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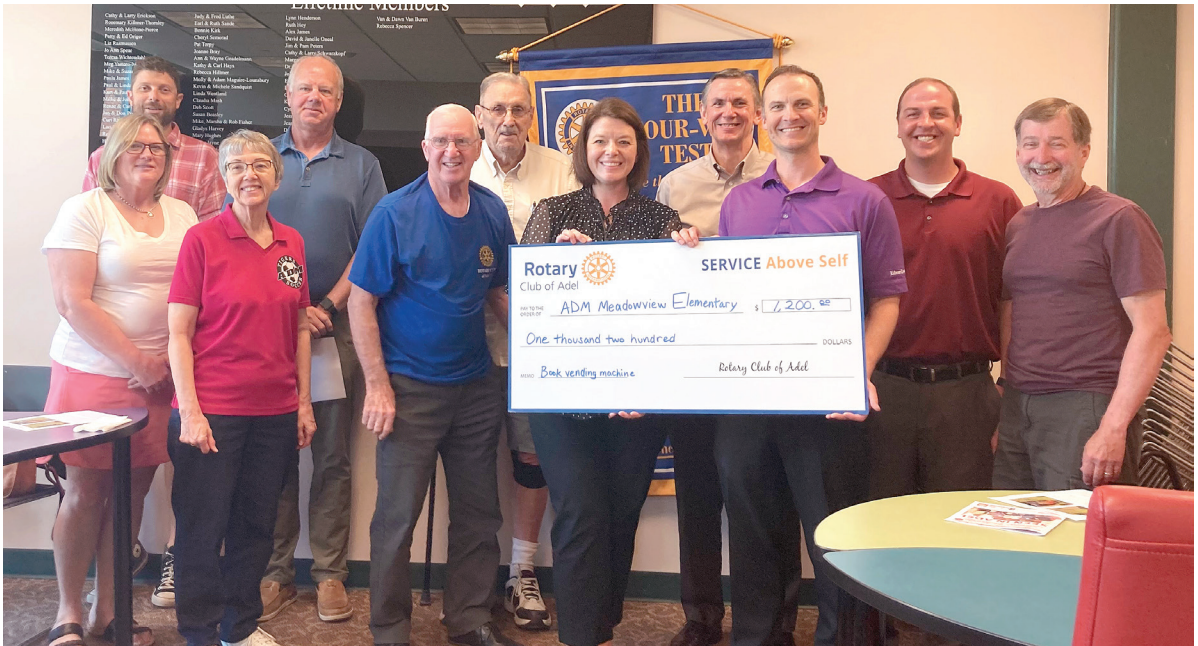
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SEEN IN ADEL



ADEL ROTARY FUNDS BOOKS FOR MEADOW VIEW ELEMENTARY VENDING MACHINE: Principal Jodi Banse receives a check for \$1,200 from Adel Rotary President Bob Grove for books to help stock the new book vending machine at ADM Meadow View Elementary School. Students earn vending machine coins for various academic, leadership and character achievements throughout the year. Choosing a book to keep is their reward. ■

ADEL WEATHER FORECAST

FRIDAY HIGH 85 | LOW 62

Times of sun and clouds

**SATURDAY HIGH 82 | LOW 62**

A shower and a t-storm

**SUNDAY HIGH 75 | LOW 52**

Breezy; a morning shower

**MONDAY HIGH 80 | LOW 56**

Mostly sunny and beautiful

**TUESDAY HIGH 82 | LOW 62**

Sunny much of the time



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FROM THE PUBLISHER

'OH, YEAH!'

The two words in this headline conjure an image of a glass pitcher with a smiley face for generations of kids who grew mixing packets of powder, sugar and water together for a tasty drink to “wipe out thirst.” Some of you still have the containers you made this stuff in with the stains on the plastic to prove it.

Yes, I am referencing Kool-Aid and the ever-popular Kool-Aid Man. Kool-Aid still exists as a brand of flavored drink mix and is now owned by Kraft Heinz, but it certainly doesn't have the allure it had decades prior.

