

# JOHNSTON Living Weekly

FREE!

WWW.IOWALIVINGMAGAZINES.COM



A BIG GREEN UMBRELLA MEDIA PUBLICATION

WE'VE GOT YOU COVERED!

## SEEN IN JOHNSTON

**BREAKFAST BEFORE BUSINESS:** JOHNSTON CHAMBER BREAKFAST BEFORE BUSINESS WITH THE JOHNSTON ROTARY WAS HELD AT HYPERION FIELD CLUB ON JULY 18.



Wayne Johnson and Pam Kucera



Brenda Ballard and Brook Skram



Martha Kester and Al Meyer



Scott Cooley and John Waldron

### JOHNSTON WEATHER FORECAST

**TUES. HIGH 83 | LOW 70**  
Heavy t-storm in the a.m.



**WED. HIGH 85 | LOW 69**  
Humid; rain in th a.m.



**THURS. HIGH 87 | LOW 67**  
Humid and cloudy



**FRI. HIGH 89 | LOW 68**  
Humid with clouds and sun



**SAT. HIGH 86 | LOW 69**  
Mostly cloudy and humid



**CHARTER BANK**



*Chart Your Success With Us 24/7!*

5526 N.W. 86th St., Johnston • 331-2265

Member  
FDIC

[CharterBanker.com](https://www.CharterBanker.com)



TO SUBSCRIBE TO THE FREE  
DIGITAL VERSION OF THIS  
WEEKLY NEWSLETTER,  
SCAN THIS QR CODE.

FROM THE PUBLISHER

# FREEDOM TO FLOURISH

By now you have likely heard that Iowa has a new state logo and slogan. “Freedom to Flourish” is the catchy new phrase, replacing “Fields of Opportunities,” which has been on the 68 welcome signs located on Interstate Highways 80 and 35 since 1999.

Gov. Kim Reynolds likes the new marketing, and I do, too. Sure, there will be detractors, much like those who spout their salty opinions whenever a new license plate design is announced and then fork out more of their own money to buy the all-black ones.

Gov. Reynolds says the new logo will appear on state websites starting tomorrow, but it will take some time to roll out everywhere. For what it’s worth, I like the new slogan and logo, but I have to wonder how much this all cost. How does \$305,000 hit you?

That may sound steep, but consider this. The slogan and logo consist of four words, so the cost

per word whittles down to \$76,250. Maybe that’s not fair. OK, there are 21 letters, so the cost per letter is a measly \$14,523.

The state worked with consulting group FleishmanHillard out of St. Louis, because who knows how to better market Iowa than Missourians? Anyway, the folks at FleishmanHillard clearly like the slogan and logo. At that price, who wouldn’t?

But before you get too wound up about how your taxpayer dollars are being spent, know that the \$305,000 came from federal American Rescue Plan Act funds, or what is better known as the COVID-19 Stimulus Package. You know, the \$1.9 trillion economic stimulus bill passed by Congress and signed into law by President Biden to speed up the country’s recovery from the pandemic and



recession.

Oh, wait. Those are tax dollars, too. Different bucket, though.

Don’t spit out your coffee yet; there are more dollars to be spent. The cost to replace the 68 interstate road signs is estimated at \$375,000 more, but we are told those dollars would come from existing budgets. Since I have my calculator handy, I did the math and came up with a cost of \$5,515 per sign.

I am guessing many of you reading this could have come up with some good slogans for a lot less money. Prove me right. Send me your suggestions, and I will share them in the Daily Umbrella.

