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ADEL LIONS CLUB CAN AND BOTTLE SITE RELOCATED

As Adel residents have probably noticed, Dallas County is preparing to demolish the two buildings located on the lot on the east side of the square. This will make way for a larger parking lot for Dallas County employees. This is part of the county's investment in that area to build a new administration building at the site of the old Adel Chrysler auto business and sheriff's office and jail.

Many residents have grown accustomed to dropping off their redeemable cans and bottles at the small building located in the corner of the current parking lot. All proceeds raised from this Lions Club project are used for community projects.

The building has now been relocated to 302 S. Sixth St. This is across the bike trail south of



Patrick's restaurant, or just north of Arnold's Motor Supply. Many will recognize the building as where firewood has been advertised for sale for many years.

The Lions Club encourages residents to continue dropping off their redeemable bottles and cans at the new location. It's easy to get to, and the process remains the same. ■

ADEL WEATHER FORECAST

FRIDAY HIGH 97 | LOW 68
Sunny and hot



SATURDAY HIGH 88 | LOW 64
Sunny; lower humidity



SUNDAY HIGH 90 | LOW 67
Becoming cloudy



MONDAY HIGH 88 | LOW 65
Partly sunny and humid



TUESDAY HIGH 91 | LOW 67
More clouds than sun



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FROM THE PUBLISHER

BIRTHDAY SPANKINGS

I wasn't on the receiving end of many spankings as a youth. I may have thought I was at the time, but, looking back, they were minimal. My big brother Steve, on the other hand, took his share, and I learned a lot about what to do and not to do from basic observation.

Mom was the primary giver of spankings at our home. I only remember Dad giving me spankings once, and it was a result of Steve and me being reckless and breaking things. I never wanted that again. Although Mom's spankings were more frequent, they were much softer, too. She thought she was being strict when the yardstick came out, but it was mostly an act. In fact, Steve said Mom's spankings didn't hurt at all, even with the yardstick. He told me to just let her do it and fake like they hurt. Most importantly, he said, was to not block the spankings by putting my hands in the way, because that did hurt. He was right.

Before I give you the wrong impression, you should know

that spankings were few and far between from my parents — but they were memorable. I never felt abused or mistreated. I simply knew that I messed up and that there would be consequences. The guilt I felt over disappointing my parents was much worse than any pain from physical spankings.

But what about birthday spankings? Anyone remember those? They were to be fun spankings, if there ever was such a thing. Again, I remember watching my older siblings receive these. I never understood why something so pleasurable as a birthday would be ruined with something so unpleasant as spankings. At our home, a small wooden breadboard with a short handle would come out at each of our birthdays, and the party guests would laugh as the birthday kid was placed over a knee and spanked. The laughs were the greatest the time when the board broke on Steve's



bottom. That board was likely 50 years old and glued together a few times, but it makes for a good story to this day. My birthday wish was to skip the birthday spankings. For the most part, the wish was granted.

For those of you not familiar with birthday spankings, the birthday boy or girl would typically receive a hand slap on the rear for each year of the child's life. Beyond that number, a child would receive another spank "to grow on." What in the world was that?

My words are not meant to condone or condemn spanking, as you all clearly have your own strong opinions on the subject. Instead, I want to simply to point out how quickly times and traditions have changed. As for the disappearance of birthday spankings, we can certainly be grateful. At least I am. ■



Shane Goodman

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MUSEUM OPEN

The Adel Historical Museum, 1129 Main St., will be open every Saturday from 1-3 p.m. through the month of August. ■

DE SOTO FUN DAYS

De Soto Fun Days, Sept. 15, will feature free activities for kids and adults, including a parade, car show, bouncy houses, face painting, balloon artist, zoomers, Silly Sally, craft making, dunk tank, kids water fights, bingo and fireworks. Food trucks and a beer garden with live band will also be featured. ■

ADEL LIBRARY NEWS

303 S 10th St, Adel • 515-993-3512 • adelpl.org

YOUTH PROGRAMS:

- **Teen Advisory Board** – Aug. 3 at 4 p.m.
- **Tail Wagging Readers** – Aug. 3 at 4 p.m.
- **Poolside Storytime** – Aug. 4 at 11 a.m.*
- **Intro to Dungeons and Dragons (ages 13 and older)** – Aug. 4, 2-4 p.m.*
- **Teen: New Book Club** – Aug. 10 at 4 p.m.
- **Storytime in the Park (Evan's Park)** – Aug. 14 at 10 a.m.
- **Dallas County Conservation Storytime** – Aug. 18 at 10 a.m.
- **Storytime in the Park (Evan's Park)** – Aug. 28 at 10 a.m.

*Registration required event, register at adelpl.org.

