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## SEEN IN ADEL



**KIWANIS STUDENTS OF THE MONTH:** Adel Kiwanis member Courtney Goodrich presented certificates to April ADM Kiwanis Students of the Month, Thomas Nugent, Bailey Renner and Alexis Nemechek, on April 11.

### ADEL WEATHER FORECAST

**FRIDAY HIGH 71 | LOW 55**

A stray t-shower; cooler



**SATURDAY HIGH 74 | LOW 58**

Low clouds breaking; breezy



**SUNDAY HIGH 82 | LOW 61**

Warm with a t-storm or two



**MONDAY HIGH 78 | LOW 54**

Low clouds may break



**TUESDAY HIGH 77 | LOW 50**

Cloudy with a thunderstorm



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FROM THE PUBLISHER

# NO MOW MAY?

In our capital city a few weeks ago, Des Moines Mayor Frank Cownie signed off on a “No Mow May” proclamation, asking Des Moines residents to refrain from cutting their grass to help pollinators thrive by preserving native wildflowers and grasses.

To be clear, a proclamation is not a law but merely a suggestion. In other words, this “suggestion” will be encouraged but not enforced. It apparently is a suggestion for private property owners only, though, as there will be no change to the city’s mowing and maintenance schedule in May.

The proclamation sounds nice, and although I am not a fan of bee stings, I do understand the value of bees and the need for better pollination to preserve certain flowers. Even so, if bees give you anxiety, you should know that a recent study found homes that didn’t mow for a month had five times more bees compared to yards that were mowed. And, aside from the bees, there are few other things you should consider, too,

as noted by Iowa State University Extension and Outreach.

Grass will grow at least 12 inches during the month of May. Most mowers are not equipped to cut grass that tall. Experts say you should only remove one-third of the total leaf blade in a single mowing to avoid damage to your grass. That math doesn’t work.

Assuming you will mow in June, you should be prepared for some serious grass clipping clean-up. If left on the grass, those clippings will smother and kill most everything underneath and will leave bare spots in your lawn.

All of us living outside of Des Moines should check the weed ordinance for our city or homeowners’ association, or we risk getting fined.

I have to admit, like many of you, I appreciate a well-maintained lawn. I also admit, like many of you, I typically break my New



Year’s Resolutions and Lenten promises after only a few days. I also happen to like Frank Cownie, and I appreciate his efforts (although I am going to check his lawn, just to keep him honest).

As such, I am opting for an alternative to No Mow May, which may more appropriately be called, Mow Less May. Some studies show that mowing every two weeks, and raising your mower blade as high as possible, can still significantly increase the bee population. I can manage my lawn in a way that supports pollinators with more flowers and avoid irritating my neighbors while keeping my obsessive-compulsive behaviors somewhat under control.

And, with any luck, I might make it seven days.

Thanks for reading, and have a great week. ■

**Shane Goodman**

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ADEL  
*Living Weekly*

A publication of Big Green Umbrella Media, Inc.  
8101 Birchwood Court, Suite, D, Johnston, IA 50131  
www.iowalivingmagazines.com



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# BIKE SAFETY RODEO

The annual Bike Safety Rodeo is Saturday, May 13, 9-11 a.m. at the Adel City Parking Lot, 301 S. 10th St. Free bike and helmet inspections and bike rodeo course for kids 5-12 will be offered at this come-and-go event. Free giveaways and a drawing for a boy's bike, girl's bike, helmets and other prizes will be held. Must register but need not be present to win. The event is sponsored by Adel Rotary and Adel Police Department.

