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A BIG GREEN UMBRELLA MEDIA PUBLICATION

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SEEN IN ADEL



MORE
PHOTOS
INSIDE

Mackenzie Felt-Lewis at the Adel Farmers Market July 18. ■

ADEL WEATHER FORECAST

FRIDAY HIGH 86 | LOW 69

Partly sunny



SATURDAY HIGH 77 | LOW 65

Mostly cloudy with a t-storm



SUNDAY HIGH 76 | LOW 61

Nice; clouds and sun



MONDAY HIGH 79 | LOW 57

Mostly cloudy with a t-storm



TUESDAY HIGH 80 | LOW 59

Mostly sunny and nice



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WEEKLY NEWSLETTER,
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FROM THE PUBLISHER

FREEDOM TO FLOURISH

By now you have likely heard that Iowa has a new state logo and slogan. “Freedom to Flourish” is the catchy new phrase, replacing “Fields of Opportunities,” which has been on the 68 welcome signs located on Interstate Highways 80 and 35 since 1999.

Gov. Kim Reynolds likes the new marketing, and I do, too. Sure, there will be detractors, much like those who spout their salty opinions whenever a new license plate design is announced and then fork out more of their own money to buy the all-black ones.

Gov. Reynolds says the new logo will appear on state websites starting tomorrow, but it will take some time to roll out everywhere. For what it’s worth, I like the new slogan and logo, but I have to wonder how much this all cost. How does \$305,000 hit you?

That may sound steep, but consider this. The slogan and logo consist of four words, so the cost

per word whittles down to \$76,250. Maybe that’s not fair. OK, there are 21 letters, so the cost per letter is a measly \$14,523.

The state worked with consulting group FleishmanHillard out of St. Louis, because who knows how to better market Iowa than Missourians? Anyway, the folks at FleishmanHillard clearly like the slogan and logo. At that price, who wouldn’t?

But before you get too wound up about how your taxpayer dollars are being spent, know that the \$305,000 came from federal American Rescue Plan Act funds, or what is better known as the COVID-19 Stimulus Package. You know, the \$1.9 trillion economic stimulus bill passed by Congress and signed into law by President Biden to speed up the country’s recovery from the pandemic and



recession.

Oh, wait. Those are tax dollars, too. Different bucket, though.

Don’t spit out your coffee yet; there are more dollars to be spent. The cost to replace the 68 interstate road signs is estimated at \$375,000 more, but we are told those dollars would come from existing budgets. Since I have my calculator handy, I did the math and came up with a cost of \$5,515 per sign.

I am guessing many of you reading this could have come up with some good slogans for a lot less money. Prove me right. Send me your suggestions, and I will share them in the Daily Umbrella.

Have a great week, and thanks for reading. ■

Shane Goodman

President and
Publisher

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Living Weekly

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MUSEUM OPEN

The Adel Historical Museum, 1129 Main St., will be open every Saturday from 1-3 p.m. through the month of August. ■

DE SOTO FUN DAYS

De Soto Fun Days, Saturday, Sept. 16, will feature free activities for kids and adults, including a parade, car show, bouncy houses, face painting, balloon artist, zoomers, Silly Sally, craft making, dunk tank, kids water fights, bingo and fireworks. Food trucks and a beer garden with live band will also be featured. ■

ADEL LIBRARY NEWS

303 S 10th St, Adel • 515-993-3512 • adelpl.org

YOUTH PROGRAMS:

- **Teen: New Book Club** – Aug. 10 at 4 p.m.
- **Storytime in the Park (Evans Park)** – Aug. 14 at 10 a.m.
- **Dallas County Conservation Storytime** – Aug. 18 at 10 a.m.
- **Storytime in the Park (Evans Park)** – Aug. 28 at 10 a.m.

There's no registration for our book clubs, just pick up the current book at the front desk and join us. We also have some active programs, like the morning exercise group that exercises to easy walking videos and our yoga program on Wednesday nights for some relaxation in the middle of the work week.