ADULT PROGRAMS:

- **Yoga at the Library** – Every Wednesday at 5:45 p.m.
- **Exercise Group** – Monday through Thursday at 9 a.m.
- **50s+ Senior Gathering** – first and fourth Tuesday of the month at 10 a.m.
- **Brown Bag Book Club** – Aug. 10 at 12 p.m.
- **Cook Book Club** – Aug. 16 at 11 a.m.
- **Plant Propagation Class with Master Gardener** – Aug. 17 at 6 p.m.
- **Evening Book Club** – Aug. 31 at 6 p.m. ■

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RURAL & IN-TOWN - COMPETITIVE SPEEDS & PRICING

HISTORY OF ADEL'S FIRST SCHOOLS

BY MIKE FLINN

The first schoolhouse in Dallas County was a log cabin built by W.W. Miller. This was east of town where the historical marker is located. It was a log cabin, about 16 feet square, and built at the expense of Mr. Miller. Natural lighting was supplied by cutting a section of log out on each end. Attendance was free to all who desired to send their children. It was taught during the winter of 1847-1848 by S.K. Scovell who received a salary of \$8 per month for the three-month term.

The first schoolhouse in Adel was a one-story frame house on Main Street just west of downtown. After several years, this building was replaced by a two-story brick structure. The first teachers were James Reed and a Miss Anderson. This brick building still stands today and is the home of the Adel Historical Museum.

An important factor in Adel's educational history was the creation of the Gregg Fund. Thomas D. Gregg

deeded 160 acres to Dallas County to establish a school. This helped fund the third school building, which was built on the same site. The three-story building was 45 feet by 90 feet and cost \$28,000 to build, plus \$4,000 for furnishings. The first classes in this building were held in 1870. At the time, it was the finest school building in the county. Just to the west of the building was a brick outhouse divided in the middle with separate entrances for boys and girls. A galvanized wash tub sat under a tree for drinking water and tin cups were hung from the tree with chains. This was probably responsible for the spread of many childhood diseases. Thanks to the urging of Dr. Scott, modern restrooms were installed in 1899, and clean drinking water was piped into the building.

Adel quickly outgrew this building and, in the spring of 1914, work began on a new building on the same lot. This three-story building was built of brick with concrete floors at a cost of \$48,946, had indoor

plumbing with two restrooms and drinking fountains, was heated with coal and had electric lights. It also had a gymnasium, considered one of the finest when built. This gym later became known as the "cracker box."

Adel's continued growth soon made more room necessary. In 1922, local contractor George Hoffman and Sons were employed to build a new primary building. This one-story building had a full basement and was built at a cost of \$19,495. The first three grades were then moved from the high school building and the first kindergarten was started. There are a few of us still around who remember starting school in what was known then as "the little building."

In 1952, a new gymnasium was built that joined the high school and primary building. Costs had gone up as this building set them back \$172,000. Four years later, an office complex was added between the two buildings at a cost of \$2,500. What a bargain. ■

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DONATIONS SOUGHT FOR VETERANS

Current needs at the Des Moines VA Hospital are great-condition used books, individually wrapped snacks, men's hard-sole slippers, men's shoes (size 11 and 12), men's sweatpants/athletic pants (size M, L and XL), men's underwear (size M and L), reading glasses (+2.25, +3.00, and +3.25), duffle bags and backpacks. At the DM VA Community Resource and Referral Center, which helps veterans find housing, current needs are canned tuna, ready-to-eat meals (such as Hormel Compleats), and all-purpose spray-top cleaner.

Donations are welcome at the Adel American Legion Auxiliary Unit 464 drop-off box at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up.

Thank you to our community for your generosity in supporting our veterans. ■

MEET ME IN MINBURN CONCERT

Minburn will be hosting the final Meet Me in Minburn Concert on Aug. 5. Jake Kemble and Kick will be on the Big Heart Stage, 7-9 p.m. The Minburn Fire Department will be serving burgers and brats from 5-7 p.m. for a freewill donation. There will be free outdoor skating and family-friendly fun. ■

ADEL SWEET CORN 5K RUN/WALK

Thanks to presenting sponsor Anytime Fitness, the Adel Sweet Corn 5K run/walk is back. The event will be held on Aug. 12. Whether you're an experienced runner or just starting out, this is a great opportunity to challenge yourself and have some fun. The run will start at 7:30 a.m. The course will take you through some beautiful scenery as well as the brick streets of Adel. A water station will be provided along the way and snacks at the finish line to refuel.

Registration is now open at runsignup.com/Race/IA/Adel/AdelSweetCornFestival5K. ■



THIRD MONDAY BINGO

Enjoy Bingo on Monday, Aug. 21, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■



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EVENTS IN THE AREA

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Photo by Kristie Burns

FREE BISON DAY FAMILY FESTIVAL**Saturday, Aug. 5 from 10 a.m. to 2 p.m.****Neal Smith National Wildlife Refuge**

Mark your calendars for Bison Day at Neal Smith National Wildlife Refuge. This free event will be filled with fun, educational and family-friendly activities. Bring your friends and family and join this celebration of the American bison and our tallgrass prairie heritage. Participate in bison and tallgrass prairie-themed activities such as bison and monarch related crafts, antler ring toss game, wildlife fur and skull match, prairie wildflowers and pollinator scavenger hunt, a self-guided bison trivia game along the Overlook Trail, and receive free wildlife stickers, coloring sheets and a milkweed seed packet. Additionally, get an opportunity to view the bison (including 12 bison calves) and elk herds (three elk calves) along the five-mile Prairie Wildlife Drive. Free loaner binoculars will be available.

