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SEEN IN JOHNSTON

PHOTO BY THE CITY OF JOHNSTON



MAYOR'S RUN FOR THE TRAILS KIDS FUN RUN: Mayor Paula Dierenfeld visits with participants in the Kids Fun Run during the Mayor's Run for the Trails event held Aug. 12. The event drew 175 participants for the 5K and Kids Fun Run. ■

JOHNSTON WEATHER FORECAST

TUES. HIGH 105 | LOW 77
Very hot and humid



WED. HIGH 103 | LOW 77
Mostly sunny and very hot



THURS. HIGH 100 | LOW 73
Partly sunny and very hot



FRI. HIGH 90 | LOW 66
Intervals of clouds and sun



SAT. HIGH 83 | LOW 57
Mostly sunny; not as hot



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FROM THE PUBLISHER

REPURPOSING BIRTHDAY CARDS

I received a birthday card from my friend Lee from Wisconsin the other day. It made me laugh, for three reasons.

First, the message was quite funny. The cover read, "Everyone gets to be young once." And the inside said, "Your turn's over."

Second, she repurposed it. Yes, she sent me a birthday card that someone else sent her, and she didn't even try to hide it. She simply put a big X through the message that was meant for her, and she even admitted to the repurposing in her note to me.

Third, she sent me a \$2 bill. Lee is a reader of the Daily Umbrella and remembered a past column on my favorite currency. I think the bill is even real.

Back to point No. 2. Repurposing birthday cards makes great sense to me. Why

not? With cards priced as much as \$10 now, it seems logical and sensible to get more than 30 seconds of satisfaction out of them. And if they are really funny, like the one Lee sent, it makes the pass-along even better.

My wife decided a few decades ago that she would start creating her own personalized cards rather than making Hallmark memories. She became quite good at it with her little stamps and stickers and glitter and corn husks. OK, maybe not corn husks. Maybe. But she did put a lot of stuff and time and effort into her cards. Still does.

I, on the other hand, continue to opt for the store-bought versions. Admittedly, I typically



go for the cheaper versions. I often joke that I spend hours looking for just the right card. Those who know me realize I spend more time searching for the envelope than picking out the card. I was never very good at those matching games. My sock drawer proves it.

Meanwhile, those card-buying days are over. I am following Lee's lead now, and I am saving my cards to repurpose them later.

Everyone gets to be cheap once. And it's my turn.

Have a great week, and thanks for reading. ■

Shane Goodman

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Publisher

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JOHNSTON
Living Weekly

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PRAIRIE MEADOWS DONATES \$150,000 TO CHILDREN'S CANCER CONNECTION

Prairie Meadows Racetrack & Casino recently awarded Children's Cancer Connection (CCC) a Legacy Grant totaling \$150,000. The grant will help fund the completion of the CCC Renovation and Playground Project. Prairie Meadows is a nonprofit organization dedicated to lessening the burden of government by promoting economic development, jobs, agriculture and tourism in the state of Iowa.

"This generous gift from Prairie Meadows will bring CCC across the finish line of our overall facility renovation project," said Jennifer Hines, Children's Cancer Connection CEO. "It is vital to CCC participants' health and wellbeing that they be provided opportunities to connect with one another and that programs be held in an accessible location. Now everyone served can be fully included, regardless of current health or mobility status."

The grant will improve the lives of people in Iowa by enabling Children's Cancer Connection to finalize its Renovation and Playground Project at the Jeff and Deb Hansen Home for Hope. CCC recently upgraded the interior of its Johnston facility and constructed the inclusive Variety Star Playground. Upcoming outdoor improvements include the addition of a sport court to be used during CCC programs, and the Gold Ribbon Walkway, which will honor children whose lives were lost to cancer. The project is expected to be completed this fall.

"This project will impact the past, present and future of central Iowa, and we are honored to be a part of it," said Julie Stewart, Prairie Meadows vice president of community relations. "Our work, in conjunction with that of many partnerships, is building a vibrant, dynamic Polk County."

Visit prairiemedadows.com/community and childrenscancerconnection.org to learn more about these organizations and the causes they support. ■

MONTHLY MOVIES AFTER THE FARMERS MARKET

A movie will be shown once a month following the Farmers Market on the north side of Johnston City Hall, 6245 Merle Hay Road. Movies begin at dusk, around 8:30 p.m. Bring your lawn chair and blanket and enjoy the free show.

- **Tuesday, Sept. 26** – "American Underdog" ■

MONTHLY MUSIC AFTER THE FARMERS MARKET

Live music will be featured once a month following the Farmers Market on the north side of Johnston City Hall, 6245 Merle Hay Road. Concerts start at 7:30 p.m. on the stage just west of Johnston City Hall. Bring your lawn chair and blanket and enjoy the free music.

