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SEEN IN ADEL



50s PLUS SENIORS MEET: The 50s Plus Seniors met on Oct. 3. Mike Flinn presented a program on the Bank Robbery in Adel. It was enjoyed by everyone. The group will be having more programs in the future, so be sure to check the Adel Public Library website for upcoming programs. The group meets the first and third Tuesday of the month from 10 a.m. to 1 p.m. at the Adel Public Library community room. In November, their gatherings will be on Nov. 14 and 21. The group invites 50s Plus Seniors to join it for coffee, conversation, games or just reconnecting with old friends. ■

ADEL WEATHER FORECAST

FRIDAY HIGH 73 | LOW 49

Plenty of sun

**SATURDAY HIGH 68 | LOW 40**

Mostly sunny; breezy

**SUNDAY HIGH 62 | LOW 45**

Intervals of clouds and sun

**MONDAY HIGH 65 | LOW 50**

Mostly sunny; breezy

**TUESDAY HIGH 71 | LOW 51**

Plenty of sun



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FROM THE PUBLISHER

OH, DEER

I collided with a deer recently. Or maybe the deer collided with me. I am not sure who hit whom, but I do know one thing: I am the only one standing. And, regardless of how tough I may think I am, watching a deer die on the side of the road isn't something I care to see again.

I saw the first deer — and what I improperly thought was the only deer — and slowed down. Then four more popped out. Three ran by me, but one chose to stop and stare. You know the “deer in the headlights” saying? This one wanted a good look at my license plate.

The last time I hit a deer was more than 30 years ago. I was driving home from college on a rural road near a wooded area. As I rounded a turn, a big buck was suddenly racing alongside me. It was so close that I could have rolled down the window and pet it. I didn't. Instead, I slowed down, that buck took a sharp right in front of the vehicle, and I ran over it. Thump. Thump. When I looked in the rearview mirror, the deer stood

up, shook it off, and ran back into the woods. I doubt that it lived through the ordeal, but can you imagine being run over and getting back up?

Of course, deer get the worst part of these confrontations, but my truck bumper was a close second on Friday night. After the collision, I pulled over to the side of the road and walked along the highway, searching in the dark for my license plate and grumbling while I picked up dozens of pieces of broken plastic. When I was a young boy, bumpers were made to endure these types of “bumps” with minimal damage. Sure, those massive chrome projectiles may not have been pretty, but they didn't crumble on impact and result in a few thousand dollars in repairs. I used to mock those who put big grille guards on the front of their trucks. “Just slow down and pay attention,” I would say. Well, I just got my truck back from the



body shop two weeks ago, having a rear bumper and tailgate repaired due to a trailer smashing into the rear. Now I have to take it back in to have the front end fixed. Grille guards suddenly don't look so silly.

I am also rethinking those deer warning whistles that attach to vehicles. Every vehicle seemingly had those when I was a kid. Some say they work. Some say they are a farce. I say for \$4.97, they are worth a shot.

After hitting the deer, I counted more than 20 others on my drive home. At times, they can be so peaceful and serene. Other times, they are menacing rodents. Either way, they are not going away, and we are going to have to learn how to co-exist — preferably without the body shop involved.

Have a great week, and thanks for reading. ■

Shane Goodman

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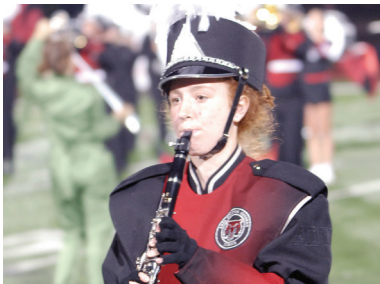
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SEEN IN ADEL

THE ADM TIGER MARCHING BAND PERFORMED DURING THE FOOTBALL GAME ON SEPT. 15.



Luke Yanacheak



Kaylin Dains



Robbie Hall



Tanner Spoelstra



Zuri Moss



Taylor Braun

ADM SPORTS SCHEDULE

Friday, Oct. 20

7 p.m. **Football:** Varsity vs. North Polk

Monday, Oct. 23

No School

Tuesday, Oct. 24

4 p.m. **Esports:** Varsity vs. Perry

7 p.m. **Volleyball:** Varsity
Regional Final vs. TBA @ TBA


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RACCOON RIVER VALLEY TRAIL TO QUIT REQUIRING PERMITS

In 2024, the Raccoon River Valley Trail (RRVT) will no longer require the purchase of a permit in order to use the trail. Central Iowa is fortunate to have an extensive network of beautiful paved trails. Dallas, Guthrie and Greene county conservation boards hope to welcome more visitors to the Raccoon River Valley Trail (RRVT) from all over the region as these trails become increasingly connected. With that in mind, the RRVT will no longer require a trail permit starting in 2024. This change will eliminate barriers to access, align policy with other trails in the area, and reduce confusion for people arriving on the RRVT from connected trails.

For large trail events, however, a special trail event permit is still required. Contact the specific county conservation board involved for information about that process.