ADULT PROGRAMS:

- **Yoga at the Library** – Every Wednesday at 5:45 p.m.
- **Exercise Group** – Monday through Thursday at 9 a.m.
- **50s+ Senior Gathering** – first and fourth Tuesday of the month at 10 a.m.
- **Brown Bag Book Club** – Aug. 10 at 12 p.m.
- **Cook Book Club** – Aug. 16 at 11 a.m.
- **Plant Propagation Class with Master Gardener** – Aug. 17 at 6 p.m.
- **Evening Book Club** – Aug. 31 at 6 p.m. ■

ADM SPORTS SCHEDULE

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DALLAS COUNTY CONSERVATION EVENTS

CREEK WALK

Aug. 9 and Aug. 16, 10-11 a.m.

Kuehn Conservation Area,
32828 Houston Trail, Earlham

Want to beat the summer heat? Tag along with Naturalist Erica on a hike down to Waterfall Creek to splash around in an enchanting part of the forest. Registration required.

SUMMER COLOR PRAIRIE WALK

Aug 15, 9-10 a.m.

Forest Park Museum, 14581 K Ave., Perry

The prairie that once was dull brown-yellow grass and bare plant stalks in the winter is now a rainbow of colors during the mid-summer months. Join us for a relaxing walk to take inventory of what's going on in our prairies and get a closer look at some of our common prairie wildflowers. Registration required.

ON-CALL: MONARCH TAGGING

Sometime in September determined by monarchs
Location TBD

Catch and tag monarch butterflies en route to Central Mexico to help with an international monarch migration research project. Dates and locations are TBD, as we can't predict the timing of migration or the suitability of weather. Register to join notification list.

TOYS AND GAMES

Sept. 3, 1:30-2:30 p.m.

Forest Park Museum, 14581 K Ave., Perry

We will play with some of the unique games in the Forest Park Collection. Bring your favorite to share. Register to be notified of cancellation.

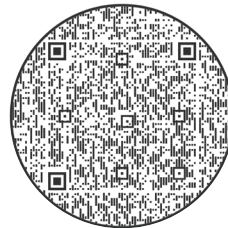
FALL EQUINOX SUNSET CELEBRATION

Sept. 23, 6:30-7:30 p.m.

Astronomical "Clock" at Hanging Rock, Redfield

Join DCCB Naturalists at the astronomical clock atop the ridge at Hanging Rock to observe and celebrate the sunset of the Fall Equinox. Participants will be invited to recognize the four directions, share in a song led by the drum, and register SOL sitting on the clock's equinox stone. No registration required.

To register for for events, visit <https://www.eventbrite.com/cc/summer-2023-public-programs-june-september-2243469?utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-term=odclxcollection&utm-source=cp&aff=escb> ■



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DONATIONS SOUGHT FOR VETERANS

Current needs at the Des Moines VA Hospital are great-condition used books, individually wrapped snacks, men's hard-sole slippers, men's shoes (size 11 and 12), men's sweatpants/athletic pants (size M, L and XL), men's underwear (size M and L), reading glasses (+2.25, +3.00, and +3.25), duffle bags and backpacks. At the DM VA Community Resource and Referral Center, which helps veterans find housing, current needs are canned tuna, ready-to-eat meals (such as Hormel Compleats), and all-purpose spray-top cleaner.

Donations are welcome at the Adel American Legion Auxiliary Unit 464 drop-off box at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up.

Thank you to our community for your generosity in supporting our veterans. ■

MEET ME IN MINBURN CONCERT

Minburn will be hosting the final Meet Me in Minburn Concert on Aug. 5. Jake Kemble and Kick will be on the Big Heart Stage, 7-9 p.m. The Minburn Fire Department will be serving burgers and brats from 5-7 p.m. for a freewill donation. There will be free outdoor skating and family-friendly fun. ■

ADEL SWEET CORN 5K RUN/WALK

Thanks to presenting sponsor Anytime Fitness, the Adel Sweet Corn 5K run/walk is back. The event will be held on Aug. 12. Whether you're an experienced runner or just starting out, this is a great opportunity to challenge yourself and have some fun. The run will start at 7:30 a.m. The course will take you through some beautiful scenery as well as the brick streets of Adel. A water station will be provided along the way and snacks at the finish line to refuel.

