

# ADEL *Living Weekly*

FREE!

WWW.IOWALIVINGMAGAZINES.COM



A BIG GREEN UMBRELLA MEDIA PUBLICATION

WE'VE GOT YOU COVERED!

# SEEN IN ADEL



**IT'S A GARDEN PARTY:** Diana and Aubrey Dunbar opened their yard for a garden party fundraiser for the Adel Historical Museum on July 6. ■

## ADEL WEATHER FORECAST

**FRIDAY HIGH 81 | LOW 60**

Mostly sunny; p.m. t-storm



**SATURDAY HIGH 85 | LOW 62**

Mostly sunny and pleasant



**SUNDAY HIGH 88 | LOW 64**

Mostly sunny; comfortable



**MONDAY HIGH 91 | LOW 64**

Mostly sunny



**TUESDAY HIGH 93 | LOW 70**

Sunny and very warm



**Happier  
at Home**  
In-Home Care

Scan here to visit  
our website



Locally Owned

Call Us Today! 515-335-4186



TO SUBSCRIBE TO THE FREE  
DIGITAL VERSION OF THIS  
WEEKLY NEWSLETTER,  
SCAN THIS QR CODE.

FROM THE PUBLISHER

# DIDN'T OWN MUCH; DIDN'T OWE MUCH

Read the above headline again. Those six words explain the lifestyle of many families from just a few generations ago.

My mother was born in 1935, in the midst of the Great Depression. Most of us can't imagine the doom and demise of that time. Those who lived it learned to get by on little of nothing.

My grandparents lived humble lives. They didn't drive expensive cars or wear fancy clothes. In fact, to my knowledge, they never owned a home. I don't know how much the Great Depression impacted them, because they certainly never talked about it. They just made do, and they didn't buy things unless they absolutely needed them. They certainly were not alone.

Today, many who are also clearly struggling financially still seem to find ways to buy flat-screen TVs, purchase smart phone plans, have their nails done, and get their seventh tattoo. Some who do borrow money play the victim card in hopes that it

will be forgiven.

Most of our grandparents and great-grandparents would cringe at even the discussion of the handouts now ranging from the forgiveness of PPP loans to erasing of college debt.

My mother never had a credit card. She thought they were a tool of the devil, as she saw too many people get buried financially by choosing not to live within their financial means. When I was in college, I received an application in the mail for a credit card from a gas station. It seemed like a good idea to me, so I applied and received it. I paid it off each month, but I never wanted Mom to know about it. Of course, she did. And, of course, she did not approve. The only debt my mother ever had was her home mortgage. She didn't buy things unless she could pay cash for them. There was no other option, in her mind.

A few decades later, while at an



out-of-town family wedding, Mom realized that a credit card had become a necessity for purchases like hotel rooms. So, she talked with me about it, and I encouraged her to apply for one. To my dismay, she was denied because she did not have any credit history. This elderly woman with no debt, who had never written a bad check in her life, was denied a credit card. I had to co-sign the application for my mother to be approved, which I did. I understand that the credit card companies don't profit as much from those who pay their debts each month, but this still says something about the society we now live in.

As such, a better mantra for today may be: Don't own much; do owe a lot.

Have a great week, and thanks for reading. ■



**Shane Goodman**  
President and Publisher  
Big Green Umbrella Media  
shane@dmcityview.com  
515-953-4822, ext. 305

ADEL  
*Living Weekly*

A publication of Big Green Umbrella Media, Inc.  
8101 Birchwood Court, Suite, D, Johnston, IA 50131  
www.iowalivingmagazines.com



**News contact**  
Tammy Pearson  
515-953-4822, ext. 302  
tammy@iowalivingmagazines.com



**Advertising contact**  
Dan Juffer  
515-371-2290  
dan.juffer@dmcityview.com

# SEEN IN ADEL



**IT'S A GARDEN PARTY:** Kristin Maahs played the harp at the Adel Historical Museum garden party fundraiser on July 6. ■

# BLOOD DRIVE

The Adel Community Blood Drive is Tuesday, July 25 from 9 a.m. to noon at Lincoln Savings Bank. Appointments are encouraged by calling 800-287-4903. ■

# MUSEUM OPEN

The Adel Historical Museum, 1129 Main St., will be open every Saturday from 1-3 p.m. through the month of August. ■