- **Tuesday, Sept. 12** – The Sons of Gladys Kravitz ■

THE YARD SUMMER CONCERT SERIES

The Yard Summer Concert Series, presented by The Cork 50131, brings musical acts from across the United States, including Nashville and Los Angeles, to the Yard, 6245 Merle Hay Road, Johnston. All three concerts will begin at 7 p.m.

- **Saturday, Aug. 26** – Mixtape ■

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JOHNSTON PARTNERSHIP'S CURRENT NEEDS

The Johnston Partnership provides food and personal hygiene products to those in need. Currently, the organization is in most need of baby food and formula, body soap, shampoo, laundry detergent and toilet paper. Donations can be dropped off at 5870 Merle Hay Road, Suite C, Tuesdays from 9 a.m. to 1 p.m. and 4-6 p.m., and on Thursdays and Saturdays, 9 a.m. to 1 p.m. ■

SUMMER SERIES YOGA

Summer Series Yoga is held Tuesdays, Aug. 22, and Sept. 5 and 12, from 6-7 p.m. at The Lawn, 5870 Merle Hay Road. The event is free. A suggested \$5 donation goes directly to the food pantry. ■

CITY MEETINGS

- **Wednesday, Aug. 23:** Park Advisory Board Meeting, 6:30 p.m.
- **Monday, Aug. 28:** Planning and Zoning Meeting, 7 p.m.
- **Monday, Sept. 4:** City Office Buildings and Library closed for Labor Day ■

FUNERAL NOTICES

Funeral notices can be emailed to tammy@iowalivingmagazines.com

MARY JO QUINN

Mary Jo Quinn died peacefully on Aug. 13, 2023, at the Bishop Drumm Skilled Nursing Care Center. Mary Jo was born in Whittier, California, on May 25, 1954, to John and Harriet (Rawlings) Quinn. She graduated from Holy Spirit High School in Absecon, New Jersey, and attended DMACC. Mary Jo worked in the health care industry — from Woodward State Hospital to nursing centers, and in Columbus, Ohio, as a medical insurance coder. Mary Jo was a skilled crocheter and an avid reader. Mary Jo always seemed to remember details of childhood stories that everyone else forgot.

Mary Jo was preceded in death by her parents, John and Harriet Quinn. She is survived by her sisters, Kathleen “Kitty” Quinn, Pat (Jerry) Noshish, Peg (Tim) Gutshall and Karen Quinn; brother John (Lesa) Quinn and many nieces and nephews. Additionally, she is survived by 11 great nieces and nephews.

Mary Jo’s wishes were to be cremated. Arrangements are being handled by Iles Funeral Homes. A celebration of Mary Jo’s life will be held by her family in the spring of 2024. ■



JOHNSTON PUBLIC LIBRARY EVENTS

For more information or to register for events, call 515-278-5233 or visit us online at www.johnstonlibrary.com.

Spend some time watching the stars and planets with the whole family at the Amazing Stargazing event on Friday, Aug. 25 from 8-10:30 p.m. The evening will start out with a presentation from the DSM Astronomical Society as they orient us to what we’ll be looking at in the night sky, how objects move in space, and why what we can see in the sky changes month to month and hour by hour. Then we’ll head outside to view the moon, Saturn and Neptune, and the Andromeda Galaxy with telescopes. Registration is appreciated for this free, all-ages program.

More information about events and resources at Johnston Public Library including event registration can be found online at www.johnstonlibrary.com or by calling the library at 515-278-5233. ■

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FUNERAL NOTICES

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GREG TULLY

Greg Tully, 38, was born Aug. 16, 1984, in Des Moines to John and Connie Tully and was raised in Johnston. Greg died Aug. 11, 2023. During high school, Greg met the love of his life, Brandi Wylie. They made their home in Madrid, where they raised their two sons, Gage and Jaden. Greg and Brandi were married Feb. 9, 2008. Brandi died suddenly in 2021. He was devastated by the loss of his life-long soulmate.

Greg worked at Casey's in Madrid for many years, Beaverdale Gutter, and most recently with his uncle Richie in Madrid doing home improvement projects. Greg enjoyed fishing, playing pool, bike rides, growing plants and creating gifts out of wood.

He is survived by his sons, Gage and Jaden; mother, Connie; sister, Anjy (Avis); brother, Jay (Kim); half-brother Brad (Stephanie); father-in-law Chuck (Marla); brother-in-law, Chuck II (Melanie); along with many aunts, uncles, cousins, nieces and nephews. He was preceded in death by his beloved wife, Brandi; father, John; mother-in-law Deb; maternal grandparents, Roger and Sally Harrison; and paternal grandparents, Ernest and Francis Tully.