Bikes will be inspected and helmets checked for fit before children receive safety instruction and ride through the course. If the child does not have a bike helmet, a loaner helmet will be fitted to use during the event. Adults may also bring their bikes and helmets for inspection. Children completing the safety course will receive a certificate, bike safety information, a Rotary flyer, and a bottle of water. Other activities at the Bike Safety Rodeo include tours of a police car and a fire engine and the opportunity to visit with an Adel Police officer and Adel firefighters. In addition, the Raccoon River Valley Trail is nearby for riding or walking. For more information, contact Shirley McAdon at 515-993-4862. ■

# VACATION BIBLE SCHOOL

The public is invited to attend a free "stellar" vacation Bible school June 12-16 from 9 a.m. to noon at Faith Lutheran Church and Preschool, 602 S. 14th St., Adel. Kids will travel on a cosmic quest where they'll have a blast shining Jesus' light to the world. Stellar rockets kids on an out-of-this-world adventure that's light years of faith-building fun. Register at [www.faithadel.com](http://www.faithadel.com). ■

## ADM SPORTS SCHEDULE

### Saturday, May 6

8:30 a.m. **Soccer:** Boys Freshman Invitational @ Ankeny

### Monday, May 8

9 a.m. **Golf:** Girls Varsity Conference @ Terrace Hills Golf Course

9 a.m. **Golf:** Boys Varsity Conference @ Ames Golf and Country Club

### Tuesday, May 9

4:15 p.m. **Soccer:** Boys Freshman vs. Van Meter

5:30 p.m. **Soccer:** Girls JV @ Ballard

5:30 p.m. **Soccer:** Boys JV vs. Ballard

7 p.m. **Soccer:** Girls Varsity @ Ballard

7 p.m. **Soccer:** Boys Varsity vs. Ballard


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## FUNERAL NOTICES

*Funeral notices can be emailed to [tammy@iowalivingmagazines.com](mailto:tammy@iowalivingmagazines.com)*

### NANCY JANE DOYLE

Nancy Jane Doyle, 89, died on April 29, 2023, at Adel Acres in Adel. She was born Oct. 6, 1933, in Chicago, Illinois, daughter of Paul and Flora (Booth) Baldwin. She received her education in Des Moines where she graduated from Roosevelt High School.

Nancy worked at Budget Marketing and, for many years, at Reames Company until retirement. Nancy enjoyed a simple life and loved spending time with her family, especially her daughters and grandchildren.

She was preceded in death by her parents and sister, Cindy Wheeler.

She is survived by three daughters, Kellie (Dean) Townsend of Adel, Shari Doyle of The Villages, Florida, and Julie (Mike) Mullins of Ankeny; four grandchildren, Alvin Snyder III, Robert (Melissa) Snyder, Holly (Josh) Wiedow and Cassidy Mullins; and four great-grandchildren, Hudson, Kellan and Rowen Snyder and Amelia Wiedow.

A memorial mass will be held at 11 a.m. on Saturday, May 6, at St. Theresa's Catholic Church where visitation begins at 10 a.m. In lieu of flowers, donations are suggested to WesleyLife Meals on Wheels at [www.wesleylife.org/donate-to-meals-on-wheels#mowdonate](http://www.wesleylife.org/donate-to-meals-on-wheels#mowdonate), or Suncrest Hospice of West Des Moines. While donations are appreciated, please consider a random act of kindness in Nancy's memory. ■



### GINNIE NOE WHEELER

Ginnie Noe Wheeler, 77, died on May 1, 2023. She was born on May 10, 1945. She lived in Chicago, Turkey, Keokuk, Des Moines, Casey and West Des Moines. Her lively spirit left an impression on many people over her lifetime. She married three times, but only one time did she choose her partner for her own sake and not the sake of society or her children. She had a decade of joy and adventures with Bob Wheeler, including travels, time with the WoodTurners at the Iowa State Fair, volunteering at BookWorks, Festival of Trees and enjoying their time at the Renaissance Fair every September, where they declared their wedding vows.

She was an artist, dealing mostly in the medium of fiber. She was a member of the Des Moines Weavers and Spinners Guild.

She is survived by her daughters, Rev. Elizabeth Bell and Lorrie Little-May (husband Tim May); grandchildren Rogan Bell and Katie Bell, and Christina Little (Brandin) and Michelle Little (Chris); four great-grandchildren; brother Mark Grudzinski (Monica); Auntie Em - Marilyn Noe; and cousin Charlotte Baldwin (Scott Kalberer). Additionally, Ginnie was always adopting more children by loving them and caring for them. Honorable mention goes to Kevin, Mark, David, Linda, Tracy and Larry.

