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ADEL WOMEN'S CLUB



Adel Women's Club showed its coordination of "women power" by labeling 5,000 bags for Meals from the Heartland. Eighteen members and six guests assisted in the labeling to observe the National Day of Service, Sept. 30. The Women's Club membership will be exhibiting their excellent coordination of effort again at their main fundraiser, the Salad Luncheon, on Nov. 6 at the First Christian Church, 218 N. Ninth St., Adel. The luncheon is available from 11 a.m. to 1 p.m. with tickets available at the door or from any club member. The cost of \$10 includes a huge selection of salads, sandwiches and desserts with coffee, tea, water and lemonade as beverages. Come and support this active civic organization and help it raise money for local projects and clubs in Adel. Pictured are Meredith McHone-Pierce, Jane Person and Patty Merical. ■

ADEL WEATHER FORECAST

FRIDAY HIGH 50 | LOW 31

Breezy with clouds and sun

**SATURDAY HIGH 42 | LOW 29**

Mostly cloudy with a shower

**SUNDAY HIGH 42 | LOW 23**

Mostly cloudy with flurries

**MONDAY HIGH 43 | LOW 25**

Plenty of sunshine; chilly

**TUESDAY HIGH 43 | LOW 25**

Plenty of sunshine



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FROM THE PUBLISHER

WHAT'S THAT THING FOR?

A younger person was in our office the other day and pointed at a telephone jack, asking me, "What's that thing for?" I explained to her how telephones need to plug into those jacks to operate.

She replied, "Why? My phone doesn't need one of those."

"Exactly," I said while changing the subject quickly.

Her comments made me start noticing all of the unused telephone jacks that are in homes and businesses. Yes, we have an office phone system that requires hard wires, and, yes, it works just fine. At least I think so. To be honest, we don't get many in-bound phone calls on it anymore, and most of our staff use their cell phones to make out-bound calls.

I was also talking with a few employees the other day about faxing. The response was, "We have a fax machine?"

"Well, kind of," I replied. "It is part of the copier."

I was then asked, "What's our fax number?" I had to think about it, but I did recall it, eventually. I am just not sure when it was last used.

Like many of you, Jolene and I no longer have a home phone number. As such, we no longer have standard phones. I was looking for one the other day to test some lines at our office and realized I didn't have one. I asked the staff if any of them had one at home that I could borrow. None did.

Back to those phone jacks. We covered an abandoned one in our home with a photo, and I bought a blank wall plate to put over another one. Someday, when the walls are torn down, a young construction worker will wonder what all those



wires were for.

If I would have told you 25 years ago that you would not have a standard telephone and that most offices would not have fax machines, you would have never believed me. How could devices that were so instrumental in our daily activities no longer be needed? Then I thought of my cassette player, my beeper, our VCR, overhead projectors, typewriters and film cameras. The list could go on and on, and so can our memories of how important they once were.

Exactly.

Have a great week, and thanks for reading. ■

Shane Goodman
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Living Weekly

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HISTORY OF 3 OF ADEL'S HISTORIC BUILDINGS

There's something going on in three historic Adel buildings, and it involves food. Through the years, Adel has been blessed with many fine eating establishments, and I'll be doing an article on a few of them in the near future. For now, I'm happy to see these beautiful old buildings continuing to serve the people of Adel, and I thought a little history on them would be in order.

The Scott Hospital at 715 Main was built in 1903 as a private hospital. Dr. Scott's offices were on the first floor and operating and hospital rooms were on the second. Also, as a pharmacist, he compounded all of his own prescriptions and operated a pharmacy. Dr. Scott had settled in Adel in 1891, after graduating from the Iowa College of Physicians, and practiced here for more than 50 years. He patented a "non-roaring stethoscope" (whatever that is) and authored many papers on medicine. Over the next several years, the first level of the building operated as medical offices with apartments on the second floor. More recently, the building has served as a tavern and restaurant. The building is currently being renovated with a beautiful new front and spacious additions. It will be the next home of Fiesta Restaurant, a popular Mexican food establishment.