## ADM SPORTS SCHEDULE

**WE HOPE  
YOU'RE  
HAVING  
A GREAT  
SUMMER  
VACATION!**

**FULLER**  
PETROLEUM SERVICE  
MasterCard • Visa • Discover • GAS & DIESEL  
1505 OLD PORTLAND RD • (515) 993-4001

**24 HOUR  
CREDIT CARD  
PUMPS**



**Raccoon  
Valley Bank**

**Just Right** FOR YOU

1009 COURT STREET, ADEL • 515-993-4581  
FRIE: [WWW.RACCOONVALLEYBANK.COM](http://WWW.RACCOONVALLEYBANK.COM)

**FRUSTRATED WITH  
YOUR CURRENT  
INTERNET PROVIDER?**

**TRY US.  
NO OBLIGATION!**

NO CONTRACTS - UNLIMITED DATA - NO CREDIT CHECK

**CALL FOR A FREE SITE SURVEY!**



**DALLAS  
COUNTY  
DATA**

INTERNET - AUDIO/VIDEO - SECURITY CAMERAS  
917 Main St., Adel, IA 50003 • **515-993-1900**

RURAL & IN-TOWN - COMPETITIVE SPEEDS & PRICING

**Arnold Motor Supply**

Home of the "Parts Smart" people.

602 Greene Street, Adel, IA 50003  
800-229-3473 • 993-4228

ELECTRONICS - APPLIANCES - FLOORING - CABINETS - COUNTERTOPS - BLINDS

**Archer**  
Home Center

Call 993-4241 Today!  
[archerhomecenter.com](http://archerhomecenter.com)

FLOORING - CABINETS

ELECTRONICS - APPLIANCES - FLOORING - CABINETS - COUNTERTOPS - BLINDS

## FUNERAL NOTICE

*Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)*

### GEORGE THOMAS ROBISON

George Thomas Robison, 84, of Adel, died Tuesday, July 11, 2023, in Dallas Center. A visitation was held at Iles Brandt Chapel July 17. A private interment was Thursday, July 20, at Booneville Cemetery.

George was born to Irvin Thomas and Dorothy Elizabeth (Humphreys) Robison on Oct. 30, 1938, in Des Moines. He grew up on the family farm east of Waukee and, at age 18, took over running the farm when his father passed away. In 1970, he moved the family to the current farm east of Waukee where he farmed until he retired at age 75.

He married Jo Ann Christiansan Schultz on Aug. 12, 2000. For 16 years, they enjoyed spending winters at River Ranch in Rio Hondo, Texas, where they had gatherings, potlucks, celebrations and fishing with friends. George also enjoyed fishing in Canada, visiting national parks, anything with farming, collecting hats, and spending time with family, especially his grandkids. He was a lifelong member of St. Boniface church in Waukee where he was a member of the Knights of Columbus and keeper of the fish shack. He was also a member of FFA while growing up, served on the Board of Directors at the Waukee Co-op, and was a member of the morning coffee club there. For many years, Tuesday evenings were spent at the Isaak Walton League in Des Moines. George loved red and kept true to it by making sure his farm machinery was the "right color." He loved to tell stories and jokes and share his opinion, and he never met a stranger.

He is survived by his wife, Jo Ann; Jake, the friendliest dog ever; sister, Mary Spatz, and children Johnne Kochheiser (and her children, Meaghan Kochheiser, Erin Kochheiser (son Comet)); Lauren Kochheiser (and her son Seth Heddings); Irvin Robison (son, Josh Robison), and Michael Robison. He is also survived by his stepchildren, Kathryn Schultz, Cindy Schultz (husband Jeff Simpson and son Logan Schultz), Jon Schultz (wife Krista and children River Rose, Alexis and Connor). He was preceded in death by his parents, Irvin and Dorothy Elizabeth; his brother, Tommy; brother-in-law, Dayrle Spatz; ex-wife, Nancy Morrison; and son-in-law Dawson Laws.

