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SEEN IN JOHNSTON

MORE
PHOTOS
INSIDE

VETERANS DAY PROGRAM: Roy Johnson with St. Croix Hospice spoke at the Veterans Day Program held at Brio in Johnston Nov. 9. Roy is a 30-year veteran with the U.S. Navy. ■

JOHNSTON WEATHER FORECAST

TUES. HIGH 67 | LOW 43
Breezy with plenty of sun



WED. HIGH 68 | LOW 46
Sunny and warm



THURS. HIGH 67 | LOW 33
Periods of clouds and sun



FRI. HIGH 50 | LOW 33
Cooler with plenty of sun



SAT. HIGH 60 | LOW 36
Sunny and mild



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FROM THE PUBLISHER

COUNTING CHANGE AND TELLING TIME

We often hear our parents or grandparents tell us how things were done in their day, and we marvel at the changes that have taken place in such a relatively short time.

Imagine walking through a foot of snow to use the outhouse when nature calls. Or riding a horse into town as your only form of transportation. Or sitting around a wood stove in the middle of a home to warm up. I recall my mother telling these stories and more. In the big picture, it wasn't that long ago when they took place.

Do you ever wonder what stories we will tell future generations about the things we used to do?

How about telling time on a standard wall clock? You know, the big hand, the little hand, etc. I saw an online post the other day of a student's drawing from a teacher's request to draw a picture of a clock showing 10 minutes after 11 o'clock. The student drew a digital clock reading "11:10." Sigh. Will standard wall clocks become a

thing of the past? Have they already?

I was paying cash for a sandwich at a convenience store the other day and, as typical today, my change was automated into an attached metal bowl for me to scoop up. I asked the clerk what percent of their customers pay in cash now, and he told me about 20%. That seems to be about right. According to fortunly.com, cash accounted for 18% of all payments in the U.S. during 2022.

I vividly remember learning how to count change in school. One has to wonder if this is — or even should be — taught today. I do recall taking my then-4-year-old daughter Samantha to a store when she wanted to buy something with her own money. She didn't know the difference between a dime and a dollar yet, so she just kept taking more coins out of her little purse and putting them on the counter until the clerk told her she had enough.



We all smiled, but Samantha did the most as she was so proud of being able to buy something and pay for it herself.

Many of us are resisting the transition from vehicles with gasoline engines to those running on electric batteries. Despite our hesitations, the trend is undeniable, and we will see more and more electric cars on our roads and highways in years to come. Will the gasoline engine as we know it today go by the wayside in another decade or two? Doesn't seem likely, but my grandpa couldn't envision the automobile replacing his horse either.

How about you? What do you do today that will be viewed as archaic in another generation? Send me a note and let me know.

Have a great week, and thanks for reading. ■

Shane Goodman

President and

Publisher

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Living Weekly

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SEEN IN JOHNSTON

A VETERANS DAY PROGRAM WAS HELD AT BRIO IN JOHNSTON ON NOV. 9.



Lennis Kelley and Bill Brubaker



Daryl Metzger and Barry Metzger



Ivan Butt and Laverne Petersen



Jim Pruitt and Lavonne Pruitt



Judy West and Tim West



Sue Griffith and Dick Griffith



Kathy Hamre and Lamont Hamre



Charlene Jorgensen and Gordon Jorgensen



John Scarpino and Mary Ann Laurence

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TREE BRANCH AND LIMB DROP OFF

The City of Johnston provides residents an opportunity to get rid of branches and limbs each fall. Residents can drop these off, at no cost, at the Public Works Facility, located at 6400 N.W. Beaver Drive, between Nov. 16-18. There is no fee; however, participants are asked to bring ID for proof of residency. Drop-off hours are Thursday, Nov. 16, 7 a.m. to 6 p.m.; Friday, Nov. 17, 7 a.m. to 3:30 p.m.; and Saturday, Nov. 18, 7 a.m. to noon.

Branches should not be larger than 18 inches in diameter. Larger sizes will not be accepted because of their inability to be recycled through the chipper. Residents are asked to have the end cut off their branches stacked at the end of their vehicles for easy removal. Items such as ropes, chains, wire and fence posts can cause damage to the equipment and injure City staff if pulled into the chipper. ■

CURBSIDE YARD WASTE COLLECTION END DATE

The fall season is here, which means it's time to start raking up the leaves and dealing with yard waste. As a reminder, the Compost It! program's curbside collection of yard waste will end on Nov. 20 and 21 on your regular collection day.

To have your yard waste collected until the end of the season, be sure to tag it, bag it or wheel it. ■

FUNERAL NOTICES

Funeral notices can be emailed to tammy@iowalivingmagazines.com

SISTER ROSALIA (MARY ANDREW) RIEDEL

Sister Rosalia (Mary Andrew) Riedel, CHM, 99, died at Bishop Drumm Care Center in Johnston on Oct. 31, 2023. Services were held Nov. 6 at Bishop Drumm Our Lady of Peace Chapel and Nov. 7 at Humility of Mary Center, Davenport. Mass of Christian burial was followed by interment at Mt. Calvary Cemetery, Davenport.