Registration is now open at runsignup.com/Race/IA/Adel/AdelSweetCornFestival5K. ■



THIRD MONDAY BINGO

Enjoy Bingo on Monday, Aug. 21, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■



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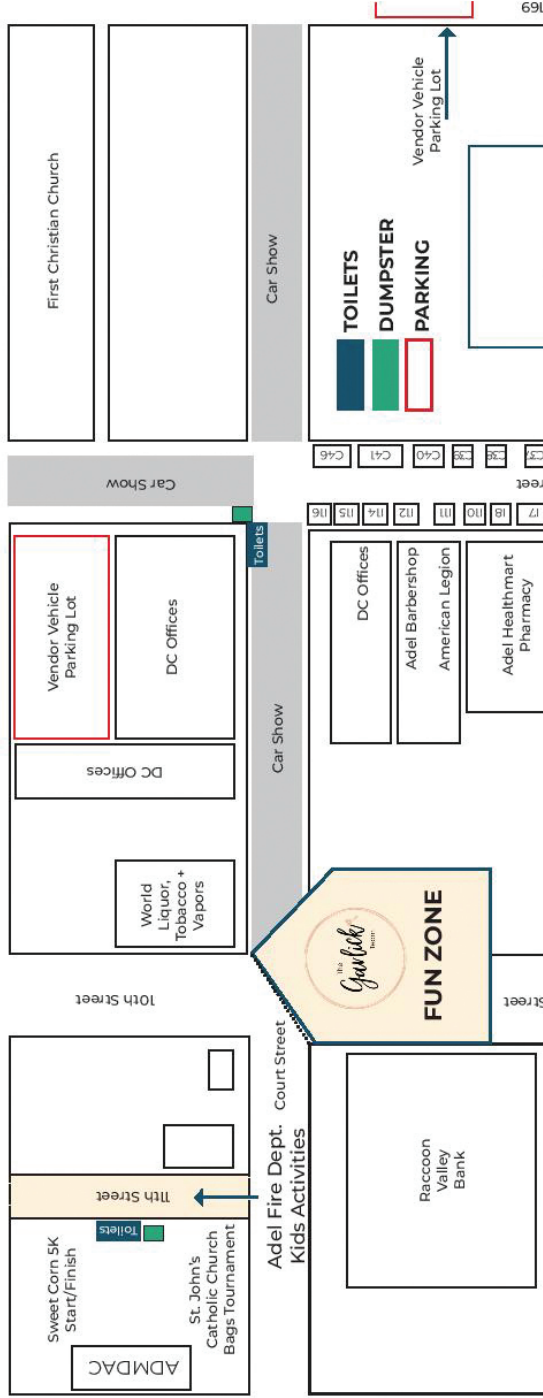
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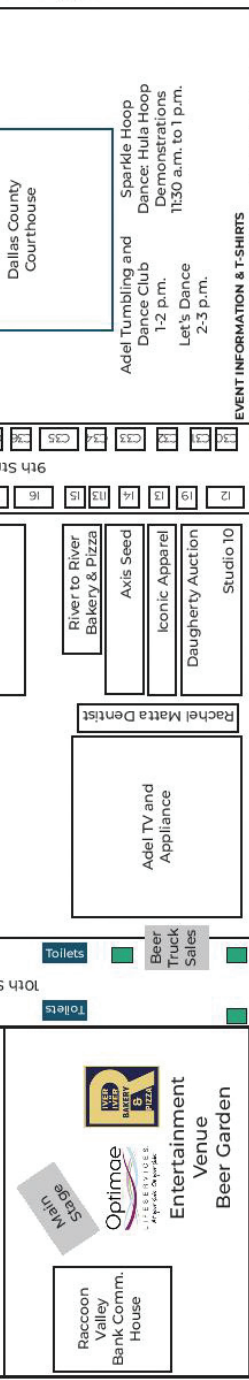
Find Your Fun!