Have a great week, and thanks for reading. ■

**Shane Goodman**

President and  
Publisher

Big Green Umbrella Media  
shane@dmcityview.com  
515-953-4822, ext. 305



JOHNSTON  
*Living Weekly*

A publication of Big Green Umbrella Media, Inc.  
8101 Birchwood Court, Suite, D, Johnston, IA 50131  
www.iowalivingmagazines.com



#### News contact

Tammy Pearson  
515-953-4822, ext. 302  
tammy@iowalivingmagazines.com



#### Advertising contact

Andrea Hodapp  
515-953-4822, ext. 322  
andrea@iowalivingmagazines.com

# MAYOR'S RUN FOR THE TRAILS

Saturday, Aug. 12, is the Mayor's Run for the Trails + Kids Fun Run at Terra Park. The 5K walk and Kids Fun Run race start at 8 a.m. followed by the 5K run at 8:15 a.m. The race is chip-timed and prizes will be awarded to the top runners in each age group. For more information and to register, visit [www.cityofjohnston.com/Mayors5kRun](http://www.cityofjohnston.com/Mayors5kRun). ■



# JCSF GOLF OUTING

Johnston Community School Foundation's 24th annual Golf Outing will be held Friday, Sept. 8, at Jester Park Golf Course, 11949 N.W. 118th Ave., Granger. Check-in opens at 8 a.m., and shotgun start is at 9 a.m. Lunch will be provided at 1 p.m.

Proceeds from the golf outing support the work of the Johnston Community School Foundation. The mission of the foundation is to raise funds to provide grants for our educators in support of our students and schools and to promote educational excellence in the Johnston Community School District. Help is needed to grow funds to fulfill classroom grants in the 2023-24 school year. Register online by Aug. 28 at [www.wearejohnston.com/register-golf-outing](http://www.wearejohnston.com/register-golf-outing) or email [aprilwilson@jcsfoundation.org](mailto:aprilwilson@jcsfoundation.org). ■

# JOHNSTON BASKETBALL CLUB 2023 TRYOUTS

Tryouts of the Johnston Basketball Club (girls and boys) will be Sunday, Aug. 20, at the Johnston High School Gym, 6500 N.W. 100th St. Youth entering grades first through eighth in fall 2023 may participate. Check the JBC website ([johnstonbasketballclub.com](http://johnstonbasketballclub.com)) to register for tryouts. Specific times for tryouts per grade will be on the website in August. ■

# PIE AND ICE CREAM SOCIAL

Join the faith communities of Johnston for relaxing music by band Asphalt and Stained Glass on Sunday, Aug. 27, 2-4 p.m., at the Simpson Barn, 6169 Northglenn Drive, Johnston. Tickets available at <https://givebutter.com/Y1vtFc>. ■



# YOGA BY THE LAKE

The public is invited to the final Yoga by the Lake for this season on Aug. 5. Relax and unwind on Saturday mornings at the Terra Lake Amphitheater, 6300 Pioneer Parkway. Enjoy this free hour of outdoor yoga from 8-9 a.m. This year, the City is partnering with IGNIT to offer sessions taught by certified yoga instructor Rocio Valea. ■

# FREE LUNCHES SPONSORED BY SCHOOL DISTRICT

Free lunches are provided Monday through Friday through Aug. 4 at Sterling Point, 10509 Dorset Drive, Johnston from 11-11:30 a.m., and at St. James Lutheran Church, 5665 Merle Hay Road, Johnston, from 11:30 a.m. to 12:15 p.m. Wednesdays story time is held. The Summer Food Service Program is a federally funded USDA program sponsored by JCSD. ■

# SUMMER SERIES YOGA

Summer Series Yoga is held Tuesdays, Aug. 8 and 22, and Sept. 5 and 12, from 6-7 p.m. at The Lawn, 5870 Merle Hay Road. The event is free. A suggested \$5 donation goes directly to the food pantry. ■

## JOHNSTON PARTNERSHIP'S CURRENT NEEDS

The Johnston Partnership provides food and personal hygiene products to those in need. Currently, the organization is in most need of toilet paper, toothpaste, body soap, dish soap, laundry detergent, shampoo and deodorant. Donations can be dropped off at 5870 Merle Hay Road, Suite C, Tuesdays from 9 a.m. to 1 p.m. and 4-6 p.m., and on Thursdays and Saturdays, 9 a.m. to 1 p.m. ■

