

POLK CITY *Living Weekly*

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A BIG GREEN UMBRELLA MEDIA PUBLICATION

WE'VE GOT YOU COVERED.

SEEN IN POLK CITY



Go Polk City Chamber + Economic Development held its monthly member lunch at Luana Savings Bank on March 8.

POLK CITY WEATHER FORECAST

FRIDAY HIGH 80 | LOW 50
Warm with a thunderstorm



SATURDAY HIGH 53 | LOW 35
Cooler with a heavy t-storm



SUNDAY HIGH 57 | LOW 36
Partly sunny and windy



MONDAY HIGH 62 | LOW 37
Abundant sunshine and breezy



TUESDAY HIGH 66 | LOW 46
Increasing cloudiness



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FROM THE PUBLISHER

BUILT TO LAST

The three words above aren't used as often in today's throw-away society. We buy cheap things. We use them until they break. We throw them away. Repeat. Sound familiar?

Some things do last a lifetime or more, though. Items like cast iron skillets and cooking pots seem indestructible. I remember my mom cooking in a skillet that looked like it was more than 100 years old — and it may have been.

Garden tools can last for decades, too, including shovels, rakes and hoes. My garage is full of the proof.

I have written in the past about my dad's old Thermos vacuum bottle that he took to work every day full of hot coffee. It had more dents than a college car, but I bet it's still being used by someone, somewhere today.

Why don't many of today's products last? Some say it is because of the use of plastic. Others claim it is due to flaws in mass production. And then there are those who state it is from the manufacturers' "planned

obsolescence," a policy of designing products with purposely limited lives or frail designs. I think they are all right.

A coffee maker should last a lifetime, but it doesn't. Try to find a working coffee maker from the 1980s. Plastic. Mass produced. And if it really did last forever, you wouldn't need to buy another one. I don't drink a lot of coffee, but I do appreciate the single-serve pod coffee makers. Unfortunately, I have purchased three replacements in five years. And, again, I don't drink much coffee.

I am often annoyed by the extended warranty plans that are pitched to me with seemingly everything I buy now. How about making the product so exceptionally well that I don't need to worry about any type of warranty?

The lack of repairmen (or repairwomen) is maybe the greatest sign of our throw-away society. The



logic is, why pay to get something fixed when you can buy a new one for about the same price? I get it, and I fall prey to it as well.

Nowadays, that new mobile phone or computer or tablet you bought gets outdated quickly. Whenever I get the message that software can no longer be updated on my model, I get the not-so-subtle hint to upgrade. Of course, you can't just buy the new phone or computer or tablet, though; you also need to buy the assortment of new chargers and accessories.

So, "built to last" may not describe many products today, but, fortunately, some things still stand the test of time. If you need to borrow my cast iron skillet, just let me know.

Have a great week, and thanks for reading. ■

Shane Goodman

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COPS & BOBBERS

Polk City Police and Iowa DNR are hosting their annual Cops & Bobbers youth fishing event on May 20, 8:30-10 a.m. at Big Creek Lake. ■

SEEN IN POLK CITY

GO POLK CITY CHAMBER + ECONOMIC DEVELOPMENT HELD ITS MONTHLY MEMBER LUNCH AT LUANA SAVINGS BANK ON MARCH 8.



Jeremy Siepker and Heather Raver



Sheri Benson and Jenica Johnson



Colin and Autumn Chrouser



Ashley Luce and Mary Leimer

FIRE DEPARTMENT ACTIVITIES

The Polk City Fire Departments is holding Papa's Pizza Delivery and Smoke Detector Checks on Tuesday, April 18, 5:30-7:30 p.m. ■

NPBS SPORTS SCHEDULES

Friday, April 14

- 3 p.m. **Golf:** Girls Varsity Quadrangular @ Ames Golf and Country Club
- 4 p.m. **Golf:** Boys Varsity Quadrangular @ Ames Golf and Country Club
- 4 p.m. **Tennis:** Girls Varsity @ Southeast Polk

Saturday, April 15

- TBD **Track:** Boys Varsity Invitational @ Drake Stadium
- 8:30 a.m. **Track:** Girls Varsity Invitational @ Drake Stadium