Arrangements are by Iles Brandt Chapel. ■



**ADEL TIRE & SERVICE, INC.**  
515-993-4296

Complete Engine Work • Exhaust  
Brakes • Tires • Suspension • Alignments  
Oil, Lube, Filter • Air Conditioning

509 Greene St. (Hwy 6), Adel

**ANYTIME FITNESS**

215 S. 6TH STREET, SUITE A • ADEL

**\$49 - 7 DAY JUMP START**

CALL TODAY! 515-993-3333

**LENHART** Family owned  
**PLUMBING COMPANY**  
since 1950

23589 Nantucket Road, Adel  
993-3426 [www.lenhartdm.com](http://www.lenhartdm.com)

ADEL-OWNED ROOFING SPECIALIST

**JAMES**  
**CONSTRUCTION CO.**  
ROOFING & EXTERIORS  
(515) 518-5211

**Patrick's**  
Restaurant

On the Bike Trail

211 South 7th Street  
Adel, Iowa • 993-3884



**ADEL VETERINARY CLINIC**

MEDICINE • ACUPUNCTURE • BOARDING

619 GREENE STREET  
515.993.4707 • [adelvet.com](http://adelvet.com)

## DONATIONS SOUGHT FOR VETERANS

Current needs at the Des Moines VA Hospital are great-condition used books, individually wrapped snacks, men's hard-sole slippers, men's shoes (size 11 and 12), men's sweatpants/athletic pants (size M, L and XL), men's underwear (size M and L), reading glasses (+2.25, +3.00, and +3.25), duffle bags and backpacks. At the DM VA Community Resource and Referral Center, which helps veterans find housing, current needs are canned tuna, ready-to-eat meals (such as Hormel Compleats), and all-purpose spray-top cleaner.

Donations are welcome at the Adel American Legion Auxiliary Unit 464 drop-off box at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up.

Thank you to our community for your generosity in supporting our veterans. ■

## MEET ME IN MINBURN CONCERT

Minburn will be hosting the final Meet Me in Minburn Concert on Aug. 5. Jake Kemble and Kick will be on the Big Heart Stage, 7-9 p.m. The Minburn Fire Department will be serving burgers and brats from 5-7 p.m. for a freewill donation. There will be free outdoor skating and family-friendly fun. ■

## ADEL SWEET CORN 5K RUN/WALK

Thanks to presenting sponsor Anytime Fitness, the Adel Sweet Corn 5K run/walk is back. The event will be held on Aug. 12. Whether you're an experienced runner or just starting out, this is a great opportunity to challenge yourself and have some fun. The run will start at 7:30 a.m. The course will take you through some beautiful scenery as well as the brick streets of Adel. A water station will be provided along the way and snacks at the finish line to refuel.

Registration is now open at [runsignup.com/Race/IA/Adel/AdelSweetCornFestival5K](https://runsignup.com/Race/IA/Adel/AdelSweetCornFestival5K). ■



## THIRD MONDAY BINGO

Enjoy Bingo on Monday, Aug. 21, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

## WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■



### IT'S HOT OUTSIDE!

**Make your A/C check appointment today!**

## ADEL & Winterset

T.V. & APPLIANCE • HEATING & COOLING

**916 MAIN STREET IN ADEL • 993-4287**

Est. 1960

### COLLISION? DEER? HAIL? DENTS? DINGS?



## WE DO THAT!



**FREE ESTIMATES**  
555 W. Hickman Road  
Waukee  
**515-987-1735**

## EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO  
TAMMY@IOWALIVINGMAGAZINES.COM

### ON STAGE

#### CAROUSEL THEATRE OF INDIANOLA

117 E. Salem Ave., Indianola,

[www.carouseltheatre.org](http://www.carouseltheatre.org)

July 28-30, Aug. 4-6: Disney's "The Little Mermaid"

#### DES MOINES PLAYHOUSE

831 42nd St., Des Moines, [www.dmplayhouse.com](http://www.dmplayhouse.com)

July 14-30: "Little Shop of Horrors"

Sept. 8-24: "Once"

#### DES MOINES YOUNG ARTISTS' THEATRE

Various venues, [www.dmyat.org](http://www.dmyat.org)

Aug. 18-27: "Shrek: The Musical" at Stoner Theater

#### DMACC ANKENY THEATRE

Black Box Theatre,

Building 5, 2006 S. Ankeny Blvd., Ankeny

[www.dmacc.edu/theatre/ankeny](http://www.dmacc.edu/theatre/ankeny)

July 25-30: "The 25th Annual Putnam County Spelling Bee"

#### URBANDALE COMMUNITY THEATRE

Urbandale High School Performing Arts Center,

7111 N.W. Aurora Ave., Urbandale

[www.urbandaletheatre.com](http://www.urbandaletheatre.com)

July 22-30: "The Drowsy Chaperone"

### ZOO BREW

July 26

Blank Park Zoo

Experience the zoo after dark while taking in some favorite local adult beverages alongside live music. Stark Raving Madge will perform 1970s rock.