Annual trail permits have been a popular holiday gift for cyclists in the past. If you would like to continue in a similar tradition, consider donating to support your local county trails. Visit dallascounty.seamlessdocs.com/f/DCCBDonation to support the trails of Dallas County. ■

MEMORIAL WALL TO BE DEDICATED

On Veterans Day, Saturday, Nov. 11, at 10:30 a.m., at the Freedom Park in Minburn, a public dedication of the Dallas County Veterans Memorial Wall will be held. The DC Veterans Memorial Wall was organized by a small committee of Minburn citizens and will be completed this fall. The wall was built by family and friends dedicating a brick to a veteran they know, concluding in 325 bricks total. The Memorial Wall is placed near the Dallas County Freedom Rock, completing the Freedom Park. ■

WILLS FAMILY ORCHARD & PUMPKIN FARM EVENTS

Discover the joys of pumpkin picking this fall at Wills Family Orchard & Pumpkin Farm on weekends through October. On Saturdays, from 9 a.m. to 6 p.m., and Sundays, from noon to 6 p.m., you can explore the sprawling pumpkin patch, selecting the perfect pumpkins for your seasonal decor and jack-o'-lantern carving. It's an affordable and festive outing for the whole family. Wills Family Orchard offers an array of activities to complement your pumpkin-picking adventure, including navigating a challenging corn maze, interacting with friendly animals in the petting zoo, enjoying scenic hayrides, embarking on a charming pumpkin train ride, and letting the little ones burn off energy at the playground. And, if you work up an appetite, their concession stand has you covered with delicious treats. ■

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ADEL AMERICAN LEGION AUXILIARY COLLECTS FOR VA HOSPITAL

The Adel American Legion Auxiliary is collecting donations for the VA Hospital and the VA CRRC to assist veterans with needs for clothing and other items. Currently, the following are being requested: great condition large print used books, individually wrapped snacks, +2.25 reading glasses, men's deodorant, men's shampoo and conditioner (no body wash), hair brushes, men's sweatpants/athletic pants (size M, L and XL), men's athletic shorts (size L, XL, XXL), and decaf ground coffee.

Donations are welcome at the Adel American Legion Auxiliary drop-off box at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up.

Thank you to our community for your generosity in supporting our veterans. ■

HARVEST DINNER

The annual Harvest Dinner at Faith Lutheran Church and Preschool, 602 S. 14th St., Adel, will be held on Nov. 3, 5-7 p.m. Tickets are \$12 adults and \$5 for kids (ages 3-10). All proceeds are split between the Hollie and Deavon Richards family and the Dallas County Sheriff's office's "Backpack Program" for the local Food Pantry. Advanced tickets available through the church office. Contact Monica at 515-993-3848 for more information. ■

SALAD LUNCHEON

Adel Women's Club salad luncheon will be held on Monday, Nov. 6 at the First Christian Church, 218 N. Ninth St., Adel, from 11 a.m. to 1 p.m. The cost of \$10 provides a huge selection of salads, sandwiches and desserts with coffee, tea, water and lemonade as beverages. Come and support this civic organization that funds and supports many projects and activities in Adel. ■

'NOT-SO-SCARY' HALLOWEEN PARTY

The public is invited to a 'Not-So-Scary' Halloween Party on Oct. 25, 5:30 p.m. at Adel First Christian Church, corner of Highway 169 and Rapids Street. Kids and their families are invited to wear their Halloween costumes and join in a light meal (Halloweenies and chips) and stay for a story and crafts. The party will end at about 6:30 p.m. with trick-or-treating in the haunted hallways. Children younger than 6 should be accompanied by an adult. Everyone is invited to join in on some spooky fun. ■

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120 Abraham Drive, Ames

actorsinc.org**Nov. 9-11, 17-19, 25-26:** "Avenue Q"**ANKENY COMMUNITY THEATRE**

1932 S.W. Third St., Ankeny

ankenycommunitytheatre.com**Sept. 29 through Oct. 8:** "The Addams Family"**Dec. 1-10:** "A Gift for Rebecca"**CLASS ACT PRODUCTIONS**

201 First Ave. S., Altoona

captheatre.org**Nov. 3-5, 10-12, 17-19:** "The Wizard of Oz: Youth Edition"**DES MOINES PERFORMING ARTS**

Des Moines Civic Center, Cowles Commons, Stoner Theater, Temple Theatre, 221 Walnut St., Des Moines

dmpa.org**Nov. 4:** "The Adventures of Tortoise and Hare: The Next Gen"**Nov. 10:** "Blippi: The Wonderful World Tour"**Nov. 14-22:** "Yippee Ki Yay"**Nov. 28 through Dec. 3:** "Girl from the North Country"**Dec. 12-17:** "The Wiz"**Dec. 21:** "Rudolph the Red-Nosed Reindeer: The Musical"**Dec. 22-23:** "Cirque Dreams Holidaze"**DES MOINES COMMUNITY PLAYHOUSE**