Rosalia Louise Riedel was born Nov. 23, 1923, in Milford, Ohio, to Dr. Ferdinand and Rosalia (Riehle) Riedel. She entered the congregation of the Humility of Mary in 1945 and professed vows in 1948 as Sister Mary Andrew.

Sister earned an AA in elementary education from Ottumwa Heights College, Ottumwa, and a bachelor's degree from Marycrest College, Davenport. She attended Scott Community College, Davenport, graduating as a certified nursing assistant in 1994.

Sister Rosalia began teaching in Centerville in 1948 then taught at St. Leo's, Lewistown, Montana; Lourdes Memorial, Bettendorf; St. Pius X, Rock Island, Illinois; St. Mary's, Albia; St. Theresa's, Des Moines; St. Mary's, Oskaloosa; and Sacred Heart and St. Patrick's in Ottumwa. She served in evolving positions at Center for Aging Services, Inc. (CASI) in Davenport.

As an adult, she traveled frequently on bus tours, pilgrimages, for workshops, and for volunteer programs such as Seeds of Hope, visiting 22 states and Washington, D.C., between 1973 and 2002. In 1950, in accordance with Pope Pius XII's declaration of a Holy Year, she traveled with Sodality of the Blessed Virgin on a tour of Marian shrines in Europe, allowing her to visit Lisbon, Barcelona, Madrid, Rome, Lourdes (France), Paris and Lisieux. She also took multiple trips to Canada and riverboat journeys up the Mississippi River.

After retiring, she wrote: "I think I enjoyed traveling because, when I was young, I had lived in three states before I was 9. Now that I am older and have trouble walking, I would rather stay home." Sister loved music, cards, jigsaw puzzles, and assembling photo albums dedicated to her travels.

She was preceded in death by her parents, five brothers and one sister. She is survived by many nieces and nephews and her CHM community. Memorials may be made to the Congregation of the Humility of Mary. ■



HOLIDAYS AT THE TOWN CENTER

Enjoy Holidays at the Town Center on Saturday, Dec. 2, 4-6 p.m. Festivities include a tree lighting, free ice skating, cookie decorating, Santa and his reindeer, and the JTC businesses handing out samples or unique beverages. Businesses wishing to provide an activity should contact the chamber by Nov. 22.

Santa will arrive at 4 p.m. The tree lighting is at 5 p.m. under the arch by the new businesses. Unaccompanied Minors will perform on the stage at 5:30 p.m. Activities held during the event include cookie decorating by NorthPoint Church, Santa and two reindeer on The Yard, free ice skating, and more offerings from businesses. ■



JOHNSTON PARTNERSHIP'S CURRENT NEEDS

The Johnston Partnership provides food and personal hygiene products to those in need.

This week's greatest need is winter coats. Also needed are toilet paper, toothpaste, shampoo, laundry detergent and dish soap. Donations can be dropped off at 5870 Merle Hay Road, Suite C, Tuesdays from 9 a.m. to 1 p.m. and 4-6 p.m., and on Thursdays and Saturdays, 9 a.m. to 1 p.m.

Every third week of the month, they collect for the Friday Food bag program that serves food insecure students at all nine Johnston schools. They are currently providing about 200 bags per week. Their needs are: Ramen noodles, macaroni and cheese, granola bars, individual shelf stable milk, individual peanut butter and fruit cups. ■

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EVENTS IN THE AREA

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GREATER DES MOINES EXHIBITED. Photo courtesy of Polk County Heritage Gallery



CHRISTKINDLMARKET. Photo courtesy of Leaps + Bounds Photography

LIVE MUSIC WEDNESDAYS

Historic East Village, AC Hotel, 401 E. Grand Ave., Des Moines

<https://therepublicongrand.com>

Nov. 22, 29

Catch live music performances every Wednesday through December for free from 6-8 p.m. Performers listed in order of date are Tony Bohnenkamp and Brian Herrin.

GREATER DES MOINES EXHIBITED

Polk County Heritage Gallery, 111 Court Ave., Des Moines

<http://www.polkcountyheritagegallery.org>

Nov. 16 through Jan. 3

Des Moines' best artists return to display the highest quality artwork the city has to offer. The annual show features artists' work that was blindly juried by Edgard Camacho.

DES MOINES TURKEY TROT

Starting on Court Avenue, Des Moines

<https://desmoines turkeytrot.com>

Nov. 23

Voted "Top Trot" in Iowa years in a row by Runner's World Magazine, the 5K plus 5-mile race

takes over Des Moines on Thanksgiving. Starting at 9 a.m.

FESTIVAL OF TREES & LIGHTS

Iowa Events Center, 833 Fifth Ave., Des Moines

<https://unitypoint.org/giving/blank-childrens-hospital-foundation/ways-to-give/events/festival-of-trees-and-lights>

Nov. 24-26

Experience expertly decorated trees, local music, dance groups and a visit from Santa himself, all in the name of supporting Blank Children's Hospital. From 11 a.m. to 7 p.m. Friday and Saturday, 11 a.m. to 5 p.m. on Sunday.