Edwin Perkins of Hastings, Nebraska, invented the powder form of Kool-Aid in 1927 when trying to improve on a liquid concentrate called Fruit Smack. Like most all great inventors, his experiments started in his mother's kitchen. Perkins was attempting to create a powder version of Fruit Smack that would be easier — and less expensive — to ship. Once he devised a solution, he moved production

to Chicago. This success sparked the interest of large companies, and Kool-Aid was sold to General Foods.

If you have ever been to Hastings (about 100 miles west of Lincoln), you know how important Kool-Aid is to the community, as the residents have a festival called Kool-Aid Days on the second weekend in August. And, of course, Kool-Aid is Nebraska's official soft drink. Why not?

The original six flavors of Kool-Aid were cherry, grape, lemon-lime, orange, raspberry and strawberry. I preferred grape or strawberry, but they were all fantastic. Singles flavors were later introduced including black cherry, tropical punch, lemonade, pink lemonade, cherry, watermelon, orange and summer punch. Again, how could you go wrong?

General Foods introduced The Kool-Aid Man and the ingenious



marketing shortly after acquiring the brand in the 1950s. You may remember the Kool-Aid Man crashing through walls and fences and then making a batch of Kool-Aid for kids while shouting, “Oh, yeah!” I had a ring-neck Kool-Aid T-shirt with this image and slogan on it as a kid. I wore it out.

Kool-Aid is now available in liquid drops, but it just isn't the same. There was something about being a kid and standing on a chair at the kitchen counter, measuring the Kool-Aid powder and mixing it up with a wooden spoon that just can't be replicated with any type of drops. Yes, this is a job for Kool-Aid. “Hey, Kool-Aid!”

What are your Kool-Aid memories? Send me a note and let me know.

Have a terrific Tuesday, and thanks for reading. ■

**Shane Goodman**

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ADEL
Living Weekly

A publication of Big Green Umbrella Media, Inc.
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50s PLUS SENIORS



GROUP TAKES FIRST TRIP OF THE YEAR: The 50s Plus Seniors took their first day trip in May. They had lunch at the DOO Dau's Diner in Marshalltown. Everyone enjoyed it, and the food and service were great. They continued on to the Matchstick Museum in Gladbrook, where they were greeted by a volunteer who gave them a tour. A great time was had by all, and the group is looking forward to its next trip. ■

THE IOWA CLINIC GROWTH CONTINUES

The Iowa Clinic (TIC) announced expansion into two new communities. A new pediatric clinic will open in Grimes in September, located at 825 N.E. Gateway Drive, and a new Family Medicine clinic will open in Adel on the corner of Highway 169 at 710 Common Place, Suite 700 in October.

"We are excited about being able to serve and care for our growing communities, as it allows us to expand our exceptional care to new patients and families," said Ben Vallier, Chief Executive Officer, The Iowa Clinic.

Previously TIC announced the Waukee Surgery Center – South Waukee Clinic, located at 1025 S.E. Tallgrass Lane. Waukee, that will open in February 2024. The South Waukee Clinic will be the largest of its kind in the area, with services including internal medicine, family medicine, urgent care, pediatrics, cath lab, orthopaedics, and other specialties.

Additionally, North Waukee Clinic, located on Alice's Road, will expand the physical space of the clinic to accommodate more patients and will be adding services, including dermatology. ■

ADM SPORTS SCHEDULE

Friday, June 2

TBD **Soccer:** Boys Varsity State Tournament vs. TBA
 10 a.m. **Baseball:** 9th vs. Van Meter
 5:30 p.m. **Baseball:** JV vs. Ogden
 5:30 p.m. **Softball:** JV vs. Van Meter
 7 p.m. **Softball:** Varsity vs. Van Meter
 7:30 p.m. **Baseball:** Varsity vs. Ogden

Saturday, June 3

TBD **Soccer:** Boys Varsity State Tournament vs. TBA
 10 a.m. **Baseball:** Varsity Invitational @ DMACC-Boone Campus
 12:30 p.m. **Soccer:** Girls Varsity State vs. TBA @ James Cownie Soccer Complex

Monday, June 5

4:30 p.m. **Softball:** Freshman @ Bondurant-Farrar
 5:30 p.m. **Baseball:** JV @ Bondurant-Farrar
 5:30 p.m. **Softball:** JV @ Bondurant-Farrar
 7:30 p.m. **Baseball:** Varsity @ Bondurant-Farrar
 7:30 p.m. **Softball:** Varsity @ Bondurant-Farrar