A celebration of life was held Saturday, Aug. 19, at Caldwell Parrish Funeral Home in Urbandale. Burial followed in the Hopkins Grove Cemetery near Madrid. Memorial contributions may be directed to the 988 Suicide and Crisis Lifeline. Online condolences may be left to the family at www.caldwellparrish.com. ■



JANICE LOUISE HOUK

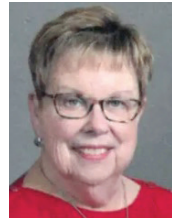
Janice Louise Houk, 84, Johnston, died on Aug. 15, 2023, after a brief illness. Janice was born on April 25, 1939, to Clara and Theodore Rydyski in South Bend, Indiana. She grew up in South Bend, graduating from St. Joseph High School in 1957.

Janice met George Houk at a dance and the two married in 1959. After a few relocations for work and military service, they settled in Urbandale to raise their three children. They enjoyed all of life's adventures in their 63 years of marriage. Some of the things Jan was particularly fond of included conversations with friends, reading novels and traveling.

She was a member of St. Pius X church in Urbandale and volunteered in many ways at the church. In her late 40s she graduated from Iowa State University. She often held a part-time job and especially liked working at Sandy's Plaza Florist.

Janice is survived by her husband, George; sons, David and Tim (Sara); daughter, Jenn Houk; grandchildren, Ben (Yancy) Houk, Zach (Anna) Houk, Kirsten (Kurt) Rutledge, Ashley (Eric) Burns, Lauren (Khalil) McMeans, Sam (Jess) Houk and Jack Houk; and 10 great-grandchildren. She was preceded in death by her parents and her sister, Mary Ann Barrell.

Visitation will be held from 10:30-11:30 a.m., Tuesday, Aug. 22, at St. Pius X Catholic Church, 3663 66th St. in Urbandale. A funeral mass will follow at 11:30 a.m. Interment will be at Glendale Cemetery. Memorial contributions may be made to St. Pius X Catholic Church. Online condolences may be left to the family at www.caldwellparrish.com. ■



EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM

Courtesy of The Savannah Bananas

SAVANNAH BANANAS

Principal Park, 1 Line Drive, Des Moines

thesavannahbananas.com

Aug. 25-26

The Savannah Bananas bring their Harlem Globetrotter-style approach to baseball to the home of the Iowa Cubs.

MUSIC IN THE GARDEN

Greater Des Moines Botanical Garden,

909 Robert D. Ray Drive

dmbotanicalgarden.com/events

The welcoming sights and smells of the Botanical Garden heightened by live music and food every Thursday.

Aug. 31: Cory Waller & The Wicked Things

HOYT SHERMAN PLACE

1501 Woodland Ave., Des Moines

hoytsherman.org

From concerts to comedy, the century old, historic venue will host several acts throughout August.

Aug. 26: Craig Ferguson: The Fancy Rascal Tour

Aug. 31: Happy Together Tour

SEPTEMBER HAPPENINGS

Sept. 1-2: Taste of the Junction, a multicultural festival in Historic Valley Junction; tasteofthejunction.org

Sept. 2: Rob Zombie and Alice Cooper on their Freaks on Parade Tour, with special guests Ministry and Filter at 6 p.m., Wells Fargo Arena, Des Moines; iowaeventscenter.com

Sept. 2-3: Kids Fest at Adventureland Resort, Altoona; adventurelandresort.com

Sept. 2-4, 9-10, 16-17: Fall Renaissance Faire at Sleepy Hollow, Des Moines; sleepyhollowrenfaire.com

Sept. 8-24: “Once” at the Des Moines Playhouse; dmplayhouse.com

Sept. 10: Des Moines Concours d’Elegance car show from 10 a.m. to 4 p.m. at Pappajohn Sculpture Park, Des Moines; desmoinesconcours.com

Sept. 15: The Mavericks concert at 7:30 p.m. at Hoyt Sherman Place, Des Moines; hoytsherman.org

Sept. 15-16: Beaverdale Fall Festival; fallfestival.org

Sept. 15-24: “Persuasion” by Iowa Stage Theatre Company at the Des Moines Civic Center; iowastage.org

Sept. 17: Applefest at Living History Farms; lhf.org

Sept. 17: 5K Beer Run with the Iowa Brewery Running Series at Big Grove Brewery, Des Moines; breweryrunningseries.com/iowa

Sept. 17: Halfway to St. Patrick’s Day Car Show with the Friendly Sons of St. Patrick of Central Iowa at Mugsy’s, Pleasant Hill; friendlysonsiowa.com