2023 SWEET CORN FESTIVAL MAP

PRESENTED BY





EVENT INFORMATION & T-SHIRTS

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SEEN AT THE ADEL



Brooklyn Beebe



Jack Leistikow and Owen Horgen



Jason Joiner



Sam Radke



Tori Schmidt



Juli, Izzy and Grace Tripple

AUG. 4-10, 2023

ADEL *Living Weekly*

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Sam Morrison



Hayley Dray and Alexa Guthrie



Gretchen York and Dan Wilson



Gabby Doss



Fred and Pam Pruitt



Andrea Lardenas and Nancy McMordie

EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM**URBANDALE SUMMER
PERFORMANCE SERIES****Tuesday, Aug. 8, 6:30 p.m.****Charles Gabus Memorial Tree Park**

All ages are welcome to this free concert. Bring a blanket or lawn chair. For the final concert of the series, Black Dirt Ramblers will perform.

MOVIES IN THE PARK**Aug. 11, "Black Panther: Wakanda Forever"
(PG-13)****Centennial Park Open Air Shelter,
1255 Warrior Lane**

Enjoy Hollywood's biggest hits under the stars with Movies in the Park! Movies in the Park is free and provides an abundance of entertainment. Showtime is at dusk (approximately 8:45 p.m.) in Centennial Park. Bring lawn chairs, blankets and refreshments, and get ready to make memories with family and friends.

FOOD TRUCK FRIDAYS**Friday, Aug. 25, and Friday, Sept. 8, 5:30-8 p.m.
Campbell Park, 12385 Woodlands Parkway, Clive**

The Clive Parks and Recreation's popular Food Truck Friday events feature local music, food trucks, and beverages in a family-friendly setting. Campbell Park is now a cashless facility. Entertainment on Aug. 25 is Randy Burk and the Prisoners. On Sept. 8, entertainment is Brian Herrin Trio.

CELEBRATE WOMEN'S EQUALITY DAY**Saturday, Aug. 26, noon to 2 p.m.****McDonalds Woods Park, Norwalk
(rain location, Norwalk Easter Public Library)**

Celebrate 103 years of women winning the right to vote. Women and daughters, bring your favorite poem, speech or drawing that depicts how you feel about our struggles, success. If willing to help with food, supplies and/or set up, call 515-631-9153.

**THE VALLEY JUNCTION
FARMERS MARKET AND
MUSIC IN THE JUNCTION****Thursdays through Sept. 28, 4-8:30 p.m.****Historic Valley Junction,
100-300 blocks of Fifth Street and Railroad Park**

The Valley Junction Farmers Market is home to more than 80 weekly vendors selling fresh produce, baked goods, plants and flowers, arts and crafts, and prepared foods. Join your friends and neighbors and enjoy special performances scheduled throughout the season. Music starts at 6 p.m. Scheduled are: Brother Trucker; Aug. 10, The Sons of Gladys Kravitz; Aug. 17, Raquel and the Wildflowers; Aug. 24, Boomerang; Aug. 31, Gimikk; Sept. 7, Rhythematics; Sept. 14, Drive Thirty 5; Sept. 21, The Uniphonics; Sept. 28, The Crust.

THE WATER RIDE**Saturday, Aug. 26****Confluence Brewing Company**

Start at Confluence Brewing Company and enjoy the Des Moines trails. Join in riding for a cause and help raise awareness and funds to support water and education projects in Ghana, Africa. Show up around 11 a.m. to sign in or register and get your Water Ride gear. Start riding your bicycle at noon from Confluence with riders throughout the community. Over the past 10 years, the money raised through various Water Ride events has helped fund three wells and the creation of TMP Academy, a primary school in Ghana. All proceeds from this event go directly to ensuring all students of TMP Academy have access to education when finances would otherwise be a barrier they are unable to get around. TMP Academy currently educates over 150 kids. To date, more than \$45,000 has been raised. Official 2023 Water Ride stops are Confluence Brewing Co., 515 Brewing and Peace Tree Brewing DSM. The event link is www.facebook.com/events/278203251215477/?active_tab=discussion. ■



RECIPE

COOL OFF WITH A SWEET, FROZEN TREAT

(Family Features) When the sun is shining and you need to beat the heat, cool down with a little shade and a nutty, frozen treat. This kid-favorite is a childhood classic you can customize with favorite toppings, too.