831 42nd St., Des Moines

dmplayhouse.com**Dec. 1-17:** "All Is Calm: The Christmas Truce of 1914"**Dec. 2-17:** Kate Goldman Children's Theatre: "A Charlie Brown Christmas"**DMACC ANKENY CAMPUS THEATRE**

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dmacc.edu/theatre/ankeney/Pages/welcome.aspx**Oct. 20-23:** "Eleanor and Dolly"**Nov. 11-13, 18-20:** "Failure: A Love Story"**HOYT SHERMAN PLACE**

Historic Sherman Hill, 1501 Woodland Ave., Des Moines

Oct. 24: Des Moines Storytellers Project: "Family"**IOWA STAGE THEATRE COMPANY**

Stoner Theatre, 221 Walnut St., Des Moines

iowastage.org**Nov. 10-12, 15-19:** "Chipmunk'D"**Dec. 8-17:** "A Christmas Carol"**SIMPSON COLLEGE**

513 N. D St., Indianola

simpson.edu/academics/departments/departments-theatre-arts**Oct. 26-28:** "Good Kids"**Nov. 17-18:** "Into the Woods"**TALLGRASS THEATRE COMPANY**

2019 Grand Ave., Suite 100, West Des Moines

tallgrasstheatre.org**Nov. 10-19:** "Wicked Queen"**Dec. 15-17:** "Home For The Holidays, A Christmas Cabaret"**DANCE & PERFORMANCE ARTS****Oct. 27-29:** "Jekyll and Hyde" at the Temple Theatre, 1011 Locust St., Des Moines; desmoinesperformingarts.org**Oct. 28:** "Dracula" by Iowa Dance Theatre, at 2812 E. 29th St., Des Moines**Nov. 8:** "Contra Tiempo" at the Des Moines Civic Center, 221 Walnut St., Des Moines; desmoinesperformingarts.org**Nov. 11:** Hurley & Dancers at the Iowa State University Scholarship Concert. Betty Toman Dance Studio Theater, Forker 196, ISU Campus; tandemtheatreanddance.org/hurley-dancers**Nov. 18-19:** "The Nutcracker" by the School of Classical Ballet and Dance, 1509 42 St., West Des Moines; myscbd.com ■

RECIPE

IMPRESS FRIENDS AND FAMILY WITH A QUICK APPETIZER

(Culinary.net) If you're looking for a new dip for your next get-together and tired of the same boring salsas and layered dips, this Cowboy Caviar may quickly become a family favorite.

Also known as Texas Caviar, this bean salad can be a hit with loved ones at birthdays, holidays, graduations, reunions and more. It serves well with tortilla chips but can be enjoyed in a variety of ways. Plus, it's a breeze to make and can be even simpler when prepared the night before your big event. ■

Cowboy Caviar

- 1 can (15 ounces) sweet corn
- 1 can (15 ounces) black beans
- 1 bunch cilantro
- 3 Roma tomatoes
- 2 jalapenos
- 1/2 red onion
- bell peppers (mix of green, red, orange and yellow, as desired)
- tortilla chips, for serving

Dressing:

- 1/3 cup olive oil
- 1/3 cup red wine vinegar
- 1 tablespoon honey
- 1 tablespoon paprika
- 1 lime, juice only
- salt, to taste
- pepper, to taste

Directions:

Drain and rinse corn and black beans; dry well. Finely chop and dice cilantro, tomatoes,



jalapenos, onion and bell peppers.

To make dressing: Combine olive oil, red wine vinegar, honey, paprika and lime juice. Season with salt and pepper, to taste.

Mix vegetables with dressing. Serve with tortilla chips.

JOKE OF THE WEEK



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25 letters of the
alphabet...
I don't know Y!*

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THIRD MONDAY BINGO

Enjoy Bingo on Monday, Nov. 20, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

TRAIL FUNDING APPROVED

The Iowa Transportation Commission has approved \$2,753,115 for seven State Recreational Trails Program projects, including \$675,000 for the Raccoon River Valley Trail to High Trestle Trail extension in Dallas County.

The State Recreational Trails Program was created in 1988 with the purpose of developing and maintaining recreational trails and trail-related facilities for both motorized and non-motorized trail users. This funding is available to cities, counties, state agencies, local governments and non-profit organizations through an annual application-based program. Projects funded this cycle include the Raccoon River Valley Trail to High Trestle Trail Connector Phase VI in Dallas County. Phase VI is the final phase of the 9-mile connector project. It includes paving the last 2-mile section of the trail from the city of Bouton east to Quinlan Avenue. Funding is now secured to complete the project, and it is scheduled to be completed in 2024.

Conservation Director Mike Wallace says, "We are excited to move into this final phase of the project, which would not be possible without public funding as well as many private donations. We are so grateful for the support from our communities. Connecting these two renowned trails of Central Iowa has been a goal for many years, and it is a huge success to have the funds for its completion in 2024." ■

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