Preceding her in death were her husband, Robert Wheeler, and her son, Christopher Lee.

Memorials may be made to the Adel United Methodist Church or the Animal Rescue League of Iowa. Online condolences may be left for the family at [www.caldwellparrish.com](http://www.caldwellparrish.com).

Services were Thursday, May 4, at the Adel United Methodist Church with visitation one hour prior. Ginnie and Bob will be laid in their final resting place at the Iowa Veterans Cemetery, rural Van Meter, after the service. ■





# EASTER EGG HUNT FUN



Adel Kiwanis members Dan Juffer, Jim Marshall, Jodi Kuhse, Scott Gavin, Jackie Giles and Courtney Goodrich at the Adel Kiwanis Easter Egg Hunt on April 2.



Dallas County Sheriff's Sgt. Ray Dirksen handed out gifts to kids at the Adel Kiwanis Easter Egg Hunt on April 2.



Ruby, Wini and Wren Markus



Jenifer and Aiden Stevens



Landon and Zoey Detton



Ari and Harper Westphal



Landon Detton getting his face painted by Ela Bjork



Blakely and Mason Wells



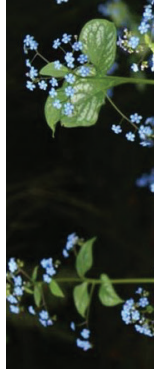
# SPRING PLANT SALE

## PERENNIALS

Munstead Lavender, Hidcote Lavender, Super Blue Lavender, Purple Blazing Star, Sassy Summer Lemon Yarrow, Sassy Summer Taffy Yarrow, Blue Fortune Hyssops, Blacknight Hollyhock, Mars Magic Hollyhock, Zebra Mallow Hollyhock, Earlybird Purple Blue Columbine, Kirigami Deep Blue & White Columbine, Sun King Golden Japanese Spikenard, Swamp Milkweed, Dark Side of the Moon Astilbe, Delft Lace Astilbe, Montgomery Astilbe, Purple Candles Astilbe, Rheinland Astilbe, Visions Astilbe, American Goldfinch Baptisia, Blueberry Sundae Baptisia, Pink Lemonade Baptisia, Jack Frost Brunnera, Pink Diamonds Bleeding Heart, Valentine Bleeding Heart, Dalmatian Peach Foxglove, Dalmatian Purple Foxglove, Canary Feathers Coneflower, PowWow White Coneflower, PowWow Wild Berry Coneflower, Sombbrero Salsa Red Coneflower, Blue Glitter Sea Holly, Lava Lamp Coral Bells, Lemon Love Coral Bells, Pink Panther Coral Bells, Timeless Glow Coral Bells, Timeless Night Coral Bells, Becky Shasta Daisey, Ice Cream Dream Daisey, Snowcap Daisey, Britt-Marie Crawford Ligularia, Mini Gallery Red Lupine, Popsicle Series Blue Lupine, Blue Moon Beebalm, Cherry Pops Beebalm, Pink Frosting Beebalm, Rockin Raspberry Beebalm, Purrsian Blue Catnip, Blue Jean Baby Russian Sage, Sentimental Blue Balloon Flower, Little Goldstar Black-Eyed Susan, Caradonna Salvia, Evening Attire Salvia, Moulin Rouge Salvia, Vanity Flair Salvia, Autumn Fire Sedum, Black in Back Sedum, Firecracker Sedum, Popstar Sedum, Spellbound Sedum, Japanese Painted Fern, Christmas Fern, Goody Gumdrops Dianthus, Electric Red Dianthus, Over in Glory Land Iris, Sunfisher Iris, Sky Mirror Iris