Monday, April 17

- 4:15 p.m. **Track:** Girls Varsity Invitational @ Bondurant-Farrar
- 4:30 p.m. **Track:** Boys JV1 Coed Invitational @ Gilbert
- 4:30 p.m. **Track:** Boys JV2 Coed Invitational @ Gilbert
- 5:30 p.m. **Soccer:** Boys JV vs. Oskaloosa
- 7 p.m. **Soccer:** Boys Varsity vs. Oskaloosa

Tuesday, April 18

- 4p.m. **Golf:** Girls Varsity @ Lake Panorama National Golf Course
- 4:15 p.m. **Tennis:** Girls Varsity @ Boone

SEEN IN POLK CITY



Mason Ackerman, Finn Ackerman and Brennan Hicklin were the first customers of the season at the creamery on April 1.



We are seeking delivery drivers!

- Compensated weekly on a per stop basis
- Must provide proof of insurance, valid driver's license, and a reliable vehicle
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POLK CITY LIBRARY

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- **Monday Book Club**, "Keeping Lucy" by T. Greenwood, Monday, April 17 at 2 p.m. A story of true events on how far one mother must go to protect her daughter.
- **Book Club (K-second grade)**, "The Happiest Tree" by Hyeon-Ju Lee, Tuesday, April 18 at 4 p.m. Pick up your copy of the book while supplies last. Read, then join us for some fun discussion.
- **Adult Coloring**, Tuesday, April 18, 5-7 p.m. Join us for a relaxing evening of coloring. Colored pencils and gel pens will be provided. You are also welcome to bring your own. For ages 17 and older.
- **Messy Munchkins**, Thursday, April 20, 10 a.m. Does your toddler or preschooler always make a mess? It is actually a great way for them to learn. Visit us and let your child explore sensory tables we will put out. Have your child wear clothes that you don't mind getting dirty.
- **Adult D.I.Y. Decorative Flower Pots**, Thursday, April 20, 6 p.m. Come craft with us to create decorative flower pots. Ages 17 and older. RSVP at www.polkcitylibrary.org.
- **National Library Week: "There's More to the Story,"** April 23-29. Stop in to celebrate with us each day and get a special treat.
- **K-5 Comets Kids Club**: May Day Basket Creation, Monday, April 24, 4 p.m. Join us to create a May Day Basket. Popcorn and other treats will be provided. Registration opens April 10 at www.polkcitylibrary.org.
- **Book Club (grades 3-5)**, "The Midnight Children" by Dan Gemeinhart, Tuesday, April 25, 4 p.m. Pick up your copy of the book while supplies last. Read, then join us for some fun discussion. ■

VENDORS AND ENTERTAINMENT SOUGHT

The Polk City Farmers Market will get underway soon, and vendors and entertainment are needed. The market is Thursday evenings, 4-7 p.m. from May 18 to Sept. 18 at the Polk City Square. New vendors are sought as well as musical talents to perform at the historic bandstand. If interested, reach out to Go Polk City, 515-984-3098. ■

FILM REVIEWS

By Michael C. Woody

'OPERATION FORTUNE'

Guy Ritchie writes/directs a little seen film about a group of soldiers on an undercover mission. I had no idea going in what this was, and I walked out completely amused by what I just saw. Jason Statham does his usual good work as one of these operatives, but the movie really comes alive with the introduction of a character played by Hugh Grant. If you are an action fan, this is a must-see. **Grade: B+**



"OPERATION FORTUNE"

'CHAMPIONS'

Woody Harrelson is perfectly cast as an NBA minor league coach who is demoted to coach a team of special education kids in Des Moines, Iowa! Of course, nothing was shot in Des Moines, nor will you see anything more than a glance of a skyline in the film. That being said, the movie is absolutely hilarious and charming at the same time. Harrelson is perfectly cast, and these kids are really special and super funny. This movie didn't get its chance to grab the large audience that it was due. **Grade: B+**



"CHAMPIONS"

'65'

Adam Driver and a team of explorers are brought down by an asteroid storm. Everyone but Driver and a young woman have died. Without giving anything away, they are on Earth 65 million years ago, and let me tell you, it is a nasty place to be. This is truly great sci-fi and a really good action/adventure film written and directed by two guys from Des Moines. **Grade: A- ■**



"65"

Michael C. Woody has been reviewing movies on radio and television since 1986 and can be heard talking movies every Wednesday afternoon at 2:30 p.m. on KXn0 106.3 with Keith Murphy and Andy Fales. You can also follow him on Twitter at MrMovieDSM.