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FUNERAL NOTICES

Funeral notices can be emailed to tammy@iowalivingmagazines.com

PAMELA ANN ELLIS

Pamela Ann Ellis, 75, of Redfield died on May 27, 2023, at MercyOne Medical Center surrounded by her family. She had battled renal failure for approximately three years, having dialysis three days a week. She was diagnosed with an aggressive lung cancer shortly before her death. She was born Pamela Ann Hale on Jan. 28, 1948, in Sikeston, Missouri, to Geraldine Reva Allen and raised by William K. Smith. She spent much of her childhood living in Linden. On Aug. 5, 1964, she married Charles Keith Ellis. They had three daughters.



Pam was a homemaker and took care of the farm, especially the livestock. In 1989, she went to work at Prairie Meadows Casino as a server. After she and Charlie divorced, she moved to Stuart. She worked part-time as a bartender at Ruby's and Johnnie's Tap. Eventually, she went to work at VALO and moved to Menlo where she lived for close to 20 years. After 10 years at VALO, she spent her last years for work at Adel Acres as a cook. She eventually moved to back to Redfield in 2011 to live closer to her sister, Peg.

Pam enjoyed raising Australian shepherds and mini dachshunds and spending time with her family and friends, especially her grandchildren and great grandchildren. She found her faith in God in the latter part of her life and was active with the church ladies.

Pam was preceded in death by her parents; sister, Peg Bowman; twin grandsons, Timmy and Tommy; and her mini dachshund, Lou.

She is survived by her daughters, Laurie Allsup (Larry) of Menlo, Stacey Shannon (Brian) of Redfield, and Shelly Ellis (Doug) of Fontanelle; her brother, Pat Hale of Craig, Missouri; brother-in-law, Darrell Bowman; grandchildren, Stephanie, Matthew, Amberly, Billy, Tyler, Anna, Joseph and Lane; great-grandchildren, Brylan, Trenton, Aubrey, Ailyn, Riot, Ronan, Nora, Malakhi, Gretalyn, Archer, Thora, Ayla and Charlee Grace; niece Amber Baker; nephew Trevor Baker; many cousins; and her Chi-weenie dog, Chi.

A memorial service was held June 4 at the Redfield Christian Church. Donations can be made to the family to help with Pam's funeral expenses or to the Redfield Christian Church. ■

ROBERT "BOB" WESLEY SLOAN

Robert "Bob" Wesley Sloan died Sunday, May 21, 2023, at his home in Waukee. He was born April 24, 1940, to Velma and Ralph Sloan in Earlham. He graduated from Earlham High School. He worked at Culligan in Adel and then the Dallas County Road Department until his retirement.



He enjoyed sports, especially the Kansas City Chiefs. He also enjoyed camping and fishing.

He is survived by his daughters, Robin (Jim) McAlister and Rita (Ron) Rice; son, David (Candy) Sloan; grandchildren Hannah Van Roekel, Sara Schmeling, Noah McAlister, Jacob, Kale and Lilly Rice, Jaxon and Leah Sloan, and Cody, Abigail and Madison Feller; several great-grandchildren; brother, Larry (Jan) Sloan; sister, Carolyn Mitchell; several nieces and nephews; and his long-time partner, Mary Buckman, her daughter, Kori Cannata, and Kori's children, Meriah Erdman-Cannata, Ryker Cannata and N'Kai Cannata.

He was preceded in death by his parents and two sisters, Donna Smith and Shirley Ford.