## 50 VARIETY OF HOSTA

August Moon, Blue Arrow, Blueberry Muffin, Dark Star, Earth Angel, Golden Tiara, Guacamole, Hadspen Blue, Honey Bells, Maui Buttercups, Mediovaregata, Moonlight, Rainforest Sunrise, Striptease, Amazona, Ben Vernooy, Big Daddy, Captain Kirk, Designer Genes, Fire Island, Great Expectations, Half and Half, Humpback Whale, Komodo Dragon, Morning Light, Liberty, Old Glory, Sagae, Sister Act, Sting, Sunset Grooves, Tootie-Mae, High Society, Variegata, Firm Line, Beyond Glory, First Frost, Gold Standard, Happy Dayz, June, Night Before Christmas, Rainbow's End, Royal Wedding, Seasons in the Sun, Sister Act, Spartacus, Stain Glass, Terms of Endearment, Wolverine, Wrinkle in Time, Shadow Land Coast to Coast





## SPECIAL MENTION PEONY

Odile, Coral Charm, Shirley Temple, Raspberry Sundae, Sorbet, Primavere

## SHRUBS AND TREES

Magnolia Jane, Magnolia Soulangeana, Compact Burning Bush, Miss Kim Dwarf Lilac, Old Fashioned Lilac, Yellow Twig Dogwood, Limeright Hydrangea, Pee Gee Hydrangea, Chantilly Lace Hydrangea, Black Elderberry, Corkscrew Willow, Brandywine Maple, Autumn Flame Maple, Scarlet Red Maple, Sun Valley Maple, Japanese Snowball Viburnum, SPIREA: Shirobana, Triumphans, Flaming Mound, Neon Flash, Snowmound, Fujino, Anthony Waterer, Goldflame, Goldmound, Bridal Veil, Little Princess, Vanhouttei; WEIGELA: Minuet, Pink, Polka, Dwarf Variegated, Rubidor, Weeping Pink, Pink Princess, Java Red, Red Prince

## SPECIAL MENTION ROSE BUSHES (Limited supply.)

Burgandy Iceberg, Joseph's Coat, Sunbelt Soul Sister, Cherry Sunblaze, Blaze Climber, Westerland, Seafoam, Cecil Brunner, New Dawn

## KARLA'S HEIRLOOM TOMATOES (Some limited supply.)

Abe Lincoln, Amish Paste, Black Krim, Bread & Salt, Brandy Boy, Dr. Wyche's Yellow, Early Girl, Glacier, German Lunchbox, Juliet, Korean Long, Martino's Roma, Mortgage Lifter (Halladay's), Marglobe, Red Zebra, Speckled Roman, Ukrainian Purple, Whittemore, **CHERY TOMATOES:** Black Strawberry, Chocolate Pear, Igleheart Yellow Cherry, Jelly Bean, Mexico Midget, Sugar Lump, Sweet Million

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# DALLAS COUNTY CONSERVATION PROGRAMS



## SPRING GREEN UP-RIVER PADDLE

May 6, 8-11 a.m.

TBD, depending on local river conditions

As the cool, damp spring season transitions into the longer, hotter days of summer, the natural world goes through many transitions. Join DCCB naturalists for a paddle along a stretch of one of the county's water trails to take in the beauty and wonder offered by spring on the river. Occasional stops will be made along the route to discuss and explore what is seen. Attendees must provide their own boats, paddles and life jackets, which can be rented from Raccoon River Retreats near the Redfield Dam. Registration required

online at [DccbSpringGreenupRiverPaddle.eventbrite.com](https://DccbSpringGreenupRiverPaddle.eventbrite.com).

## DALLAS COUNTY CLUBS

May 7, 1:30-2:30 p.m.

Forest Park Museum, 14581 K Ave., Perry

The number of clubs and civic organizations in Dallas County is mind-boggling. This program will look at some of their legacies and artifacts. Register to be notified of weather cancellation at [DccbDallasCountyClubs.eventbrite.com](https://DccbDallasCountyClubs.eventbrite.com).

## MOTHER'S DAY HIKE

May 13, 10-11 a.m.