## JOHNSTON PARTNERSHIP COLLECTING SCHOOL SUPPLIES

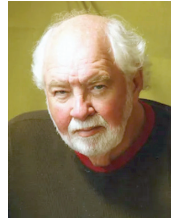
The Johnston Partnership is collecting the following school supplies throughout the summer: 12-count colored pencils, 8-count thick (washable) markers, 24-count Crayons, 24-count sharpened pencils. Donations can be dropped off at 5870 Merle Hay Road, Suite C, Tuesdays from 9 a.m. to 1 p.m. and 4-6 p.m., and on Thursdays and Saturdays, 9 a.m. to 1 p.m. The goal is to collect enough school supplies to fill 400 backpacks for Johnston students in need. ■

## FUNERAL NOTICES

*Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)*

### HAROLD "HARRY" J. HINRICHS

Harold "Harry" J. Hinrichs, 88, died July 8, 2023, at Arbor Springs in West Des Moines. Harry is survived by his wife, Starr (Scherf) Hinrichs; three children from his first marriage to Joan (Foster) Hinrichs, Renate Hinrichs (Todd Johnson), Erika Hinrichs-Biehle (Frederick Biehle) and Harold Hinrichs (Felicia Beanum Hinrichs); grandchildren, Lincoln, Zora and Calder; four step-sons; seven step-grandchildren; sister-in-law, Karen Hinrichs Ohnen (Virgil Ohnen); and niece, Susan Hinrichs (Alan Carroll).



He was preceded in death by his parents; brother, Herbert; and sister, Erna Hinrichs.

Harry earned his bachelor's degree from Wartburg College, divinity degree from Wartburg Seminary, master's in theology and doctor of ministry from Andover Newton Theological School, Newton Center, Massachusetts. He was a certified clinical pastoral educator and offered the second congregationally based training program in the country.

Harry dedicated his life to serving others first, as a Lutheran pastor in Chicago's southside and later in Green Bay, Wisconsin. It was during his time in Green Bay that his love for the Packers began to grow. Harry moved on to Minneapolis where he served for 13 years as director of Family Life and Aging for the American Lutheran Church. He then moved to Milwaukee to develop and direct Caring Community, Inc. He retired from a 14-year career with Thrivent Financial for Lutherans. In 1997, Harry married Starr Scherf and lived in Johnston for more than 25 years.

Following his retirement, Harry's caring and dedicated service in community continued with Golden K Kiwanis, as board advisor for the Storybook Project, as a volunteer at ChildServe, Johnston, and as a reading mentor at Findley Elementary.

Funeral services will be held at 5 p.m. Friday, Aug. 4, at St. John's Lutheran Church, 600 Sixth Ave. in Des Moines with burial in Flatville, Illinois. Memorials are suggested to ChildServe of Johnston, Wartburg College Scholarship Fund, or Golden K Kiwanis. ■

**COMPLETE AUTO REPAIR & TOWING 515-251-5839**

**FARM BUREAU FINANCIAL SERVICES**

Timothy Osborne  
515.381.7229

**FLOORING SPECIALISTS**

Family-owned, local business operating since 1999.

**THE FLOORING GUYS**

10% OFF MATERIALS  
When you mention this ad.

VISIT OUR SHOWROOM AT 3296 NW PRAIRIE LANE, DES MOINES  
515-508-0024 ★ [www.theflooringguysdsm.com](http://www.theflooringguysdsm.com)



## FUNERAL NOTICES

*Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)*

### DR. DEB BISHOP

Dr. Deb Bishop, 65, died unexpectedly July 22, 2023, at Methodist Hospital in Des Moines. She was born March 11, 1958, in St. Louis, Missouri, the daughter of David L. Sprunger and Frances E. Sprunger. Deb graduated from Fort Madison High School in 1976. At Iowa State University, she received her bachelor's, master's, and PhD in Industrial Engineering. Deb worked for more than 25 years as a professor at Drake University being a teacher and mentor. She was involved with many service organizations around the world including Rotary, where she was recently elected the president of Johnston Rotary for 2023-2024; Young African Leaders Initiative (YALI) and the Mandela Washington Fellowship; Students in Free Enterprise (SIFE); Delta Sigma Pi International Fraternity; faculty advisor for Sigma Phi Epsilon Fraternity at Drake; nearly 20 years of taking students to Uganda for life changing cultural exchange experiences; and supporting Drake and the Shining City Foundation in building a clinic in a rural village in Uganda. She was also actively involved in her church, Greater Life Community Church, and served on the Nazarene District Advisory Board. In January, Deb, with her son, Bryan, and his wife, Lesley, stepped foot on Antarctica to reach her seventh continent and 31st country.