Made with the protein power of peanuts, these Peanut Butter Ice Cream Sandwiches are easy to prepare on hot days that call for a cold dessert. Just bake chocolate chip cookies, spread them with peanut butter, add a scoop of ice cream and roll in chopped peanuts, chocolate chips or toasted coconut for a sweet bite of perfection.

With approximately 4,000 active peanut farmers, it's likely your peanuts — often referred to as “nutrition in a nutshell” — came from Georgia, which produces 52% of the country's supply. ■

PEANUT BUTTER ICE CREAM SANDWICHES

Recipe courtesy of Peanut Butter Lovers and the Georgia Peanut Commission

Yield: 12

- 24 fresh baked chocolate chip cookies (about 3 inches in diameter), cooled
- 1 1/2 cups creamy or crunchy peanut butter
- 1 1/2 quarts vanilla ice cream, slightly softened
- chopped peanuts, for topping (optional)
- mini chocolate chips, for topping (optional)
- toasted coconut, for topping (optional)

Directions:

On 12 cookies, top sides down, spread layer of peanut butter. Add one scoop of ice cream to each. Create sandwiches by topping with remaining cookies.



Roll edges of ice cream in chopped peanuts, mini chocolate chips or toasted coconut, if desired. Place on baking sheet in freezer and freeze until firm.

Serve slightly frozen.

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FUNERAL NOTICE

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DOLORES 'DEE' (BARKER) LONG

Dolores "Dee" (Barker) Long of Adel was born at home in Cooper on Dec. 11, 1931, to Lysle and Della (Remele) Barker. She died July 30, 2023, at Adel Acres Care Center in Adel surrounded by family and many who had cared for her in her last months.

Dee married Jack Long on Nov. 19, 1950, in Fremont. They had five children, DeAnn (Chuck) Bandy, Deb (Denny) Kolk, Jim (Tammie) Long, Jodi (Mike) Draisey and Jeff (Mona) Long; 14 grandchildren; 19 great-grandchildren and five great-great-grandchildren.

She spent most of her married life at home raising her children and had some part-time jobs as her children got older. She enjoyed knitting, quilting and puzzle books. Saturday nights were for dances as she followed Jack to every dance that he played throughout the years. She and Jack enjoyed traveling and wintering in Arizona.

Dee is survived by all her children and grandchildren; her two sisters, Shirley Deitch and Kay (Jim) Schultz; and many nieces and nephews. She was preceded in death by her husband, parents, parents-in-law, grandson-in-law and other extended family members.

A funeral service was held Wednesday, Aug. 2, at Caldwell Parrish Funeral Home, Adel Chapel. Burial followed at the Otterman Cemetery in rural Adel. Memorials may be directed to the family for a future designation. ■



CLASSIFIED ADS

FOR SALE: 2 tents — a 3-man and a 4-man Eddie Bauer. 3 adult sleeping bags — 2 heavy weight and 1 medium weight. Large dry bags. Coleman 2-burner camping stove. Best Offer. ALSO 13 1/2-foot WE-NO-NAH single-person canoe. Phone 515-480-8299.

BISHOP DRUMM GUILD GARAGE SALE: Bishop Drumm Guild Garage Sale. Open from 8:30 am to 12:30 pm every Thursday until September 28.

LOOKING TO BUY VINYL RECORDS: Paying cash for 60's-90's rock and jazz and blues. Please call Brian at 515-326-5033.

WANTED: Electronics, stereo receivers, guitar or amps, speakers, radios, etc. Any age or condition for parts or repair. Call 515-445-6023.

BICYCLES WANTED: Any condition is ok. For parts or repair. Will pick them up. Phone 515-238-3343.

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CITY FAQ

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Grass clippings can clog storm drains. Grass clippings increase levels of sediment and suspended solids, which lower oxygen levels in the river. The increase in nutrients also reduces water quality. ■

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