### RIVER RUCKUS

July 27-29

408 West State St., Guthrie Center

This country music festival marks the event's 15th anniversary featuring acts such as HARDY, Riley Green, Chase Rice and 10 others. For a full schedule, visit [www.guthriesriverruckus.com](http://www.guthriesriverruckus.com).



### NATIONAL BALLOON CLASSIC

July 28 - Aug. 5

Memorial Balloon Field, 15335 Jewell St., Indianola

National Balloon Classic takes your eyes to the skies as pilots suspend more than 100 hot air balloons for competition. The event also features live music, food vendors, balloon rides, fireworks and more. [www.nationalballoonclassic.com](http://www.nationalballoonclassic.com)

### THE WATER RIDE

Saturday, Aug. 26

Confluence Brewing Company

Start at Confluence Brewing Company and enjoy the Des Moines trails. Join in riding for a cause and help raise awareness and funds to support water and education projects in Ghana, Africa. Show up around 11 a.m. to sign in or register and get your Water Ride gear. Start riding your bicycle at noon from Confluence with riders throughout the community. Over the past 10 years, the money raised through various Water Ride events has helped fund three wells and the creation of TMP Academy, a primary school in Ghana. All proceeds from this event go directly to ensuring all students of TMP Academy have access to education when finances would otherwise be a barrier they are unable to get around. TMP Academy currently educates more than 150 kids. To date, more than \$45,000 has been raised. Official 2023 Water Ride stops are Confluence Brewing Co., 515 Brewing and Peace Tree Brewing DSM. The event link is [www.facebook.com/events/278203251215477/?active\\_tab=discussion](https://www.facebook.com/events/278203251215477/?active_tab=discussion). ■

## RECIPE

# MAKE MORNINGS A BREEZE WITH TIME-SAVING BREAKFASTS

*(Family Features)* Make your mornings easier with delicious, better-for-you meals you can make ahead of time using simple ingredients like Success Boil-in-Bag Tri-Color Quinoa, which offers a heat-safe, BPA-free and FDA-approved bag and is easily prepared in just 10 minutes. You don't have to know how to pronounce quinoa to enjoy its light, nutty flavor packed with protein and all nine essential amino acids.

As a good source of fiber, it's a perfect solution composed of a medley of red, black and white quinoa that can make these Ham, Cheese and Zucchini Breakfast Cups a breeze. They're an ideal on-the-go solution for weekday breakfast bites that fit your busy schedule.

Cook up a batch as part of your Sunday meal prep and enjoy a week's worth of tasty, simple cups for the entire family. Once the combination of green onions, cheddar, ham, quinoa and more have been cooked and cooled, they can be refrigerated for up to one week. ■

## HAM, CHEESE AND ZUCCHINI BREAKFAST CUPS

**Prep time: 15 minutes**

**Cook time: 25 minutes**

**Servings: 12**

- 1 bag Success Tri-Color Quinoa
- nonstick cooking spray
- 1 cup shredded cheddar cheese
- 1 cup shredded zucchini
- 1/2 cup diced ham
- 2 eggs
- 1/4 cup egg white
- 1/4 cup sliced green onion
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper

### Directions:

Prepare quinoa according to package directions. Preheat oven to 350 F.



Coat 12-cup muffin tin with nonstick cooking spray.

In large bowl, combine shredded cheddar cheese, shredded zucchini, diced ham, eggs, egg white, sliced green onion, salt and black pepper. Mix well. Spoon batter into prepared muffin tin.

Bake 25 minutes. Cool 5 minutes then remove to wire rack to cool completely.

South Dallas County Landfill Agency

2000 MAIN STREET, ADEL • 993-3148

7:00 a.m. - 3:00 p.m. M-F

7:00 a.m. - noon Sat.