CHRISTKINDLMARKET

Principal Park, 1 Line Drive, Des Moines

www.christkindlmarketdsm.com

Nov 30 through Dec. 3

You will find regional vendors with old-world, hand-crafted products at wooden vendor stalls, as well as lively performances of polka music, traditional dance and choirs in Yuletide Hall. Participate in children's activities or sip Glühwein (warm, mulled wine) and savor European Beer. ■

RECIPE

DAIRY-FREE SALTED CARAMEL CUPCAKES

Prep time: 25 minutes**Total time: 1 hour, 15 minutes****Servings: 12****Salted Caramel:**

- 2 cups granulated sugar
- 6 tablespoons Country Crock Plant Butter Sticks with Avocado Oil, at room temperature
- 1/2 cup Country Crock Plant Cream, at room temperature
- 2 tablespoons coconut oil
- 1/2 teaspoon salt

Cupcakes:

- 1 cup all-purpose flour
- 1 1/2 teaspoons baking soda
- 1 teaspoon baking powder
- 2 teaspoons cinnamon
- 1/2 teaspoon salt
- 1 cup (2 sticks) Country Crock Plant Butter Sticks with Avocado Oil, at room temperature
- 1 cup powdered sugar
- 1/2 cup brown sugar
- 2 teaspoons vanilla extract
- 1 cup Country Crock Plant Cream

Vegan Caramel Frosting:

- 1/2 cup (1 stick) Country Crock Plant Butter Sticks with Avocado Oil, at room temperature
- 1 1/2 cups powdered sugar, plus additional, if necessary
- 2 teaspoons caramel sauce, at room temperature
- Country Crock Plant Cream, as

needed

- 1/2 teaspoon vanilla
- 2 teaspoons caramel salt flakes (optional)
- caramel cubes (optional)

To make caramel:

In medium, light-colored saucepan over medium heat, stir sugar constantly until evenly melted.

Remove pan from heat and add Plant Butter, Plant Cream, coconut oil and salt.

Return mixture to medium heat, stirring constantly, 1 minute. Turn heat to low, stir and cook until mixture is thick and smooth. If caramel separates, whisk vigorously until it's back together.

Pour caramel into heat-proof bowl, passing through fine mesh strainer to remove crystallized sugar. Cover and cool completely in fridge.

To make cupcakes:

Preheat oven to 350 F. Line cupcake pan with liners; set aside.

In medium bowl, whisk flour, baking soda, baking powder, cinnamon and salt. Set aside.

In bowl of stand mixer, using whisk attachment, cream together Plant Butter, powdered sugar and brown sugar until light and fluffy. Add vanilla and cooled caramel, whisking on medium speed until combined.



Slowly add flour mixture, Plant Cream, scraping down sides of bowl until combined. Divide batter evenly into liners, filling each 3/4 full.

Bake until tops spring back when touched or toothpick inserted in center comes out clean, 18-20 minutes. Transfer cupcakes to wire rack and cool 5 minutes then remove from pan. Allow cupcakes to cool completely at room temperature.

To make frosting:

In bowl of stand mixer, mix Plant Butter on medium-high speed about 1 minute.

Add powdered sugar and Plant Cream together about 1 minute then add caramel sauce and mix until fully combined.

Add vanilla then Plant Cream as necessary, 1 teaspoon at a time, while mixing to desired consistency.

Pipe frosting onto cupcakes, drizzle with caramel and sprinkle with salt flakes, if desired. Garnish with caramel cubes, if desired. ■

SEEN IN JOHNSTON

A VETERANS DAY PROGRAM WAS HELD AT BRIO IN JOHNSTON ON NOV. 9.



Kendrick Jackson, Howard Vanderhart, Vicki Vanderhart



Jerry Jordan, Jodie Huston and Eldon Huston



Maria Jordan and Paul Patterson



Marvin DeGraaf and Addy Boettcher

BREAKFAST WITH SANTA

Johnston American Legion Auxiliary, Unit 728, and the Johnston Lions Club are holding Breakfast With Santa on Saturday, Dec. 9, 9 a.m. to noon at the Lions Club, 6501 Merle Hay Road. The event features a pancake breakfast, games and activities, and Santa's reading of "The Night Before Christmas." This is a freewill donation event. ■

44TH ANNUAL JHS MADRIGAL

The Johnston High School Madrigal will be held Nov. 29 and Nov. 30 at 7 p.m. at the Johnston High School Auditorium. For ticket information, go to Johnston High School Vocal Parent website: <https://sites.google.com/view/jhsvocalmusic/madrigal>. ■

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JOHNSTON *Living* MAGAZINE NOVEMBER 2023

EARLY RISERS
Residents share experiences working while most others sleep.

Meet Kyle Burns
EDITORIAL

Honoring those who served
VETERANS' SAUCE

Cran-raspberry quinoa pudding fruit
RECIPE