

SEEN IN ADEL



IT'S A GARDEN PARTY: Diana and Aubrey Dunbar opened their yard for a garden party fundraiser for the Adel Historical Museum on July 6. ■

WEATHER FORECAST

FRIDAY HIGH 81 | LOW 60 Mostly sunny; p.m. t-storm



SUNDAY HIGH 88 | LOW 64 Mostly sunny; comfortable













FROM THE PUBLISHER

DIDN'T OWN MUCH; DIDN'T OWE MUCH

Read the above headline again. Those six words explain the lifestyle of many families from just a few generations ago.

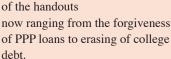
My mother was born in 1935, in the midst of the Great Depression. Most of us can't imagine the doom and demise of that time. Those who lived it learned to get by on little of nothing.

My grandparents lived humble lives. They didn't drive expensive cars or wear fancy clothes. In fact, to my knowledge, they never owned a home. I don't know how much the Great Depression impacted them, because they certainly never talked about it. They just made do, and they didn't buy things unless they absolutely needed them. They certainly were not alone.

Today, many who are also clearly struggling financially still seem to find ways to buy flat-screen TVs, purchase smart phone plans, have their nails done, and get their seventh tattoo. Some who do borrow money play the victim card in hopes that it

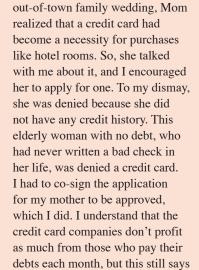
will be forgiven.

Most of our
grandparents and
great-grandparents
would cringe at
even the discussion
of the bondouts



My mother never had a credit card. She thought they were a tool of the devil, as she saw too many people get buried financially by choosing not to live within their financial means. When I was in college, I received an application in the mail for a credit card from a gas station. It seemed like a good idea to me, so I applied and received it. I paid it off each month, but I never wanted Mom to know about it. Of course, she did. And, of course, she did not approve. The only debt my mother ever had was her home mortgage. She didn't buy things unless she could pay cash for them. There was no other option, in her mind.

A few decades later, while at an



As such, a better mantra for today may be: Don't own much; do owe a lot.

something about the society we

Have a great week, and thanks for reading. ■

Shane Goodman

now live in.

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SEEN IN ADEL



IT'S A GARDEN PARTY: Kristin Maahs played the harp at the Adel Historical Museum garden party fundraiser on July 6. ■

BLOOD DRIVE

The Adel Community Blood Drive is Tuesday, July 25 from 9 a.m. to noon at Lincoln Savings Bank. Appointments are encouraged by calling 800-287-4903. ■

MUSEUM OPEN

The Adel Historical Museum, 1129 Main St.. will be open every Saturday from 1-3 p.m. through the month of August. ■

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FUNERAL NOTICE

Funeral notices can be emailed to tammy@iowalivingmagazines.com

GEORGE THOMAS ROBISON

George Thomas Robison, 84, of Adel, died Tuesday, July 11, 2023, in Dallas Center. A visitation was held at Iles Brandt Chapel July 17. A private interment was Thursday, July 20, at Booneville Cemetery.

George was born to Irvin Thomas and Dorothy Elizabeth (Humphreys) Robison on Oct. 30, 1938, in Des Moines. He grew up on the family farm east of Waukee and, at age 18, took over running the farm when his father passed away. In 1970, he moved the family to the current farm east of Waukee where he farmed until he retired at age 75.



He married Jo Ann Christiansan Schultz on Aug. 12, 2000. For 16 years, they enjoyed spending winters at River Ranch in Rio Hondo, Texas, where they had gatherings, potlucks, celebrations and fishing with friends. George also enjoyed fishing in Canada, visiting national parks, anything with farming, collecting hats, and spending time with family, especially his grandkids. He was a lifelong member of St. Boniface church in Waukee where he was a member of the Knights of Columbus and keeper of the fish shack. He was also a member of FFA while growing up, served on the Board of Directors at the Waukee Co-op, and was a member of the morning coffee club there. For many years, Tuesday evenings were spent at the Isaak Walton League in Des Moines. George loved red and kept true to it by making sure his farm machinery was the "right color." He loved to tell stories and jokes and share his opinion, and he never met a stranger.

He is survived by his wife, Jo Ann; Jake, the friendliest dog ever; sister, Mary Spatz, and children Johnne Kochheiser (and her children, Meaghan Kochheiser, Erin Kochheiser (son Comet)); Lauren Kochheiser (and her son Seth Heddings); Irvin Robison (son, Josh Robison), and Michael Robison. He is also survived by his stepchildren, Kathryn Schultz, Cindy Schultz (husband Jeff Simpson and son Logan Schultz), Jon Schultz (wife Krista and children River Rose, Alexis and Connor). He was preceded in death by his parents, Irvin and Dorothy Elizabeth; his brother, Tommy; brother-in-law, Dayrle Spatz; ex-wife, Nancy Morrison; and son-in-law Dawson Laws.