EVENTS IN THE AREA

EMAIL YOUR EVENT INFORMATION TO
TAMMY@IOWALIVINGMAGAZINES.COM**JAZZ CONCERT****Sunday, April 16, 11 a.m. to 6 p.m.****Turner Jazz Center,****2505 Carpenter Ave., Des Moines**

Celebrate Jazz Appreciation Month with the Community Jazz Center of Greater Des Moines (CJC). They'll host six hours of local jazz, featuring everyone from up-and-coming students to seasoned pros. The lineup includes Drake Jazz II, Nola Jazz Combo, CJC Big Band, Nate Sparks & Anthony Orji Duo and Nick Leo Trio. The Turner Jazz Center is located on the north end of the Harmon Fine Arts Center. A donation of \$10 is suggested for this event. For more information and a detailed schedule, visit www.cjc-dsm.org.

RAISE YOUR PAW AUCTION**Saturday, April 22 at 5 p.m.****The Meadows Event Center,****1 Prairie Meadows Drive, Altoona**

The Animal Rescue League's largest annual event supports hundreds of pets. The 31st annual fundraiser will feature live music, appetizers, Kitten Cuddle Lounge, the chance to win more than 250 silent and live auction items, and more. Find more information and purchase tickets/tables at arl-iowa.org/events.

BREAKFAST AT TIFFANY'S**Sunday, April 23, 11 a.m. to 1 p.m.****Willow on Grand,****6011 Grand Ave., Des Moines**

Oakridge Neighborhood's annual fundraiser, featuring a new "Central Park on the Lawn" setting, will include Brunch and Bubbles, Bethesda Champagne Fountain, Strawberry Fields Dessert Station, Tavern on The Green Coffee Cart and Street Market featuring Janes Family Shop, Aimée and more. All proceeds benefit Oakridge Neighborhood's Oak Academy Early Learning and Preschool Program. Tickets may be purchased at <https://one.bidpal.net/BaT2023>.



Drake Relays

DRAKE RELAYS**April 26-29****Drake Stadium, 2719 Forest Ave., Des Moines**

Athletes from high school, collegiate and elite backgrounds — along with thousands of spectators — will gather in Des Moines for the 113th edition of the Drake Relays. Additional information may be found at DrakeTix.com.

& MORE

- **April 14-16:** Middle of the Map Tattoo Convention at Hy-Vee Hall; middleofthemapattoo.com
- **April 15-16:** Monster Jam at Wells Fargo Arena; monsterjam.com
- **April 18-23:** "The Second City Swipes Right" at Temple Theater; dmpa.org
- **April 21-22:** Comedy XPeriment improv at the Stoner Theater; dmpa.org
- **April 22:** Raise Your Paw Auction, the Animal Rescue League's largest annual event. 5 p.m. at Prairie Meadows; arl-iowa.org/events
- **April 28:** Rob Schneider in the "I Have Issues" comedy tour, 7:30 p.m. at Hoyt Sherman Place; hoytsherman.org
- **April 29:** Air Play, a theatrical adventure utilizing comedy, circus and sculpture at 11 a.m. and 2 p.m. at Des Moines Civic Center; dmpa.org
- **April 30:** Invisible Wonders with Nat Geo photographer Anand Varma at 6:30 p.m. at Des Moines Civic Center; dmpa.org ■

RECIPE

FINISH BRUNCH WITH A LIGHT, LAYERED TREAT

After enjoying eggs, bacon, French toast and pancakes or any other brunch combination you crave, it's tough to top a fresh, fruity treat to round out the meal. Dish out a delicious dessert to cap off the morning and send guests out on a sweet note that's perfectly light and airy.