HINTERLAND MUSIC FESTIVAL**Aug. 4-6****Avenue of the Saints Amphitheatre,
3357 St. Charles Road, St. Charles**

Hinterland, the largest music festival in Iowa, makes its annual return to St. Charles, this time headlined by musical acts such as Bon Iver, Zach Bryan and Maggie Rogers. These big stars will be accompanied by 20-plus musical acts throughout the weekend. For a full schedule, visit www.hinterlandiowa.com.

ADEL SWEET CORN FESTIVAL**Aug. 12****Adel**

The Sweet Corn Festival in Adel features an Iowa summertime staple, along with family fun entertainment including a 5K run, car show, street party and the largest parade in Dallas County. For a full schedule, visit www.adelpartners.org/sweet-corn-festival.

**IOWA STATE FAIR****Aug. 10-20****Iowa State Fairgrounds,
3000 E. Grand Ave, Des Moines**

The Iowa State Fair hosts a variety of musical acts. From pop, country, boy bands to rock, the state fair will have any music fan's taste covered. In addition, enjoy all the activities to be had and the myriad of food offerings, including 64 new food items this year. For a full schedule, visit www.iowastatefair.org/entertainment/fair-schedule.

**WORLD FOOD & MUSIC FESTIVAL****Aug. 25-27****Western Gateway Park,
1205 Locust St., Des Moines**

Enjoy a weekend of international cuisine, live music and performances. For a full schedule, visit www.dsmpartnership.com/worldfoodandmusicfestival.

**INGERSOLL LIVE****Aug. 26, 3-10 p.m.****2800 block on Ingersoll Avenue, Des Moines**

Ingersoll Live is a family-friendly block party with three stages of live music and entertainment plus local vendors, food trucks, art and family activities. For more information, visit www.theavenuesdsm.com. ■



RECIPE

TIME-SAVING BREAKFAST

(Family Features) Mornings can be hectic enough with wake-up calls, preparing for work, getting the kids ready and so many other daily tasks. Add in the need (or desire, at least) for a nutritious breakfast, and starting a new day can feel downright exhausting.

For a creamy, fruity, dairy-free option, Quinoa Overnight Oats make for a satisfying breakfast you can grab from the fridge and take to the office. Loaded with whole grains, bananas, blueberries and pomegranate, they'll provide the energy you need to get through the day while saving time in the morning.

These tasty treats can also last up to 1 week in the refrigerator, but remember to wait to add any crunchy toppings, honey or syrup until you're ready to enjoy so those favorite ingredients stay fresh longer. Another pro tip: Once you're done preparing your sweet, nutritious breakfast for the week ahead, divide evenly into four resealable to-go containers to make weekday mornings as easy as possible. ■

QUINOA OVERNIGHT OATS

Prep time: 15 minutes**Cook time: 10 minutes****Servings: 4**

- 1 bag Success Tri-Color Quinoa
- 2 cups almond milk
- 1 cup quick-rolled oats
- 2 bananas, mashed
- 1/2 teaspoon ground cinnamon
- 1 cup fresh blueberries
- 1/2 cup pomegranate seeds

Directions:

Prepare quinoa according to package directions. Let cool completely.

In large bowl, combine almond milk, oats, bananas and cinnamon. Stir in quinoa and blueberries.

Cover and refrigerate overnight. Divide among four serving bowls and garnish with pomegranate seeds.

**Tips:**

For added sweetness, drizzle with honey, maple syrup or agave syrup, to taste. For a grab-and-go breakfast, combine overnight oats mixture and divide in resealable, single-serving jars or containers. Seal and refrigerate overnight.

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CLASSIFIED ADS

GARAGE SALE: The New Hope Church office will be having a moving sale at 712 Cottage Street (next to Family Dollar) on August 4 from 12-7pm and August 5 from 8am-noon. There will be furniture, kids' toys, and household miscellaneous. Freewill offering with proceeds to go to the Kentucky Mission Team in October.

GARAGE SALE: Southwest Newton. Clothes from WHBM, Nordstrom, local boutiques - \$1 EACH piece! Shoes \$2/pair. Coach bag. Refrigerator, Homemakers furniture, Hoover carpet cleaner, tools, hunting supplies much more. Friday, August 4 from 5-7p.m. Saturday, August 5 from 9 a.m. - 2 p.m. Last hour on Saturday (1pm-2pm), all remaining items on tables go to 25 cents. 909 S 5th Avenue W, Newton.

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