Arrangements are by Iles Brandt Chapel.



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DONATIONS SOUGHT FOR VETERANS

Current needs at the Des Moines VA Hospital are great-condition used books, individually wrapped snacks, men's hard-sole slippers, men's shoes (size 11 and 12), men's sweatpants/athletic pants (size M, L and XL), men's underwear (size M and L), reading glasses (+2.25, +3.00, and +3.25), duffle bags and backpacks. At the DM VA Community Resource and Referral Center, which helps veterans find housing, current needs are canned tuna, ready-to-eat meals (such as Hormel Compleats), and allpurpose spray-top cleaner.

Donations are welcome at the Adel American Legion Auxiliary Unit 464 drop-off box at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up.

Thank you to our community for your generosity in supporting our veterans. ■

MEET ME IN MINBURN CONCERT

Minburn will be hosting the final Meet Me in Minburn Concert on Aug. 5. Jake Kemble and Kick will be on the Big Heart Stage, 7-9 p.m. The Minburn Fire Department will be serving burgers and brats from 5-7 p.m. for a freewill donation. There will be free outdoor skating and family-friendly fun.

ADEL SWEET CORN 5K RUN/WALK

Thanks to presenting sponsor Anytime Fitness, the Adel Sweet Corn 5K run/walk is back. The event will be held on Aug. 12. Whether you're an experienced runner or just starting out, this is a great opportunity to challenge yourself and have some fun. The run will start at 7:30 a.m. The course will take you through some beautiful scenery as well as the brick streets of Adel. A water station will be provided along the way and snacks at the finish line to refuel.

Registration is now open at runsignup.com/Race/IA/Adel/ AdelSweetCornFestival5K. ■

THIRD MONDAY BINGO

Enjoy Bingo on Monday, Aug. 21, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale.

WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■







EVENTS IN THE AREA EMAIL YOUR EVENT INFORMATION TO TAMMY@IOWALIVINGMAGAZINES.COM

ON STAGE CAROUSEL THEATRE OF INDIANOLA

117 E. Salem Ave., Indianola,

www.carouseltheatre.org

July 28-30, Aug. 4-6: Disney's "The Little Mermaid"

DES MOINES PLAYHOUSE

831 42nd St., Des Moines, www.dmplayhouse.com July 14-30: "Little Shop of Horrors" Sept. 8-24: "Once"

DES MOINES YOUNG ARTISTS' THEATRE

Various venues, www.dmyat.org
Aug. 18-27: "Shrek: The Musical" at Stoner Theater

DMACC ANKENY THEATRE

Black Box Theatre,
Building 5, 2006 S. Ankeny Blvd., Ankeny
www.dmacc.edu/theatre/ankeny
July 25-30: "The 25th Annual Putnam County Spelling
Bee"

URBANDALE COMMUNITY THEATRE

Urbandale High School Performing Arts Center, 7111 N.W. Aurora Ave., Urbandale www.urbandaletheatre.com
July 22-30: "The Drowsy Chaperone"

ZOO BREW

July 26

Blank Park Zoo

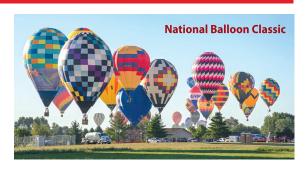
Experience the zoo after dark while taking in some favorite local adult beverages alongside live music. Stark Raving Madge will perform 1970s rock.

RIVER RUCKUS

July 27-29

408 West State St., Guthrie Center

This country music festival marks the event's 15th anniversary featuring acts such as HARDY, Riley Green, Chase Rice and 10 others. For a full schedule, visit www.guthriesriverruckus.com.



NATIONAL BALLOON CLASSIC

July 28 - Aug. 5

Memorial Balloon Field, 15335 Jewell St., Indianola

National Balloon Classic takes your eyes to the skies as pilots suspend more than 100 hot air balloons for competition. The event also features live music, food vendors, balloon rides, fireworks and more. www. nationalballoonclassic.com

THE WATER RIDE

Saturday, Aug. 26

Confluence Brewing Company

Start at Confluence Brewing Company and enjoy the Des Moines trails. Join in riding for a cause and help raise awareness and funds to support water and education projects in Ghana, Africa. Show up around 11 a.m. to sign in or register and get your Water Ride gear. Start riding your bicycle at noon from Confluence with riders throughout the community. Over the past 10 years, the money raised through various Water Ride events has helped fund three wells and the creation of TMP Academy, a primary school in Ghana. All proceeds from this event go directly to ensuring all students of TMP Academy have access to education when finances would otherwise be a barrier they are unable to get around. TMP Academy currently educates more than 150 kids. To date, more than \$45,000 has been raised. Official 2023 Water Ride stops are Confluence Brewing Co., 515 Brewing and Peace Tree Brewing DSM. The event link is www.facebook.com/events/278203251215477/?active_ tab=discussion.