The zesty zip of lemon curd in this Lemon Blueberry Trifle brings out the sweetness of whipped cream made with Domino Golden Sugar, fresh blueberries and cubed pound cake for a vibrant, layered bite. Plus, it's a bright, beautiful centerpiece you can feel proud of as soon as guests try their first bite. ■

LEMON BLUEBERRY TRIFLE

Prep time: 45 minutes

Servings: 8-10

Lemon Curd:

- 1 cup Domino Golden Sugar
- 2 tablespoons cornstarch
- 1/4 cup freshly squeezed lemon juice
- 1 tablespoon lemon zest
- 6 tablespoons water
- 1/4 teaspoon salt
- 6 egg yolks
- 1/2 cup (1 stick) unsalted butter, at room temperature, cut into 1/2-inch cubes

Whipped Cream:

- 2 cups heavy whipping cream, cold
- 2 tablespoons Domino Golden Sugar
- 2 teaspoons pure vanilla extract

Trifle:

- 1 cup blueberry jam
- 12 ounces fresh blueberries, plus additional for garnish, divided
- 1 pound cake, cubed
- lemon slices, for garnish
- mint, for garnish

Directions:

To make lemon curd: In medium saucepan, stir sugar and cornstarch. Stir in lemon juice, lemon zest, water and



salt. Cook over medium heat, stirring constantly, until thickened. Remove from heat and gradually stir in three egg yolks; mix well until combined. Stir in remaining egg yolks. Return to heat and cook 2 minutes, stirring constantly. Remove from heat.

Stir in butter; mix until incorporated. Cover with plastic wrap, touching surface of lemon curd to prevent curd forming skin. Refrigerate until completely cool.

To make whipped cream: In large bowl, beat cream, sugar and vanilla until soft peaks form. Do not overbeat.

To make trifle: Mix blueberry jam with 12 ounces fresh blueberries. Place one layer cubed pound cake in bottom of trifle dish. Top with layer of blueberries. Add dollops of lemon curd and whipped cream. Repeat layering ending with whipped cream.

Decorate trifle with lemon slices, fresh blueberries and mint.

EARTH DAY 5K

The Polk City Friends of the Parks is hosting its second annual Earth Day Family 5K Run/Walk on Saturday, April 22. Check-in and onsite registration is at 9 a.m. at the Polk City Square. Race starts at 10 a.m. Part of the race will be on grass. Cost is \$10 for individual and \$25 for family. Kids 10 and younger race for free.

A packet pick-up party will be Friday, April 21 for those who wish to attend, 5-8 p.m. at Fenders Brewing. Pick up your swag and enjoy an Event Beer. A portion of sales from Papa's Pizza will be donated to the Friends of the Parks.

Your support helps enhance, grow, and maintain the Polk City parks, trails and green spaces. This year, fundraising efforts will go towards updating the Polk City Square and the new Pocket Park. Registered 5k participants will receive a native flowering plant donated by Earl May and a slap koozie, and will be entered into a raffle for prizes ■

CLASSIFIED ADS

NANNY WANTED: I'm looking for a nanny for my 6 year old daughter. Mostly Mon through Fri and occasional Saturdays. Most days I work from 8-5:30. Preferably someone with a reliable vehicle. Pool pass would be provided. Text or call 515-205-4321.

LOOKING TO BUY VINYL RECORDS: Paying cash for 60's-90's rock and jazz and blues. Please call Brian at 515-326-5033.

WANTED: Electronics, stereo receivers, guitar or amps, speakers, radios, etc. Any age or condition for parts or repair. Call 515- 445-6023.

FOR SALE: Softball/Baseball Pitching/Hitting net. \$25. Call/Text 515-238-3198.

FOR SALE: 1981 Ford F100 Truck, Blue/white. Ran when I shut it off two years ago. For someone who wants to repair/restore. \$500 or make an offer to take it away. Call 515-238-3198.

SEND IN YOUR FREE CLASSIFIED AD BY WEDNESDAY AT 10 A.M. TO BECKHAM@DMCITYVIEW.COM

LIST 50 WORDS OR LESS FOR FREE.



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