Kuehn Conservation Area,  
32849 Houston Trail, Earlham

Celebrate the moms of nature. Join Naturalist Erica for a hike and show some love for Mother Nature herself. Register to be notified of weather cancellation at [DccbMothersDayHike.eventbrite.com](https://DccbMothersDayHike.eventbrite.com). ■

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## THIRD MONDAY BINGO

Enjoy Bingo on Monday, May 15, 6-8 p.m. at the Masonic Lodge, 411 S. 12th St., Adel. Seventeen games (\$0.25/card) plus an 18th Progressive Blackout (\$1/card) will be held. Packaged snacks and non-alcoholic drinks will be available. Social distancing and masks are recommended. Bring a dauber if you have one. They will also be for sale. ■

## MINI SUMMER CAMP SESSIONS

Raccoon River Preschool is offering summer fun and learning at mini summer camp sessions. Sessions are: June 13-15, Wilderness World; June 27-29, All About Nature; July 18-20, Water Wonder; and Aug. 8-10, Building with Nature. A morning session, 9:30-11 a.m. is for 3-year-old participants, and an afternoon session, noon to 2 p.m. is for ages 4-5. Cost is \$75 per week. Register at [www.raccoonriverpreschool.com](http://www.raccoonriverpreschool.com). ■

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## EVENTS IN THE AREA

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- **May 11:** Capital City Pride Speaker Series: Rutger Goehart
- **May 12-21:** "A Bright New Boise" by Iowa Stage Theatre Company
- **May 13-14:** DM Symphony - Giunta Conducts Rachminoff
- **May 16-21:** "TINA: The Tina Turner Musical"

**GREENBELT MUSIC FESTIVAL**

Horizon Events Center, 2100 N.W. 100th St., Clive

**May 19-20**

The annual music festival in Clive just off the Greenbelt Trail will feature headliners Jameson Rodgers and The Infamous Stringdusters to kick off warm weather returning to the state.

**CELEBRASIAN**Western Gateway Park,  
1205 Locust St., Des Moines**May 26-27**

Celebrate the largest Asian American event in Iowa as this festival will bring a wealth of Asian history, food, performances and other activities to Downtown that will allow all to experience everything that Asian culture has to offer.



CelebAsian, photo by Meena Photography and Kelly Chamberlain

**BIG GROVE VINYL MARKET**Big Grove Brewery and Tap Room,  
555 17th St., Des Moines**May 22**

From noon to 5 p.m., records vendors will be on hand selling all genres of vinyl records along with CDs and cassette tapes. Admission is free. Current vendor list includes Bog's Vinyl, ZZZ Records, Red Roosters Records, Vinyl Cup, Tim's Music Shop, Rochester Records and No Skip Records.

**IOWA STATE THEATRE COMPANY**

Stoner Theatre, 221 Walnut St., Des Moines

[www.iowastage.org](http://www.iowastage.org)**May 12-21:** "A Bright New Boise"**ALSO COMING UP!**

- **May 7:** Festival Cinco De Mayo. Starting at noon be prepare to celebrate Mexican heritage with food, artwork, live music and activities the whole family can enjoy. 137 Fifth St., West Des Moines; [www.valleyjunction.com/event/festival-cinco-de-mayo](http://www.valleyjunction.com/event/festival-cinco-de-mayo)
- **May 11-14:** The Spring Garden Festival will include drinks, live music food and of course plants on display for all those ready for a bloom filled weekend at Greater Des Moines Botanical Garden 909 Robert D. Ray Drive, Des Moines; [www.dmbotanicalgarden.com/events](http://www.dmbotanicalgarden.com/events)
- **May 12:** 15th Annual Blue Ribbon Bacon Festival. Hard to get more Iowa than this. Beer, bacon and beautiful weather at the Iowa State Fairgrounds 3000 E. Grand Ave., Des Moines; [www.blueribbonbaconfestival.com](http://www.blueribbonbaconfestival.com)
- **May 13:** Grind for Life Contest Series will be hosted at the Lauridsen Skatepark. This will be the first time the event has made its way to Des Moines since its inception in 2004, you can register for the event at [www.theboardr.com/events/3886/Grind\\_for\\_Life\\_Series\\_at\\_Des\\_Moines](http://www.theboardr.com/events/3886/Grind_for_Life_Series_at_Des_Moines) ■

## RECIPE

# MAKE FAMILY MEALS SPECIAL WITH A FRESH, HOMEMADE DISH

*(Family Features)* Nothing makes family time special quite like a homemade meal, especially one made with locally sourced ingredients that are as fresh and flavorful as they are thoughtfully prepared.