Since 1870, 815 Main was the location for the Land Office for Dallas County. The importance of the Land Office was to prevent the illegal activity of "claim jumping" in Dallas County and was the predecessor to the county's present day Recorder's Office. The current structure at 815 Main was built in 1897 by George W. Hoffman. Mr. Hoffman was engaged in the furniture and undertaking business and was also a building contractor. Since 1922, the building has been used for furniture stores, the town's mortician and ambulance service, a grocery store and a home accessories and gift shop. The Hoffman Building is currently the home of Fiesta Restaurant. I'm sure another business will soon occupy this space when Fiesta moves to its new location.

The Witmer Building, at 112 S. Ninth St., is a beautiful bay-front brick building. It was built in 1918 for Dr. Witmer's dental practice and was the first professional building constructed for a special use in the town. Prior to moving into this building, Dr. Witmer's dental practice was located on the second level of the Boak grocery building across the street. I seem to remember many years ago (probably in the 50s) when a shoe repair shop occupied part of the building. The Witmer Building was acquired in 1970 by Dr. H. T. Holcomb for his veterinary practice. It is currently being expanded and upgraded and, in its next life, will be the home of a food establishment serving pizza, pasta and wraps. There will be a door for carryout and ample seating for dine-in. The new owners of the building also operate the Tin Pig in Perry, a popular restaurant in that city. ■

ADM SPORTS SCHEDULE

Friday, Oct. 27

7 p.m. **Football:** Varsity 1st Round
Playoffs @ Denison-Schleswig

Saturday, Oct. 28

2 p.m. **Cross Country:** Boys/Girls State
Meet @ Lakeside Municipal Golf Course

Monday, Oct. 30

6 p.m. **Volleyball:** Varsity State
Tournament @ X-Treme Arena


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JOKE OF THE WEEK



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IOWA ARTISTS

Discover some talented and long-forgotten artists on Sunday, Nov. 5, 1:30-2:30 p.m. at Forest Park Museum, 14581 K Ave., Perry, from Iowa and around the world. Forest Park is home to an art collection, and this discussion will take a look at many of the most interesting pieces. Feel free to bring your own favorite Iowa pieces and artist stories for a lively presentation. Register to be notified of cancellation. Scann the QR code to register for this and other Dallas County Conservation events. ■



THIRD MONDAY BINGO

Enjoy Bingo on Monday, Nov. 20, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

ADEL AMERICAN LEGION AUXILIARY COLLECTS FOR VA HOSPITAL

The Adel American Legion Auxiliary is collecting donations for the VA Hospital and the VA CRRC to assist veterans with needs for clothing and other items. Currently, the following are being requested: great condition large print used books, individually wrapped snacks, +2.25 reading glasses, men's deodorant, men's shampoo and conditioner (no body wash), hair brushes, men's sweatpants/athletic pants (size M, L and XL), men's athletic shorts (size L, XL, XXL), and decaf ground coffee.

Donations are welcome at the Adel American Legion Auxiliary drop-off box at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up.

Thank you to our community for your generosity in supporting our veterans. ■

HARVEST DINNER

The annual Harvest Dinner at Faith Lutheran Church and Preschool, 602 S. 14th St., Adel, will be held on Nov. 3, 5-7 p.m. Tickets are \$12 adults and \$5 for kids (ages 3-10). All proceeds are split between the Hollie and Deavon Richards family and the Dallas County Sheriff's office's "Backpack Program" for the local Food Pantry. Advanced tickets available through the church office. Contact Monica at 515-993-3848 for more information. ■

SALAD LUNCHEON

Adel Women's Club salad luncheon will be held on Monday, Nov. 6 at the First Christian Church, 218 N. Ninth St., Adel, from 11 a.m. to 1 p.m. The cost of \$10 provides a huge selection of salads, sandwiches and desserts with coffee, tea, water and lemonade as beverages. Come and support this civic organization that funds and supports many projects and activities in Adel. ■