Sept. 21-23: Des Moines Area Quilters Guild Quilt Show in the 4-H Exhibits Building, Iowa State Fairgrounds; dmaqq.org

Sept. 22: Des Moines Art Center 2023 Gala; desmoinesartcenter.org

Sept. 22-23: Oktoberfest along Fourth Street, downtown Des Moines; oktoberfestdsm.com ■

RECIPE

A TRADITIONAL BREAKFAST WITH A TWIST

(Family Features) Between morning routines, days spent in the classroom, extracurriculars and homework, it may seem like there's never enough time in the day during the school year. However, making time for tasty meals and snacks doesn't have to be another burden on jam-packed schedules.

This quick recipe for a flavorful twist on a breakfast favorite can help keep little learners (and older family members, too) fueled up and ready to tackle all the school year throws their way.

The same bowl of cereal can get boring after eating it for breakfast day in and day out. You may find yourself looking for something new and exciting to start school day mornings on the right foot.

Kids can be picky when it comes to breakfast foods, but this recipe for Sausage French Toast Roll-Ups is a quick and easy way to fill their bellies with a taste of several flavors they may already love. A sizzling sausage link wrapped with French toast, it combines a favorite breakfast protein and traditional deliciousness in one roll. ■

SAUSAGE FRENCH TOAST ROLL-UPS

Servings: 12

- 12 sausage links
- 2 eggs
- 2/3 cup milk
- 3 teaspoons almond extract
- 1/2 teaspoon ground cinnamon
- 6 bread slices, crust removed, cut in half
- 3 tablespoons butter
- syrup

Directions

In skillet, cook sausage links according to package directions. Set aside.

In medium bowl, whisk eggs, milk, almond extract and cinnamon.

Dip bread slice in egg mixture. Wrap bread slice around cooked sausage link, pressing seam to keep from unrolling. Repeat with remaining bread slices and sausage links.



In large skillet over medium-high heat, melt butter. Place roll-ups in skillet, seam-sides down, and cook until all sides are browned, approximately 10 minutes. Drizzle with syrup.

SEEN IN JOHNSTON



MAYOR'S RUN FOR THE TRAILS TOP FINISHERS: Mayor Paula Dierenfeld congratulates the top finishers in the Mayor's Run for the Trails 5K held Aug. 12. The event drew 175 participants for the 5K and Kids Fun Run. ■

FARMERS MARKET

The Farmers Market is held Tuesdays, 5-8 p.m. through through Sept. 26 on the north side of Johnston City Hall, 6245 Merle Hay Road. Shop for fresh produce and homemade products while being entertained by live music. For more information, visit www.cityofjohnston.com/farmersmarket. ■

JCSF GOLF OUTING

Johnston Community School Foundation's 24th annual Golf Outing will be held Friday, Sept. 8 at Jester Park Golf Course, 11949 N.W. 118th Ave., Granger. Check-in opens at 8 a.m., and shotgun start is at 9 a.m. Lunch will be provided at 1 p.m.

Proceeds from the golf outing support the work of the Johnston Community School Foundation. The mission of the foundation is to raise funds to provide grants for our educators in support of our students and schools and to promote educational excellence in the Johnston Community School District. Help is needed to grow funds to fulfill classroom grants in the 2023-24 school year. Register online by Aug. 28 at www.wearejohnston.com/register-golf-outing or email aprilwilson@jcsfoundation.org. ■



CLASSIFIED ADS

FOR SALE: 2006 Chevrolet Silverado truck 4x4, V8, crew cab, 148,000 miles, great condition. Call 641-757-0731

FOR SALE: GE electric glass top oven range. Double oven, air fry, conv. bake, warming burner self & steam clean 8 months old. \$90. Call 515-745-5002.

FOR SALE: Softball/Baseball Pitching/Hitting net. \$20. Call/Text 515-238-3198.

FOR SALE: Nice bunk beds. Solid built. \$175. call or text 515-238-3198 and I can send photos.

FOR SALE: 2 tents — a 3-man and a 4-man Eddie Bauer. 3 adult sleeping bags — 2 heavy weight and 1 medium weight. Large dry bags. Coleman 2-burner camping stove. Best Offer. ALSO 13 1/2-foot WE-NO-NAH single-person canoe. Phone 515-480-8299.

FOR SALE: 1981 Ford F100 Truck. Blue/white. Ran when I shut it off two years ago. For someone who wants to repair/restore. \$500 or make an offer to take it away. Call 515-238-3198.

BICYCLES WANTED: Any condition is ok. For parts or repair. Will pick them up. Phone 515-238-3343.

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