A celebration of life will be held June 17, 1-4 p.m. at Adel Lodge No. 411, S. 12th St., Adel. ■

RHYTHMS OF GRACE HOSTS OPEN HOUSE

The public is invited to an open house celebrating Rhythms of Grace, 23625 River Heights Drive, Dallas Center, central Iowa's newest therapeutic riding center, on Friday, June 23, 4-7 p.m. Guided tours will be offered, as well as therapy demonstrations at 4:30 p.m. and 6 p.m. Hot dogs and refreshments will be available for a freewill donation. Learn how therapeutic horseback riding enhances the quality of life for children and adults with diverse needs. For more information about Rhythms of Grace, visit <https://rhythmsofgraceequine.org/>. You can also find the event on their Facebook page. ■

ADEL PUBLIC LIBRARY JUNE PROGRAMS

- Diggin Dinosaurs with Elizabeth Gilbert Bedia – June 14, 10 a.m.
- *Story Barn Workshop with Iowa author – June 14, 1-2 p.m.
- *Teen Writing Workshop with Iowa author – June 14, 3-4:30 p.m.
- Teen Lego-fy Yourself – June 15, 4 p.m.
- Explore Robotics with Aztechs FTC – June 17, 10 a.m.
- ISU Insect Zoo – June 20, 1-2:30 p.m.
- Teen's Gambit (chess program) – June 22, 4-5:30 p.m.
- Airbrushing with Shawn Palek – June 26, 2 p.m.
- *Elementary Tote Bag Painting – June 27, 1:30-2:30 p.m.
- *Teen Canvas Painting – June 29, 4-5:30 p.m.

*Programs with an asterisk require registration. You can easily register at adelpl.org. ■

VACATION BIBLE SCHOOLS

ECUMENICAL VACATION BIBLE SCHOOL

The Adel United Methodist Church, 115 S. 10th St., is hosting an ecumenical vacation Bible school with mobile United Methodist missionaries Monday through Thursday, June 19-22, 5-7:30 p.m., for kids 4 and older. The theme is "Cokesbury's Surf Shack: Catch the Wave of God's Amazing Love." Meal is included. For registration information, call the church, 515-993-3791.

VACATION BIBLE SCHOOL

The public is invited to attend a free "stellar" vacation Bible school June 12-16 from 9 a.m. to noon at Faith Lutheran Church and Preschool, 602 S. 14th St., Adel. Kids will travel on a cosmic quest where they'll have a blast shining Jesus' light to the world. Stellar rockets kids on an out-of-this-world adventure that's light years of faith-building fun. Register at www.faithadel.com. ■



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EVENTS IN THE AREA

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CAMP DODGE SUMMER CONCERT SERIES

Camp Dodge

Various dates

These free concerts are held Thursdays in June from 7-9 p.m. at the Pool Complex at Camp Dodge. Food trucks will be serving starting at 6 p.m. Entertainment on June 8 is Standing Hampton, along with a car show; June 22, Pianopalooza Dueling Pianos; and June 29, 34th Army Band will perform for Alumni Night.

MUSIC UNDER THE STARS

Music Under the Stars, one of the oldest musical traditions in Central Iowa, begins its 76th season June 11 with a free concert featuring the Des Moines Metro Concert Band and the Big Band exploring the theme "As Summer Was Just Beginning." The season includes six free concerts.

June 11, West Capitol Mall, "As Summer Was Just Beginning," Vocals: Gina Gedler

June 18, West Capitol Mall, Drake Night/Juneteenth Celebration, Vocals: Tina Haase-Findlay

June 25, West Capitol Mall, "76 Trombones," Guest Artist: Dr. Tony Baker, trombone. Vocals: Kellie Kramer

July 2, West Capitol Mall, "Stars and Stripes and Sousa," Vocals: Napoleon Douglas

July 9, Lauridsen Amphitheater at Water Works Park, "Musical Madness," Vocals: Max Wellman

July 16, Lauridsen Amphitheater at Water Works Park,

"Down on Bourbon Street" featuring NOLA. Vocals: Abbie Sawyer

Program details may be found at the Music Under the Stars website at www.musicunderthestars.org.

SCIENCE IOWA'S SCIENCE FESTIVAL TRAIL

Raccoon River Park,

2500 Grand Ave., West Des Moines

June 18

Non-profit Science Iowa's Science Festival Trail returns on Father's Day 1-4 p.m. The free, family-friendly event will host stations designed to help Iowans have fun while learning about science. <https://iowascienceinterface.com>

DES MOINES ARTS FESTIVAL

Pappajohn Sculpture Park,

1330 Grand Ave, Des Moines

June 23-25

The Des Moines Arts Festival will host 190 of the nation's top artists in a beautiful urban street setting surrounding the John and Mary Pappajohn Sculpture Park and the Krause Gateway Center. The event will feature live music, food vendors and critically acclaimed art. The outdoor festival celebrating arts and culture attracts more than 200,000 people each year. www.desmoinesartsfestival.org ■

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RECIPE

A MAIN COURSE THAT EASILY PAIRS WITH OTHER BRUNCH FAVORITES

(Family Features) If you need a brunch dish that feeds a crowd, put this Hearty Bacon and Egg Breakfast on the menu. Ready in 35 minutes, it can satisfy cravings for a group of up to 12 as a main course that easily pairs with other morning favorites.