MEMORIAL WALL TO BE DEDICATED

On Veterans Day, Saturday, Nov. 11, at 10:30 a.m., at the Freedom Park in Minburn, a public dedication of the Dallas County Veterans Memorial Wall will be held. The DC Veterans Memorial Wall was organized by a small committee of Minburn citizens and will be completed this fall. The wall was built by family and friends dedicating a brick to a veteran they know, concluding in 325 bricks total. The Memorial Wall is placed near the Dallas County Freedom Rock, completing the Freedom Park. ■

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EVENTS IN THE AREA

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TAMMY@IOWALIVINGMAGAZINES.COM**OCT. 28-29: Des Moines Comic and Toy Show.**

This Halloween-themed event starts at 10 a.m. at Merle Hay Mall, 3800 Merle Hay Road, Des Moines.

OCT. 28: Trick or Trees. Family-friendly fall festival at the Botanical Garden. Costumes encouraged. From 10 a.m. to 5 p.m. at the Greater Des Moines Botanical Garden, 909 Robert D. Ray Drive, Des Moines; dmbotanicalgarden.com.

NOV. 1: Des Moines Dash Scavenger Hunt. A nontraditional scavenger hunt that will take you around the city. 505 E. Grand Ave., No. 104, Des Moines; crazydash.com/Locations/Des-Moines-IA.

NOV. 1: Paint and Sip. Make your attempt at painting a "Harvest Moon," accompanied by beverages. Starting at 6 p.m. at Reclaimed Rails, 101 Main St., S.E., Bondurant; reclaimedrailsbrewing.com.

NOV. 1: Live Music Wednesdays. Presented by Republic on Grand. Take in live musical performances every Wednesday through December for free. From 6-8 p.m. in the Historic East Village, AC Hotel, 401 E. Grand Ave., Des Moines; therepublicongrand.com.

NOV. 2: Trivia Night at Paws & Pints. Bring your furry friends and your trivia knowledge, starting at 6 p.m. at 6218 Willowmere Drive, Des Moines; pawsandpintsdsm.com.

NOV. 4: Live Jazz at The Continental in the Historic East Village. From 8-11 a.m. at 407 E. Fifth St., Des Moines; ongrand0.wixsite.com/the-continental.

NOV. 4: Nurse Blake is back on the road for his stand-up comedy tour. From 8-10:30 p.m. at Hoyt Sherman Place, 1501 Woodland Ave., Des Moines; hoytsherman.org.

NOV. 4-5: Pumpkin Destruction. Normally pumpkins are put on a pedestal during the fall months, but not at Center Grove Orchard. From 9 a.m. to 7 p.m. at 32835 610th Ave., Cambridge; centergroveorchard.com.

NOV. 11: Living History Farms race. Run for 5 miles and see 300 years of history. Beginning at 9 a.m. at 11121 Hickman Road, Urbandale; lhf.org.

NOV. 12: Jazz at Caspe Terrace by Sparks. From 2-4:30 p.m. at 33158 Ute Ave., Waukee; jewishdesmoines.org/our-community/caspe-terrace.

NOV. 15: Roomful of Teeth. The Grammy-winning octet performs 7:30- 9:30 p.m. at the Sheslow Auditorium, 2507 University Ave., Des Moines; calendar.drake.edu/sheslow_auditorium.

NOV. 18: Fall into Wine and Art. Fall-themed arts and crafts show. From 11 a.m. to 3 p.m. at Summerset Winery, 15101 Fairfax St., Indianola; summersetwine.com.

NOV. 19: Fall Makers Market. Local vendors, crafters, artisans and more will be available for your shopping needs right before the holidays, from 11 a.m. to 4 p.m. Jester Park Nature Center, 12130 N.W. 128th St., Granger; www.jesterparknaturecenter.com/calendar-events/fall-makers-market.