Deb was predeceased by her father, David. She is survived by her son, Bryan Bishop, and his wife, Lesley; daughter, Dr. Lisa Bishop and her husband, Jeremy Schuck; her three grandchildren, Trevor, Leo and Jacoby Schuck; mother, Frances Sprunger; sisters, Sandy (Curt) Hilding and Jean (Roger) McEowen; brothers, David (Marty) Sprunger and Randy (Susan) Sprunger; many nieces, nephews and their children, and many people around the world that she thought of as part of her family.

A service of remembrance was held Saturday, July 29, at Sheslow Auditorium at Drake University. Deb will be buried in Sandusky next to her father. Memorials are suggested to the Shining City Foundation with requests to support the Uganda Medical Clinic, International or Johnston Rotary Clubs, and/or Greater Life Community Church. Arrangements are by Iles Westover Chapel. ■

### KAREN SUE SAMUELSON

Karen Sue Samuelson, 79, died July 22, 2023, at her home in Johnston. She was born Feb. 12, 1944, to Harold Schultz and Marlys Schultz (Martin). She grew up on her parents' farm in Pomeroy. After graduating high school, she married Phillip Samuelson in 1962, and they were constant companions, celebrating their 60th anniversary last year.

Karen and Phillip raised their two sons, Doug and Greg, in Norwalk. She began working at Farmland Insurance in 1982 in the filing department, and, after it became Nationwide Insurance, she worked in the underwriting department until retiring in 2010.

Karen's favorite activity was visiting with family, and she loved going to her grandchildren's activities. She and Phil also enjoyed taking driving vacations to see the country. Karen and Phil have been active members of New Life Lutheran Church in Norwalk since 1973.

Karen is survived by her husband, Phillip; brothers, Michael (Miriam) and Jerry (Carol); sister, Gloria (Mike); sons, Doug (Mindy) and Greg (Tracy); and her grandchildren, Luke, Lydia, Lauren, Amelia and Logan. She is preceded by her sister, Kathy (Dick).



Visitation was July 27 at Iles Norwalk Chapel. Funeral service was July 28 at New Life Lutheran Church in Norwalk. ■

## EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO  
TAMMY@IOWALIVINGMAGAZINES.COM**URBANDALE SUMMER  
PERFORMANCE SERIES**

Tuesday, Aug. 8, 6:30 p.m.

**Charles Gabus Memorial Tree Park**

All ages are welcome to this free concert. Bring a blanket or lawn chair. For the final concert of the series, Black Dirt Ramblers will perform.

**MOVIES IN THE PARK**

Aug. 11, "Black Panther: Wakanda Forever"

(PG-13)

**Centennial Park Open Air Shelter,****1255 Warrior Lane**

Enjoy Hollywood's biggest hits under the stars with Movies in the Park! Movies in the Park is free and provides an abundance of entertainment. Showtime is at dusk (approximately 8:45 p.m.) in Centennial Park. Bring lawn chairs, blankets and refreshments, and get ready to make memories with family and friends.

**FOOD TRUCK FRIDAYS**

Friday, Aug. 25, and Friday, Sept. 8, 5:30-8 p.m.

**Campbell Park, 12385 Woodlands Parkway, Clive**

The Clive Parks and Recreation's popular Food Truck Friday events feature local music, food trucks, and beverages in a family-friendly setting. Campbell Park is now a cashless facility. Entertainment on Aug. 25 is Randy Burk and the Prisoners. On Sept. 8, entertainment is Brian Herrin Trio.

**CELEBRATE WOMEN'S EQUALITY DAY**

Saturday, Aug. 26, noon to 2 p.m.

