl, whisk flour, baking soda, baking powder, cinnamon and salt. Set aside.

In bowl of stand mixer, using whisk attachment, cream together Plant Butter, powdered sugar and brown sugar until light and fluffy. Add vanilla and cooled caramel, whisking on medium speed until combined.



Slowly add flour mixture, Plant Cream, scraping down sides of bowl until combined. Divide batter evenly into liners, filling each 3/4 full.

Bake until tops spring back when touched or toothpick inserted in center comes out clean, 18-20 minutes. Transfer cupcakes to wire rack and cool 5 minutes then remove from pan. Allow cupcakes to cool completely at room temperature.

To make frosting:

In bowl of stand mixer, mix Plant Butter on medium-high speed about 1 minute.

Add powdered sugar and Plant Cream together about 1 minute then add caramel sauce and mix until fully combined.

Add vanilla then Plant Cream as necessary, 1 teaspoon at a time, while mixing to desired consistency.

Pipe frosting onto cupcakes, drizzle with caramel and sprinkle with salt flakes, if desired. Garnish with caramel cubes, if desired. ■

THIRD MONDAY BINGO

Enjoy Bingo on Monday, Nov. 20, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

HOLIDAY CHEER IN ADEL

Welcome in the Christmas season by attending the Hometown Holiday Celebration in Adel on Friday, Dec. 1. On your tour around town for Sip & Sample, held from 5-7:30 p.m., don't miss the magical Festival of Trees at Adel First Christian Church at the corner of Highway 169 and Rapids Street. You may enter at 218 N. Ninth St. and walk through the beautiful sanctuary or come in on the east side of the church where an elevator or stairs will take you downstairs to a Christmas wonderland.

Festivities will continue on Sunday, Dec. 3, at the church. Enjoy hearty soup from 11 a.m. to 1:30 p.m. and a fancy dessert from 11 a.m. to 3 p.m. amid the twinkling lights and sparkling decorations of the Festival of Trees.

The Adel Historical Museum will be open for guided tours from 11 a.m. to 3 p.m. on Sunday as well. ■

CLASSIFIED ADS

COMMUNITY THANKSGIVING: FREE Thanksgiving Dinner on Nov. 23rd at Meadowview Elementary, 1300 S. 15th St, Adel from 11am to 1pm. To set up meal delivery or for more info, please call Lincoln Savings Bank at 515-993-5663.

FOR SALE: General electric glass top double oven range. It is electric, has air-fry, conv bake, warming burner, self & steam clean. Used for 7 1/2 months \$850.00. Call 515-745-5002.

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