NOV. 22: A Night Under the Lights. Waukee's second annual light parade, with activities, local food vendors and entertainment. From 6-9 p.m. at Centennial Park, Waukee; <https://fb.me/e/3nnUYFKhy>. ■

RECIPE

WARM COLD-WEATHER MEALS

(Culinary.net) When the winds howl and the chill of changing seasons brings a crispness to the air, one way to warm up from the inside out is with favorite foods. Filling up on comforting recipes like hearty soups and stews can be the solution you need to fight off cold temperatures.

Consider quick and easy ingredients that add a little warmth to your plate as the cravings for comfort kick in.

If you're craving a meal that's big on flavor but short on prep time, it's hard to top the classic comfort food combo of chicken and rice. This Parmesan chicken and rice with spinach and artichoke starts with the homestyle taste of fully cooked Minute Chicken & Herb Seasoned Rice Cups with carrots, onion and garlic. The BPA-free cups offer a quick and flavorful option for an on-the-go power-up loaded with chicken, vegetables and herbs paired with hearty rice. Ready in only 1 minute, you can enjoy the flavored rice right out of the cup or prepare it as part of this 5-minute recipe on a busy weeknight. ■

PARMESAN CHICKEN AND RICE WITH SPINACH AND ARTICHOKE

Prep time: 5 minutes**Cook time: 5 minutes****Servings: 1**

- 1 Minute Chicken & Herb Seasoned Rice Cup
- 1 tablespoon olive oil
- 1 cup spinach, stems removed
- 2 ounces chicken, cooked and shredded
- 1/4 cup canned artichokes, drained and quartered
- 1/4 cup shredded Parmesan cheese

Directions:

- Heat rice according to package directions.
- In medium saute pan over medium heat, heat olive oil. Add spinach and sauté 1 minute.
- Add chicken and artichokes; sauté 2 minutes,



or until heated through.

- Add cheese and rice; stir to combine until heated through.

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ADM STUDENTS OF THE MONTH FOR OCTOBER

Our students have started this year with special recognition in the academic sector along with the fine arts and athletics. The marching band gave a superb performance receiving a 1 Rating in the Class 4-A Regional. Attendees enjoyed the choir and jazz choir concerts. Parents and students gathered to plan for this year's speech contests. The staff for the creation of the newsletter every month and the annual yearbook attended an educational conference at the University of Iowa. All of our sports teams deserve special recognition for their accomplishments. The E-Sports team is undefeated, the girls volleyball team is in the regional finals, and our cross country runners have been superb competitors. The ADM football team, even struggling with injuries, made the playoffs again this year, and the cheerleaders made it to top competition. Thank you to our ADM students, teachers and administrators for all they do for the school and community.

Each month, teachers and coaches of ADM designate students to be acknowledged for their accomplishments in specific fields. The following lists the category of achievement, the student's name(s) and the local business that has sponsored them in the month of October.

- **Student of the Month:** Tom Hook — Raccoon Valley Bank
 - **Kiwanis:** Paige Mattes and Makayla Crannell
 - **Fine Arts - Choir and All-State Band:** Autumn Hupp and Caleb Oelberg — Lincoln Savings Bank
 - **Football Players of the Week:** Fuller Standard Service, Inc.
 - **Week Four:** Cameron Forgy and Brayden Rhynerson
 - **Week Five:** Caleb Oberhoffer and Drew Obstarczyk
 - **Week Six:** Cale Murray and Rylan Stine-Smith
 - **Week Seven:** Grant Jansen and Taylor Kinney
 - **Week Eight:** Luke Krantz and Luke Miller
 - **Volleyball:** Madison Siefken — Adel Lions Club
 - **Cheer:** Annika Hillmer — Adel HealthMart
 - **Boys Cross Country:** Robbie Hall — Core Physical Therapy and River Valley Insurance
 - **Girls Cross Country:** Paige Mattes — Adel Rotary Club
- Each year at commencement, scholarships are granted to qualifying seniors graduating from the ADM School District going on to post-secondary education. All contributions, including the contributions from the above sponsors, given to the Foundation are invested, and the income is used to provide the scholarships. More than \$889,000 has been given in scholarships to 907 students since the Foundation's inception in 1985. More information may be found at the website www.admscholarshipfoundation.com. ■

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