**McDonalds Woods Park, Norwalk****(rain location, Norwalk Easter Public Library)**

Celebrate 103 years of women winning the right to vote. Women and daughters, bring your favorite poem, speech or drawing that depicts how you feel about our struggles, success. If willing to help with food, supplies and/or set up, call 515-631-9153.

**THE VALLEY JUNCTION  
FARMERS MARKET AND  
MUSIC IN THE JUNCTION**

Thursdays through Sept. 28, 4-8:30 p.m.

**Historic Valley Junction,****100-300 blocks of Fifth Street and Railroad Park**

The Valley Junction Farmers Market is home to more than 80 weekly vendors selling fresh produce, baked goods, plants and flowers, arts and crafts, and prepared foods. Join your friends and neighbors and enjoy special performances scheduled throughout the season. Music starts at 6 p.m. Scheduled are: Brother Trucker; Aug. 10, The Sons of Gladys Kravitz; Aug. 17, Raquel and the Wildflowers; Aug. 24, Boomerang; Aug. 31, Gimikk; Sept. 7, Rhythmatiks; Sept. 14, Drive Thirty 5; Sept. 21, The Uniphonics; Sept. 28, The Crust.

**THE WATER RIDE**

Saturday, Aug. 26

**Confluence Brewing Company**

Start at Confluence Brewing Company and enjoy the Des Moines trails. Join in riding for a cause and help raise awareness and funds to support water and education projects in Ghana, Africa. Show up around 11 a.m. to sign in or register and get your Water Ride gear. Start riding your bicycle at noon from Confluence with riders throughout the community. Over the past 10 years, the money raised through various Water Ride events has helped fund three wells and the creation of TMP Academy, a primary school in Ghana. All proceeds from this event go directly to ensuring all students of TMP Academy have access to education when finances would otherwise be a barrier they are unable to get around. TMP Academy currently educates over 150 kids. To date, more than \$45,000 has been raised. Official 2023 Water Ride stops are Confluence Brewing Co., 515 Brewing and Peace Tree Brewing DSM. The event link is [www.facebook.com/events/278203251215477/?active\\_tab=discussion](https://www.facebook.com/events/278203251215477/?active_tab=discussion). ■

## RECIPE

# COOL OFF WITH A SWEET, FROZEN TREAT

*(Family Features)* When the sun is shining and you need to beat the heat, cool down with a little shade and a nutty, frozen treat. This kid-favorite is a childhood classic you can customize with favorite toppings, too.

Made with the protein power of peanuts, these Peanut Butter Ice Cream Sandwiches are easy to prepare on hot days that call for a cold dessert. Just bake chocolate chip cookies, spread them with peanut butter, add a scoop of ice cream and roll in chopped peanuts, chocolate chips or toasted coconut for a sweet bite of perfection.

With approximately 4,000 active peanut farmers, it's likely your peanuts — often referred to as “nutrition in a nutshell” — came from Georgia, which produces 52% of the country's supply. ■

## PEANUT BUTTER ICE CREAM SANDWICHES

*Recipe courtesy of Peanut Butter Lovers and the Georgia Peanut Commission*

**Yield: 12**

- 24 fresh baked chocolate chip cookies (about 3 inches in diameter), cooled
- 1 1/2 cups creamy or crunchy peanut butter
- 1 1/2 quarts vanilla ice cream, slightly softened
- chopped peanuts, for topping (optional)
- mini chocolate chips, for topping (optional)
- toasted coconut, for topping (optional)

### Directions:

On 12 cookies, top sides down, spread layer of peanut butter. Add one scoop of ice cream to each. Create sandwiches by topping with remaining cookies.



Roll edges of ice cream in chopped peanuts, mini chocolate chips or toasted coconut, if desired. Place on baking sheet in freezer and freeze until firm. Serve slightly frozen.