Whether your gatherings with loved ones take place in the family kitchen, on the patio or at a picnic area, this Asparagus, Bacon and Egg Salad makes for a perfect brunch or appetizer that leans on local ingredients like Michigan asparagus, which takes just about three days to get from the field to your table. Grown by more than 100 family farmers, it can be found in your local store at 1-4 days old, compared to 10-20 days old for imported asparagus.

Local means fresh, which makes for an especially delicious meal, but it also means sustainability. Because the Michigan asparagus season relies on the weather and uses rainwater instead of irrigation, it makes for a sustainable product that's environmentally friendly.

As a nutrient-dense, low-calorie vegetable with no fat, no cholesterol and little sodium, it's also easy to prepare – just don't overcook it. Look for thicker spears at the store, as they tend to have greater texture and more flavor and tenderness because the fiber is less concentrated. ■

## ASPARAGUS, BACON AND EGG SALAD

### Ingredients:

- 6 bacon slices
- 1 pound fresh Michigan asparagus, ends trimmed
- 1/3 cup olive oil
- 2 tablespoons champagne vinegar
- 1 tablespoon honey
- 1 tablespoon Dijon mustard
- 1/4 teaspoon salt
- 1/2 teaspoon black pepper
- 4 hard-boiled eggs, peeled and quartered
- 2/3 cup halved cherry tomatoes
- 1/4 cup sliced green onion

### Directions:

In skillet, cook bacon until crisp. Remove from pan. Set aside.

Cut asparagus into four pieces. Add asparagus to same skillet used to cook bacon. Cook until fork tender, about 4 minutes, depending on thickness of asparagus.

While asparagus cooks, prepare dressing. Whisk oil,



vinegar, honey, mustard, salt and pepper. Set aside.

Chop bacon.

Remove asparagus from pan and place on platter. Top with chopped bacon, eggs, tomatoes and green onion. Pour dressing over top.



# SEEN IN ADEL



Luke Brandhorst, Wes Krenz, Scott Hall and Robert Cramer attended the April 11 Adel Kiwanis meeting at Patrick's Restaurant. Robert Cramer gave a presentation on the Southbridge Development. ■

## ADEL LIBRARY NEWS

303 S 10th St, Adel • 515-993-3512 • [adelpl.org](http://adelpl.org)

### BY OLIVIA OSBORN

This month, we are busy preparing for our summer reading program (mark your calendars for the morning of June 5 to attend our summer reading kickoff), but we've still got plenty of plans for May, too. Check them out below.

• **Free Comic Book Day** – Saturday, May 6 at 10 a.m. Come to the Adel Public Library and snag a free comic book (while supplies last). We will also have a special super-hero guest from the Iowa League of Heroes joining us. Don't forget your camera and feel free to dress up as your favorite super-hero pal.

• **Little Mermaid: Find Your Voice Party** – Wednesday, May 31 at 10 a.m. Calling all princes and princesses. We are having an under-the-sea party full of stories, crafts, snacks and activities. Our special guest, the Little Mermaid, will be joining us to read a few books, sign some autographs and pose with you. Make sure to bring your camera. ■

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## CLASSIFIED ADS

**GARAGE SALE:** 500 Van Fossen Lane, Adel. May 5 and 6 from 8 a.m. to 4 p.m. Many tools and fishing equipment.

**HELP WANTED:** Adel & Winterset TV & Appliance Co. is in need of DELIVERY HELP. Must have a way to get to work, reliable, honest and the will to want to work. Please apply in person. Questions, please call 515-993-4287.

**FOR SALE:** Fit Quest exercise bike (black, steel frame), recumbent and upright, tension dial and arm work out cables, extra wide seat plus back support, fixed seat handles as well, no-chain magnetic style, about 1 year old time with distance, speed and calories trackers. \$100. Call Marilyn at 515-478-4594.

**YARD HELPER WANTED:** Seeking a yard helper, light yard chores, raking, picking up leaves. Equipment supplied. Pay based upon aptitude. Pay daily. 2 to 3 hours every other week. Text 515-883-0965.

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