[www.sdclandfill.com](http://www.sdclandfill.com)



**Adel**  
**HealthMart.**  
PHARMACY

113 N. 9th Street  
Adel, Iowa • 993-3644  
[www.adelhm.com](http://www.adelhm.com)

**TAKING NEW PATIENTS**

**Adel Vision Clinic**

*Quality Eye Care on the Square*

**813 Main St. | 515-207-7400**

Lucas Bell, OD | Barbara Scheetz, OD

[adelvisionclinic.com](http://adelvisionclinic.com)

## ADEL LIBRARY NEWS

303 S 10th St, Adel • 515-993-3512 • [adelpl.org](http://adelpl.org)

We would like to extend a huge thank you to everyone in our community who supported our summer reading program. This was one of our most successful years so far, and we couldn't have done that without our community sponsors and our patrons.

Special thanks to Adel Parks and Recreation, Adel Women's Club, Billie's Ice Cream Store, Dallas County Conservation, Fullers, Iowa Rescue League, Iowa Select Farms, ISU Extension, Kum & Go, Pennoch Winery, Topsy Tiger Moms and Warrior Lanes.

Here at the library, we use August to plan for the school year, but we still have a few programs, check them out below.

- **Teen Advisory Board** – Aug. 3 at 4 p.m.
- **Tail Wagging Readers** – Aug. 3 at 4 p.m.
- **Poolside Storytime** – Aug. 4 at 11 a.m.\*
- **Intro to Dungeons and Dragons (ages 13 and older)** – Aug. 4, 2-4 p.m.\*
- **Teen: New Book Club** – Aug. 10 at 4 p.m.
- **Storytime in the Park (Evan's Park)** – Aug. 14 at 10 a.m.
- **Dallas County Conservation Storytime** – Aug. 18 at 10 a.m.
- **Storytime in the Park (Evan's Park)** – Aug. 28 at 10 a.m.

\*Registration required event, register at [adelpl.org](http://adelpl.org).

If you're an adult looking to get out of the house, we have plenty of options for you, too. There's no registration for our book clubs, just pick up the current book at the front desk and join us. We also have some active programs, like the morning exercise group that exercises to easy walking videos and our yoga program on Wednesday nights for some relaxation in the middle of the work week.

- **Yoga at the Library** – Every Wednesday at 5:45 p.m.
- **Exercise Group** – Monday through Thursday at 9 a.m.
- **50s+ Senior Gathering** – first and fourth Tuesday of the month at 10 a.m.
- **Brown Bag Book Club** – Aug. 10 at 12 p.m.
- **Cook Book Club** – Aug. 16 at 11 a.m.
- **Plant Propagation Class with Master Gardener** – Aug. 17 at 6 p.m.
- **Evening Book Club** – Aug. 31 at 6 p.m.

We look forward to seeing you in the library this month. ■

**CELEBRATE  
YOUR  
BIRTHDAY  
WITH US**

**AFFCBOWL.COM/PARTY**



**Dan's TOWING & SERVICE**

**515-993-2054**

23581 Nantucket Road, Adel • Iowa

## CLASSIFIED ADS

**FOR SALE:** 2 tents — a 3-man and a 4-man Eddie Bauer. 3 adult sleeping bags — 2 heavy weight and 1 medium weight. Large dry bags. Coleman 2-burner camping stove. Best Offer. ALSO 13 1/2-foot WE-NO-NAH single-person canoe. Phone 515-480-8299.

**BISHOP DRUMM GUILD GARAGE SALE:** Bishop Drumm Guild Garage Sale. Open from 8:30 am to 12:30 pm every Thursday until September 28.

**LOOKING TO BUY VINYL RECORDS:** Paying cash for 60's-90's rock and jazz and blues. Please call Brian at 515-326-5033.

**WANTED:** Electronics, stereo receivers, guitar or amps, speakers, radios, etc. Any age or condition for parts or repair. Call 515-445-6023.

**BICYCLES WANTED:** Any condition is ok. For parts or repair. Will pick them up. Phone 515-238-3343.

**SEND IN YOUR FREE CLASSIFIED AD BY WEDNESDAY AT 10 A.M. TO [BECKHAM@DMCITYVIEW.COM](mailto:BECKHAM@DMCITYVIEW.COM)**

LIST 50 WORDS OR LESS FOR FREE.

**SIGN UP TO RECEIVE THE DIGITAL EDITION OF ADEL LIVING MAGAZINE FREE!**

Scan the code below, or visit [www.iowalivingmagazines.com](http://www.iowalivingmagazines.com).