As an ideal complement to the eggs, bacon and cheese, Minute Rice & Quinoa can make this family-style recipe a breeze. In just 10 minutes, the tasty blend of brown rice, red rice, wild rice and quinoa cooks up light and fluffy for a slightly chewy, nutty flavor. It's also a dependable replacement for oatmeal in other breakfast dishes so you can complete your mission to make meals quick and enjoyable. Not to mention, the bag is BPA-free and recyclable via store drop-off in most communities, while the carton is recyclable curbside. ■

HEARTY BACON AND EGG BREAKFAST

Prep time: 5 minutes

Cook time: 30 minutes

Servings: 12

- Nonstick cooking spray
- 1 1/2 bags Minute Rice & Quinoa
- 9 eggs, lightly beaten
- 5 bacon slices, cooked and crumbled
- 3/4 cup shredded cheddar cheese
- 1/2 teaspoon salt
- black pepper, to taste

Directions:

Preheat oven to 325 F. Coat 12-cup muffin pan with nonstick cooking spray.

Prepare rice and quinoa according to package directions.

In medium bowl, combine rice and quinoa, eggs, bacon, cheese, salt and pepper, to taste.



Divide batter between prepared cups and bake 18-20 minutes, or until eggs are just set.

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THIRD MONDAY BINGO

Enjoy Bingo on Monday, June 19, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Bring a dauber if you have one. They will also be for sale. ■

WEDNESDAY NIGHT MEAL

The Adel United Methodist Church, 115 S. 10th St., is hosting a weekly Wednesday Night Meal in the fellowship hall downstairs. Serving is 5-6:30 p.m. This is a freewill donation meal. All are welcome. ■

DONATIONS SOUGHT FOR VETERANS

Current needs at the Des Moines VA Hospital are great-condition used books, individually wrapped snacks, men's hard-sole slippers, men's shoes (size 11 and 12), men's sweatpants/athletic pants (size M, L and XL), men's underwear (size M and L), reading glasses (+2.25, +3.00, and +3.25), duffle bags and backpacks. At the DM VA Community Resource and Referral Center, which helps veterans find housing, current needs are canned tuna, ready-to-eat meals (such as Hormel Compleats), and all-purpose spray-top cleaner.

Donations are welcome at the Adel American Legion Auxiliary Unit 464 drop-off box at 1305 S. 15th St., Adel, or contact Shirley McAdon at 515-993-4862 for pick up.

Thank you to our community for your generosity in supporting our veterans. ■



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CLASSIFIED ADS

BISHOP DRUMM GUILD GARAGE

SALE: Bishop Drumm Guild Garage Sale. Open from 8:30 am to 12:30 pm every Thursday until September 28.

GARAGE SALE: June 9 & 10, 9 a.m. - 4:30 p.m., 30963 Panther Creek Rd, Adel (5 miles west of stop lights on Old Hwy 6). Cash Only. Items include table saw, air nailer, lots of tools, glass coffee table, household, small appliances, fabric, swimming pool cover. Too much to list.

GARAGE SALE: Peace Lutheran Church, 34128 L Ave., Adel, Exit 106, north of KOA Campground. Friday, June 23, 8 a.m. - 5 p.m. and Saturday, June 24, 8 a.m. - 5 p.m. Furniture, kitchen and household goods, clothes, antiques, tools, toys, fabric/craft items, yard tools and flower pots and lots of miscellaneous.

NOTICE: The Adel Barbershop will be closed the week of June 13-17.

SEND IN YOUR FREE CLASSIFIED AD BY WEDNESDAY AT 10 A.M. TO BECKHAM@DMCITYVIEW.COM

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