**IOWA GOLD STAR MILITARY MUSEUM**  
**515-252-4531**  
**HOURS:**  
 SUNDAY: CLOSED  
 MONDAY: CLOSED  
 TUES. - FRI.: 9AM - 3PM  
 SATURDAY: 10AM - 2PM  
 AT CAMP DODGE ★ 7105 NW 70th STREET, JOHNSTON

**Edencrest**  
 AT GREEN MEADOWS  
 Call Jay Mathes for a tour.  
**515-204-7467**  
 INDEPENDENT LIVING • ASSISTED LIVING  
 CLOSER CARE • MEMORY CARE

**AMEGA**  
 GARAGE DOORS  
 & OPENERS, INC.  
 CALL US  
**515-633-2119**  
 AmegaGarageDoors.com  
 YOUR EXPERT SOURCE FOR  
**GARAGE DOORS**  
 REPAIRS • NEW DOORS • OPENERS

# SUNDAE IN THE PARK

The public is invited to the 2023 Sundae in the Park event on Sunday, Aug. 6, from 6-8 p.m. at Johnston Commons Park. Enjoy a free ice cream sundae and meet with city and school officials. Families will have the opportunity to:

- Climb in a Johnston Public Works snowplow
- Explore a Johnston-Grimes Metropolitan Fire Department fire engine and talk with firefighters
- Climb shotgun in a Johnston Police squad car and talk with police officers about their jobs
- Listen to live music
- Learn about programs available within the Johnston Community School District
- Explore a Johnston school bus
- Check out the Johnston Library's book bike
- Attend the Johnston Historical Society's Open House. The 1902 Simpson House Museum next to the Johnston Library and the Simpson Barn will be open. ■

# VOLUNTEERS NEEDED FOR PRE-PHYSICAL SCREENINGS

Johnston Partnership and Johnston Community Education are in need of volunteers who would be able to do pre-physical screenings such as height, weight and blood pressure as well as help with traffic control in the physical area at the Back to School clinic on Aug. 8, 3-7 p.m. Split shifts are available. If you are a nurse, nursing student or nursing assistant who might be interested in helping, call 515-577-2194 or email [bjallen713@gmail.com](mailto:bjallen713@gmail.com). ■

# JOHNSTON BACK TO SCHOOL HEALTH & RESOURCE CLINIC

Families of JCSD students that need help are invited to attend this free back to school event Aug. 8, 3-7 p.m. at the middle school to help ensure their children are ready to start school in August.

Volunteers and staff will be available to help families register for school, complete necessary paperwork and connect with area resources. Vision checks, physicals and dental checks are included. For more information, contact Johnston Community Education at 515-278-0552 or the Johnston Partnership at 800-868-1357. ■

## CLASSIFIED ADS

### BISHOP DRUMM GUILD GARAGE SALE:

10:30 am to 12:30 pm every Thursday until September 28. Located on the campus at 5837 Winwood Dr. Johnston, behind McAuley Terr. Bag sale on clothes, big mark down on Christmas. Lots of décor, puzzles, small tables, lamps, and other household items.

**FOR SALE:** 2 tents — a 3-man and a 4-man Eddie Bauer. 3 adult sleeping bags — 2 heavy weight and 1 medium weight. Large dry bags. Coleman 2-burner camping stove. Best Offer. ALSO 13 1/2-foot WE-NO-NAH single-person canoe. Phone 515-480-8299.

**FOR SALE:** 1981 Ford F100 Truck. Blue/white Ran when I shut it off two years ago. For someone who wants to repair/restore. \$500 or make an offer to take it away. Call 515-238-3198.

**LOOKING TO BUY VINYL RECORDS:** Paying cash for 60's-90's rock and jazz and blues. Please call Brian at 515-326-5033.

**WANTED:** Electronics, stereo receivers, guitar or amps, speakers, radios, etc. Any age or condition for parts or repair. Call 515-445-6023.

**SEND IN YOUR FREE CLASSIFIED AD BY MONDAY AT 10 A.M. TO [BECKHAM@DMCITYVIEW.COM](mailto:BECKHAM@DMCITYVIEW.COM)**

LIST 50 WORDS OR LESS FOR FREE.

## SIGN UP TO RECEIVE THE DIGITAL EDITION OF JOHNSTON LIVING MAGAZINE FREE!

Scan the code below, or visit [www.iowalivingmagazines.com](http://www.iowalivingmagazines.com).