RFCIPE

MAKE MORNINGS A BREEZE WITH TIME-SAVING BREAKFASTS

(*Family Features*) Make your mornings easier with delicious, better-for-you meals you can make ahead of time using simple ingredients like Success Boil-in-Bag Tri-Color Quinoa, which offers a heat-safe, BPA-free and FDA-approved bag and is easily prepared in just 10 minutes. You don't have to know how to pronounce quinoa to enjoy its light, nutty flavor packed with protein and all nine essential amino acids.

As a good source of fiber, it's a perfect solution composed of a medley of red, black and white quinoa that can make these Ham, Cheese and Zucchini Breakfast Cups a breeze. They're an ideal on-the-go solution for weekday breakfast bites that fit your busy schedule.

Cook up a batch as part of your Sunday meal prep and enjoy a week's worth of tasty, simple cups for the entire family. Once the combination of green onions, cheddar, ham, quinoa and more have been cooked and cooled, they can be refrigerated for up to one week.

HAM, CHEESE AND ZUCCHINI BREAKFAST CUPS

Prep time: 15 minutes Cook time: 25 minutes Servings: 12

- 1 bag Success Tri-Color Quinoa
- nonstick cooking spray
- 1 cup shredded cheddar cheese
- 1 cup shredded zucchini
- 1/2 cup diced ham
- 2 eggs
- 1/4 cup egg white
- 1/4 cup sliced green onion
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper

Directions:

Prepare quinoa according to package directions. Preheat oven to 350 F. $\,$



Coat 12-cup muffin tin with nonstick cooking spray. In large bowl, combine shredded cheddar cheese, shredded zucchini, diced ham, eggs, egg white, sliced green onion, salt and black pepper. Mix well. Spoon batter into prepared muffin tin.

Bake 25 minutes. Cool 5 minutes then remove to wire rack to cool completely.

South Dallas County Landfill Agency

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ADEL LIBRARY NEWS

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We would like to extend a huge thank you to everyone in our community who supported our summer reading program. This was one of our most successful years so far, and we couldn't have done that without our community sponsors and our patrons.

Special thanks to Adel Parks and Recreation, Adel Women's Club, Billie's Ice Cream Store, Dallas County Conservation, Fullers, Iowa Rescue League, Iowa Select Farms, ISU Extension, Kum & Go, Penoach Winery, Tipsy Tiger Moms and Warrior Lanes.

Here at the library, we use August to plan for the school year, but we still have a few programs, check them out below.

- Teen Advisory Board Aug. 3 at 4 p.m.
- Tail Wagging Readers Aug. 3 at 4 p.m.
- Poolside Storytime Aug. 4 at 11 a.m.*
- Intro to Dungeons and Dragons (ages 13 and older) Aug. 4, 2-4 p.m.*
- Teen: New Book Club Aug. 10 at 4 p.m.
- Storytime in the Park (Evan's Park) Aug. 14 at 10 a.m.
- Dallas County Conservation Storytime Aug. 18 at 10 a.m.
- Storytime in the Park (Evan's Park) Aug. 28 at 10 a.m.
- *Registration required event, register at adelpl.org.

If you're an adult looking to get out of the house, we have plenty of options for you, too. There's no registration for our book clubs, just pick up the current book at the front desk and join us. We also have some active programs, like the morning exercise group that exercises to easy walking videos and our yoga program on Wednesday nights for some relaxation in the middle of the work week.

- Yoga at the Library Every Wednesday at 5:45 p.m.
- Exercise Group Monday through Thursday at 9 a.m.
- 50s+ Senior Gathering first and fourth Tuesday of the month at 10 a.m.
- Brown Bag Book Club Aug. 10 at 12 p.m.
- Cook Book Club Aug. 16 at 11 a.m.
- Plant Propagation Class with Master Gardener Aug. 17 at 6 p.m.
- Evening Book Club Aug. 31 at 6 p.m.

We look forward to seeing you in the library this month.





CLASSIFIED ADS

FOR SALE: 2 tents — a 3-man and a 4-man Eddie Bauer. 3 adult sleeping bags — 2 heavy weight and 1 medium weight. Large dry bags. Coleman 2-burner camping stove. Best Offer. ALSO 13 1/2-foot WE-NO-NAH single-person canoe. Phone 515-480-8299.

BISHOP DRUMM GUILD GARAGE SALE:Bishop Drumm Guild Garage Sale. Open from 8:30 am to 12:30 pm every Thursday until September

LOOKING TO BUY VINYL RECORDS: Paying cash for 60's-90's rock and jazz and blues. Please call Brian at 515-326-5033.

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BICYCLES WANTED: Any condition is ok. For parts or repair. Will pick them up. Phone 515-238-3343.

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